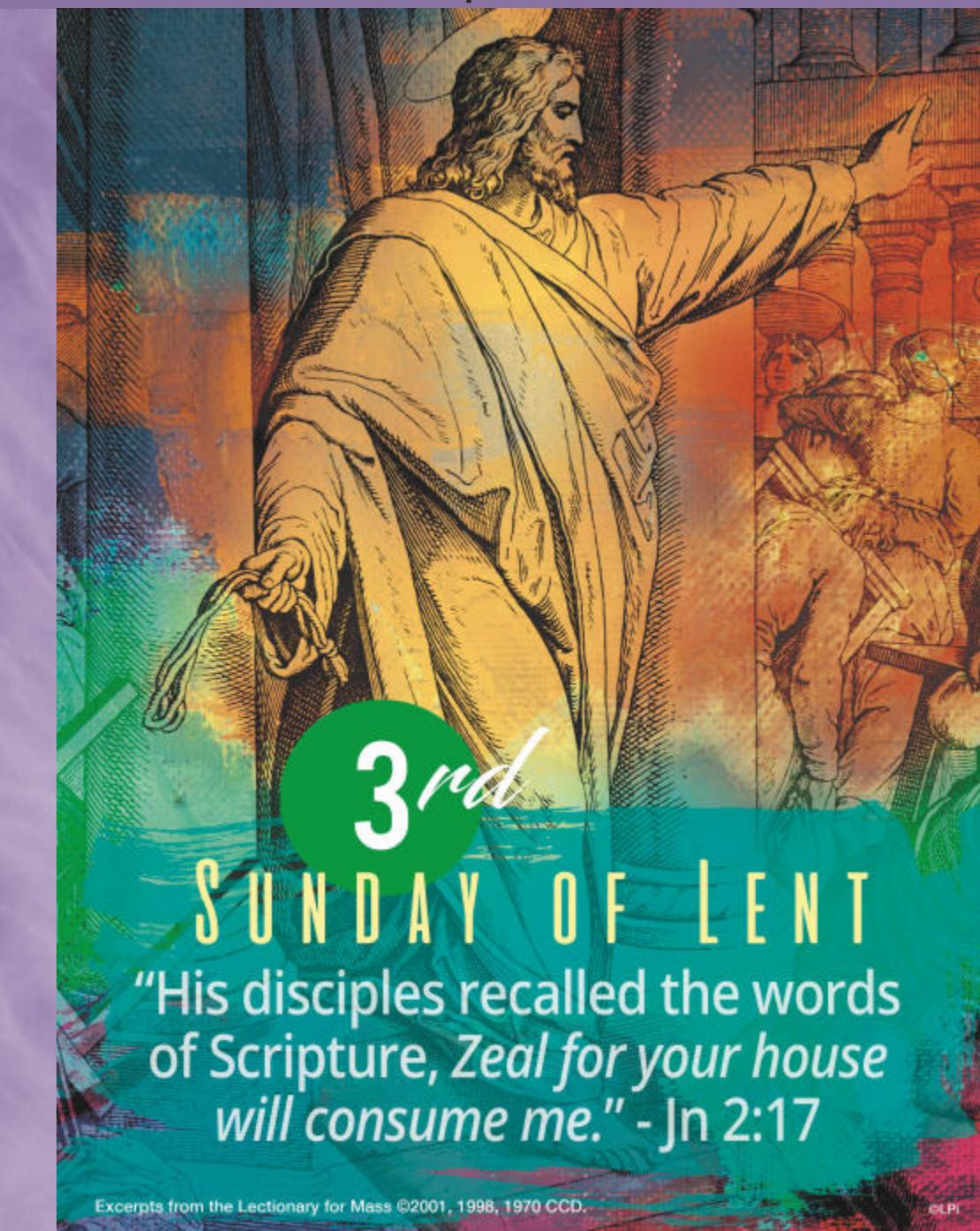


St. Frances Cabrini

March 7, 2021 | Third Sunday of Lent



PARISH OFFICE

6673 West Chatfield Avenue • Littleton, CO 80128
www.sfcparish.org

303-979-7688 Parish Office
Open: Monday-Friday, 8:30am-5:00pm
(closed 12:00 noon-1:00pm daily)

303-979-7688 Voice mail access after 5:00pm
303-953-7777 Youth Office (Jr. & Sr. High, Young Adult)

303-972-8566 Fax Line

303-979-7688 SACRAMENTAL EMERGENCIES
24 hrs/day

303-953-7770 Weather/Emergency Hotline
(for schedule changes due to inclement weather/emergency situations)

Pastor

Rev. John Paul Leyba

Parochial Vicars

Rev. Israel Gonsalves, O.C.D.
Rev. Ron Sequeira, O.C.D.

