

January 16, 2022 | Second Sunday in Ordinary Time

# St. Frances Cabrini



## 2<sup>ND</sup> SUNDAY IN ORDINARY TIME

There was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." - Jn 2:1-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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### PARISH OFFICE

6673 West Chatfield Avenue • Littleton, CO 80128

[www.sfcparish.org](http://www.sfcparish.org)

303-979-7688 Parish Office

Open: Monday-Friday, 8:30am-5:00pm

(closed 12:00 noon-1:00pm daily)

303-979-7688 Voice mail access after 5:00pm

303-953-7778 Youth Office (Jr. & Sr. High, Young Adult)

303-972-8566 Fax Line

**303-979-7688 SACRAMENTAL EMERGENCIES**

**24 hrs/day**

303-953-7770 Weather/Emergency Hotline

(for schedule changes due to inclement weather/emergency situations)

### Pastor

Rev. John Paul Leyba

### Parochial Vicars

Rev. Jeevan D'Almeda, O.C.D.

Rev. Ron Sequeira, O.C.D.

### Deacons

Rev. Mr. Chet Ubowski

Rev. Mr. Marc Nestorick

Rev. Mr. Brian Kerby

Rev. Mr. Spencer Thornber

Rev. Mr. Paul Grimm (retired)

Rev. Mr. Witold Engel (retired)

# Welcome to Our Parish!

*We are glad you are here! If you are a visitor and would like to join our parish family, please pick up a registration form in the gathering space, visit the parish office during the week or you may visit our website to register.*

## **SACRAMENTAL INFORMATION**

**Infant Baptism:** Please contact Deacon Chet at 303-953-7783.

**Marriage Preparation:** Please contact Deacon Marc at 303-667-2428 or [deacon.nestorickm@archden.org](mailto:deacon.nestorickm@archden.org) at least 9-12 months prior to your wedding to make arrangements.

**RCIA:** Interested in becoming Catholic or questions about the faith? Call Deacon Chet at 303-953-7783.

**Care of the Sick / Dying:** Please call if someone is ill or hospitalized and would like the Sacrament for the Anointing of the Sick. *In case of death, call the Parish Office immediately.*

**Home Communion:** Visits may be scheduled through the Parish Office.

## **MASS SCHEDULE**

**Weekend** ...Saturday (Anticipatory) 4:15 pm;  
Sunday 7:15, 9:15, 11:15am & 5:15pm

**Weekday** .....Monday-Friday 9:00 am;  
Mon., Tues., Thurs., Fri. 6:30am

**First Saturday** ..... 10:00am

**Holy Day** .....(Vigil) 5:30pm;  
(Day) 9:00am & 7:00pm

## **SACRAMENT OF RECONCILIATION**

**Saturdays: 8-9:30am**

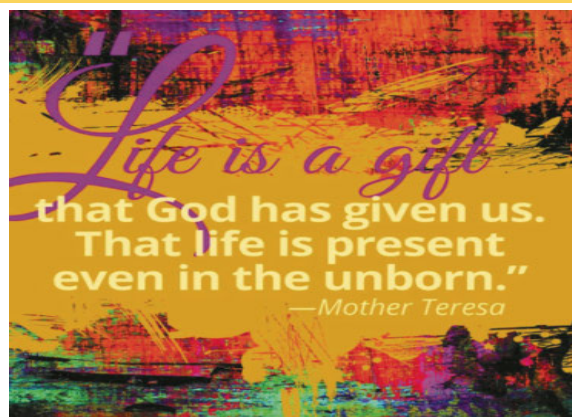
**Tuesdays: 6:30-7:30pm**

## *Meditating on the Gospel 2nd Sunday in Ordinary Time*

God delights in you. How do you feel when you hear that? Delight usually comes with an exuberant flow of joy that seemingly arises from one's toes with the expression of great glee. Reflecting upon the deep measure of joy God has in us can be a source of joy for ourselves. Delight is infectious. A very young brother and sister were playing on the beach when the all too familiar ice cream truck made its daily rounds. The boy shook with excitement and delight as he took his sister's hand and exclaimed, "The ice cream man is here, isn't it great!" As they ran off toward the truck, one could hear the girl reply, "Yeah, I can't wait!" The experience of a child's delight in something so simple as ice cream, lifts our spirits from our burdens and transports us to the lighter, more innocent side of life.

Life is not meant to be a burden. Believe it or not, God actually wants us to be happy! In fact, the wedding feast at Cana shows us that God even puts His blessing on our happiness. It is okay to celebrate the wonder of ourselves and others. Life is good. It is always interesting to note that Jesus saves the good wine until last. You would think it would be the other way around. The superb quality of Jesus' wine points to the superior quality of life we find in Christ. It is not a life of burdens but a life of wonder and delight! In Christ, we are lifted from the superficial and mundane to a life of purpose, hope, and love.

