March 10, 2019 | 1st Sunday of Lent

1st Sunday of Lent

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.
- Lk 4:1-2a


Parish Office
6673 West Chatfield Avenue • Littleton, CO 80128
www.sfcparish.org
303-979-7688 Parish Office
303-979-7688 Voice mail access after 5:00pm
303-953-7777 Youth Office (Jr. & Sr. High, Young Adult)
303-972-8566 Fax Line
303-979-7688 SACRAMENTAL EMERGENCIES
24 hrs/day
303-953-7770 Weather Hotline (for schedule changes due to inclement weather)

Pastor
Rev. John Paul Leyba

Parochial Vicars
Rev. Israel Gonsalves, O.C.D.
Rev. Ron Sequeira, O.C.D.

Clergy
Deacon Chet Ubowski
Deacon Marc Nestorick
Deacon Brian Kerby
Deacon Christopher Gossen
Deacon Paul Grimm (retired)
Deacon Witold Engel (retired)
Sacramental Information

Infant Baptism: Please contact Joy at 303-953-7766.
Marriage Preparation: Please contact Trudy at 303-953-7769 at least 9-12 months prior to your wedding to make arrangements.
RCIA: Interested in becoming Catholic or questions about the faith? Call Joy at 303-953-7766.
Care of the Sick / Dying: Please call if someone is ill or hospitalized and would like the Sacrament for the Anointing of the Sick. In case of death, call the Parish Office immediately.
Home Communion: Visits may be scheduled through the Parish Office.

Welcome to Our Parish!
If you are a visitor and would like to join our parish family, please pick up a registration form in the gathering space, visit the parish office during the week or you may visit our website to register.

Our Parish Mission: To EMBRACE our Faith, to NOURISH our formation as Catholics and to SERVE in a community filled with the Holy Spirit."

Mass Schedule
Weekend ...Saturday (Anticipatory) 4:15 pm; Sunday 7:15, 9:15*, 11:15 am & 5:15 pm
* Nursery available during Mass (Sept.-May)
Weekday .............Monday-Friday 9:00 am; Mon., Tues., Thurs., Fri. 6:30 am
Rosary ............... Monday-Friday 8:20 am
Holy Day...............(Vigil) 5:30 pm; (Day) 9:00 am & 7:00 pm

Sacrament of Reconciliation
Saturdays: 8-9:30 am & Tuesdays: 6:30-7:30 pm

We must pray without tiring, for the salvation of mankind does not depend on material success; nor on sciences that cloud the intellect. Neither does it depend on arms and human industries, but on Jesus alone. - St. Frances Xavier Cabrini

Calendar of Events

March
9/10 March Mercy in Motion: Drink to the Thirsty (Shower of Love)
10 First Sunday of Lent
10 Daylight Savings Time Begins
13 Lenten Vespers
15 Knights of Columbus Fish Fry
15 Stations of the Cross
16 That Man is You!
17 Second Sunday of Lent
18 Healing Mass
19 Feast Day of St. Joseph
19 Silver Strands Meets
19 The Delores Project Outreach
22 Knights of Columbus Fish Fry
22 Stations of the Cross
23 That Man is You!
23 Cabrini Piecemakers Quilt Group Meets
23/24 Lunch Bunch Sack Lunch Collection for the Homeless
24 Third Sunday of Lent
25 The Anunciation of the Lord
27 One Night Lenten Retreat with Shaun Garrison
28 Lenten Confessions
29 Knights of Columbus Fish Fry
29 Stations of the Cross
30 Seder Dinner
31 Fourth Sunday of Lent
April
2 Cabrini Rosary Makers Meet

St. Frances Cabrini
Littleton, Colorado

Meditating on the Gospel

First Sunday of Lent

As we enter into this Lenten season of penance and self-denial, we're reminded that the God we follow is no stranger to these things. In this Sunday's Gospel, we see the temptations of Jesus which have parallels throughout Scripture and in our own lives. The apostle John warns against temptations to sensual lust, enticement of the eyes, and a pretentious life (cf. 1 John 2:16). Before Eve plucks the fruit from the tree, she hears it is good for food, pleasing to the eyes, and desirable for gaining wisdom (cf. Genesis 3:6). The temptations of Jesus are our own.

