



# St. Ambrose Catholic Church

JANUARY 28, 2024  
VOLUME LXI ISSUE 4

FOURTH SUNDAY  
IN ORDINARY TIME (B)

## CHURCH LOCATION:

1975 South 2300 East,  
Salt Lake City, Utah 84108

## MASS SCHEDULE:

Saturday	9:00 am
	5:00 pm
Sunday	8:30 am
	11:00 am
	5:00 pm
Weekdays	7:00 am
Holy Days	(see inside)
Wednesday	6:00 pm
(Tridentine Latin Mass)	

## CONFESSIONS:

Wednesday from 3:00-5:00 pm  
Saturday from 3:00-4:40 pm

## PASTOR:

Rev. Erik Richtsteig

## DEACONS:

John Bash (retired)  
Steven Neveraski

## PARISH COUNCIL:

Richard Rathbun, President  
ParishCoPres@gmail.com

## DIRECTOR OF LITURGY:

Chris Huntzinger  
chuntzinger@cosgriff.org

## DIRECTOR OF RELIGIOUS ED:

Ruth Lowe  
385-446-6581  
dresaintambrose@gmail.com

## OFFICE OF BEREAVEMENT/ HOMEBOUND & RCIA:

Sarah Maland  
801-485-9324  
volcor@xmission.com

## PARISH OFFICE:

9:00 am - 5:00 pm (Tues-Thurs)  
2315 Redondo Avenue  
Salt Lake City, Utah 84108  
801-485-5610  
paroff@xmission.com

## PARISH SCHOOL:

J.E. Cosgriff Memorial Catholic School  
Mary Thorne, Principal  
801-486-3197  
mthorne@cosgriff.org



## 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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St. Ambrose Catholic Church

[www.stambrosecatholicchurch.org](http://www.stambrosecatholicchurch.org)

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Visit our website: [www.stambrosecatholicchurch.org](http://www.stambrosecatholicchurch.org)

Find everything you need to know about Saint Ambrose Parish activities, Facebook, ministries, priest and deacons, lay staff, and calendars all in one place! It's easy and intuitive to navigate. Stay informed about our parish events, and announcements!

View Mass online at the following link: <https://www.stambrosecatholicchurch.org/sunday-mass>

Sunday Mass for the current week is typically available by 8:00 AM each Sunday morning.

**ADORATION OF THE  
BLESSED SACRAMENT**  
Tuesdays 8:00 am - 8:00 pm

"I should like you to be free of anxieties...not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction."

— 1 Corinthians 7:32, 35

In this week's Second Reading, St. Paul advises the Corinthians not to be concerned with things of this world, so that they may grow closer to God. If you find yourself distracted or anxious about things in your life, take them directly to God in prayer at Adoration. Adoration is available to all every Tuesday and on First Fridays from 8:00 AM to 8:00 PM.



Thank you to all who have signed up for an hour of adoration! We have consistent need for adorers at 1 PM and 5 PM during the month of February. Sign ups are now available through mid-June. You can access the sign up by clicking on any Tuesday Adoration event on the calendar on our website. Contact Mary Pat at [adorationatstambrose@gmail.com](mailto:adorationatstambrose@gmail.com) with any questions.

The annual Lenten Fish Supper will be on Friday, February 16th this year. Cost will be \$12 per person. Tickets will be sold the weekends of February 3rd and 4th and February 10th and 11th after weekend Masses in the vestibule. Save the date and join us for this Lenten tradition.



**Special Collection This Week:**

Church in Latin America

Envelopes are available at church entrances.

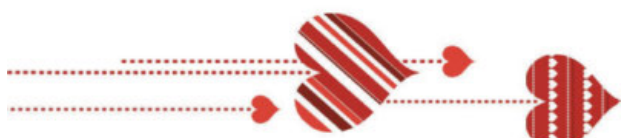


Ever wonder how Ash Wednesday ashes are made? Want to help make this year's ashes? Come join us on Saturday, February 3rd at 9 AM in the **social hall — note the new location**. Volunteers 8 years old and over are needed to cut and bundle dried palms, and to blend and store cooled ashes. All steps will be supervised by the Knights of Columbus and adult volunteers. Bring small pruning scissors and gardening gloves if you have them. Coffee, hot cocoa, and pastries will be provided. Bring a friend, and help us prepare for Lent!



