



20523 Huebner Road San Antonio, Texas 78258 210-497-4200 www.holytrinitysat.org

# May 22, 2022



# **6TH SUNDAY OF EASTER**

# -0î0-

[Jesus said to his disciples:] "The Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all that I told you. Peace I leave with you; my peace I give to you." - Jn 14:26-27a

[Jesús dijo a sus discípulos:] "El Consolador, el Espíritu Santo que mi Padre les enviará en mi nombre, les enseñará todas las cosas y les recordará todo cuanto yo les he dicho.

La paz les dejo, mi paz les doy". - Jn 14, 26-27



## Saturday: 5:00PM Sunday: 7:30AM, 9:30AM, 11:30AM 1:30PM (Spanish) & 5:00PM (Youth Mass)

Monday—Friday: 8:30AM, 12:05PM Monday & Wednesday: 6:00PM (Spanish) Tuesday & Thursday: 6:00PM

#### WELCOME!

We extend a warm welcome to anyone new to our parish family and all visitors who celebrate with us throughout the year. If you would like to join this parish, please visit our website at: www.holytrinitysat.org/registration

Parish Office 210-497-4200 FAX: 210-497-4285

#### Monday-Friday 8:30AM- 5:00PM

Pastor: Fr. Rodolfo Caballero Parochial Vicar: Fr. Ed Gonzales

#### **Deacons**

Deacon David Seguin: 210-365-4902 Deacon Michael Cleary: 210-857-0930 Deacon John Eichelberger: 210-859-8848 Deacon Brad Wakely: 210-717-3005 Deacon Ricardo Serdan: 210-497-4200

#### Parish Office Staff

Parish Administrator: Ricardo Serdan Parish Liaison & Notary Public: Gloria Barretto Bookkeeper: Vicky Karleskint Dir. of Outreach & Stewardship: ZZ Branch Dir. of Music & Liturgy: Lucy Tavira Sacramental Records: Katarina Alba-Padilla Ministry Director: Grace Faubion-Schaar Receptionist: Margie Duenez Sacristan: Doug Stolo

#### Facility Staff 210-497-0700

Facilities Manager: Deacon Ray Gonzales, Jr. Maintenance Coordinator: Joaquin Martinez Maintenance: Santiago Zavala Housekeeper: Lupita Lobo

#### Bulletin Announcements DEADLINE:

10 days prior to date published via email please: bulletin@holytrinitysat.org

#### Help us Keep Our Records Current

Please notify the Parish Office if you are moving or if your personal status has changed. 210-497-4200 or email receptionist@holytrinitysat.org

# Faith Formation Office 210-497-4145

Monday—Friday: 8:30 AM – 5:00 PM

Coordinator of Elementary Religious Education: Rich Behrens Rich@holytrinitysat.org

Coordinator of Middle School Religious Education: Maddie Kempf maddie@holytrinitysat.org

Coordinator of High School Religious Education: Saul Polanco saul@holytrinitysat.org

Coordinator of Confirmation: Eric Mejia eric@holytrinitysat.org

Administrative Assistants 8:30AM -12:30PM ~ Roxanna Fuentes 1:00PM - 5:00PM ~ Lori Ivey

#### **IT Coordinator**

Eric Mejia 210-497-4145 eric@holytrinitysat.org

# Adult Faith Formation & Inquiry into the Catholic Faith

Rite of Christian Initiation of Adults and Children (RCIA)

please call the Faith Formation office at 210-497-4145 Deacon Brad Wakely 210-717-3005 or Mary Kay Wakely 210-683-3949

#### SACRAMENTS

#### Baptism Visit our web page for information.



Contact Katarina Alba-Padilla (210) 497-4200

First Communion Call Faith Formation Office at 210-497-4145

## Confession

In the Church Thursday 6:00PM– 7:30PM Saturday 3:00PM-4:30PM or call Parish Office for appointment

Adult Confirmation Information



<u>Marriage</u> There is a six month preparation period for Sacramental marriages.



#### Quinceañera For more information, please contact the parish office.

210-497-4200

Join our Parish Email List If you would like to be added to our email list please visit our website at www.holytrinitysat.org and click on the Flocknote link

#### HOLY TRINITY MINISTRIES & GROUPS

LITURGICAL MINISTRY: Lucy Tavira: 210-244-3743 Extraordinary Ministers of Holy Communion, Lectors, Greeters, Sacristans & Altar Servers

ACTS Core Carlos Guevara: 210-871-0056 Michelle Haider: 210-632-2685

Adult Bible Studies Susan Senia: smsenia@gmail.com

> Alcohol & Drug Dependence John Welsh: 210-687-9019

Altar Guild Monika Behrens: 210-867-3468

Alzheimer's Ministry Janelle Poe: 915-449-3511 Carol Short: 210-497-4639

Bridges Beyond Grief Chaplain Emily Baril: 210-497-8166

> Bunco Ruth Jones: 210-724-3457

Christ Centered Marriage Ministry Erika & Steve Garza (210) 669-9668.

