



Sacred Heart

CATHEDRAL PARISH

JANUARY 30, 2022 | FOURTH SUNDAY IN ORDINARY TIME

Peace!

LITURGICAL SCHEDULE

Sunday Mass

8:00am, 11:00am, 5:15pm

Weekday Mass

Monday-Friday | 8:00 am

Confession

Monday - Friday | 7:15am-7:45am

Tuesday | 12:00pm-1:00pm

Thursday | 6:00pm-7:00pm

Saturday | 9:00am, 3:00pm-5:00pm

Adoration

Thursday | 7:00pm-8:00pm

To schedule Mass Intentions, Baptisms, Weddings, and Anointing's, please contact the parish office.



4TH SUNDAY IN ORDINARY TIME

[He said to them], "Today this Scripture passage is fulfilled in your hearing." And all spoke highly of him and were amazed at the gracious words that came from his mouth. They also asked, "Isn't this the son of Joseph?" - Lk 4:21-22

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCC

415 East Green Ave., Gallup, NM 87301

505-722-6644

Parish Office Hours

Monday - Friday | 8:00am-4:00pm

Web: www.sacredheartcathedralgallup.org | **Email:** shcathedral@dioceseofgallup.org

The Theology of Confession Paragraphs from the Catechism of the Catholic Church

Lesson 18

1485 "On the evening of that day, the first day of the week," Jesus showed himself to his apostles. "He breathed on them, and said to them: 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained'" (Jn 20:19, (22-23)).

1486 The forgiveness of sins committed after Baptism is conferred by a particular sacrament called the sacrament of conversion, confession, penance, or reconciliation.

1487 The sinner wounds God's honor and love, his own human dignity as a man called to be a son of God, and the spiritual well-being of the Church, of which each Christian ought to be a living stone.

1488 To the eyes of faith no evil is graver than sin and nothing has worse consequences for sinners themselves, for the Church, and for the whole world.

1489 To return to communion with God after having lost it through sin is a process born of the grace of God who is rich in mercy and solicitous for the salvation of men. One must ask for this precious gift for oneself and for others.

1490 The movement of return to God, called conversion and repentance, entails sorrow for and abhorrence of sins committed, and the firm purpose of sinning no more in the future. Conversion touches the past and the future and is nourished by hope in God's mercy.

1491 The sacrament of Penance is a whole consisting in three actions of the penitent and the priest's absolution. The penitent's acts are repentance, confession or disclosure of sins to the priest, and the intention to make reparation and do works of reparation.

1492 Repentance (also called contrition) must be inspired by motives that arise from faith. If repentance arises from love of charity for God, it is called "perfect" contrition; if it is founded on other motives, it is called "imperfect."

1493 One who desires to obtain reconciliation with God and with the Church, must confess to a priest all the unconfessed grave sins he remembers after having carefully examined his conscience. the confession of venial faults, without being necessary in itself, is nevertheless strongly recommended by the Church.

1494 The confessor proposes the performance of certain acts of "satisfaction" or "penance" to be performed by the penitent in order to repair the harm caused by sin and to re-establish habits befitting a disciple of Christ.

1495 Only priests who have received the faculty of absolving from the authority of the Church can forgive sins in the name of Christ.

1496 The spiritual effects of the sacrament of Penance are:

- reconciliation with God by which the penitent recovers grace;
- reconciliation with the Church;
- remission of the eternal punishment incurred by mortal sins;
- remission, at least in part, of temporal punishments resulting from sin;
- peace and serenity of conscience, and spiritual consolation;
- an increase of spiritual strength for the Christian battle.

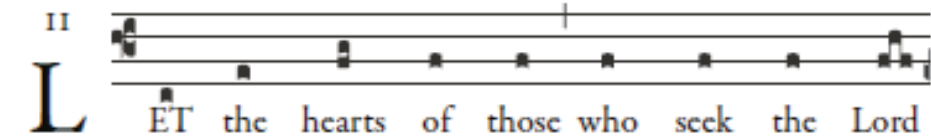
1497 Individual and integral confession of grave sins followed by absolution remains the only ordinary means of reconciliation with God and with the Church.