Deacons

Rev. Mr. Chet Ubowski
Rev. Mr. Marc Nestorick
Rev. Mr. Brian Kerby
Rev. Mr. Paul Grimm (retired)
Rev. Mr. Witold Engel (retired)

SACRAMENTAL INFORMATION

Infant Baptism: Please contact Deacon Chet at 303-953-7783.

Marriage Preparation: Please contact Trudy at 303-953-7769 at least 9-12 months prior to your wedding to make arrangements.

RCIA: Interested in becoming Catholic or questions about the faith? Call Deacon Chet at 303-953-7783.

Care of the Sick / Dying: Please call if someone is ill or hospitalized and would like the Sacrament for the Anointing of the Sick. *In case of death, call the Parish Office immediately.*

Home Communion: Visits may be scheduled through the Parish Office.

ADORATION is back in the Chapel

Monday-Thursday: 1-7 pm, Friday: 1-6pm

Come, spend some time with Jesus!

(Note: distancing rules apply - maximum 6 people)



Meditating on the Gospel

Third Sunday of Lent

Many prefer a “create as you go” approach to life where laws and protocols primarily exist to secure and protect liberties rather than dictate and outline proper and right behavior. There are no real benchmarks for acceptable ethical and moral behavior, with a “you can’t tell me what to do” attitude prevailing. Parents are even limited in what they can request of their children, and dealing with threatening behaviors, especially from adults, are a challenge as well. Acceptable and expected conduct seems to amount to safeguarding each other’s space rather than increasing awareness of necessary relationships that require a more refined and higher response.

We have lost our axis to the world of “anything goes” and no longer see the Ten Commandments as practical and wise guideposts to effective living. We live on “relativism island” where only a possible suggestion to “love and do not harm” may be the only standard able to be preached. While Jesus most certainly emphasized love above anything else, it was never about warm fuzzy feelings or halfhearted humanitarian efforts. The love of which Jesus spoke establishes an intimate connection with God, neighbor, self, and creation. Because this love, who is God Himself, is at the foundational core of our lives, it demands actions and attitudes that serve to build up, increase, and free up those relationships. Love requires proper conduct. Preserving and enhancing these love centered relationships is at the heart of the Ten Commandments (and the Beatitudes) and the reason for Jesus’ display of anger in the temple.

The Ten Commandments can save the world from turmoil and conflict by instilling basic moral and relational principles within us. They also hold a healthy sense of sin in balance and always remind us of our relationship with God and the freedom God offers. Our faith preserves these jewels of truth that we often look beyond, dismiss altogether, or seek to remove from public view. Human beings can be so arrogant at times. Our Lenten journey, especially when embarked upon with sincerity and resolve, can restore all of our essential relationships. When we get absorbed in life’s preoccupations and demands, things can quickly get distorted and we can find ourselves way off track. In short, we find ourselves in sin. Humanity is losing a sense of both grace and sin. We need both to understand what is real and true. Until we do, the oppressive systems and ideologies that hurt so many will never change. We will never change. We are grateful for those courageous souls who willingly embrace the conversion and hard work Lent demands and stand against antiquated systems and ideologies. They give us hope that all is not lost.

©LPI

All is
NOT LOST

MASS SCHEDULE

Weekend ...Saturday (Anticipatory) 4:15 pm;
Sunday 7:15, 9:15, 11:15am & 5:15pm

Weekday.....Monday-Friday 9:00 am;
Mon., Tues., Thurs., Fri. 6:30am

Thurs., 1pm for those 65+ and/or immunocompromised

First Saturday9:30am

Holy Day(Vigil) 5:30pm;
(Day) 9:00am & 7:00pm

SACRAMENT OF RECONCILIATION

Saturdays: 8-9:30am

Tuesdays: 6:30-7:30pm



**Mass for 65+ and for
Those Who Are
Immunocompromised**

Thursdays at 1:00pm in the Church

*We must pray without tiring,
for the salvation of mankind does not
depend on material success; nor on
sciences that cloud the intellect.
Neither does it depend on arms and
human industries, but on Jesus alone.*

- St. Frances Xavier Cabrini

Welcome to Our Parish!

*If you are a visitor and would like to join
our parish family, please pick up a
registration form in the gathering space,
visit the parish office during the week or you
may visit our website to register.*

*Our Parish Mission: To EMBRACE our
Faith, to NOURISH our formation as
Catholics and to SERVE in a community
filled with the Holy Spirit."*

**For daily reflections, masses and
liturgical videos, visit our website:**



WWW.SFCPARISH.ORG

**If you are not receiving the clergy's
daily Spiritual Encouragement
emails from the parish, and would
like to, you may sign up at
sfcparish.org/flocknote.**

SPECIAL ANNOUNCEMENTS

Ongoing Mass Guidelines

Whether you have been regularly attending Mass or if you have been sidelined by the pandemic or by choice, we are glad you are here. Our Lenten journey is upon us.

