



**HOLY TRINITY**  
CATHOLIC CHURCH  
Believe • Belong • Become

20523 Huebner Road  
San Antonio, Texas 78258  
210-497-4200  
www.holytrinitysat.org

**May 15, 2022**



## 5<sup>TH</sup> SUNDAY OF EASTER

[Jesus said,] "My children, I will be with you only a little while longer. I give you a new commandment: love one another." - Jn 13:33a, 34a

[Jesús dijo:] "Hijos, todavía estaré un poco con ustedes. Les doy un mandamiento nuevo: que se amen los unos a los otros". - Jn 13, 33. 34



# Mass Schedule

**Saturday: 5:00PM**  
**Sunday: 7:30AM, 9:30AM, 11:30AM**  
**1:30PM (Spanish) & 5:00PM (Youth Mass)**

**Monday—Friday: 8:30AM, 12:05PM**  
**Monday & Wednesday: 6:00PM (Spanish)**  
**Tuesday & Thursday: 6:00PM**

## WELCOME!

We extend a warm welcome to anyone new to our parish family and all visitors who celebrate with us throughout the year. If you would like to join this parish, please visit our website at:

[www.holytrinitysat.org/registration](http://www.holytrinitysat.org/registration)

### Parish Office

210-497-4200  
 FAX: 210-497-4285

**Monday-Friday 8:30AM– 5:00PM**

**Pastor: Fr. Rodolfo Caballero**  
**Parochial Vicar: Fr. Ed Gonzales**

### Deacons

Deacon David Seguin: 210-365-4902  
 Deacon Michael Cleary: 210-857-0930  
 Deacon John Eichelberger: 210-859-8848  
 Deacon Brad Wakely: 210-717-3005  
 Deacon Ricardo Serdan: 210-497-4200

### Parish Office Staff

Parish Administrator: Ricardo Serdan  
 Parish Liaison & Notary Public: Gloria Barretto  
 Bookkeeper: Vicky Karleskint  
 Dir. of Outreach & Stewardship: ZZ Branch  
 Dir. of Music & Liturgy: Lucy Tavira  
 Sacramental Records: Katarina Alba-Padilla  
 Ministry Director: Grace Faubion-Schaar  
 Receptionist: Margie Duenez  
 Sacristan: Doug Stolo

### Facility Staff

210-497-0700

Facilities Manager: Deacon Ray Gonzales, Jr.  
 Maintenance Coordinator: Joaquin Martinez  
 Maintenance: Santiago Zavala  
 Housekeeper: Lupita Lobo

### Bulletin Announcements

#### DEADLINE:

10 days prior to date published via email please:  
[bulletin@holytrinitysat.org](mailto:bulletin@holytrinitysat.org)

### Faith Formation Office

210-497-4145

Monday—Friday:  
 8:30 AM – 5:00 PM

**Coordinator of Elementary  
 Religious Education:**  
 Rich Behrens  
[Rich@holytrinitysat.org](mailto:Rich@holytrinitysat.org)

**Coordinator of Middle School  
 Religious Education:**  
 Maddie Kempf  
[maddie@holytrinitysat.org](mailto:maddie@holytrinitysat.org)

**Coordinator of High School  
 Religious Education:**  
 Saul Polanco  
[saul@holytrinitysat.org](mailto:saul@holytrinitysat.org)

**Coordinator of Confirmation:**  
 Eric Mejia  
[eric@holytrinitysat.org](mailto:eric@holytrinitysat.org)

**Administrative Assistants**  
 8:30AM -12:30PM ~ Roxanna Fuentes  
 1:00PM - 5:00PM ~ Lori Ivey

### IT Coordinator

Eric Mejia 210-497-4145  
[eric@holytrinitysat.org](mailto:eric@holytrinitysat.org)

### Adult Faith Formation & Inquiry into the Catholic Faith

#### Rite of Christian Initiation of Adults and Children (RCIA)

please call the Faith Formation office at 210-497-4145  
 Deacon Brad Wakely  
 210-717-3005  
 or Mary Kay Wakely  
 210-683-3949

### SACRAMENTS

#### Baptism

Visit our web page for information.



Contact Katarina Alba-Padilla  
 (210) 497-4200

#### First Communion

Call Faith Formation Office  
 at 210-497-4145

#### Confession In the Church

Thursday 6:00PM– 7:30PM  
 Saturday 3:00PM-4:30PM  
 or call Parish Office for appointment

#### Adult Confirmation Information



#### Marriage

There is a six month preparation period for Sacramental marriages.



#### Quinceañera

For more information,  
 please contact the parish office.

210-497-4200

### Help us Keep Our Records Current

Please notify the Parish Office if you are moving  
 or if your personal status has changed.  
 210-497-4200 or email [receptionist@holytrinitysat.org](mailto:receptionist@holytrinitysat.org)

### Join our Parish Email List

If you would like to be added to our email list  
 please visit our website at [www.holytrinitysat.org](http://www.holytrinitysat.org)  
 and click on the Flocknote link

**HOLY TRINITY MINISTRIES & GROUPS**

**LITURGICAL MINISTRY:** Lucy Tavira: 210-244-3743  
**Extraordinary Ministers of Holy Communion, Lectors, Greeters, Sacristans & Altar Servers**

**ACTS Core**

Carlos Guevara: 210-871-0056  
Michelle Haider: 210-632-2685

**Adult Bible Studies**

Susan Senia: smsenia@gmail.com

**Alcohol & Drug Dependence**

John Welsh: 210-687-9019

**Altar Guild**

Monika Behrens: 210-867-3468

**Alzheimer's Ministry**

Janelle Poe: 915-449-3511  
Carol Short: 210-497-4639

**Bridges Beyond Grief**

Chaplain Emily Baril: 210-497-8166

**Bunco**

Ruth Jones: 210-724-3457

**Christ Centered Marriage Ministry**

Erika & Steve Garza (210) 669-9668.