God is with us through the long haul, through the challenges and sorrows as well as the successes and accomplishments. In spite of the fact that we often wander from the path, God's celebratory delight in us remains. As spouses are asked to remain faithful to each other through whatever life brings, God remains faithful too. This promise remains through this life and into the next. All we have to do is take the advice of Jesus' mother to heart when she says, "Listen to him." This wisdom saves us from foolishly giving in to the illusion that we can make better wine than Jesus. ©LPi



### **Morning Rosary**

*Please join us every weekday morning, Monday - Friday, at 8:15am in the Church to pray the Rosary. The Rosary is being led by fellow parishioners. All are welcome!*

For daily reflections, masses and liturgical videos, visit our website:



[WWW.SFCPPARISH.ORG](http://WWW.SFCPPARISH.ORG)

### **FAITH DIRECT**

St. Frances Cabrini Parish continues to depend on your donations to continue our ministry. We prayerfully invite you to sign up for eGiving from your computer, smartphone or tablet and set up a recurring donation or make a one-time gift. Sign up today by visiting [sfcp parish.org/give](http://sfcp parish.org/give) or text "enroll" to 720-713-3309. Thank you for your continued generous support of our parish family!



# SPECIAL ANNOUNCEMENTS

## 24 hours of Adoration For Life



FRIDAY JAN. 21ST

9:45AM

THRU

SATURDAY JAN. 22

9:45AM

Sign-up in the Gathering Space,  
or online:

[www.SFCPARISH.ORG/RespectLife](http://www.SFCPARISH.ORG/RespectLife)



- \* 9am Morning Mass Celebration
- \* Exposition of the Blessed Sacrament (following the 9am Mass)
- \* Angelus at Noon
- \* Rosary led by the Rosary Makers at 1pm
- \* Divine Mercy Chaplet led by the SFC Staff at 3pm
- \* Saturday, (Jan. 22nd), 8am Confessions
- \* Repositioning of the Blessed Sacrament at 9:30am

If your small community or ministry would like to adopt one hour during the day, please contact Karen at [kmandolfo1@gmail.com](mailto:kmandolfo1@gmail.com) or 303-523-9760.

## Prayer Before Communion

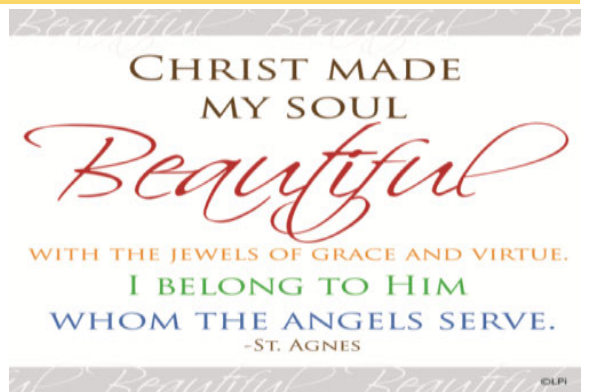
### Prayer of St. Thomas Aquinas

*Almighty and ever-living God, I approach the sacrament of your only-begotten Son, our Lord Jesus Christ. I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation. May I receive the sacrament of the Lord's Body and Blood, and its reality and power. Kind God, may I receive the Body of your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into his mystical body and numbered among his members. Loving Father, as on my earthly pilgrimage I now receive your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with you forever. Amen.*

## ARCHDIOCESE ADVENT KERYGMA RETREAT ON OUR WEBSITE

If you missed or would like to review any of Fr. John Paul's Advent Kerygma Retreat, please visit [www.sfcp parish.org/Retreat](http://www.sfcp parish.org/Retreat).

This page includes Fr. John Paul's Advent weekend homilies, the participant guides for each week, and his Sunday evening "dive deeper" presentations.



## Attention Married Couples Registration Deadline is January 22nd



Are you looking for that opportunity to spend quality time with your loved one and explore God's plan for your marriage? Join us on our winter Joy-Filled Marriage Enrichment Retreat that will be held on **Jan. 28th, 29th, and**

**30th.** The retreat will be held at SFC on Friday from 6-8:30pm, Saturday from 8am-7:30pm, and Sunday from 8am-1pm. Join other married and engaged couples as we explore God's plan for marriage and apply that to our relationships.

This is the third time we are offering this retreat and the reviews from the previous retreats have been outstanding. The cost of the retreat is \$180 per couple, which includes all materials and meals. Please contact Deacon Marc at 303-667-2428 or at [deacon.nestorickm@archden.org](mailto:deacon.nestorickm@archden.org) or go to the SFC website marriage page ([www.sfcp parish.org/marriage](http://www.sfcp parish.org/marriage)) to register.