St. Frances Cabrini continues to maintain a rigorous schedule disinfecting of the church and meeting rooms after each use and the expectation that participants will wear masks and maintain physical distancing requirements continues. We continue to provide our overflow space where the Mass is simulcast so that we can accommodate more persons safely. Holy Communion is brought to the simulcast space so all may participate fully.

It remains important that you properly sign up at sfcparish.org for the following weekend Masses 4:15 anticipatory Mass on Saturday, and the 11:15am and 5:15pm Masses on Sunday. **Please do not come to church for these Masses without having signed up.** It is important that you arrive to Mass early to ensure you can safely access a place to sit in the church or in the hall. There is no longer a need to sign up to attend the 7:15am or 9:15am Masses on Sunday. As the vaccine rollout advances and the restrictions appear to be lifting slightly, we can expect to see an increase in Mass attendance. In a spirit of compliance with local governance and out of an abundance of caution and Christian charity, masks should be worn at all times, while entering, exiting and sitting in the church, as well as going forward and returning from Holy Communion.

Please continue to pray for a timely end to the virus threat and for a full resumption of the life of the Church, especially here at St. Frances Cabrini. May God bless you all! - Deacon Chet

The Prayer Wall

This year the focus of the entire prayer wall, all three banners, is based on the Archbishop's Lenten Pastoral Note to the Faithful of the Archdiocese of Denver. Many of you have received this note in your email. If you have not read it, you can find it on Archden.org. It is addressed to all of us.

This is a continuation of last week's discussion on the Kerygma. Below is a quote from Pope Francis' book *The Joy of the Gospel*, page 164. He is stressing the priority of returning to heralding or proclaiming the primary message of the Kerygma.

"We have rediscovered the fundamental role of the first announcement or kerygma, which needs to be the center of all evangelizing activity and all efforts at Church renewal. The kerygma is Trinitarian. The fire of the Spirit is given in the form of tongues and leads us to believe in Jesus Christ who, by His death and resurrection, reveals and communicated to us the Father's infinite mercy..... the first proclamation must ring out over and over: Jesus Christ loves you; He gave his life to save you; and now he is living at your side every day to enlighten, strengthen and free you."

All are invited to honestly answer the question, "Who is God, to you?" by writing directly on the vinyl. Get the WHOLE family involved this Lent by stopping by The Prayer Wall today. If you have any questions or concerns email klotspeich@sfcparish.org

Knights of Columbus Lenten Fish Fry Dinner

The Knights of Columbus will be serving a Fish Fry Dinner from 5-7pm each Friday during Lent through March 26th. The meal will be carry-out only and will include cole slaw, fried fish with French fries or baked fish with rice pilaf. The cost of the dinner will be \$10.00 for ages 5 and up, kids under 5 are free. Orders will only be taken at the door. *Desserts are extra and will be served by the Ladies of Charity.*



Knights of Columbus

All men of the Parish are invited to join the Knights of Columbus at Cabrini. Please visit <https://www.kofc.org/secure/en/join/join-the-knights.html> to sign up.

Mark Your Calendar:

Lenten Confessions

Thurs., March 11th,
6:30pm

Extra Priests will be available for Confession



STATIONS OF THE CROSS
FRIDAYS AT 7:00PM



March 12*, 19, 26
April 2 at 3pm (Good Friday)

*Deacon Brian invites you to join us, on Fri., March 12th, 7-8pm, for Adoration of the Blessed Sacrament and to enjoy an original musical composition, entitled "Stations of the Cross: A Musical Pilgrimage," composed by one of our parishioners.

It is our sincere hope that attending this Adoration service and participating in this musical Stations of the Cross pilgrimage will greatly enrich your Lenten experience.

FAITH DIRECT

St. Frances Cabrini Parish continues to depend on your donations to continue our ministry.

We prayerfully invite you to sign up for eGiving from your computer, smartphone or tablet and set up a recurring donation or make a one-time gift.

Sign up today by visiting sfcparish.org/give or text "enroll" to 720-713-3309.

Thank you for your continued generous support of our parish family!

OUTREACH & ASSISTANCE

March Mercy in Motion - Give Drink to the Thirsty



The annual *Shower of Love* for Birthline Inc. of Colorado (a loving and caring pregnancy help center) and Gabriel House (a network of Catholic parishes who provide much-needed supplies to mothers and families with young children) and Mary's Home of Hope (provides for women with children, pregnant women and single women a more permanent home that provides faith, prayer and hope) will take place on Sat., March 13th, and Sun., March 14th, at all Masses. Please bring unwrapped gifts such as formula and bottles (*Drink to the Thirsty* items) along with items such as diapers (all sizes including pull-ups), baby wash, shampoo, diaper rash ointments, socks, onesies and sleepers. Newborn outfits for boys and girls are needed up to size 3T. Monetary gifts are always welcome. Please make checks payable to *Birthline*. Gently used baby clothes are needed as well. If you have any questions, please contact Karen L at klot speich@sfcparish.org.