1498 Through indulgences the faithful can obtain the remission of temporal punishment resulting from sin for themselves and also for the souls in Purgatory.

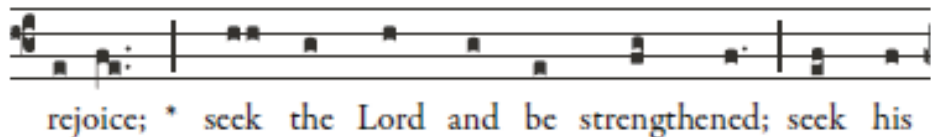
Laetetur cor

Ps 105 (104): 3, 4

II



L ET the hearts of those who seek the Lord



rejoice; * seek the Lord and be strengthened; seek his

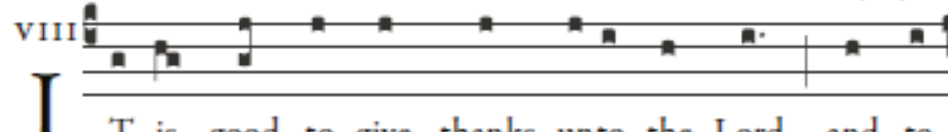


face for e-vermore.

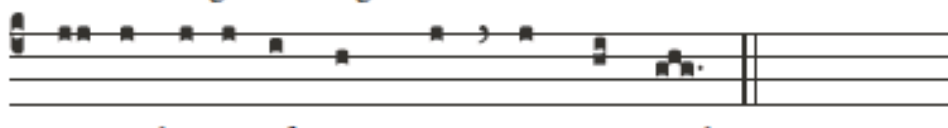
Bonum est

Ps 92 (91): 2

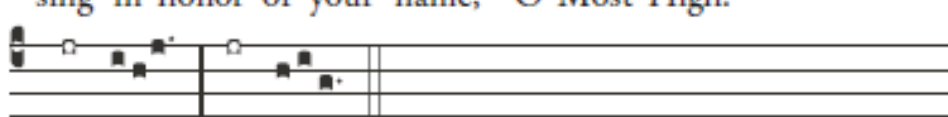
VIII



I T is good to give thanks unto the Lord, and to



sing in honor of your name, O Most High.



Illumina faciem tuam

Ps 31 (30): 17, 18

I



L ET your face shine down upon your servant, * de-



liv- er me in your mer-cy. Lord, let me not be confound-



ed, for I have called upon you.

Recessional Hymn: I Sing the Mighty Power of God

I sing the mighty pow'r of God, that made the mountains rise, that spread the flowing seas abroad, and built the lofty skies. I sing the wisdom that ordained the sun to rule the day; the moon shines full at His command, and all the stars obey.

4 | Weekly Mass Intentions and Parish Events

Sunday, January 30

8:00am

+Deceased Dragan & Gonzales family members by Larry & Rafaela Dragan

11:00am

For the Parishioners of Sacred Heart Cathedral

5:15pm

For the poor souls in Purgatory by Bill & Cathy McCarthy

Monday, January 31

8:00am

+For the repose of the soul of Lorraine Menapace by Diane Menapace

Tuesday, February 1

8:00am

+For the repose of the soul of Archie Baca by Sara & Dave Steadman

Wednesday, February 2

8:00am

For the living & deceased Esparza family members by Cecilia Sandoval

Thursday, February 3

8:00am

+For the repose of the soul of Ron Welch by the Welch family

Friday, February 4

8:00am

For the living & deceased Garcia & Feltz family members by the Jerry Garcia family

Saturday, February 5

8:00am

For the Reparation for the sins of abuse perpetrated by members of the Church

Sunday:

9:30am: RCIC in the rectory office

6:00pm: Divine Mercy Study Group in the school

Wednesday:

6:30pm: Parish Catechesis in the Church

Thursday:

6:00pm: RCIA in the school

7:00pm: Adoration for Vocations

Last Thursday of the month: Baptism class

Friday:

First Fridays: Adoration 7:00-8:00pm

Sunday Collection Jan. 23: \$2446.50

Blk & Native: \$3.00

Bldg. Fund: \$2.00

Christmas: \$3.00

Immac. Concep.: \$2.00

Latin Amer.: \$10.00

Ret. for Rel.: 2.00

Online Collection Jan. 17-23: \$621.50

Please consider online donations at:
sacredheartcathedralgallup.org



Weekly Questions

On the Way to Mass today

What did Jesus say that made the people so angry?

