

# San Juan Catholic Community



## Saint Joseph Monte Vista

Tuesday: 5pm  
Wednesday: 7am  
Thursday: 5pm  
Adoration Thurs: 7:00pm  
Friday: 7am  
Adoration Fri: 9:00 am  
**Saturday 9:30 am  
for 50+ or older**  
Saturday: 5pm  
Sunday: 10am

## Holy Name of Mary Del Norte

Friday: 7am  
Adoration Fri: 7:30 am  
Sunday: 8:00 am

## Saint Francis Jerome Center

Sunday: 10am (English)  
12 pm (Spanish)

## Immaculate Conception

Mission Creede  
Saturday: 4:00 pm

## Holy Family Mission

South Fork  
Saturday: 5:30 pm

**The Church office is closed to walk -in visits.  
Please call in advance to make an appointment.**

**Office Hours : Tues—Thurs 8:00 am - 4:30pm  
Closed for lunch 12:00pm —1:00pm**

425 Batterson St.— PO Box 590 Monte Vista, CO 81144  
Tel: 719-852-2673

Email: [sanjuancatholiccommunity@gmail.com](mailto:sanjuancatholiccommunity@gmail.com)  
Website: [www.sjccommunity.org](http://www.sjccommunity.org)

- Rev. X.SelvaKumar Pastor/Administrator Ex. 1003
- Rev. Albert Berkman Parochial Vicar Ext. 1002
- Deacon. Jerry LeBlanc Deacon Religious Ed Director Ext. 1005
- Deacon. Ray Torres Deacon/ RCIA Coordinator
- Lori Hathaway Office/Business Administrator Ext. 1000

**Emergency Priest Call  
(719)852-0644**

### Sacrament of Reconciliation:

**Monte Vista:** Saturday 4:00 pm or by appointment

**Center:** Confessions Sunday 11:00 am

**Del Norte:** Confessions Sunday 7:30 am till 7:50 am

**South Fork :** Confession Saturday after mass until 6:30 pm

**Creede:** Confession Saturday 3:30 pm till 3:50 pm

### Marriage:

By appt with Priest or Deacon six months prior to your wedding date.

### Baptism:

Please call Office for information on this Sacrament.

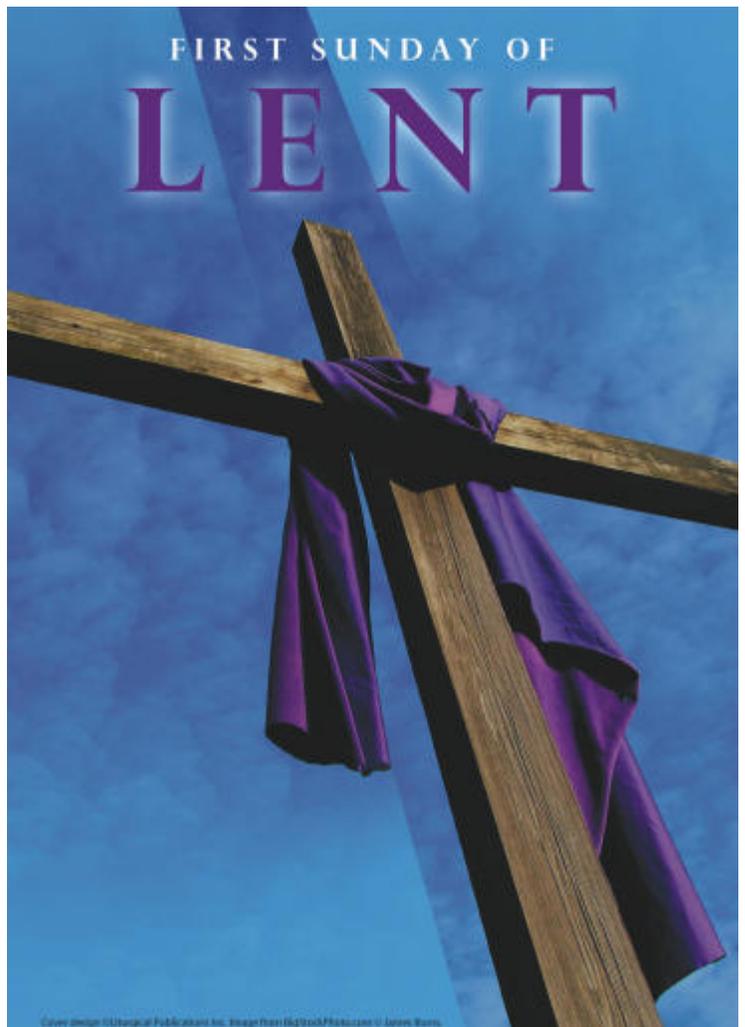
On-line Baptism Classes now available

### Quinceañera:

Enrolled in Rel. Ed, Quinceañera Classes & fees paid to book date.