The Delores Project and Saint Frances Cabrini Outreach in Action



The Delores Project is an overnight shelter housing adult women who might otherwise have to sleep on the street or in circumstances that put them at great risk. Women seeking shelter at *The Delores Project* are offered a safe, comfortable place to stay while seeking more permanent housing. Saint Frances Cabrini parish is looking for volunteers to help *provide* food for an evening meal for the Delores Household on **Tues., March 16th**. Food should be delivered by 5pm to the St. Frances Cabrini Community House. If you have any questions or if you would like to **sign up to bring either meat loaf, mashed potatoes, green beans or cookies (enough for 10)**, please call Karen at 303-953-7765.



Cabrini Loving Hands

The next gathering will be **Sat., March 13th (date change)**. The Loving Hands Knitting and Crocheting group meets once a month (Jan.-Nov.) on Saturday between 10am-3pm in Parish Halls B & C. Join us if you would like to learn to knit or crochet or to share your talents and socialize as we make a variety of items for those in need. Contact Karen S at 303-588-0461 for more information on this ministry.



Cabrini Piecemakers Quilt Group

Sat., March 20th, 9:30am-3pm, Frassati Room
Fri., April 10th, 9:30-2pm Parish Hall

We invite new members to join us! When attending a meeting, please wear a mask at all times and be prepared to socially distance at the tables that will be set up in that manner. Bring a lunch if you plan to stay all day. For more information, please contact Karen at klot speich@sfcparish.org.



Cabrini Rosary Makers

The rosary belongs among the finest and most praiseworthy traditions of Christian contemplation. - Rosarium Virginis Mariae by St. Pope JPII

Please stop by Parish Halls B & C on **Tues. April 6th, any time between 9:30-11:30am** to replenish your supplies and drop off rosaries for distribution and stay if you would like. We will be praying the Rosary. The set-up has been changed to round tables with 3 to a table spread out between 2 rooms. You are welcome to stay if you are comfortable with the physical distancing. Remember to wear your mask. For more information, please call Teresa at 303-988-6517, Loretta at 720-981-5114 or Sandy at 303-932-1501.



Cabrini's Cupboard

Give us this day our daily bread...

Cabrini's Cupboard has continued to serve many families in need throughout the COVID-19 pandemic. Your faithful support of families in need has been absolutely outstanding! Over the last couple of weeks, your donations of toothpaste, shampoo, conditioner, bar soap, deodorant, toilet paper, diapers and wipes have been very much appreciated.



We have been able to stock the shelves with 60 boxes from the "Share the Love" food drive. Many thanks to all the volunteers who collected and packed boxes.

Current needs: fruit, peanut butter, jelly, cereal, hamburger helper, spaghetti sauce, shelf stable milk, size 5/6 diapers and wipes.

Please be sure to double check expiration dates, as we are not able to shelve or distribute expired food. Please keep the clients of Cabrini's Cupboard in your prayers! Thank you!!

Thank you for your continued support and generosity!

WORSHIP MINISTRY



Act of Spiritual Communion

My Jesus,
I believe that You are present
in the Most Holy Sacrament.
I love You above all things, and
I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally, come
at least spiritually into my heart.
I embrace You as if You were
already there and unite myself
wholly to You.
Never permit me to be separated
from You. Amen.

Healing Masses at St. Frances Cabrini

The next Healing Mass will be on Mon., March 8th, 7pm.
God is always with us to heal us and comfort us in our sufferings. These Masses are special opportunities to invite the Holy Spirit to touch you deeply and heal those emotional, physical or spiritual places that are in need of God's healing graces. Please join us to praise God and be open to how He wishes to work in our lives as we humbly come before Him, who is rich in mercy. If you have any questions, please contact Fr. Israel at frisrael@sfcparish.org.

Weekly Vocation Prayer Intentions

- Sunday: Seminarians in their 2nd Theology and 1st Theology years
Monday: 2nd Philosophy and 1st Philosophy
Tuesday: Spirituality Year and Itinerary
Wednesday: College Sophomores and Freshmen
Thursday: Vocations Ministry
Friday: Applicants and Prospective Seminarians
Saturday: 4th Theology and 3rd Theology

Holy Father's March Prayer Intention:

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



Deacon Brian, with the Intercessors of the Trinity, has been live streaming every Tuesday from 7-8:30 pm. They are able to take your prayer requests and pray live with you. You can connect at their website: IntercessorsoftheTrinity.org.