Christian Assistance Ministry (CAM) JJ & Laura Hansbrough: 210-479-7561

Christmas Under the Bridge Carol Konetzke: carolkonetzke@yahoo.com

Catholic Daughters of The Americas Annette Etnyre: 210-827-0009

Divine Mercy Cenacle / Cenaculo D. M. Ernesto Brux: 843-730-3134 (Overall) Ed Kowalsky: 210-452-3837 (Tues PM – English) Francisco Guizar: 210-237-3507 (Wed PM – Spanish) Elenida Brux: 843-276-5396 (Fri AM – Spanish) Ruth Arthur: 210-548-2043 (Fri AM – Spanish)

> Divorced and Separated Ministry Mary: 210-473-9608

> ENDOW Susan Senia: smsenia@gmail.com

Eucharistic Adoration Jeannie Oakes: 210-387-3628 (bilingual) Jeannie.adoration@gmail.com Shibi Kamalappan: 908-842-4417 Shibitad@gmail.com

> Forever Young Seniors Denise Doherty: 210-264-6004

Homebound Ministry Carol Rickhoff: 210-884-2400

Hospital Ministry Patricia Matteson: 210-757-3903 Brandy Paulino: (915) 504-9294

Knights of Columbus Brian Mylar: 210-260-1504

4th Degree Knights, (Assembly 3191) Angel Ferrer: 210-601-4957

> Kolbe Prison Ministry Paul Rowland: 210-913-6908

Meals on Wheels - Christian Senior Service Carol Konetzke: 210-392-0595

> Mothering with Grace Christine Uribe and Jackie Heiman motheringwithgrace1@gmail.com

Nursing Home & Rehab Centers Deacon John Eichelberger: 210-859-8848

Our Lady's Rosary Ministry Ana Flores: htrosaryministry@gmail.com

> Pastoral Council Marcus Vigil: (210) 442-9407

Prayer Shawls Carol Short: 210-643-2217 Judith Rodriguez: 210-595-7262 or 956-266-4786

> **Respect For Life** Deana Abiassi: 210-385-1715

Spiritual Direction Cynthia Gdula: 281-323-9993

Sister Parish Outreach Grant Gaul: 210-410-8993

Stephen Ministry Norma Garza: 210-379-7874 normalydia@gmail.com

TEAMS of Our Lady Sector-Nelda & Mike Lozito, 210-316-3956 or mloz@aol.com Jolene & Darnell Waun: 210-482-0884

> That Man Is You Kevin Albrecht: 210-452-1871 Jose Quesada: 210-260-5669

Young Adult Community Jessenia Enriquez: youngadults@holytrinitysat.org

Spanish Ministries / Ministerios en Espanol Apostolado de La Cruz Veronica Garza 210-587-5217

> Direccion Espiritual Veronica Fernandez: 210-875-6240 Elenida Brux: 843-276-5396

Estudio de Biblia En Espanol Estelita Stevens: 210-286-1481

Lectores Juan Enriquez: 210-275-1573

Los Niños de Valor Alejandro Cantu: 210-347-6600

Ministerio de Musica (JETC) Alejandro Cantu, 210-347-6600 Lolys Navarro: 512-789-0064

Ministerio del Rosario Francisco Guizar: 210-237-3507 Miguel Casillas: 210-284-7047

Regnum Christi Men Hector Islas: 210-909-8083

Regnum Christi Women Cata Villarreal: 210-501-2873

**Ujieres** Oscar Diaz: 210-325-4822



#### Holy Trinity Mission Statement

We actively nurture in joy our family of faith, by means of a transforming love to the Lord Jesus in prayer, in worship and sacramental life, in catechesis, and in love for every man and woman.

Cultivamos activamente en la alegría nuestra familia de fe, por medio de un amor transformante al Señor Jesús en la oración, la adoración y la vida sacramental, la catequesis y el amor a cada hombre y mujer.

# Please provide any feedback you may have to:

ZZ Branch zz@holytrinitysat.org

#### Parish Pastoral Council Members:

Marcus Vigil – Chair Manny San Miguel – Vice-Chair Paula Hilliard – Secretary Elias Harrington Sylvester Johnson Ivonne Martinez Ward Morton Roberto Navarro Chukwuma Ozowalu Cathy Rasmussen Jane Reed Beth Roberts Jim Rodriguez Julie Seguin

Staff Members:

Fr. Rodolfo Caballero, Pastor Fr. Ed Gonzales, Parochial Vicar Dcn. Ricardo Serdan, Parish Administrator

#### Serve Our Lord Serve Your Parish

Are you looking for a way to become involved? Do you feel a calling? Do you have a special talent you would like to share with the Parish? Have you been involved in a ministry at a previous parish? We are seeking interested individuals who would like to share their time and talent with the various ministries and groups we have here at Holy Trinity. Please contact anyone of our Ministry or group leaders for more information.