**Deadline to register: January 22nd.**

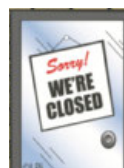
## Discernment Retreat For Adult Men 18+



Have you ever thought that God may be calling you to the Priesthood? Has anyone ever told you they think you would make a great priest? Join us for a Discernment Retreat on Sun., Feb. 20th, from 9am-5pm at St. John Vianney Seminary on the John Paul II Campus, 1300 S. Steele St., in Denver. To find out more information and to register, please visit [archden.org/vocations](http://archden.org/vocations).

## Office Closure:

The Parish Office will be closed on **Mon., Jan. 17th**, in honor of Martin Luther King Jr. Day. Mass will be celebrated at 6:30am and at 9am.



# OUTREACH & ASSISTANCE

## January Project to Focus on the Corporal Work of Mercy, *Shelter the Homeless*

Please Drop off at the Table in the Gathering Space Before all Masses on Jan. 22nd/23rd



Please join us in collecting recently CLEANED or new sleeping bags and blankets for the children and adults who live in motels, sharing apartments with several families or lowering their heat to meet winter's utility costs. We have seen an increasing number of older adults living in their cars because of skyrocketing rents and unsafe temporary housing. Many of these situations are complicated so the warmth and comfort of a blanket in their time of crisis expresses a message that they are loved and people care about them.

During the month of January, we will also be collecting **travel size hygiene supplies: deodorant, foot powder, Chap Stick, sunscreen, toothpaste and toothbrush, hand warmers, comb, hand sanitizer, nail clippers and shaving cream.** These supplies may be dropped off with the blankets on the weekend of Jan. 22nd/23rd or dropped off in the food barrels any time. If you have any questions, please contact Karen L at [klotspeich@sfcparish.org](mailto:klotspeich@sfcparish.org) or 303-953-7765.



## Lunch Bunch Outreach Project January 29th/30th

The collection of sack lunches to feed the homeless is the weekend of Jan. 29th/30th. Each lunch should contain **2 plain sandwiches, a piece of fruit (no bananas), chips and a sweet of some kind.** No mayo or mustard except in little separate packages!! Please bring lunches to the Gathering Space **before 4:15pm Mass on Saturday or between 7am-11:15am on Sunday only.** Parish volunteers take the lunches collected to the Volunteers of America Shelter on Lawrence Street where they are then distributed to the homeless throughout the week. If you have any questions, please contact Karen L at 303-953-7765 or [klotspeich@sfcparish.org](mailto:klotspeich@sfcparish.org).



## Cabrini Loving Hands

Our next meeting will be on **Sat., Feb. 19th**, from 10am-3pm in Parish Hall B. Join us if you would like to learn to knit or crochet, or to share your talents and socialize as we make a variety of items for those in need.

**Please do not drop off any crocheted or knitted item at the church without first contacting Karen L at 303-953-7765. Contact Karen S at 303-588-0461 for more information on this ministry.**



## Cabrini Piecemakers Quilt Group

**Sat., Jan. 22nd, 9:30am-3pm, Frassati**

**Fri., Feb. 4th, 9:30am-2pm, Parish Hall B**

We wish all SFC parishioners a most blessed and healthy 2022! Thank you to all who have donated fabric and encouraged us! If you're interested in joining us, please bring a lunch and attend any of the meetings listed. Please contact Karen at [klotspeich@sfcparish.org](mailto:klotspeich@sfcparish.org) for more information.



## Cabrini Rosary Makers

*Servant of God Sr. Lucia Dos Santos, the longest-lived visionary of the Fatima apparitions, wrote: "The prayer of the Rosary, after the Holy Liturgy of the Eucharist, is what most unites us with God by the richness of the prayers that compose it."*

You may stop by Parish Halls B & C on **Tues. Feb. 1st, any time between 9:30-11:30am** to replenish your supplies and drop off rosaries for distribution and stay if you would like. We will be praying the Rosary. For more information, please call Teresa at 303-988-6517, Loretta at 720-981-5114, or Sandy at 303-932-1501.

## Cabrini's Cupboard

*Give us this day our daily bread...*



**"If you judge people, you have no time to love them."**

**- Mother Teresa**

"We are homeless... no we don't have an address or a phone number. We are cold, weary, and hungry." It may not seem like we have homeless families right here in Littleton, but the truth is we do. Your support of Cabrini's Cupboard touches many families. Through your continuous donations, we are able to provide basic necessities and give hope to those who are in need. On your next visit to the grocery store, please consider picking up a couple of extra items for Cabrini's Cupboard. Many families have an ongoing need to visit the pantry every week. Low wages, part-time hours, rising costs of housing and medical expenses are stressful to already-struggling families. In the beginning of the year, there are deductibles to meet (for those who have insurance) and co-pays for medications. These added expenses make it even more difficult. Please keep the clients of Cabrini's Cupboard in your prayers! Thank you!

**Current needs:** Spaghetti sauce and pasta noodles, fruit, peanut butter and jelly, ravioli and Spaghetti O's, chili, kids' snacks, granola bars, breakfast bars, kids' cereals, (Frosted Flakes, Cinnamon Toast Crunch, Lucky Charms, & Fruit Loops), smaller-sized laundry detergent, shampoo and conditioner, toilet paper, bar soap, size 5 & 6 diapers and wipes. Your gifts of \$10 grocery gift cards are greatly appreciated for milk, eggs, and prescriptions.

