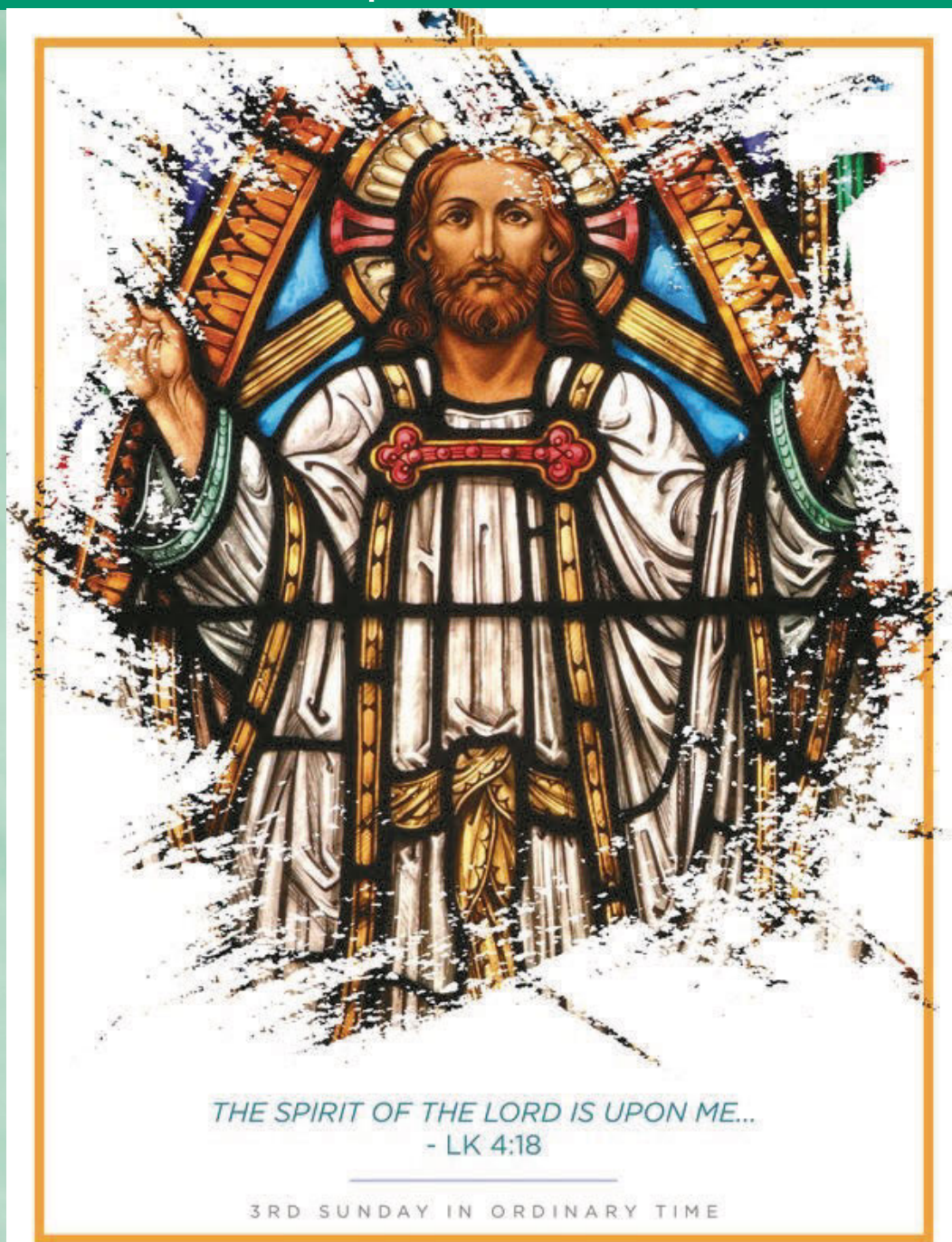


January 23, 2022 | Third Sunday in Ordinary Time

St. Frances Cabrini



EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

PARISH OFFICE

6673 West Chatfield Avenue • Littleton, CO 80128

www.sfcparish.org

303-979-7688 Parish Office

Open: Monday-Friday, 8:30am-5:00pm
(closed 12:00 noon-1:00pm daily)

303-979-7688 Voice mail access after 5:00pm

303-953-7778 Youth Office (Jr. & Sr. High, Young Adult)

303-972-8566 Fax Line

303-979-7688 SACRAMENTAL EMERGENCIES
24 hrs/day

303-953-7770 Weather/Emergency Hotline
(for schedule changes due to inclement
weather/emergency situations)

Pastor

Rev. John Paul Leyba

Parochial Vicars

Rev. Jeevan D'Almeda, O.C.D.

Rev. Ron Sequeira, O.C.D.

Deacons

Rev. Mr. Chet Ubowski

Rev. Mr. Marc Nestorick

Rev. Mr. Brian Kerby

Rev. Mr. Spencer Thornber

Rev. Mr. Paul Grimm (retired)

Rev. Mr. Witold Engel (retired)

Welcome to Our Parish!

We are glad you are here! If you are a visitor and would like to join our parish family, please pick up a registration form in the gathering space, visit the parish office during the week or you may visit our website to register.

SACRAMENTAL INFORMATION

Infant Baptism: Please contact Deacon Chet at 303-953-7783.

Marriage Preparation: Please contact Deacon Marc at 303-667-2428 or deacon.nestorickm@archden.org at least 9-12 months prior to your wedding to make arrangements.

RCIA: Interested in becoming Catholic or questions about the faith? Call Deacon Chet at 303-953-7783.

Care of the Sick / Dying: Please call if someone is ill or hospitalized and would like the Sacrament for the Anointing of the Sick. *In case of death, call the Parish Office immediately.*

Home Communion: Visits may be scheduled through the Parish Office.

