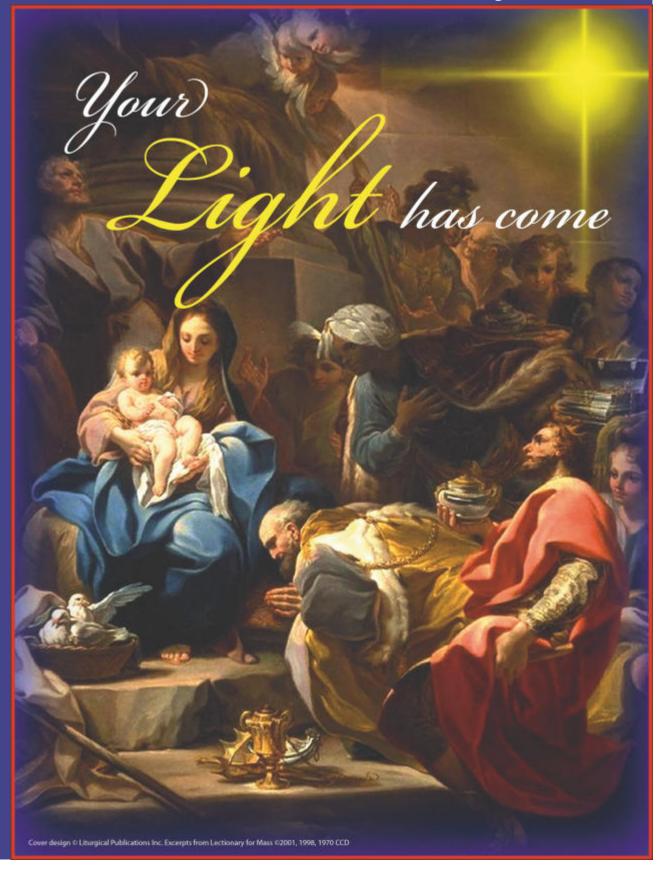
# Cabrini Frances

# The Epiphany of the Lord January 3, 2021



### **SACRAMENTAL INFORMATION**

**Infant Baptism:** Please contact Deacon Chet at 303-953-7783.

**Marriage Preparation:** Please contact Trudy at 303-953-7769 at least 9-12 months prior to your wedding to make arrangements.

**RCIA:** Interested in becoming Catholic or questions about the faith? Call Deacon Chet at 303-953-7783.

Care of the Sick / Dying: Please call if someone is ill or hospitalized and would like the Sacrament for the Anointing of the Sick. *In case of death, call the Parish Office immediately.* 

**Home Communion:** Visits may be scheduled through the Parish Office.

### MASS SCHEDULE

### SACRAMENT OF RECONCILIATION

Saturdays: 8-9:30am Tuesdays: 6:30-7:30pm

### Welcome to Our Parish!

If you are a visitor and would like to join our parish family, please pick up a registration form in the gathering space, visit the parish office during the week or you may visit our website to register.

### **ADORATION** in the Church

Monday-Friday, 1-7 pm\*

Adoration will begin after the 1pm Mass on Thursdays

Come, spend some time with Jesus!



Our Parish Mission: To **EMBRACE** our Faith, to **NOURISH** our formation as Catholics and to **SERVE** in a community filled with the Holy Spirit."

### **Pastor**

Rev. John Paul Leyba

### **Parochial Vicars**

Rev. Israel Gonsalves, O.C.D. Rev. Ron Sequeira, O.C.D.

### Deacons

Rev. Mr. Chet Ubowski Rev. Mr. Marc Nestorick

Rev. Mr. Brian Kerby

Rev. Mr. Paul Grimm (retired) Rev. Mr. Witold Engel (retired)

### Parish Office

6673 West Chatfield Avenue • Littleton, CO 80128 www.sfcparish.org

303-979-7688 Parish Office

Open: Monday-Friday, 8:30 am-5:00 pm

(closed 12:00 noon-1:00 pm daily)

303-979-7688 Voice mail access after 5:00 pm

303-979-7777 Youth Office (Jr. & Sr. High, Young Adult)

303-972-8566 Fax Line

303-979-7688 SACRAMENTAL EMERGENCIES

24 hrs/day

303-953-7770 Weather Hotline (for schedule changes due to

inclement weather/emergency situations)





Mass for 65+ and for Those Who Are Immunocompromised

Thursdays at 1:00pm in the Church

We must pray without tiring, for the salvation of mankind does not depend on material success; nor on sciences that cloud the intellect.
Neither does it depend on arms and human industries, but on Jesus alone.

