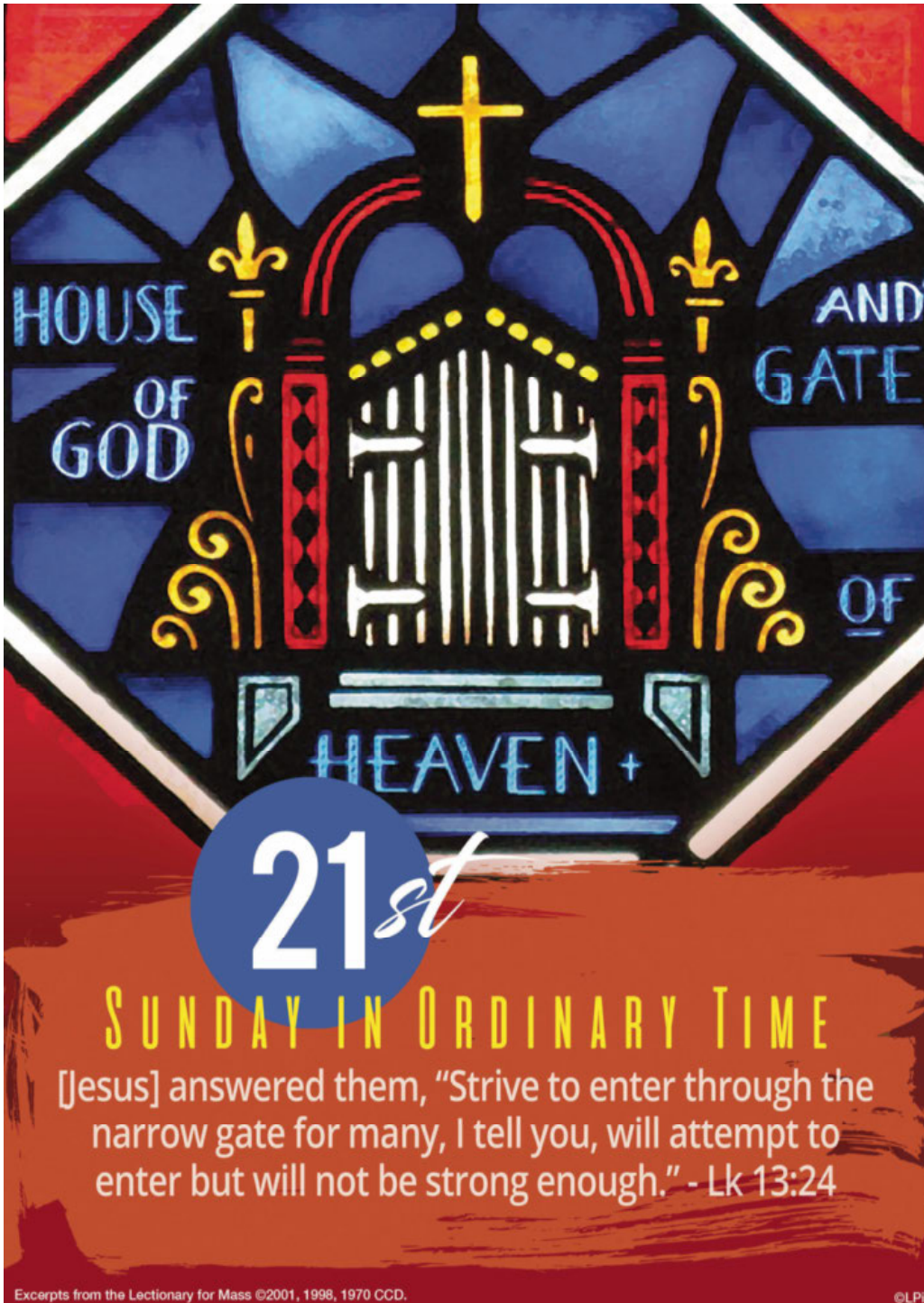


# Sacred Heart

CATHOLIC CHURCH



1777 E. GRAYSON AVENUE • SAPULPA, OK



## Parish Information

**Office:** (918) 224-0944

**Fax:** (918) 512-6830

**Rectory:** (918) 512-6880

**Web:** [www.sacredheartsapulpa.com](http://www.sacredheartsapulpa.com)

**Email:** [sacredheart@tulsacoxmail.com](mailto:sacredheart@tulsacoxmail.com)

**Pastor:** Fr. Louis Obirize

[Fr.louis.obirize@dioceseoftulsa.org](mailto:Fr.louis.obirize@dioceseoftulsa.org)

**Deacon:** Mark Pittman (918)519-7929

[Dcn.mark.pittman@dioceseoftulsa.org](mailto:Dcn.mark.pittman@dioceseoftulsa.org)

**Deacon:** Greg Stice (918)729-6017

[Dcn.greg.stice@dioceseoftulsa.org](mailto:Dcn.greg.stice@dioceseoftulsa.org)

### Office Hours:

**Mon. - Thurs.** 8:30am - 4:30pm

**Fri.** - 8:30am - 12pm

## Sacraments & Liturgies

### Sunday Masses:

Saturday Vigil: 5:30pm

Sunday: 8:00am (Spanish)

Sunday: 10:30 am

### Holy Days of Obligation:

9:00am & 7:00pm

### Daily Mass:

Tues, Wed, & Fri.: 9:00am

Thurs.: 5:30pm

### Confession:

Saturday: 4:30-5:15pm & by appt.

