

# Holy Ghost Parish

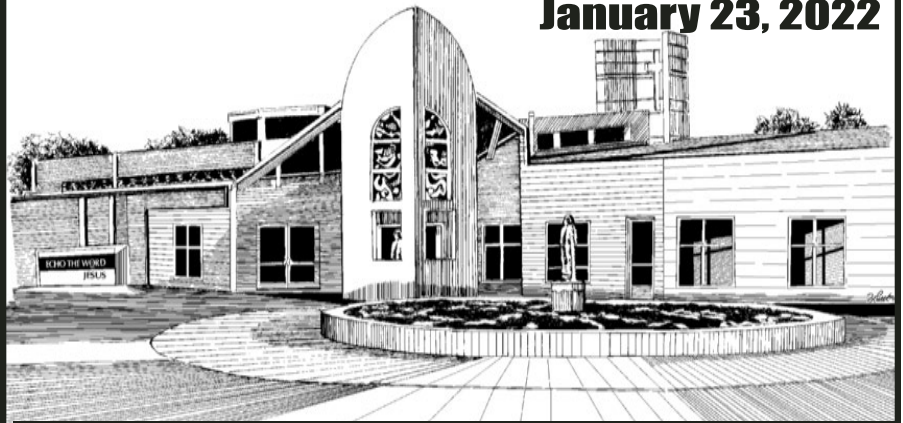
## Parish Office

833 Arizona SE Albuquerque, NM 87108  
Phone: (505) 265-5957 Fax: (505) 265-5958  
Parish Website: [holyghost.weconnect.com](http://holyghost.weconnect.com)  
Pastor: Rev. Hyginus C. Anuta

## School Office

Website: [hgcsabq.com](http://hgcsabq.com)  
Principal: Dr. Doug Wine  
Phone: 256-1563 fax: 262-9635

January 23, 2022



Holy Ghost Mission Statement - "To Be Holy As We Are Called To Be."

## Parish Office Hours

### Monday-Thursday

8:00 am-12:00 pm/1:00 pm-5:00 pm  
Friday 8:00 am-1:00 pm

## Mass Schedule / Misas

### *Saturday / Sabado*

(Sunday Obligation)  
4:00 pm (English / Inglés)

### *Sunday / Domingo*

8:00 am (English / Inglés)  
9:30 pm (Español / Spanish)  
11:00 am (English / Inglés)  
1:00 pm (Español / Spanish)

### Weekday Masses

Tuesday-Friday 8:00 am  
1<sup>st</sup> Saturday of the month 8:00 am

### Confessions/Confesiones

Saturdays 3:00 pm – 3:45 pm  
or by appointment

## Parish Staff

**Pastor: Rev. Hyginus C. Anuta**  
[hyginus002@yahoo.com](mailto:hyginus002@yahoo.com)

**Bookkeeper: Susan Salazar**  
[grassalazar@outlook.com](mailto:grassalazar@outlook.com)

**Receptionist: Christina Martinez**  
[HGocoord@gmail.com](mailto:HGocoord@gmail.com)

**Director of Religious Education**  
Marlene Torres  
[hgministeriosesp@gmail.com](mailto:hgministeriosesp@gmail.com)



### 3<sup>RD</sup> SUNDAY IN ORDINARY TIME

The Spirit of the Lord is upon me...  
He has sent me to proclaim liberty to captives  
and recovery of sight to the blind,  
to let the oppressed go free.  
- Lk 4:18

## LIVE THE LITURGY

### - INSPIRATION FOR THE WEEK

People can easily lose a sense of the sacred and transcendent. When we lose a sense of God's special presence, we need to be brought back. Ezra brought people back to the word of God and they realized what they were missing. Jesus proclaims God's word in the synagogue with true conviction and tells those gathered that he is the fulfillment of all that Isaiah taught. Even though people get lost, distracted, discouraged, and often journey down the wrong path, God's timeless law remains. When we allow ourselves to truly hear God's word and act on it, that living word slowly, over time, changes us. It has the power to soften and mold us, creating within us a joyful spirit. We realize the truth in what God speaks and become open to God's love. Gradually and gently God leads us back where we belong. We discover again the sacred character of life and the wonder of God's power. It is no wonder that Luke addresses his remarks to Theophilus. It is a name that means "beloved of God," a name that can be used by anyone who desires friendship with God.

