

Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



18TH SUNDAY IN ORDINARY TIME

He said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. They all ate and were satisfied. - Mt 14:19c-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Parish Information

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Email: sacredheart@tulsacoxmail.com

Pastor: Fr. Louis Obirieze

Fr.louis.obirieze@dioceseoftulsa.org

Deacon: Mark Pittman (918)519-7929

Dcn.mark.pittman@dioceseoftulsa.org

Deacon: Vincent Greuel (918)261-5840

dcn.vincent.greuel@dioceseoftulsa.org

Office Hours:

Mon. - Thurs. 8:30am - 4:30pm

Fri. - 8:30am - 12pm

Sacraments & Liturgies

Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish), 10:30am

Holy Days of Obligation:

9:00am & 7:00pm

Daily Mass:

Tues, Wed & Fri.: 9:00am

Thurs.: 5:30pm

First Friday Mass: 12:00 p.m. at

St. John's Chapel

Confession:

Saturday: 4:30-5:15pm & by appt.

Baptism: By appointment, contact Parish Office.

Weddings: Six months notice required. Please contact the pastor to begin the preparation process.

Exposition of the Blessed Sacrament:

Tuesday 9:30-10:30am & Friday

6:00-7:00pm.

August 2, 2020 • 18th Sunday in Ordinary Time

GOSPEL MEDITATION

Many people in our world are hungry and thirsty. This hunger and thirst go well beyond physical needs for food, security, and shelter. Many are emotionally and spiritually parched, too. Behind every act of violence is a soul who hungers. People live with relationships that actually starve them. They are abused, exploited, disrespected, laughed at, and marginalized. There is a lot of confusion and inner pain that needs to be acknowledged and expressed. We all long to be understood and loved, even when our inner demons or who I am make it difficult to be. Do you live with inner confusion and pain? Folks often wander through life without any real direction or purpose and take their cues from what seems satisfying or popular at the moment. The deeper dots of our lives can easily remain unconnected, and we can find ourselves without grounding, purpose, or real happiness. Life becomes shallow and without real purpose as we hunger and thirst for an ultimate love.

It's easier to see the physical hungers and thirsts. We try to respond to these as best we can. Much more needs to be done. With all that God's earth can provide, nobody ought to face sleep at night with a belly that's empty. It's sinful. It's unjust. But isn't all hunger unjust? It doesn't need to be, and it should not be. Just as no one ought to be physically hungry and thirsty, there is really no need to be emotionally or spiritually deficient either. If we have more privileges at our fingertips, it is easier to try to satisfy our emotional and spiritual hungers and thirst by acting on impulse or self-indulgence, carelessly following passions, or by seeking self-destructive ways to dull the ache of emptiness.

Folks need to know where to look for nourishment and need the right friends to help them find it. We may not think that we have enough to respond to and to satisfy all of the needs, but we do. It doesn't take much. Five loaves and two fish provided for a huge crowd. With God, all things are possible. Our faith provides the direction for where God's children must go to find the nourishment they seek. It also tells us how to structure life so that justice and equity can be a reality for all. It also tells us how to respond to pain, sinfulness, and confusion. Come to the water and then help another get there.

Catechetical Corner

Have a safe and blessed summer

Prayers for the Sick:

Please pray for:

Dale Wilson, Laurie Boyne, Jean Beesley, Alan Craig, Don & Mary Louise Boyne, Carolyn Schmidt, Betty Conway, Don Perno, Judy Diskin, Rhetta Crawford.

Happy Birthday to:

Bill McLane (1); Jose Garcia, Ariadna Uriarate (3); Deana Livingstone (6); Joan Schmidt (7).

Happy Anniversary to:

Jake & Vicki Dunkel (4).

Did we miss your birthday or anniversary? Please contact the office so we can update our information.