- St. Frances Xavier Cabrini

For daily reflections, masses and liturgical videos, visit our website:



If you are not receiving the clergy's daily Spiritual Encouragement emails from the parish, and would like to, you may sign up at sfcparish.org/flocknote.



The Parish Offices will reopen on Mon., Jan. 4th, at 8:30am.

# Reflecting on the Gospel

### The Epiphany of the Lord

"Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh." What a wonderful example the Magi give us in their visit to the infant Jesus. First of all, they demonstrate profound faith in God's word, spoken through the prophet Micah: "And you, Bethlehem ... from you shall come a ruler who is to shepherd my people Israel" (cf. 5:2). Embarking on a long and difficult journey, they trust that they will find this newborn king of the Jews in Bethlehem as the prophecy announced.

On their arrival at the home of the Holy Family, the Magi also give us an example of profound humility. These important men, to whom kings look for guidance and advice, do not hesitate to bow down, to "prostrate themselves" and give homage to a tiny babe. Putting their own position out of their minds, they reverently worship the infant Lord even as he sits on the lap of his mother.

The generosity of these three "kings" is also evident as they open their treasure boxes and give to the poor child the richest of gifts. Traditionally, we understand the gold to symbolize the earthly kingship of Christ, the frankincense to represent his divinity, and the myrrh to stand as a symbol of the anointing he will receive upon his death.

Finally, the wisdom of these men is evident in their decision to return to their country "by another way." Understanding the threat that King Herod posed to Jesus, they followed a plan that would help keep the divine child safe even though it meant inconvenience to themselves.

Faith, humility, generosity, and wisdom. These gifts are the real legacy of the Three Kings. Today, let us ask God for the blessing of having these gifts in our lives.



### PECIAL ANNOUNCEMENTS

### Confessions? YES!

The Confession schedule will remain unchanged during

the Christmas/New Year break. Our priests continue to hear Confessions on Tuesday evenings from 6:30-7:30pm and on Saturday mornings from 8-9:30am. Come and experience the neverending mercy of God!





### It's a New Year!

If you donate by check, please make sure to date your contributions "2021." If the date is incorrect, the check must be returned to you to be corrected and initialed. Thank you!

### The 2021 Calendars **Are in the Gathering Space!**

The new 2021 calendars are on a table in the Gathering Space. Please help yourself to one per family. If you know of someone who is homebound, please take a calendar to them. Thank you!



### **The Parish Directories** Have Arrived!!!

If you had your picture taken for the parish directory, you may pick up your copy of the directory in the Prayer Room. They are marked with the family name on the envelope.

Please contact JoAnn in the Parish Office at 303-979-7688 if you have any questions or would like to purchase a directory.

# Ongoing Mass Guidelines

The reason for our hope, Jesus Christ, is especially celebrated during this Christmas time. It is a time when many people, those estranged from the Church by choice or by pandemic, often come back and revisit their roots. And, for many of us, it is a time when we have the opportunity to renew our own relationship with the Church. So, whether you have been regularly attending Mass or if you have been sidelined by the pandemic or by choice, we are glad you are here.

St. Frances Cabrini will continue to maintain suitable physical distancing requirements. We have provided an overflow space where the Mass is simulcast so that we can accommodate more persons safely. Holy Communion is brought to the simulcast space so all may participate fully.

It is important that you properly sign up at sfcparish.org for all weekend Masses. *Please do not come to church without having signed up*. And it is important, that you arrive to Mass early to ensure you can safely access a place to sit in the church or in the hall.

In a spirit of compliance with local governance and out of an abundance of caution and charity, **masks should be worn at all times**, while entering, exiting and sitting in the church, as well as going forward and returning from Holy Communion.

Please continue to pray for a timely end to the virus threat and for a full resumption of the life of the Church, especially here at St. Frances Cabrini. May God bless you all! - Deacon Chet

### Save the Dates!

Every year for the past ten years, we have held a Day of Adoration and a Mass for Life to remember the anniversary of Roe vs Wade, the Supreme Court decision on Jan. 22, 1973 to legalize abortion.

This year will look a bit different, like so many of our celebrations that have been modified.