Readings for the Week of March 7, 2021

- Sunday: Ex 20:1-17/Ps 19:8-11 [Jn 6:68c]/1 Cor 1:22-25/Jn 2:13-25 or Ex 17:3-7/Ps 95:1-2, 6-9 [8]/Rom 5:1-2, 5-8/Jn 4:5-42
2 Kgs 5:1-15ab/Ps 42:2-3; 43:3-4 [cf 42:3]/Lk 4:24-30
Dn 3:25, 34-43/Ps 25:4-5ab, 6 & 7bc, 8-9 [6a]/Mt 18:21-35
Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20]/Mt 5:17-19
Jer 7:23-28/Ps 95:1-2, 6-9 [8]/Lk 11:14-23
Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 & 17 [cf. 11 & 9a]/Mk 12:28-34
Hos 6:1-6/Ps 51:3-4, 18-21ab [cf. Hos 6:6]/Lk 18:9-14
2 Chr 36:14-16, 19-23/Ps 137:1-6 [6ab]/Eph 2:4-10/Jn 3:14-21 or 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4m 5, 6 [1]/Eph 5:8-14/Jn 9:1-41

Mass Intentions for the Week

Monday	March 8
6:30A	Souls in Purgatory†
9:00A	Peter Giancaterino†
Tuesday	March 9
6:30A	Elpido Macamus†
9:00A	Derek Buschmann - SI
	Emma Buschmann - SI
Wednesday	March 10
9:00A	Jim Keller†
Thursday	March 11
6:30A	Rosemary Tikka†
9:00A	Phil Criste - SI
	RoseMarie O'Connor†
Friday	March 12
6:30A	Gene Tanski†
9:00A	Chris Quintana†
Saturday	March 13
4:15P	Deceased Members of Geoffroy Family†
Sunday	March 14
7:15A	Angela Fitterer†
9:15A	Sister Ellen†
11:15A	Abby Buschmann - SI
	Parishioners

Please pray for the souls of our recently deceased loved ones, that they may rejoice in the gift of eternal life: *Tony Malara, Rosemary Tikka, Jean Scarimbolo, Lisa Mulholland, Joe Lucero, Rebecca Escher and Rose Moniak.*

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Prayer Line

If you have a prayer request for yourself or for someone else, call the prayer line at 303-953-7794 and leave your name, phone number and prayer intention (spelling all names for clarity) on the voice mail. Also, if you would like to join our ministry, please leave your name and phone number on the voice mail and Karen Smoody will contact you.

Monthly Stewardship

A heartfelt THANK YOU for your continued support and generosity! Your contributions support the continuation of the Parish mission and ministries.

February Offertory Envelopes\$101,655.15
February Online Giving\$92,730.25
Total February (4 weeks)\$194,385.40
Ash Wednesday Collection for Central & Eastern Europe\$4,780.00

If you are not a registered parishioner, we are not able to track your contributions.

We Need You!

We are all called to be active in our church community. It is through the participation of the parish community that our parish continues to be vibrant.

We invite you to prayerfully consider being an:

- Altar Server (young men and women in 4th through 12th grade)
- Lector
- Usher

If you are willing to serve our community in one of these roles, please email Deacon Marc at dcnmarc@sfcparish.org or call at 303-667-2428.

Training for new lectors will be on Mon., March 15th, from 7-8pm.

The training will be held in the church and will utilize COVID prevention strategies. Please be sure to wear a mask.

Our faith life is not a spectator sport. We are all called for active engagement in our church and greater community. We look forward to your help in one of these crucial ministries.

ADULT FAITH FORMATION



Prayer Request

Please continue to pray for our 21 RCIA participants preparing for full initiation into the Church. They have been praying and studying for months and are nearing their reception of Sacraments. They need the prayers of our Community to fortify them on the journey and to protect them from spiritual attack.

Our Catechumens: Wesley Barber, David Fatovic, Louis Long, Natasha Nowicki and Ariana Reyes

Our Candidates: Will Arthur, Chad Bakken, Donald Bozarth, Michelle Chambers, Vincent Conrad, Donald Drevlo, Jordan Jara, Dustin Korth, Ellie Long, Caitlan Maldonado, Ryker Martin, Gabriel Prado, Jack Ryckman, Bernard Sebastian, Owen Taylor and Joey Tonelli.

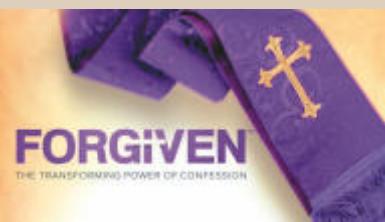
A Free Gift for You from St. Frances Cabrini!



