

November 29, 2020

 **Cristo Rey Catholic Church** 



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November 15, 2020

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 A logo for "Mass Intentions for the Week" featuring a stylized cross with a circle inside, set against a background of radiating lines.

Mass Intentions for the Week

December 5 - Saturday – Second Sunday of Advent

4:30pm †Juanita "Tina" Rodriguez Ryland -
Ryland/Rodriguez Family
†Sebastian Ortega (7th) - Family
†Leocardia & †Jose Ortiz & †Erlinda
Sanchez - Antonio & Angie Barela
†Phillip H. Delgado (30 day) - Lilly, Ron,
Gary & Tim Delgado
†Robert, †Ernestine & †William Babcock -
Angela & Anita
†Phillip Wilburn - Shirley Wilburn
†Fidelia Esther Lopez - Levi Lopez Family
For the People of the Parish

READINGS FOR THE WEEK OF NOVEMBER 29, 2020

SUN 11/29 Is 63:16b-17, 19b; 64:2-7/Ps 80:2-3, 15-16, 18-19
[4]/1 Cor 1:3-9/Mk 13:33-37

MON 11/30 Rom 10:9-18/Ps 19:8, 9, 10, 11 [10]/Mt 4:18-22

TUE 12/1 Is 11:1-10/ Ps 72:1-2, 7-8, 12-13, 17 [cf. 7]/Lk 10:21-24

WED 12/2 Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6 [6cd]/Mt 15:29-37

THR 12/3 Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a [26a]/Mt
7:21, 24-27

FRI 12/4 Is 29:17-24/Ps 27:1, 4, 13-14 [1a]/Mt 9:27-31

SAT 12/5 Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6 [cf. Is 30:18d]/
Mt 9:35—10:1, 5a, 6-8

SUN 12/6 Is 40:1-5, 9-11/Ps 85:9-10, 11-12, 13-14 [8]/2 Pt 3:8-
14/Mk 1:1-8

**GOSPEL MEDITATION
FIRST SUNDAY OF ADVENT**

You are at the eye doctor and it's time for the peripheral vision test. You know the one. It's where you put your head up to a contraption and have to click a switch every time you see a squiggly line. If you don't concentrate and maintain optimal focus, you will miss them and skew the outcome of the test. You can easily find yourself with a diagnosis that really isn't accurate! Concentration and focus are key to succeeding with this evaluation. They are also key to developing a healthy, vibrant spiritual life. If we do not bring our full consciousness to the task, concentrate with all our might, be watchful and vigilant, we are not going to see God's loving presence flashing before our eyes!

That's why we need Advent. Let's face it. We can easily get distracted, focus on nonessential and superficial things and lose touch with what really matters. Our attentions wander. We daydream and even become a bit overwhelmed and tired. All of the stresses and demands of life consume us and we find ourselves constantly trying to play catch up rather than relishing the moment of the now. "Now" moments are so fleeting. They flash before us like those squiggly lines on a screen. Present moments go as quickly as they come but it is important to discover them and rest in them as often as we can. Though gone in a flash, these now moments of encounter with God teach powerful lessons and offer a grounding in truth that can be found nowhere else. It's the grace of Advent to become watchful and attentive because we are never sure when God will surprise us.

God loves surprises and love thrives on them! God's now moments of surprises come as tender instants of intimate connection where I find profound peace, experience joy, and rest in love. These are Advent times reflective of the now moments when Christ first was born, when God surprises us during every time we care to watch and when the great surprise of Christ's second coming dawns upon us all. But, to discover the grandeur and experience the awe of these now times, we have to be ready. We have to want to be there. We have to believe. And, we have to have the desire to soak in as much as we can in the time we have before us.



