ST. THOMAS AQUINAS CATHOLIC CHURCH

Archdiocese of Galveston-Houston | Served by Missionaries of St. Francis De Sales

12627 W. BELLFORT AVE., SUGAR LAND, TX 77478 281-240-6721 WWW.STASUGARLAND.COM

October 24, 2021

WELCOME HOME

PASTOR:
Rev. Joseph Pottemmel, MSFS
frjoseph@stasugarland.com

PAROCHIAL VICAR:
Rev. Mathew Thayil, MSFS
frmthayil@stasugarland.com

DEACON
Sam Dunning
sdunning@archgh.org

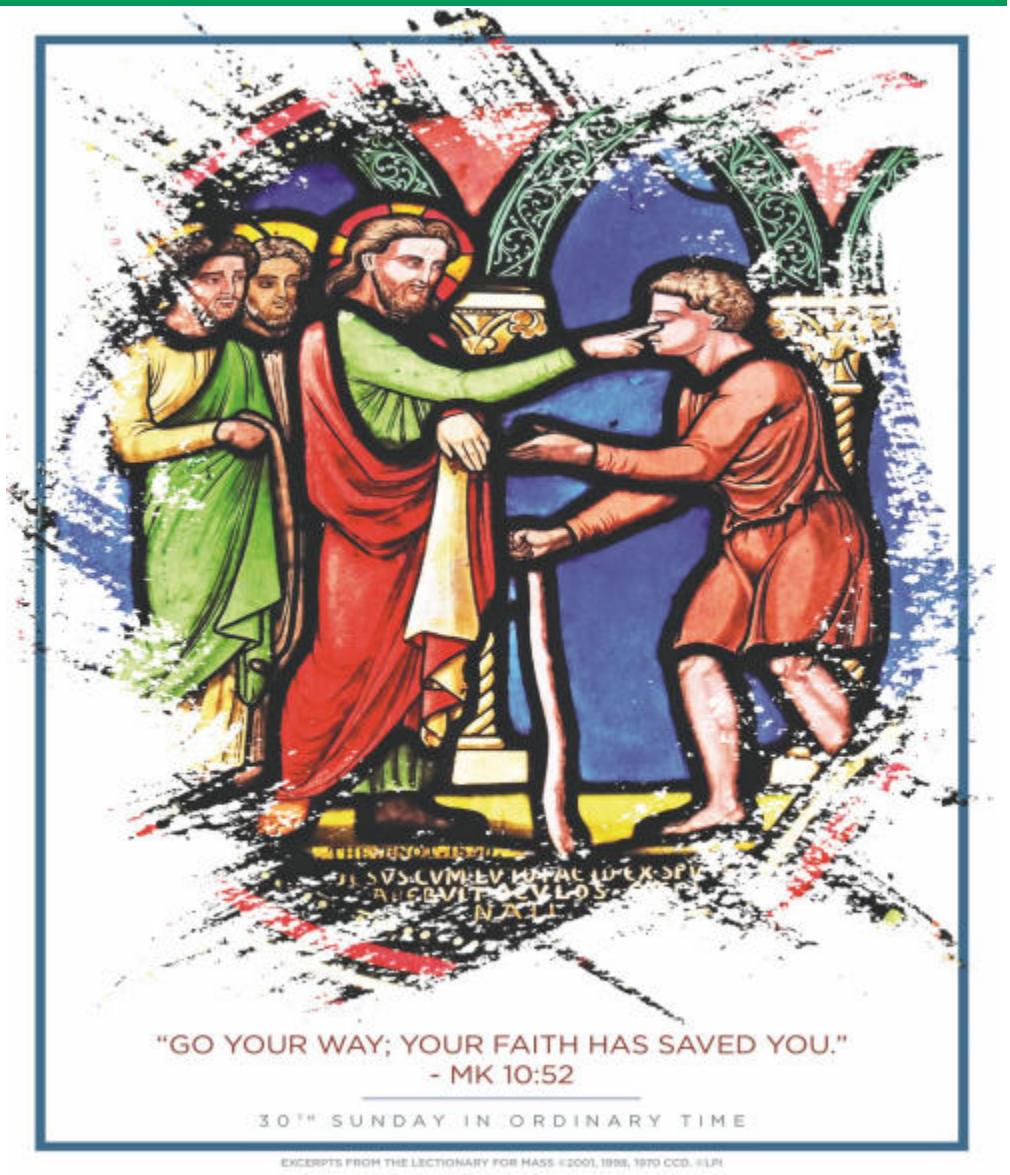
MASS SCHEDULE
Saturday 5:00 p.m.
Sun. 7:30 a.m. 9:30 a.m. & 11:30 a.m.

