

“Receive the Holy Spirit”

May 23, 2021

Sacred Heart Church Our Lady of Perpetual Help Holy Rosary Chapel



Dear Followers of Jesus,

COVID-19 took away the breath of hundreds of thousands of people in this past year. The ventilator has become an image of hope during this virus. We struggle to catch our breath while wearing a mask. We stop our breath and hold our mouth as we hear of the next person who has died or who has lost a job or their life in racial conflict. "I can't breathe" is a very familiar sentence we cannot forget from our last year. Breathing freely is our hope for those stricken with disease, conflict and racial tensions.

Breathing. Jesus invites us into such a mystery.

In today's gospel, John 20: 19-23, Pentecost is revealed behind locked doors, only hours after the resurrection. "Peace" is the first word uttered from Christ's resurrected breath. Peace becomes balm for fear. His breath becomes our new life in the Holy Spirit. His breath remains with us beyond the closed room. His breath renews our lives and offers consolation for the world for all eternity. His breath uttering peace is the desire of our souls.

Pentecost refreshes our understanding of what life is about. Pentecost is the Church taking a deep breath and realizing that our breath is what we have in common with those whom we think are completely different from ourselves. Our breath holds the Holy Spirit within us. Our breath is a reminder we are born again in Jesus' dying and rising. The Holy Spirit does not fade away or is given partially or in increments. There is no golden age of the Spirit. We receive the same breath of hope, the same miracle of joy, as did the disciples.

Many people will glaze over such a feast. We may think Pentecost is only something the Church celebrates dressed in red that remains contained in the sanctuary. Yet, Pentecost becomes the container where we ask ourselves some important questions. For in our hearts, God dwells. Pentecost is the birthday of the Church.

We have an opportunity to ask such questions as: What if we breathed in genuine hope for the first time? What if this hope could change our perspective toward people on the margins of society and Church? Could this breath sustain our young so hopelessness and meaninglessness would not penetrate them? Could this breath teach us how to care for the earth, feed the hungry, and provide adequate pay to the people who teach our children, and who care for our elderly parents?

What if breathing deeply into the life of the Holy Spirit could change how we view our own lives? Could Pentecost teach us not to hate so to offer the world non-violence? Could we settle our differences by taking in the breath of God rather than holding our breath in rage, indifference and violence? These questions become our spiritual work and reflection.

Our way out of the pandemic is God's initiative in you and me. The Holy Spirit is trying to teach us something as we live in our bodies. We cannot remain stuck in our heads. Change is a dirty word for many people. Pentecost is the source of change. Pentecost is an opportunity for people to understand the suffering of the human race. This feast pushes us out of the nest of Easter and into the world to live the consolation and peace of Christ Jesus. The Holy Spirit compels us to get to work and to quit moaning about our lives. This breath of life drives us into union and communion with our brothers and sisters.

Pentecost is more than adhering to regulations in the Church, hoping they will give us eternal life. Pentecost is a breath of fresh air that reveals meaning, depth and purpose here on earth. We all carry a responsibility within our human bodies to breathe in the gift of faith, hope and love.

The Holy Spirit pushes on our chests so we may breathe deeply in love and forgiveness. The Holy Spirit then pushes us out into the world so we may become people of integrity. We are to love and not cave in to despair. We are to act in kindness and not resort to holding our breath in cynicism or apathy.

Pentecost opens new possibilities about who we are and what God wants us to become. We know Pentecost is real when we receive the stranger in the midst and listen to their story before Mass. Pentecost opens doors and softens hearts. The Holy Spirit helps us hold the hand of the dying or the newborn child in joy. Pentecost promises life forever in God.

The Holy Spirit guides us to stop worrying about our futures and helps us pursue the task of serving other people even when a pandemic threatens to take our breath away.

Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you."

God give you peace,
Fr. Ron Raab, CSC, Pastor

Front and inside cover original art by Fr. Ron Raab, CSC

Reflection

Veni, Sancte Spiritus

On Easter Sunday, I wrote about sequences, those special hymns meant to be sung before the gospel at specific celebrations in the church calendar. On Easter, we sang *Victimae Paschali Laudes*, "Praise the Passover Victim." On Pentecost, fifty days following Easter, we sing the sequence *Veni, Sancte Spiritus*, or "Come, Holy Spirit." This hymn dates at least back to the 13th century.