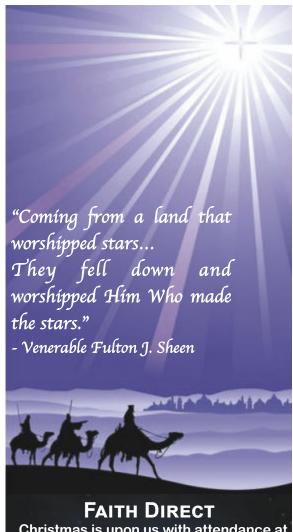
We will continue to have Adoration for the intention of the Protection of the Unborn from 1-7pm on Fri., Jan. 22nd. Then, on Sat., Jan. 23rd, we will host another "drive by honk 'n' wave." Fr. John Paul has requested that we drive the boundaries of our parish. To participate, you will need to arrive in the St. Frances Cabrini parking lot at 1:30pm for your car to be decorated. We will arrive back at Cabrini in time for the 4:15 Mass. The intention for this Mass will be for the Protection of the Unborn.

Fr. John Paul has some special plans for this Mass. If you would like to be a part of the "drive by honk 'n' wave" and/or a part of this very special Mass, please see the article directly below for information on how to volunteer

information on how to volunteer.

### HELP! HELP! HELP!

If you would like to help with another <u>fun</u> upcoming parish Respect Life project which will require a car and up to four very easy hours of your time on **Sat.**, **Jan. 23rd**, please contact Karen M. at 303-523-9760 or email her at kmandolfo1@gmail.com as soon as possible!



Christmas is upon us with attendance at in-person services still restricted. St. Frances Cabrini Parish continues to depend on online donations to continue our ministry.

We prayerfully invite you to sign up for eGiving from your computer, smartphone or tablet and set up a recurring donation or make a one-time gift.

Sign up today by visiting sfcparish.org/give or text "enroll" to 720-713-3309.

Thank you for your continued generous support of our parish family!

### **OUTREACH & ASSISTANCE**

# January Project to Focus on the Corporal Work of Mercy, Shelter the Homeless Please Drop off at the Table in the Gathering Space Before all Masses on Jan. 23rd/24th

MERCY IN MOTION

Please join us in collecting recently CLEANED or new sleeping bags and blankets for the children and adults who live in motels, sharing apartments with several families or lowering their heat to meet winter's utility costs. We have seen an increasing number of older adults living in their cars because of skyrocketing rents and unsafe temporary housing. Many of these situations are complicated so the warmth and comfort of a blanket in their time of crisis expresses a message that they are loved and people care about them.

During the month of January, we will also be collecting travel size hygiene supplies: deodorant, foot powder, Chap Stick, sunscreen, toothpaste and toothbrush, hand warmers, comb, hand sanitizer, nail clippers and shaving cream. These supplies may be dropped off with the blankets on the weekend of Jan. 23rd/24th or dropped off in the food barrels any time. If you have any questions, please contact Karen L at klotspeich@sfcparish.org or 303-953-7765.

### **Lunch Bunch is Coming** January 30th/31st Open for Entire Parish Participation

The collection of sack lunches to feed the homeless is the weekend of Jan. 30th/31st. Each lunch should contain 2 plain sandwiches, a piece of fruit (no bananas), chips and a sweet of some kind. No mayo or mustard except in little separate packages!!! Please bring lunches to the Gathering Space before 4:15pm Mass on Saturday or between 7am-11:15am on

**Sunday only.** Parish volunteers take the lunches collected to the Volunteers of America Shelter on Lawrence Street where they are then distributed to the homeless throughout the week. If you have any questions, please contact Karen L at 303-953-7765 or klotspeich@sfcparish.org.

### **Cabrini Piecemakers Quilt Group**

Fri., Jan. 8th, 9:30am-2pm, Parish Hall B Sat., Jan. 23rd, 9:30am-3pm, Frassati Room

Piecemakers became a St. Frances Cabrini ministry in 2004. Since then, we have made just over 5,000 quilts as of the end of 2020, including many quilts for homeless

Our mission statement is, "Piecemakers quilt with love to warm the body and comfort the soul of those in need." Many thanks to the parish for your support!

We invite new members to join us! When attending a meeting, please wear a mask at all times and be prepared to socially

distance at the tables that will be set up in that manner. Bring a lunch if you plan to stay all day. For more information, please contact Karen at 303-953-7765 or klotspeich@sfcparish.org.