MASS SCHEDULE

Weekend ...Saturday (Anticipatory) 4:15 pm;
Sunday 7:15, 9:15, 11:15am & 5:15pm

WeekdayMonday-Friday 9:00 am;
Mon., Tues., Thurs., Fri. 6:30am

First Saturday 10:00am

Holy Day(Vigil) 5:30pm;
(Day) 9:00am & 7:00pm

SACRAMENT OF RECONCILIATION

Saturdays: 8-9:30am

Tuesdays: 6:30-7:30pm

Meditating on the Gospel 3rd Sunday in Ordinary Time

Human history reveals many periods where people lost a sense of God's transcendence. It may even be argued that human beings have been wandering and lost more than they have been at home and focused. Human nature being what it is, we struggle with who God really is — the God of our salvation history or the "gods" of human constructs. Relying on our own designs and pursuits, we forget that we really are meant to listen to One upon whom the Spirit of the Lord rests, Jesus Christ, and not to ourselves. That same history that reveals our fickleness and infidelity also reveals God's constancy and faithfulness. God always finds us.

As people wander and fumble to find their way, God is there bringing them back to holiness and giving them the assurance of His presence. We have to allow God's Word, God's life, to touch us and change us. It can make us more flexible and attentive to the sacred in all facets of life so that every day is one that is holy. Every day is a time when fulfillment is possible for one's soul. Jesus stood before those gathered in the synagogue as the fulfillment of words of promise that were echoed long ago. God doesn't forget. He always comes for us.

Now it is time to remember to go to God. Sometimes our lives are so confused and tangled that it is difficult to see the Word and hand of God. But when we realize, deep within, the depth of friendship God offers to us it really has the power to turn sadness to joy. The promise is fulfilled. Going frequently to God's Word, allowing ourselves to be enriched and rejuvenated, and pondering the certainty of God's fidelity and promise permanently transforms us. We will be more aware of the sacred and the holy and less invested in things that pull us away.



©LPi

"Do not look forward to what might happen tomorrow. The same everlasting Father who cares for you today, will take care of you tomorrow and every day. Either he will shield you from suffering, or he will give you unflinching strength to bear it. Be at peace then and put aside all anxious thoughts and imaginations."

Saint Francis de Sales



Morning Rosary

Please join us every weekday morning, Monday - Friday, at 8:15am in the Church to pray the Rosary. The Rosary is being led by fellow parishioners. All are welcome!

For daily reflections, masses and liturgical videos, visit our website:



WWW.SFCPPARISH.ORG

FAITH DIRECT

St. Frances Cabrini Parish continues to depend on your donations to continue our ministry. We prayerfully invite you to sign up for eGiving from your computer, smartphone or tablet and set up a recurring donation or make a one-time gift. Sign up today by visiting sfcp parish.org/give or text "enroll" to 720-713-3309. Thank you for your continued generous support of our parish family!

SPECIAL ANNOUNCEMENTS

Prayer Before Communion

Prayer of St. Thomas Aquinas

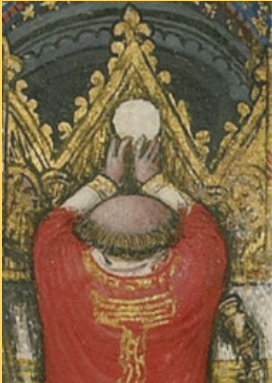
Almighty and ever-living God, I approach the sacrament of your only-begotten Son, our Lord Jesus Christ. I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth.

Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness.

May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation.

May I receive the sacrament of the Lord's Body and Blood, and its reality and power. Kind God, may I receive the Body of your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into his mystical body and numbered among his

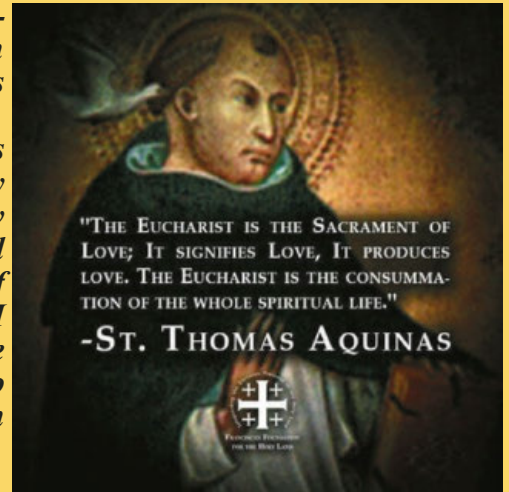
*members.
Loving Father, as on my earthly pilgrimage I now receive your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with you forever.
Amen.*



The presence of Christ's true body and blood in this sacrament cannot be detected by sense, nor understanding, but by faith alone, which rests upon Divine authority. Hence, on Lk. 22:19: "This is My body which shall be delivered up for you," Cyril says: "Doubt not whether this be true; but take rather the Saviour's words with faith; for since He is the Truth, He lieth not."

-St. Thomas Aquinas

Eucharistic Virtue



"THE EUCHARIST IS THE SACRAMENT OF LOVE; IT SIGNIFIES LOVE, IT PRODUCES LOVE. THE EUCHARIST IS THE CONSUMMATION OF THE WHOLE SPIRITUAL LIFE."

-ST. THOMAS AQUINAS

ALL are invited. **February 4th - 6th** in Frassati Room. Doors open at 5:30pm. Nursery Available.

seek²²
and you will find. focus

Appetizers & Beverages provided.

