



ST. THOMAS AQUINAS CATHOLIC CHURCH

Archdiocese of Galveston-Houston | Served by Missionaries of St. Francis De Sales

12627 W. BELLFORT AVE., SUGAR LAND, TX 77478 281-240-6721 WWW.STASUGARLAND.COM

January 23, 2022

WELCOME HOME

PASTOR:
Rev. Joseph Pottemmel, MSFS
frjoseph@stasugarland.com

PAROCHIAL VICAR:
Rev. Mathew Thayil, MSFS
frmthayil@stasugarland.com

DEACON
Sam Dunning
sdunning@archgh.org

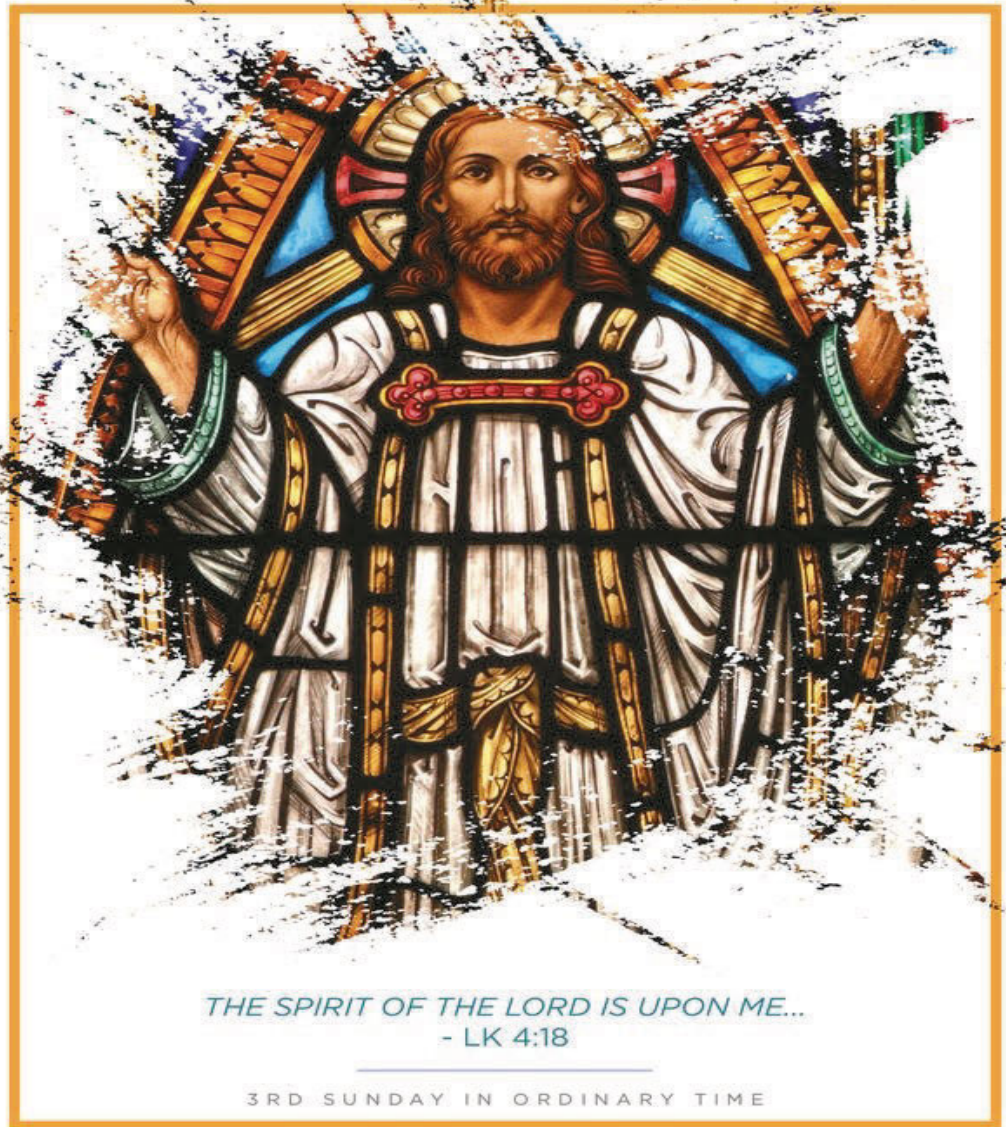
MASS SCHEDULE
Saturday 5:00 p.m.
Sun. 7:30 a.m. 9:30 a.m. & 11:30 a.m.

DAILY MASS
MON.-SAT. 8:00 A.M., MASS
SCHEDULE
Saturday 5:00 p.m.
Sun. 7:30 a.m. 9:30 a.m. & 11:30 a.m.

