



# ST. THOMAS AQUINAS CATHOLIC CHURCH

Archdiocese of Galveston-Houston | Served by Missionaries of St. Francis De Sales

📍 12627 W. BELLFORT AVE., SUGAR LAND, TX 77478 📞 281-240-6721 🌐 WWW.STASUGARLAND.COM

## January 16, 2022

## WELCOME HOME

### PASTOR:

Rev. Joseph Pottemmel, MSFS  
*frjoseph@stasugarland.com*

### PAROCHIAL VICAR:

Rev. Mathew Thayil, MSFS  
*frmthayil@stasugarland.com*

### DEACON

Sam Dunning  
*sdunning@archgh.org*

### MASS SCHEDULE

Saturday 5:00 p.m.  
Sun. 7:30 a.m. 9:30 a.m. & 11:30 a.m.

### DAILY MASS

MON.-SAT. 8:00 A.M., MASS  
SCHEDULE

Saturday 5:00 p.m.  
Sun. 7:30 a.m. 9:30 a.m. & 11:30 a.m.

### DAILY MASS

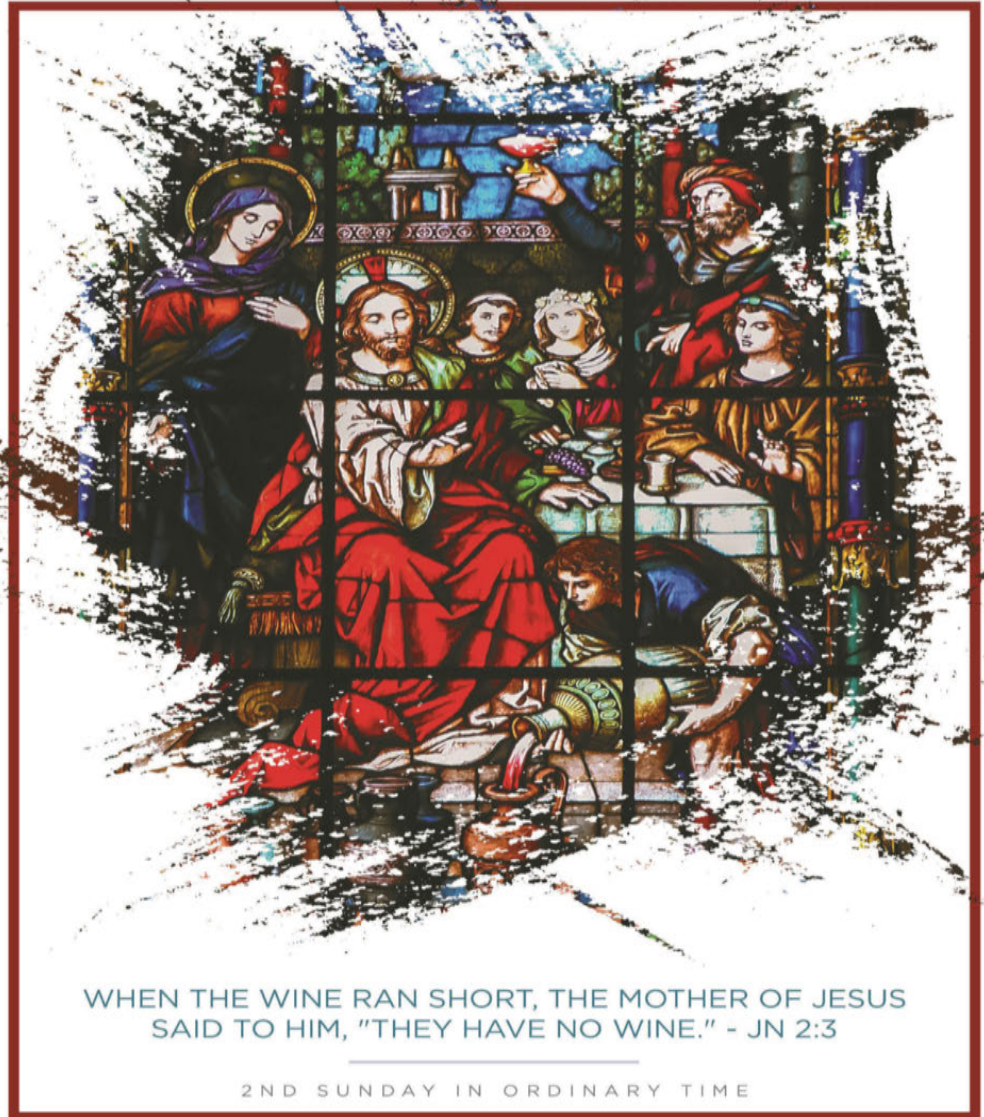
Mon.-Sat. 8:00 a.m.  
Wed. 7:00 p.m.,

### EUCCHARISTIC ADORATION

Mon.-Tue. & Thur.  
9:00a.m. - 8:00 p.m.  
Wed. - 9:00 a.m. - 6:30 p.m.  
Fri. - 9:00 a.m. - 6:00 p.m.  
Divine Mercy Chapel

### SACRAMENT OF PENANCE

By request after Mass,  
Mondays & Tuesdays  
Saturday: 4:00 - 4:45 p.m.



EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

## OUR MISSION

“We the Parishioners of St. Thomas Aquinas Catholic Church are a diverse Christ Centered community empowered by the Holy Spirit and strengthened by the Word and the Sacraments to Proclaim the Good News”

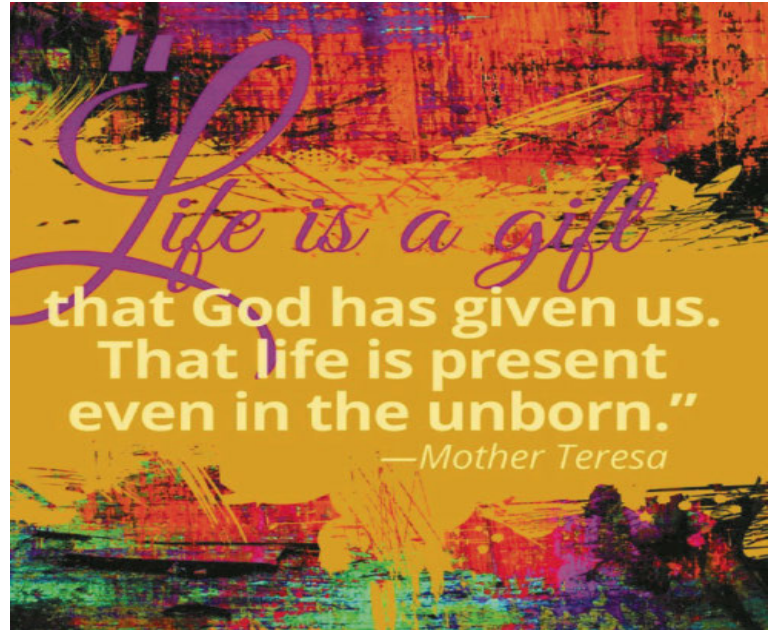


## REFLEXION

God delights in you. How do you feel when you hear that? Delight usually comes with an exuberant flow of joy that seemingly arises from one's toes with the expression of great glee. Reflecting upon the deep measure of joy God has in us can be a source of joy for ourselves. Delight is infectious. A very young brother and sister were playing on the