DAILY MASS
MON.-SAT. 8:00 A.M., MASS SCHEDULE
Saturday 5:00 p.m.
Sun. 7:30 a.m. 9:30 a.m. & 11:30 a.m.

DAILY MASS
Mon.-Sat. 8:00 a.m.,
Wed. 7:00 p.m.,

EUCHARISTIC ADORATION
Mon.-Tue. & Thur.
9:00a.m.. - 8:00 p.m.
Wed. - 9:00 a.m.. - 6:30 p.m.
Fri. - 9:00 a.m. – 6:00 p.m.
Divine Mercy Chapel

SACRAMENT OF PENANCE
By request after Mass,
Mondays & Tuesdays
Saturday: 4:00 – 4:45 p.m.



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OUR MISSION

"We the Parishioners of St. Thomas Aquinas Catholic Church are a diverse Christ Centered community empowered by the Holy Spirit and strengthened by the Word and the Sacraments to Proclaim the Good News"

REFLECTION

"When we see God with true sincerity of heart and God passes us along our way, it is only then that we will be able to cry out, "Jesus, Son of David, have pity on me!" We have to truly want to be healed by, and in union with, God in order for us to reach out to Him. If God is only an abstract idea, theory, or someone found in the pages of a book, there is no motivation for a relationship and no desire to seek Him. God needs to be real in order for faith to be real. It's all about the journey.

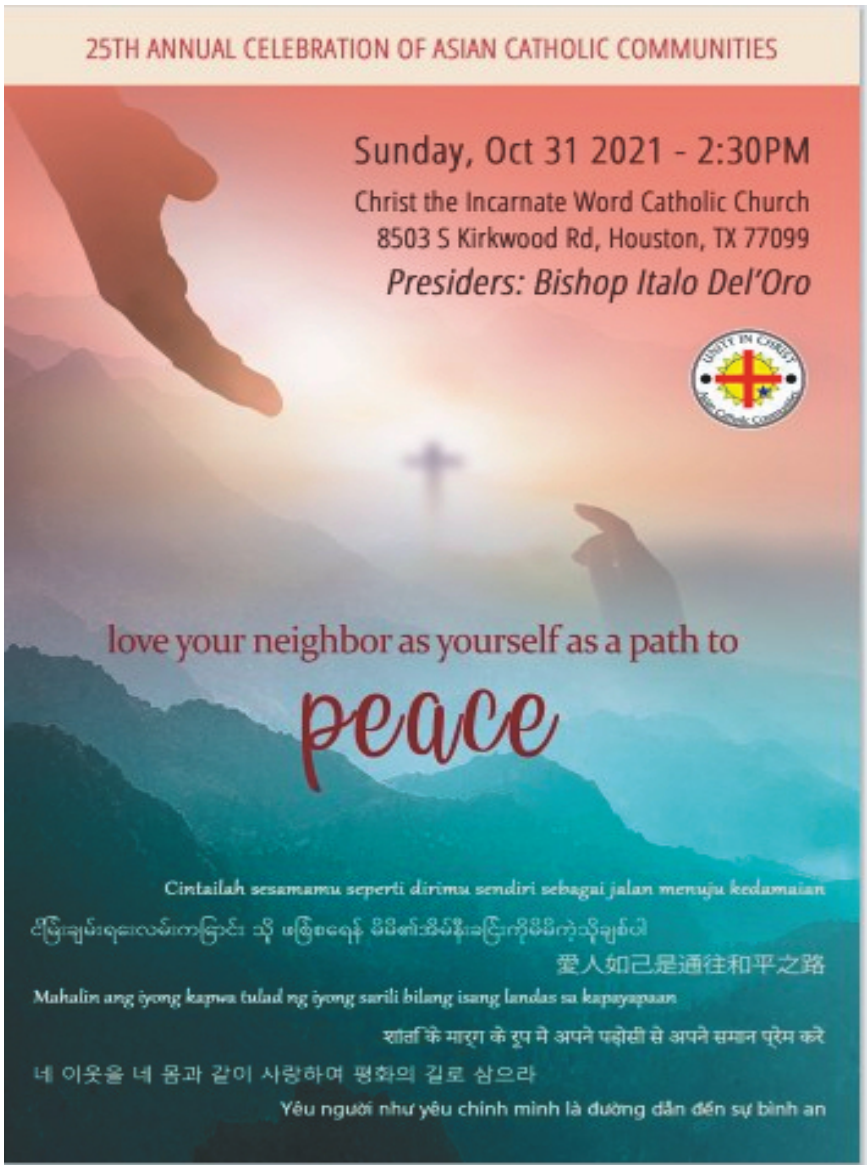
St. Augustine reminds us that "to fall in love with God is the greatest romance; to seek Him the greatest adventure; to find Him the greatest human achievement." We strive after many things and mercy is not always one of them. We think that we can find fulfillment and healing in other things only to discover that we are still short and empty. From the moment human beings were created, God has been calling us and seeking us. He has been walking right beside the human story from the minute He first breathed life into the first human soul. Are we able to recognize God as He walks with us? At some point we have to realize that there is only one way to satisfy the deepest longings of the human heart and that is in relationship with our Creator. We are called to this. However, we make the huge error of thinking that what we are hearing is coming from somewhere else. We become confused. Every human being would certainly profit with wisdom if they realized Who calls them and to Whom they belong.