Often, we think of the Middle Ages as foreign, or old fashioned, even primitive in their expressions of piety. Cold, drafty castles, disease and violence were everywhere. But these are the same people who built the great cathedrals of Europe, with their lofty Gothic spires towering into the heavens, with stained glass bathing enormous open spaces in color and in light.

Their poetry and gift for music were no less spectacular. The melody and words of the sequence for Pentecost Sunday echo down through the ages and remind us of the Christian faith that we still profess, and of our continued need for conversion by the Holy Spirit.

One of the more poignant lines from this Sunday's sequence has the rhythm and rhyming that could be put to modern popular music today. And its modern English translation is just as powerful:

<i>Flecte quod est rigidum,</i>	Bend the stubborn heart and will;
<i>fove quod est frigidum,</i>	Melt the frozen, warm the chill;
<i>rege quod est devium.</i>	Guide the steps that go astray. (ICEL trans.)

In celebrating Pentecost, the birth of the Church, we ask each year at this time for the Holy Spirit to convert us, to force us out of our stubborn inflexibility so that we may become the presence of Christ on earth. We need to be opened up, warmed up; we need to know the right direction to go.

These are prayers that we continue to pray in every age. May the Holy Spirit transform our hearts today so that we as a church may follow Jesus and spread the Good News of His Love to everyone we meet.

—Fr. Randy Rentner, CSC, Associate Pastor

Update on Lifting Restrictions at Masses

We've heard your feedback! Due to parishioner response, we are adjusting how we lift the occupancy restrictions at Sacred Heart Parish. We would like to be a house of worship that meets the needs of parishioners by providing options for the health, safety and well-being of our parish community.

Effective **this Sunday, May 23rd**, the following changes are being made:

Reservations are no longer required for Masses at Sacred Heart Church, Our Lady of Perpetual Help and Holy Rosary Chapel. Masks are required. Social distancing is strongly encouraged.

Masses in the Parish Center gym are continuing in order to accommodate those who would like to attend Mass with additional safety precautions. There is a maximum occupancy of 100 people per Mass. Masks and social distancing are required. Reservations are required. Sign up on our website www.sacredheartcos.org.

If you do not feel comfortable attending Mass, you are encouraged to join us for the live-stream of the 5:30 pm Saturday Vigil Mass on our website www.sacredheartcos.org.

Join us for Mass!

Live-stream: every Saturday at 5:30 pm at Sacred Heart Church on our website

Saturday, May 22nd: 4 pm at Holy Rosary Chapel;
5:30 pm Vigil at Sacred Heart Church

Sunday, May 23rd: 7:30, 9 & 11:30 am at Sacred Heart Church;
8:30 & 10:30 am Parish Center Gym*;
5 pm at OLPH

Effective Sunday, May 23, reservations are NO LONGER required for Masses in Sacred Heart Church, Holy Rosary Chapel or Our Lady of Perpetual Help.

*Gym Masses will continue and reservations are required.



Art Show special reception this Sunday!

Fr. Ron's Art Show special reception in honor of Sacred Heart Parishioners is **this Sunday, May 23 from 2-4 pm** at Cottonwood Center for the Arts, 427 E. Colorado Ave., featuring John Kyler, the editor of the new Liturgical Press Stations of the Cross. Mr. Kyler will join Fr. Ron who will lead a discussion on "The Stations of the Cross in Atonement of Abuse and the Healing for All" and the creation of the art. The exhibit is free. All are welcome.

Parish News

Last weekend we collected **\$1,004 for the second collection for the Catholic Communications Campaign**. Thank you for your support!

Starting this **Sunday, May 23, the Holy Cross Novices will be joining our parish for Sunday Masses**. Please say hello and welcome them to our parish!

Thank you to everyone who participated in the **Amanda's Fonda breakfast give-back fundraiser** two weeks ago to benefit the OLPH Ramp Project! **We raised \$400**. That amount will be doubled with our matching grant!