Already have a FORMED Account? Follow these steps:
1) Visit FORMED.org, 2) Click SIGN IN, 3) Enter your email, 4) Click the link in your email, 5) You're in! No more passwords! (Remember, when you return to FORMED, just click the sign in button.)

Want to create a new FORMED account with your parish? Follow these steps: 1) Visit formed.org/signup 2) Select "St. Frances Cabrini" by entering name, city or zip, 3) Register with your name and email address, 4) Check that email account for a link to begin using FORMED.

What's on FORMED.org?



Forgiven: The Transforming Power of Confession, explores the grace and healing offered in Confession and shows how this sacrament of mercy reveals the depth and bounty of God's love. By looking at God's revelation of his mercy in Scripture and making a step-by-step examination of the Rite itself, Forgiven communicates God's invitation to each one of us to come

experience his indescribable love in the Sacrament of Reconciliation.

Session 1: Where Are You? - Have you ever felt lost and alone, isolated in guilt? Like the Prodigal Son among the pigs, we know that we have sinned. But God won't leave us there—he searches for us and runs to welcome us home in the Sacrament of Reconciliation.

Session 2: An Encounter with Mercy - We are not defined by our mistakes. In Confession, Jesus invites us to encounter his mercy and be healed by his love. When he tells us "Go and sin no more," he also gives us the grace to do so.

Session 3: Embraced in Mercy: the Rite Explained - Whether you go to Confession regularly or a decade ago, this session guides you step-by-step through the deeper meaning of every aspect of the Rite—what it is, why we do it, and how it impacts your life.

There are also sessions on **The Biblical Foundations, Answering Common Questions, For Children: How to Make a Great Confession** and **For Parents: Preparing Your Child for First Confession**.

"It is most laudable in a married woman to be devout, but she must never forget that she is a housewife. And sometimes she must leave God at the altar to find Him in her housekeeping."

- St. Frances of Rome
Feast Day: March 9

Baptism Classes

Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit and the door which gives access to the other sacraments. -ccc 1213

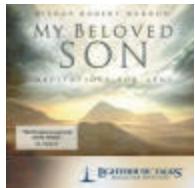
It is a requirement that parents attend a baptism class prior to the baptism of their child so they may be adequately prepared and understand the spiritual obligations. Godparents are welcome and encouraged to attend. Parents are also invited to register in the parish. We celebrate many baptisms in our community, so we recommend contacting us prior to the birth of your child. To register for the class or to schedule your child's baptism, call Deacon Chet at 303-953-7783.

What's In The Lighthouse Kiosk?



There are many new CDs and books in the kiosk. One of the CDs is **My Beloved Son: Meditations for Lent**. Bishop Robert Barron offers five sermons on the spiritual discipline we must cultivate in the Lenten season, a discipline centered in Christ. These meditations cover topics such as finding our identity in God, prayer as the key to mission, our thirst for God, how to end our alienation from God, and how to joyfully embrace the way of happiness.

For more information about Lighthouse offerings, contact DeAnn at 303-953-7792.





40 Days for Life A Note From an SFC Parishioner

I received this note this last week in response to an article I'd emailed my Respect Life Group about. I feel it should be shared with the parish at large. I quickly asked and received the writer's permission and - with a little tweaking to keep her info private - she graciously granted it. I'll call her "Twila," just because I like the name. - Karen M.

Dear Karen,

I just want to give you a quick THANK YOU for always including me in your emails for Pro-Life!

I often fail to respond and seldom actually 'attend' the events you notify us of, but please 'know' I do read them and keep up with you and your team in their actions and then constantly pray for you and yours. I admire you and your energy, conviction and courage. You're one in a million and am proud to be associated with you and your ministry; even though it's on the periphery!

As you've no doubt figured out by now – my charism is not community. Why? I don't know; but you, among others, have witnessed this fact concerning me over the years at Cabrini during my efforts to join in. It has taken me years to realize my vocation is not to be 'with others' in ministry as I praise and honor God and that this is OK! It's through you and your continued emails that helped me see this and gave me the courage to do what He is specifically calling me to do as it weighs heavy on my heart – ProLife!

Yes, I've attended March for Life marches at the Capitol; over the years – and yes I've prayed 100s of rosaries to end abortion; over the years ... yes, I've donated heavily to Pro-Life causes; over the years. But, when it came to actually 'doing' something... well, I always seemed to be already committed to something else when you'd send requests to attend anything more "up-close and in person." This bothered me because I was constantly being asked/prodded while in prayer, to 'action'. I kept replying, "I will attend a ProLife event with Karen and her team the next time she asks." – then never would. This went on and on until I finally had a heart to heart with God about what it is about me that is keeping me from 'action' and why won't I get on a team anymore. I never quite got a clear answer to those questions but that is when I got an idea that I didn't have to be on a team – I could be a one-person team and that's OK too. God always seems to meet us wherever we are at, doesn't He! Maybe one day I'll be a 'team player' again, but until then I wanted you to know there is fruit of your labors – happening in this one person – but that one person is finally active – because of you!