CONTACT JACK FOR MORE INFORMATION JACK.WHITE@FOCUS.ORG

- This national event and the talks are meant for **ALL AGES** and points of life.
- Our Parish is registered for the event and we will be hosting the livestream of the talks in the Frassati Room.
- **Fri., Feb. 4th**, doors open at 5:30pm, speakers are Fr. Joshua Johnson & Curtis Martin. Pizza/appetizers will be available. **Sat., Feb. 5th**, first talk at 10am. Speakers are Sr. Bethany Madonna, SV, Jason Evert & Dr. Edward Sri, and 6pm talks are Msgr. James Shea & Sr. Miriam Heidland, SOLT. Evening session will include pizza/appetizers, and **ADORATION** in the Church at 7pm. **Sun., Feb. 6th**, 10am speakers will be Hilary Draftz, Christina Augustine, & Fr. Mike Schmitz. For the morning sessions, donuts/breakfast items and coffee will be provided.
- An RSVP to Jack White at Jack.White@focus.org is helpful for food and drink purchases (but not required).

**ARCHDIOCESE
KERYGMA RETREAT
ON OUR WEBSITE**

If you missed or would like to review any of Fr. John Paul's Kerygma Retreat, please visit www.sfeparish.org/Retreat. This page includes Fr. John Paul's Advent weekend homilies, the participant guides for each week, and his Sunday evening "dive deeper" presentations.

Discernment Retreat For Adult Men 18+

Have you ever thought that God may be calling you to the Priesthood? Has anyone ever told you they think you would make a great priest? Join us for a Discernment Retreat on Sun., Feb. 20th, from 9am-5pm at St. John Vianney Seminary on the John Paul II Campus, 1300 S. Steele St., in Denver. To find out more information and to register, please visit archden.org/vocations.

OUTREACH & ASSISTANCE

January Project to Focus on the Corporal Work of Mercy, *Shelter the Homeless*

Please Drop off at the Table in the Gathering Space Before all Masses **THIS WEEKEND!**



Please join us in collecting recently CLEANED or new sleeping bags and blankets for the children and adults who live in motels, are sharing apartments with several families, or lowering their heat to meet winter's utility costs. We have seen an increasing number of older adults living in their cars because of skyrocketing rents and unsafe temporary housing. Many of these situations are complicated so the warmth and comfort of a blanket in their time of crisis expresses a message that they are loved and people care about them.

During the month of January, we will also be collecting **travel size hygiene supplies: deodorant, foot powder, Chap Stick, sunscreen, toothpaste and toothbrush, hand warmers, comb, hand sanitizer, nail clippers and shaving cream.** These supplies may be dropped off with the blankets on the weekend of Jan. 22nd/23rd or dropped off in the food barrels any time. If you have any questions, please contact Karen L at klotspeich@sfcparish.org or 303-953-7765.



Lunch Bunch Outreach Project January 29th/30th

The collection of sack lunches to feed the homeless is the weekend of Jan. 29th/30th. Each lunch should contain **2 plain sandwiches, a piece of fruit (no bananas), chips and a sweet of some kind.** No mayo or mustard except in little separate packages!! Please bring lunches to the Gathering Space **before 4:15pm Mass on Saturday or between 7am-11:15am on Sunday only.** Parish volunteers take the lunches collected to the Volunteers of America Shelter on Lawrence Street where they are then distributed to the homeless throughout the week. If you have any questions, please contact Karen L at 303-953-7765 or klotspeich@sfcparish.org.

"Reflect that in reality you have a greater need to serve (the poor) than they have of your service."

St. Angela Merici



Cabrini Loving Hands

Our next meeting will be on **Sat., Feb. 19th**, from 10am-3pm in Parish Hall B. Join us if you would like to learn to knit or crochet, or to share your talents and socialize as we make a variety of items for those in need.

Please do not drop off any crocheted or knitted item at the church without first contacting Karen L at 303-953-7765. Contact Karen S at 303-588-0461 for more information on this ministry.

Cabrini's Cupboard

Give us this day our daily bread...

Don called today to say thank you. For a long time St. Frances Cabrini had been Don's parish. When he was married and raising kids they all attended Mass as a family. Things changed 8 or 9 years ago when Don divorced. He fell into deep despair and depression. Then anxiety set in and his heart was filled with great sadness. "I have never recovered from losing my marriage or my family. Financially, I just can't afford any place to live. Emotionally, I feel like a failure. Day after day, it just gets worse." Don has been struggling with being homeless, mostly living in his car or, when the weather is warmer, camping. Don knew he would not be able to withstand another Colorado winter in his car so he made a plan to move to a warmer climate. St. Frances Cabrini was able to assist with moving expenses, food, supplies, and moral support. "I don't know what to say. Thank you for helping me, listening, and for your prayers. The support from the parish is the only thing that gave me hope. Please let everyone know how grateful I am."

Current needs: Spaghetti sauce and pasta noodles, fruit, peanut butter and jelly, ravioli and Spaghetti O's, chili, kids' snacks, granola bars, breakfast bars, kids' cereals, (Frosted Flakes, Cinnamon Toast Crunch, Lucky Charms, & Fruit Loops), smaller-sized laundry detergent, shampoo and conditioner, toilet paper, bar soap, size 5 & 6 diapers and wipes. Your gifts of \$10 grocery gift cards are greatly appreciated for milk, eggs, and prescriptions.

Thank you for your continued support and generosity!



Cabrini Piecemakers Quilt Group

Fri., Feb. 4th, 9:30am-2pm, Frassati
Sat., Feb. 19th, 9:30am-3pm, Frassati
(Potluck)

If you're interested in joining us, please bring a lunch and attend any of the meetings listed. We will have our annual potluck luncheon on Sat., Feb. 19th. Please contact Karen at klotspeich@sfcparish.org for more information.

Cabrini Rosary Makers

Servant of God Sr. Lucia Dos Santos, the longest-lived visionary of the Fatima apparitions, wrote: "The prayer of the Rosary, after the Holy Liturgy of the Eucharist, is what most unites us with God by the richness of the prayers that compose it.

