

Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



Parish Information

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Email: sacredheart@tulsacoxmail.com

Pastor: Fr. Louis Obirieze

Fr.louis.obirieze@dioceseoftulsa.org

Deacon: Mark Pittman (918)519-7929

Dcn.mark.pittman@dioceseoftulsa.org

Deacon: Vincent Greuel (918)261-5840

dcn.vincent.greuel@dioceseoftulsa.org

Office Hours:

Mon. - Thurs. 8:30am - 4:30pm

Fri. - 8:30am - 12pm

Sacraments & Liturgies

Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish), 10:30am

Holy Days of Obligation:

9:00am & 7:00pm

Daily Mass:

Tues, Wed & Fri.: 9:00am

Thurs.: 5:30pm

First Friday Mass: 12:00 p.m. at

St. John's Chapel

Confession:

Saturday: 4:30-5:15pm & by appt.

Baptism: By appointment, contact Parish Office.

Weddings: Six months notice required. Please contact the pastor to begin the preparation process.

Exposition of the Blessed Sacrament: Tuesday 9:30-10:30am & Friday 6:00-7:00pm.

3RD SUNDAY IN ORDINARY TIME



He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him. - Mk 1:19-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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January 24, 2021 • 3rd Sunday in Ordinary Time

GOSPEL MEDITATION

It was a normal day by all accounts, but John just wasn't feeling himself. He was a little lightheaded and out of sorts. Later in the afternoon, he experienced a sharp pain in his chest and arm. Quick thinking and action brought John to the emergency department with a diagnosis of a significant heart attack. Surviving this ordeal, he found himself face to face with his cardiologist, having an honest conversation about things that needed to change. "I came close to death," John found himself thinking. Then came the remorse. He was a young man with a loving wife and children who were very close to facing life without him. John found himself with intense sorrow for living an unchecked and self-indulgent life that almost brought him to his demise. He wanted to change.

We all have our wake-up calls. We have experiences and encounters that force us to really think twice about choices we have made and directions we have taken. Often, we find ourselves looking at those we have hurt square in the eye and wallowing in our foolishness. We regrettably realize that we have allowed our needs to lure us into making some cruel mistakes. We impulsively say things and flippantly do things that reveal our unredeemed and unhealed self. It is a self we stumble over and try to tame but can't quite seem to master and control. Help!

We spin our wheels, naively thinking that we will somehow, perhaps through persistence, get ourselves unstuck. But, we don't. We just get out of the car, feeling very helpless, and ignorantly look at the mess we got ourselves into. Did we ever think to ask someone for help? Or, taken the advice of One who is wiser and avoid this route altogether? "Come after me," are words that Jesus says to all of us. In order to heed his invitation, we must leave our ego-self behind and follow.

When we really see and understand the freedom, peace, justice, and love he offers, we find ourselves with such sorrow in our hearts for how foolish and silly we have been. All the misguided choices and sinful actions come full view and we see how risky our random impassioned behaviors really have been. Repentance is beautiful. When done with a sincere and contrite heart, it directs us to the glory that can be ours, ignites us with the challenge of living a life in service of others and reminds us that all is well.

Catechetical Corner

Religious Education Classes

Sunday at 9:00 a.m.

First Communion & 5th - 8th Grade

Prayers for the Sick:

Please pray for:

Juan Franco, Jean Beesley, Don & Mary Louise Boyne, Betty Conway, Don Perno, Judy Diskin, Dianne Perno, Lindsey Roberts, Richard Contu, Evangelina Harly, Donna Esko.

Happy Birthday to:

James Corwin (26); Bonnie Greuel (28); Gwen Leake (29)

Did we miss your birthday or anniversary? Please contact the office so we can update our information.

Mass Intentions: January 23rd - 29th, 2021

Saturday Juan Franco / Mike & Cindy Tanner
Sunday 8:00 Special Intentions
Sunday 10:30 Rick Larson t / Knights of Columbus
Tuesday Jerry Dickerson t / Kay Dickerson
Wednesday Special Intentions of Robert Nabozny
Thursday Jim & Willine Ryan t / Buddy & Stacy James
Friday Rena LeVoy t / Marie Chapman



Readings for the week of January 24th, 2021

Sunday: Jon 3:1-5, 10/Ps 25/1 Cor 7:29-31/Mk 1:14-20

Monday: Acts 22:3-16 or Acts 9:1-22/Ps 117/Mk 16:15-18

Tuesday: 2 Tm 1:1-8 or Ti 1:1-5/Ps 96/Mk 3:31-35

Wednesday: Heb 10:11-18/Ps 110/Mk 4:1-20

Thursday: Heb 10:19-25/Ps 24/Mk 4:21-25

Friday: Heb 10:32-39/Ps 37/Mk 4:26-34

Saturday: Heb 11:1-2, 8-19/Lk 1/Mk 4:35-41

Next Sunday: Dt 18:15-20/Ps 95/1 Cor 7:32-35/
Mk 1:21-28

MINISTRY SCHEDULE

Lectors: Saturday 1st & Second Readings

January 23rd - Karen Sontag
 January 30th - Mike Tanner
 February 6th - Jeff Everard
 February 13th - Karen Sontag