Then and only then will we realize that it is only our Divine Master who can give us true vision and heal us. Once we recognize and reach out for the merciful presence of our loving Maker, we will be able to see with our soul, understanding the true nature and depth of all things. God's mercy is always available. It doesn't matter how far we have strayed or how blind we become, God patiently waits to console us, guide us and heal us. All we need to do is desire Him. Once we reach out, we also realize that there is no greater love to be found than God's, no human adventure that comes even close to the thrill of a spiritual search, and no human achievement even remotely as satisfying as union with Him. This is where we belong. This is salvation.

INSPIRATION OF THE WEEK

"To fall in love with God is the greatest romance; to seek Him the greatest adventure; to find Him the greatest human achievement." These words of St. Augustine are timeless. Every human being would certainly profit with wisdom if they realized Who calls them and to Whom they belong. There is only one way to satisfy the deepest longing of the human heart and that is in relationship with our Creator. When we seek God with true sincerity of heart and God passes us along our way, we will cry out, "Jesus, Son of David, have pity on me!" We will instinctively know that it is only our Divine Master who can restore our sight and heal us. The blind man fell in love with Jesus, embarked upon this life-saving adventure to reach Him and achieved a goal many have only remotely thought possible. This is mercy in action. No matter how far we stray or how blind we become God patiently waits to console us, guide us, and heal us. All we need to do is desire Him with all our heart.

EUCHARISTIC ADORATION



Is your day filled with work, family, errands, rushing here and there? Wishing you could have just one peaceful hour? How about one peaceful hour with YOUR LORD? Jesus wishes to SPEND ONE HOUR WITH YOU!

IF YOU ARE WILLING TO COMMIT TO ONE HOUR EACH WEEK CALL THE OFFICE AT 281-240-6721.

IF YOU CANNOT MAKE YOUR ADORATION HOUR, PLEASE FIND A REPLACEMENT. THE BLESSED SACRAMENT SHOULD NEVER BE LEFT ALONE.

SACRAMENT OF BAPTISM

Baptism preparation classes for Parents and Godparents are held every other month. Please call the parish office for information.

SACRAMENT OF MARRIAGE

Engaged couples need to call, Matt Falleri (281) 240-6721 ext. 107 , six to nine months before your wedding to allow time for preparation.

SACRAMENT OF HEALING

In case of illness, please call the Parish Office at 281-240-6721

PARISH INFORMATION

PARISH STAFF

BUSINESS MANAGER
Lee Meister
lmeister@stasugarland.com

DIRECTOR
Aquinas Early Childhood Center
Erum Khan 281-240-7196
ekhan@stasugarland.com

CCE COORDINATOR
Matt Falleri
mfalleri@stasugarland.com

MUSIC MINISTER
Mathew Maglasang
mmaglasang@stasugarland.com

BOOKKEEPER
Vivian Kuoh
vkuoh@stasugarland.com

PARISH SECRETARY
Leticia Cordova
lcordova@stasugarland.com

OFFICE HOURS
Mon.-Thur. 7:30 a.m. to 5 p.m.
Closed 12 p.m. to 1 p.m. (Lunch)
Fri: 7:30 a.m. to 12 p.m.
Sat & Sun: Closed

STEWARDSHIP

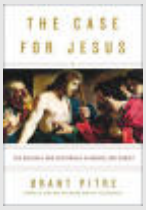
27th Sunday in Ordinary Time
Oct. 2-3, 2021

1st Collection

Total.....$ 12,407

STA Cares Collection this weekend.....$ 2,539

Thank you for your donation!