On the way home from Mass today

The people were offended because Jesus told them that outsiders and foreigners were being welcomed into the Kingdom of God, and being healed before them. The people were envious and so they became angry at Jesus.

During the Week

It is important not to be jealous of others. Jealous is wanting what others have. Learn to be happy when good things happen to other people, or when you see their personal gifts, rejoice with them! Praying for others helps us avoid jealousy and envy

On the way to Mass next Sunday

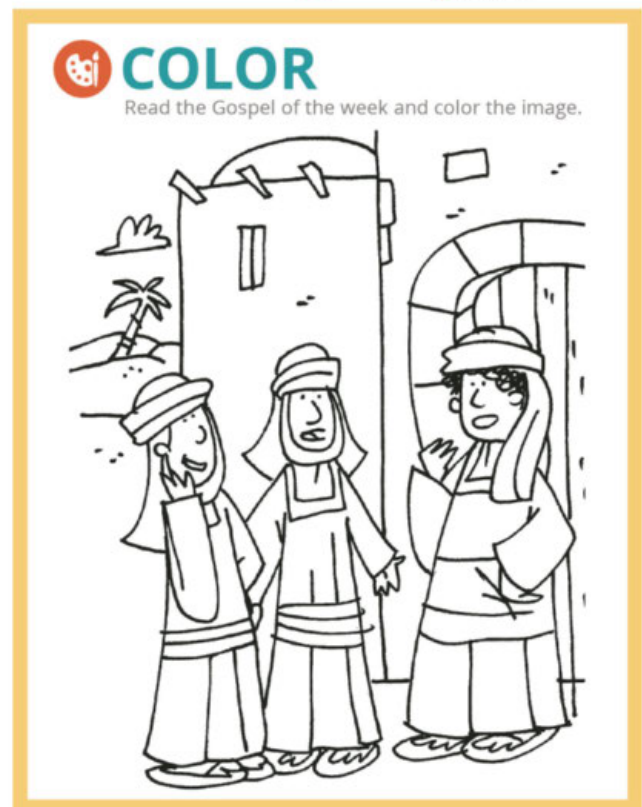
What does it mean to be a "fisher of men"?

Catechism

Q.309. What is envy? Envy is a feeling of sorrow at another's good fortune and joy at the evil which befalls him; as if we ourselves were injured by the good and benefited by the evil that comes to him.

Q. 310. What effect has envy on the soul? Envy begets in the soul a want of charity for our neighbor and produces a spirit of detraction, backbiting and slander.

GROWING WITH THE Gospel CYCLE C



4th Sunday in Ordinary Time • Luke 4:21-30

GOSPEL
 Jesus did not expect everybody to like him. Jesus chose to follow God's plan, no matter what other people said. Even though some people wanted to hurt Jesus, he always spoke the truth. He always did what was right, no matter what.

PRAYER
 Dear God, help me to keep on doing what you want, no matter what other people say.

6 | Parish Announcements

•**SHC PARISH CATECHESIS 2022**-Classes are at 6:30 pm, in the Cathedral. These classes are for parents, so they can be prepared to teach their children each week. Therefore, parents with children who are to receive sacraments this year are required to attend. Other family members and parishioners in general are encouraged to attend. Please begin turning paperwork needed for sacraments, i.e., baptismal certificates, sponsor forms (signed and sealed by your priest).