**Christian Assistance Ministry (CAM)**

JJ & Laura Hansbrough: 210-479-7561

**Christmas Under the Bridge**

Carol Konetzke: carolkonetzke@yahoo.com

**Catholic Daughters of The Americas**

Annette Etnyre: 210-827-0009

**Divine Mercy Cenacle / Cenaculo D. M.**

Ernesto Brux: 843-730-3134 (Overall)  
Ed Kowalsky: 210-452-3837 (Tues PM – English)  
Francisco Guizar: 210-237-3507 (Wed PM – Spanish)  
Elenida Brux: 843-276-5396 (Fri AM – Spanish)  
Ruth Arthur: 210-548-2043 (Fri AM – Spanish)

**Divorced and Separated Ministry**

Mary: 210-473-9608

**ENDOW**

Susan Senia: smsenia@gmail.com

**Eucharistic Adoration**

Jeannie Oakes: 210-387-3628 (bilingual)  
Jeannie.adoration@gmail.com  
Shibi Kamalappan: 908-842-4417  
Shibitad@gmail.com

**Forever Young Seniors**

Denise Doherty: 210-264-6004

**Homebound Ministry**

Carol Rickhoff: 210-884-2400

**Hospital Ministry**

Patricia Matteson: 210-757-3903  
Brandy Paulino: (915) 504-9294

**Knights of Columbus**

Brian Mylar: 210-260-1504

**4th Degree Knights, (Assembly 3191)**

Angel Ferrer: 210-601-4957

**Kolbe Prison Ministry**

Paul Rowland: 210-913-6908

**Meals on Wheels - Christian Senior Service**

Carol Konetzke: 210-392-0595

**Mothering with Grace**

Christine Uribe and Jackie Heiman  
motheringwithgrace1@gmail.com

**Nursing Home & Rehab Centers**

Deacon John Eichelberger: 210-859-8848

**Our Lady's Rosary Ministry**

Ana Flores: htrosaryministry@gmail.com

**Pastoral Council**

Marcus Vigil: (210) 442-9407

**Prayer Shawls**

Carol Short: 210-643-2217  
Judith Rodriguez: 210-595-7262 or 956-266-4786

**Respect For Life**

Deana Abiassi: 210-385-1715

**Spiritual Direction**

Cynthia Gdula: 281-323-9993

**Sister Parish Outreach**

Grant Gaul: 210-410-8993

**Stephen Ministry**

Norma Garza: 210-379-7874  
normalydia@gmail.com

**TEAMS of Our Lady**

Sector-Nelda & Mike Lozito,  
210-316-3956 or mloz@aol.com  
Jolene & Darnell Waun: 210-482-0884

**That Man Is You**

Kevin Albrecht: 210-452-1871  
Jose Quesada: 210-260-5669

**Young Adult Community**

Jessenia Enriquez: youngadults@holyltrinitysat.org

**Spanish Ministries / Ministerios en Espanol  
Apostolado de La Cruz**

Veronica Garza 210-587-5217

**Direccion Espiritual**

Veronica Fernandez: 210-875-6240  
Elenida Brux: 843-276-5396

**Estudio de Biblia En Espanol**

Estelita Stevens: 210-286-1481

**Lectores**

Juan Enriquez: 210-275-1573

**Los Niños de Valor**

Alejandro Cantu: 210-347-6600

**Ministerio de Musica**

(JETC) Alejandro Cantu, 210-347-6600  
Lolys Navarro: 512-789-0064

**Ministerio del Rosario**

Francisco Guizar: 210-237-3507  
Miguel Casillas: 210-284-7047

**Regnum Christi Men**

Hector Islas: 210-909-8083

**Regnum Christi Women**

Cata Villarreal: 210-501-2873

**Ujieres**

Oscar Diaz: 210-325-4822

**Holy Trinity Mission Statement**

We actively nurture in joy our family of faith, by means of a transforming love to the Lord Jesus in prayer, in worship and sacramental life, in catechesis, and in love for every man and woman.

Cultivamos activamente en la alegría nuestra familia de fe, por medio de un amor transformante al Señor Jesús en la oración, la adoración y la vida sacramental, la catequesis y el amor a cada hombre y mujer.

**Please provide any feedback you may have to:**

ZZ Branch  
zz@holyltrinitysat.org

**Parish Pastoral Council Members:**

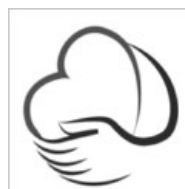
Marcus Vigil – Chair  
Manny San Miguel – Vice-Chair  
Paula Hilliard – Secretary  
Elias Harrington  
Sylvester Johnson  
Ivonne Martinez  
Ward Morton  
Roberto Navarro  
Chukwuma Ozowalu  
Cathy Rasmussen  
Jane Reed  
Beth Roberts  
Jim Rodriguez  
Julie Seguin

**Staff Members:**

Fr. Rodolfo Caballero, Pastor  
Fr. Ed Gonzales, Parochial Vicar  
Dcn. Ricardo Serdan, Parish Administrator

**Serve Our Lord  
Serve Your Parish**

Are you looking for a way to become involved? Do you feel a calling? Do you have a special talent you would like to share with the Parish? Have you been involved in a ministry at a previous parish? We are seeking interested individuals who would like to share their time and talent with the various ministries and groups we have here at Holy Trinity. Please contact anyone of our Ministry or group leaders for more information.





# Mass Intentions

FOR THE WEEK



## WEEK OF MAY 16

### Monday, May 16 (Caballero, Gonzales, Ortega)

8:30AM: Mariana Santos Williams †  
 12:05PM: Meals on Wheels Ministry, Sp. Int.  
 6:00PM: Antonio Peneiro † and Susana Trevino, Sp. Int.

### Tuesday, May 17 (Gonzales, Caballero, Gonzales)

8:30AM: Forever Young Seniors, Sp. Int.  
 12:05PM: Homebound Ministry, Sp. Int.  
 6:00PM: Jose Manuel Rodriguez † and  
 Andres & Monica Loya, Sp. Int.