Bible Study

Thursday Morning Zoom Bible Study will resume on Thursday, September 30th at 10:00 a.m. We will be studying the Lectio series, "The Case for Jesus". This is a 9 week video series with host, Dr. Brant Pitre. The series will answer the questions: Who is Jesus? Who did Jesus claim to be? Join Dr. Brant Pitre as he draws evidence from both early Christian and non-Christian writings attesting to the authenticity of the Gospels and the proclamation of Christ's divinity. We will watch the video together on our computer screens followed by discussion and prayer.

If you already have the Zoom App., the ID for the meeting is 83731741571 and the passcode is 411166. If you would like to join us but are not sure how to navigate Zoom, please contact us. We can help!

Marta Alves
Cynthia Van Deursen cynthiavand@msn.com

Our Lady of Guadalupe Ministry

DATE: Nov. 7th
After all Sunday morning Masses
All proceeds/donations go towards funding the upcoming Feast of Our Lady of Guadalupe Mass & Celebration.

SATURDAY, OCTOBER 23

8:00 a.m. Thanksgiving for Chijioke Uchendu

5:00 p.m. August Niccolai †

SUNDAY, OCTOBER 24

7:30 a.m. For All Parishioners

9:30 a.m. Jose & Consuelo DocDocil †

11:30 a.m. Elgart Pasculado – Birthday

MONDAY, OCTOBER 25

8:00 a.m. Amy Fuentes – Birthday

TUESDAY, OCTOBER 26

8:00 a.m. Joaquin Chancoco Jr. †

WEDNESDAY, OCTOBER 27

8:00 a.m. Joaquin Chancoco Jr. †

7:00 p.m. Julian Agravante †

THURSDAY, OCTOBER 28

8:00 a.m. Adrian Osorio †

FRIDAY, OCTOBER 29

8:00 a.m. Antonio and Rosa Hernandez Cortes

SATURDAY, OCTOBER 30

8:00 a.m. Herlinda Garcia †

5:00 p.m. Lily Sosa †

SUNDAY, OCTOBER 31

7:30 a.m. For All Parishioners

9:30 a.m. Bertha Rodriguez †

11:30 a.m. Alexandra Pasculado – Birthday

ALTAR SERVER SCHEDULE

For the Weekend of Oct. 30 – Oct. 31

If you have any questions please call Earl Marasigan at 832-687-0455.

Saturday 5:00 p.m.

Sunday 7:30 a.m.

Brandon Amaefule
Bianca Amaefule

Sunday 9:30 a.m.

Hope Santos
Joy Santos
Hailey Say (new)

Sunday 11:30 a.m.

Erika Warren
Ella Warren
Ethan Warren
Angel Jack (new)

