

Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



Parish Information

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Email: sacredheart@tulsacoxmail.com

Pastor: Fr. Louis Obirieze

Fr.louis.obirieze@dioceseoftulsa.org

Deacon: Mark Pittman (918)519-7929

Dcn.mark.pittman@dioceseoftulsa.org

Deacon: Vincent Greuel (918)261-5840

dcn.vincent.greuel@dioceseoftulsa.org

Office Hours:

Mon. - Thurs. 8:30am - 4:30pm

Fri. - 8:30am - 12pm

Sacraments & Liturgies

Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish), 10:30am

Holy Days of Obligation:

9:00am & 7:00pm

Daily Mass:

Tues, Wed & Fri.: 9:00am

Thurs.: 5:30pm

First Friday Mass: 12:00 p.m. at

St. John's Chapel

Confession:

Saturday: 4:30-5:15pm & by appt.

Baptism: By appointment, contact Parish Office.

Weddings: Six months notice required. Please contact the pastor to begin the preparation process.

Exposition of the Blessed Sacrament:

Tuesday 9:30-10:30am & Friday

6:00-7:00pm.

THE ASCENSION OF THE LORD

May 24, 2020 • The Ascension of the Lord

GOSPEL MEDITATION

A pair of ducks found their way to the same little corner of the property year after year. Sheltered by a little grove of trees, they quickly made their preparations to build a nest, lay eggs, and welcome in a new family. Then one year, only one of the ducks came to that little corner. She went about the business of building a nest, but this time, she was clearly unsettled. She would wander around, sometimes seemingly without purpose, almost hoping perhaps that her mate might come along. But, she remained alone. There were many times when we could hear her "crying", mourning her loneliness and lack of purpose, sitting on a batch of eggs that would never hatch. One day, she quietly left that little corner never to return again.

Many human beings approach life this way. We silently grieve our loneliness, lack of direction, and sense of purpose. Maybe life once had meaning for us, but nothing seems to claim us and settle our restlessness any longer. We wander around looking and hoping for someone or something to come our way. We may even sob at times, wailing as we sit with the misery of our pain. Will happiness ever come our way again? Or will we simply leave where we are never to return again? Many are lost, wandering souls who are not quite sure where to settle or where to make a home.

We are meant to be in Christ. This glorious feast of the Ascension shows us, with clear vision, who Jesus really is! Understanding ourselves in Christ really changes things up and reorients us to our greater purpose, mission, and meaning. We are part of the cosmic wonder of creation and part of a bigger plan and mystery, destined to be much more than what we now know ourselves to be. Could Jesus' friends know who he would become? If we can find the Christ present within and see the Christ bursting forth in all creation and beyond, then we can come to know our truth and understand where our home and life is meant to be.

Advancing upon the blessing of each new day with the certain knowledge that you are an unconditionally loved child of God gives you the axis and the safe harbor to cope with whatever comes your way. The gift of joy will be yours, and you can discover your true meaning and purpose. Look within, look without, look above, and look below. You are not alone. Trust that God will lead you where you need to be and transform you into who you really are.

Catechetical Corner

Have a safe and blessed summer

Prayers for the Sick:

Please pray for:

Dale Wilson, Laurie Boyne, Jean Beesley, Alan Craig, Don & Mary Louise Boyne, Carolyn Schmidt, Betty Conway, Don Perno, Judy Diskin.

Happy Birthday to:

Michaela Greuel (24);
Stacy James, Alfredo Maldonado (25).

Happy Anniversary to:

Wayne & Sara Beuchat (23); Vince & Bonnie Greuel (29).

Did we miss your birthday or anniversary? Please contact the office so we can update our information.

Mass Intentions: May 23 - 29, 2020
Saturday Special Intentions
Sunday 8:00 Special Intentions
Sunday 10:30 Wayne & Sara Beuchat
Tuesday Catherine Ritchie & Madia Sontag
Wednesday Special Intentions
Thursday Vince & Bonnie Greuel
Friday Manuel Tenorio t / Mayla Lamb

Readings for the week of May 24, 2020

Sunday: Ascension: Acts 1:1-11/Ps 47/Eph 1:17-23/Mt 28:16-20
Monday: Acts 19:1-8/Ps 68/Jn 16:29-33
Tuesday: Acts 20:17-27/Ps 68/Jn 17:1-11a
Wednesday: Acts 20:28-38/Ps 68/Jn 17:11b-19
Thursday: Acts 22:30; 23:6-11/Ps 16/Jn 17:20-26
Friday: Acts 25:13b-21/Ps 103/Jn 21:15-19
Saturday: Acts 28:16-20, 30-31/Ps 11/Jn 21:20-25
Next Sunday: Acts 2:1-11/Ps 104/1 Cor 12:3b-7, 12-13/Jn 20:19-23



ANNOUNCEMENTS

MINISTRY SCHEDULE: Volunteer basis until further notice.