First Communion for the children of our parish is this **Sunday, May 23** during the **11:30 am** Mass at Sacred Heart Church. The Mass will be live-streamed on our website.

Dispensation Ending: The dispensation for attending Sunday Mass **ends this Sunday, May 23**. Individuals who are unable to attend Mass due to serious illness or advanced age continue to be dispensed from the Sunday obligation. For more information and answers to frequently-asked questions, visit www.diocs.org/About/Coronavirus-COVID-19/FAQs.

The Parish Office and the Food Pantry will be closed on Monday, May 31 for Memorial Day.

Youth Ministry Begins: Join Cathy Kusman, our Faith Formation Director, and Fr. Randy for a **Prayer Hike on Saturday, June 12**. We will attend 8 am Mass then leave Sacred Heart at 8:45 am to hike Bear Creek Park. Everyone is welcome. Contact Cathy with questions or to sign up at formationdirector@sacredheartcos.org.

Sunday Office Hours: The Parish Office will be open to the public on **Sunday mornings starting June 6 from 8 am-noon**. We hope this makes it more convenient for parishioners to be in touch with us. Stop by and meet our new Faith Formation Director Cathy Kusman who will manage the front desk for the summer.

2021 Mission Possible: Family Edition: In honor of the year of St. Joseph, the Diocese Office of Youth Ministry invites youth and their families to join them for a Family Service Day on **Saturday, June 19**. There are several different service sites to choose from, plus there will be an optional 4 pm Mass in honor of dads, followed by dinner at 5 pm, and games for the entire family to enjoy! Mass and dinner at St. Francis of Assisi Parish in Colorado Springs. Register by **June 5** at www.bit.ly/2021-Mission-Possible

The Diocese of Colorado Springs is getting a new bishop! Pope Francis has named Father James Golka, a priest of the Diocese of Grand Island, Nebraska, as the third Bishop of Colorado Springs. Bishop-elect Golka was introduced by Bishop Sheridan during a press conference on April 30. A video of the press conference is still available on the Diocese's Facebook page at www.facebook.com/CatholicDioceseCOS/videos/. Bishop-elect Golka's episcopal ordination is scheduled for **June 29** at Holy Apostle's Parish.



Sunday, May 23rd is the third anniversary of the renovation and Dedication of Sacred Heart Church.

It is hard to believe that it has been three years since the Dedication of the renovated church. With the pandemic it feels like that was ten years ago! Remember

when we had Masses in the Parish Center gym for ten months while the church was being renovated and we felt like that was forever? Since COVID-19 entered our lives, we happily have had additional Masses in the gym now for over a year! It is funny how things change.

What hasn't changed is our desire to worship together as a prayerful Catholic community. Sure, it has been challenging at times, navigating our way through new COVID safety regulations. (This is our first pandemic after all!)

The total cost of the church renovation was \$2.5 million dollars. The Restore the Heart Capital Campaign to raise funds began several years ago. Parishioners were asked to make a one-time gift or pledges over a three-year period. With the help of savings and donations, we were able to pay \$1.75 million up front for the project. We took out a loan with the diocese for \$750,000. In 2019 we refinanced our loan with the diocese, saving us \$26,700 in interest payments! The loan still has the same term of the summer of 2022.

We are happy to report that through your generosity, in three years we have paid down our loan to \$92,355.57!

We have received 91% of pledges made. Sixty-six percent of those who made a pledge have already paid off their pledges. Twenty-five percent of those who made a pledge are still making payments. We are on track to pay off the loan by July 2022.

With the success of paying down our loan on the church renovation, we feel confident in moving on to the next step of the project by converting the old rectory into the St. André House, equipped with handicap accessible restrooms, a multipurpose meeting space and classroom space. Recently we completed the asbestos removal and demolition of the interior of the old rectory.

So what's next? We will officially begin a capital campaign to raise funds for the St. André House project on Sunday, June 6. On that date the parish will receive detailed information on the project including cost estimates, an estimated timeline for completion dates and a request to contribute.