Lectors: Sunday 1st & Second Readings

January 24th - Nancy Wise
 January 31st - Marie Chapman
 February 7th - Chris Lawson
 February 14th - Sue Ausmus

Ushers - volunteer basis

Sacred Heart Church Collections



January 17, 2021 Collection

Envelope	\$ 2,936.00
Loose	\$ 856.00
On-Line	\$ 130.00
Total Weekend Collection	\$ 3,922.00

January 10, 2020 Collection\$ 2,432.00

Honor the Lord with generosity Ecc.35:7

**LIVE THE LITURGY -
INSPIRATION FOR THE WEEK**

“Repent, and believe in the gospel.” Some type of honest and sincere repentance is necessary for any type of authentic growth and maturity. We have to come to the realization, unless we are happy wallowing in immaturity and superficiality, that the way we have been doing things is not the best or the healthiest. There isn’t a human being alive who hasn’t acted foolishly or erratically at the cost of almost losing a treasured relationship. “Why did I act that way?” is a question we often ponder after some reflection and enlightenment. Faith works the same way. Stumbling through life and bumping up against meaninglessness, a person can begin to see that something significant is missing. They see that there is merit to a relationship with God and an embrace of faith. Before these can take root, sincere sorrow for past wrong doing, missed opportunities, errors in judgment, and short sightedness is necessary. Repentance is necessary. Then having realized that we were walking in darkness, we can rejoice that by God’s grace we now see the light.

**WHY DO WE DO THAT?
- CATHOLIC LIFE EXPLAINED**

Question: Can a divorced Catholic receive Holy Communion?
Answer:

Unfortunately, too many people today — Catholics and non-Catholics alike — mistakenly believe that divorce separates one from the Communion of the Church and that divorced persons may not receive Communion. However, as the Church has communicated in a number of places, the issue at hand is not the reality of divorce, but is more often the reality of re-marriage outside of the Church (such as in the case of a Catholic who was previously married within the Church, divorced, and remarried without receiving an annulment).

Divorced persons are called to live chastely as single people and to observe the same call to avoid sin as anyone else who desires to receive the Eucharist. Beyond this, however, Pope Francis has reminded us that the healing power of the Eucharist can be especially significant for those who have “endured separation, divorce, or abandonment ... divorced people who have not remarried, and often bear witness to marital fidelity, ought to be encouraged to find in the Eucharist the nourishment they need to sustain them in their present state of life.” (*Amoris Laetitia*, no. 242) Moreover, he continues, “The local community and pastors should accompany these people with solicitude, particularly when children are involved or when they are in serious financial difficulty.” (*AL*, no 242)

As Pope Francis has also reminded us, the Eucharist is “not a prize for the perfect,” but “a powerful medicine and nourishment” (*Evangelii Gaudium*, no. 47). Because we all stand in need of healing and wholeness, the Church invites all who seek to live their faith in integrity and devotion to come and receive the grace offered in the Eucharist.

Parish Staff

Jennifer Rumsey, Secretary

sacredheart@tulsacoxmail.com

Jeff Everard, Coord. of Religious Education / RCIA

Dcn. Vincent Greuel, Confirmation / Youth Development

Virginia McCoy, Music Director

Parish Organizations

Knights of Columbus: The Sacred Heart Council meets at 7:00 pm on the 1st Tuesday of the month.

Contact Grand Knight Robert Mulvihill 918-906-7170.

Prayer Network: For prayer requests, contact Sheila Ford at (918) 695-8796 or email at skfgma14x@gmail.com or contact the office.

Women’s Bible Study Group: Meets Tuesday mornings 10:30-11:45am. Contact Julie Pittman 918-519-2029.

Fatima Ladies: Every 3rd Sunday 9:00 a.m. & 11:45 a.m. Contact Sue Johnston 918-227-1431.

Grief Support Group: 2nd, 3rd & 4th Tuesdays/8 wk sessions Contact Connie Anderson by text at 319-470-2800.

ANNOUNCEMENTS

Birthright of Tulsa needs volunteers:

Parenting Classes:

Teach—30 min. lesson

Assist with lunch

Childcare in playroom

Office Help - Clothing Room

Fundraising projects

Social media assistance

If you are interested, contact Birthright at 918-481-4884 or email Tulsa@birthright.org

Birthright is always in need of diapers and new or gently used closing sizes Infant thru 2T only. You may bring your donations to the Church.

If you would like a poinsettia, please check the table by the kitchen. These are available for anyone to take home.

Together in Holiness Marriage Conference - presented by the St. John Paul II Foundation and the Diocese of Tulsa and Eastern Oklahoma on Saturday, February 6, 2021 from 11:00 am - 6:00 pm at the Parish of Christ the King. Featured Speakers: Kathryn Whitaker and Dcn Tim Sullivan. Registration: \$59/Couple or \$35/Individual. At Home Experience: \$15. Scholarships available upon request. Visit togetherinholiness.org or sara@forlifeandfamily.org



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