beach when the all too familiar ice cream truck made its daily rounds. The boy shook with excitement and delight as he took his sister's hand and exclaimed, "The ice cream man is here, isn't it great!" As they ran off toward the truck, one could hear the girl reply, "Yeah, I can't wait!" The experience of a child's delight in something so simple as ice cream, lifts our spirits from our burdens and transports us to the lighter, more innocent side of life.

Life is not meant to be a burden. Believe it or not, God actually wants us to be happy! In fact, the wedding feast at Cana shows us that God even puts His blessing on our happiness. It is okay to celebrate the wonder of ourselves and others. Life is good. It is always interesting to note that Jesus saves the good wine until last. You would think it would be the other way around. The superb quality of Jesus' wine points to the superior quality of life we find in Christ. It is not a life of burdens but a life of wonder and delight! In Christ, we are lifted from the superficial and mundane to a life of purpose, hope, and love.

God is with us through the long haul, through the challenges and sorrows as well as the successes and accomplishments. In spite of the fact that we often wander from the path, God's celebratory delight in us remains. As spouses are asked to remain faithful to each other through whatever life brings, God remains faithful too. This promise remains through this life and into the next. All we have to do is take the advice of Jesus' mother to heart when she says, "Listen to Him." This wisdom saves us from foolishly giving in to the illusion that we can make better wine than Jesus.