#### WEEK OF MAY 23

Monday, Ma 8:30AM: 12:05PM: 6:00PM:	ay 23 (Gonzales, Caballero, Gonzales) Alexandra Urena, Sp. Int. Edward Quintanilla †, Mike Quintanilla † and Lorenza & Cruz Quintanilla † Adriana Holguin †
Tuesday, M 8:30AM: 12:05PM: 6:00PM:	ay 24 (Caballero, Mefrige, O'Gorman) Elizabeth DeBoer † Samuel Loya Telles †, Hubert & Mary Davis † and Charles Dean Davis † Maria Velasquez †
Wednesday 8:30AM: 12:05PM: 6:00PM:	7, May 25 (Gonzales, Caballero, Gonzales) Adriana Holguin † Mary Lou Buentello † and Timothy Emch † Andres, Luis & Ricky Chinea, Sp. Int.
Thursday, M 8:30AM: 12:05PM: 6:00PM:	May 26 (TBA, Caballero, O'Gorman) The Clergy of the Archdiocese of San Antonio, Sp. Int. Mary Dolores Rizzo †, Don & Maria Tehan † and The Clergy of the Archdiocese of San Antonio, Sp. Int. The Clergy of the Archdiocese of San Antonio, Sp. Int.
Friday, May 8:30AM: 12:05PM:	<b>27 (Gonzales, Gonzales)</b> Dcn. Ricardo Serdan, Sp. Int. Norma Q. Reyna †, Ruben Bazan † and Alli Kuban, Sp. Int.

#### WEEKEND

Saturday, N 5:00PM:	lay 28 Monsignor Michael O'Gorman Dennis Ullrich †, Bibiana Carrillo † and Michael J. Ward <sup>-</sup>
Sunday, Ma	y 29
7:30AM:	Monsignor Michael O'Gorman Middy Duarte † and Edgar & Janet Pena
9:30AM :	<b>Monsignor Michael O'Gorman</b> Bibiana Carrillo † and Hector L. Perez †
11:30AM:	Father Ed Gonzales Tony Salsedo † and Victor & Roberto Ayon †

	TOTY Salseud   and victor & Roberto Ayon
1:30PM:	Father Ed Gonzales
	Jose Raciel Juarez †, Ernesto Ramirez Tenorio † and
	Casimiro Rodriguez †
5:00PM <i>:</i>	Father Ed Gonzales
	Lydia Lopez † and Elva Costley †

Presider is Subject to Change

Consider having a Mass said for a birthday, graduation, anniversary, special event or a memorial for someone special. Contact the parish office to reserve your date and time.

# Looking for Something?

We have a lovely assortment of hats, keys, jewelery, eye glasses and even wallets! Come by the Parish Office if you think you may have lost something on the church campus.



If you would like your loved one to appear on the prayer list, please email the information to **bulletin@holytrinitysat.org**. Thank you!

#### Please pray for our Parishioners

"Merciful Father, we bring before You our brothers and sisters. Please draw them close to Your Heart, grant them the graces they need, and embrace them in in Your Love and Truth. We pray this in the Name of Jesus and through the intercession of Our Blessed Mother".

Larry Adelman Tony Arredondo Sara Austin Maria Badiola Gaby Baca-Flores Valerie Ballesteros Mary Ann Barrientos Dorothy Beavers Lorie Belus Bobbie Bozek Weston Brown Adela Cabuto Robert Chen Theresa Chism Jim Copeland Rose Marie DeStefano Ignacio Diaz Jeanne Driedger Anthony Eaglan Chris Ermis Jim Ermis Wayne M. Farrow Sr Ántonio Finona **Beatrice Finona** Susan Fox Alfredo Galindo Hector Garcia Cynthia Gdula Mark Gehardt Andrew Gomes Reynando Gomez Dario Guerra Lloyd Hammond Chelito Hernandez Duane Hill Philip Holzmann Gerry Impelman Tony Johnson Joe Latronico Elida Lejia Bill Lindsev Melinda Lopez Tamara Lowry Georae Lull Jennifer Marchese

Mark Mendez Sophia Mendez Aliyah Molina Luke Morse James Murawski Jim O'Farrell **Beverly Ochoa** Merrit Perotti Giana Ramirez Elba Ramos Alfonso Reina, Jr Esperanza Reyes John Reyes Carlos Rivas Ray Saldaña Zach Sell Don Shaner Pam Shea Katherine Soares Harold Stevens Nick Stolo Floyd Stopak Kim Thomas Robert Toms David Trevino Pat Wagoner Donna Webster Ella Wolocki Sarah Yzaguirre



# COUNSELING AT HOLY TRINITY—Evenings 5:30-7:00pm



Dr. Gonzalez is licensed by the Texas State Board of Examiners of Psychologists as an LPA, independent practice. She practices from a Solution-focused brief therapy/family systems theoretical approach. Most significant to her work here at Holy Trinity is her understanding of and adherence to the Catholic anthropological view of the human person – counseling the whole person, uniting psychology, philosophy and theology. She provides individual, (adult/teens/child), couple, and family counseling services to parishioners of Holy Trinity.

To make an appointment with Dr. Gonzalez, call the Parish Office at 210-497-4200

# Message from Fr. Rodolfo Caballero



Dear sisters and brothers in Christ,

As we approach the Solemnity of Pentecost, we are reminded of the mystery of the indwelling of the Blessed Trinity in our lives. If we can summarize our relationship with God in a few words, we would immediately describe it as God living in us. In fact, the whole goal of Christianity is to establish that connection by which God lives in us and we in God. The Church and the sacraments are nothing other than a bridge between us and God. Living the commandments, the beatitudes, our devotions and Christian traditions are but a manifestation of God living in us. Our spiritual life is the nurturing of that divine life in us. As we can see, everything about Christian traditions are but a manifestation of God living in us.

tianity is this. St. Paul would put it in more poetic terms, "I live, no longer I, but Christ lives in me; insofar as I now live in the flesh, I live by faith in the Son of God who has loved me and given himself up for me" (cf. Gal 2, 20).