I wasn't going to tell anyone about this because I felt this was just a "God and me" thing, but thought I should tell you – so you know your efforts are spreading... not in a big way here because it's just me – but in a "little way," as Mother Teresa would say!

I discovered about a year ago, quite by accident, that there is a tiny PP center very close by. It's very small and low key, with no sidewalks around it - just the street. As I 'scouted' this building I discovered signs, posted every 15 feet or so, on the building all the way around it, stating laws against protesting, etc.- you know the ones! The fact that they are all around the building with no sidewalks was an obvious statement that gave me an idea. If I can't walk around it 'safely', then I'll ride my bike around it! So, I ride my bike over to the building and just do laps in their parking lot while I say my rosary and litany. I cannot tell you what joy this brings me – so unexpected! This gal who could hardly breathe and walk at the same time in my forties feels like I could do a marathon when I leave that parking lot! [Editor's note: It always feels good to do good.]

Admittedly, sometimes I start to cry as I consider what is going on behind those cinderblock walls – but this 'action' has given me wings. While saying my rosary, pumping along in the parking lot, I saw a picture in my head of what I would imagine is one of the rooms inside the building, during an abortion. I saw a young mother – alone except for the abortionist and an assistant. During the abortion I also saw the guardian angels for each person there. Their collective sadness was profound – absolutely heartbreaking. The mother's guardian was by her head watching and the other two were still with their heads bowed, but the guardian angel for the baby was openly sobbing – she had no one to guard as she took the baby back to heaven. That vision overwhelms me every time I recall it and gives me the conviction that I'm on the right track. Every soul in that room was so profoundly wounded and I prayed for them all. And now, that is my perpetually focused prayer.

But then I stopped going, probably because of the election ...and fear, I'm ashamed to admit. Then I would receive another one of your emails and I would be reconvicted and I **will** continue my personal journey of doing laps around that PP building – praying and praying...

God Bless you and ALL you do in your very special ministry; you and yours are always in my prayers!
Sincerely, "Twila"

If you would like to receive the referenced pro-life emails, please contact Karen M at kmandolfo1@gmail.com.

CHILDREN'S FAITH FORMATION



Children's
Faith Formation

2nd Year First Reconciliations - March 6th & March 13th

Please continue to hold our 2nd Year Sacrament Prep students in your prayers as they prepare to make (or just made) their first confessions on Sat., March 6th and Sat., March 13th.

May God's healing love be felt by these young souls, and may this be the beginning of a beautiful journey of encountering God's merciful grace through regular participation in the Sacrament of Reconciliation!



Children's Liturgy of the Word (3-6 year-olds) This Sunday!

Children's Liturgy of the Word (CLOW) is a program in which the Sunday Scripture readings are proclaimed and explained on a level appropriate to younger children. CLOW continues this Sun., March 7th, and next March 14th, at the 9:15am Mass, for children ages 3 to 6. There is no registration for CLOW and we ask families to please check-in with our CLOW volunteers, in the Gathering Space, before Mass begins to receive a nametag for their child. We are looking forward to nourishing the souls of your young children in 2021 through this exciting ministry!

Volunteers Still Needed!

If you are interested in becoming a part of this new and exciting ministry, please contact Kristen at 303-953-7775 or kconrad@sfcparish.org. Curriculum and training are provided.

Foundations (6th Grade) Family Prayer Night - Moved to March 15th!

Our fourth and final Foundations Family Prayer Night has been moved to Mon., March 15th, from 6:30-8pm. We look forward to seeing our 6th grade students and their families for a night of prayerful reflection in preparation for Holy Week!

5 Finger Prayer

Thumb: The finger closest to you - pray for those close to you.

Pointer Finger: The finger that points the way - pray for those who teach, instruct and heal you.

Middle Finger: The tallest finger - pray for guidance for leaders and all who have authority.

Ring Finger: The weakest finger - Pray for help and strength for the weak, sick and suffering.

Pinkie: The smallest finger - Pray for yourself and your own needs.



TEEN/YOUNG ADULT MINISTRY

Prayer Request for Retreat This Weekend

Cabrini Nation: we ask that you remember all of our High School teens who are on retreat this weekend. We ask that their hearts will be open and docile to hear Jesus and respond graciously to His Divine Will. Likewise, please pray for all Youth Ministers, Core Team, CFM and Religious who will be serving and ministering to our teens this weekend that all may be the hands and feet of Christ. Please pray for radical conversions, vocations, and a greater indwelling of the Holy Spirit in all!