You may stop by Parish Halls B & C on **Tues. Feb. 1st, any time between 9:30-11:30am** to replenish your supplies and drop off rosaries for distribution and stay if you would like. We will be praying the Rosary. For more information, please call Teresa at 303-988-6517, Loretta at 720-981-5114, or Sandy at 303-932-1501.



WORSHIP MINISTRY

Adoration Chapel Hours

The current hours of the chapel are:
Monday, Tuesday, Thursday: 7am (after 6:30am Mass) - 7pm
Wednesday: 9:45am (after 9am Mass) - 7pm
Friday: 7am (after 6:30am Mass) - 6pm



If you would like to sign up to be a new adorer, please visit www.sfcparish.org and click on "Adoration Chapel" under "Get Involved" or you may contact Lauri at limbriani@sfcparish.org to sign up or for more information.

**"Jesus waits for us in this Sacrament of Love."
 (Pope St. John Paul II)**

Come spend some time with Jesus! He is waiting for YOU.

Holy Father's January Prayer Intention:

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

Weekly Vocation Prayer Intentions

Sunday: Seminarians in their 2nd Theology and 1st Theology years
Monday: 2nd Philosophy and 1st Philosophy
Tuesday: Spirituality Year and Itinerancy
Wednesday: College Sophomores and Freshmen
Thursday: Vocations Ministry
Friday: Applicants and Prospective Seminarians
Saturday: 4th Theology and 3rd Theology

Please pray for the souls of our recently deceased loved ones, that they may rejoice in the gift of eternal life:
 Kendra Rose, Ron Carlson, Edward Reilly, Joanne Christofferson, Robert Smilanic, Gerry Usrey, Don Richter, Ed Dean, Tony Globelnik, Juan Ortiz, and James Edward Maes.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Deacon Brian, with the Intercessors of the Trinity, has a Healing Prayer Service every Tues., 7-9 pm, at the 3 Trees Chapel, 13416 W. Arbor Pl. in Littleton. We also livestream the service. Connect at the website: IntercessorsoftheTrinity.org.

Readings for the Week of January 23, 2022

Sunday: Neh 8:2-4a, 5-6, 8-10/Ps 19:8-10, 15/1 Cor 12:12-30/
 Lk 1:1-4; 4:14-21
Monday: 2 Sm 5:1-7, 10/Ps 89:20-22, 25-26/Mk 3:22-30
Tuesday: Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/Mk 16:15-18
Wednesday: 2 Tm 1:1-8/Ps 89:4-5, 27-30/Mk 4:1-20
Thursday: 2 Sm 7:18-19, 24-29/Ps 132:1-5, 11-14/Mk 4:21-25
Friday: 2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-6a, 6bcd-7, 10-11/Mk 4:26-34
Saturday: 2 Sm 12:1-7a, 10-17/Ps 51:12-17/Mk 4:35-41
Next Sunday: Jer 1:4-5, 17-19/Ps 71:1-6, 15-17 [cf. 15ab]/ Cor 12:31—13:13/Lk 4:21-30

Your word is a lamp for my feet, a light for my path. - Psalm 119:105

FEAST OF THE CONVERSION OF ST PAUL



25 January
St Paul, Pray for us!

Mass Intentions for the Week

Monday January 24
 6:30A Briana & Andy Bagby - SI
 9:00A Suzanne Rinaldo†
Tuesday January 25
 6:30A Justin & Dana Walter - SI
 9:00A David Sequeira†
 Marge Wedman†
Wednesday January 26
 9:00A Jerry Boswell†
Thursday January 27
 6:30A Dylan & Gina Nobles - SI
 9:00A Tom Edgar†
 Joan Connell†
Friday January 28
 6:30A Paul Knight†
 9:00A Thomas & Elizabeth Curry†
Saturday January 29
 4:15P Fr. Ron's Family - SI
Sunday January 30
 7:15A Parishioners
 9:15A Tom Edgar†
 11:15A Tom Edgar†
 5:15P Ali & David Lennen - SI

Prayer Line

If you have a prayer request for yourself or for someone else, call the prayer line at 303-953-7794 and leave your name, phone number and prayer intention (spelling all names for clarity) on the voice mail. Also, if you would like to join our ministry, please leave your name and phone number on the voice mail and Karen Smoody will contact you.



God Within: An Introduction to the Spiritual Life

Coming to St. Frances Cabrini: Meets on Thursdays, beginning March 3rd, 6:30-8:30pm.

God Within: An Introduction to the Spiritual Life is an 8-12week course, conducted one evening per week, and presented by the founder of In Ipso, Peter Stur. *The Discovering God Within Us* series is an introduction to authentic Catholic spirituality. Explained in language common to every Catholic who desires the freedom to follow Christ wherever he leads them, this course is offered in conjunction with programs offered for the spiritual formation of seminarians in dioceses around the United States. It draws from the wisdom of great theologians of the last century, including Fr. Reginald Garrigou-Lagrange OP, Fr. John Arintero OP and Fr. Jordan Aumann OP. Together, they provide a wonderful summary of the spirituality of the Saints and doctors of the Holy Mother Catholic Church that includes St. Catherine of Siena, St. Thomas Aquinas, St. Teresa of Avila, St. John of the Cross and St. Ignatius of Loyola. For more information or to register: <https://in-ipso.org/god-within-2022/>

ADULT FAITH FORMATION



RCIA Process

The RCIA process is for anyone (adult, teen, child) who was baptized Catholic and never received their first Holy Communion or the Sacrament of Confirmation. It is also for our brothers and sisters who were baptized in a different Christian faith and would like to be received into the Catholic Church and for those who were never baptized and would like to be baptized into the Catholic faith, **For more information, please contact Deacon Chet at 303-953-7783.**



A Free Gift for You from St. Frances Cabrini!

Already have a FORMED Account? Follow these steps:

1) Visit FORMED.org, 2) Click SIGN IN, 3) Enter your email, 4) Click the link in your email, 5) You're in! No more passwords! (Remember, when you return to FORMED, just click the *sign in* button.)