Among all the activities that we do in the different roles we play in our lives, let us not forget this most essential element as Christians.

May the Lord bless you and each one of the members of your family, especially the ill and the elderly. Your brother and servant in the priesthood of Jesus Christ,

## Fr. Rodolfo Caballero

# Mensaje de Fr. Rodolfo Caballero

Queridas hermanas y hermanos en Cristo,

Al acercarnos a la solemnidad de Pentecostés, se nos recuerda el misterio de la presencia de la Santísima Trinidad en nuestras vidas. Si pudiéramos describir nuestra relación con Dios en pocas palabras, la describiríamos inmediatamente como Dios que vive en nosotros. De hecho, todo el objetivo del Cristianismo es establecer esa conexión por la que Dios vive en nosotros y nosotros en Dios. La Iglesia y los sacramentos no son más que un puente entre nosotros y Dios. Vivir los mandamientos, las bienaventuranzas, nuestras devociones y tradiciones Cristianas no son más que una manifestación de Dios viviendo en nosotros. Nuestra vida espiritual es el alimento de esa vida divina en nosotros. Como podemos ver, todo en el Cristianismo es esto. San Pablo lo diría en lenguaje más poético: "y ya no soy yo el que vive, sino que Cristo vive en mí; y la vida que ahora vivo en la carne, la vivo por la fe en el Hijo de Dios, el cual me amó y se entregó a sí mismo por mí" (Gál 2, 20).

Entre todas las actividades que realizamos en los distintos papeles que desempeñamos en nuestra vida, no olvidemos este elemento tan esencial como Cristianos.

Que el Señor le bendiga a usted y a cada uno de los miembros de su familia, especialmente a los enfermos y a los ancianos. Su hermano y servidor en el sacerdocio de Jesucristo,

## P. Rodolfo Caballero

#### A Note from Fr. Rodolfo and Fr. Gonzales

The parish does not ask for favors either by email or text to parishioners asking to purchase cards of any sort.

#### Una Nota del P. Rodolfo y Fr. Gonzales

La parroquia nunca pide mediante correo electrónico, ni por texto, la compra de ningún tipo de tarjetas a la comunidad parroquial.

God's Word is planted in our hearts as seed which is sown. Synodality is the style through which the seed is sown in us by others and in them by us. And it is sown in the Church through our communion, as we dialogue to discern God's will.

Archbishop Gustavo Garcia-Siller, M.Sp.S.

Homily during Assembly Convocation 2021: Living as a Synodal Church St. Matthew's Catholic Church November 6, 2021 For a sponset clavers

Join us on the Synodal Journey Scan this



" La Palabra de Dios es plantada en nuestros corazones como se siembra la semilla. La sinodalidad es el estilo a través del cual la semilla es sembrada en nosotros por otros, en ellos por nosotros y en la Iglesia a través de nuestra comunión, mientras dialogamos para discernir la voluntad de Dios.

Arzobispo Gustavo Garcia-Siller, M.Sp.S.

Homilia durante la Asamblea en la Convocatoria 2021: Vivir Como Iglesia Sinodal Iglesia Católica de St. Matthew ó de noviembre de 2021



Únese a nosotras en el viaje sinodal Escanee esto



#### CONNECT WITH US ONLINE!



comprehensive services. ww.ccaosa.org/counseling



# SERVANT SPOUSE

#### **Prayer Against Temptations**

Ոց

Help us, Father, to patiently endure tests of our faith and resist temptations that could hurt our marriage. In Scripture you remind us, "God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him" (James 1:12). Give us your Spirit to protect and persevere us through temptations. Helps us keep you and your will for us always in our hearts and minds.

> Couples that pray together, stay together! Make praying for your marriage a daily habit.





For Info Call: 512-766-5798

When we are baptized, we are united to Christ and given the commission: "Go, make disciples of all nations." (Matthew 28:19) But, what does that actually mean for us? How do we do it? Mission Possible is a four week interactive course that will help equip you to discover more of what this baptismal vocation is and practice some skills to actually follow it! Topics covered will be:

-The message of the Gospel and how to share it in plain English

-How and when to share a simple story of faith from your life

-How to discern your unique mission as a baptized Christian

-How to accompany a friend or coworker through the stages of conversion

Legistics: All meetings will be held online via Zoom. Due to the content and structure of the meetings, we ask that you commit to participating fully during the series. The meetings will be 7pm CT – 9pm CT. We will hear the content as a larger group and then we will use breakout rooms for discussion and to practice the skills learned.

When: Every Tuesday in June (June 7th, 14th, 21st, 28th)

Cost: Regular: \$99 /G524 Community members (through App): \$79

# HOLY TRINITY BANQUET HALL

## Available for:

- Wedding Receptions
- Networking Events
- Quinceaneras
- Company Meetings
- Private Parties and Much More!

Call 210-497-0700 for Parishioner Pricing!