## INSPIRATION OF THE WEEK

Relationships are hard to clarify. Determining whether people in our lives are simply acquaintances and associates or a deeper level of friend is a journey that takes time. Identifying and celebrating those people who really care about us is a lifelong adventure that involves both moments of intense elation and heartache. Some relationships are more easily definable than others. Two people who are in love must decide whether the love they share has the freedom and depth necessary for lifelong commitments. Other relationships may look like friendship but may harbor grave dysfunction and toxicity. Discernment is needed on all fronts. Our relationship with God also needs definition and discernment. God has taken creation as His spouse and human beings as His children. God delights in us and all that He has made. The wedding feast at Cana demonstrates God's investment in all of this, especially our happiness. Life is a time for celebration and great rejoicing!

**EUCCHARISTIC ADORATION**



**IGNITE Payment for the Archdiocese of Galveston –Houston**  
 Total Campaign Amount \$ 538,853.00



	Amount	Balance
1st Payment 4/30/2019	\$33,678.31	\$505,174.69
2nd Payment 7/30/2019	\$33,678.31	\$471,496.38
3rd Payment 10/17/2019	\$33,678.31	\$437,818.07
4th Payment 12/19/2019	\$33,678.31	\$404,139.76
5th Payment 3/26/2020	\$33,678.31	\$370,461.45
6th Payment 7/15/2020	\$33,678.31	\$336,783.14
7th Payment 10/15/2020	\$33,678.31	\$303,104.83
8th Payment 12/23/2020	\$33,678.31	\$269,426.48
9th Payment 3/25/2021	\$33,678.31	\$235,748.17
10th Payment 6/24/2021	\$33,678.31	\$202,069.90
11th Payment 10/21/2021	\$33,678.31	\$168,391..59

Is your day filled with work, family, errands, rushing here and there? Wishing you could have just one peaceful hour? How about one peaceful hour with YOUR LORD? Jesus wishes to SPEND ONE HOUR WITH YOU!

**IF YOU ARE WILLING TO COMMIT TO ONE HOUR EACH WEEK CALL THE OFFICE AT 281-240-6721.**  
**IF YOU CANNOT MAKE YOUR ADORATION HOUR, PLEASE FIND A REPLACEMENT. THE BLESSED SACRAMENT SHOULD NEVER BE LEFT ALONE.**



**SACRAMENT OF BAPTISM**  
 Baptism preparation classes for Parents and Godparents are held every other month. Please call the parish office for information.



**SACRAMENT OF MARRIAGE**  
 Engaged couples need to call, Matt Falleri (281) 240-6721 ext. 107 , six to nine months before your wedding to allow time for preparation.



**SACRAMENT OF HEALING**  
 In case of illness, please call the Parish Office at 281-240-6721

# PARISH INFORMATION

## PARISH STAFF

### BUSINESS MANAGER

**Lee Meister**  
lmeister@stasugarland.com

### DIRECTOR

Aquinas Early Childhood Center  
**Erum Khan** 281-240-7196  
ekhan@stasugarland.com

### YOUTH MINISTER

**Frank Sreshta**  
fsreshta@stasugarland.com

### CCE COORDINATOR

**Matt Falleri**  
mfalleri@stasugarland.com

### MUSIC MINISTER

**Mathew Maglasang**  
mmaglasang@stasugarland.com

### BOOKKEEPER

**Vivian Kuoh**  
vkuoh@stasugarland.com

### PARISH SECRETARY

**Leticia Cordova**  
lcordova@stasugarland.com

### OFFICE HOURS

Mon.-Thur. 7:30 a.m. to 5 p.m.  
Closed 12 p.m. to 1 p.m. (Lunch)  
Fri: 7:30 a.m. to 12 p.m.  
Sat & Sun: Closed

## STEWARDSHIP

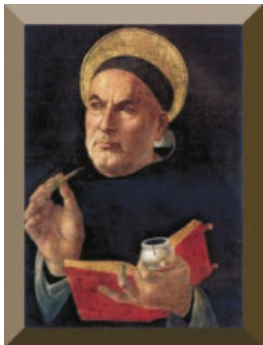
*4rd Sunday of Advent  
Dec. 18- 19 2021*

### 1st Collection

Total..... \$23,792

STA Cares Collection this weekend.....\$16,863

## SAVE THE DAY



### Feast Day Celebration!

**St. Thomas Aquinas and St. Francis De Sales**  
January 29<sup>th</sup>, 2022, after 5 p.m. Mass

International Festival of food and talent!  
If you have a group that would like to join  
please contact:

Malou Marasigan 713-922-9689 or Barbara Allen  
713-459-0172 to be added to the list.