Celebrate Valentine's Day early with the 49ers Club. Join us for a luncheon and raffle on Tuesday, February 13th at 1 PM. Lunch will be a choice of chicken or salmon and cost will be \$16.

RSVP to Rachel at 801-860-1880 by Saturday, February 10th.





## Bible Bits

January 28, 2024

Capernaum was a village of about 1,200 people in the days when Jesus walked the earth, and it was the center of His ministry. Franciscan Fathers obtained this site which contains the ruins of that town in the late 1800s and have excavated what is left of the large synagogue built sometime between the second and fourth centuries AD. Underneath what is left of that building, excavations in the 1990s revealed the remains of an earlier synagogue, which experts say is the one in which Jesus taught, and indeed, was teaching in the account of this Sunday's Gospel Reading (Mark 1:21-28). It is exactly where He healed "a man with an unclean spirit" (verse 23). Nearby, are found the ruins of an ancient church, an enlargement of the house of the mother-in-law of Saint Peter. Her healing at the hands of Jesus is described in the passage immediately following this Sunday's Gospel Reading, as well as the fact that "He cured many who were sick with various diseases, and he drove out many demons" (verse 34).

Bethlehem Wood Carving is coming to St. Ambrose February 10th and 11th. After the Saturday 5 PM Mass and Sunday morning Masses, please visit to see their wonderful carvings. All the money from selling these carvings goes to help Catholic families from Bethlehem. They are going through tough times every day because of unrest and the war in the Holy Land. These families make their living by creating and selling these crosses, rosaries and gifts. By buying these meaningful carvings and gifts, you can support this important cause and show your kindness.

### SACRIFICIAL GIVING FOR JANUARY 13-14

Contributions Envelope/Basket	\$3,720
Automatic Electronic Contributions	<u>\$1,115</u>
Total Contributions January 13-14	\$4,835
School Collection '23-'24 FY to Date	\$2,097

### SACRIFICIAL GIVING FOR JANUARY 20-21

Contributions Envelope/Basket	\$12,741	
Automatic Electronic Contributions	<u>\$1,115</u>	
Total Contributions January 20-21	\$13,856	
		School Collection '23-'24 FY to date \$2,097

Thank you for your generosity!



### Are you or someone you know interested in learning more about the Catholic Church?

The Rite of Christian Initiation of Adults (RCIA) meets Tuesdays at 7:00 pm in the Vaughan Center.

### This Week's Topic: The Sacraments of Service — Matrimony and Holy Orders

We conclude our study of the sacraments with the sacraments at the service of communion. In Matrimony, a man and a woman become one at the service of the family. In Holy Orders, men are ordained to serve the community of the faithful. Come learn more about these two sacraments.

If you or someone you know have been considering learning more about Catholicism or thinking about joining the Church, come check out RCIA at St. Ambrose! For more information and to be added to our RCIA mailing list, contact Sarah Maland at 801-485-9324 or by e-mail at [stambrosehbbc@gmail.com](mailto:stambrosehbbc@gmail.com).



## In Loving Memory

*We express our sympathy to the families of:*

*Mary Kay Artz*

*mother of Mary Beth Andrews*

*Elizabeth Crowder*

*mother of Bridget Delaney*

*and*

*Col. Robert Glenn Rohland*

*father of Lynn Rohland*

*May they rest in Christ's peace.*

**Prayer Requests:** Mark Andreas, Jubilee Ashby, Judy Pignanelli-Barrere, Dcn. John Bash, Christie Bogle, Grant Bradfield, Liam Brady, The Rev. Michael P. Buckley (retired), Karen Byrne, Kathleen "Kaye" Calfo, Mike Calfo, **Nancy Caligiuri**, Mel Calvert, Esther Cendejas, Danny Clyne, Debbie Collins, Michael Davies, Mary Divver, John Dwan, Jim Ehleringer, Jan Folsom, Jeffrey Folsom, Terry F. Fox, Dan Fuehring, Courtney Fullmer, Mary Jean C. Gallegos, Adon, Ariel, Bernie, & Gerry Garcia, Maxine Giovacchini, Melvin Gortatowski, Valerie Green, Ann Gregory, Cindy Griff, Kristie Griffiths, Virginia Gullede, Beth Hambrick, Evert House, Jonathan Hulbert, Linda Itami, Annette Kane, Robert Keller, Mariclare Klein, John Klinetop, Guy Lacy, Bibianna Lee, Sujin Lee, Roxie McCusker, Shay Meh, Tim Moe, Henriette Mohebbi, Pat Moore, Lisa Morris, Richard Nolin, Dorothy Pendleton, Debra Ann Peters, Sandra Raucci, Denny Reeves, Corbin Richey, Grace Rohland, Edward Scozzare, Marilee Schary, Lucy Schreck, Garth Smith, Jan Stewart, Marie Suchyta, Hilary Waldon, Steve Walker, Stacy Walther, Cory Wilson, Tiffany Young, Vi Yelderman, James W. Zeberlein, Sr.