### Wednesday, May 18 (Caballero, Gonzales, Czyz)

8:30AM: Bernadino Jimenez, Jr., Sp. Int.  
 12:05PM: Cicily M., Sp. Int.  
 6:00PM: Claudia Villareal, Sp. Int.

### Thursday, May 19 (Caballero, Caballero, O'Gorman)

8:30AM: The Clergy of the Archdiocese of San Antonio, Sp. Int.  
 12:05PM: Miguel Angel Chapa † and  
 The Clergy of the Archdiocese of San Antonio, Sp. Int.  
 6:00PM: Faith Pruetz & Grace Pruetz, Sp. Int.  
 The Clergy of the Archdiocese of San Antonio, Sp. Int.

### Friday, May 20 (Gonzales, Gonzales)

8:30AM: Bernadino Jimenez, Sr. †  
 12:05PM: Hospital Ministry, Sp. Int.

## WEEKEND

### Saturday, May 21

5:00PM: **Father Rodolfo Caballero**  
 Grace Quinn †, Helen Murphy † and Man Maria Oum †

### Sunday, May 22

7:30AM: **Father Rodolfo Caballero**  
 Rebeca Galindo-Gonzalez † and Leo Mendoza †  
 9:30AM: **Father Ed Gonzales**  
 Savannah Salas, Sp. Int.  
 11:30AM: **Father Rodolfo Caballero**  
 Helen Medrano †, Cruz Javier Aleman †  
 1:30PM: **Father Ed Gonzales**  
 Casimiro Rodriguez †,  
 Juan Pablo Guevara-Stevens, Sp. Int. and  
 Jose Carlos Guevara-Stevens, Sp. Int.  
 5:00PM: **Father Ed Gonzales**  
 Eucharistic Adoration Ministry, Sp. Int.

*Presider is subject to change*

Consider having a Mass said for a birthday, graduation, anniversary, special event or a memorial for someone special.

Contact the parish office to reserve your date and time.

## Altar Flowers

### In Honor of Ward & Sonia Morton's 50th Wedding Anniversary

Call the parish office at 210-497-4200 if you would like to donate altar flowers in honor, memory or celebration.

If you would like your loved one to appear on the prayer list, please email the information to [bulletin@holyltrinitysat.org](mailto:bulletin@holyltrinitysat.org). Thank you!

### Please pray for our Parishioners

*"Merciful Father, we bring before You our brothers and sisters. Please draw them close to Your Heart, grant them the graces they need, and embrace them in in Your Love and Truth. We pray this in the Name of Jesus and through the intercession of Our Blessed Mother".*

Larry Adelman	Mark Mendez
Tony Arredondo	Sophia Mendez
Sara Austin	Aliyah Molina
Maria Badiola	Luke Morse
Gaby Baca-Flores	James Murawski
Valerie Ballesteros	Jim O'Farrell
Mary Ann Barrientos	Beverly Ochoa
Dorothy Beavers	Merrit Perotti
Lorie Belus	Giana Ramirez
Bobbie Bozek	Elba Ramos
Weston Brown	Alfonso Reina, Jr
Adela Cabuto	Esperanza Reyes
Sue Carroll	John Reyes
Robert Chen	Carlos Rivas
Theresa Chism	Ray Saldaña
Jim Copeland	Zach Sell
Ignacio Diaz	Don Shaner
Jeanne Driedger	Pam Shea
Anthony Eaglan	Katherine Soares
Jim Ermis	Harold Stevens
Chris Ermis	Nick Stolo
Wayne M. Farrow Sr	Floyd Stopak
Antonio Finona	Kim Thomas
Beatrice Finona	Robert Toms
Susan Fox	David Trevino
Alfredo Galindo	Pat Wagoner
Hector Garcia	Donna Webster
Cynthia Gdula	Ela Wolocki
Mark Gehardt	Sarah Yzaguirre
Andrew Gomes	
Reynando Gomez	
Dario Guerra	
Lloyd Hammond	
Chelito Hernandez	
Duane Hill	
Philip Holzmann	
Gerry Impelman	
Tony Johnson	
Joe Latronico	
Elida Lejia	
Bill Lindsey	
Melinda Lopez	
Tamara Lowry	
George Lull	
Jennifer Marchese	

### Prayer for Vocations

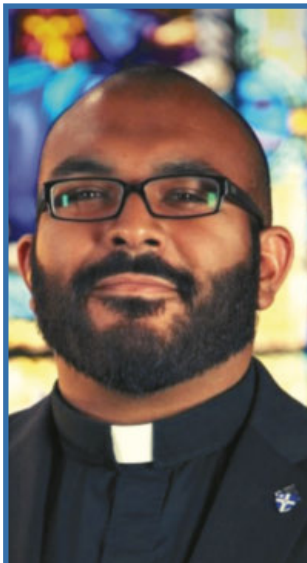
O God, our Father, you have called us in Baptism to follow your Son Jesus through lives of loving service to you and to one another.

Grant us your assistance guided by the Holy Spirit to live out our vocation in life. We pray especially for those who have answered your call as priests, brothers, sisters, deacons and lay ministers.

Keep them faithful in following your Son and dedicated in serving their brothers and sisters. Grant that many more men and women will be open to the challenge of dedicating their lives in the ministry of building your Kingdom. We ask this through Christ, our Lord. Amen



VOCATION OFFICE  
ARCHDIOCESE OF SAN ANTONIO  
WWW.ARCHSA.ORG/VOCATIONS • 210-735-0553  
www.usccb.org



### Happy Anniversary, Father Ed!

May 15th

Holy Trinity wishes you a wonderful FIRST anniversary of your ordination! We are so blessed that you call our parish your home!



## online shopping? amazon smile

You shop. Amazon gives.

- Step 1:** Sign in to your Amazon account through AmazonSmile.com.
- Step 2:** Go to settings and choose Holy Trinity Catholic Church as your preferred Charity.
- Step 3:** Shop as usual and Amazon will give a percentage back to our church!