We thank everyone who has supported us through donations, prayers and participation in the King Soopers Community Rewards Program (we have received over \$30,000 from the program in the past four years!). Our phenomenal progress in paying down the loan proves that every little bit helps. We ask that you continue to pray for the success of our parish and future capital campaign for the St. André House.

In his Rule, St. Augustine writes, "Those who had nothing may not seek in the monastery what they could not have in the world." Change the word "monastery" to "parish" and you have an essential link between the domestic church and the parish church. St. Augustine would have understood this story I heard from a Mormon friend about new women joining the local ward. The sisters ask, "How did you find your last ward?" If a woman tells them of the supportive and welcoming community she found there, they say, "You'll probably find this ward a lot like your last one." And if she begins listing the snubs and the slights she suffered there, the sisters say, "You'll probably find this ward a lot like your last one." My friend knows what St. Augustine knew, that is, members of the community bring to it only what they already have. Those who bring charity to the parish, find charity in the parish. Charity is the virtue by which we love God above all else, and love our neighbor as ourselves. Loving our neighbors (as ourselves!) starts with the neighbors within, those in our households, the ones who never wash a dirty dish, the ones who keep us up at night. Love of neighbor continues with the neighbors at work and at school and on the streets and highways. It is there that love is modeled and learned.

We can neither seek nor hope to find in the parish church what we are not fostering and building in the domestic church. For the parish church is not an escape from the world. How could it be? The church is constituted of the people called to gather there, that is, all of us, with our abilities and our challenges, our stumblings and standings, our hopes and our fears, our joys and our sorrows. The Church, rather than being apart from the world, is placed in the middle of the world. God places us in the middle of the world for the life of the world. We are called to live as witnesses of the world reborn, recreated, the world as it was intended, always, to be. We are called to plant and tend a garden where each of us is known, and called, by our true names: Daughter of the Most High, Son of the Most High, Welcome, Known, Beloved, Forgiven, Chosen, Bathed, Robed in Fine Garments, Fed with Choice Foods. A world where children are called by their true name, Gift. A world where right order reigns, and the ill and the weak are neither shoved aside nor run over, but helped and heard. A world where songs are sung and stories are told, and handed on. A world where everyone who hungers is fed. Where nothing is for sale. Where all have empty hands, from the CEO to the janitor. Where all are gathered, with no thought to rank or education or inheritance.

This life to which our baptism bids us come is made up of the life we actually live, the life we bring with us each time we come to Mass. And the more the life we work towards in our households is the world reborn, recreated, the world as God intended, so it is ever more that the life of the parish church becomes a garden. Most of our lives are lived outside these walls: in houses and apartments and nursing homes and shelters, in offices and shops and schools. It is there we are called to plant the seeds and hoe the weeds, do the work that alone makes a barren ground a garden. Those of us who do the work know how hard it can be to foster love of God and love of neighbor when we face illness and disability and loneliness, or while we care for elderly parents and rebellious teens and needy infants. It is hard work. It is the work of a lifetime. It can seem overwhelming.

We strive and still find ourselves holding mere threads of the charity to which we are called. And we confess our failures in love. Then we come as we are called to bring these threads to the altar. And there we find the truth of what it means to be Church. This is not the work of one person or one household. We gather, the members of all the domestic churches met in the parish church, joined with the Church universal, the Church in all places and times. We bring our gifts, the work of human hands, many hands, all joined. And there God receives our humble gifts, stitching them, and us, together, thread to thread. We are not alone in the work of charity. We have brothers and sisters to help us on the way. The domestic church assembled in the parish church brings charity, *must* bring charity, and there finds charity multiplied.

This talk is adapted from one I gave at Daylesford Abbey for a Nobertine Associates retreat.



A big THANK YOU to Sacred Heart Parishioner Melissa Nussbaum for providing her six-week series on life in the domestic church for our bulletin. We appreciate you sharing with our parish.

Prayer

Please pray for the seven children of our parish who will receive their First Holy Communion this Sunday.

