

Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



Parish Information

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Email: sacredheart@tulsacoxmail.com

Pastor: Fr. Louis Obirize

Fr.louis.obirize@dioceseoftulsa.org

Deacon: Mark Pittman (918)519-7929

Dcn.mark.pittman@dioceseoftulsa.org

Deacon: Vincent Greuel (918)261-5840

dcn.vincent.greuel@dioceseoftulsa.org

Office Hours:

Mon. - Thurs. 8:30am - 4:30pm

Fri. - 8:30am - 12pm

Sacraments & Liturgies

Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish), 10:30am

Holy Days of Obligation:

9:00am & 7:00pm

Daily Mass:

Tues, Wed & Fri.: 9:00am

Thurs.: 5:30pm

First Friday Mass: 12:00 p.m. at
St. John's Chapel

Confession:

Saturday: 4:30-5:15pm & by appt.

Baptism: By appointment, contact
Parish Office.

Weddings: Six months notice
required. Please contact the pastor
to begin the preparation process.

Exposition of the Blessed Sacrament:

Tuesday 9:30-10:30am & Friday
6:00-7:00pm.

18th Sunday

IN ORDINARY TIME

"For the bread of God is that which comes down from heaven
and gives life to the world." - Jn 6:33

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

August 1, 2021 • 18th Sunday in Ordinary Time

GOSPEL MEDITATION

"You cannot see the forest for the trees" is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don't like, want, and don't want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don't move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the "now" time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.

Catechetical Corner

*Classes will resume in the fall
Registration begins August 1, 2021
Have a blessed summer break*

Prayers for the Sick:

Please pray for:

Juan Franco, Jean Beesley, Don & Mary Louise Boyne, Don Perno, Judy Diskin, Dianne Perno, Lindsey Roberts, Richard Contu, Evangelina Harly, Donna Esko, Jolinda Contu.

Happy Birthday to: Adam Bilby (31); Bill McLane (1); Jose Garcia, Ariadna Uriarate (3).

Happy Anniversary to: Jake & Vicki Dunkel (4).

*Did we miss your birthday or anniversary?
Please contact the office so we can update our information.*

Mass Intentions: July 31st - August 6, 2021

Saturday Mike Hamra t / Kay Dickerson
Sunday 8:00 Special Intentions
Sunday 10:30 Don Boyne / Terry & Laurie Boyne
Tuesday Jerry Dickerson t / Kay Dickerson
Wednesday Mollie Grayson t / Kevin Gibbs
Thursday Richard Gibbs t / Kevin Gibbs
Friday Stephanie Kirk / Kevin Gibbs

Readings for the week of August 1st, 2021



Sunday: Ex 16:2-4, 12-15/Ps 78/Eph 4:17, 20-24/
Jn 6:24-35
Monday: Nm 11:4b-15/Ps 81/Mt 14:13-21
Tuesday: Nm 12:1-13/Ps 51/Mt 14:22-36
Wednesday: Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106/
Mt 15:21-28
Thursday: Nm 20:1-13/Ps 95/Mt 16:13-23
Friday: Dn 7:9-10, 13-14/Ps 97/2 Pt 1:16-19/Mk 9:2-10
Saturday: Dn 6:4-13/Ps 18/Mk 17:14-20
Next Sunday: 1 Kgs 19:4-8/Ps 34/Eph 4:30—5:2/Jn 6:41-51

MINISTRY SCHEDULE

<u>Saturday</u>	<u>Lector</u>	<u>Ushers</u>
July 31st	- M Tanner	M Neises / J Sontag
Aug 7th	- K Sontag	D Hancock / D Young
Aug 14th	- J Everard	J Sontag / D Young
Aug 21st	- D Hancock	D Cavenah / M Neises
<u>Sunday</u>	<u>Lector</u>	<u>Ushers</u>
Aug 1st	- J Haskell	C Lawson / B James
Aug 8th	- S Beuchat	D Wise / K Lawson
Aug 15th	- N Wise	W Haney / R Mulvihill
Aug 22nd	- M Chapman	C Lawson / B James

Sacred Heart Church Collections



July 25th, 2021 Collection

Envelope\$ 2,046.00
 Loose\$ 1,267.00
Total Weekend Collection\$ 3,313.00

July 18th, 2021\$ 3,443.00

Honor the Lord with generosity Ecc.35:7



*While the World Changes,
the Cross Stands Firm.*

- St. Bruno

**LIVE THE LITURGY -
INSPIRATION FOR THE WEEK**

When we lose our ability to trust, we become afraid. When we are afraid, we may begin to grumble and question whether where we are is where we need to be. For us who have faith, we even question whether God is who God says He is. Trust is so important to our success on our journey. Often, the road of our lives can become a bit treacherous. We may find ourselves feeling more unsettled than comfortable and less fulfilled than we would like to be. As much as we try, the pieces of our puzzle don't quite fit together as they ought. We wonder if we will ever experience happiness again. Then, something reminds us that God is very much present in this mess we call life. God is still bringing hope out of despair and life out of death. After all, God is the true bread that comes down from heaven to give life. All that is necessary is for us to trust in this truth, even when we may be lacking in some of life's essentials. The God who gives life is the same God who sustains it. He is also the same God who assures us that we will not perish.

**EVERYDAY STEWARDSHIP -
RECOGNIZE GOD IN YOUR ORDINARY MOMENTS
Practicing Graciousness in the Desert**

Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment.

Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we're being honest with ourselves, we will admit that we do the exact same thing to God. Haven't we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He's led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can't go any further. No, I won't do any more.

Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings. — Tracy Earl Welliver, MTS

Parish Staff

Jennifer Rumsey, Secretary
sacredheart@tulsacoxmail.com
Jeff Everard, Coord. of Religious Education / RCIA
Dcn. Vincent Greuel, Confirmation / Youth Development
Virginia McCoy, Music Director

Parish Organizations

Knights of Columbus: The Sacred Heart Council meets at 7:00 pm on the 1st Tuesday of the month.
Contact Grand Knight Rick Rumsey at 918-200-3201
Prayer Network: For prayer requests, contact Sheila Ford at (918) 695-8796 or email at skfgma14x@gmail.com or contact the office.
Women's Bible Study Group: Meets Tuesday mornings 10:30-11:45am. Contact Julie Pittman 918-519-2029.
Fatima Ladies: Every 3rd Sunday 9:00 a.m. & 11:45 a.m. Contact Sue Johnston 918-227-1431.
Grief Support Group: 2nd, 3rd & 4th Tuesdays/8 wk sessions Contact Connie Anderson by text at 319-470-2800.



Please remember our neighbors in need during the summer months by contributing to our food pantries.

If you are interested in serving the parish as an Usher or Lector, please contact the office.

Registration for Religious Education Classes begin this weekend for grades 1st - 8th; First Communion Class; Confirmation Class; and RCIA Class. The forms are on the glass case in the gathering area.

Sacred Heart welcomes all new members to our parish family. Please fill out a registration form that is available in the gathering area and return to the office.



*He was transfigured before them,
and his clothes became dazzling white.*

(Mark 9:2-3)

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