"If you cannot make it to your Mass, please contact the Adult Coordinator

Adult Coordinators

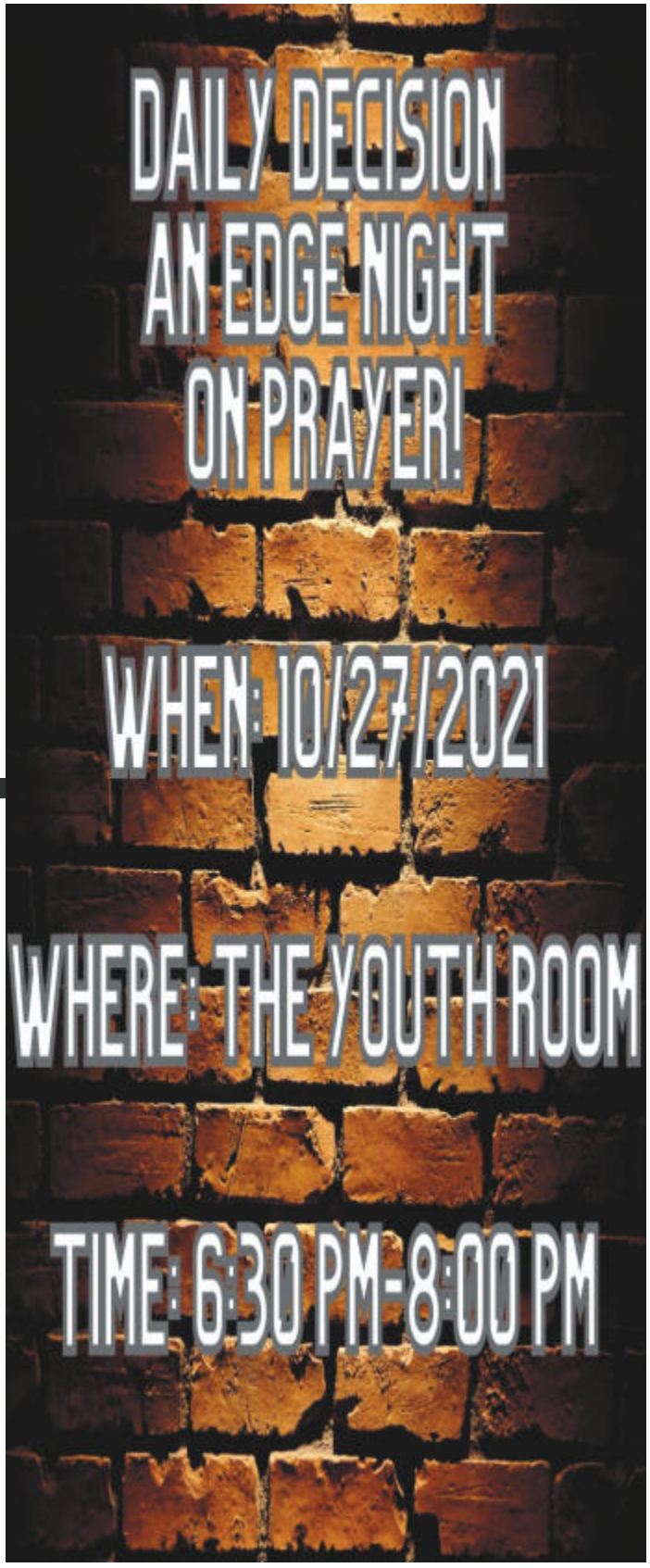
5:00 p.m. Steve Smith (832) 754-3814
7:30 a.m. Samson Awoh - 713-232-9131
9:30 a.m. Ayodeji Salako (281) 690-1735
11:30 a.m. Edmund Warren (832) 926-9595

Aquinas Early Childhood Center
School of nature

All Souls Day

All Souls Day, also known as," The Feast of All Souls," and "The Day of Dead," is a day in which the Church commemorates the faithful departed. Celebrated on November 2, the Church as a whole prays and offers special intentions for our brothers and sisters in Christ who have passed on from this life. Aquinas Early Childhood Center also celebrate this special day by selling memorial luminaries. This is a fund raiser that takes place every year. All the memorial luminaries will be displayed in the Aquinas Hall for all Souls Day.
AECC staff will be selling luminaries for $5 each on October 24th and 31st after the 9:30 and 11:30 Masses.

STAY MINISTRY



SAFE ENVIRONMENT PROGRAM

The CMG Safe Haven online training has replaced VIRTUS.

The training consists of 3 vignette style training videos that are approximately 60 minutes. A criminal background check is included and must be completed.

The training is available in English and Spanish. **We will no longer offer live training. All Safe Environment training will only be available online.**

- All new employees and volunteers will complete the Safe Haven online training program instead of VIRTUS PGC training.

-All individuals must complete the training and complete a background check prior to the start of employment and/or volunteer service.

- The 5 year anniversary date is still in place. Individuals who recently attended VIRTUS will not be due to complete refresher training until they have reached their 5 year anniversary date.

-As the 5-year anniversary is reached, individuals will need to log into CMGConnect with their previous personal VIRTUS user id and 1234 as the password. **Once you log into the CMGCON-account, you will be able to change your password.** If you do not remember your user id, you may contact the following:

1. Matt Falleri @ 281-240-6721 x 107

2. Marielena Alaniz @ 713-652-4401
malaniz@archgh.org
d to complete Safe Haven online training as well:
The following individuals below will now be require

1) Individuals who have never attended training.
2) Individuals who are now due for refresher training and had not attended VIRTUS training.
3) Individuals who are currently due and have not attended VIRTUS training.
4) Individuals who are out of compliance or past due.

For questions about due date/refresher, call Matt Falleri @ 281-240-6721 x 107

WHY DO WE DO THAT?
Catholic Life Explained:

Question: I have a friend who receives communion, but who I know for a fact is in a state of mortal sin. Should I tell our priest? Is it my responsibility to say something?