### Sacramental Anointing:

By appointment or upon request.



## Observances and Upcoming Events

**Every Wednesday: Expositio del Santisimo on FB  
7:00 pm**

**Black & Indian Mission Collection Feb. 21st**

**Monday: The Chair of St. Peter the Apostle**

**Tuesday: St. Polycarp, Bishop and Martyr**

**Next Sunday: 2nd Sunday of Lent**

## Reminder

All Masses are first come first serve.

A Mask, Parish Event Sign Up Sheet and a temperature check will need to be completed before entry into the Church Buildings.

St. Joseph - 86 seats

St. Francis & Holy Name of Mary - 50 seats each

All Mission Churches - 20 seats each

*All Church Attendance is subject to change do to updated  
County COVID Regulations*

## Mass intentions

February 23 - February 28, 2021

Tuesday February 23:

**St. Joseph 5:00 pm**

+Della Sanchez by Greg & Shirley Thompson

Wednesday February 24:

**St. Joseph 7:00 am**

+Pauline Kurys by Linda Carol

Saturday February 27:

**St. Joseph 5:00 pm**

+Lucy, +Abel & +Dean Espinosa by Esther Espinosa

Sunday February 28:

**Holy Name of Mary 8:00 am**

+Victor (Kiki) Sanchez by Eli & Alice Sanchez

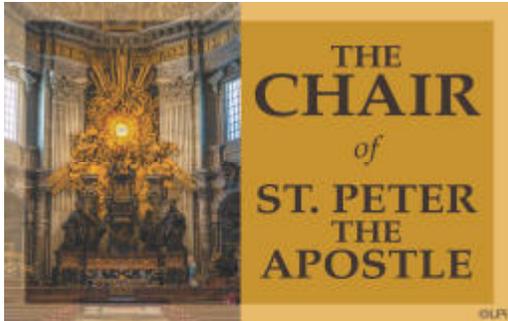
+Ricardo Velasquez by Georgia Vigil

+Bert Garcia by Cathy Chavez

**St. Joseph 10:00 am**

+Max Gallegos by Cathy Chavez

+Gerald Vigil by The Vigil Family



### UPCOMING 2ND COLLECTIONS

March 14: Catholic Relief Services

April 2: Holy Land

April 25: Catholic Home Missions

May 9: Solidarity Fund for Church in Africa

Please make checks payable to :

*The San Juan Catholic Community* with charity name in the memo. The San Juan Catholic Community sends one check for each collection to the Diocese. Any checks made out to a National Collection Name will not be accepted for deposit.

### Offertory February 07th

**St. Joseph 3961.26**

Budget Needs 2592.00 per week

**Holy Name of Mary 1012.00**

Immaculate Conception Creede 125.00

Holy Family 127.00

Budget Needs 2228.00 per week

**St. Francis Jerome 1537.27**

Budget Needs 1897.00 per week



## Questions and Answers about Lent and Lenten Practices

**Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46.**

A. It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

**Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?**

A. Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

**Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products?**

A. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted.

**Q. I've noticed that restaurants and grocery stores advertise specials on expensive types of fish and seafood on Fridays during Lent. Some of my Catholic friends take advantage of these deals, but somehow, I don't feel right treating myself to the lobster special on Fridays during Lent.**

A. While fish, lobster and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer.

**Q. Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday?**

A. Those excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

## WEEKLY PRAYER

### READINGS FOR THE WEEK OF FEB 21, 2021

- SUN** Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15
- MON** 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19
- TUE** Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15
- WED** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32
- THR** Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12
- FRI** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26
- SAT** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48
- SUN** Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10



### Does it matter what leg you kneel on when genuflecting?

Genuflection is an act of devotion that literally means “to bend the knee.” For many Catholics, it’s an almost automatic gesture that we perform before entering our pew or row of seats at Mass. But, like many of the symbols and gestures of our faith tradition, genuflecting can also be an invitation for deeper reflection.