2/2- Theology of Confession
2/9- Liturgy of Confession
2/16- Theology of Confirmation
2/23- Liturgy of Confirmation
3/2- Ash Wednesday (**No CCD**)
3/9- Intro to Mass

3/16- Prep for Mass & Holy Communion
3/23- Intro Rite of Mass
3/30- Liturgy of the Word
4/6- Liturgy of the Eucharist
4/13- Holy Week (**No CCD**)
4/20-Intro to Rite of Mass

•**V8s FOR VOCATIONS**– Raffle tickets are now available for the 1969 Pontiac GTO Judge and are \$25.00 each. You can purchase your tickets in the rectory office or online at V8sforvocations.org. Need not be present to win. Prize tax is paid by V8s for Vocations. Drawing will be held on June 18, 2022.

•**RCIA INQUIRY**– Is tentatively scheduled to begin February 8, 2022, 6pm in the school. Any questions or need more info please call Marie Chioda at (505)979-1435 or the rectory at (505)722-6644

•**BAZAAR TICKETS**- Are now available in the office. Donation is \$100.00. Drawing will be held on March 19, 2022. If you are interested in selling a book or two, come by the office. Thank you for your participation. Only 300 tickets are available! We will begin to sell tickets after the 11:00am Mass, February 6, 2022, weather permitting.

Grand Prize: \$5000.00

First Prize: \$2500.00

Second Prize: \$1500.00

Third Prize: \$1000.00

•**CATHOLIC ENGAGED ENCOUNTER**- Is a pre-Sacramental retreat required by the current marriage policy of the Diocese of Gallup. The next weekend is March 5-6, 2022. Please call the rectory office or visit our website: dioceseofgallup.org/ministries/engaged-encounter to register or obtain more information.

•**MOVIE NIGHT**-On February 13 at 6:00 pm, there will be a showing of the movie "Bernadette" in the school auditorium. Refreshments will be provided. Please join us to watch this beautiful movie in honor of our Lady of Lourdes and St. Bernadette. Sponsored by the Divine Mercy group.

•**MIRACLE FAIR**- You are invited to attend Sacred Heart Catholic School's Miracle Fair presentation. Students will be presenting their projects about saints following the 11:00 a.m. Mass, January 30th. Please come and have a light lunch with us while our students teach us about their favorite saints.

Observances for the week of Jan. 30, 2022

Sunday: Fourth Sunday in Ordinary Time, Celebrate Catholic Schools Week

Monday: St. John Bosco, Priest

Wednesday: The Presentation of the Lord; World Day for Consecrated Life

Thursday: St. Blaise, Bishop & Martyr; St. Ansgar, Bishop

Saturday: St. Agatha, virgin & Martyr

Sunday: Fifth Sunday in Ordinary Time; St. Paul Miki & Companions, Martyrs

Readings for the week of Jan. 30, 2022

Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31-13:13 or 13:4-13/Lk 4:21-30

Monday: 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7 Mk 5:1-20

Tuesday: 2 Sm 18:9-10, 14b, 24-25a 30-19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

Friday: Sir 47:2-11/Ps 18:31, 47 & 50, 51/Mk 6:14-29

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

Clergy

The Most Reverend James Wall, D.D.
 The Very Reverend Matthew Keller
 The Reverend Mitchell Brown
 The Reverend Doctor Randolph Copeland
 The Reverend Mister Ed Schaub

Staff Members

Property Manager: Ray Casias
 Director of Music: Ruth Ruiz
 Parish Secretary: Cindy Athens
 Finance Secretary: Vera Placencio

Program Directors

Marriage Preparation: Deacon Copeland
 RCIA: Marie Chioda
 RCIC: Cheryl Barrett

Finance Council

Vera Placencio	Louis Bonaguidi
Greg Plese	Jeremy Gay
Silvano Corral	
Justin Wagner	

Victim's Assistance

The Diocese of Gallup is committed to maintaining a safe environment for all who live and worship in our diocese. If you or someone you know has been abused by a priest, deacon, or other employee or minister of the Catholic Church please contact:

Elizabeth Terrill
Victims' Assistance Office
 505.906-7357

Your call will remain anonymous

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