Want to create a *new* FORMED account with your parish? Follow these steps: 1) Visit formed.org/signup 2) Select "St. Frances Cabrini" by entering name, city or zip, 3) Register with your name and email address, 4) Check that email account for a link to begin using FORMED.

What's on Formed?

Changing Sides

Can hearts really be changed on the issue of abortion?

This film tells the powerful true story of the conversion of a dedicated Planned Parenthood director to a leading Pro-Life activist. Abby Johnson was the director of the abortion facility that was the launching pad of the bold, new pro-life effort - 40 days for Life.

Abby believed that she was helping women by working for the nation's largest abortion operation, Planned Parenthood. She quickly rose in the ranks to become the director of an abortion facility and was even given an "Employee of the Year" award. But one fall morning everything changed.

Abby suddenly found herself on the other side of the fence, facing the truth about abortion. The real question now was, in her time of crisis, what would she do and who would help her?

This film reveals what happens when people pray, fast, sacrifice, love their enemies and take a stand on the most controversial issue of our time - abortion. Fences come down, hearts change and the light of God shines light in the darkest, most unexpected places. And the evil of abortion is exposed and defeated.

The film includes exclusive interviews with those Abby encountered while she was on both sides of the fence including - the activists who prayed for her daily, the secular media who broke the big story of her conversion, the attorney who won the massive lawsuit with which Planned Parenthood tried to silence her and more. Plus, great "bonus" material featuring Fr. Frank Pavone, David Bereit, Shawn Carney, Peter Kreeft and former abortion provider, Carol Everett.



CLAIM YOUR ROYAL DIGNITY AND INHERITANCE

We meet in the Frassati Room. Doors open at 6am, program begins at 6:30. You will be out by 8am, renewed in the faith. Contact Deacon Chet at 303-953-7783 or dcnchet@sfcparish.org for more info.

Baptism Classes

Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit and the door which gives access to the other sacraments. -ccc 1213

It is a requirement that parents attend a baptism class prior to the baptism of their child so they may be adequately prepared and understand the spiritual obligations. Godparents are welcome and encouraged to attend. Parents are also invited to register in the parish. We celebrate many baptisms in our community, so we recommend contacting us prior to the birth of your child. To register for the class or to schedule your child's baptism, call Deacon Chet at 303-953-7783.

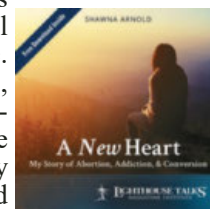


What's In The Kiosk?

A New Heart: My Story of Abortion, Addiction & Conversion

Depression and guilt. Sadness and anger. Drug and alcohol abuse. Feeling unforgivable. As Shawna Arnold explains, these symptoms of post-abortion trauma can be overwhelming—but they cannot withstand the love and mercy of God, who makes all things new. In this moving talk, Shawna describes her life experiences, and how she found her way back to the Church and the loving embrace of the Father.

For more information about Lighthouse offerings, contact DeAnn at 303-953-7792.



RESPECT LIFE

Thank You, Thank You, Thank You!

Our hearts were warmed this past weekend by all the Cabrini parishioners that showed their love of life by attending the Celebrate Life Rally and March at the Denver Capitol. Thank you, not only for your support of this event, but for all you do to fight for a culture of life throughout the year! You are truly wonderful!



In the next few weeks, so many people in our city and around the nation will set out as pilgrims to participate in vigils, rallies, and marches to celebrate LIFE, to PRAY for an end to abortion, and to be JOYFUL witnesses to the DIGNITY and SANCTITY of LIFE from conception to natural death. Some of us may not be able to attend one of these events, but all of us can pray for their success and for the safety of those who make the journey.

Let us pray... Lord of the star that was guide to the Magi, lead the way for all those who set out to pray, rally, and march for the dignity of all human life.

Lord of the sea that parted for the Israelites, keep safe from harm your witnesses to the sanctity of life from conception to natural death.

Lord of the dove that flew from Noah's Ark, grant Your peace and courage to those who journey for truth and justice.

And Lord of the light, shine forth Your blessings on all who celebrate and fight for life in the weeks to come! Amen.



Hope and Healing After an Abortion

Are you or someone you know suffering from a post abortion experience? There is hope and healing! Please consider attending the next confidential Rachel's Vineyard Catholic Retreat. There are limited spaces available, so call today! **NEXT RETREAT: Feb. 25th-27th.** Contact Edith at 303-775-4108 (texts okay) or edieg2@aol.com. Website: www.rvrcolorado.org.

"Only with prayer—prayer that storms the heavens for justice and mercy, prayer that cleanses our hearts and souls—will the culture of death that surrounds us today be replaced with a culture of life."

- U.S. Catholic Bishops

CHILDREN'S FAITH FORMATION

2nd Year Sacrament Prep Parents



Our **final** parent meeting for the Sacrament of Reconciliation will be held **during your child's class time this week, Jan. 24th – 26th**. We look forward to seeing all our 2nd Year parents as we share details regarding your child's First Reconciliation and the First Reconciliation Retreat coming up on **Sat., Feb. 26th**. If you have any questions please call Kristen in the C.F.F. Office at 303-953-7775.

3rd Year Spiritus Week

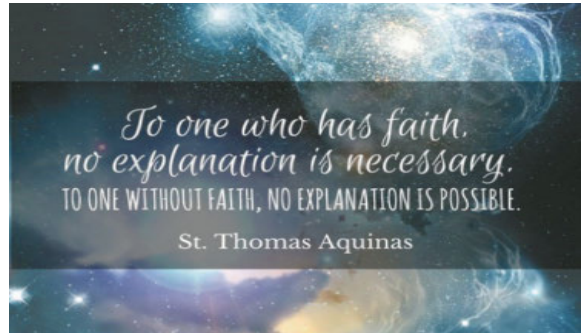
Our third *Spiritus Week* for the 3rd Year Sacrament Prep classes is the week of **Feb. 7th, 8th, & 9th**. We invite parents and sponsors of 3rd Year students to join their confirmandi, **during their class time**, for an interactive presentation on **Prayer**. Please RSVP to Kristen at 303-953-7775 or kconrad@sfcparish.org as to how many will be in attendance from your family for set-up purposes.