"Turn these stones to bread." Here is the lure of bodily comfort, like good food or sensual lust. It's the simplest of temptations because it's instinctual. We want good for our bodies! But there may be times these bodily goods don't serve the higher good for our souls. The leap "from the temple parapet" would entice the eye of the person watching. A feat instinctual. We want good for our bodies! But there may be times these bodily goods don't serve the higher good for our souls. The leap "from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching. A feat from the temple parapet" would entice the eye of the person watching.
Seder Dinner
The Seder Dinner, the ritual celebration of the Passover Meal, will be Sat., March 30th, at 6pm. Sign-ups for volunteer help (sign up to bring ritual foods, set tables or prepare food) will be held the weekend of March 16th/17th. Table reservation sign-ups will be held the weekend of March 23rd/24th after all Masses. If you have any questions, please contact Sue or Steve at 303-932-0454.

Prayer: Our weapon against the devil
Fasting: Our weapon against the flesh
Almsgiving: Our weapon against the world

Lenten Prayer Wall
The Prayer Wall is an annual Cabrini Lenten tradition in which you are invited to write your prayers on the vinyl. All who read these prayers are invited to also pray for your intentions. This year’s image is an enlarged copy of The Last Supper by Italian artist, Leonardo da Vinci. The original 15th century mural painting is housed in the refectory of the Convent of Santa Maria delle Grazie in Milan, Italy. On Ash Wednesday, the Prayer Wall was made available for you in the hallway by the entrance to the cry room. These prayers may include sentiments of gratitude, thankfulness, joy, Scripture passages, pleas for help, guidance, mercy and intercession. Get the WHOLE family involved this Lent by stopping by the Parish Prayer Wall today.

Windswept Missions: One Night Lenten Retreat
Wed., March 27th, 6:30-8:30pm in the Church
The Narrow Path: How God is Calling You to Conteract Corruption in the Church. All are invited to hear Shaun Garrison’s dynamic presentation on our noble calling to be saints. The evening involves speaking, storytelling, humor and original music, as well as a time of Eucharistic adoration, worship music and confessions. Join us for this one-night retreat to see the Catholic Faith in a new way this Lent! If you have any questions, please contact Karen at klotspeich@sfcparish.org or 303-953-7765.

Attention: Our Lady of Fatima is Asking for Your Help
Do you know the Ambassadors of Mary of the Archdiocese of Denver has a Fatima Statue for St. Frances Cabrini Parish? There are eight Fatima Statues that have been sanctioned in Denver since 1974. Archbishop Aquila appointed Father Ron to be the Spiritual Director of this Apostolate. The Archbishop wants the pilgrim statue to make weekly ‘pilgrimages’ into the homes of our parish to pray a daily rosary and learn Our Lady’s message of Fatima. Many of us cannot make a pilgrimage to Fatima so Our Lady comes to us. What a wonderful way to start Lent! However, we need men to volunteer to be custodians and women to be ambassadors. The Ambassadors have been carrying on this tradition since their foundation in 1946 in Chicago. Please prayerfully consider the wishes of Archbishop Aquila by being a part of this Apostolate. This is a rare gift that so many parishes in the archdiocese do not have. Please contact Father Ron at 303-953-7767 or frron@sfcparish.org for more information.

Abortion Stops a Beating Heart
Abortion advocates usually refer to the human being growing in her/his mother’s womb in dehumanizing terms like "product of conception" and suggest that most abortions are done before fetal organs are functioning. Actually, the vast majority are done after the fetal heart has begun beating. A baby’s heart begins to beat at about 21 or 22 days after fertilization. That’s at about 3 weeks of development. The vast majority of abortions in the United States are done well after this point.

-excerpt from Respect Life/Catholic Charities handout

RespectLife

You Are Never Alone.
“Can I afford a pregnancy? Am I ready to be a parent?” You have a lot of questions. You are facing many decisions. We are here to help. We are here to listen. To meet your free pregnancy counselor or to set up a free, confidential appointment, please call Catholic Charities at 303-731-6130 or go online to marisolhealth.com.