## SIDEWALK ADVOCATES FOR LIFE

**Sidewalk Advocacy Training Opportunity:** A team of a sidewalk advocate and a prayer supporter can be effective in re-directing those approaching an abortion facility to a nearby pregnancy center. A training for sidewalk advocates, also valuable information for any pro-life individual, will be offered on **Saturday, February 5, 9:00 am to 3:00 pm** in the St. Clare Room at St. Laurence Ave Maria Family Life Center, 3103 Austin Parkway, Sugar Land. Cost is \$15 for training materials and lunch.

Contact: Marie@ChristianVoicesforLife.org.



**ALTAR SERVER SCHEDULE**

**FOR THE WEEKEND OF JAN. 22 & 23**

*If you have any questions please call Earl Marasigan at 832-687-0455.*

Saturday 5:00 p.m.

Sunday 7:30 a.m.

Brandon Amaefule  
Bianca Amaefule

Sunday 9:30 a.m.

Sunday 11:30 a.m.

Ariel Fernandez  
Eric Fernandez  
Godswill Eze  
Favour Eze

Chisom Amushie  
Erika Warren  
Ella Warren  
Ethan Warren

"If you cannot make it to your Mass, please contact the Adult Coordinator assigned for the Mass."

**Adult Coordinators**

5:00 p.m.

7:30 a.m.

9:30 a.m. Samson Awoh (713) 232-9131 or  
Jonah Eze (346) 717-8911

11:30 a.m. Edmund Warren (832) 926-9595

**SATURDAY, JANUARY 15**

8:00 a.m. Hien Vu †

5:00 p.m. Healing for Gloria Cespedes

**SUNDAY, JANUARY 16**

7:30 a.m. For All Parishioners

9:30 a.m. Healing for Gloria Cespedes

11:30 a.m. Thanksgiving for Violeta Panis

**MONDAY, JANUARY 17**

8:00 a.m. Tony Villamayor — **Birthday**

**TUESDAY, JANUARY 18**

8:00 a.m. Joseph Harrison Nguyen †

**WEDNESDAY, JANUARY 19**

8:00 a.m. Zarah Zacco — **Birthday**

7:00 p.m. Sister Anne Nguyen Thi Vinh

**THURSDAY, JANUARY 20**

8:00 a.m. Joan Fernandez †

**FRIDAY, JANUARY 21**

800 a.m. Joseph Harrison Nguyen †

**SATURDAY, JANUARY 22**

8:00 a.m. Joseph Harrison Nguyen †

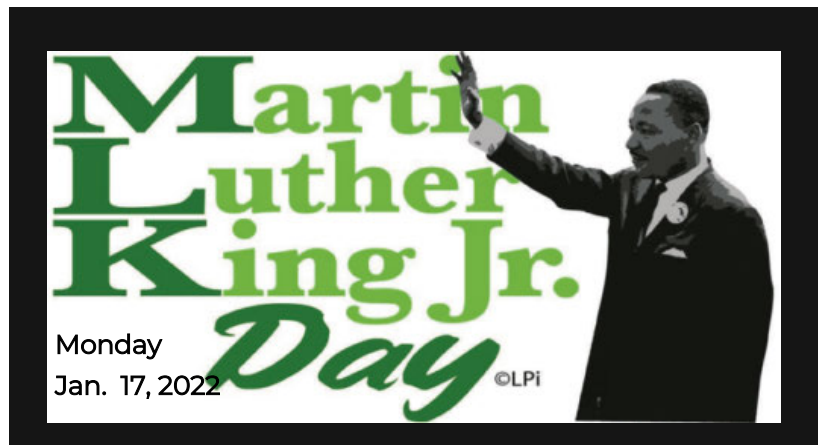
5:00 p.m. Special Intention for Jumalon Family

**SUNDAY, JANUARY 23**

7:30 a.m. For All Parishioners

9:30 a.m. Consuelo Valdez †

11:30 a.m. Robert Cisneros †





*We call it learning, they call it fun!*

## Aquinas Early Childhood Center

Who We Are

Seeing a need for high quality early childhood education in the community, St. Thomas Aquinas Catholic Parish rose to the challenge. Licensed by the State of Texas, our degreed teachers, trained in the Reggio Emilia, allow children to flourish.