***Thank you for your continued support and generosity!***

Please be sure to double check expiration dates, as we are not able to shelve or distribute expired food.



# WORSHIP MINISTRY

## Adoration Chapel Hours

The current hours of the chapel are:  
**Monday, Tuesday, Thursday:** 7am (after 6:30am Mass) - 7pm  
**Wednesday:** 9:45am (after 9am Mass) - 7pm  
**Friday:** 7am (after 6:30am Mass) - 6pm



If you would like to sign up to be a new adorer, please visit [www.sfcparish.org](http://www.sfcparish.org) and click on "Adoration Chapel" under "Get Involved" or you may contact Lauri at [limbriani@sfcparish.org](mailto:limbriani@sfcparish.org) to sign up or for more information.

**"Jesus waits for us in this Sacrament of Love."  
 (Pope St. John Paul II)**

**Come spend some time with Jesus! He is waiting for YOU.**

### Holy Father's January Prayer Intention:

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

### Weekly Vocation Prayer Intentions

*Sunday: Seminarians in their 2nd Theology and 1st Theology years*  
*Monday: 2nd Philosophy and 1st Philosophy*  
*Tuesday: Spirituality Year and Itinerancy*  
*Wednesday: College Sophomores and Freshmen*  
*Thursday: Vocations Ministry*  
*Friday: Applicants and Prospective Seminarians*  
*Saturday: 4th Theology and 3rd Theology*

Please pray for the souls of our recently deceased loved ones, that they may rejoice in the gift of eternal life:  
 Pat Carmen, Dick Adams, Amanda Gauthier, Kendra Rose, Ron Carlson, Edward Reilly, Joanne Christofferson, Robert Smilani, Gerry Usrey and Don Richter.

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*



Deacon Brian, with the Intercessors of the Trinity, has a Healing Prayer Service every Tues., 7-9 pm, at the 3 Trees Chapel, 13416 W. Arbor Pl. in Littleton. We also livestream the service. Connect at the website: [IntercessorsoftheTrinity.org](http://IntercessorsoftheTrinity.org).

### Readings for the Week of January 16, 2022

**Sunday:** Is 62:1-5/Ps 96:1-3, 7-10 [3]/1 Cor 12:4-11/Jn 2:1-11  
**Monday:** 1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 & 23/Mk 2:18-22  
**Tuesday:** 1 Sm 16:1-13/Ps 89:20-22, 27-28/Mk 2:23-28  
**Wednesday:** 1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10/Mk 3:1-6  
**Thursday:** 1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-13/Mk 3:7-12  
**Friday:** 1 Sm 24:3-21/Ps 57:2, 3-4, 6 & 11/Mk 3:13-19  
**Saturday:** 2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21  
**Next Sunday:** Neh 8:2-4a, 5-6, 8-10/Ps 19:8-10, 15/1 Cor 12:12-30/Lk 1:1-4; 4:14-21

*Your word is a lamp for my feet, a light for my path. - Psalm 119:105*



*We must learn  
 TO LIVE TOGETHER  
 AS BROTHERS  
 OR PERISH TOGETHER  
 AS FOOLS.*  
 DR. MARTIN LUTHER KING JR.

### Mass Intentions for the Week

**Monday January 17**  
 6:30A Gillis Duane Johnson †  
 9:00A Jerry Boswell †  
**Tuesday January 18**  
 6:30A Glenn Hawk †  
 9:00A David Sequeira †  
 Suzanne Rinaldo †  
**Wednesday January 19**  
 9:00A Rich Kellogg †  
**Thursday January 20**  
 6:30A Justin & LeAnn Kass - SI  
 9:00A Alfred Scherer †  
 Larry Lekic †  
**Friday January 21**  
 6:30A Victor Christie †  
 9:00A Bernarda Ramos †  
**Saturday January 22**  
 4:15P Art Hut †  
**Sunday January 23**  
 7:15A Jerry Boswell †  
 9:15A The Samour Family - SI  
 11:15A Parishioners  
 5:15P Peyton Robie - SI

### Prayer Line

If you have a prayer request for yourself or for someone else, call the prayer line at 303-953-7794 and leave your name, phone number and prayer intention (spelling all names for clarity) on the voice mail. Also, if you would like to join our ministry, please leave your name and phone number on the voice mail and Karen Smoody will contact you.

### Monthly Stewardship

A heartfelt THANK YOU

for your continued support and generosity!  
 Your contributions support the continuation of the Parish mission and ministries.