Prayer Opportunity
A Rosary for Life is prayed every Wednesday morning after the 9am Mass in the Cry Room for the intention to end the scourge of abortion. All are welcome to join in.

First Sunday of Lent March 10, 2019
Mercy in Motion

It’s Not Too Late!! March

Mercy in Motion is This Weekend

Our March Mercy in Motion project for the month is to “Give Drink to the Thirsty.” The annual Shower of Love for Birthline Inc. of Colorado (a loving and caring pregnancy help center) will take place this weekend, Sat., March 9th and Sun., March 10th at all Masses. Please bring unwrapped gifts such as formula and bottles (Drink to the Thirsty items) along with items such as diapers (all sizes including pull-ups), wipes, baby wash, shampoo, diaper rash ointments, newborn boy/girl layette items (onesies, sleepers, crib sheets, socks, blankets, etc.), clothes/socks for children up to 3T. Birthline also accepts gently used clothing from newborn to children/teen size 14/16 and maternity clothes. Monetary gifts are always welcome. Please make checks payable to Birthline.

Thank you, St. Frances Cabrini parishioners, for your past generosity! We could not help these women in need without your help and donations!

Lunch Bunch is Coming March 23rd & 24th

The collection of sack lunches to feed the homeless is the weekend of March 23rd and 24th. One of our Corporal Works of Mercy is, “Feed the Hungry.” We focused on this practice in the month of February, however feeding the hungry is an on-going activity. Each lunch should contain 2 sandwiches, a piece of fruit and a sweet of some kind. Please bring lunches to the gathering space before Mass on Saturday or between 7:11:15am on Sunday only. Parish volunteers take the lunches collected to the Volunteers of America Shelter on Lawrence Street where they are then distributed to the homeless throughout the week. If you have any questions contact Karen H at 303-953-7784 or khoeft@sfcparish.org.

The Delores Project and Saint Frances Cabrini Outreach in Action

The Delores Project is an overnight shelter housing adult women who might otherwise have to sleep on the street or in circumstances that put them at great risk. Women seeking shelter at The Delores Project are offered a safe, comfortable place to stay while seeking more permanent housing. Saint Frances Cabrini parish is looking for volunteers to help provide food for an evening meal for the Delores Household on Tues., March 19th. Food should be delivered by 5pm to the St. Frances Cabrini Community House. If you have any questions or if you would like to sign up to bring either meat loaf, mashed potatoes, green beans or cookies (enough for 10), please call Karen at 303-953-7765.

Cabrini Loving Hands

Sat., April 13th, 10am-3pm, Parish Hall B

The Loving Hands Knitting & Crocheting group meets once a month. Join us if you would like to learn to knit or crochet, or to share your talents and socialize as we make a variety of items for those in need. Contact Karen S at 303-791-8385 for more information on this ministry.

Cabrini Piecemakers Quilt Group

Sat., March 23rd, 9:30-3pm in the Frassati Room

We will continue to make lap quilts and baby quilts until about June when we kick off our veterans' quilts. We welcome new members who would like to join us! If you are planning on attending one of our sewing meetings, please bring a sack lunch/drink to have lunch with us. To learn more, please contact Karen at klotspeich@sfcparish.org or 303-953-7765.

Cabrini Rosary Makers

“MOTHER MOST PURE”...Mary was transparent. Her motives and intentions were pure. Because of Her purity of body, mind and spirit, Mary was able to “let all God’s glory through.” - from the book Titles of Mary (Franciscan University Press)

Come to meet new friends who share your love for the Rosary. Learn to make mission rosaries. We meet on the 1st Tues. of each month at 9:30am in Parish Hall B. (Next: April 2nd) For rosary repair or more information, please call Teresa at 303-988-6517, Loretta at 720-981-5114 or Sandy at 303-932-1501.

