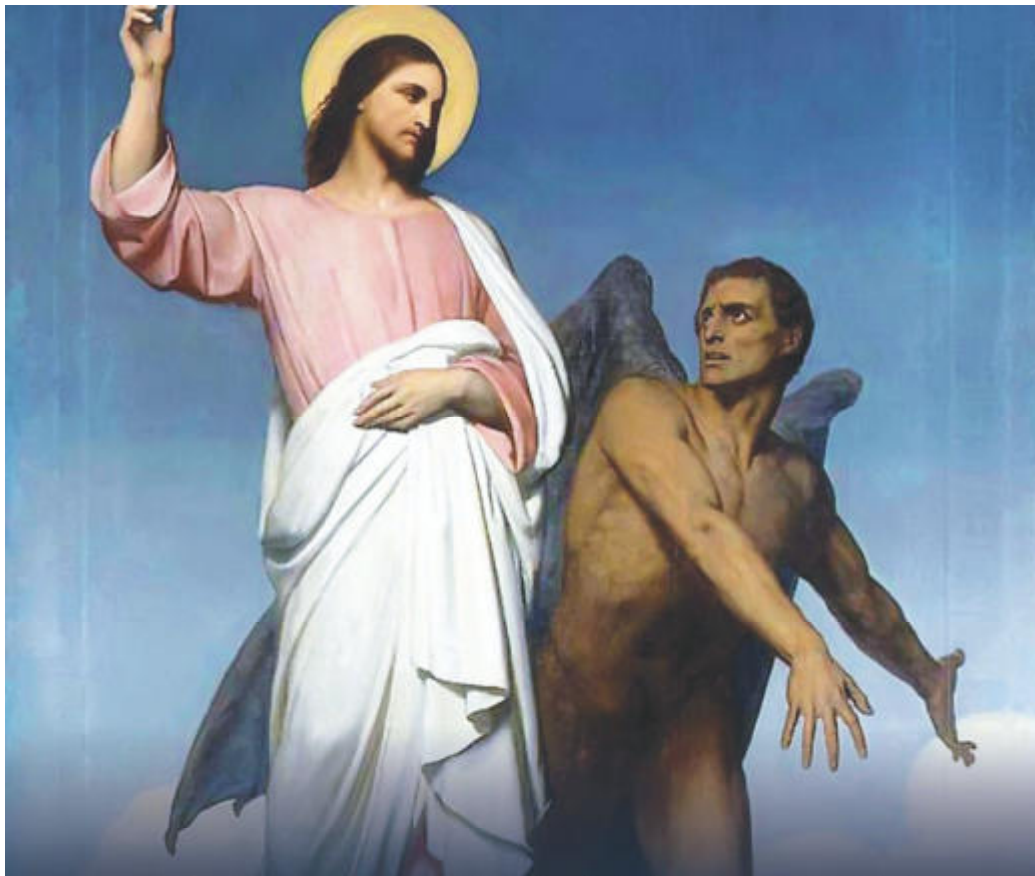


Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



1st SUNDAY OF LENT

Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." —Mt 4:8-9

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Parish Information

Phone: (918) 224-0944

Fax: (918) 512-6830

Rectory: (918) 512-6880

Web: www.sacredheartsapulpa.com

Email: sacredheart@tulsacoxmail.com

Pastor: Fr. Louis Obirieze

Fr.louis.obirieze@dioceseoftulsa.org

Deacon: Mark Pittman (918)519-7929

Dcn.mark.pittman@dioceseoftulsa.org

Deacon: Vincent Greuel (918)261-5840

dcn.vincent.greuel@dioceseoftulsa.org

Office Hours:

Mon. - Thurs. 8:30am - 4:30pm

Fri. - 8:30am - 12pm

Sacraments & Liturgies

Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish), 10:30am

Holy Days of Obligation:

9:00am & 7:00pm

Daily Mass:

Tues, Wed & Fri.: 9:00am

Thurs.: 5:30pm

First Friday Mass: 12:00 p.m. at

St. John's Chapel

Confession:

Saturday: 4:30-5:15pm & by appt.

Baptism: By appointment, contact Parish Office.

Weddings: Six months notice required. Please contact the pastor to begin the preparation process.

Exposition of the Blessed Sacrament:

Tuesday 9:30-10:30am & Friday 6:00-7:00pm.