**Baptism:** By appointment, contact Parish Office.

**Weddings:** Six months notice required. Please contact the pastor to begin the preparation process.

### Exposition of the Blessed Sacrament:

Tuesday 9:30-10:30am

Friday 6:00-7:00pm

## GOSPEL MEDITATION

The serious disciple knows the necessity and value of discipline. Thinking of discipline as something punitive in nature, we underscore its place in our spiritual lives. Discipline is really about a radical trust in God and his guidance. "When you are conducted by a guide who takes you through an unknown country at night across fields where there are no tracks, by his own skill, asking no advice from anyone, giving no inkling of his plans, what choice do you have but to give yourself completely to his guidance? If you are convinced that he is a good guide, you must have faith in him and abandon yourself to his care (Jean-Pierre de Caussade)."

If someone wants to be physically fit, they readily find a competent trainer who sets them on a rigorous schedule. Determined to reach their goals, they sacrifice personal pleasure and trust in his guidance. Why should it be any different with God? In order to remain true to the way Jesus places before us, we have to listen, learn, and be willing to change. Falling in love with God and maintaining that relationship requires an investment of time, energy, and hard work. Putting personal preferences aside in pursuit of the Gospel and giving proper attention to our spiritual lives is challenging work. At first, "all discipline seems a cause not for joy but for pain, yet later it brings the peaceful fruit of righteousness to those who are trained by it (Hebrews)."

"What God does is essentially good. It does not need to be reformed or controlled...If you would live according to the Gospels, give yourself completely and simply to the action of God (Jean-Pierre de Caussade)." Submission to the holy will of God is not a submission to a set of pre-ordained set of circumstances. Rather, it is an abandonment and trust in God's creative, life-giving, and salvific power. God brings light out of darkness and life out of death. Nurturing this bond of trust and seeking God in all things creates an intimate and particular relationship and bond between our Creator and us. When He comes, there will be no issue with us recognizing Him or Him recognizing us. We will have met before.

### Catechetical Corner

**Enrollment Forms for 2022-23 Religious Education**

*Classes are available in the gathering area.*

*Please return completed forms by August 28th.*

### **Prayers for the Sick:**

#### **Please pray for:**

Juan Franco, Jean Beesley, Don & Mary Louise Boyne, Jan Roberts, Josette Haskell, Raymond Conners, Wally Haney, Rita Gross, Judy Diskin, Kenny & Bernadette Bowlin.

**Happy Birthday to:** Cindy Cavenah (21); Lisa Ford (22).

**Happy Anniversary to:** John & Sheila Ford (20); Dean & Nancy Wise (20).

*Did we miss your birthday or anniversary?*

*Please contact the office so we can update our information.*

### **Mass Intentions: August 20th - 26th, 2022**

**Saturday** Our Country / Buddy & Stacy James  
**Sunday 8:00** Special Intentions  
**Sunday 10:30** Special Intentions  
**Tuesday** Jessica Ritchie / John & Karen Sontag  
**Wednesday** Wally Haney / Dan & Sue Ausmus  
**Thursday** Rafael Torres t / David Torres  
**Friday** Roger Delort t / Josette Haskell

### **Readings for the week of August 21st, 2022**



**Sunday:** Is 66:18-21/Ps 117/Heb 12:5-7, 11-13/  
Lk 13:22-30  
**Monday:** 2 Thes 1:1-5, 11-12/Ps 96/Mt 23:13-22  
**Tuesday:** 2 Thes 2:1-3a, 14-17/Ps 96/Mt 23:23-26  
**Wednesday:** Rv 21:9b-14/Ps 145/Jn 1:45-51  
**Thursday:** 1 Cor 1:1-9/Ps 145/Mt 24:42-51  
**Friday:** 1 Cor 1:17-25/Ps 33/Mt 25:1-13  
**Saturday:** 1 Cor 1:26-31/Ps 33/Mt 25:14-30  
**Next Sunday:** Sir 3:17-18, 20, 28-29/Ps 68/Heb 12:18-19,  
22-24a/Lk 14:1, 7-14

### LITURGICAL MINISTERS

#### Lector          Eucharistic          Ushers

#### **Saturday**

Aug 20 - M Tanner          C Cavenah          D Cavenah / M Neises  
 Aug 27 - H Yates          J Sontag          D Yates / P Yates  
 Sept 3 - J Everard          D Everard          B James / D Young

#### **Sunday**

Aug 21 - S Ausmus          L Haney          C Lawson / J Rywelski  
 Aug 28 - C Gebetsberger          T McCoy          K Lawson / R Mulvihill  
 Sept 4 - J Haskell          C Anderson          C Lawson / S Jackson

#### **DONUTS**

Aug 21          - Joe & Shelley Rywelski  
 Aug 28          - John & Sheila Ford  
 Sept 4          - Sara Beuchat