Cabrini’s Cupboard

Matthew 25:35

Thank you for continuing to support our efforts to care for families in need. Try to imagine 15-20 families coming to our food pantry each day and each taking 3 bags of groceries (that’s 45 to 60 bags of groceries each day). Now imagine trying to feed your family of 4 or more and also provide personal hygiene care with what you can put in those 3 bags of groceries. It is difficult. We certainly go through a lot of non-perishable food each day and we are very grateful for the many donations we receive each week. Parents are extremely grateful to be able to visit Cabrini’s Cupboard and have healthy food choices for their families. Ongoing needs are canned tuna/chicken, cereal, noodles & spaghetti sauce, canned fruit, canned carrots/peas, peanut butter and jelly, Hamburger/Tuna Helper, toilet paper, shampoo, and toothpaste. $10 grocery gift cards are always welcome as a way to help the hungry purchase perishable food items. Please be sure to double check expiration dates as we are not able to shelf or distribute expired food.

Cabrini’s Cupboard is blessed to have the continuous support of our generous parish community.

Cupboard hours: M-F: 9:30am-12 noon. In addition, Tues. & Thurs.: 1:30-4pm.
To Parishioners Who Are Gluten Intolerant

There is now a truly gluten-free option for reception of Holy Communion at the 4:15 Masses on Saturdays. We have a volunteer who has received specialized training and is willing to serve a specifically reserved chalice of the Precious Blood for those who are gluten intolerant. Those who wish to receive in this manner can approach the minister between the altar and the ambo who will have a “Gluten Intolerant Only” sign near their position. This position is only for those who are truly gluten intolerant. We ask that others respect the special circumstances regarding this service position and not approach this minister after having consumed any gluten products, including our regular low-gluten hosts. While we cannot ensure that all Saturdays will be covered, we are striving to see what the need is for this form of reception and then we will evaluate whether to broaden this ministry to the Masses on Sunday. If you have any questions about this option, please contact Deacon Chet at dchenchet@sfcparish.org or 303-953-7783.

Ushers Urgently Needed! Can You Help?

Ushers are needed at all the Masses, but most especially at the 5:15pm Life Teen Mass on Sunday evenings. Please contact Deacon Chet at dchenchet@sfcparish.org or 303-953-7783.

Mass Intentions for the Week

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<thead>
<tr>
<th>Day</th>
<th>Sunday</th>
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<tbody>
<tr>
<td>Monday</td>
<td>March 11</td>
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<td>6:30A  Kathy Arnold</td>
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<td>9:00A  Marge Barry</td>
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<td>Tuesday</td>
<td>March 12</td>
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<td>6:30A  Mary Zarlenge</td>
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<td>9:00A  Janet Engerman</td>
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<td>10:00A  Edward Belzer</td>
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<td>Wednesday</td>
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<td>9:00A  Michael Sams</td>
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<td>Thursday</td>
<td>March 14</td>
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<td>6:30A  Chris Timmes</td>
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<td>9:00A  John Barr - SI</td>
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<td>10:00A  Frank Abel</td>
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<td>Friday</td>
<td>March 15</td>
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<td>6:30A  Chris Quintana</td>
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<td>9:00A  Thomas Shaughnesseny</td>
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<td>Saturday</td>
<td>March 16</td>
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<td>4:15P  Thomas Hutchison</td>
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<td>Sunday</td>
<td>March 17</td>
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<td>7:15A  Parishioners</td>
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<td>9:15A  Virginia Lynch</td>
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<td>11:15A  Glenn Hawk</td>
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<td></td>
<td>5:15P  Christopher</td>
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Holy Father’s March Prayer Intention:

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

Please pray for the souls of our recently deceased loved ones, that they may rejoice in the gift of eternal life: Marilyn Scott, Jim Jacksina and Sue Robbins.

Eternal rest grant unto them, & Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Weekly Stewardship

Consider this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. 2 Corinthians 9:6

March 3, 2019 Offertory $48,220.25
Children’s Offertory $471.96

If you are not a registered parishioner, we are not able to track your contributions.

Perpetual Eucharistic Adoration Chapel

“Ye shall worship the Lord, your God, and him alone shall you serve.” Luke 4:8

As we enter the forty days of Lent, we invite you to come to the peace and quiet of the Adoration Chapel to sit with Jesus and ask Him for the grace to overcome the temptations in your life and to serve God alone. Come to the Chapel where you will encounter the true, Living Presence of our Risen Lord who loves you and is longing for you to visit Him.

Please consider signing up for a regular hour.