December In-Pew/Special .....\$163,985  
 December Online Giving .....\$133,941  
**Total December (4 weeks) .....\$297,926**  
 Christmas In-Pew/Special .....\$35,227  
 Christmas Online Giving.....\$ 7,540  
**Total Christmas .....\$42,767**  
**Total December/Christmas .....\$340,693**

*If you are not a registered parishioner, we are not able to track your contributions.*



## SAVE THE DATE!

### God Within: An Introduction to the Spiritual Life

Coming to St. Frances Cabrini: Feb. 24th-May 26th, meets weekly, 6:30-8:30pm.

*God Within: An Introduction to the Spiritual Life* is an 8-12week course, conducted one evening per week, and presented by the founder of In Ipso, Peter Stur. *The Discovering God Within Us* series is an introduction to authentic Catholic spirituality. Explained in language common to every Catholic who desires the freedom to follow Christ wherever he leads them, this course is offered in conjunction with programs offered for the spiritual formation of seminarians in dioceses around the United States. It draws from the wisdom of great theologians of the last century, including Fr. Reginald Garrigou-Lagrange OP, Fr. John Arinterro OP and Fr. Jordan Aumann OP. Together, they provide a wonderful summary of the spirituality of the Saints and doctors of the Holy Mother Catholic Church that includes St. Catherine of Siena, St. Thomas Aquinas, St. Teresa of Avila, St. John of the Cross and St. Ignatius of Loyola.

## ADULT FAITH FORMATION



### RCIA Process

The RCIA process is for anyone (adult, teen, child) who was baptized Catholic and never received their first Holy Communion or the Sacrament of Confirmation. It is also for our brothers and sisters who were baptized in a different Christian faith and would like to be received into the Catholic Church and for those who were never baptized and would like to be baptized into the Catholic faith, **For more information, please contact Deacon Chet at 303-953-7783.**



### A Free Gift for You from St. Frances Cabrini!

Already have a FORMED Account? Follow these steps:

1) Visit FORMED.org, 2) Click SIGN IN, 3) Enter your email, 4) Click the link in your email, 5) You're in! No more passwords! (Remember, when you return to FORMED, just click the *sign in* button.)

Want to create a *new* FORMED account with your parish? Follow these steps: 1) Visit formed.org/signup 2) Select "St. Frances Cabrini" by entering name, city or zip, 3) Register with your name and email address, 4) Check that email account for a link to begin using FORMED.

### What's on Formed?

#### Changing Sides

*Can hearts really be changed on the issue of abortion?*

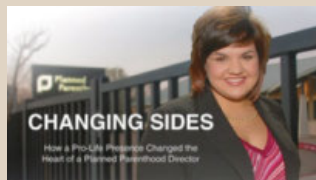
This film tells the powerful true story of the conversion of a dedicated Planned Parenthood director to a leading Pro-Life activist. Abby Johnson was the director of the abortion facility that was the launching pad of the bold, new pro-life effort - 40 days for Life.

Abby believed that she was helping women by working for the nation's largest abortion operation, Planned Parenthood. She quickly rose in the ranks to become the director of an abortion facility and was even given an "Employee of the Year" award. But one fall morning everything changed.

Abby suddenly found herself on the other side of the fence, facing the truth about abortion. The real question now was, in her time of crisis, what would she do and who would help her?

This film reveals what happens when people pray, fast, sacrifice, love their enemies and take a stand on the most controversial issue of our time - abortion. Fences come down, hearts change and the light of God shines light in the darkest, most unexpected places. And the evil of abortion is exposed and defeated.

The film includes exclusive interviews with those Abby encountered while she was on both sides of the fence including - the activists who prayed for her daily, the secular media who broke the big story of her conversion, the attorney who won the massive lawsuit with which Planned Parenthood tried to silence her and more. Plus, great "bonus" material featuring Fr. Frank Pavone, David Bereit, Shawn Carney, Peter Kreeft and former abortion provider, Carol Everett.



We meet in the Frassati Room. Doors open at 6am, program begins at 6:30. You will be out by 8am, renewed in the faith. Contact Deacon Chet at 303-953-7783 or dcnchet@sfcparish.org for more info.

### Baptism Classes

*Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit and the door which gives access to the other sacraments. -ccc 1213*

It is a requirement that parents attend a baptism class prior to the baptism of their child so they may be adequately prepared and understand the spiritual obligations. Godparents are welcome and encouraged to attend. Parents are also invited to register in the parish. We celebrate many baptisms in our community, so we recommend contacting us prior to the birth of your child. To register for the class or to schedule your child's baptism, call Deacon Chet at 303-953-7783.

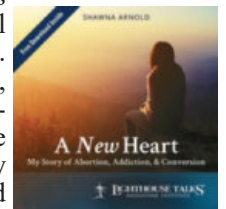


### What's In The Kiosk?

#### A New Heart: My Story of Abortion, Addiction & Conversion

Depression and guilt. Sadness and anger. Drug and alcohol abuse. Feeling unforgivable. As Shawna Arnold explains, these symptoms of post-abortion trauma can be overwhelming—but they cannot withstand the love and mercy of God, who makes all things new. In this moving talk, Shawna describes her life experiences, and how she found her way back to the Church and the loving embrace of the Father.