THE DIVINE MERCY Weekly Message/Mensaje Semanal

For General Information please contact: Ernesto Brux 843-730-3134

Write this: before I come as the Just Judge, I am coming first as the King of Mercy. Before the day of justice arrives, there will be given to people a sign in the heavens of this sort: All light in the heavens will be extinguished, and there will be great darkness over the whole earth. Then the sign of the cross will be seen in the sky, and from the openings where the hands and the feet of the Savior were nailed will come forth great lights which will light up the earth for a period of time. This will take place shortly before the last day. (#83)

Escribe esto: Antes de venir como el Juez Justo, vengo como el Rey de Misericordia. Antes de que llegue el día de la justicia, les será dado a los hombre este signo en el cielo. Se apagará toda luz en el cielo y habrá una gran oscuridad en toda la tierra. Entonces, en el cielo aparecerá el signo de la cruz y de los orificios donde fueron clavadas las manos y los pies del salvador, saldrán grandes luces que durante algún tiempo iluminarán la tierra. Eso sucederá poco tiempo antes del último día. (#83)

# Divorced & Separated Ministry BELIEVE

I can't ever imagine my life without this overwhelming pain," I managed to choke out between my sobs to my counselor. It had been about three months after my divorce was filed, and I was overwhelmed with grief. I believed the rest of my life was going to be filled with the intense emotional pain I was experiencing, and I knew I couldn't bear it. I had truly lost hope for my future and was at the point of total despair.

My very wise counselor made one simple suggestion that made a huge, positive impact. She suggested that I reflect on my faith. She went on to explain that faith is a decision. If I exclude the reality of God from my life, then there is nothing to hope for and grief turns into despair. However, if I include the reality of God in my life, there is always something greater -- no matter the grief and pain. It is this reality that is the reason for hope. Her gentle reminder about my faith was a real paradigm shift in how I viewed my situation.

Faith is a decision that we all must make at some point in our lives. We must decide that either this world is all there is or there is something beyond this life that is so much greater. Our decision is what makes all the difference.

Grief is an indicator of transition -- a change, a letting go. When Our Lord is brought into this transition, He will bring *new life*. Even though this new life may not be what *we* had planned, because it is built on trust in Christ, there ultimately will be joy -- a joy that this physical world can't touch.

And that is exactly what happened to me, and it can happen to you too. Believe.

"Amen, amen, I say to you, you will weep and mourn, while the world rejoices; you will grieve, but your grief will become joy." -- John 16:20

The parish is reviewing options regarding our current program. We would appreciate input from individuals interested in this type of program. Your input will help us to develop a program that will aid in your recovery. Please forward your comments to Mary Chavez 210-473-9608 or marydchavez10@yahoo.com.



# A GREAT WAY TO HELLP A HURTING FRIEND

Do you have a friend, a neighbor, or a relative who is going through a difficult time? Here's a great way you can help them—tell them about our Stephen Ministry! Stephen Ministers are members of **Holy Trinity** who have received special training to provide high-quality, confidential, one-to-one, Christian care to people who are grieving the loss of a loved one, coping with a cancer diagnosis, going through a divorce or separation, battling a chronic illness (or caring for a spouse or parent who is chronically ill), experiencing a great deal of stress, facing the loss of a job—or encountering any of countless other life challenges.

Stephen Ministers meet weekly with their care receivers to listen, care, encourage, and provide emotional and spiritual support. Males are matched with males, and females are matched with females. The caring relationship lasts for as long as the person needs care. It's free, and it's a powerful way you can help a hurting friend.

To learn how to connect someone you know with a Stephen Minister, talk with our Stephen Ministry Leader Norma Garza, 210 379-7874. Our Stephen Ministers are ready to care for you!

"Come to me, all you who are weary and burdened, and I will give you rest."—Matthew 11:28









# **VOLUNTEERS NEEDED!**

Meals on Wheels is on the road again!

We are in dire need of volunteers. You can make a difference in the lives of others!

To volunteer, contact Carol Konetzke at carolkonetzke@yahoo.com or 210-392-0595.

# **NOW HIRING**

**San Antonio Coalition for Life** is hiring! We are looking to fill part-time and full-time positions at multiple levels for our prolife programs. Applicants must have a heart for helping women and protecting the preborn. Please submit resume and letter of interest to: Info@SACFL.org or mail to SACFL; 7272 Wurzbach Rd., #105; SATX 78240.

#### New Content from the Vocation Office

We have some exciting new projects coming soon to our social media platforms!

To make sure you stay up to date with everything that we are releasing in the upcoming months, make sure to subscribe to <u>all of</u> our social media accounts. (Facebook, Instagram, YouTube & Spotify)



## DO YOU OR SOMEONE YOU KNOW NEED TO BE "COVERED" BY PRAYER?

The Holy Trinity Prayer Shawl Ministry makes beautiful prayer shawls that are available to our parishioners.



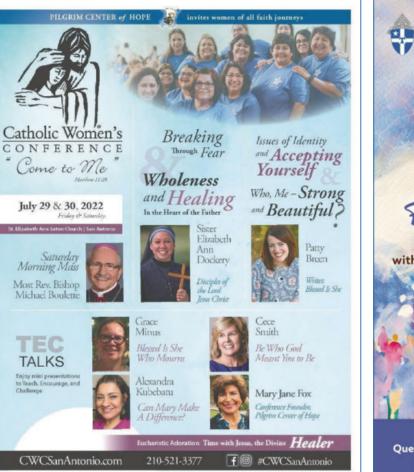


# **Blessings to you!**

Beginning Tuesday, June 7th, we will begin our 2022 Summer Share-A-Thon, "Eucharistic Revival". For four straight days, we'll be on the air from 7AM-7PM, to make our appeal for your financial support to help us keep Catholic Radio on the air for the next few months.