Answer: While we may always want to do what is best for our friends and family members, we have a responsibility to respect their privacy and their conscience. In its reflections on the Eighth Commandment ("You shall not bear false witness against your neighbor"), the Catechism of the Catholic Church states, "Respect for the reputation of persons forbids every attitude and word likely to cause them unjust injury. [One] becomes guilty: of rash judgment who, even tacitly, assumes as true, without sufficient foundation, the moral fault of a neighbor; -of detraction who, without objectively valid reason, discloses another's faults and failings to persons who do not know them; of calumny who, by remarks contrary to the truth, harms the reputation of others and gives occasion for false judgments concerning them" (no. 2477). We will never truly know what is in a person's mind, heart, and soul; only God knows those things. We should, of course, take our concerns to God and entrust the person about whom we are concerned to God's grace and mercy. If we have concerns about the spiritual wellbeing of someone with whom we are close, we should go to the person themselves and talk about our fears and concerns. Unless it is a case of abuse or endangerment (which we have a moral and even legal responsibility to report to the appropriate authorities), we ultimately do not have the freedom to share another's person's faults or sins, however good we think our intentions might be.

CATHOLIC TRIVIA – JUST FOR FUN

Question: What is the name for the "walk" that Catholics commemorate to retrace Christ's journey to Calvary?

Answer: Stations of the Cross.

PASTORAL ASSISTANT

LORD, WE LIFT UP PETITIONS OF HEALING FOR OUR SICK, ESPECIALLY:

Jane Arinze, Fr. Angelito Baldonado SDB, Michael Ballard, Monica Brady, Fr. John Bosco, Dan Burch, Donna Buczo, Wilda Cali, Enriqueta Cazares, Alan Cordova, Pierce Counts, Jorge Coria, Steve Cunningham, Michael DeBondt, Fr. Vince Dulock, Bill Esco, Doris Giroir, Elizabeth Jackson, Laura Jackson, Floyd James, Paul James, Sara Jara, Denise Walker Jones, Aniceta Julian, Craig Junek, Mama Luz Kalu, Jasmine Danielle King, Della Klesel, Dorie Lacsamana, Dana Bryan Lee, Kenny & Laurie Legnon, Mateo Sparman Luna, Raymond Macha, Sharon &Timothy McCulloch, Mauro Muñiz, Ronald Murphy, Lancelot G. Muschamp, Victoria Navarro, Friday. Bruce Nieli, Dejean Nixon, Fr. Miguel Obregon, Augustina Odoh, Emmanuel Odoh, R Josephine N. Panis, Daniel Pavlicek, Edwaldo Pena, Gloria Peralta, Jake Poroo, Larry Rideau, Bob Ried, Andre Riser, Katherine Rooker, Mark Ryan, Steven Shetzline, Richard Shield, Joan Sloat, Jon Stemkoski, Tanya Casipe, Martha Swift, Jacob Tankeh, Fr. Carl Tenhundfeld, Hope Trevino, Merita, Joseph & Zachary Vancelette, Annabelle Van Deursen, Joe Vincelet, Anita Villanueva, Nicholas Vizzini, Betty Jo Vollenweider Susan Vollenweider, Cynthia Williams, Pamela Wike, Fr. Drew Wood, Amy Yanez, Laura Yumul, Fr. Louis Zee and our Catholic Residents at The Hampton Meadows Place Assisted Living Facility, Bedford Place, Home Sweet Home, First Smile and Catholic Patients at Atrium Medical Center.

PRAY FOR THE DECEASED

Pray for all deceased members of St. Thomas Aquinas, and those that have died from the Coronavirus.

May they rest in peace.

NEW JERUSALEM CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

FAITH – THE JOURNEY OF A LIFETIME [2].

In continuation of our sharing last week on "Faith as the Journey of a lifetime", we started the discussion on how the Love of God can help us make the most of this Year of Faith. The first identified was, **'Recalling our experiences with the Father'** as we learn to thank Him again and again for all His blessings to us as far back as we can remember.

2. **Our Personal relationship with God [Accepting Jesus as our Lord and Savior}.** The Apostle Paul said in **2Corintians 5:17, "Therefore, if anyone is in Christ, he is a new creation; the old has passed, behold, the new has come".** If we know God in a personal way, we already have a relationship with Him in which we can approach Him with honesty and intimacy. An aspect of this relationship is to come before the Lord and ask that the gift of faith we have been blessed with be increased. Christ tells us in **Jn 15:7, "If you abide in Me, and My words abide in you, ask whatever you will, and it shall be done for you".** During this 'Year of Faith', we can be like the child who asks his father for more. Even though we might think that the faith we have now is sufficient, God is generous and there is strength that comes with an increase of faith. The apostles told Jesus, "Increase our Faith".