For more information about Lighthouse offerings, contact DeAnn at 303-953-7792.





## Winter/Spring 2022 Bible Studies and Formation Classes

Are you desiring to renew or deepen your relationship with the Lord? We have several studies starting after the new year and we would love to you have you join us...and bring a friend!

- Unlocking the Mystery of the Bible (Great Introductory Study); Mondays 4-5:30pm starting Jan. 24 (8 sessions)
- The Mass (a Bishop Barron study); Mondays 6:30-8pm, starting March 7 (6 sessions)
- First Corinthians; Tuesdays 9:45-11:15am; starting Jan. 18 (11 sessions)
- Hebrews; Thursdays 9:45-11:15am; starting Jan. 27 (8 sessions)

(Note: Romans was advertised for Thursday morning but has been changed to Hebrews.)

The registration deadline has passed and registration has closed. You may still contact DeAnn at [dlarson@sfcparish.org](mailto:dlarson@sfcparish.org) for study availability. Please Note: Workbook orders have been placed to ensure the materials arrive by the first class. Any late registrants may need to order their own workbook. Thank you!



## RESPECT LIFE

### Watch the National March for Life From the Comfort of Your Home

On Fri., Jan. 21st, tune in to EWTN or go to <https://marchforlife.org/> at 10 AM for the Rally and the MARCH in Washington D.C. Listen to amazing speakers, revel in the excitement of the hundreds of thousands of people who will be there, and try to pick out the many Cabrini parishioners who are attending the Rally and March in D.C.



### Hope and Healing After an Abortion

Are you or someone you know suffering from a post abortion experience? There is hope and healing! Please consider attending the next confidential Rachel's Vineyard Catholic Retreat. There are limited spaces available, so call today! **NEXT RETREAT: Feb. 25th-27th.** Contact Edith at 303-775-4108 (texts okay) or [edieg2@aol.com](mailto:edieg2@aol.com). Website: [www.rvrcolorado.org](http://www.rvrcolorado.org).

**“Only with prayer—prayer that storms the heavens for justice and mercy, prayer that cleanses our hearts and souls—will the culture of death that surrounds us today be replaced with a culture of life.”**

- U.S. Catholic Bishops

### Amazing Fact About Life in the Womb

At 6 weeks, the embryo begins to make reflexive movements. Just before the seventh week, a touch to the mouth area will cause the unborn child to reflexively withdraw their head. By 8 weeks, the baby will grasp, move their jaw, squint, or point their toes in response to touch. In the low-gravity environment of the amniotic sac, the baby is even able to roll over – an ability that newborns can take up to five months to accomplish in the normal gravity outside the womb.

<https://lifecharity.org.uk/news-and-views/10-astounding-facts-about-the-development-on-the-unborn-baby/>



In the next few weeks, so many people in our city and around the nation will set out as pilgrims to participate in vigils, rallies, and marches to celebrate LIFE, to PRAY for an end to abortion, and to be JOYFUL witnesses to the DIGNITY and SANCTITY of LIFE from conception to natural death. Some of us may not be able to attend one of these events, but all of us can pray for their success and for the safety of those who make the journey.

Let us pray...

Lord of the star that was guide to the Magi, lead the way for all those who set out to pray, rally, and march for the dignity of all human life.

Lord of the sea that parted for the Israelites, keep safe from harm your witnesses to the sanctity of life from conception to natural death.

Lord of the dove that flew from Noah's Ark, grant Your peace and courage to those who journey for truth and justice.

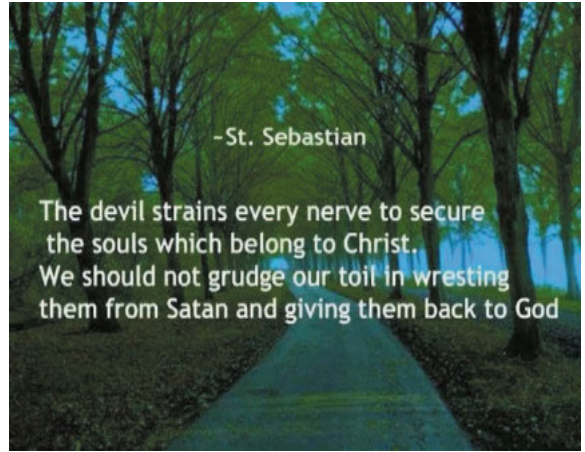
And Lord of the light, shine forth Your blessings on all who celebrate and fight for life in the weeks to come! Amen.