### **Cabrini Rosary Makers**

The rosary is a great test of faith. The mark of the Christian is the willingness to look for the Divine in the flesh of a babe in a crib, the continuing presence of Christ under the appearance of bread on an

altar, and a meditation and a prayer on a string of - Venerable Fulton J. Sheen



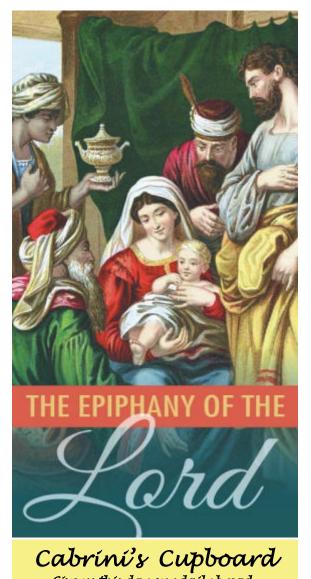
Please stop by Parish Halls B & C on Tues. Jan. 5th, any time between 9:30-11:30am to replenish your supplies and drop off rosaries for distribution and stay if you would like. We will be praying the Rosary. The setup has been changed to round tables with 3 to a table spread out between 2 rooms. You are welcome to stay if you are comfortable with the physical distancing. Remember to wear your mask. For more information, please call Teresa at 303-988-6517, Loretta at 720-981-5114 or Sandy at 303-932-1501.

### Cabrini Loving Hands



The next gathering will be Sat., Jan. 16th. The Loving Hands Knitting and Crocheting group meets once a month (Jan.-Nov.) on Saturday between 10am-3pm in Parish Halls B & C. Join us if you would like to learn to knit or crochet or to share your talents and socialize as we make a variety of items for those in need. This next gathering in January will be a potluck as well as a gift exchange for those who wish to participate. Contact Karen S at 303-588-0461 for more

information on this ministry.



Give us this day our daily bread...

A very merry Christmas was had by all! Through your support of the Gingerbread Project, gift cards were given to many families of Cabrini's Cupboard. We believe that Jesus is our Light and Hope, He is faithful and kind, He speaks the truth and keeps His promises. For many families it may seem that God has abandoned them in their time of need. You have made the difference to moms and dads, and especially their children. You are giving with a servant's heart every time food is donated, a prayer offered or a gift card is given to a family. There are moments of grace and mercy that can not be expressed in words. Great smiles, joyful hearts and deep gratitude from families that are grateful for your kindness and support.

Current needs: Cereal, tuna/chicken, pasta and spaghetti sauce, granola bars, hearty soups, mac & cheese, breakfast bars, fruit, veggies, shampoo and toilet papers.

Please be sure to double check expiration dates, as we are not able to shelve or distribute expired food. Thank you!!

> Thank you for your continued support and generosity!

### **WORSHIP MINISTRY**



### **Act of Spiritual Communion**

My Jesus,

I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

### **Healing Masses at St. Frances Cabrini**

The next Healing Mass will be on Mon., Jan. 11th, 7pm. God is always with us to heal us and comfort us in our sufferings. These Masses are special opportunities to invite the Holy Spirit to touch you deeply and heal those emotional, physical or spiritual places that are in need of God's healing graces. Please join us to praise God and be open to how He wishes to work in our lives as we humbly come before Him, who is rich in mercy. If you have any questions, please contact Fr. Israel at frisrael@sfcparish.org.

### **Weekly Vocation Prayer Intentions**

Sunday: Seminarians in their 2nd Theology and 1st Theology years

Monday: 2nd Philosophy and 1st Philosophy Tuesday: Spirituality Year and Itinerancy Wednesday: College Sophomores and Freshmen

Thursday: Vocations Ministry

Friday: Applicants and Prospective Seminarians

Saturday: 4th Theology and 3rd Theology

### Holy Father's January Prayer Intention:

May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.



Deacon Brian, with the Intercessors of the Trinity, has been live streaming every Tuesday from 7-8:30 pm. They are able to take your prayer requests and pray live with you. You can connect at their website: IntercessorsoftheTrinity.org.