We are blessed here at St. Frances Cabrini to have the Adoration Chapel open 24 hours/day, seven days/week. In order for the Chapel to remain open, we need people to commit to an hour. There are a couple of early morning hours available when the chapel is very quiet. Please sign up online at www.sfcparish.org on the Adoration Ministry page.

Open hours: Sun: 10am; Mon: 5am & 11pm; Tues: 4am, 9am & 4pm; Thurs: 4pm; Fri: 12am, 1am, 2am, 4am & 2pm; Sat: 11am & 6pm

Healing Masses at St. Frances Cabrini

The next Healing Mass will be on Mon., March 18th, at 7pm. This Healing Mass will be offered in reparation for the sins committed by cardinals, bishops, priests and deacons, for all sins committed by clergy and lay people against the commandments of our Lord, as well as for prayer for the victims of sin.

God is always with us to heal us and comfort us in our sufferings. These Masses are special opportunities to invite the Holy Spirit to touch you deeply and heal those emotional, physical or spiritual places that are in need of God’s healing graces.

Please join us to praise God and be open to how He wishes to work in our lives as we humbly come before Him, who is rich in mercy. If you have any questions, please contact Fr. Isaiah at frisrae@sfcparish.org.

Readings for the Week of March 10, 2019

<table>
<thead>
<tr>
<th>Day</th>
<th>Readings</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>Dt 26:4-10/Ps 91:1-2, 10-15 [cf. 15b]/Rom 10:8-13/Lk 4:1-13</td>
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<tr>
<td>Monday</td>
<td>Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46</td>
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<tr>
<td>Tuesday</td>
<td>Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15</td>
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<tr>
<td>Wednesday</td>
<td>Jn 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32</td>
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<td>Thursday</td>
<td>Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7b-8 [3]/Mt 5:20-26</td>
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<tr>
<td>Friday</td>
<td>Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48</td>
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<tr>
<td>Saturday</td>
<td>Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14[1a]/Phil 3:17 – 4:1</td>
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<tr>
<td>Next Sunday</td>
<td>Lk 9:28b-36</td>
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Your word is a lamp for my feet, a light for my path. - Psalm 119:105
Lenten Experiences with the Denver Catholic Biblical and Catechetical Schools!

The Biblical and Catechetical Schools are offering new events to enrich your Lent this year. This includes a four-part short course on, “The Epistle to the Romans,” and another called, “Sacred Art and The Themes of Lent.” Our annual Lenten Retreat is called, “The ‘Confessions of St. Augustine’ and our Lenten Pilgrimage.” These courses are open for anyone and everyone! For more information about the events, including parish locations, dates, and registration details, please call 303-715-3195 or visit sjvlaydivision.org/#news.

St. Perpetua on FORMED.org

The Passion of St. Perpetua

This documentary tells the true account of this courageous martyr and her companions. Join Mike Aquilina, Vice-President of the Saint Paul Biblical Theology Center and well-known author of more than a dozen books on Catholic history, doctrine, and devotion, as well as co-host of EWTN’s “Swear to God” – as he recounts the history and message of this timeless true story and its relevance for us today. Containing footage taken at the actual sites where the story took place in Carthage, Tunisia, this documentary will inform as well as inspire. Run Time: 50 mins.

And for Children...

Catholic Heroes of the Faith: The Story of St. Perpetua

A young woman willingly takes a stand of faith and challenges the Roman Empire. Born to a noble Roman family, Perpetua converts to Christianity when she is irresistibly drawn to the example of unselfish love and service that she witnesses in the local believers. Along with slaves Felicity and Revocutus, she makes her way to a secret gathering of the Church, unaware that the Emperor Septimius Severus has issued a decree prohibiting new conversions to Christianity. Arrested and tried, Perpetua, Felicity, and their companions take a valiant stand that echoes down through the centuries. Suspenseful! Moving! Inspiring! Run Time: 39 mins.

Discover the many offerings (movies, documentaries, studies, talks, fiction and nonfiction books and more) on Formed for yourself! Go to www.sfcparish.formed.org today and register for free!
VBS is Coming to SFC! Volunteers Needed!!

During the last week of June, the St. Frances Cabrini Religious Education Office will offer Vacation Bible School for grades Preschool through 5th grade! We are very excited to bring VBS to SFC, and we are currently looking for volunteers interested in sharing their gifts and talents of music, arts & environment, crafts, hospitality and teaching. Please contact Kristen Conrad at 303-953-7775 or kconrad@sfcparish.org to learn more!