Children's Liturgy of the Word (3 – 6 year olds) is Back!!

Children's Liturgy of the Word (CLOW) is a program in which the Sunday scripture readings are proclaimed and explained on a level appropriate to younger children. CLOW resumes **this Sun., Jan. 23rd**, and continues next **Sun., Jan. 30th, at the 9:15am Mass**, for children ages 3 to 6. There is no registration for CLOW, and we ask families to please **check in with our CLOW volunteers, in the Gathering Space, before Mass** begins to receive a nametag for their child. We are looking forward to nourishing the souls of your young children in 2022 through this exciting ministry! Please contact Kristen at 303-953-7775 or kconrad@sfcparish.org with any questions.

VOLUNTEERS NEEDED

If you are interested in helping with this beautiful ministry, please contact Kristen at 303-953-7775 or kconrad@sfcparish.org.



Foundations (5th & 6th Grade) Family Prayer Night - RESCHEDULED -

Our third Foundations Family Prayer Night has been **rescheduled** for **Mon., Feb. 14th, from 6:30-8pm**. All C.F.F. families are invited to join us as we enter into the second half of our presentation on **Our Lady of Guadalupe!** We look forward to seeing our 5th & 6th graders and their families, for a night of inspiration and reflection as we learn of the world-wide response to Our Lady's message of mercy and love following the apparition, as well, as dive deeper into the miracle of St. Juan Diego's tilma. As always, a family activity will conclude our night of fellowship!

Presidents' Day - Office Closed

Due to the observance of Presidents' Day, there will be **no** Children's Faith Formation classes or Foundations on **Mon., Feb. 21st**. All C.F.F. classes for grades 1st - 4th will meet, as scheduled, on **Tues., Feb. 22nd**, and **Wed., Feb. 23rd**. The parish office will be closed **Mon., Feb. 21st**. If you have any questions, please contact the C.F.F. Office at 303-953-7786.

TEEN/YOUNG ADULT MINISTRY

cabrini youth
SPRING CALENDAR

Another semester, another calendar of shenanigans.

| | |
|--|---|
| Jan. 9- Men & Ladies Night Frassati & Little Flowers | Apr. 3- Men & Ladies Night Fulminata & Katharos |
| Feb. 13- Mosh Night Sports & Competition | Apr. 10- Mosh Night Friendship |
| Feb. 25-27- Retreat | Apr. 22-24- Upperclassmen Retreat |
| Mar. 6- Yak Night The Olympic Games | May 1- Senior Honoring |
| Mar. 13- Mosh Night Modesty of Speech & Action | May 15- House Cup |
| Mar. 27- Yak Night Mr. Cabrini | |

cabrini youth
JUNIOR HIGH CALENDAR

EDGE Nights

| | | | |
|-----------------|---------|---------------|---------|
| Sept. 16 | Oct. 28 | Feb. 3 | Mar. 17 |
| Sept. 23 | Nov. 4 | Feb. 10 | Mar. 31 |
| Sept. 30 | Nov. 11 | Feb. 17 | Apr. 7 |
| Oct. 7 | Nov. 18 | Mar. 3 | Apr. 28 |
| Oct. 14 | Dec. 9 | Mar. 10 | May 5 |

Retreat
Oct. 22-24

Dodgeball
Sept. 19
May 15

COMMUNITY LIFE MINISTRY

Habits Help

Times of prayer in the morning, attendance at Mass, or a short prayer before a meeting are often not earth-shattering moments, but they gradually form a habit of openness to our place in creation. They can help us to be prepared for sickness, the acceptance of criticism and failure, or the death of a loved one so that these difficult experiences lead us to not be bitter, but better. Over a life, these moments can bring us profound growth in who we were created to be.

(Getting Work Right: Labor and Leisure in a Fragmented World by Michael J. Naughton)

S.F.C. Corner



Magnificat Moms: An SFC Catholic Moms Group

Thurs., Feb. 17th, 9:45-11:45am
in the Frassati Room

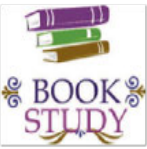
Moms of Cabrini, please join us on Thurs., Feb. 17th, to hear a guest speaker, **Lisa Cotter**. She will give a talk titled, *Real Womanhood*, based on her new book, *Reveal the Gift: Living the Feminine Genius*, coming in March 2022! The world offers us many different ideas on what it means to be a woman. As we search for answers, our attempts to make sense of it all can lead to frustration and disillusionment. Using Biblical principles, insights from Pope St. John Paul II's feminine genius and the heroic examples of modern-day Saints, Lisa gets to the truth about what it means to be an authentic woman.



Lisa Cotter is a nationally sought-after speaker on the topics of relationships, femininity, and living life with excellence. For 11 years, she and her husband, Kevin, served FOCUS as a family. She is the author of *Dating Detox: 40 Days of Perfecting Love in an Imperfect World*, as well as co-host for the popular *How-to Catholic* Podcast.



Whether this would be your first meeting, or you've been many times, we would love for you to join us for this incredible speaker! Childcare provided.