All Amazon Smile donations will go toward **MOTHERING WITH GRACE** during April, May & June 2022



## Connect Engage Inspire

### #ListeningChurch



for more information



## ARCHBISHOP'S Appeal

for **MINISTRIES**

CAMPAÑA DEL ARZOBISPO PARA LOS MINISTERIOS



Text-To-Give by  
texting keyword  
**APPEAL** to  
(210) 750-6712.

HOLY TRINITY CATHOLIC CHURCH

## COUNSELING AT HOLY TRINITY—Evenings 5:30-7:00pm



Dr. Gonzalez is licensed by the Texas State Board of Examiners of Psychologists as an LPA, independent practice. She practices from a Solution-focused brief therapy/family systems theoretical approach. Most significant to her work here at Holy Trinity is her understanding of and adherence to the Catholic anthropological view of the human person – counseling the whole person, uniting psychology, philosophy and theology. She provides individual, (adult/teens/child), couple, and family counseling services to parishioners of Holy Trinity.

To make an appointment with Dr. Gonzalez, call the Parish Office at 210-497-4200



## Message from Fr. Rodolfo Caballero



Dear sisters and brothers in Christ,

In the context of the mystery of the Lord's Resurrection, we are reminded of the only commandment that Jesus Christ left us: "I give you a new commandment: love one another as I have loved you, so you also should love one another". Not that the ten commandments were abrogated. On the contrary, the commandment of Christian love is the culmination of the commandments. In fact, the reason by which we fulfill the other commandments, or any other prescription for that end, is precisely out of love. Love is the soul of everything that we do. In Christian spirituality and love are God's grace, God's presence in us, that activates our dynamism into reaching out to others, because they are loved by God's infinite love and are redeemed by Him. God has made his dwelling place in them as well. The key to loving others is not in us, but is in the fact that God loves them, as much as He loves us and died for us. If anyone wonders how we can increase our love for others, the answer is this: live and experience God's love in you. Live and experience God's infinite mercy in you. Live and experience God's indwelling in you. Then you will be able to exercise that same love of God towards others.

Blessings to you and to each member of your family, especially the ill and the elderly. Your brother and servant in the priesthood of Jesus Christ,

***Fr. Rodolfo Caballero***

## Mensaje de Fr. Rodolfo Caballero

Queridas hermanas y hermanos en Cristo,

En el contexto del misterio de la Resurrección del Señor, se nos recuerda el único mandamiento que nos dejó Jesucristo: "Les doy un mandamiento nuevo: que se amen los unos a los otros, como yo los he amado." No es que los diez mandamientos hayan sido abrogados. Al contrario, el mandamiento del amor cristiano es la culminación de los mandamientos. De hecho, la razón por la que cumplimos los demás mandamientos, o cualquier otra prescripción para ese fin, es precisamente por amor. El amor es el alma de todo lo que hacemos. En el amor cristiano está la gracia de Dios, la presencia de Dios en nosotros, que activa nuestro dinamismo para llegar a los demás, porque son amados por el amor infinito de Dios y son redimidos por Él. Dios hace su morada también en ellos. La clave para amar a los demás no está en nosotros, sino en el hecho de que Dios los ama, tanto como nos ama a nosotros y murió por nosotros. Si alguien se pregunta cómo podemos aumentar nuestro amor hacia los demás, la respuesta es ésta: vive y siente el amor de Dios en ti. Vive y siente la infinita misericordia de Dios en ti. Vive y siente la presencia de Dios en ti. Entonces serás capaz de ejercer ese mismo amor de Dios hacia los demás.

Bendiciones para usted y para cada miembro de su familia, especialmente para los enfermos y los ancianos. Su hermano y servidor en el sacerdocio de Jesucristo,


***P. Rodolfo Caballero***

### **A Note from Fr. Rodolfo and Fr. Gonzales**

The parish does not ask for favors either by email or text to parishioners asking to purchase cards of any sort.

### **Una Nota del P. Rodolfo y Fr. Gonzales**



La parroquia nunca pide mediante correo electrónico, ni por texto, la compra de ningún tipo de tarjetas a la comunidad parroquial.





“ God’s Word is planted in our hearts as seed which is sown. Synodality is the style through which the seed is sown in us by others and in them by us. And it is sown in the Church through our communion, as we dialogue to discern God’s will. ”

Archbishop Gustavo Garcia-Siller, M.Sp.S.

Homily during Assembly Convocation 2021: Living as a Synodal Church St. Matthew’s Catholic Church November 6, 2021

Join us on the Synodal Journey  
 Scan this 




“ La Palabra de Dios es plantada en nuestros corazones como se siembra la semilla. La sinodalidad es el estilo a través del cual la semilla es sembrada en nosotros por otros, en ellos por nosotros y en la Iglesia a través de nuestra comunión, mientras dialogamos para discernir la voluntad de Dios. ”

Arzobispo Gustavo Garcia-Siller, M.Sp.S.

Homilia durante la Asamblea en la Convocatoria 2021: Vivir Como Iglesia Sinodal Iglesia Católica de St. Matthew ó de noviembre de 2021




Únese a nosotras en el viaje sinodal  
 Escanee esto 





CONNECT WITH US ONLINE!



@HOLYTRINITYSTONEOAK  
@HOLYTRINITYSATYOUTH  
MINISTRY

@HOLYTRINITYSAT  
@HOLYTRINITYLIFETEEN

@HOLYTRINITYSATX

YOUTUBE.COM/C/HOLYTRINITYCATHOLICCHURCHSAT

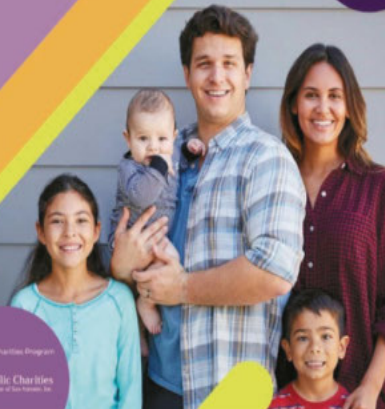


Quality, holistic,  
and affordable  
counseling

for individuals, children, couples, and families.