Operation Rice Bowl

Lent began on Wed., March 6th. Once again, our community will participate in Operation Rice Bowl, a Catholic Relief Service Lenten Program. The theme this year is “Encounter Lent.” The rice bowls are available in the Gathering Space for your donations. The Religious Education Office also has information regarding this project. Please call the R.E. Office at 303-953-7775 for more details.

Spring Break

There will be no classes for grades 1st-6th the week of March 25th through March 27th, due to Spring Break. RE & Foundations classes will resume the week of April 1st through April 3rd.

There will be no classes for Pre-K/Kindergarten on Sun., March 31st, due to Spring Break. RE classes for Pre-K/Kindergarten will resume on Sun., April 7th.

5 Finger Prayer

Thumb: The finger closest to you - pray for those close to you.

Pointer Finger: The finger that points the way - pray for those who teach, instruct and heal you.

Middle Finger: The tallest finger - pray for guidance for leaders and all who have authority.

Ring Finger: The weakest finger - Pray for help and strength for the weak, sick and suffering.

Pinkie: The smallest finger - Pray for yourself and your own needs.

Sr. High LIFE TEEN Ministry

The Sr. High LIFE TEEN Ministry is for teens in grades 9-12. All teens participating in Yak Nights, the Peer Leader Program and/or Discipleship Groups need to be registered. For details about this ministry and for registration information, please visit the High School page on our website at www.sfcparish.org/youth. Registration remains open.

Upcoming Yak Night: March 31st (Casino Night), from 7-8:30pm in the Frassati Room.

Jr. High EDGE Ministry

The Jr. High EDGE ministry is for teens in 7th & 8th grades and meets on specified Thursdays from 7-8:30pm. For further details and the spring calendar, please visit the Middle School page on our website at www.sfcparish.org/youth. Upcoming EDGE nights: March 14th & 21st. If you have any questions, please contact Savannah at sluebking@sfcparish.org or 303-953-7778.

Family Mardi Gras Party

Thank you to everyone on the Cabrini Family Ministry core team and additional volunteers who joined together to bring another fun family event to Cabrini. We had over 260 people attend this event. Thank you, Cabrini family for joining us and making it a night to remember. If you missed this event, continue to check the bulletin, video announcements and newsletter for upcoming events.
Magnificat Moms
Thurs., March 21st, 9:45-11:30 in the Frassati Room
You are warmly invited to grow in deeper communion with our Lord and fellowship with other mothers of young children in the parish. Throughout the next school year, we will meet bi-monthly on Thursday mornings to pray, learn, and reach out to the community together from 9:45-11:30am in the Frassati Room. For more information or to sign up, please contact Karen H at khoeft@sfcparish.org. Childcare is provided and children are welcome at our meetings.

Chronic Pain and Illness Support Group
Tues., March 19th, 10-11:00am, St. Paul Room
Jeremiah 29: 11 “For I know the plans I have for you, says the Lord, plans for welfare and not for evil. To give you a future and a hope.” This group meets on the 2nd and 4th Tuesday of the month and is for anyone who suffers from a chronic pain or illness. We will gather in prayer, read scripture, share coping methods and just walk the road with one another. For more information or to register for this group please contact Karen L at 303-953-7765 or klotspeich@sfcparish.org

Listening
Job 31:40 “The words of Job ended.”
Reflecting at the beginning of Lent full of confidence and conviction in my Lent offering, I read these words from Job. Job 31:40 - “The words of Job ended.”
After Elihu his young friend talks for a while then God answers Job. These words caused me to pause. Do I really listen to God? If I really want to become closer to God this Lent I need to listen to how God is calling me to be the saint He created me to be. The key word is “listening.” My words need to end if I am ever going to be able to listen. My confidence and conviction were re-evaluated to consider if my offering these 40 days would help me to focus on what God is saying to me. Will I focus enough to listen?
Note: Don’t forget the Lenten Retreat on Wed., March 27th, from 6:30-8:30pm in the Church. Shaun Garrison of Windswept Missions will be the speaker. There will also be Eucharistic Adoration, worship music and Confessions. If you have any questions, please contact Karen L at klotspeich@sfcparish.org or 303-953-7765.