DAILY MASS
Mon.-Sat. 8:00 a.m.
Wed. 7:00 p.m.,

EUCCHARISTIC ADORATION
Mon.-Tue. & Thur.
9:00a.m. - 8:00 p.m.
Wed. - 9:00 a.m. - 6:30 p.m.
Fri. - 9:00 a.m. - 6:00 p.m.
Divine Mercy Chapel

SACRAMENT OF PENANCE
By request after Mass,
Mondays & Tuesdays
Saturday: 4:00 - 4:45 p.m.



EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

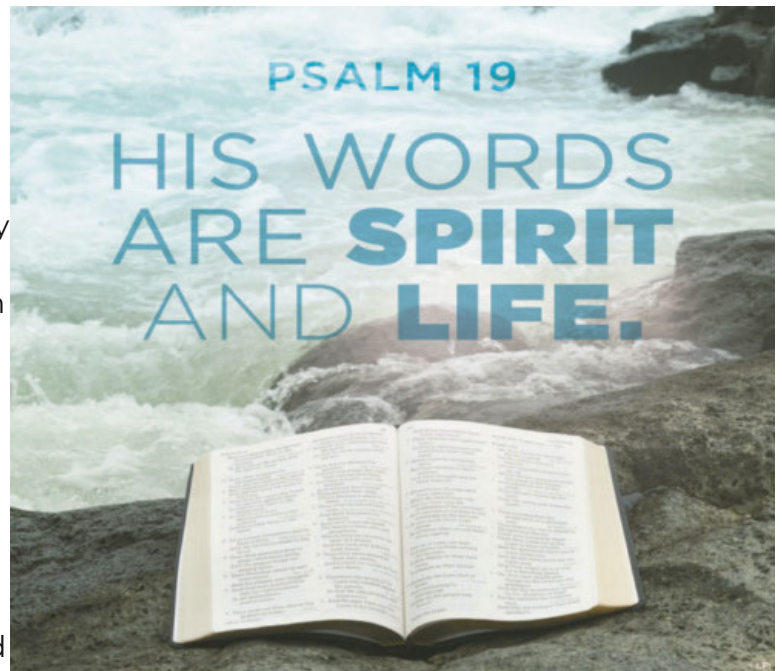
OUR MISSION

“We the Parishioners of St. Thomas Aquinas Catholic Church are a diverse Christ Centered community empowered by the Holy Spirit and strengthened by the Word and the Sacraments to Proclaim the Good News”

Human history reveals many periods where people lost a sense of God’s transcendence. It may even be argued that human beings have been wandering and lost more than they have been at home and focused. Human nature being what it is, we struggle with who God really is — the God of our salvation history or the “gods” of human constructs. Relying on our own designs and pursuits, we forget that we really are meant to listen to One upon whom the Spirit of the Lord rests, Jesus Christ, and not to ourselves. That same history that reveals our fickleness and infidelity also reveals God’s constancy and faithfulness. God always finds us.

As people wander and fumble to find their way, God is there bringing them back to holiness and giving them the assurance of His Presence. We have to allow God’s Word, God’s life, to touch us and change us. It can make us more flexible and attentive to the sacred in all facets of life so that every day is one that is Holy. Every day is a time when fulfillment is possible for one’s soul. Jesus stood before those gathered in the synagogue as the fulfillment of words of promise that were echoed long ago. God doesn’t forget. He always comes for us.

Now it is time to remember to go to God. Sometimes our lives are so confused and tangled that it is difficult to see the Word and hand of God. But when we realize, deep within, the depth of friendship God offers to us it really has the power to turn sadness to joy. The promise is fulfilled. Going frequently to God’s Word, allowing ourselves to be enriched and rejuvenated, and pondering the certainty of God’s fidelity and promise permanently transforms us. We will be more aware of the Sacred and the Holy and less invested in things that pull us away.



INSPIRATION OF THE WEEK

People can easily lose a sense of the sacred and transcendent. When we lose a sense of God’s special Presence, we need to be brought back. Ezra brought people back to the word of God and they realized what they were missing. Jesus proclaims God’s Word in the synagogue with true conviction and tells those gathered that He is the fulfillment of all that Isaiah taught. Even though people get lost, distracted, discouraged, and often journey down the wrong path, God’s timeless law remains. When we allow ourselves to truly hear God’s Word and act on it, that living word slowly, over time, changes us. It has the power to soften and mold us, creating within us a joyful spirit. We realize the truth in what God speaks and become open to God’s love. Gradually and gently God leads us back where we belong. We discover again the sacred character of life and the wonder of God’s Power. It is no wonder that Luke addresses his remarks to Theophilus. It is a name that means “beloved of God,” a name that can be used by anyone who desires friendship with God.