### About Us

- NCI accepted
- Enrolling from 6 weeks to 6 years old.
- Breakfast, lunch & p.m. snack is included in the tuition.
- 7:30 a.m. to 5:30 p.m., weekdays
- Closed circuit cameras and coded security access

### Contact Us

We want to get to know you! Stop by to see us or contact us to schedule a tour.

Parishioner discounts are available.

12627 West Belfort Ave.  
Sugar Land, TX 77478  
**281-240-7196**

**Now Enrolling for 2022  
with New Year discount!**



## SAFE ENVIRONMENT PROGRAM

### The CMG Safe Haven online training has replaced VIRTUS.

The training consists of 3 vignette style training videos that are approximately 60 minutes. A criminal background check is included and must be completed.

The training is available in English and Spanish. **We will no longer offer live training. All Safe Environment training will only be available online.**

- All new employees and volunteers will complete the Safe Haven online training program instead of VIRTUS PGC training.

-All individuals must complete the training and complete a background check prior to the start of employment and/or volunteer service.

- The 5 year anniversary date is still in place. Individuals who recently attended VIRTUS will not be due to complete refresher training until they have reached their 5 year anniversary date.

-As the 5-year anniversary is reached, individuals will need to log into CMGConnect with their previous personal VIRTUS user id and 1234 as the password. **Once you log into the CMGCONaccount, you will be able to change your password.** If you do not remember your user id, you may contact the following:

1. **Frank Sreshta** @ 281-240-6721 x 111

2. **Marielena Alaniz** @ 713-652-4401  
malaniz@archgh.org

Individuals who have not completed Safe Haven online training as well: The following individuals below will now be required to complete Safe Haven online training as well:

- 1) Individuals who have never attended training.
- 2) Individuals who are now due for refresher training and had not attended VIRTUS training.
- 3) Individuals who are currently due and have not attended VIRTUS training.
- 4) Individuals who are out of compliance or past due.

For questions about due date/refresher, call

1. **Frank Sreshta** @ 281-240-6721 x 111



### WHY DO WE DO THAT? Catholic Life Explained:

**Question:** How can we pray for the dead throughout the year?

**Answer:** We commemorate the faithful departed on November 2nd each year. However, we can and should continue to pray for the dead. Our growth in Christian perfection takes a long time. At the time of our death, many of us might not be saints yet. But God, in His mercy, allows for those who love Him to experience purification after death. Our word for that state is Purgatory. It's the antechamber of Heaven, so to speak. We know we're getting in the house, but we're not quite ready to go all the way in. There's rain to shake off our coats and dirt that's clogging our shoes.

Here on earth, we can pray for the souls in Purgatory. One way is to request that your parish offer a Mass for the intention of a specific loved one. We can also remember the departed in our daily prayers. Just as we have special intentions for family and friends here on earth, we can pray for those who have died. It's also a good act of Christian charity to pray for the forgotten, those who have no one else to pray for them. God knows who they are!