**Bold: Newly Added**

### From the Desk of the St. Ambrose Women's Guild

**HOLY WATER:** Holy water is a powerful sacramental as well as a common fixture in Catholic churches. There are often ornate stoups filled with holy water right at the entrance to the church. You've probably dipped your fingers into these basins and made the sign of the cross without even thinking about it. Water has long been associated with God's saving deeds. It flowed from the rock as God's gift to the people of the Old Testament. The water of the Red Sea was divided to liberate God's people from slavery. Jesus was baptized in the water of the Jordan. He came walking on the water to calm the storm on the Sea of Galilee, and the ritual washings required before entering the temple for Jewish people were a precursor to Baptism. The use of holy water dates back to the first century and some sources relate its early usage to St. Matthew, although written documentation about its usage dates to the third or fourth century. Holy water is composed of two elements, water and salt. Water cleanses and purifies, reminding us that our souls have been washed and made pure by the water of holy Baptism. The salt, which is mixed with the water during the blessing, bears three symbolic meanings. First, salt preserves from corruption. Second, it is a symbol of wisdom. Finally, it flavors food. When added to the water, it helps make our souls pleasing to God. Holy water plays



a very important role in several Catholic rites. It is used for Baptisms; blessings of persons, places and objects; and as protection against evil and danger. It signifies repentance, rebirth, commitment, and devotion. It is a symbol of God's grace. There is no limit to where you can use holy water – Baptisms, blessing of Mass attendees, blessing of the sick, exorcism, cleansing of sins, blessing yourself, blessing your home and your family, blessing religious items, blessing your workspace, blessing your car, blessing wedding rings, and more. There is no standard prayer to utter when sprinkling holy water. You can say a simple prayer like: "By this holy water and by Your Precious Blood, wash away all my sins, O Lord. Amen" Or you can make the sign of the cross and then pray the Lord's Prayer or the St. Michael Prayer. Holy water is a powerful sacramental. It symbolizes purification and protection against evil. It reminds us of our close connection to God and is a constant reminder of faith and spirituality.



Join us for the J.E. Cosgriff Memorial Catholic School & St. Ambrose Parish

## Spaghetti Dinner

**Saturday, February 10th**

**6:00 – 8:00 pm**

**following 5:00 Mass**

**St. Ambrose Social Hall**

**\$10 per person – \$30 per family**

*Dinner Includes:*

*Spaghetti*

*Salad*

*Bread*

*Dessert*

*Water or Lemonade*

MINISTRY FOR NEXT WEEKEND  
FEBRUARY 3 – 4

**SATURDAY**

5:00 pm: Lector - Lori Gonzales

**SUNDAY**

8:30 am: Lector - Maci Frost

11:00 am: Lector - Lori Davis

5:00 pm: Lector - Andrew Method

**Confessions:**

Wednesday afternoon: 3:00-5:00 pm  
Saturday afternoon: 3:00-4:40 pm

**PARISH EVENTS**

**JANUARY 29 - FEBRUARY 4**

*Rosary follows 7:00 AM weekday Masses*

**Monday, January 29**

7:00 am Mass church  
6:30 pm Knights of Columbus VC

**Tuesday, January 30**

7:00 am Mass church  
8:00 am Adoration church  
8:00 am Cosgriff Science Fair SH  
7:00 pm RCIA Catechumenate VC

**Wednesday, January 31**

7:00 am Mass church  
8:45 am Cosgriff All-School Mass church  
10:00 am Cosgriff Grandparent Brunch SH  
3:30 pm Confession church  
6:00 pm Latin Mass church  
7:00 pm Church History Study VC