Mass Intentions: August 1 - 7, 2020

Saturday Special Intentions of Bill McLane
Sunday 8:00 Special Intentions
Sunday 10:30 Special Intentions of Jake & Vicki Dunkel
Tuesday Jerry Dickerson t / Kay Dickerson
Wednesday Police Officers / Cynthia Patterson
Thursday Special Intentions
Friday Special Intentions

Readings for the week of August 2, 2020

Sunday: Is 55:1-3/Ps 145/Rom 8:35, 37-39/Mt 14:13-21
Monday: Jer 28:1-17/Ps 119/Mt 14:22-36
Tuesday: Jer 30:1-2, 12-15, 18-22/Ps 102/Mt 14:22-36 or Mt 15:1-2, 10-14
Wednesday: Jer 31:1-7/Jer 31/Mt 15:21-28
Thursday: Dn 7:9-10, 13-14/Ps 97/2 Pt 1:16-19/Mt 17:1-9
Friday: Na 2:1, 3; 3:1-3, 6-7/Dt 32/Mt 16:24-28
Saturday: Hb 1:12—2:4/Ps 9/Mt 17:14-20
Next Sunday: 1 Kgs 19:9a, 11-13a/Ps 85/Rom 9:1-5/Mt 14:22-33



THOUGHT FOR THE WEEK

When I was a child I used to open the fridge and just stare hoping to find something to eat but found nothing. The same thing happened when I opened the pantry. When it was time for dinner, somehow by some miracle Mom would create magic by creating a table full of delicious food. Where did all this food come from? It wasn't there just a few hours ago. What I was looking for was a ready-made snack but Mom took raw meat and vegetables that took time to become edible. If we filled our plate with more than we could eat Mom would always put the guilt trip on us by reminding us of all those poor starving children who have nothing to eat. In today's Gospel, the disciples were like that little child looking in the fridge and seeing nothing to eat. Jesus is a miracle worker who will take our nothing and feed us with abundance. It is up to us to take the leftovers and feed those poor starving children. They are still out there. - Sue Ann Williams, Parishioner

Sacred Heart Church Collections

July 19, 2020 Collection

Envelope.....	\$ 2,436.00
Loose	\$ 669.00
On Line	\$ 25.00
Total Weekend Collection.....	\$ 3,130.00
Capital Account	\$ 125.00



July 26, 2020

Week-end Collection.....\$ Not Available

Honor the Lord with generosity Ecc. 35:7

WHY DO WE DO THAT?
- CATHOLIC LIFE EXPLAINED

Question:

Why do Catholics need to go to Mass every Sunday?

Answer:

The heart of the Church's instruction that we are to attend Mass on Sundays goes back to the Third Commandment: "Take care to keep holy the sabbath day as the LORD, your God, has commanded you" (Deuteronomy 5:12). Although the Jewish People celebrate the Sabbath on Saturday, the first generations of Christians began to observe the sabbath on Sunday, recognizing how important it is for Christians to celebrate the day that Jesus rose from the dead. As the United States Catholic Catechism for Adults observes, "Sunday extends the celebration of Easter throughout the year ... It makes present the new creation brought about by Christ" (364).

The focus of our Sunday should be the celebration of the Eucharist in the Mass. This is our time to be formed by God's Word and nourished at the table of the Lord, becoming prepared to live out and share our faith in the week that follows. In his encyclical, *Dies Domini*, Pope Saint John Paul II reminded us that Christians "cannot live their faith or share fully in the life of the Christian community unless they take part regularly in the Sunday Eucharistic assembly" (no. 81). This is why the Church teaches us that Sunday Mass is a non-negotiable part of being a Christian (see *Catechism of the Catholic Church*, no. 2192).

Beyond being a time of worship, we should also remember that Sunday is intended to be a day of rest, when we make time for recreation, for sharing meals, and enjoying the company of friends and family. Sunday is given to us as a day to take stock of and enjoy the blessings that God has given us (see *Catechism of the Catholic Church*, no. 2187). Pope Francis reminds us, "The day of rest, centered on the Eucharist, sheds its light on the whole week, and motivates us to greater concern for nature and the poor" (*Laudato Si'*, no. 237).