©LPi

**Outreach/Charitable Food and Utility Assistance:**  
St. Vincent de Paul Central Office 346-1500 ext. 4

# Mass Intentions

**Saturday January 22, 2022 4:00 pm**

For Members of the Church & Apodaca family  
 †Deceased members of McBride-Browning family by Mike & Kathy McBride

**Sunday January 23, 2022**

**8:00 am** Health Int. of Larry O'Connell by family

**9:00 am** Por todos los enfermos  
 †Nina Torres y Valeria Lara de la familia

**11:00 am** A special Intention by Dr. Jason Rodarte

**1:00PM** † Luis Ramirez Estrada, Monserrat Ramirez Mata, Blanca Ramirez,  
 † Salvador Ramirez Mata, Evangelina Gonzalez, Victor Gonzalez  
 † Graciela Munoz

**Wednesday January 26, 2022 8:00 am**

In Thanksgiving to St. Peregrine & the Holy Spirit by Patrick Chavez  
 Living & Deceased members of Lawrence Lies family by Kathryn Lies

**Saturday January 29, 2022**

**4:00 pm** † Ed & Katherine Nason by Mike & Kathy McBride

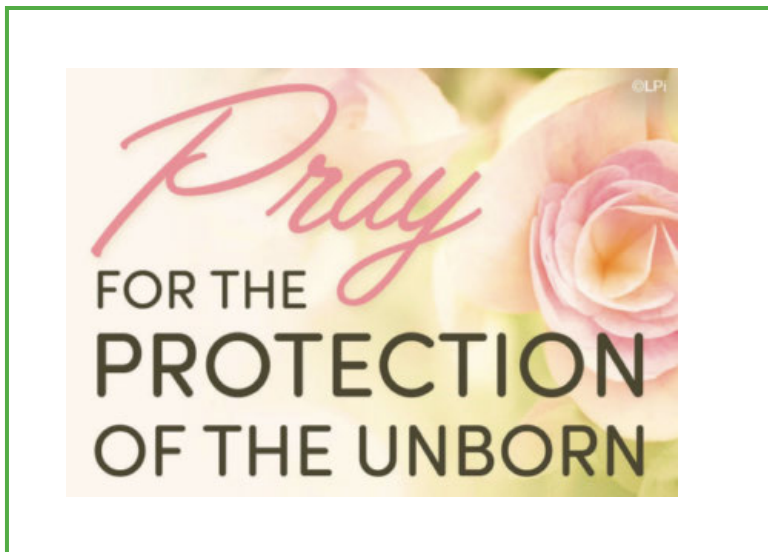
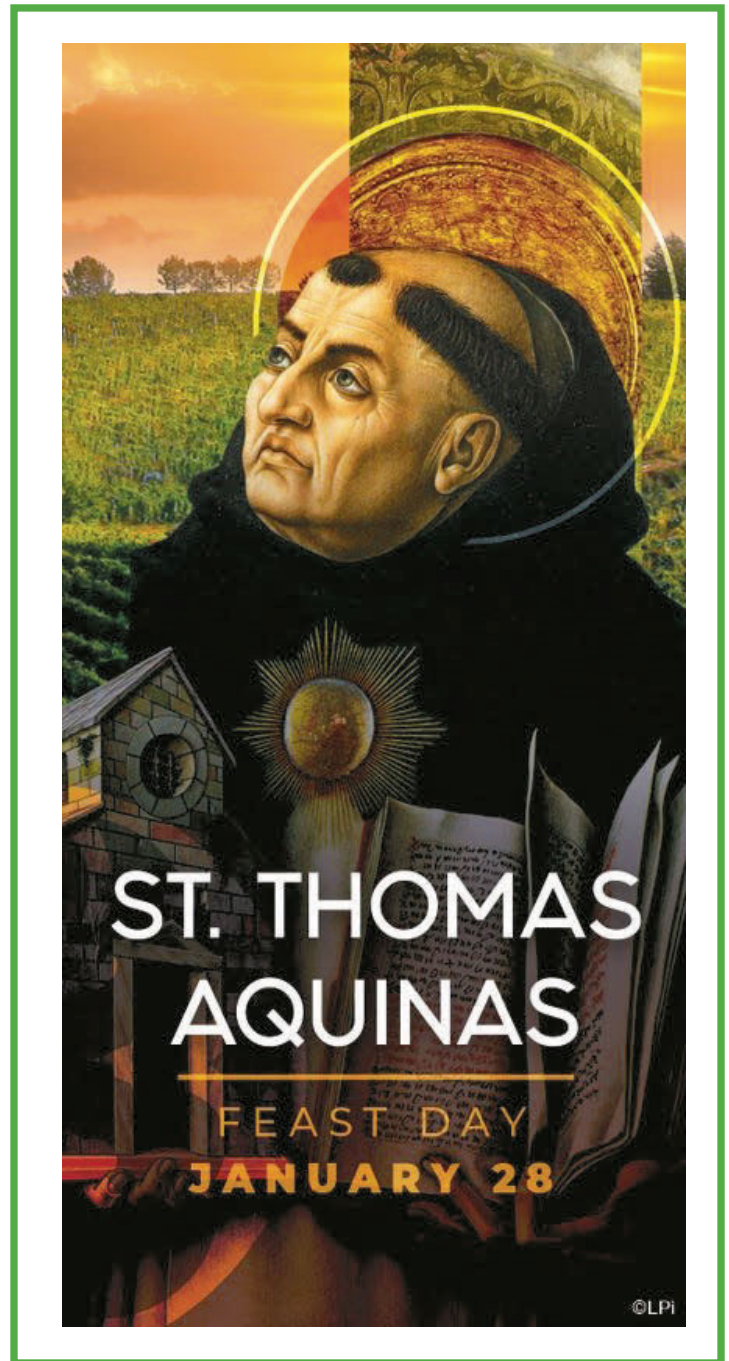
**Sunday January 30, 2022**