> The number to call in during that week is: <u>1-800-476-3311</u>

Not only do we need listeners to call in that week and make their donation but, we also need some amazing volunteers to help man our call center!





RSVP and Resources: ArchSA.org/Corpus-Christi Questions/Comments: Yessica.Marval@ArchSA.org | 210-734-1653 The Archbishop's Appeal for Ministries helped make this liturgy possible.

## Frequently Asked Questions about Annulments

(a series taken from The Metropolitan Tribunal of the Archdiocese of San Antonio)

How is it possible to declare a marriage invalid? Isn't marriage forever?

• The Catholic Church believes that every valid, sacramental and consummated marriage is indissoluble. This is our understanding of God's law as found in the Scriptures, as well as 2,000 years of Catholic Church teaching.

• If both parties to a marriage are still living, a marriage must be proven to be invalid, even if the parties are civilly divorced, in order for either of the parties to contract a new marriage in the Catholic Church.

• If one or more of the essential elements are missing from the beginning of the marriage, a marriage may be declared invalid by a Judge of a Tribunal. This is considered a judicial decision, not a moral judgment on the lives of the parties involved.

CHRISTIAN ASSISTANCE MINISTRY SUMMER INTERNSHIP 2022

The mission of CAM is to share the love of Christ by providing immediate assistance and encouragement to people in crists. Join our volunteer team this summer and see what God can do through you!