### CATHOLIC TRIVIA – JUST FOR FUN

**Question:** What are the seven gifts of the Holy Spirit?

**Answer:** Fortitude, Wisdom, Understanding, Counsel, Knowledge, Piety, and Fear of the Lord.

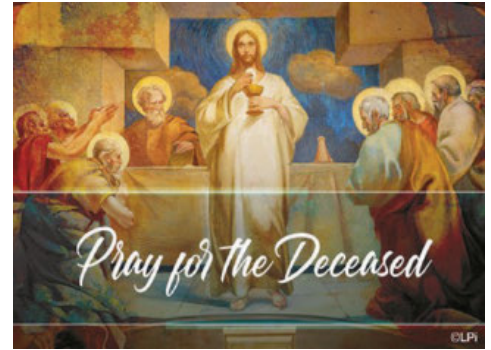


## PASTORAL ASSISTANT

### LORD, WE LIFT UP PETITIONS OF HEALING FOR OUR SICK, ESPECIALLY:

Jane Arinze, Fr. Angelito Baldonado SDB, Michael Ballard, Monica Brady, Fr. John Bosco, Dan Burch, Donna Buczo, Wilda Cali, Alexandro Castillo, Roland Cavato, Enriqueta Cazares, Alan Cordova, Pierce Counts, Jorge Coria, Steve Cunningham, Michael DeBondt, Fr. Vince Dulock, Bill Esco, Doris Giroir, Elizabeth Jackson, Laura Jackson, Floyd James, Paul James, Sara Jara, Denise Walker Jones, Aniceta Julian, Craig Junek, Mama Luz Kalu, Jasmine Danielle King, Della Klesel, Dorie Lacsamana, Dana Bryan Lee, Kenny & Laurie Legnon, Luna, Raymond Macha, Sharon & Timothy McCulloch, Ronald Murphy, Lancelot G. Muschamp, Victoria Navarro, Fr. Bruce Nieli, Dejean Nixon, Fr. Miguel Obregon, Augustina Odoh, Emmanuel Odoh, R Josephine N. Panis, Edwaldo Pena, Gloria Peralta, Jake Poroo, Larry

Rideau, Bob Ried, Andre Riser, Katherine Rooker, Mark Ryan, Yolanda Salazar, Eric Sanchez, Steven Shetzline, Richard Shield, Joan Sloat, Jon Stemkoski, Tanya Casipe, Martha Swift, Jacob Tankeh, Fr. Carl Tenhundfeld, Hope Trevino, Merita, Joseph & Zachary Vancelette, Annabelle Van Deursen, Joe Vincelet, Anita Villanueva, Nicholas Vizzini, Betty Jo Vollenweider Susan Vollenweider, Cynthia Williams, Pamela Wike, Fr. Drew Wood, Amy Yanez, Laura Yumul, Fr. Louis Zee and our Catholic Residents at The Hampton Meadows Place Assisted Living Facility, Bedford Place, Home Sweet Home, First Smile and Catholic Patients at Atrium Medical Center.



## PRAY FOR THE DECEASED

Members of St. Thomas Aquinas, and those that have died from the Coronavirus.

### May They Rest in Peace

## NEW JERUSALEM CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

### BEING SET APART AS A DISCIPLE OF CHRIST

By The Lord says through prophet Ezekiel, "But when a righteousness man turns away from his righteousness and commits iniquity and does the same abominable things that the wicked man does, shall he live? None of the righteous deeds which he has done shall be remembered; for the treachery of which he is guilty and the sin he committed, he shall die" [Ezekiel 18:24] This might sound like harsh words from our ever-loving and compassionate God! Not quite so. Some years ago, the uncovering of sexual scandal involving some priests received the same reaction like it did in the passage above. Any good deeds done by these priests were forgotten. They were generally condemned by the public because they had turned from virtue to commit evil. Also, a spouse that leaves for another person would have a similar reaction. Most

good memories of the marriage would be forgotten because the departing spouse turned from faithfulness to break the covenant. So, if we can react like this to the bad endings of others, are we justified to try to accuse God of being unfair when He uses the same standard to judge us (Ezekiel 18:25)? Christ reminds us in Mt 10:22 that "He who endures to the last will be saved".

God holds us His Children, to the highest standards of holiness and faithfulness; "For I tell you, unless your righteousness exceeds that of the Scribes and Pharisees, you will never enter the Kingdom of Heaven" (Mt 5:20). Yet God pours out unending supplies of grace so that we can grow in holiness (see Eph 1:3). The book of Sirach 5:8 says, "When you have sinned, show repentance. Delay not to forsake sins, neglect it not till you are in distress." We pray for God's grace on us all to enable us to sincerely turn back to Him and see Christ in our brothers and sisters, no matter who

they are, as we walk daily in this journey of faith. That's what sets us apart as Christians! It's all about Jesus!

PRAYER MEETING EVERY SATURDAY, FROM 6:00 P.M.—9:00 P.M. IN AQUINAS CENTER ROOMS B & C

All are invited!!

For any questions, please call Emmanuel OFILI at: 832-247-5226.