**8:00 am** † Victoria Hernandez by the Dominguez family  
 Health Int. of Larry O'Connell by family

**9:30am** † Jarvis Contreras, Valeria Lara, Nina Torres de la Familia

**11:00 am** † Frank Gurule, Frankie Gurule & Thomas Curtis

**1:00 PM** † Luis Ramirez Estrada, Monserrat Ramirez Mata, Blanca Ramirez,  
 † Salvador Ramirez, Evangelina Gonzalez, Victor Gonzalez



			
<b>January 8th &amp; 9th, 2022</b>			
Parish	4,321.66	S of Mary	165.00
School	105.00	Christmas	50.00
SVDP	275.22	Immaculate C	25.00
Building	650.00	Ret. Religious	25.00
<b>TOTAL</b>		<b>\$5,616.88</b>	

**MAY GOD BLESS YOU ABUNDANTLY**

## PLANT YOUR WORKS IN THE WORD

One of the things about Scripture is that even the smallest word and shortest phrase can be critical to the overall message. When you take a quiet moment to rest with the Word, you find how quickly the most mundane sentence can reach out and grab you, pulling you into a deeper contemplation of some truth you hadn't even considered until then.

But we often fail to act as the Israelites in the Book of Nehemiah, standing before the Water Gate "listening attentively." Whether it's at Mass during the Liturgy of the Word or at home poring over the Bible, time after time we find ourselves less mindful than we could be. Our ears accept the sounds of the words and our eyes glance over the shape of the letters.

But are we mindful — truly?

The best answer is hopefully at least sometimes. There are always tasks to be completed, problems weighing on our minds that we can't quite give over to God. We lose ourselves in these things instead of in Scripture. We "clock in" with Bible reading instead of "diving in."

We can never forget that the words of the Lord are spirit and life. They are the soil that quickens the seed of all stewardship. There is no mindfulness, no prayer, no graciousness, no gratitude or accountability or sense of commitment unless there is the Word.

So let us pray today for mindfulness, that our every action will be grounded in the law of God — giving it true spirit and life.