Support Groups
All of our support groups meet in the Community House. Groups are welcoming and offer support, prayer and fellowship to those in need. If you have general questions, please call 303-953-7765.

Abortion Healing/Forgiveness: Caring, confidential group. Open to anyone who has had or been affected by an abortion. Call Lori at 303-904-7414.
Adoptive Families: Looking for support, fellowship & education in a faith-filled atmosphere? Come to Forever Families! Contact Teresa at 720-988-7847 or gogottres@aol.com for information on meeting days and times.
Alcoholics Anonymous: Open AA meeting: Sat. 7:30pm. For more info, call Eddie at 303-972-6527.
Al-Anon: Meetings: Fri., 9-10:30am & Mon. 1-2:30pm in the Community Room at the Community House. Adults only. Contact Trudy at 303-953-7769.
Caregivers: Contact Rosemarie at 720-979-3909.

Counseling Referrals: Our Parish has a number of counselors we refer to for a wide range of issues-individual, marriage, addiction, depression, parenting, grief, self-esteem, divorce, communication, trauma, etc. For a referral, call Karen at 303-953-7765.
Military Support Group: Promotes networking and better communication with the troops and spiritual support for families. Contact Karen H. at 303- 953-7784 for more info.
Sexual Purity: Join a group of men who are facing their sexual sin and finding hope, healing and freedom through Christ. For more information/meeting times, call 303-587-6239. “...being freed from sin, we took uprightness as our master.” -Romans 6:18
Knights of Columbus
All men of the Parish are invited to join the Knights of Columbus at Cabrini. Please call Tony at 303-263-8295. All women of the parish are invited to join the Ladies of Charity Auxiliary. Please contact Carmel at 303-979-0702 for more information.

Knights of Columbus Lenten Fish Fry Dinner
The Knights of Columbus will be serving a Fish Fry Dinner each Friday during Lent through April 12th. The meal includes baked or fried fish, french fries or rice pilaf, clam chowder, cole slaw, bread/butter and coffee, tea or lemonade. Prices are as follows: Adults: $10.00, Children (age 5-12): $6.00 for fish meal, $4 for mac & cheese, children under 5 are free. We will be serving from 5-7pm.
Desserts are extra at the Ladies of Charity Bake Sale.

Cabrini Silver Strands
Do you want to meet other parish seniors?
If you do, then come and join the Silver Strands for lunch on Tues., March 19th. The Cabrini Silver Strands is a senior group for church members who are 60 years old and up. We meet once a month on the 3rd Tuesday at 11:30am for a potluck lunch and fellowship. Please call Judy at 303-470-9523 for more information.

Would you Like to be Involved?
Do you love to be around the creative process of the stage? Are you into carpentry, lighting, set building or hospitality? If so, Arts at Cabrini needs you! Call Joy to see how you can be a part of things. We have some exciting projects coming up. Please call or email Joy today to get involved in this fun, vibrant community ministry!

Denver Marian Conference!
Please join us for the 2019 Denver Marian Conference “Behold Your Mother,” on Mother’s Day weekend, Fri. and Sat., May 10th/11th at the Crown Plaza Convention Center, 15500 E. 40th Ave. Speakers: Fathers Donald Calloway, MIC, Wade L. J. Menezes, CPM, Chad Ripperger, Joseph Tran and emcee Fr. Frank Garcia. This Marian Conference has been approved by the Archdiocese of Denver. Seating is limited, so please register soon! For more information and to register, please visit www.DenverMarianConference.com or call 303-422-8621.

Our Lady of Lourdes Catholic School
Our Lady of Lourdes Catholic Classical School is now enrolling 1st, 2nd & 3rd grades at our new South Campus! Visit www.lourdesclassical.org for more information and to apply. Tuition assistance is available. Catholic education is a real option for everyone! Our South Campus is located at 3301 S. Sherman St. in Englewood, 80113. We offer bus service from St. Frances Cabrini parish. Apply today! Contact us at ololosouth@gmail.com or 303-762-8307.