Serve 18 Shifts

Yery Flexible Scheduling

Shadow Staff Members

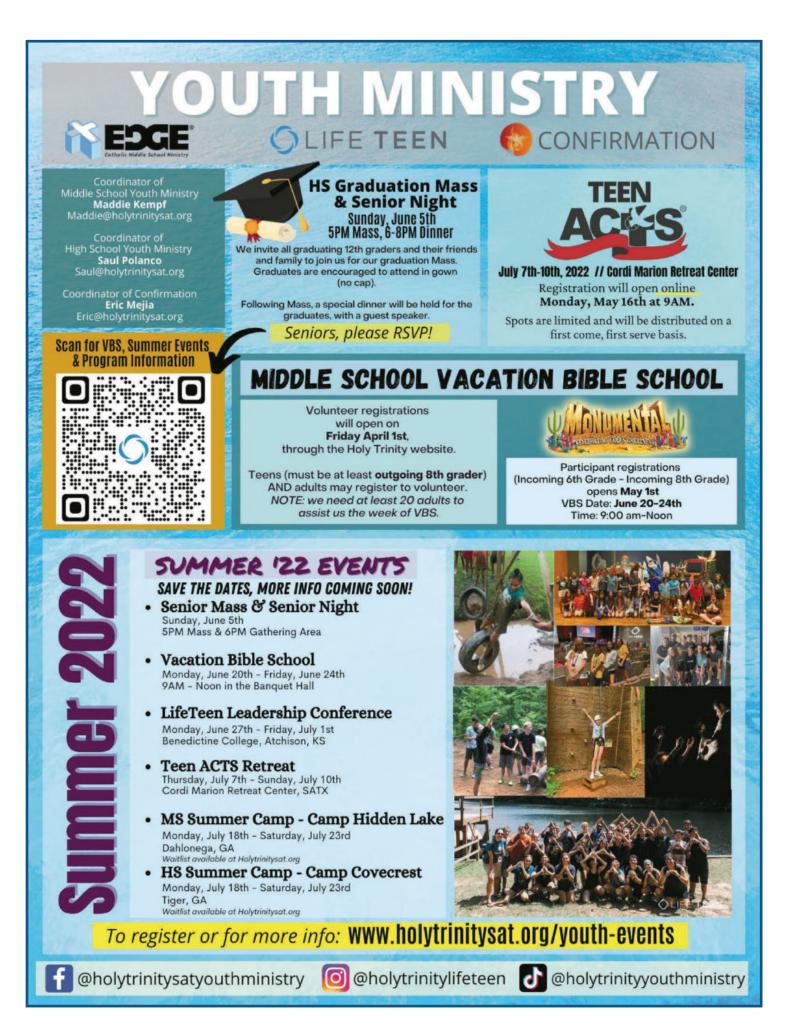
Feed the Bungry

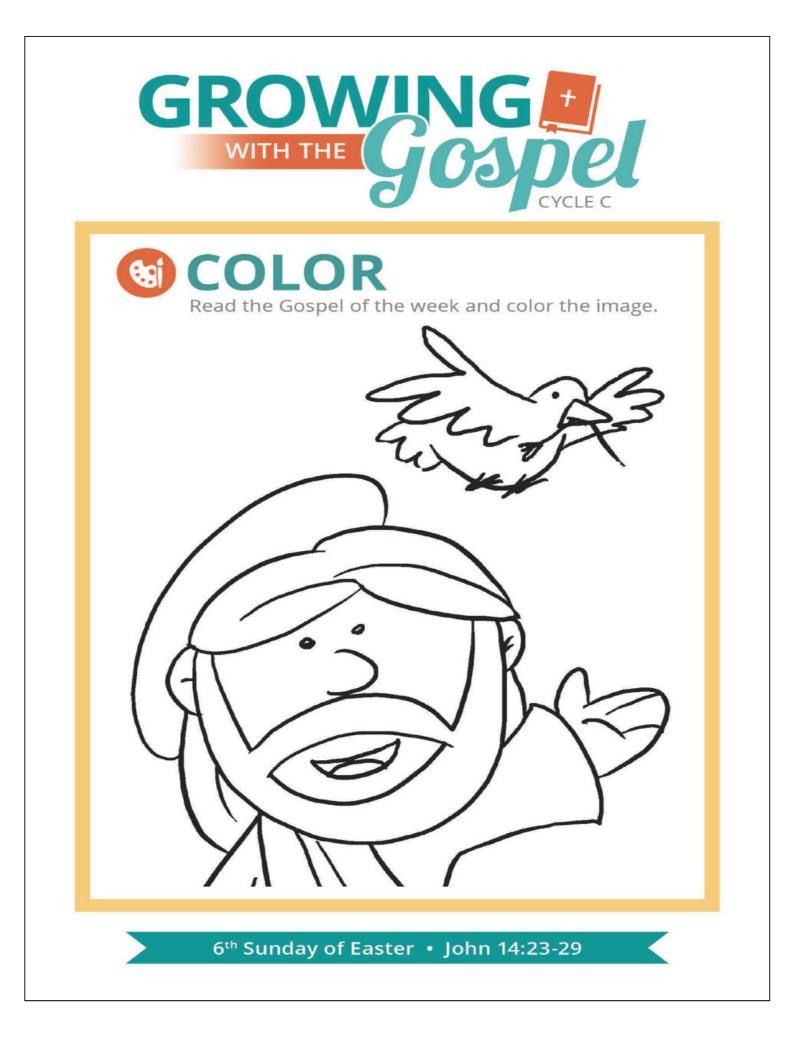
Experience the Power of Codly Service!

Age 15+

TO APPLY CONTACT Mary Hendesion Volumber Manager

210.842.0208





# ELEMENTARY FAITH FORMATION

Do you feel called into being more of service? Please pray about becoming a Faith Formation Volunteer Teacher or aide for the upcoming year. (K-5th grade)



# We'd love to have you join our team!



You may fill out a registration form at our website: https://www.holytrinitysat.org/volunteer Or you can contact our office at 210-497-4145

# **Summer 2022**



Vacation Bible School

# June 20-24th, 2022, 9:00 am-12:00 pm

Volunteer registration is open through our website at: www.holytrinitysat.org (click on the VBS button)

Teens (must be at least **13** years old) AND adults may register to volunteer. *NOTE: we need 3 more adults to assist us the week of VBS.* 



# WEEKLY PRAYER

#### **READINGS FOR THE WEEK OF MAY 22, 2022**

Sunday: Acts 15:1-2, 22-29/Ps 67:2-3, 5, 6, 8 [4]/Rv 21:10-14, 22-23/Jn 14:23-29

Monday: Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a and 9b/Jn 15:26—16:4a

Tuesday: Acts 16:22-34/Ps 138:1-2ab, 2cde-3, 7c-8/Jn 16:5-11

- Wednesday: Acts 17:15, 22—18:1/Ps 148:1-2, 11-12, 13, 14/Jn 16:12-15
- Thursday:
   Acts 18:1-8/Ps 98:1, 2-3ab, 3cd-4/ Jn 16:16-20 Ascension: Acts

   1:1-11/Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23 or Heb 9:24-28; 10:19-23/Lk 24:46-53

Friday: Acts 18:9-18/ /Ps 47:2-3, 4-5, 6-7/Jn 16:20-23

- Saturday: Acts 18:23-28/ Ps 47:2-3, 8-9, 10/Jn 16:23b-28
- Next Sunday: Ascension: Acts 1:1-11/ Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23 or Heb 9:24-28; 10:19-23/Lk 24:46-53 Seventh Sunday of Easter: Acts 7:55-60/Ps 97:1-2, 6-7, 9 [1a, 9a]/Rv 22:12-14, 16-17, 20/ Jn 17:20-26

#### **OBSERVANCES FOR THE WEEK OF MAY 22, 2022**

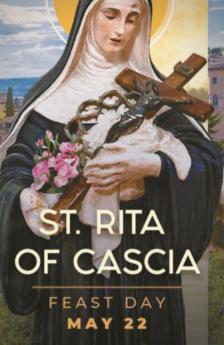
Sunday:	6th Sunday of Easter; St. Rita of Cascia, Religious
Wednesday:	St. Bede the Venerable, Priest and Doctor of the Church; St. Gregory VII, Pope; St. Mary Magdalene de'Pazzi, Virgin
Thursday:	St. Philip Neri, Priest
Friday:	St. Augustine of Canterbury, Bishop

Next Sunday: 7th Sunday of Easter; The Ascension of the Lord; St. Paul VI, Pope; World Communications Day

#### LIVE THE LITURGY

#### Inspiration for the week

Everyone wants to experience peace. When we look to the world to provide this for us, we can easily get disappointed. We associate peace with an absence of war and conflict, good relationships between neighbors and coworkers, the achievement of success and even the absence of noise! While all of these are worthy endeavors, pursuing them exclusively as a path to experiencing peace sets us up for failure. When we look for peace outside of ourselves, it will never be found. True and lasting peace is something that comes from within and not something we can produce on our own or receive from others. Peace is discovered when we experience an inner wholeness and harmony. It is born of a sense of connectedness with a God who is larger and greater than ourselves, gifting us with His presence. It is the only the peace offered by the Risen Christ that can settle our hearts and calm our fears. Regardless of the degree of turmoil around us, this sense of completeness that Jesus gives anchors our boats and prevents us from sinking.