February 29 - March 1, 2020 • 1st Sunday of Lent, Year A

GOSPEL MEDITATION

Life can easily spin us out of control. While there are so many wonderful opportunities before us, we can also get easily distracted and exhausted. There is always something to do, respond to, or check. The clutter of our lives can take us off course, and the best remedy for getting back on track is the experience of the desert. Here we can face our demons square on, resist them, and get back on course. We desperately need the season of Lent. This simple time of year forces us into greater awareness and grounds us in what is good and true.

What weighs you down and keeps you trapped? Maybe you are trying to do too much and please too many people. It could be that your fragile self-image is always pushing you to prove yourself and find success. Anxiety and worry, ultimately due to a lack of faith, can quickly tempt you with despair. It could be that you are listening to too many voices and allowing all of the negativity that is present erode the genuine goodness in your heart and in all of God's creation. Or maybe you struggle too much with fear. Perhaps so much so that you are far too preoccupied with your own agenda and goals and left with little psychological or spiritual room to consider and respond to the plight of your neighbor. Do anger, bitterness, stubbornness, and hatred have homes in your heart? How about greed, gluttony, pride, apathy, or lust?

For many, their passions and what can be found on the internet are their downfall, and they are robbed of their inner life and freedom. What is it, specifically, that tempts you away from a childlike trust in God? Define this and use the next few weeks to allow God to chart you a course away from them. Silence, being alone, grace, honesty, struggle, tears, and dryness are all found in the desert. You will also find God and your true self in this holy place.

Catechetical Corner

Religious Education Classes - PreK through 8th Grade
Sunday at 9:00 a.m.

Confirmation Class - 9th through 12th Grade
Wednesday, March 4th from 7:00 pm to 9:00 pm

Prayers for the Sick:

Please pray for:

Dale Wilson, Laurie Boyne, Jean Beesley, Alan Craig, Jerry Dickerson, Don & Mary Louise Boyne, Carolyn Schmidt, Don Cain, Vic & Lois Berube, Betty Conway, Bob & Tina Searcy, Rena LeVoy, Don Perno, Richard Contu, Carmelita Contu.

Happy Birthday to:

Virginia McCoy (1); Sheila Ford, Danny Hancock (3).

Happy Anniversary to:

Joseph & Erica Beuchat (10); Dennis & Cindy Cavenah (4).

Did we miss your birthday or anniversary? Please contact the office so we can update our information.

Mass Intentions: February 29 - March 6, 2020

Saturday	Special Intentions
Sunday 8:00	Special Intentions
Sunday 10:30	Special Intentions
Tuesday	Special Intentions of Sheila Ford
Wednesday	Special Intentions of Victor Berube
Thursday	Special Intentions
Friday	Special Intentions of Dale Wilson

Readings for the week of March 1, 2020



Sunday:	Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 [cf. 3a]/Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11
Monday:	Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46
Tuesday:	Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15
Wednesday:	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12
Friday:	Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26
Saturday:	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48
Next Sunday:	Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 [22]/2 Mt 1:8b-10/Mt 17:1-9

Liturgical Ministers

Lector/Ann Euch. Min Altar Server Usher/ Gr. **February 29 - March 1, 2020**

5:30 pm

K. Sontag	V. Berube	B. McLane	J. Sontag
M. Tanner	B. Whitesell	N. Newton	M. Neises

10:30 am

C. Lawson	M. Chapman	S. Mulvihill	K. Lawson
S. Beuchat	B. Greuel	J. Schuler	R. Mulvihill

Offertory: Joseph Beuchat Family

Procurator: D. Boyne / J. Everard

March 7th - 8th, 2020

5:30 pm

D. Hancock	D. Everard	J. Pense	V. Berube
E. Schuler	M. Tanner	N. Newton	D. Young

10:30 am

Children's Mass	V. Dunkel	J. Schuler	C. Lawson
5th & 6th Grade	L. Haney	S. Mulvihill	C. Helscel

Offertory: 5th & 6th Grade

Procurator: S. Larson / T. Jones

Sacred Heart Church Collections



February 22 - 23, 2020

Saturday/Sunday Collection (Envelope)	\$ 2,395.00
Loose	\$ 944.84
Total Week-end Collection.....	\$ 3,339.84
Capital Improvement	\$ 10.00

February 16, 2020

Week-end Collection.....	\$ 4,297.17
Honor the Lord with generosity Ecc. 35:7	



JCYC - Grades 6th—8th

on March 7th from 1:00 pm—8:00 pm

at Bishop Kelley High School

Prayer . Mass . Confession

Praise & Worship with Dante Schmitz

Keynote Speaker . Nourishment . Recreation

**EVERYDAY STEWARDSHIP -
RECOGNIZE GOD IN YOUR ORDINARY MOMENTS**

**The 6 Characteristics of an Everyday Stewardship
for Lent – Mindful**

What is it that tempts you the most? Is it an action, a person, or a place? It is something that seems innocent enough, like a food, a drink, or an event? When you really start reflecting, you find that there are many temptations all around. Even if you are strong and never succumb to a certain temptation, it is still there waiting for a weak moment in your life.