FIND PRACTICAL SOLUTIONS FOR  
SANCTIFYING EVERYDAY CIRCUMSTANCES IN

# James

AN 11-PART BIBLE STUDY FEATURING  
**JEFF CAVINS**



**Dates - Times - Location**

**Begins February 17, 2022**

**Thursday Morning 9-11 am  
Thursday Evening 7:15-9:15 pm**

**In Aldridge Hall**

**Cost - Registration**

**\$30.00 Donation for Workbook**

**For More Information**

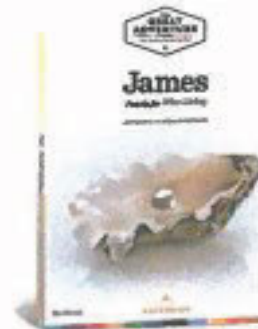
**Pre-registration is requested  
St. Thomas Aquinas  
281-240-6721  
[Dasb@sbcglobal.net](mailto:Dasb@sbcglobal.net)**

Looking for an anchor to hold you steady through the storms of life? Want the secret to finding joy in the midst of trials? Interested in learning to recognize the source of discord and the way to peace? James, one of the most practical books of the Bible, is a collection of teachings on issues faced by ordinary Christians in everyday life.

In *James: Pearls for Wise Living*, presenter Jeff Cavins shows how the teachings of James speak to those of us who feel torn between the competing demands of this world and our faith.

“Once you start learning, he makes you hunger for more. Jeff pulls everything you need to know out of the Bible, and it all starts to make sense like it never did before.”

—Margaret T.



Visit [ascensionpress.com](http://ascensionpress.com) to learn more!



## SUNDAY, JANUARY 16, 2022

Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 [3]/1 Cor 12:4-11/  
Jn 2:1-11