Prayer Intentions

God's help is only a prayer away

Please call the parish office, 983.8528, with the names of family members or friends for whom you would like us to pray. Please pray for the following: +Eleanor Bove, Christopher Gonzales, Ben Salazar, Carlos Rodriguez, James Salazar, Benji Anaya, Delfina Lujan, Sue Moraz, Socorro Rodriguez, Ed Vigil, Jeff & Ann Marie Mascarenas, Julie Montoya, Isaac Oliveres, Shirley Archer, Margaret Trujillo, Thelma Hagman, Steve Alire, Marcos Mendes, Christopher Browne, Catherine Brown, Carl Cox, Lucy Saiz, Rosie Saiz, Michele Lowrance, Florence Sanchez, Helen Keller, Mel Ortiz, Albert Rivera, Valentino Rivera, Joe Madrid, Salomon Sena, Francisco D. Gonzales, Manuel Montoya, Kathleen Kennedy, Josie Lopez, Lucas Tapia, Marla Sanchez, Billie Branham, Peggy Vigil, Phil Bove, Cheo Gonzales, Rosina Medrano, Cindy Laursen, David Perlowin, Mabel Roybal Trujillo, Tony Lalli, Joe T. Roybal, David Gomez, Deacon Tom Van Valkenburgh, Dennis McSadden, Edward Ganzo Gonzales, Tina Herrera, Faber Family, Barbara Salazar & Patricia Bartrum

LITURGICAL LIFE

LIVE THE LITURGY

Inspiration for the week

Be watchful! Be alert! The core message of Advent cannot be more direct or simple. As those who are postured in a spirit of readiness and anticipation, we must always be attentive and vigilant. We have to be ready not only for the anticipated arrival of our Lord, but watchful and attentive to the unexpected visit as well. While we know that the Christ is coming, we also do not know the exact time. Cultivating this expectant attitude is the purpose of this season. It is easy to grow slack, inattentive, and too self-assured. We can easily deaden ourselves to the wonder and surprise of God's presence. We get so absorbed in so many other distractions that it can seem like Christ's second coming, and even Christ's coming in time are of lesser importance. When it finally dawns on us that we have wandered far away from where we need to be, and lost our attentiveness and focus, we will wonder how this all happened. We may even try to put the onus on God and blame God for a lack of involvement or presence. We are the ones, who through our own choice, put the distance in our relationship and lost touch. Now it's time to come back and perk ourselves up a bit!



**The Seven Deadly Sins
Taught by Fr. Joseph Baltz
Wednesdays at 7pm
The schedule for the classes is:
December 2- Lust**

Please join us at 4:30pm Saturdays evenings for the live streamed Mass filmed from our own Cristo Rey Church. For now we are NOT offering in person Mass. You can find the Mass on the Cathedral website on their live Facebook page or view it later on their YouTube Channel. Thank you to all who continue to support the parish! God Bless all of you!



WHY DO WE DO THAT?

Catholic Life Explained:

Question: When we say the Penitential Act at Mass, why do we strike our chest three times?

Answer: Our rituals and liturgical celebrations are filled with a variety of symbols, some of which also relate to our gestures and physical postures (e.g. kneeling, sitting, processing, making the Sign of the Cross). The custom of striking our breast three times during the "I Confess" of the Penitential Act of the Mass is one of those gestures that is loaded with symbolism.

The tradition of Christian's striking the breast (above the heart) is rooted in the image of Sacred Scripture, especially texts like Psalm 51 which speak of a "humbled contrite heart" or how God heals broken hearts, binding up our wounds (see Psalm 147:3). Early Christian writers like Saint Augustine of Hippo and Saint Jerome also refer to this custom in their writings.

Ultimately, this practice is an expression of our sorrow for those times when we have been guilty of faults and a sign that we are willing to take responsibility for our sins and failings. That we all perform this gesture together is also an act of solidarity, recognizing that none of us, regardless of where we are on our journey of faith, is without fault and the need for grace and forgiveness.

QUESTIONS OF THE WEEK

Reflect and Respond to Scripture

First Reading

We hear today the prophet Isaiah's internal spiritual struggle as he questions God's ways and decries our human tendency to sin. What spiritual struggles do you need to confront as we enter into the season of Advent?



Second Reading

In his opening words to the Corinthian Christians, Paul reminds the faithful of God's fidelity to those who believe in his Son. He then cites examples of the blessings they have received since coming to the faith. What are some blessings you have received in your faith journey?

Gospel Reading

Jesus instructs his disciples to be vigilant for the end times. How can you make this spiritual discipline a focus of your Advent season this year?

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