Women's Book Study

Join fellow women of St. Frances Cabrini in a book study **beginning Feb. 2nd** and going through **March 16th**. This study will be held on Wednesday mornings from 9:45-11:30am in the Music Room. The book we will be reading is *The Saint Monica Club: How to Wait, Hope and Pray for Your Fallen-Away Loved Ones* by Maggie Green. Like so many Catholics today, Monica wrestled daily with the pain of having a loved one fall away from the Faith. Like us, she often feared that her prayers and tears were of little worth, empty and futile. Not so! This book study invites you to the wise, compassionate guidance from members of what the author calls the "St. Monica Club." No homework! All the reading and discussion happens during our sessions. The cost of the book is \$10. (Scholarships are available.) For more information or to register, please contact Karen L at 303-953-7765 or klotspeich@sfcparish.org.

Homeschooling Community

Do you homeschool your children? We are looking for you! We are hoping to start a homeschool group for the Cabrini parish. We are a new(ish) family to homeschooling and would love to build a community of support and friendship here at Cabrini. We homeschool all of our kids - high school, middle school, elementary and wee ones, so we have many different age group possibilities!!! If you are currently homeschooling your children and have any interest at all, please contact Michele at 303-817-3854 (call or text.) St. Monica, pray for us.

Support Groups

Groups are welcoming and offer support, prayer and fellowship to those in need. If you have general questions, please call 303-953-7765.

Abortion Healing/Forgiveness: Caring, confidential group. Open to anyone who has had or been affected by an abortion. Call Lori at 303-904-7414.

Adoptive Families: Looking for support, fellowship & education in a faith-filled atmosphere? Contact Teresa at 720-988-7847 or gogotree@q.com.

Alcoholics Anonymous: 7:30pm Sat. in the lower level. For more info, call Eddie at 720-917-8992.

Al-Anon: Meetings on Mon., 1-2:30pm and Fri., 9-10:30am **in person** and via zoom, Adults only. Contact Karen at 303-953-7765.

Counseling Referrals: Our Parish has a number of counselors we refer to for a wide range of issues. For a referral, call Karen at 303-953-7765.

Sexual Purity: Join a group of men who are finding hope, healing and freedom from their sexual sin through Christ. For more info, call 303-587-6239.

Knights of Columbus Parish Breakfast

The Knights of Columbus will be serving a Parish Breakfast in the Parish Hall from 8-11am, after the 7:15am and 9:15am Masses this **Sun., Jan. 23rd**. Everyone is welcome to attend. Adults: \$6; Children 5-14: \$5; Family Maximum: \$15; Seniors: \$5. Proceeds will benefit our parish and various Knights of Columbus charities. Cash, check and all major credit cards are accepted. **Don't miss the Ladies of Charity Bake Sale at each breakfast!**



Knights of Columbus



All men of the Parish are invited to join the Knights of Columbus at Cabrini. Please visit <https://www.kofc.org/secure/en/join/join-the-knights.html> to sign up.

Shelter the Homeless



January 22nd and 23rd

New or recently cleaned sleeping bags or blankets and hygiene supplies



Individual travel size items:

- New Combs/Hair brushes
- Deodorant
- Foot powder
- Sunscreen
- Chapstick
- Hand Warmers
- Hand sanitizer
- Nail clippers
- Shaving cream
- Toothbrushes
- Toothpaste.



- New or cleaned blanket
- Sleeping bags

Living the Corporal Work of Mercy
Please bring any of the above items to the Gathering Space before all Masses on Saturday the 22nd or Sunday the 23rd

Home Extension project

- Put together hygiene kits as a family. Pray for the person who may receive it.
- Buy fast food restaurant gift cards to give to a homeless person.

PLUMBING
HEATING
COOLING

Save Energy
Conserve Water



Braconier

303-777-3037
www.Braconier.com

Since 1983

Jeno's
Auto Service, Inc.




Steve Horvath
Owner

Celebrating 35 years in business serving Littleton.

Your Satisfaction is always guaranteed!

303-794-6700
www.jenosautoservice.com

Al Duran
Broker Associate
303.909.9205
O:303.988.0123
alduran.Rei@gmail.com




No Help You Buy Sell Real Estate

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust


- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | SafeStreets

1-855-225-4251



C Squared
COMPUTER CONSULTING INC



Parishioners Proudly Serving
St. Frances Cabrini Parish

(303) 933-1113
c2cc.net

NEVER MISS A BULLETIN !

Sign up to have our weekly parish bulletin emailed to you at www.parishesonline.com



MASTER PLUMBER

CORIANO & SONS

PLUMBING • HEATING
DRAIN CLEANING
AIR CONDITIONING
SPRINKLER SYSTEMS

303-798-9011 • www.corianoandsons.com
24 Hour Emergency Service

303.794.0267

Littleton's Woodlawn Floral

1799 W Littleton Blvd
Littleton, CO 80120
littletonwoodlawnfloral.com

Established 1984

KEN CARYL GLASS INC.

Commercial • Residential • Free Estimates

12450 Mead Way • Littleton • 303-791-3122



SUPPORT YOUR LOCAL PARISH.

Buy a bulletin ad space today!



A MINISTRY OF THE ARCHDIOCESE OF DENVER

MT. OLIVET
CATHOLIC CEMETERY & FUNERAL CENTER

Start planning today:

Funeral | Cremation | Cemetery | Family Estates

(303) 893-0185 | cfcscolorado.org
Call to receive your Advanced Planning Parish discount

cfcs
Living Our Mission
CATHOLIC FUNERAL & CEMETERY SERVICES OF NORTHERN COLORADO

SERVING THE DENVER CATHOLIC COMMUNITY SINCE 1890.
The heritage behind our mortuaries and cemeteries is one of history and tradition.

Matt Whaley, Director • Kathy Soltero, Pre-Planning Counselor
Chapel Hill Mortuary (303) 455-3663




Olinger

advantage
FUNERAL & CREMATION SERVICES



Attorney and Counselor-at-Law

Robert J Hercher
Business | Elder | Estates | Cyber
Personal, pragmatic service helping you seize opportunities, or solve big problems

bob.hercher@coloradotransactionlaw.com
303.257.1321
www.rjhercher.com




STAND OUT

with a PREMIUM DIGITAL AD on PARISHESONLINE.COM



CONTACT US AT 800-950-9952



SUPPORT OUR ADVERTISERS!