* * *

EVERYDAY STEWARDSHIP

- RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

The Power of a Simple Action

I remember seeing a story on a morning news program about a little girl who wanted to give an elderly man in a grocery store a hug. She had no way of knowing that this man had just lost his wife of many years and now felt so very alone and depressed. Her reaching out to the man seemed odd to her mom at first, but the girl was so insistent about giving a hug she moved the shopping carts close together so the exchange could take place. No one knew that from that moment on the little girl would ask to visit her new friend at least once a week for the next four years until he passed away. In an interview soon after the initial encounter, the man said, "I haven't been this happy in some time." Imagine the joy that relationship brought to them both over the years!

It was just a moment. It was a simple gesture. Yet, it had a large impact that no one could have predicted. You never know what will result when we give just a little of ourselves. That uncertainty too often leads us to hold back or refrain from the simple actions of love or gestures of generosity that could come so easily for us if we wanted. We should never doubt the power of a simple random act of kindness. Generosity does not need to be grand to make a big difference. The time is now, and the opportunity presents itself often to plant a small seed that God can water and nourish so that something beautiful can grow.

- Tracy Earl Welliver

Parish Staff

Jennifer Rumsey, Secretary

sacredheart@tulsacoxmail.com

Jeff Everard, Coord. of Religious Education / RCIA

Dcn. Vincent Greuel, Confirmation / Youth Development

Virginia McCoy, Music Director

Parish Organizations

Knights of Columbus: The Sacred Heart Council meets at 7:00 pm on the 1st Tuesday of the month.

Contact Grand Knight Robert Mulvihill 918-906-7170.

Prayer Network: For prayer requests, contact Sheila Ford at (918) 695-8796 or email at skfgma14x@gmail.com or contact the office.

Women's Bible Study Group: Meets Tuesday mornings 10:30-11:45am. Contact Julie Pittman 918-519-2029.

Fatima Ladies: Every 3rd Sunday 9:00 a.m. & 11:45 a.m. Contact Sue Johnston 918-227-1431.



MINISTRY SCHEDULE: Volunteer basis until further notice.

Due to the uptick in COVID 19 cases we strongly recommend everyone follow these basic guidelines. A detailed list is available on the sanitizing table.

We strongly urge EVERYONE over the age of 18 years to wear a mask when entering the building. It may be removed once you reach your pew. After Mass, please wear the mask until you exit the building.

Please sanitize your hands when entering the building

Please continue practicing social distancing guidelines.

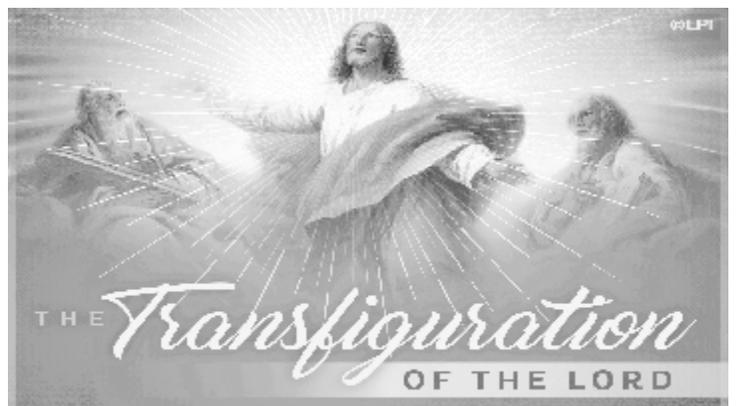
Please no gathering before or after Mass in the Gathering Area.

Please throw the green Mass Flyer away after Mass. They cannot be reused.

Thank you to all our parishioners who remain after daily Mass and weekend Mass to disinfect the Church.

We thank all our parishioners for their generous donations during the Knights of Columbus Food Drive. The food drive has officially ended but please remember our neighbors in need as we still are distributing food items from the Church Food Pantry.

Thursday, August 6th





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