Learn more about our  
comprehensive services.  
[www.ccaosa.org/counseling](http://www.ccaosa.org/counseling)

A Catholic Charities Program



Forever Young Seniors Invite You!

# Senior Social

Thursday, May 19th  
12:45 - 2:30 p.m.  
*Come & Go*

Gathering Area in | Refreshments &  
Faith Formation Building | Fellowship

For More Info :

210-381-6224



## SERVANT SPOUSE

### Eucharistic Marriage Prayer

Lord God, you sustain all creatures and never cease to give your children the food they need. We praise you for bringing us together in the love that unites us around this table where the food we take strengthens our bodies. We pray that, nourished by your Word, we may grow ever stronger in faith as we strive for the coming of your Kingdom. We ask this through Christ our Lord. Amen

When couples love God first,  
they love each other better!



## THE DIVINE MERCY

### Weekly Message/Mensaje Semanal

For General Information please contact: Ernesto Brux 843-730-3134

O Mary, my Mother and my Lady, I offer You my soul, my body, my life and my death, and all that will follow it. I place everything in Your hands. O my Mother, cover my soul with Your virginal mantle and grant me the grace of purity of heart, soul and body. Defend me with Your power against all enemies, and especially against those who hide their malice behind the mask of virtue. O lovely lily! You are for me a mirror, O my Mother! (#79)

Oh Maria, Madre y Señora mía. Te ofrezco mi alma y mi cuerpo, mi vida y mi muerte y todo lo que vendrá después de ella. Pongo todo en tus manos, oh mi Madre. Cubre mi alma con tu manto virginal y concédeme la gracia de la pureza de corazón, alma y cuerpo. Con tu poder defiéndeme de todo enemigo, especialmente de aquellos que esconden su malicia bajo una máscara de virtud. Oh Espléndida Azucena, Tu eres mi espejo, oh mi Madre. (#79)

## REGISTER NOW!

To become a Catechist for  
**CATECHESIS OF  
THE GOOD SHEPHERD**

Make a difference in children's faith!  
Our Good Shepherd Program needs  
Catechists for all levels! Consider  
training to become a Catechist or  
sign up to help in the Atrium.

Several formations will be held this  
summer and fall. Registration forms  
and schedules may be found in the  
back of the church or online at  
[www.holytrinitysat.org/good-shepherd](http://www.holytrinitysat.org/good-shepherd).

For more information contact:  
Jolene Waun 210-482-0884  
[jolene1107@aol.com](mailto:jolene1107@aol.com)





## Divorced & Separated Ministry

### NO MATTER WHAT

**One morning I walked into Mass very distracted and anxious.** I had many things on my mind: projects due at work, challenges with the kids, financial pressures, dealing with the ex, etc. On top of that, I wasn't feeling well. It was hard to focus on the Mass. Frankly, I was just going through the motions. After I received the Blessed Sacrament, I was walking back to the pew when I heard it. It was a kind of whisper in my soul that said, "No matter what is going on out there, I am always here." A feeling of peace flooded over me. Christ was reminding me that, while my life was stressful and unpredictable, His peace was available to me any time I needed it. I could unplug from the craziness of my life simply by coming to Mass. Time could almost stand still. My worries, fears and doubts could be put on hold. The Mass can be the oasis in my desert, a port in my storm. I never forgot it.

Going through a divorce brings on a tsunami of challenges, emotions, and uncertainty. And these typically don't stop after the divorce is final. There are aftershocks of some kind, often for years to come. You can unplug from all of this at any time by going to Mass. Walking in the doors of the church, receiving Christ, even just being in His presence, is giving yourself a gift. A gift of His peace. A gift you can receive everyday if you need, or wish. Christ and His peace are only as far away as your nearest Catholic church. Claim your gift in the Mass.

*Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid. - John 14:27*

*The parish is reviewing options regarding our current program. We would appreciate input from individuals interested in this type of program. Your input will help us to develop a program that will aid in your recovery. Please forward your comments to Mary Chavez 210-473-9608 or marydchavez10@yahoo.com.*

## CHRIST CARING FOR PEOPLE THROUGH PEOPLE

Are you experiencing the pain of loss from the death of a loved one, from a marriage that is in crisis, from a promise that has been broken, or from a job that is no longer there, from a child that is in distress, from a diagnosis of cancer or other life-changing illness? Perhaps you are feeling overwhelmed by caring for an aging parent or someone else who needs your constant care. Are you struggling to see God in all of your pain? Then consider that having a Stephen Minister to walk with you may be just what you need.

What do Stephen Ministers do? They listen, care, support, encourage, and pray with and for a person who is hurting. They maintain confidentiality, they attend to the caregiving process and they trust that God will provide the cure with His healing love. We are called to be Christ caring for one another.

So, to anyone who is going through a difficult time, please don't suffer alone! Our Stephen Ministers are trained caregivers, ready to listen, care for and encourage you, pray with and for you, and help you through your difficult time. To find out more call Norma Garza, 210 379-7874. We are happy to answer any questions you might have. Remember, our Stephen Ministers are ready to care for you!

