

Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



PENTECOST SUNDAY

Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." - Jn 20:21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



Parish Information

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Pastor: Fr. Louis Obirieze

Fr.louis.obirieze@dioceseoftulsa.org

Deacon: Mark Pittman (918)519-7929

Dcn.mark.pittman@dioceseoftulsa.org

Deacon: Vincent Greuel (918)261-5840

dcn.vincent.greuel@dioceseoftulsa.org

Office Hours:

Mon. - Thurs. 8:30am - 4:30pm

Fri. - 8:30am - 12pm

Sacraments & Liturgies

Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish), 10:30am

Holy Days of Obligation:

9:00am & 7:00pm

Daily Mass:

Tues, Wed & Fri.: 9:00am

Thurs.: 5:30pm

First Friday Mass: 12:00 p.m. at

St. John's Chapel

Confession:

Saturday: 4:30-5:15pm & by appt.

Baptism: By appointment, contact Parish Office.

Weddings: Six months notice required. Please contact the pastor to begin the preparation process.

Exposition of the Blessed Sacrament:

Tuesday 9:30-10:30am & Friday

6:00-7:00pm.

May 31, 2020 • Pentecost Sunday

GOSPEL MEDITATION

You can feel so small standing by the seashore. The vastness of all that is before you expands much farther than your eye can see. What is happening on the other side? As tides continue to ebb and flow, what occurs as they come and go remains largely a mystery and the effects of their presence unknown in your sight. Yet, things are moving and changing as you gaze upon the water, as the thumbprint of their presence is left behind. The greater the wind and wave, the greater the effect. But even a gentle breeze leaves its humble mark upon the seashore on which you stand. The smallest pebble still makes a ripple in the great blue expanse of ocean waters. It doesn't need to be big.

You never know the full impact of your smallest gesture or simplest of words. A yes or no, agree or disagree, here or there, this or that can influence time and history in ways you may never know. The Holy Spirit is like that: fierce and torrential, and then almost still and silent, creating and recreating nonetheless. Coming as a gentle breeze or a gusty wind, God's Holy Spirit continues to move over, around, and into the waters of our lives. The Spirit brings fruit and unknown possibilities to what we humbly bring with us and that same Spirit eventually brings all to fulfillment in Christ.

The first disciples didn't have much. They possessed simple faith and a willingness to go into uncharted territory with a love of their friend-God, humble offerings, and a knowledge that they were not alone. This allowed them to do amazing things with very little. Do you believe that you are being led and that you have a purposeful life? We often do not realize our value because we do not think that the little we have is good enough. How wrong we are! A little flour mixed with water and embraced by a prayer of blessing transforms simple offerings into the magnificent Eucharistic presence of God. If the Holy Spirit can do such amazing things with these humble gifts of the earth, even more can happen with you. Don't underestimate the value of the smile you gave a stranger, the door held open for an elderly widow, the listening ear offered to one who was lonely, the tolerance given to the wounded soul who is angry, and the loving shoulder you offered as a cradle under the head of someone in pain. Modest gifts offered with love can be transformed by the Spirit into wondrous blessings you may never know. It's Pentecost. Trust. You are not alone.

Catechetical Corner

Have a safe and blessed summer

Prayers for the Sick:

Please pray for:

Dale Wilson, Laurie Boyne, Jean Beesley, Alan Craig, Don & Mary Louise Boyne, Carolyn Schmidt, Betty Conway, Don Perno, Judy Diskin.

Happy Birthday to:

Anne Belveal (2); Patricia Welch, Alma Tovias (5).

Happy Anniversary to:

Don & Lisa Perno (30).

Did we miss your birthday or anniversary? Please contact the office so we can update our information.

Mass Intentions:	May 30 - June 5, 2020
Saturday	Don Cain t / Mike & Cindy Tanner
Sunday 8:00	Special Intentions
Sunday 10:30	Streeter Speakman Jr. t / Hatta Family
Tuesday	Don Cain t / Sara & Wayne Beuchat
Wednesday	Special Intentions
Thursday	Special Intentions
Friday	Special Intentions

Readings for the week of May 31, 2020



Sunday:	Day: Acts 2:1-11/Ps 104/1 Cor 12:3b-7, 12-13/Jn 20:19-23
Monday:	Gn 3:9-15, 20 or Acts 1:12-14/Ps 87/Jn 19:25-34
Tuesday:	2 Pt 3:12-15a, 17-18/Ps 90/Mk 12:13-17
Wednesday:	2 Tm 1:1-3, 6-12/Ps 123/Mk 12:18-27
Thursday:	2 Tm 2:8-15/Ps 4-5/Mk 12:28-34
Friday:	2 Tm 3:10-17/Ps 119/Mk 12:35-37
Saturday:	2 Tm 4:1-8/Ps 71/Mk 12:38-44
Next Sunday:	Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56 [52b]/2 Cor 13:11-13/Jn 3:16-18

ANNOUNCEMENTS

MINISTRY SCHEDULE: Volunteer basis until further notice.