VOLUNTEERS NEEDED: Please contact the office if you are able to help disinfect the church after daily Mass or weekend Mass.

NOVENA to the HOLY SPIRIT begins Friday, May 22nd. The prayer will be posted to Facebook.

TOTUS TUUS 2020 - the Diocese of Tulsa has cancelled this summer's Totus Tuus & Summer Camp Program out of an abundance of caution for the health and well being of the missionaries, counselors, youth and their families. We look forward to the Summer of 2021.

First Communion is scheduled for June 14th, 2020. A retreat is scheduled for Saturday, June 6th for all parents and students. Please contact the office for additional information.

Confirmation is scheduled for June 19th, 2020. Deacon Vince will be in contact with the students to give them additional information.

Sacred Heart Church Collections

May 17, 2020 Collection

Envelope.....	\$ 1,650.00
Loose	\$ 150.00
On Line	\$ 40.00
Total Week-end Collection	\$ 1,840.00
Capital Improvement	\$ 75.00

May 10, 2020

Week-end Collection.....\$ 1,685.00

Honor the Lord with generosity Ecc. 35:7

Thank you to our many parishioners who have continued to send in their offering envelopes!



**WHY DO WE DO THAT?
- CATHOLIC LIFE EXPLAINED**

Fast Before Communion?

Question:

Why are Catholics required to fast before Communion?

Answer:

How we prepare for an important event helps us with the intentionality of our actions and raises our awareness. We prepare our house for guests. We wash our car before an important trip. We create a nursery for a newborn child. All of these actions heighten our senses for what is about to come.

The fast required by canon law before Holy Communion has its roots in Jewish spiritual practices. We fast for cleansing and to demonstrate our reliance on God. Catholics used to fast for much longer periods of time, but it was Pope Paul VI in 1964 who set the time at one hour in an attempt to encourage people to receive the holy Eucharist more frequently. That one hour observance allows us to pause and reflect on what we will participate in in the very near future. We deny our bodies so that we can focus more clearly on the Body of Christ that we will consume.



LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Today marks a special day in the Church as Christ establishes the Church's mission and purpose and calls his disciples, then and now, to the work of accomplishing that mission. And what ultimately is that mission and purpose? To bring all things together in Christ. All that ever was, is, or shall be and all times and seasons find their fulfillment in Christ. To be in Christ is the goal of all creation. All of this begins with baptism and the realization that Christ is present with us, risen and glorified, always. If we approach Christ's fullness with faith, then the eyes of our hearts can be enlightened, and we can begin to see the greater truth of who we are and what creation is meant to be. Christ is really and truly far above all things and the beginning and end of all things. Understanding ourselves in this way really changes up the meaning of life.

Parish Staff

Jennifer Rumsey, Secretary
sacredheart@tulsacoxmail.com
Jeff Everard, Coord. of Religious Education / RCIA
Dcn. Vincent Greuel, Confirmation / Youth Development
Virginia McCoy, Music Director

Parish Organizations

Knights of Columbus: The Sacred Heart Council meets at 7:00 pm on the 1st Tuesday of the month.

Contact Grand Knight Robert Mulvihill 918-906-7170.

Prayer Network: For prayer requests, contact Sheila Ford at (918) 695-8796 or email at skfgma14x@gmail.com or contact the office.

Women's Bible Study Group: Meets Tuesday mornings 10:30-11:45am. Contact Julie Pittman 918-519-2029.

Fatima Ladies: Every 3rd Sunday 9:00 a.m. & 11:45 a.m. Contact Sue Johnston 918-227-1431.



Holy Virgin of Guadalupe,

Queen of the Angels and Mother of the Americas.
We fly to you today as your beloved children.
We ask you to intercede for us with your Son,
as you did at the wedding in Cana.

Pray for us, loving Mother,
and gain for our nation and world,
and for all our families and loved ones,
the protection of your holy angels,
that we may be spared the worst of this illness.

For those already afflicted,
we ask you to obtain the grace of healing and deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.

In this time of trial and testing,
teach all of us in the Church to love one another and to be patient and kind.
Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.

Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus. Amen.



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