### Readings for the Week of January 3, 2021

Sunday: Is 60:1-6/Ps 72:1-2, 7-8, 10-13 [cf. 11]/Eph 3:2-3a, 5-6/Mt

2:1-12

Monday: 1 Jn 3:22—4:6/Ps 2:7bc-8, 10-12a [8ab]/Mt 4:12-17, 23-25

Tuesday: 1 Jn 4:7-10/Ps 72:1-4, 7-8 [cf. 11]/Mk 6:34-44

Wednesday: 1 Jn 4:11-18/Ps 72:1-2, 10, 12-13 [cf. 11]/Mk 6:45-52 Thursday: 1 Jn 4:19—5:4/Ps 72:1-2, 14 & 15bc, 17 [cf. 11]/Lk 4:14-22a

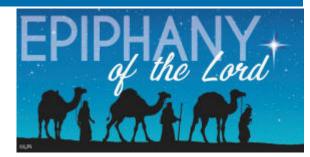
Friday: 1 Jn 5:5-13/Ps 147:12-15, 19-20 [12a]/Lk 5:12-16

Saturday: 1 Jn 5:14-21/Ps 149:1-2, 3-5 & 6a & 9b [cf. 4a]/Jn 3:22-30 Next Sunday: Is 42:1-4, 6-7/Ps 29:1-4, 3, 9-10 [11b]/Acts 10:34-38/Mk

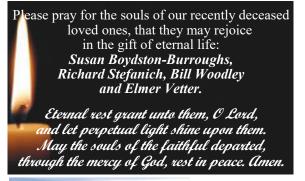
1:7-11 or Is 55:1-11/Is 12:2-3, 4bcd, 5-6 [3)]/1 Jn 5:1-9/Mk

1:7-1

Your word is a lamp for my feet, a light for my path. - Psalm 119:105







### **Prayer Line**

If you have a prayer request for yourself or for someone else, call the prayer line at 303-953-7794 and leave your name, phone number and prayer intention (spelling all names for clarity) on the voice mail. Also, if you would like to join our ministry, please leave your name and phone number on the voice mail and Karen Smoody will contact you.

### **ADULT FAITH FORMATION**

### Come Join Us on Tuesday Evenings!!



The RCIA process is for anyone (adults, children, teens) who was baptized Catholic and never received their First Holy Communion or the Sacrament of Confirmation. It is also for our

brothers and sisters who were baptized in a different Christian faith and would like to be received into the Catholic Church and for those who were never baptized and would like to be baptized into the Catholic faith. We meet on Tuesday evenings at 6:30pm in the Frassati Room! For more information, please contact Deacon Chet at 303-953-7783.

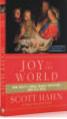
### What's In The Lighthouse Kiosk?



There are many new CDs and books in the kiosk.

In Joy to the World, Dr. Scott Hahn brings the first Noel to new light

through his thought-provoking combination of exciting story-telling and penetrating biblical insight. Christmas, as it appears in the New Testament, is the story of a father, a mother, and a child, their relationships, their interactions, their principles, their individual lives, and their life in common. To see the lives of this "earthly trinity" is to catch a first glimpse of heaven. Dr. Hahn shows Christmas to be the story of a family.





The Mystery of Christmas by Fr. Larry Richards. In this inspiring talk, renowned preacher and retreat master Fr. Larry Richards illuminates how the true joy of Christmas is found in the greatest gift ever given – the gift of Jesus Christ to the whole world. With humor, compassion, and clarity, Fr. Larry gets to the heart of the true meaning of Christmas and helps us to better appreciate the immensity of God's love for us as His children.

For more information about Lighthouse offerings, contact DeAnn at 303-953-7792.

### A Free Gift for You from St. Frances Cabrini!



Already have a FORMED Account? Follow these steps: 1) Visit FORMED.org, 2) Click SIGN IN, 3) Enter your email, 4) Click the link in your email, 5) You're in! No more passwords! (Remember, when you return to

FORMED, just click the sign in button.) Want to create a new FORMED account with your parish? Follow these steps: 1) Visit formed.org/signup 2) Select "St. Frances Cabrini" by entering name, city or zip, 3) Register with your name and email address, 4) Check that email account for a link to begin using FORMED.

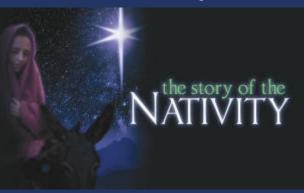
Baptism Classes
Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit and the door which gives access to the other sacraments. -ccc 1213

It is a requirement that parents attend a baptism class prior to the baptism of their child so they may be adequately prepared and understand the spiritual obligations. Godparents are welcome and encouraged to attend. Parents are also invited to register in the parish. We celebrate many baptisms in our community, so we recommend contacting us prior to the birth of your child. To register for the class or to schedule your child's baptism, call Deacon Chet at 303-953-7783.