*"Come to me, all you who are weary and burdened, and I will give you rest." —Matthew 11:28*  
—Matthew 11:28



**JOIN US FOR ADORATION**  
**MONDAY-FRIDAY**  
**9:00-11:45AM**  
**1:00-5:45PM\***  
\*4:45PM ON FRIDAYS

If you are interested in becoming a committed weekly adorer, contact:  
Jeannie Oakes at 210-387-3628  
or  
Shibi Kamalappan at 908-842-4417

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**THURSDAYS**  
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**SATURDAYS**  
**3-4:30PM**





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**You are invited to join our free virtual webinar featuring Ed Slott. Ed specializes in the latest retirement planning strategies and opportunities for 2022. Register today to reserve your spot.**


**May 26: 9:00 PM EDT:**  
<https://tinyurl.com/SlottMay26>

**June 23: 9:00 PM EDT:**  
<https://tinyurl.com/SlottJune23>



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Join us for a Deaf Retreat led by Fr. Mike Depcik (Fr. MD), "God's Future Saints". The retreat will be held at the Oblate Renewal Center, (5700 Blanco Rd., San Antonio, TX 78216)

Schedule:  
 Friday, May 27, 2022  
 7:00 PM - 9:00 PM (San José Room)

Saturday, May 28, 2022  
 9:00 AM - 4:30 PM (San José Room)  
 5:00pm - 6:00 PM (Mass at St. Joseph's Chapel)

**NOTE:** Registration for this retreat will close after May 20, 2022.

**DEAF RETREAT**

**For More Information**

Questions or comments? Contact  
**Angela Mauzer**  
 Director, Deaf Ministry  
[Angela.Mauzer@archsa.org](mailto:Angela.Mauzer@archsa.org) | (210) 734-1952 | VP: (210) 305-5689

# adorers needed!

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*Choose an hour or more a week (M-F) to dedicate to Adoration.*

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# COURAGE INTERNATIONAL

**COURAGE** is a group of men and women who experience same-sex attraction and who are committed to helping one another to live chaste lives marked by prayer, fellowship, and mutual support.

**ENCOURAGE** is a Roman Catholic apostolate for parents, friends, and family members of loved ones with same-sex attractions. EnCourage helps members to focus on their own spiritual development with the goals of achieving peace and complete trust in God's Providence and His love for us and for the ones we love.

For more information please contact:  
 Fr. Richard Samour (210) 996-1371 [www.couragesatx.org](http://www.couragesatx.org)



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# TACO SUNDAY

Please join us for some delicious Breakfast Tacos!

Sunday, May 15, 2022  
after all morning Masses,  
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ALL MEN OF THE PARISH ARE WELCOME.

Inspired by the Apostolic Exhortation for Catholic men written by Bishop Olmsted of Phoenix, the Knights of Columbus produced a video series which seeks to answer the question of what it means to be a man and how to live as a man in today's world.

WEDNESDAY, MAY 18TH 7:00-8:00 PM

The video for this evening is entitled *Prayer*



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PAULAFGALLO63@GMAIL.COM  
FOR THE ZOOM LINK!



# Charity Golf and Auction



Sunday May 22, 2022  
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Check-in 12 noon  
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Shotgun start 2:30  
Dinner & Awards 7:30

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carolkonezke@yahoo.com or 210-392-0595.

## HIGHLIGHTS FROM THE MARCH 7, 2022 HOLY TRINITY PARISH PASTORAL COUNCIL (PPC) MEETING

### MEMBERS PRESENT:

Father Rodolfo Caballero, Father Ed Gonzales, Ward Morton, Paula Hilliard, Jessenia Enriquez, Cathy Rasmussen, Manny San Miguel, David Knott, Jane Reed, Marcus Vigil, Beth Roberts, Julie Seguin

### EXCUSED:

Jim Rodriguez, Roberto Navarro, Chuma Ozowalu, Elias Harrington, Sylvester Johnson, Ivonne Martinez

### OPENING PRAYER:

Marcus Vigil

### APPROVAL OF MINUTES:

February 7, 2022 PPC Meeting, Approved

### OLD BUSINESS:

Father Rodolfo provided an update on the *Synod on Synodality*.

Marcus reminded PPC members of the confidential nature of meetings.

Father Rodolfo and the members discussed the many Lenten 2022 events, and that all we do should be leading us (the faithful) to the Lord. Father explained the importance of prayerfulness, catechesis, fellowship and stewardship in parish activities. Fruitful and vibrant discussion began with Father Rodolfo sharing our parish has the largest ever class of catechumen and candidates to be received into the Church at Holy Trinity on Easter Vigil, and continued in discussion of the significance of Easter Vigil, Holy Thursday, and Good Friday and how as many people as possible can experience the Triduum in the most holy and significant way possible. Ideas for incorporating additional, spiritually-impactful Catholic traditions into Lent 2023 were discussed.

### NEW BUSINESS:

Marcus raised the question for the PPC members about holding a Spring Festival to celebrate the Feast of the Holy Trinity, which is the Sunday after Pentecost. Tabled until next year to discuss the particulars.

Additional items were discussed including the PPC nomination process and the return of the traditional ministry dinner to take place in May.

### CLOSING PRAYER:

David Knott

### NEXT MEETING:

April 4, 2022, 7 p.m.

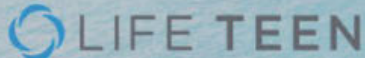
Opening Prayer: Jessenia Enriquez; Closing Prayer: Beth Roberts

Next Finance Council Meeting, representing the PPC: TBD (Manny or Jane)





# YOUTH MINISTRY



Coordinator of  
Middle School Youth Ministry  
**Maddie Kempf**  
Maddie@holyltrinitysat.org

Coordinator of  
High School Youth Ministry  
**Saul Polanco**  
Saul@holyltrinitysat.org

Coordinator of Confirmation  
**Eric Mejia**  
Eric@holyltrinitysat.org



## HS Graduation Mass & Senior Night

Sunday, June 5th  
5PM Mass, 6-8PM Dinner

We invite all graduating 12th graders and their friends  
and family to join us for our graduation Mass.  
Graduates are encouraged to attend in gown  
(no cap).

Following Mass, a special dinner will be held for the  
graduates, with a guest speaker.

*Seniors, please RSVP!*



July 7th-10th, 2022 // Cordi Marion Retreat Center

Registration will open online  
Monday, May 16th at 9AM.

Spots are limited and will be distributed on a  
first come, first serve basis.

Scan for VBS, Summer Events  
& Program Information



## MIDDLE SCHOOL VACATION BIBLE SCHOOL

Volunteer registrations  
will open on  
**Friday April 1st,**  
through the Holy Trinity website.