—Tracy Earl Welliver, MTS

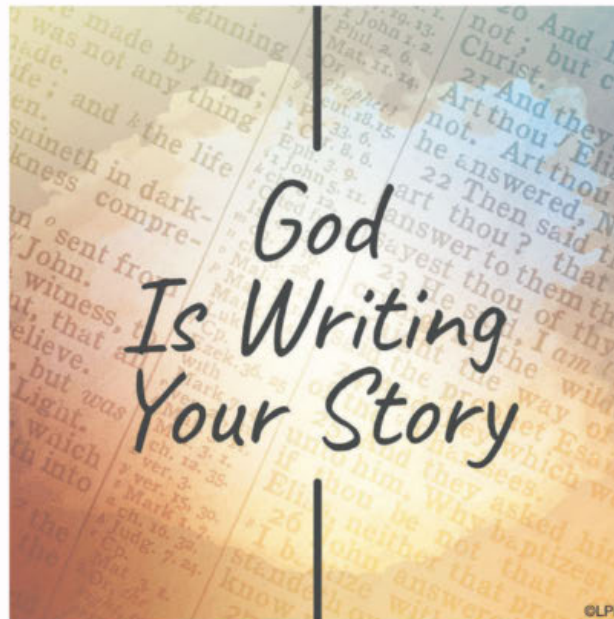
## IS IT RIGHT TO SUE SOMEONE? ISN'T IT A WAY OF GETTING REVENGE?

Revenge is inflicting harm for harm's sake, the idea of an eye for an eye, a tooth for a tooth, and then some. There is often a fine line between justice and mercy, between compensation and forgiveness. Unfortunately, things can happen to us that cause harm, suffering, and damage, regardless of people's intentions. When someone is hurt, especially in such a way that special care or treatment is required, the cost of that care needs to be paid.

In a perfect world, those with special needs, handicaps, or disabilities would find the help and care they need, including those who are injured or hurt. But justice is not always forthcoming, and people are not always fair. So, using the legal system

to right a wrong is sometimes the only option.

In some cases, it is the only way that people can get the help they need and deserve. However, frivolous lawsuits, or 'fishing for money' is not only unfair, but immoral as well. The law is there to protect people and making use of it when necessary is a good thing.





### 3ER DOMINGO DEL TIEMPO ORDINARIO

*El espíritu del Señor está  
sobre mí, porque me ha  
ungido... para anunciar la  
liberación a los cautivos y la  
curación a los ciegos, para  
dar libertad a los oprimidos.*  
- Lc 4, 18

Licencia: © 1987 Comisión Litúrgica de Pastoral  
Litúrgica de la Conferencia del Episcopado Mexicano

#### VIVIR LA LITURGIA -

La gente puede perder fácilmente el sentido de lo sagrado y trascendente. Cuando perdemos el sentido de la presencia especial de Dios, necesitamos ser devueltos. Esdras hizo que la gente volviera a la palabra de Dios y se dieron cuenta de lo que se estaban perdiendo. Jesús proclama la palabra de Dios en la sinagoga con verdadera convicción y les dice a los reunidos que Él es el cumplimiento de todo lo que Isaías enseñó. Aunque las personas se pierden, se distraen, se desaniman y, a menudo, viajan por el camino equivocado, la ley eterna de Dios permanece. Cuando nos permitimos escuchar verdaderamente la palabra de Dios y actuar de acuerdo con ella, esa palabra viva, con el tiempo, nos cambia lentamente. Tiene el poder de ablandarnos y moldearnos, creando dentro de nosotros un espíritu alegre. Nos damos cuenta de la verdad en lo que Dios habla y nos abrimos al amor de Dios. Gradual y suavemente, Dios nos lleva de regreso a donde pertenecemos. Descubrimos nuevamente el carácter sagrado de la vida y la maravilla del poder de Dios. Con razón Lucas dirige sus comentarios a Teófilo. Es un nombre que significa "amado de Dios," un nombre que puede usar cualquier persona que desee la amistad con Dios. ©LPi






“  
REFÚGIATE DENTRO  
DEL CORAZÓN DE  
JESÚS. SOLO ÉL  
PUEDE CONSOLARTE  
EN TU HORA  
SUPREMA DE DOLOR.  
”  
Santa Mariana Cope



El matrimonio como vocación de amor

## Preparación Matrimonial en Español



La Oficina del Ministerio Hispano de la Arquidiócesis de Santa Fe, en colaboración con la Oficina de Vida Familiar invitan a todas las parejas que se están preparando para recibir el Sacramento de Matrimonio a participar en un retiro de preparación matrimonial. Este retiro cumple los requisitos establecidos por la Arquidiócesis de Santa Fe. Como precaución por la pandemia de COVID-19 estos retiros se han estado llevando a cabo a través de la plataforma Zoom. Cuando se reanuden estos retiros en persona, las parejas tendrán la opción de participar virtualmente o en persona. La cooperación para este retiro virtual es de \$50 por pareja.