EUCCHARISTIC ADORATION



IGNITE Payment for the Archdiocese of Galveston –Houston
 Total Campaign Amount \$ 538,853.00



Is your day filled with work, family, errands, rushing here and there? Wishing you could have just one peaceful hour? How about one peaceful hour with YOUR LORD? Jesus wishes to SPEND ONE HOUR WITH YOU!

IF YOU ARE WILLING TO COMMIT TO ONE HOUR EACH WEEK CALL THE OFFICE AT 281-240-6721.
IF YOU CANNOT MAKE YOUR ADORATION HOUR, PLEASE FIND A REPLACEMENT. THE BLESSED SACRAMENT SHOULD NEVER BE LEFT ALONE.

	Amount	Balance
1st Payment 4/30/2019	\$33,678.31	\$505,174.69
2nd Payment 7/30/2019	\$33,678.31	\$471,496.38
3rd Payment 10/17/2019	\$33,678.31	\$437,818.07
4th Payment 12/19/2019	\$33,678.31	\$404,139.76
5th Payment 3/26/2020	\$33,678.31	\$370,461.45
6th Payment 7/15/2020	\$33,678.31	\$336,783.14
7th Payment 10/15/2020	\$33,678.31	\$303,104.83
8th Payment 12/23/2020	\$33,678.31	\$269,426.48
9th Payment 3/25/2021	\$33,678.31	\$235,748.17
10th Payment 6/24/2021	\$33,678.31	\$202,069.90
11th Payment 10/21/2021	\$33,678.31	\$168,391.59
12th Payment 12/16/2021	\$33,678.31	1.34,713.28



SACRAMENT OF BAPTISM
 Baptism preparation classes for Parents and Godparents are held every other month. Please call the parish office for information.



SACRAMENT OF MARRIAGE
 Engaged couples need to call, Matt Falleri (281) 240-6721 ext. 107, six to nine months before your wedding to allow time for preparation.



SACRAMENT OF HEALING
 In case of illness, please call the Parish Office at 281-240-6721

PARISH INFORMATION

PARISH STAFF

BUSINESS MANAGER

Lee Meister
lmeister@stasugarland.com

DIRECTOR

Aquinas Early Childhood Center
Erum Khan 281-240-7196
ekhan@stasugarland.com

YOUTH MINISTER

Frank Sreshta
fsreshta@stasugarland.com

CCE COORDINATOR

Matt Falleri
mfalleri@stasugarland.com

MUSIC MINISTER

Mathew Maglasang
mmaglasang@stasugarland.com

BOOKKEEPER

Vivian Kuoh
vkuoh@stasugarland.com

PARISH SECRETARY

Leticia Cordova
lcordova@stasugarland.com

OFFICE HOURS

Mon.-Thur. 7:30 a.m. to 5 p.m.
Closed 12 p.m. to 1 p.m. (Lunch)
Fri: 7:30 a.m. to 12 p.m.
Sat & Sun: Closed

STEWARDSHIP

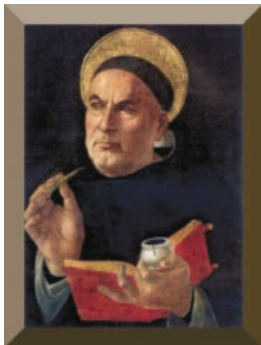
THE HOLY FAMILY OF JESUS, MARY AND JOSEPH
Dec. 25 - 26, 2021

1st Collection

Total.....\$13,102

STA Cares Collection this weekend.....\$4,126

POSTPONED



**St. Thomas Aquinas and St. Francis De Sales
Feast Day Celebration will be postponed to
February 26, 2022!**



SIDEWALK ADVOCATES FOR LIFE

Sidewalk Advocacy Training Opportunity: A team of a sidewalk advocate and a prayer supporter can be effective in re-directing those approaching an abortion facility to a nearby pregnancy center. A training for sidewalk advocates, also valuable information for any pro-life individual, will be offered on **Saturday, February 5, 9:00 am to 3:00 pm** in the St. Clare Room at St. Laurence Ave Maria Family Life Center, 3103 Austin Parkway, Sugar Land. Cost is \$15 for training materials and lunch.

Contact: Marie@ChristianVoicesforLife.org.