"They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him **homage."** Matthew 2:10-11

### The Story of the Nativity: The Truth of Christmas



The story of the birth of Jesus is often misunderstood. But this fastpaced, thought-provoking look at the true story of the Nativity clears away widespread misunderstandings of Jesus' origin. Join top scholars, inspirational speakers, and popular authors as they explain the story behind the story of the birth of Jesus. The Story of the Nativity also includes stunning works of art depicting the biblical story, from Fra Angelico to Rembrandt, and footage from the Holy Land showing the places where the Christmas story actually took place. Explore the true story of Mary and Joseph, Jesus's miraculous conception, the birth of John the Baptist, the journey of Mary and Joseph to Bethlehem, the Star of Bethlehem, and the birth of Jesus. This is an invaluable tool for believer and unbeliever alike to learn more about Jesus of Nazareth and about the truth of Christmas.

Discover the many offerings (movies, documentaries, studies, talks, fiction and nonfiction books and more) on Formed for yourself! Go to www.sfcparish.formed.org today and register for free!

### **Adult Sacred Scripture and Formation Classes!**

When I found your words, I devoured them; your words were my joy, the happiness of my heart... Jer 15:16

Numerous Sacred Scripture and formation studies are starting in January and both in-person and virtual options are being offered. Each of the studies can also be done on your own as a home-study. Please join us and register by this Monday, January 4th!

- \* Receiving and Extending God's Mercy; Mondays at 6:30pm (in-person or personal study)
- \* Letter to the Hebrews; Tuesdays at 7pm (in-person or personal study)
- \* St. Paul's Letter to the Romans; Wednesdays at 9:45am (zoom or personal study)
- \* The Mass with Bishop Barron; Thursdays at 9:45am (in-person, via zoom or personal study)
- \* The Prophets; Wednesdays at 4pm (in-person, via zoom or personal study)

Visit sfcparish.org/adult for more details and to register for in-person, virtual (zoom) or to do the study on your own. For registration assistance, to request a scholarship or any other questions, please contact DeAnn at dlarson@sfcparish.org.

**Please Note:** Workbook orders are placed promptly at the close of registration to ensure the materials arrive by the first class. Subsequent orders cost more for shipping and, for this reason, we will do our best to accommodate late registrations, but will ask those registering after the deadline to order their own workbook. Thank you!

### RESPECT LIFE

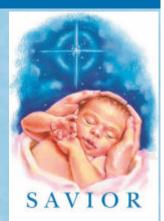
### **Resolution for the New Year**



Jesus was born into a harsh world, where Herod was doing the unthinkable: killing babies. Is there any doubt that our world today needs Jesus to come and dwell among us?

As a new year begins, let us resolve to be a more effective and dedicated instrument of Jesus. Let us do more to promote love and peace. Let us do more to help moms turn the unplanned into a loving plan that embraces innocent life.

Let us do more to change our culture of death.



### **Christmas Octave**

We've heard the word *Incarnation* every year. What does it mean? **Incarnation** literally **means** embodied in flesh or taking on flesh. It refers to the conception and birth of God, the second Person of the Trinity, a spiritual, body-less entity become fully human. Fully God and fully human all at the same moment. Why? To save us, you and me, from sin and death and to live with Him for eternity in heaven. Jesus came to bring us *life*. "I came so that they might have life and have it more abundantly." (John 10:10)

By the love in our hearts, words and actions, we essentially "choose" either heaven or hell. Living for Jesus and imitating Him helps keep us on the road to salvation. Being nice is not enough. Being good is not enough. We can never get to the point where we earn salvation. Salvation is a gift that comes from God through Jesus. Jesus taught us how to care for others, especially the vulnerable. He taught us how to love sacrificially.

Abortion is not love. It is not loving this child in your womb enough to bring him or her to life. It is not loving God above all earthly vanities or inconveniences. It is the opposite of love. Unplanned pregnancies, either through rape, incest or other means, should not mean it's the end of life as you know it. The options open today to young couples, single women or abandoned and abused girls are unlimited for help, aid and assistance. You can turn to any Catholic Church and ask for help. There are adoption agencies out there that would love to give your child a very deserved and loving home.