**FECHAS DE LOS RETIROS:**

- \* 29 Y 30 DE ENERO
- \* 23 Y 24 DE ABRIL

Para más información llame al 505-831-8147 o [ebecerra@archdiosf.org](mailto:ebecerra@archdiosf.org).

El formulario para inscribirse se encuentra en el siguiente enlace:  
**Enero 2022** - <https://form.jotform.com/212585009064150>  
**Abril 2022** - <https://form.jotform.com/213115129127143>



Día de oración por la protección legal de los niños por nacer

**Dat's Doors Inc.**

3611 2nd St. S.W.  
Albuquerque, N.M.



COMPLETE LINE OF  
DOORS & HARDWARE

**877-7524**

ENTRY DOORS • LOCKS  
AND PREHUNG UNITS

**MR B'S PAINT & BODY**

Quality Work Since 1978

"You Wreck-um We Fix-um"  
Competitive Prices • Family Owned & Operated  
Mon-Thurs 7-5 Fri 7-4  
Flexible Hours Available By Appt.  
Pick-up & Delivery  
Se Habla Español  
Insurance Claims Welcome  
**255-7022**  
1410 Valencia Dr. S.E.  
(1/2 block N. of Gibson Between San Pedro & San Mateo)

**UNIBODY SPECIALIST**

**AVAILABLE FOR  
A LIMITED TIME!**  
**ADVERTISE HERE NOW!**

Contact **Gabriel Lara**  
to place an ad today!  
**glara@4LPi.com**  
or **(800) 950-9952 x5842**

**SUPPORT OUR  
ADVERTISERS!**



**WE'RE HIRING**

**AD SALES EXECUTIVES**

**BE YOURSELF. BRING YOUR PASSION.  
WORK WITH PURPOSE.**

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at [careers@4lpi.com](mailto:careers@4lpi.com)  
[www.4lpi.com/careers](http://www.4lpi.com/careers)



**Carole Ryan**

Licensed Independent Agent  
**(505) 463-1052**  
[ryan.carole505@gmail.com](mailto:ryan.carole505@gmail.com)



If you're on Medicaid or LIS  
(extra help) you may be  
eligible for additional benefits  
at no extra cost.

"Your local Medicare Advocate"  
NM License #651866

**Amy C. Matte D.D.S. PC**  
General & Family Dentistry  
**(505) 256-8855**  
637A San Mateo SE 87108  
Most Insurances Accepted  
Office Hours By Appointment  
[www.amymattedds.com](http://www.amymattedds.com)

**FREE  
AD DESIGN**

**WITH PURCHASE  
OF THIS SPACE**



**CALL**

**800.950.9952**

**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized  
Provider

SafeStreets

**1-855-225-4251**

**STAND OUT**

with a **PREMIUM DIGITAL AD**  
on **PARISHESONLINE.COM**



**CONTACT US AT 800-950-9952**

**Do you have a question  
about Medicare?**

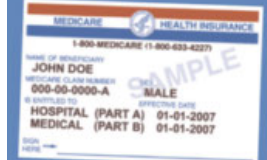


Learn about:

Preventive Services, Prescription Drug  
Assistance Information, Medicare Fraud,  
Open Enrollment and Much More.

**For more Information or to apply  
for help call 1-800-432-2080**

Our Assistance is Non-Biased, Confidential and Free!



**SUPPORT YOUR  
LOCAL PARISH.**

Buy a bulletin ad space today!

**GROW YOUR BUSINESS WHILE  
SUPPORTING YOUR LOCAL PARISH.**



Buy a bulletin ad today!



For ad info. call 1-800-950-9952 • [www.4lpi.com](http://www.4lpi.com)

Holy Ghost, Albuquerque, NM

A 4C 05-0204