#### SAINT OF THE WEEK

St. Rita of Cascia (1381 - 1457) had the opportunity to live her life as a wife, mother, widow, and eventually, member of a religious community. Born in central Italy, St. Rita felt the calling to become a nun, but was pressured at a young age into marriage. During her 18year marriage to a cruel man, she raised two sons. When her husband was killed in a brawl and her sons died, St. Rita decided to go back to her first love and attempted to join the Augustinian nuns in Cascia. Her status as a widow caused some complications to her entering, but she eventually succeeded in professing vows.

Throughout her lifetime, St. Rita of Cascia was known for her prayerfulness and charity. She also experienced stigmata on her forehead, meditated frequently on Christ's passion, and cared for the nuns of her religious community and those in the lay community who came to her for counsel.

SUNDAY, MAY 22, 2022 | 6TH SUNDAY OF EASTER





# **Neuropathy Relief Is Possible**

The most common treatment your doctor will recommend for neuropathy is prescription drugs. While this may temporarily reduce your symptoms, medications such as Gabapentin, Lyrica, Cymbalta, and Neurontin are primarily anti-seizure or antidepressant medications. These drugs may cause you to feel uncomfortable and can have a variety of unpleasant or even harmful side effects.

Peripheral neuropathy is a result of damage to the nerves, often causing weakness, pain, numbness, tingling, and the most debilitating symptom, balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet. Every part of the body relies on blood flow for delivery of oxygen and nutrients. Without it, the body begins to lose function.

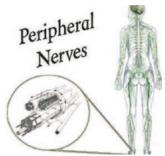


Figure 1: Notice the very small blood vessels surrounding each nerve.

When the blood vessels that surround the nerves become diseased, they shrivel. This prevents the nerves from getting the nutrients necessary to survive. The nerves begin to degenerate and no longer conduct sensation adequately.

When these nerves begin to "die" they cause you to have balance problems, pain, burning, pins and needle sensations, and other symptoms.

#### Three Factors to Consider for Effective Neuropathy

#### Treatment:

- Underlying cause?
   Amount of nerve damage sustained?
- 3. How much treatment is required?

## Three Goals of

#### Treatment at Balance Acupuncture:

- 1. Increase blood flow
- 2. Stimulate nerve fibers
- 3. Decrease brain based pain

One real problem is that those with Neuropathy have been given limited options for treatment: Either you take medications which often make you feel sick or uncomfortable, or you have to come to terms with the idea of "just living with it." There is now a clinic in San Antonio that offers you hope without worrisome side effects.

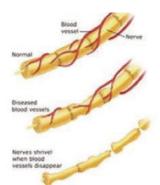


Figure 2: When blood vessels become diseased, they shrivel and are no longer able to provide nourishment to the surrounding nerves.

The treatment to increase blood flow utilizes Acupuncture and ATP Resonance BioTherapy. Acupuncture helps to stimulate the blood vessels and the peripheral nerves so that they are able to receive proper nutrients needed to heal and repair. ATP Resonance **Bio Therapy was** developed to improve cell function, increase blood flow and expedite recovery and healing.

The amount of treatment needed to allow nerves to fully recover varies from person to person and can only be determined after a detailed neurological and vascular evaluation.

We will conduct an exam that consists of detailed sensory testing and an analysis of neurological findings. After the exam, you will meet with the practitioner to discuss your results and determine if you are a good fit for our program.

This life impacting condition affecting millions of individuals can be helped and even reversed. Whether the neuropathy affecting you is chemical in nature, due to diabetes, or mechanical such as degenerative disc disease or arthritis, treatments are available to help you alleviate your suffering.

#### Call (210) 479-3900 to

make an appointment to determine if the peripheral neuropathy affecting you can be treated.

# Balance Acupuncture and Natural Medicine

14855 Blanco Rd, Suite 304 San Antonio, TX 78216 acupuncturesanantonio.com

## ACUPUNCTURE IS OFTEN THE LAST RESORT WITH THE BEST RESULTS

We are excited to bring cutting edge, non surgical, natural pain interventions to San Antonio! If pain, numbness, and lack of balance is impacting your life, medications with side effects may not be your only solution.

We will evaluate your specific needs, then a customized treatment plan will be mapped specifically for you.

## Schedule A Consultation. CALL: 210-479-3900

## YOU DON'T HAVE TO JUST LIVE WITH IT

For ad info. call 1-800-950-9952 • www.4lpi.com

Holy Trinity Catholic Church, San Antonio, TX

e