**7:30 a.m. 2nd Sunday of the Ordinary Time Mass, Sanctuary**

8:30 a.m. Knights of Columbus Breakfast, ALD Kit

**9:30 a.m. 2nd Sunday of the Ordinary Time Mass, Sanctuary**

10:00 a.m. 1st Sacrament Class, TH Second Floor

10:30 a.m. RCIA - Adult, TH 202-204

**11:30 a.m. 2nd Sunday of the Ordinary Time Mass, Sanctuary**

6:30 p.m. Confirmation Class, ALD Hall

7:00 p.m. Life Teen, TH Youth

## MONDAY, JANUARY 17, 2022

1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23/Mk 2:18-22

7:40 a.m. Stations of the Cross, Sanctuary

**8:00 a.m. Weekday Mass, Sanctuary**

9a.m.-8p.m. Adoration, Divine Mercy Chapel

6:00 p.m. Knights of Columbus Rosary for Life, Chapel

7:00 p.m. Knights of Columbus Council Meeting, ALD Hall

## TUESDAY, JANUARY 18, 2022

1 Sm 16:1-13/Ps 89:20, 21-22, 27-28/Mk 2:23-28

7:40 a.m. Stations of the Cross, Sanctuary

**8:00 a.m. Weekday Mass, Sanctuary**

9a.m.-8p.m. Adoration, Divine Mercy Chapel

## WEDNESDAY, JANUARY 19, 2022

1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10/Mk 3:1-6

7:40 a.m. Stations of the Cross, Sanctuary

**8:00 a.m. Weekday Mass, Sanctuary**

10a.m.-6:30p.m. Adoration, Divine Mercy Chapel

6:30 p.m. EDGE, TH Youth

6:30 p.m. CCE Class TH Second Floor

**7:00 p.m. OLPH Mass & Novena, Sanctuary**

## THURSDAY, JANUARY 20, 2022

1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13/  
Mk 3:7-12

7:40 a.m. Stations of the Cross, Sanctuary

**8:00 a.m. Weekday Mass, Sanctuary**

9a.m.-8p.m. Adoration, Divine Mercy Chapel

7:00 p.m. Choir Practice, Siena Rm

## FRIDAY, JANUARY 21, 2022

1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11/Mk 3:13-19

7:40 a.m. Stations of the Cross, Sanctuary

**8:00 a.m. Weekday Mass, Sanctuary**

9a.m.-6p.m. Adoration, Divine Mercy Chapel

## SATURDAY, JANUARY 22, 2022

2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21

7:40 a.m. Stations of the Cross, Sanctuary

**8:00 a.m. Weekday Mass, Sanctuary**

11:00 a.m. EDGE Retreat, TH Youth

4:00 p.m. Reconciliation

**5:00 p.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary**

6:00 p.m. New Jerusalem Charismatic Prayer Group, AQ B-C

## SUNDAY, JANUARY 23, 2022

Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/

**7:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary**

**9:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary**

10:00 a.m. 1st Sacrament Class, TH Second Floor

10:30 a.m. RCIA - Adult, TH 202-204

**11:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary**

6:30 p.m. Confirmation Class, ALD Hall


7:00 p.m. Life Teen, TH Youth

# Year-End Statements

THE 2021 CONTRIBUTION STATEMENTS WILL BE MAILED SOON. IF YOU HAVE HAD A CHANGE OF ADDRESS DURING 2021 OR HAVE QUESTIONS REGARDING YOUR CONTRIBUTIONS, PLEASE CALL THE PARISH OFFICE: 281-240-6721 OR E-MAIL TO:

[LCORDOVA@STASUGARLAND.COM](mailto:LCORDOVA@STASUGARLAND.COM)

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[olgstore@yahoo.com](mailto:olgstore@yahoo.com) **281-240-0521**

Thank you for your continual support.  
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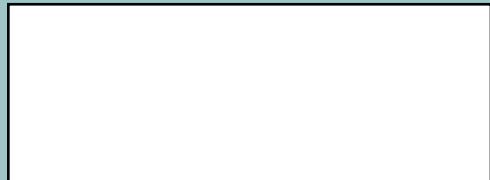
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- Full-Time with Benefits
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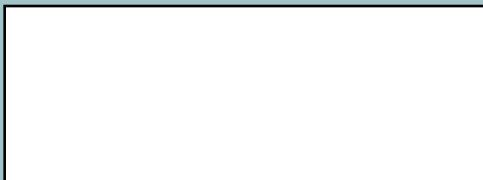


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 Sign up to have our weekly parish bulletin emailed to you at [www.parishesonline.com](http://www.parishesonline.com)

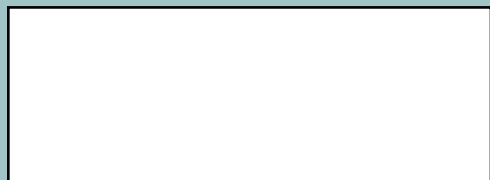


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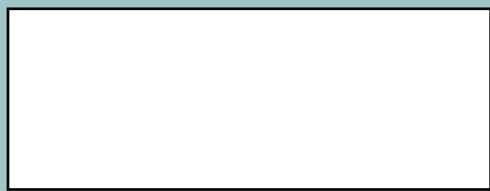
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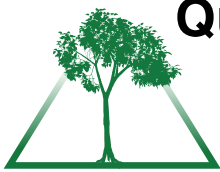
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## VARICOSE VEINS? TIRED AND ACHING LEGS?

They could be a sign of vein disease.



Venous reflux can cause  
these signs and symptoms<sup>1</sup>:

- Varicose veins
- Swelling
- Itching
- Heaviness or tiredness
- Aching
- Cramping
- Restlessness
- Open skin sores

**CVI Risk Factors<sup>1</sup>:**

- Family history
- Lack of exercise
- Leg injury or trauma
- Prolonged sitting or standing
- Obesity or excess weight
- Current or previous pregnancies
- Smoking

If venous reflux is left untreated,  
it may worsen over time and  
develop into a more serious form  
of vein disease called chronic  
venous insufficiency, or CVI.<sup>2</sup>

Learn more about symptoms,  
risk factors, and treatments at  
[Medtronic.com/VeinDisease](http://Medtronic.com/VeinDisease)

### References

<sup>1</sup> Criqui MH, Denenberg JO, Langer RD, Kaplan RM, Fronck A. Epidemiology of Chronic Peripheral Venous Disease. In Bergan JJ, Bunke-Paquette N, eds. *The Vein Book*. New York, NY: Oxford University Press; 2013:27-36.

<sup>2</sup> Eberhardt RT, Raffetto JD. Chronic venous insufficiency. *Circulation*. July 22, 2014;130(4):333-346.

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