EDGE (7th & 8th Graders)

This week we are back with EDGE! 7th and 8th graders, you know the drill...meet us Thursday Night from 7-8:30pm in the Frassati Room & Parish Halls. There will be 10 Junior House Cup points awarded to the house that brings the most friends!



MIDDLE SCHOOL
MINISTRY
March 11, 7-8:30pm

Fasting
IS THE CHANGE OF
EVERY PART OF OUR LIFE,
BECAUSE THE SACRIFICE
OF THE FAST IS NOT
THE ABSTINENCE BUT
THE DISTANCING FROM SINS
ST. JOHN CHRYSOSTOM

COMMUNITY LIFE MINISTRY



Magnificat Moms: A St. Frances Cabrini Catholic Moms Group Next Meeting: March 18th, 9:45-11:45

Hello fellow mamas of Cabrini! Did you know that there is a group at Cabrini designed specifically for you? Magnificat Moms is a group of women who desire to grow in holiness and friendship as we explore our Catholic Faith together. Our group is made up of moms of all kinds - moms who work outside the home, stay-at-home moms, moms with babies and moms with school-age kiddos. There is definitely a place for you, too!

Mag Moms meets twice a month, offering both in-person and Zoom options, to listen to wonderful guest speakers, discuss our faith and help lift each other up through friendship and prayer. You can also join our community on Facebook, Instagram or email for encouragement, connections and resources for moms. We look forward to connecting with you soon! You and your families are in our prayers!

Future meeting dates (9:45-11:45am): 3/18, 4/8, 4/22, 5/6 and 5/20.

Facebook: *Magnificat Moms Group St. Frances Cabrini*;

Instagram: *cabriniimagmoms*

Email: *CabriniMagMoms@gmail.com*

Prayer:
Our weapon against the devil

Fasting:
Our weapon against the flesh

Almsgiving:
Our weapon against the world



The Power is in the Cross and Christ Crucified

S.F.C.
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This week the second reading, 1 Corinthians 1:22-25, is one of the most famous passages of Paul's letters. His message is simple yet powerful, Christ and Him crucified.

The population in this Greek metropolitan city range from very sophisticated intellectuals to the simple and poor. Many listening to Paul preach were Jews and Greeks. The Jews wanted Paul to perform a miracle to confirm the claims Paul was making about Christ. Rom 15:19 mentions Paul preaching the Gospel and performing miracles to verify the truth of his message. On the other hand, the Greeks wanted Paul to verify the Gospel message rationally through reason and philosophy. Paul chose not to use lofty words of wisdom or miracles to attract or impress. Instead, he went to the heart of the matter, Christ and Him crucified. The real power of Paul's preaching is not in the signs and wonders or great rhetoric, but it is in the central message and mystery itself. The power is in the Cross and Christ crucified.

(Reference Mass reading explained
Brant Pitre 3rd Sunday of Lent)

"For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength."

1 Corinthians 1:25



40 DAYS TO GRACE AND GLORY

The season of Lent is upon us. To help make this Lent a grace-filled and fruitful season, we invite you to journey with Dr. Tim Gray by signing up for FORMED Daily Lenten Reflections at formed.org/lent. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Sign up today for free by visiting formed.org/lent!

LENT
Pray + Fast + Give

Support Groups

Groups are welcoming and offer support, prayer and fellowship to those in need. If you have general questions, please call 303-953-7765.

Abortion Healing/Forgiveness: Caring, confidential group. Open to anyone who has had or been affected by an abortion. Call Lori at 303-904-7414.

Adoptive Families: Looking for support, fellowship & education in a faith-filled atmosphere? Contact Teresa at 720-988-7847 or gogotree@q.com for more information.

Alcoholics Anonymous: For more info, call Eddie at 303-917-8992.

Al-Anon: Meetings: Fri., 9-10:30am via Zoom. Adults only. Contact Karen at 303-953-7765 for the Zoom invite.

Counseling Referrals: Our Parish has a number of counselors we refer to for a wide range of issues. For a referral, call Karen at 303-953-7765.

Sexual Purity: Join a group of men who are finding hope, healing and freedom from their sexual sin through Christ. For more information, call 303-587-6239.

Return to the Merciful Love of the Father

Lenten Confessions at St. Frances Cabrini

Thursday, March 11th, 6:30pm

in the Church

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The Father never tires of forgiving us. - Pope Francis

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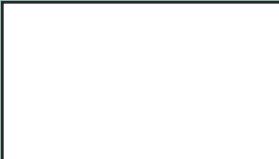
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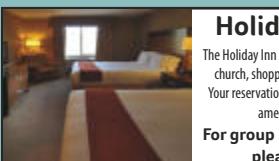
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