**Thursday, February 1**

7:00 am Mass church  
7:00 pm Choir Rehearsal VC

**Friday, February 2**

7:00 am Mass church  
8:00 am First Friday Adoration church

**Saturday, February 3**

9:00 am Mass church  
9:30 am Ash Wednesday Ash Making SH  
9:45 am Prayer Group church  
9:45 am First Saturday Prayer Group VC  
3:00 pm Confession church  
5:00 pm Mass church

**Sunday, February 4**

8:30 am Mass church  
9:45 am Parish Religious Education school  
10:15 am Choir Rehearsal VC  
11:00 am Mass church  
12:00 noon In-Person Baptism Class VC  
4:00 pm RCIA Scripture Reflection VC  
5:00 pm Mass church



**MASS INTENTIONS –  
JANUARY 27 - FEBRUARY 4**



**Saturday, January 27 Third Saturday in Ordinary Time (OT)**

9:00 am † Philip Caligiuri (Arthur A. Caligiuri)  
5:00 pm † James DeNiro (The Dowd Family)

**Sunday, January 28 FOURTH SUNDAY IN ORDINARY TIME**

8:30 am † Jean Paul Foucher (The Maguire Family)  
11:00 am For the People of St. Ambrose  
5:00 pm Intentions of Blaise Rohland (Lynn Rohland)

**Monday, January 29 Fourth Monday in OT**

7:00 am Intentions of Nancy Caligiuri (Linda Wedenoja)

**Tuesday, January 30 Fourth Tuesday in OT**

7:00 am Intentions of Dorothy Zitting (Jennifer Corey)

**Wednesday, January 31 St. John Bosco, priest**

7:00 am † Gordon Zitting (Jennifer Corey)  
8:45 am \* School Mass — Catholic Schools Week  
6:00 pm Latin Mass

**Thursday, February 1 Fourth Thursday in OT**

7:00 am † Carol N. Hall (Diana Dean)

**Friday, February 2 The Presentation of the Lord (Candlemas)**

7:00 am † Gregory Bae (The Bae Family)

**Saturday, February 3 Fourth Saturday in OT**

9:00 am Intentions of Gage Orvis (Jennifer Corey)  
5:00 pm † Tom Goertemiller (David and Peggy Quinlivan)

**Sunday, February 4 FIFTH SUNDAY IN ORDINARY TIME**

8:30 am Living and deceased members of the 49ers Club  
11:00 am For the People of St. Ambrose  
5:00 pm † Kyrstin Silon (Rob and Diana Silon)

† Masses for the Deceased \* School Mass



**SCRIPTURE READINGS –  
JANUARY 27– FEBRUARY 4**



<b>Sat., Jan. 27</b>	1 - II Samuel 12:1-7a, 10-17 Gospel - Mark 4:35-41
<b>Sun., Jan. 28</b>	1 - Deuteronomy 18:15-20 2 - I Corinthians 7:32-35 Gospel - Mark 1:21-28
<b>Mon. Jan. 29</b>	1 - II Samuel 15:13-14, 30; 16:5-13 Gospel - Mark 5:1-20
<b>Tue., Jan. 30</b>	1 - II Samuel 18:9-10, 14b, 24-25a, 30—19:3 Gospel - Mark 5:21-43
<b>Wed., Jan. 31</b>	1 - II Samuel 24:2, 9-17 Gospel - Mark 6:1-6
<b>Thu., Feb. 1</b>	1 - I Kings 2:1-4, 10-12 Gospel - Mark 6:7-13
<b>Fri., Feb. 2</b>	1 - Malachi 3:1-4 2 - Hebrews 2:14-18 Gospel - Luke 2:22-40
<b>Sat., Feb. 3</b>	1 - I Kings 3:4-13 Gospel - Mark 6:30-34
<b>Sun., Feb. 4</b>	1 - Job 7:1-4, 6-7 2 - I Corinthians 9:16-19, 22-23 Gospel - Mark 1:29-39





WEDDINGS, MEETINGS,  
GATHERINGS, AND  
UNFORGETTABLE EVENTS

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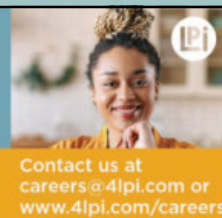
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