The practice of “bending the knee” is an ancient way of recognizing the presence of someone greater than we are. It has been said that the practice dates back to the time of Alexander the Great, but it became a common part of etiquette in the royal courts of the Middle Ages. From throne rooms and palaces, it was a small step to genuflecting, becoming part of the devotional lives of Christians who used this secular gesture as a way of recognizing the presence of the One who is King of Kings, especially in the Eucharist. In our tradition, although many have been taught or prefer to genuflect by placing their right knee on the ground, there is no prescribed way to genuflect. This is especially important to keep in mind if physical limitations or age make certain movements difficult for us.

Today, Catholics are asked to genuflect in the presence of the Blessed Sacrament (whether in the tabernacle or exposed on the altar during eucharistic adoration). So, while it has become second nature to genuflect before entering your seat in church, we should pay attention to where the Blessed Sacrament is kept in each church or chapel we visit, and genuflect in the direction of the tabernacle where the Blessed Sacrament is kept. In churches or chapels in which the tabernacle is in a separate space, we are invited to simply bow toward the altar .

## EVERYDAY STEWARDSHIP

### The Unlikely Suspects

Have you ever taken a nature walk? Have you leisurely strolled through a forest or field, with no real destination in mind and your only objective being receptivity to and observation of all God’s creation?

Sometimes, Scripture readings can feel like a nature walk. All of salvation history plays out against the backdrop of the natural world, with all elements of God’s creation — plants and animals and the dust of the earth itself — turning in a supporting performance. How about Jesus in the hot and dusty desert, tempted, living “among the wild beasts?” Noah departed from his ark with the animals he rescued, observing God’s sign in the very clouds of the sky. Even God Himself, offering us salvation from original sin through the waters of baptism.

How often do we remember that God speaks to us through all of His creation, even in the unlikeliest suspects?

Let’s go back to the nature walk. It sounds like a lovely way to pass an afternoon, amongst wildflowers and butterflies, but don’t forget the beating hot sun, mosquitos, and threat of rain on the horizon. Remember, we’re not in heaven yet. Here on earth, God may be present in His creation, but that doesn’t mean it’s always easy to endure.

Lent is, essentially, a time to listen for the voice of God in places we may not expect: the mild irritations you experience when you’re craving the chocolate you gave up, or the dull pangs of hunger during the Ash Wednesday fast. It’s a golden opportunity to see the divine hand in all of creation, even those unlikely suspects.

*Tracy Earl Welliver*

## LIVE THE LITURGY

Throughout history God has given His people signs. Our season of Lent offers us God’s sign that it is time to stop the ordinary routines of our lives, create some desert space, and listen more attentively for God to reveal His presence. We are asked to unplug from our attachments, compulsions, obsessions, addictions, routines, and busyness to clear the slate and take stock in who we have become. We are asked to remember the ancient sign of God’s covenant with humanity in which He vowed to nurture, sustain, and protect the relationship He has with His people. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God’s love and how we can better imitate God’s loving fidelity in our relationship with Him. Even though some good solid self-denial is the order of the day, greater happiness and wholeness will be the fruit of our labors. Pleasant journey through the desert!

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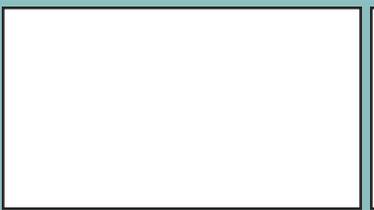
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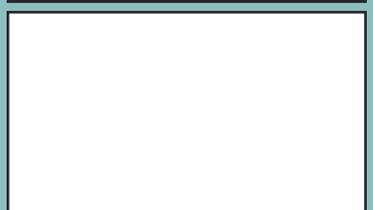
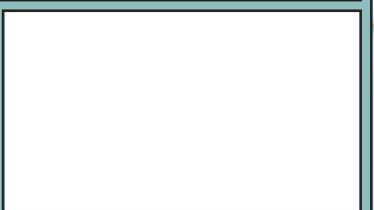
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