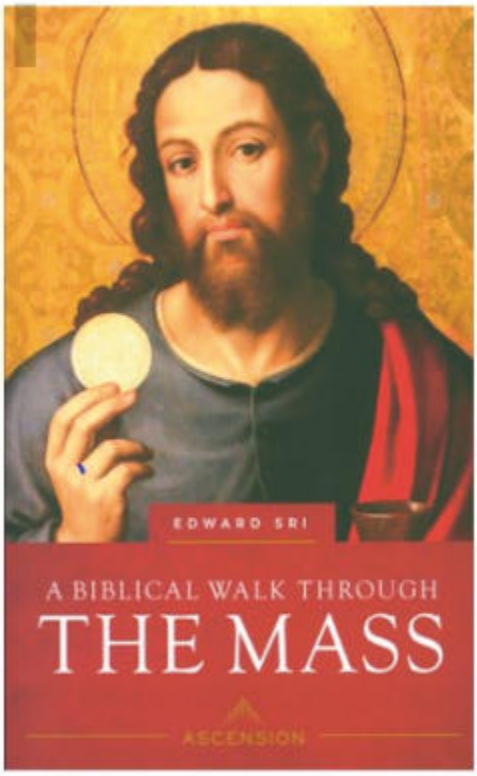
3. **Being more mindful that we are on a Journey.**
When we were baptized, we began our journey of faith and as Benedict XVI noted in Porta Fidei #1, **"entering the 'door of Faith' is to set out on a journey that lasts a life time".** Regardless of how well we think we are living our faith, we are still on the journey. The Year if Faith gives us the invitation to renew and to grow in our love of the Father. We are sons and daughters who look lovingly on our Father who has given us the Holy Spirit to enkindle in us the fire of His love. As we grow in years, it might seem difficult to go back to a childlike faith, but that's exactly what this Year of Faith challenges us to do. As we go through this Year of Faith and recall, renew, and journey in our faith, lets recapture the childlike faith that we all had at the beginning of this our journey. This is one thing that we should not leave behind or discard, but hold onto because it is what helps us enjoy more fully our relationship with the Father. **It's not by might or power but by the Spirit of God!**

PRAYER MEETING EVERY SATURDAY, FROM 6:00 P.M.—9:00 P.M. IN AQUINAS CENTER ROOMS B & C

All are invited!!

For any questions, please call Emmanuel OFILI at: 832-247-5226.

It is Coming!!!



Reserve the dates on your calendar

Plan to arrange your time

Commit to attend 5 consecutive weeks after the 11:30 Mass for 30 min Video presentation on the **"Biblical Walk through The Mass"**

- November 14 ☐
- November 21 ☐
- November 28 ☐
- December 5 ☐
- December 12 ☐

The Mass is nothing short of amazing. Through it we encounter God in the most intimate way possible as we hear Him speak to us in the Liturgy of the Word and as we receive Him Body and Blood, Soul and Divinity in the Holy Eucharist!

The words, the gestures, and the rituals of the Mass are rich in meaning. The Mass transcends time and space as it makes present to us the life, death, Resurrection, and Ascension of our God and Savior Jesus Christ.

Everything we say and do in the Liturgy is steep in Biblical language. A Biblical Walk through the Mass explores the extraordinary Biblical roots of the Liturgy and reveal what it all means and why it matters.

This Video Series is Free and a perfect way to enter into Advent and prepare for Christmas!

PARISH CALENDAR

Sunday, October 24, 2021
Jer 31:7-9/Ps 126:1-2, 2-3, 4-5, 6 [3]/Heb 5:1-6/
Mk 10:46-52
7:30 a.m. **30th Sunday in Ordinary Time Mass**
7:30 a.m. Coats for Kids, Narthex
9:30 a.m. **30th Sunday in Ordinary Time Mass**
9:30 a.m. Knights of Columbus Corporate Communion, Narthex
10:00 a.m. 1st Sacrament Class, TH Second Floor
10:30 a.m. RCIA - Adult, TH 202-204
11:30 a.m. **30th Sunday in Ordinary Time Mass**
6:30 p.m. Life Teen Class, TH Youth Rm
6:30 p.m. Confirmation Class, TH Youth Rm

Monday, Ocotber 25, 2021
Rom 8:12-17/Ps 68:2 and 4, 6-7ab, 20-21 [21a]/
Lk 13:10-17
7:40 a.m. Stations of the Cross, Sanctuary
8:00 a.m. **Weekday Mass, Sanctuary**
6:30 p.m. Young Adults Bible Study, STA Café
7:00 p.m. First Communion Parents Meeting, Siena Rm