Presider Schedule and Mass Intentions

Saturday, May 22

8:00 am Sacred Heart Church— Presider: Fr. Randy
For homebound parishioners and their caregivers

4:00 pm Holy Rosary- Presider: Fr. Randy
†Bill Schraml by Sue Gerlach

5:30 pm Sacred Heart Church— Presider: Fr. Ron
Karen Donnelly by Sacred Heart Staff

Sunday, May 23

7:30 am Sacred Heart Church— Presider: Fr. Ron
†Lyle Smith by Mary Smith

8:30 am Parish Center Gym— Presider: Fr. Randy
Katherine Cristelli

9:00 am Sacred Heart Church— Presider: Fr. Ron
†Albert Gonzales by Chris & Carol Meyer

10:30 am Parish Center Gym— Presider: Fr. Randy
Bishop-elect James Golka

11:30 am Sacred Heart Church— Presider: Fr. Ron
For our children receiving First Holy Communion today

5:00 pm OLPH— Presider: Fr. Randy
For an end to racial injustice

Monday, May 24

8:00 am Sacred Heart— Presider: Fr. Randy
Kerri Perea by Enedina Perea

Tuesday, May 25

8:00 am Sacred Heart— Presider: Fr. Ron
†Fran Folsom by Fr. Ron Raab

Wednesday, May 26

8:00 am Sacred Heart— Presider: Fr. Ron
†Jean & †Edward Graham by Elinor McGarry

Thursday, May 27

8:00 am Sacred Heart— Presider: Fr. Ron
For the Holy Cross Novices and Staff

Friday, May 28

8:00 am Sacred Heart— Presider: Fr. Ron
For reconciliation among family members

Saturday, May 29

8:00 am Sacred Heart Church— Presider: Fr. Randy
For hope and safety for all graduates

4:00 pm Holy Rosary- Presider: Fr. Randy
Bishop-elect James Golka

5:30 pm Sacred Heart Church— Presider: Fr. Ron
†Michael Hurley by Lorraine Hurley

Thank you to our **Knights of Columbus** for cleaning and painting the parish kitchen last weekend. We appreciate your hard work to make our kitchen clean and safe when the Parish Center reopens.



Please pray for our brothers & sisters...

†Fran Folsom	Dr. John Norton
Tom O'Donnell	Collette Mullane
Missy Cloud	Nanale' & Rob
Gail Phipps	Gagliardi
Curtis Banks	Rita Hitchcock-
Ron Marriage	Kitzmiller
Emily Quintana	Claudia Masters
Tena Jelinek	Jonathan Knorr
Daniel	Dennis Perea
Mary Ann Siehr	Imelda Evans
Philippe DeBernay	Florence Sisneros
Grace Windon	Susan Forget
Jerry Banks & Kay Stohr	Mary Cathryn Haller
Eugene Koorsen	Linda Murphy

Readings for the Week of May 23, 2021

Sunday: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13 or Gal 5:16-25/Jn 20:19-23 or Jn 15:26-27; 16:12-15 **Monday:** Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34 **Tuesday:** Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23 [23b]/Mk 10:28-31 **Wednesday:** Sir 36:1, 4-5a, 10-17/Ps 79:8, 9, 11 and 13 [Sir 36:1b]/Mk 10:32-45 **Thursday:** Sir 42:15-25/Ps 33:2-3, 4-5, 6-7, 8-9 [6a]/Mk 10:46-52 **Friday:** Sir 44:1, 9-13/Ps 149:1b-2, 3-4, 5-6a and 9b [cf. 4a]/Mk 11:11-26 **Saturday:** Sir 44:1, 9-13/Ps 149:1b-2, 3-4, 5-6a and 9b [cf. 4a]/Mk 11:11-26 **Next Sunday:** Dt 4:32-34, 39-40/Ps 33:4-5, 6, 9, 18-19, 20, 22 [12b]/Rom 8:14-17/Mt 28:16-20

Community News

Community: What Sustains Us: An online Catholic women's retreat for individuals and small groups. **Saturday, June 26, 9 am– 2 pm.** Join Anna Keating, author of The Catholic Catalogue, and others for conversation, recollection, and restoration. Register at <https://sites.google.com/view/whatsustainsus/home>

Diocese: Is your Child in Scouting? Would you like to have them earn their Scouting award? Contact Katie Gribble at Katie.gribble@hotmail.com or 719-439-9135 and she will happily walk you through the steps to earning your scouting awards and receiving them from the Bishop.