Teens (must be at least **outgoing 8th grader**)  
AND adults may register to volunteer.  
*NOTE: we need at least 20 adults to  
assist us the week of VBS.*



Participant registrations  
(Incoming 6th Grade - Incoming 8th Grade)  
opens **May 1st**  
VBS Date: **June 20-24th**  
Time: 9:00 am-Noon

**Summer 2022**

### SUMMER '22 EVENTS

SAVE THE DATES, MORE INFO COMING SOON!

- **Senior Mass & Senior Night**  
Sunday, June 5th  
5PM Mass & 6PM Gathering Area
- **Vacation Bible School**  
Monday, June 20th - Friday, June 24th  
9AM - Noon in the Banquet Hall
- **LifeTeen Leadership Conference**  
Monday, June 27th - Friday, July 1st  
Benedictine College, Atchison, KS
- **Teen ACTS Retreat**  
Thursday, July 7th - Sunday, July 10th  
Cordi Marion Retreat Center, SATX
- **MS Summer Camp - Camp Hidden Lake**  
Monday, July 18th - Saturday, July 23rd  
Dahlonega, GA  
Waitlist available at [holyltrinitysat.org](http://holyltrinitysat.org)
- **HS Summer Camp - Camp Covecrest**  
Monday, July 18th - Saturday, July 23rd  
Tiger, GA  
Waitlist available at [holyltrinitysat.org](http://holyltrinitysat.org)



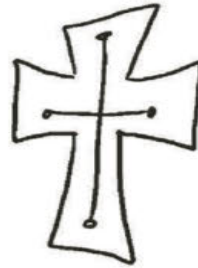
To register or for more info: [www.holyltrinitysat.org/youth-events](http://www.holyltrinitysat.org/youth-events)





# PUZZLE

Circle the group in each row that has **more**.  
Then color in all the pictures.



# MISSION

I will take three cans of food to the church for the poor.



BECAUSE VIBRANT  
CHURCHES MATTER



# Elementary Faith Formation

First Communion Masses will be throughout the first three weekends in May.

Registration for Faith Formation classes starting in September will be open in August 2022.



## Summer 2022



### Vacation Bible School

June 20-24th, 2022, 9:00 am-12:00 pm

Volunteer registrations is open through our website at: [www.holytrinitysat.org](http://www.holytrinitysat.org) (click on the VBS button)

Participant Registration (k-8th grade) opens May 1st on our website [www.holytrinitysat.org](http://www.holytrinitysat.org).

Teens (must be at least **13** years old) AND adults may register to volunteer. *NOTE: we need at least 20 adults to assist us the week of VBS.*



# WEEKLY PRAYER

## READINGS FOR THE WEEK OF MAY 15, 2022

- Sunday:** Acts 14:21-27/Ps 145:8-9, 10-11, 12-13/Rv 21:1-5a/Jn 13:31-33a, 34-35
- Monday:** Acts 14:5-18/Ps 115:1-2, 3-4, 15-16/Jn 14:21-26
- Tuesday:** Acts 14:19-28/Ps 145:10-11, 12-13ab, 21/Jn 14:27-31a
- Wednesday:** Acts 15:1-6/Ps 122:1-2, 3-4ab, 4cd-5/Jn 15:1-8
- Thursday:** Acts 15:7-21/Ps 96:1-2a, 2b-3, 10/Jn 15:9-11
- Friday:** Acts 15:22-31/Ps 57:8-9, 10 and 12/Jn 15:12-17
- Saturday:** Acts 16:1-10/Ps 100:1b-2, 3, 5/Jn 15:18-21
- Next Sunday:** Acts 15:1-2, 22-29/Ps 67:2-3, 5, 6, 8 [4]/Rv 21:10-14, 22-23/Jn 14:23-29

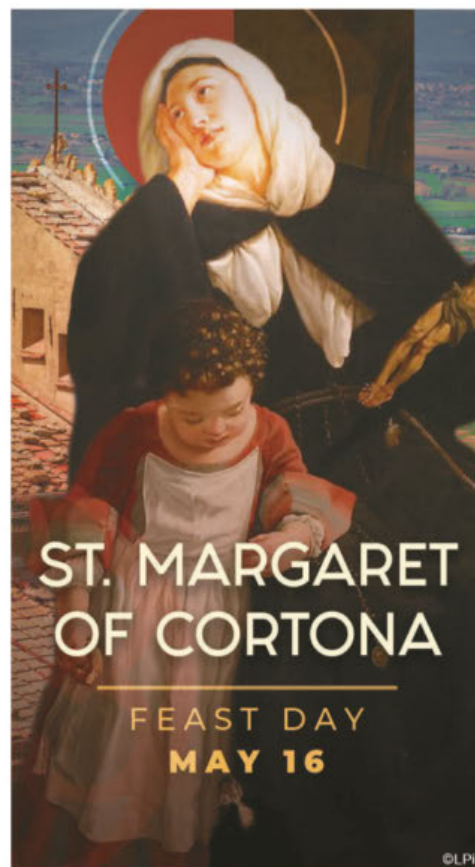
## OBSERVANCES FOR THE WEEK OF MAY 15, 2022

- Sunday:** 5th Sunday of Easter; St. Isidore
- Wednesday:** St. John I, Pope and Martyr
- Friday:** St. Bernardine of Siena, Priest
- Saturday:** St. Christopher Magallanes, Priest, and Companions, Martyrs; Armed Forces Day
- Next Sunday:** 6th Sunday of Easter; St. Rita of Cascia, Religious

## LIVE THE LITURGY

### Inspiration for the week

The resurrected Christ gives us the strength to do things we can never have imagined. Life will often give us mountains to climb, and we wonder how we will find the energy, ability, and determination to forge ahead. But, with a good dosage of faith and a fervent life of prayer we find ourselves succeeding and ascending to heights that once frightened us. What we realize after we have reached the other side is that this hardship we once saw as an obstacle has become a vehicle for something better and greater. We are stronger. The same is true with the Gospel. The prospect of loving one another may seem idealistic or unobtainable. Yet, when we risk moving beyond just looking out for or helping each other to actually **LOVING** each other, miracles happen. There is something wonderful that occurs with love. We see people in ways we never saw before, understanding and appreciating each other's journey. Love leads to reverence. Faith is strengthened and we move on to try again.