3rd Annual Catholic Women’s Conference
The 3rd Annual Catholic Women’s Conference of Denver, The Holiness of Women will be held April 27, 2019 at CU South Denver Campus in Lone Tree. The speaker line-up includes Colleen Carroll Campbell, Everett Fritz, Sister Maris Stella and Fr. Nick Larkin. Confession, Adoration and shopping. Mass will be celebrated by Auxiliary Bishop Jorge Rodriguez. To learn more and to register, please visit DenverCatholicConference.com.

Concert at our Lady of Fatima
Come join us for a concert of sung spirituals and other art music at Our Lady of Fatima Catholic Church on Sun., March 10th, from 7-8:30pm. Featured will be the St. Frances Cabrini Choir, the Our Lady of Fatima Mixed Choir and the Colorado School of Mines Gold Standards and Brass Quintet, with guest cellists Anne Macy and Jenny Chen. Free tickets will be available at the door.

Our Lady of Fatima Catholic Church presents
A Spiritual Experience
A Concert of Sung Spirituals and Other Art Music

Cabrini Pastoral Team
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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Susie Swanson</td>
<td>Business Manager</td>
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<tr>
<td>Barb Ross</td>
<td>Accounting Assistant</td>
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<tr>
<td>Trudy O’Connor</td>
<td>Administrative Assistant to the Pastor &amp; Parochial Vicars / Social Ministries Director</td>
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<tr>
<td>Tyler Tracey</td>
<td>Pastoral Initiatives/Managerial Asst., Coordinator of Digital Media, LIFE TEEN Worship Leader</td>
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<tr>
<td>JoAnn Donnelly</td>
<td>Parish Administrative Asst.</td>
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<td>Tamara Holmboe</td>
<td>Administrator of Safe Environment Program &amp; Sacramental Records / Bulletin Editor</td>
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<tr>
<td>DeAnn Larson</td>
<td>Adult Sacred Scripture Studies</td>
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<tr>
<td>Joy Jaeger</td>
<td>Director of Arts and RCIA</td>
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<td>Karen Latspeich</td>
<td>Director of Community Life/Outreach</td>
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<td>Karen Hoeft</td>
<td>Outreach Ministry Asst.</td>
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<tr>
<td>Deacon Chet Ubowski</td>
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<td>John Brookover</td>
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<td>Michael Haberman</td>
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<td>Chris Dodero</td>
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<td>Bob Klimek</td>
<td>Director of Music</td>
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<td>Kristen Conrad</td>
<td>Director of Religious Education</td>
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<td>Kris Thompson</td>
<td>Asst. Director of Religious Education</td>
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<td>Janet Schott</td>
<td>Religious Education Admin. Asst.</td>
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<td>Tedd Newman</td>
<td>Music Librarian</td>
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<td>Savannah Luebking</td>
<td>Director of Youth Ministry</td>
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<td>Joe Goodwin</td>
<td>Asst. Director of Youth Ministry</td>
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<td>Scott Diorame</td>
<td>Madison Baird</td>
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<td>Coordinator of AV/MSP Admin</td>
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Bulletin Deadline: Article must be submitted by 8:30am on Friday, nine days prior to publication. Each typed notice must indicate date, time and place of event.
LENT

Stations of the Cross
Remaining Fridays of Lent
March 15 - 7:00 pm
March 22 - 7:00 pm
March 29 - 7:00 pm
April 5 - 7:00 pm (Choir)
April 12 - 7:00 pm (RE Children)

Vespers (Evening Prayer)
Wednesdays
March 13 - 7:00 pm
April 3 - 7:00 pm
April 10 - 7:00 pm

Divine Mercy Novena
Starts Good Friday - 3:00 pm
after Stations

Other Events

Healing Mass
March 18th - 7:00 pm

Lenten Retreat
* The Narrow Path: How God is Calling You to Counteract Corruption in the Church
Windswept Missions - Shaun Garrison
March 27th - 6:30-8:30pm

Fish Fry
Sponsored by the Knights of Columbus
Every Friday of Lent 5:00-7:00 pm

Seder Meal
March 30th - 6:00 pm
Pre-registration during Masses
prior to event
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Adolescents Adults Families
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