Mission

Mass Times:

Sacred Heart Church in Colorado Springs, CO—
Daily Mass: Monday– Saturday, 8 am.
Weekend Masses: Saturday, 5:30 pm;
Sunday, 7:30, 9 & 11:30 am in the church;
8:30 & 10:30 am in the gym. Reservations required
for gym Masses only. Masks & distancing required.
Confessions: Saturday, 9-10 am or by appointment,
call the Parish Office at 719-633-8711

Holy Rosary Chapel in Cascade, CO– Saturday, 4 pm.

Our Lady of Perpetual Help in Manitou Springs,
CO— Sunday, 5 pm.

All attendees are required to wear a mask.
Social distancing is strongly encouraged.

Pastoral Team

Fr. Ronald Raab, CSC, Pastor

EXT. 110 / rraab@sacredheartcos.org

Fr. Randall Rentner, CSC, Associate Pastor

EXT. 103 / AssocPastor@sacredheartcos.org

Grace Donnelly Communication, Volunteer &
Safe Environment Coordinator

Ext. 111 / gdonnelly@sacredheartcos.org

**Sue Gerlach, Director of Music Ministry/
Liturgy Coordinator**

Ext. 102 / sgerlach@sacredheartcos.org

Jimmy Gibson, Maintenance Technician

Ext. 101 / maintenance@sacredheartcos.org

**Kristin Gustafson, Music Director for Holy Rosary &
Our Lady of Perpetual Help**
hrolphchoir@gmail.com

KC Krumpak, Business Manager

Ext. 106 / business@sacredheartcos.org

Cathy Kusman, Faith Formation Director

Ext. 105/ formationdirector@sacredheartcos.org

Mary Superata, Parish Office 719-633-8711

Ext. 100 / office@sacredheartcos.org



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Our Mission Statement

As a **prayerful** Catholic community
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message of **hope and salvation, we
make God known, loved, and
served.**

Contact Us

2021 West Pikes Peak Avenue
Colorado Springs, CO 80904

**The Parish Office is not open to the public, however
the office is open Monday– Thursday, 9 am– 3 pm.
Closed 1– 2 pm for lunch.**

Call (719) 633-8711 Fax (719) 633-1859

Sacramental Emergency Phone: (719) 659-9481

Email Address: office@sacredheartcos.org

Website: www.sacredheartcos.org

Facebook: www.facebook.com/tricomunity

Sustaining Our Mission

*Please remember... the parish depends on your financial
contribution, even if you can't attend Mass in person.*

Current Fiscal Year: July 1, 2020– June 30, 2021	SH	OLPH	HR
Offertory budget	\$ 600,000	\$ 45,000	\$ 45,000
Offertory year-to-date	630,816	50,625	56,506
APRIL OFFERTORY TOTALS:	\$ 64,472	\$ 4,699	\$ 4,000
Sunday collections	41,572	1,984	2,130
Online giving	22,900	2,715	1,870
JULY 2020– APRIL 2021			
Revenue (see note below)			
General Revenue	\$713,733	\$ 57,352	\$ 64,459
Restricted Gifts/	3,693	0	0
Expenses			
Operating Expenses	(487,671)	(56,163)	(58,296)
Parish Support of Diocese	(125,247)	(10,317)	(11,442)
Over (Under)	\$104,508	(\$9,128)	(\$5,279)

NOTE: Gifts restricted for capital improvements, insurance claims for
capital repairs, and all capital expenditures are not included here and
will be reported at the end of the fiscal year.

10% TITHE: 4% to parish tithing and 6% to diocesan charities. *Our parish
tithes are disbursed by the Pastor based on the recommendations of the
Tithing Committee.*



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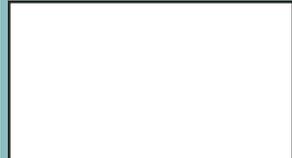
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