# CHILDREN'S FAITH FORMATION

## Martin Luther King Jr. Day - Office Closed



Due to the observance of the Martin Luther King Jr. holiday, there will be **no** Children's Faith Formation classes or 5th & 6th grade Foundations on **Mon., Jan. 17th**. All C.F.F. classes for grades 1st – 4th will meet, as scheduled, on Tues., Jan. 18th, and Wed., Jan. 19th. Please contact the C.F.F. Office at 303-953-7786 with any questions.



- St. Sebastian

The devil strains every nerve to secure the souls which belong to Christ. We should not grudge our toil in wresting them from Satan and giving them back to God

## 2nd Year Sacrament Prep Parents

Our **final** parent meeting for the Sacrament of Reconciliation will be held **during your child's class time** the week of **Jan. 24th – 26th**. We look forward to seeing all our 2nd Year parents as we share details regarding your child's First Reconciliation and the First Reconciliation Retreat coming up on **Sat., Feb. 26th**. If you have any questions please call Kristen in the C.F.F. Office at 303-953-7775.

## Children's Liturgy of the Word (3 – 6 year olds) is Back!!

*Children's Liturgy of the Word (CLOW)* is a program in which the Sunday scripture readings are proclaimed and explained on a level appropriate to younger children. CLOW **starts back (again) next Sun., Jan. 23rd, at the 9:15am Mass**, for children ages 3 to 6. There is no registration for CLOW, and we ask families to please **check in with our CLOW volunteers, in the Gathering Space, before Mass** begins to receive a nametag for their child. We are looking forward to nourishing the souls of your young children in 2022 through this exciting ministry! Please contact Kristen at 303-953-7775 or [kconrad@sfcparish.org](mailto:kconrad@sfcparish.org) with any questions.

### VOLUNTEERS NEEDED

If you are interested in helping with this beautiful ministry, please contact Kristen at 303-953-7775 or [kconrad@sfcparish.org](mailto:kconrad@sfcparish.org).



## 3rd Year Spiritus Week

Our third *Spiritus Week* for the 3rd Year Sacrament Prep classes is the week of **Feb. 7th, 8th, & 9th**. We invite parents and sponsors of 3rd Year students to join their confirmandi, **during their class time**, for an interactive presentation on **Prayer**. Please RSVP to Kristen at 303-953-7775 or [kconrad@sfcparish.org](mailto:kconrad@sfcparish.org) as to how many will be in attendance from your family for set-up purposes.

## Presidents' Day - Office Closed

Due to the observance of Presidents' Day, there will be **no** Children's Faith Formation classes or Foundations on **Mon., Feb. 21st**. All C.F.F. classes for grades 1st - 4th will meet, as scheduled, on Tues., Feb. 22nd, and Wed., Feb. 23rd. The parish office will be closed Monday, February 21st. If you have any questions, please contact the C.F.F. Office at 303-953-7786.

# TEEN/YOUNG ADULT MINISTRY

**cabrini youth**  
SPRING CALENDAR

Another semester, another calendar of shenanigans.

Jan. 9- <b>Men &amp; Ladies Night</b> Frassati & Little Flowers	Apr. 3- <b>Men &amp; Ladies Night</b> Fulminata & Katharos
Feb. 13- <b>Mosh Night</b> Sports & Competition	Apr. 10- <b>Mosh Night</b> Friendship
Feb. 25-27- <b>Retreat</b>	Apr. 22-24- <b>Upperclassmen Retreat</b>
Mar. 6- <b>Yak Night</b> The Olympic Games	May 1- <b>Senior Honoring</b>
Mar. 13- <b>Mosh Night</b> Modesty of Speech & Action	May 15- <b>House Cup</b>
Mar. 27- <b>Yak Night</b> Mr. Cabrini	

**cabrini youth**  
JUNIOR HIGH CALENDAR

**EDGE Nights**

<b>Sept. 16</b>	<b>Oct. 28</b>	<b>Feb. 3</b>	<b>Mar. 17</b>
Sept. 23	Nov. 4	Feb. 10	Mar. 31
Sept. 30	Nov. 11	Feb. 17	Apr. 7
Oct. 7	Nov. 18	Mar. 3	Apr. 28
Oct. 14	Dec. 9	Mar. 10	May 5

**Retreat**  
Oct. 22-24

**Dodgeball**  
Sept. 19  
May 15



## Eagle Eye

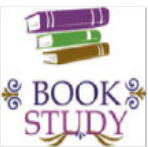
# S.F.C. o r n e r

How closely do you pay attention? In the beginning of Ordinary Time, it does not matter if we are in Lectionary Cycle A, B, or C; which of Paul's letters is always read for the first several weeks?

The answer is: First Corinthians.

First Corinthians is placed in this most prominent position probably because it deals with practical and straightforward issues. Paul addresses a wide range of moral and sacramental concerns in a very pastoral way. Remember Corinth is a Greek pagan city in the Roman empire. So, it is fitting to start Ordinary Time off with readings on the unity, and yet diversity, that make up the One Church.