There is no peace, life or, most importantly, love, in helping with or having an abortion. It might seem like a good, quick solution to a problem or unplanned pregnancy. But as long as there are thousands of carefully investigated couples waiting eagerly to adopt a child, it will never be the loving option. Ending life prematurely can never be God's will. It can never be a good or loving option, regardless of the reason. If we truly believe the Holy Family did not have Its share of difficulties early on, then we're fooling ourselves. Read no more. But if you understand the Blessed Mother puzzling over how this pregnancy was to occur and Joseph, her betrothed (married but not yet living together) husband, pondering how to lovingly and quietly divorce his wife, and then after Jesus was born, having to uproot them all immediately and escape to a foreign country for safety and completely start over again - to find work, to provide a loving home for his family and to build new friendships, then you understand. The unexpected happens to everyone at one time or another. It is in looking to the Holy Family in every crisis situation to see how they dealt with it, that we can imitate their "yes" to God's will.

If you are in a crisis pregnancy, please contact Bella Health & Wellness at 303-789-4968.

If you are in need of counseling related to post-abortion syndrome, please contact 888-456-HOPE (4673) or email projectrachel@ccdenver.org.

### CHILDREN'S FAITH FORMATION

### **Christmas Break Coming to an End**



There have been <u>no</u> classes (both in-person & online) since Mon., Dec. 21st. C.F.F. Classes (in-person & online) for 1st - 5th grade and 6th grade Foundations (in-person) will resume the week of Jan. 11th - 13th, 2021.

Children's Liturgy of the Word (CLOW) will resume *next* Sun., Jan. 10th, 2021, at the 9:15am Mass.

Have a joyous and peace-filled Christmas season!

# 3rd Year Sacrament Prep Parent & Sponsor Meeting #2 - Change in Format, Date & Time!

Third Year parents and sponsors are invited to our 2nd Sacrament Prep Parent & Sponsor meeting on **Thurs.**, **Jan. 14th**, **at 6pm**. This meeting will be **held online**, over Zoom, and a link will be emailed to families the week of January 11th. We look forward to seeing all our 3rd Year parents and sponsors at this meeting! If you have any questions please call Kristen in the C.F.F. Office at 303-953-7775.

# Martin Luther King Jr. Day - Office Closed

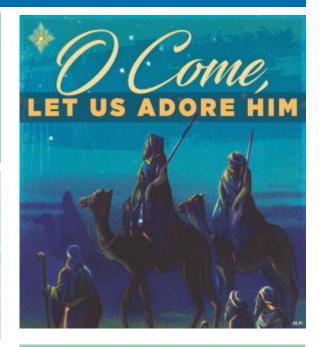
Due to the observance of the Martin Luther King Jr. holiday, there will be **no** Children's Faith Formation classes (both in-person and online) or 6th grade Foundations on **Mon., Jan. 18th**. All in-person and online C.F.F. classes for grades 1st – 5th will meet, as scheduled, on Tues., Jan. 19th, and Wed., Jan. 20th. Please contact the C.F.F. office at 303-953-7786 with any questions.

# 2nd Year Sacrament Prep Parents - Change in Format, Date & Time!

Our <u>final</u> parent meeting for the Sacrament of Reconciliation will be held online, over Zoom, on Thurs., Jan. 28th, at 6pm. A link will be emailed to families the week of January 25th. We look forward to seeing all our 2ndYear parents as we share details regarding your child's First Reconciliation and the First Reconciliation Retreat coming up on Sat., Feb. 27th. If you have any questions please call Kristen in the C.F.F. Office at 303-953-7775.

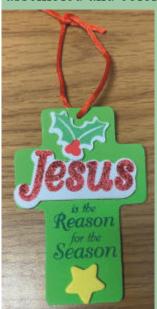
To all our devoted volunteers who serve so faithfully each week in our Children's Faith Formation Ministry, we want to extend to you all many blessings and much peace and joy this Christmas season! Please know that we are forever grateful for each one of you and hold you in our hearts and prayers always!!

Love and Peace,
Kristen, Kris And Janet



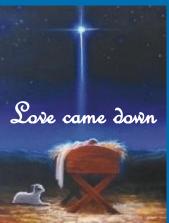
# Formation Moves the Heart!