One difficulty in the life of a disciple trying to live a stewardship way of life lies in the temptations we never actually see. We are too busy thinking about past failures or successes, or we are fixated on what possibilities the future holds that we miss the important things going on in the present. Jesus could be standing directly in front of us, but we miss him because we are looking everywhere except straight ahead.

Being mindful means that we are looking out for how and when God will call us this very day. Our decisions this day will have a huge impact on the future. If we only look to the future, we will miss those important calls to action. We may even find ourselves in a desert of sorts, looking for any way out we can find. However, God may need us to give of ourselves for a reason we cannot yet discern while in that desert. We need to stay awake, be aware, and look for His hand in all things. If we don't, we may even miss the pathway out of that desert when it presents itself. - Tracy Earl Welliver, MTS

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

We desperately need the season of Lent. Have you ever found yourself running in all directions, tired, frustrated, and frazzled and yearning for the moment when you can stop, find some time for reflection and prayer, and get your head straight? Life pulls us in all directions. On top of that, the presence of sin in our lives gives us blurry vision and makes us forget who we really are. We can easily lose touch with God. Lent gives us the opportunity to return to simpler times and clear away some of life's clutter. We can change up our routines a bit and realize that Jesus is the one who can set us right with God and restore what was originally meant to be. Our task is to avoid the temptations that can weigh us down, distract us, and distort our vision. Are you aware of what things in your life do this to you? Over the next few weeks, you have an opportunity to avoid them.

Parish Staff

Jennifer Rumsey, Secretary

sacredheart@tulsacoxmail.com

Jeff Everard, Coord. of Religious Education / RCIA

Dcn. Vincent Greuel, Confirmation / Youth Development

Virginia McCoy, Music Director

Parish Organizations

Knights of Columbus: The Sacred Heart Council meets at 7:00 pm on the 1st Tuesday of the month.

Contact Grand Knight Robert Mulvihill 918-906-7170.

Prayer Network: For prayer requests, contact Sheila Ford at (918) 695-8796 or email at skfgma14x@gmail.com or contact the office at (918) 224-0944.

Women's Bible Study Group: Meets Tuesday mornings 10:30-11:45am. Contact Julie Pittman 918-519-2029.

Fatima Ladies: Every 3rd Sunday 9:00 a.m. & 11:45 a.m. Contact Sue Johnston 918-227-1431.



**All Seniors are invited to Mass followed by lunch on
Wednesday, March 4th beginning at 12:00 noon.**

First Friday Mass will be celebrated at 12:00 noon at the St. John Hospital Chapel.

Please join us Friday evening for Adoration at 6:00 p.m. followed by Stations of the Cross at 7:00 p.m. and a Lenten Dinner and Speaker. The Religious Education Classes and Confirmation Class will host a burrito & nacho dinner. Our guest speaker will be Connie Anderson of Sacred Heart Parish speaking to us on the "New Day" Grief Support Group. Please bring a dish for the table.

Sacred Heart welcomes "New Day" Grief Support Group—this is for persons who are suffering from loss of loved ones, loss of job, or stressful loss of any kind working through their grieving process. The group will meet on the 2nd, 3rd and 4th Tuesday each month from 7:00 p.m. - 8:30 p.m. First meeting will be announced at a later date. Please contact Connie Anderson for additional information at sacredheart.newday@gmail.com or text 319-470-2800.

Lenten Information

Fasting and Abstinence: Catholic adults in good health between the ages of 18-59 are required to fast on specific days. Pregnant women and people in ill health are exempt from fasting. Ash Wednesday and Good Friday are days of fasting and abstinence. Canon Law requires that all Catholics abstain from meat on all Fridays of Lent. In addition to abstaining from meat, the Church recommends fasting on Fridays of Lent as a form of penance.

Sacred Heart welcomes all new members to our parish. Please fill out a registration form that is available in the gathering area and return it to the office.



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