### **Sacred Heart Church Collections**



#### **August 14, 2022 Collection**

Envelope ..... \$ 1,997.00  
 Loose ..... \$ 1,761.00  
**Total Weekend Collection ..... \$ 3,758.00**

**Capital Improvement.....\$ 815.00**

**August 7, 2022.....\$ 3,324.00**

*Honor the Lord with generosity  
Ecc.35:7*

## Knights of Columbus

*Apart from the cross, there is no other ladder  
by which we may get to heaven.  
- St. Rose of Lima*



### LIVE THE LITURGY – INSPIRATION FOR THE WEEK

Discipline is necessary for us to focus our attention and develop and refine our skills. A disciplined person has integrity and can make difficult but necessary choices. Most people do not like discipline, especially children. When we have to rise above our impulses and desires and do something challenging, it can appear as a punishment. The struggles of living a good and effective Christian life, especially when we actively choose virtue over vice, are allowed by God and necessary for reaching spiritual maturity. God invites us to share in His Kingdom. Hearing and accepting that invitation requires an active, conscious decision on our part. Reforming our lives and changing how we do things does not come easily. But it is precisely what is necessary for us to enter through the narrow gate that leads to life. Discipline is essential if we are going to discover our desire for union with our Creator and live in God's house. In this way, we will not risk finding the door locked when we need it to be open.

### WHY DO WE DO THAT? - CATHOLIC LIFE EXPLAINED

#### Question:

How can I practice gratitude in my everyday life?

#### Answer:

God has given each of us many blessings. Fostering an "attitude of gratitude" might be easier than you think. Simple, concrete practices can help us to be more thankful more often. Incorporate it into your dinner with your spouse, or as you tuck the kids into bed at night. "What are three things you're thankful for today?" Make a habit of writing one note a week to someone special in your life, thanking them for how they've impacted you. This is also a good practice in the workplace. Consider opening your weekly meetings with a quick round of gratitude sharing. "I'm grateful John helped me with that last-minute change to my presentation last week. I wouldn't have finished it in time for the meeting without him."

Another way is to designate a few minutes to thank God. This could be the first bit of your daily prayer time or after you receive communion on Sundays. You can also integrate it into your daily routine. How about while brushing your teeth? There's probably nothing so important it can't wait two minutes. Brush your teeth, quiet your mind, and thank God from your heart for His blessings throughout the day. Get creative! Any moment is an opportunity to praise and thank God.

### Parish Staff

**Jennifer Rumsey**, Secretary  
[sacredheart@tulsacoxmail.com](mailto:sacredheart@tulsacoxmail.com)  
**Virginia McCoy**, Music Director  
**Jeff Everard**, Coord. of Religious Education

### Parish Organizations

**Knights of Columbus:** The Sacred Heart Council meets at 7:00 pm on the 1<sup>st</sup> Tuesday of the month.

Contact Grand Knight Rick Rumsey at 918-200-3102

**Prayer Network:** For prayer requests, contact Sheila Ford at (918) 695-8796 or email at [skfgma14x@gmail.com](mailto:skfgma14x@gmail.com) or contact the office.

**Women's Bible Study Group:** Meets Tuesday mornings 10:30 - 12:00. Contact Julie Pittman 918-519-2029.

**Fatima Ladies:** Every 4th Friday at 10:00 a.m.  
Contact Sue Johnston 918-227-1431.

**Grief Support Group:** Meets 2nd, 3rd & 4th Tuesday's  
Contact Connie Anderson by text at 319-470-2800 for information about the next 8 week session.



**The Ladies Bible Study will be starting a new study this fall using the Serendipity Catholic Study Bible. The introductory class is Tuesday, September 6th, with the first study on September 13th. They meet each Tuesday morning for 9:00 a.m. Mass, 9:30 Holy Hour, followed by fellowship. The study is from 11:00 - noon. Please contact Julie Pittman at 918-519-2029 to register or if you have any questions.**

The Newday Grief Support will begin its next 8 week session on September 13th, at 7:00 p.m. provided it has a group of at least 4 people. This support group is for anyone with loss of spouse, child, relative, friend, job, etc. Please contact Connie Anderson by text at 319-470-2800 to register for the session.

**We are in the process of updating our records. If you are a registered parishioner, please make sure the office has your current address, cell phone number, email address, and the number of family members in your household. If you attend Sacred Heart and consider us your home parish and have not registered, please take a few minutes to fill out a registration form available in the gathering area.**

The 2022 Faith Formation Conference will be held on Saturday, August 27th at the Renaissance Hotel. All adults, especially catechists, of the Diocese of Tulsa and Eastern Oklahoma are invited to this year's conference focused on the "Sacraments: Mysterious Encounters with Christ." English and Spanish. Cost is \$ 25.00 per person which includes lunch. Further details and registration information are available at [dioceseoftulsa.org/faith-formation-conference](http://dioceseoftulsa.org/faith-formation-conference).



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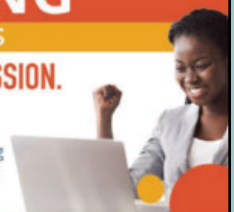
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