A significant part of a sacrament prep year is helping to bring the teachings of Jesus from the head to the heart! Thank you to our 3rd Year Sacrament Prep students for their desire to reach out to the seniors in our parish community this Christmas season and let them know they are being thought of and prayed for in their classes! Third Year students assembled and colored Christmas



tree ornaments and bookmarks of Saints that were included with handwritten letters from our parishioners. May our seniors know the love of their parish community as we all long to be back together in God's House very soon!

### TEEN/YOUNG ADULT MINISTRY



Thank you to all of our teens, parents, families, and Core Team for a phenomenal end to 2020 at Cabrini Youth!

We are continually filled with immense gratitude for the continued prayers and support for this ministry from our parish community.

As always, Cabrini Youth will take a break from regularly scheduled ministry to celebrate Christmas and New Years with all of our families. EDGE, our Middle School Youth Group, will restart with our Kick-Off on January 21st from 7-8:30pm in the Parish Halls and Frassati Room. Our High School Cabrini Youth will begin on January 24th with Frassati and Little Flowers hosting Mens and Ladies Nights from 7-8:30pm in the Parish Halls. Due to current restrictions, we have made a few adjustments for our High School Spring 2021 Calendar. Unfortunately, we will no longer be attending the March for Life in Washington, DC, nor hosting the Aux Night on January 17th. It is our desire to return to these events in future years!

### COMMUNITY LIFE MINISTRY

Here is an easy way to share encouraging messages with your Family!

Display a white plate in the center of your kitchen counter. Using a dry erase marker, write an encouraging message or quote on the plate. Every morning when the family comes to eat breakfast, get a cup of coffee, or spew their complaint of the day, they will have to read the plate first. It is a great conversation starter or way to have an attitude adjustment. You can change the message weekly or as often as you like. The messages can range from Scripture quotes, Saint (Mother Teresa) quotes, famous quotes to the simple uplifting words of Winnie the Pooh. This week's message example is from page 12 of Mother Teresa's book, *Do Something Beautiful for God.* "Spread love everywhere you go.



Let no one come to you without leaving happier."

- Mother Teresa

# Magnificat Moms: A St. Frances Cabrini Catholic Moms Group



Happy New Year! We hope you are enjoying a blessed season! Now that the holiday rush has subsided a bit, set aside some time for yourself to visit with other moms who understand what an amazing, and sometimes challenging, vocation

motherhood is!

SFC's Magnificat Moms is a group of women who desire to grow in holiness and friendship as we explore our Catholic Faith together. Our group is made up of moms of all kindsmoms who work outside the home, stay-at-home moms, moms with babies and moms with school-age kiddos. There is a place for you!

The group meets twice a month and will be meeting remotely through mid-January. Our next meeting is Thurs., Jan. 7th, from 9:45-11:45am via Zoom. Tune in to hear an important and timely talk from Kateri Joda Williams from the Archdiocese of Denver's Office of Black Catholic Ministry. She will give a brief history of the contributions of our black brothers and sisters in Christ; discuss racism; and suggest resources for faithfully approaching this topic with our children. You don't want to miss this presentation!

Join our community on Facebook, Instagram or email for encouragement, connections and resources for moms. Future meeting dates (9:45-11:45am): 1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/8, 4/22, 5/6 and 5/20. We look forward to connecting with you soon! You and your families are in our prayers!

Thanks, Theresa & Rachel

Facebook: Magnificat Moms Group St. Frances Cabrini; Instagram: cabrinimagmoms Email: CabriniMagMoms@gmail.com

### **Support Groups**

Groups are welcoming and offer support, prayer and fellowship to those in need. If you have general questions, please call 303-953-7765.

**Abortion Healing/Forgiveness:** Caring, confidential group. Open to anyone who has had or been affected by an abortion. Call Lori at 303-904-7414.

**Adoptive Families:** Looking for support, fellowship & education in a faith-filled atmosphere? Contact Teresa at 720-988-7847 or gogotree@q.com for more information.

**Alcoholics Anonymous:** For more info, call Eddie at 303-917-8992.

**Al-Anon:** Meetings: Fri., 9-10:30am via Zoom. Adults only. Contact Karen at 303-953-7765 for the Zoom invite.

**Counseling Referrals:** Our Parish has a number of counselors we refer to for a wide range of issues. For a referral, call Karen at 303-953-7765.

**Sexual Purity:** Join a group of men who are finding hope, healing and freedom from their sexual sin through Christ. For more information, call 303-587-6239.





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