VOLUNTEERS NEEDED: Please contact the office if you are able to help disinfect the church after daily Mass or weekend Mass.

First Communion is scheduled for June 14th, 2020. A retreat is scheduled for Saturday, June 6th for all parents and students. Please contact the office for additional information.

Confirmation is scheduled for June 19th, 2020. Deacon Vince will be in contact with the candidates to provide them additional information.

Totus Tuus 2020 - has been cancelled for this summer out of an abundance of caution for the health and well being of the missionaries, counselors, youth and their families. We look forward to the Summer of 2021.

Please practice social distancing guidelines. Wearing face mask is recommended.

Sacred Heart Church Collections



May 24, 2020 Collection

Envelope.....	\$ Not Available
Loose	\$
On Line	\$
Total Week-end Collection	\$

May 17, 2020

Week-end Collection.....\$ 1,840.00

Honor the Lord with generosity Ecc. 35:7

**LIVE THE LITURGY -
INSPIRATION FOR THE WEEK**

With Pentecost, the disciples significantly changed. They were charged up and ready to go. They received the Holy Spirit and no longer harbored fear and apprehension. They knew who they were and what needed to be done. With the peace of the Lord and the power of the Spirit within them, they set out to do amazing things with simple means. We have received the Holy Spirit as well. What keeps us from truly understanding the mission of Christ and continuing the advancement of the Gospel? Some may think this was a work of the past and not relevant now. Others may believe that the work set before me is simply about doing what I need to do to merit heaven and has little to do with my brothers and sisters. Take a good look at the world. More are in need of hearing the Good News than there ever were. We have the power to get up and out and start doing life changing things!



**EVERYDAY STEWARDSHIP -
RECOGNIZE GOD IN YOUR ORDINARY MOMENTS**

We Are Never Alone

My children want my help sometimes, and other times, not so much. I remember being a teenager and young adult myself. At times, I thought I knew everything. I didn't need help because I was just so darn smart. Truth is, I needed to find my own way. I needed to stretch my wings and prove to myself and my family I could fly. I assume that is what is happening with my own children as well. It just seems so different now that I'm the parent.

Human beings need help. We need community, and we need to rely on one another. At Pentecost, we reflect on Jesus sending to the Church a helper, the Holy Spirit. God interacting with us in this manner means we are never truly alone. We focus most of the time on the Spirit of God as the assistance we need, and we do need Him for sure. However, since it is that very same Spirit that turned us into "Church" from a band of people looking to carry on after Jesus' ascension, at Pentecost we gained more than divine help: we gained each other.

Today, the Church needs help in a profound way. We need to lean on the Holy Spirit to blow through the Church with a profound renewal. But we cannot forget that we have been given each other to lean on as well. We are a gift to each other, and together with the Spirit's help, we are the Body of Christ here on earth. We must be strong and stand for one another. If we do that, this Pentecost will bear fruit that will be with us for many Pentecosts to come.

Parish Staff

Jennifer Rumsey, Secretary

sacredheart@tulsacoxmail.com

Jeff Everard, Coord. of Religious Education / RCIA

Dcn. Vincent Greuel, Confirmation / Youth Development

Virginia McCoy, Music Director

Parish Organizations

Knights of Columbus: The Sacred Heart Council meets at 7:00 pm on the 1st Tuesday of the month.

Contact Grand Knight Robert Mulvihill 918-906-7170.

Prayer Network: For prayer requests, contact Sheila Ford at (918) 695-8796 or email at skfgma14x@gmail.com or contact the office.

Women's Bible Study Group: Meets Tuesday mornings 10:30-11:45am. Contact Julie Pittman 918-519-2029.

Fatima Ladies: Every 3rd Sunday 9:00 a.m. & 11:45 a.m. Contact Sue Johnston 918-227-1431.



ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, 'Speak Lord for Your servant heareth.' Amen.

PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

O Lord Jesus Christ, Who, before ascending into heaven, did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, and the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Your true disciples and animate me in all things with Your Spirit. Amen.



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