Tuesday, Ocotber 26, 2021
Rom 8:18-25/Ps 126:1b-2ab, 2cd-3, 4-5, 6 [3a]/
Lk 13:18-21
7:40 a.m. Stations of the Cross, Sanctuary
8:00 a.m. **Weekday Mass, Sanctuary**
9a.m.-8p.m. Adoration, Divine Mercy Chapel

Wednesday, October 27, 2021
Rom 8:26-30/Ps 13:4-5, 6 [6a]/Lk 13:22-30
7:40 a.m. Stations of the Cross, Sanctuary
8:00 a.m. **Weekday Mass, Sanctuary**
9a.m.-6:30p.m. Adoration, Divine Mercy Chapel
6:30 p.m. EDGE, TH Youth
6:30 p.m. CCE Class TH Second Floor
7:00 p.m. **OLPH Mass & Novena, Sanctuary**

Thursday, October 28, 2021
Eph 2:19-22/Ps 19:2-3, 4-5 [5a]/Lk 6:12-16
7:40 a.m. Stations of the Cross, Sanctuary
8:00 a.m. **Weekday Mass, Sanctuary**
9a.m.-8p.m. Adoration, Divine Mercy Chapel
6:00 p.m. NJCCRPG Core Group, AQ - B-C
7:00 p.m. Choir Practice, Sanctuary

Friday, October 29, 2021
Rom 9:1-5/Ps 147:12-13, 14-15, 19-20/Lk 14:1-6
7:40 a.m. Stations of the Cross, Sanctuary
8:00 a.m. **Weekday Mass, Sanctuary**
9a.m.-6p.m. Adoration, Divine Mercy Chapel
7:00 p.m. Confirmation Practice, Sanctuary

Saturday, October 30, 2021
Rom 11:1-2a, 11-12, 25-29/Ps 94:12-13a, 14-15, 17-18 [14a]/
Lk 14:1, 7-11
7:40 a.m. Stations of the Cross, Sanctuary
8:00 a.m. **Weekday Mass, Sanctuary**
4:00 p.m. Reconciliation
5:00 p.m. Confirmation Mass
5:00 p.m. **31st Sunday in Ordinary Time Mass**
6:00 p.m. New Jerusalem Charismatic Prayer Group, AQ B-C

Sunday, October 31, 2021
Dt 6:2-6/Ps 18:2-3, 3-4, 47, 51 [2]/Heb 7:23-28/Mk 12:28b-34
7:30 a.m. **31st Sunday in Ordinary Time Mass**
9:30 a.m. **31st Sunday in Ordinary Time Mass**
10:30 a.m. RCIA - Adult, TH 202-204
11:30 a.m. **30th Sunday in Ordinary Time Mass**
1:00 p.m. Baptism

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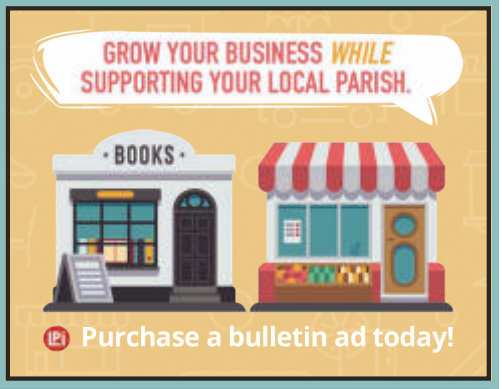

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VARICOSE VEINS? TIRED AND ACHING LEGS?

They could be a sign of vein disease.

Venous reflux can cause these signs and symptoms[1]:

- Varicose veins
- Swelling
- Itching
- Heaviness or tiredness
- Aching
- Cramping
- Restlessness
- Open skin sores

CVI Risk Factors[1]:

- Family history
- Lack of exercise
- Leg injury or trauma
- Prolonged sitting or standing
- Obesity or excess weight
- Current or previous pregnancies
- Smoking

If venous reflux is left untreated, it may worsen over time and develop into a more serious form of vein disease called chronic venous insufficiency, or CVI.[2]

Learn more about symptoms, risk factors, and treatments at **Medtronic.com/VeinDisease**

References

[1] Criqui MH, Denenberg JO, Langer RD, Kaplan RM, Fronek A. Epidemiology of Chronic Peripheral Venous Disease. In Bergan JJ, Bunke-Paquette N, eds. *The Vein Book*. New York, NY: Oxford University Press; 2013:27-36.

[2] Eberhardt RT, Raffetto JD. Chronic venous insufficiency. *Circulation*. July 22, 2014;130(4):333-346.

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