ATTENTION MEDICARE BENEFICIARIES:

The 2022 Annual Enrollment Period (AEP) is upon us again October 15th to December 7th. If you have questions about your Medicare Drug Plan (PDP) or your Medicare Advantage Plan, and would like a NO Obligation, Free analysis Please visit our Website www.medicarehbs.com, click on the "How to get started" tab and fill out the forms, they come directly to our email, safely HIPAA compliant. There is no need to print off or mail anything, OR if you would rather call us to answer any questions you may have.




Tammy and Tom Sullivan
Parishioners of St. Frances Cabrini
HealthCare Benefit Services

6638 W. Ottawa Ave. #120 • Littleton, CO 80128
303-973-6636

GARDEN & LAWN CARE
LANDSCAPING, LAWN CARE, TRIMMING,
SPRINKLERS, SNOW REMOVAL & MORE.

CALL JOHN AT
303-875-0996
Free Estimates / Senior Discount



AVAILABLE FOR A LIMITED TIME!

ADVERTISE HERE NOW!

Contact **Kathryn Dickens** to place an ad today!
kdickens@4LPi.com
or **(800) 950-9952 x5809**

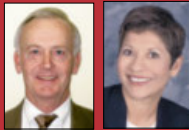
State Farm State Farm Insurance



Paul & Virginia Hooper

Parish Members

303-973-8883 | www.virginiahooper.com



AVAILABLE FOR A LIMITED TIME!

ADVERTISE HERE NOW!

Contact **Kathryn Dickens** to place an ad today!

k Dickens@4LPi.com

or (800) 950-9952 x5809

James Urbaniak, DDS, MS

Parishioner

Scott Pankratz, DDS

Dr. Matthew Goergen, D.M.D., M.S

Chad Belongea, DDS



6931 South Pierce Street, Suite 101, Littleton, CO 80128 | 303.978.1104 | www.swpdo.com

JOHN BASILA (303) 589-9034

Realtor®, CRS, ABR, SRES, SFR

adenverhome.com

Parishioner, Seniors Specialist, Top Producer

Expert Service for Sellers, Buyers, Investors



**Heating
Air Conditioning
Inspection • Service
Residential &
Commerical**

303-905-8786

CCSMechanical@comcast.net

Parishioners

Contact **Mike Barela** For
All Your Heating &
Cooling Needs!

Trees by Mr. B

Trimming Specialist
Doug Bierzychudek

(303) 932.2514

10% Donated to the Parish
30 Years Experience • Fully Insured
Accept Credit Cards



Jane McGill, MA, LPC, NCC

Clinical Counselor

Adults, Teens
and Couples

call 720-707-9119

www.janemcgillcounseling.com



State Farm

Michelle DeCarlo Ins Agency Inc

S/W corner of Bowles and Wadsworth

Bus 303-978-1223

Call 303-522-6670

Michelle@michelledecarlo.com

Love, Hope, Family, and Security..

That is what life is about



Realtor® Parishioner

Jenna@JennaHarrisHomes.com

www.JennaHarrisHomes.com



Jenna
Harris

720.319.1388

*Each Realty One Group is individually owned and operated

WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com
www.4lpi.com/careers

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



SafeStreets

1-855-225-4251

**FREE
AD DESIGN**

WITH PURCHASE
OF THIS SPACE

CALL
800.950.9952

PREMIER MOUNTAIN INSURANCE
CALL OR TEXT TODAY!
303.452.6662
PREMIERMOUNTAININSURANCE.COM
AUTO • COMMERCIAL
HOME • LIFE • TOY
UMBRELLA

Mike Schmisek
St Frances Cabrini
Parishioner

**Aspen Green
Carpet Care**

- Carpet Cleaning
- Upholstery
- Air Duct
- Tile & Grout
Cleaning

303-725-4610 Free Estimates
10% Parish Discount Parishioner

**ACCESS
EQUITY
CORP** **T.J. Rubley**
Owner/President

Office: 303-716-7676
Cell: 303-601-5271
tjr@accessequitycorp.com

9249 S. Broadway Ave. Ste 200-424
Highlands Ranch, CO 80129



A Better Solution

In Home Care

South Denver

1-303-568-9144

We provide professional caregiving services and placement to individuals and families in need of assistance

**SUPPORT YOUR
LOCAL PARISH.**

Buy a bulletin ad space today!

**SUPPORT OUR
ADVERTISERS!**

We've Missed You!

Welcome Back to Mass



Stay connected to our faith community no matter where you are by signing up to get our bulletin delivered straight to your email!

www.ParishesOnline.com

Looking for Re-fi or New Mortgage?

Dana Stur

720-231-2660



Dana@nhlfinance.com

NMLS #1537812 Proud Catholic Parishioner



RICHARD MANN, Agent

303-280-3346

Rmann@amfam.com

Rick & Shelley Parish Members Since 1995

ALL YOUR NEEDS UNDER ONE ROOF

AUTO • HOME

BUSINESS • LIFE

www.Rmannagency.com



RE/MAX Professionals

ROB STARK

303.503.5736

Valuation Expert with 30 years of experience

StarkRealEstateGroup.com

Former Certified Residential Appraiser

Consistent Top Producer | Parish Member

Rob@StarkRealEstateGroup.com



ARENS ELECTRIC, INC

4735 S. Santa Fe Cir • Englewood, CO 80110

303-761-1289

www.arenselectricinc.com

Call for Expert Service

Parishioners



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Frances Cabrini, Littleton, CO

A 4C 05-0064