(references: Mass Reflection by Brant Pitre and *Food for Thought* by Peter Kreeft)



## Women's Book Study

Join fellow women of St. Frances Cabrini in a book study **beginning Feb. 2nd** and going through **March 16th**. This study will be held on Wednesday mornings from 9:45-11:30am in the Music Room. The book we will be reading is *The Saint Monica Club: How to Wait, Hope and Pray for Your Fallen-Away Loved Ones* by Maggie Green. Like so many Catholics today, Monica wrestled daily with the pain of having a loved one fall away from the Faith. Like us, she often feared that her prayers and tears were of little worth, empty and futile. Not so! This book study invites you to the wise, compassionate guidance from members of what the author calls the "St. Monica Club." No homework! All the reading and discussion happens during our sessions. The cost of the book is \$10. (Scholarships are available.) For more information or to register, please contact Karen L at 303-953-7765 or [klotspeich@sfcparish.org](mailto:klotspeich@sfcparish.org).



## Magnificat Moms: An SFC Catholic Moms Group Thurs., Jan. 20th, 9:45-11:45am in the Frassati Room

Moms of Cabrini, you are invited to join us for Magnificat Moms! Being a mom is a wonderful, and sometimes challenging, vocation. Take some time to invest in yourself and meet some other moms who are going through the same things you are! We are a group of women who desire to grow in holiness and friendship as we explore our Catholic faith, supporting one another along the way. We have all kinds of moms in our group - moms who work outside the home, stay-at-home moms, moms with babies and moms with school-age kiddos. There is definitely a place for you!

Get involved via Facebook, Instagram or email for encouragement, connections and resources. Join us for any of our meetings in-person, to listen to amazing guest speakers, discuss our faith and help lift each other up through friendship and prayer. Childcare will be available this year. We look forward to connecting with you soon! You and your families are in our prayers!

**Facebook:** *Magnificat Moms Group St. Frances Cabrini*;  
**Instagram:** *cabrinimagmoms*;  
**Email:** *CabriniMagMoms@gmail.com*

## Homeschooling Community

*Do you homeschool your children? We are looking for you! We are hoping to start a homeschool group for the Cabrini parish. We are a new(ish) family to homeschooling and would love to build a community of support and friendship here at Cabrini. We homeschool all of our kids - high school, middle school, elementary and wee ones, so we have many different age group possibilities!!! If you are currently homeschooling your children and have any interest at all, please contact Michele at 303-817-3854 (call or text.) St. Monica, pray for us.*

## Support Groups

**Groups are welcoming and offer support, prayer and fellowship to those in need. If you have general questions, please call 303-953-7765.**

**Abortion Healing/Forgiveness:** Caring, confidential group. Open to anyone who has had or been affected by an abortion. Call Lori at 303-904-7414.

**Adoptive Families:** Looking for support, fellowship & education in a faith-filled atmosphere? Contact Teresa at 720-988-7847 or [gogotree@q.com](mailto:gogotree@q.com).

**Alcoholics Anonymous:** 7:30pm Sat. in the lower level. For more info, call Eddie at 720-917-8992.

**Al-Anon:** Meetings on Mon., 1-2:30pm and Fri., 9-10:30am **in person** and via zoom, Adults only. Contact Karen at 303-953-7765.

**Counseling Referrals:** Our Parish has a number of counselors we refer to for a wide range of issues. For a referral, call Karen at 303-953-7765.

**Sexual Purity:** Join a group of men who are finding hope, healing and freedom from their sexual sin through Christ. For more info, call 303-587-6239.

## Knights of Columbus Parish Breakfast

The Knights of Columbus will be serving a Parish Breakfast in the Parish Hall from 8-11am, after the 7:15am and 9:15am Masses next **Sun., Jan. 23rd**. Everyone is welcome to attend. Adults: \$6; Children 5-14: \$5; Family Maximum: \$15; Seniors: \$5. Proceeds will benefit our parish and various Knights of Columbus charities. Cash, check and all major credit cards are accepted. **Don't miss the Ladies of Charity Bake Sale at each breakfast!**



## Knights of Columbus



All men of the Parish are invited to join the Knights of Columbus at Cabrini. Please visit <https://www.kofc.org/secure/en/join/join-the-knights.html> to sign up.

# Shelter the Homeless



## January 22nd and 23rd

New or recently cleaned sleeping bags or blankets and hygiene supplies



### Individual travel size items:

- New Combs/Hair brushes
- Deodorant
- Foot powder
- Sunscreen
- Chapstick
- Hand Warmers
- Hand sanitizer
- Nail clippers
- Shaving cream
- Toothbrushes
- Toothpaste.



- New or cleaned blanket
- Sleeping bags

**Living the Corporal Work of Mercy**  
**Please bring any of the above items to the Gathering Space before all Masses on Saturday the 22nd or Sunday the 23rd**

### Home Extension project

- Put together hygiene kits as a family. Pray for the person who may receive it.
- Buy fast food restaurant gift cards to give to a homeless person.



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