## SAINT OF THE WEEK

Though St. Margaret of Cortona (1247 – 1297) is today known as being an incredibly pious Catholic, she didn't start out that way. Born into a farming family in Laviano, Tuscany, her mother died when St. Margaret was seven. Her father remarried, but life with her stepmother was so difficult that St. Margaret moved out of the home and instead chose to live with a man named Arsenio, though they weren't married. They had been living together for nine years when she gave birth to a son. Knowing in her heart that this wasn't the life that God intended for her to have, she prayed for purity.

One day while waiting for Arsenio, his dog led her into the forest where she found Arsenio murdered. So shocked was St. Margaret that she fell into a life of penance. She and her son returned to Laviano, but still found her stepmother to be as unwelcoming as ever. They then went to Cortona, and eventually her son became a friar.

Three years after her conversion, St. Margaret followed in her son's footsteps and became a Franciscan tertiary. During her life, St. Margaret established a hospital and founded a congregation of tertiary sisters. She was canonized in 1728.

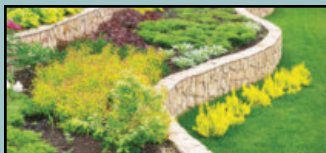




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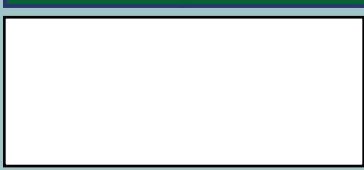
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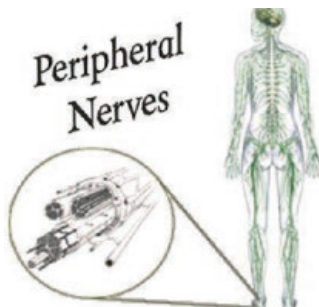
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# Neuropathy Relief Is Possible

The most common treatment your doctor will recommend for neuropathy is prescription drugs. While this may temporarily reduce your symptoms, medications such as Gabapentin, Lyrica, Cymbalta, and Neurontin are primarily anti-seizure or antidepressant medications. These drugs may cause you to feel uncomfortable and can have a variety of unpleasant or even harmful side effects.

Peripheral neuropathy is a result of damage to the nerves, often causing weakness, pain, numbness, tingling, and the most debilitating symptom, balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet. Every part of the body relies on blood flow for delivery of oxygen and nutrients. Without it, the body begins to lose function.



**Figure 1:** Notice the very small blood vessels surrounding each nerve.

When the blood vessels that surround the nerves become diseased, they shrivel. This prevents the nerves from getting the nutrients necessary to survive. The nerves begin to degenerate and no longer conduct sensation adequately.

When these nerves begin to "die" they cause you to have balance problems, pain, burning, pins and needle sensations, and other symptoms.

### Three Factors to Consider for Effective Neuropathy Treatment:

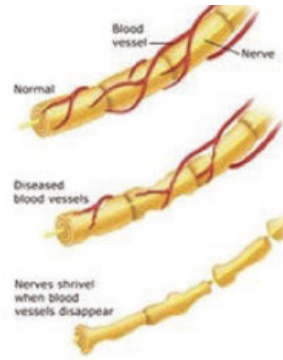
1. Underlying cause?
2. Amount of nerve damage sustained?
3. How much treatment is required?

### Three Goals of Treatment at Balance Acupuncture:

1. Increase blood flow
2. Stimulate nerve fibers
3. Decrease brain based pain

One real problem is that those with Neuropathy have been given limited options for treatment: Either you take medications which often make you feel sick or

uncomfortable, or you have to come to terms with the idea of "just living with it." There is now a clinic in San Antonio that offers you hope without worrisome side effects.



**Figure 2:** When blood vessels become diseased, they shrivel and are no longer able to provide nourishment to the surrounding nerves.

The treatment to increase blood flow utilizes Acupuncture and ATP Resonance BioTherapy. Acupuncture helps to stimulate the blood vessels and the peripheral nerves so that they are able to receive proper nutrients needed to heal and repair. ATP Resonance Bio Therapy was developed to improve cell function, increase blood flow and expedite recovery and healing.

The amount of treatment needed to allow nerves to fully recover varies from

person to person and can only be determined after a detailed neurological and vascular evaluation.

We will conduct an exam that consists of detailed sensory testing and an analysis of neurological findings. After the exam, you will meet with the practitioner to discuss your results and determine if you are a good fit for our program.

This life impacting condition affecting millions of individuals can be helped and even reversed. Whether the neuropathy affecting you is chemical in nature, due to diabetes, or mechanical such as degenerative disc disease or arthritis, treatments are available to help you alleviate your suffering.

Call **(210) 479-3900** to make an appointment to determine if the peripheral neuropathy affecting you can be treated.

### Balance Acupuncture and Natural Medicine

14855 Blanco Rd, Suite 304  
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[acupuncture-sanantonio.com](http://acupuncture-sanantonio.com)

## ACUPUNCTURE IS OFTEN THE LAST RESORT WITH THE BEST RESULTS

We are excited to bring cutting edge, non surgical, natural pain interventions to San Antonio! If pain, numbness, and lack of balance is impacting your life, medications with side effects may not be your only solution.

We will evaluate your specific needs, then a customized treatment plan will be mapped specifically for you.

**Schedule A Consultation. CALL: 210-479-3900**

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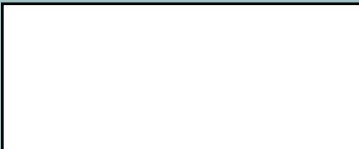
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