SATURDAY, JANUARY 22

- 8:00 a.m. Joseph Harrison Nguyen †
- 5:00 p.m. Special Intention for Jumalon Family

SUNDAY, JANUARY 23

- 7:30 a.m. For All Parishioners
- 9:30 a.m. Consuelo Valdez †
- 11:30 a.m. Robert Cisneros †

MONDAY, JANUARY 24

- 8:00 a.m. Joseph Ty Dinh †

TUESDAY, JANUARY 25

- 8:00 a.m. For All Souls in Purgatory

WEDNESDAY, JANUARY 26

- 8:00 a.m. Paula Garcia †
- 7:00 p.m. For All Guevara Deceased Family †

THURSDAY, JANUARY 27

- 8:00 a.m. Joseph Ty Dinh †

FRIDAY, JANUARY 28

- 8:00 a.m. Hien Vo †

SATURDAY, JANUARY 29

- 8:00 a.m. Dorothy Schroeder †
- 5:00 p.m. Thanksgiving for Monteiro Family

SUNDAY, JANUARY 30

- 7:30 a.m. For All Parishioners
- 9:30 a.m. Joseph Ty Dinh †
- 11:30 a.m. Paul Sefcovic †

ALTAR SERVER SCHEDULE

FOR THE WEEKEND OF JAN. 29 & 30

If you have any questions please call Earl Marasigan at 832-687-0455.

Saturday 5:00 p.m.

Sunday 7:30 a.m.

Brandon Amaefule
Bianca Amaefule

Sunday 9:30 a.m.

Sunday 11:30 a.m.

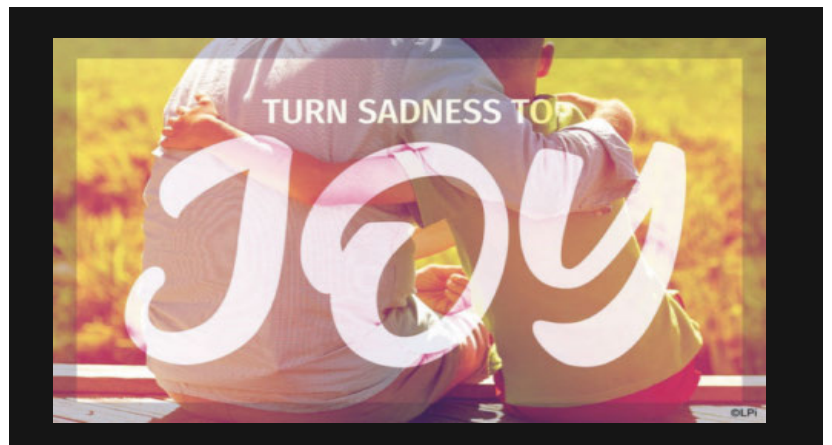
Joachim Panam
Joseph Panam
Emily Mayes

Chidimma Richards
Chidume Richards
Arinze Nmadin
Justice Ojoh

"If you cannot make it to your Mass, please contact the Adult Coordinator assigned for the Mass."

Adult Coordinators

- 5:00 p.m.
- 7:30 a.m.
- 9:30 a.m. Samson Awoh (713) 232-9131 or Jonah Eze (346) 717-8911
- 11:30 a.m. Edmund Warren (832) 926-9595





We call it learning, they call it fun!

Aquinas Early Childhood Center

Who We Are

Seeing a need for high quality early childhood education in the community, St. Thomas Aquinas Catholic Parish rose to the challenge. Licensed by the State of Texas, our degreed teachers, trained in the Reggio Emilia, allow children to flourish.

About Us

- NCI accepted
- Enrolling from 6 weeks to 6 years old.
- Breakfast, lunch & p.m. snack is included in the tuition.
- 7:30 a.m. to 5:30 p.m., weekdays
- Closed circuit cameras and coded security access

Contact Us

We want to get to know you! Stop by to see us or contact us to schedule a tour.

Parishioner discounts are available.

12627 West Belfort Ave.
Sugar Land, TX 77478
281-240-7196

**Now Enrolling for 2022
with New Year discount!**



SAFE ENVIRONMENT PROGRAM

The CMG Safe Haven online training has replaced VIRTUS.

The training consists of 3 vignette style training videos that are approximately 60 minutes. A criminal background check is included and must be completed.

The training is available in English and Spanish. **We will no longer offer live training. All Safe Environment training will only be available online.**

- All new employees and volunteers will complete the Safe Haven online training program instead of VIRTUS PGC training.

-All individuals must complete the training and complete a background check prior to the start of employment and/or volunteer service.

- The 5 year anniversary date is still in place. Individuals who recently attended VIRTUS will not be due to complete refresher training until they have reached their 5 year anniversary date.

-As the 5-year anniversary is reached, individuals will need to log into CMGConnect with their previous personal VIRTUS user id and 1234 as the password. **Once you log into the CMGCONaccount, you will be able to change your password.** If you do not remember your user id, you may contact the following:

1. **Frank Sreshta** @ 281-240-6721 x 111

2. **Marielena Alaniz** @ 713-652-4401
malaniz@archgh.org

Individuals who have not completed Safe Haven online training as well: The following individuals below will now be required to complete the training:

- 1) Individuals who have never attended training.
- 2) Individuals who are now due for refresher training and had not attended VIRTUS training.
- 3) Individuals who are currently due and have not attended VIRTUS training.
- 4) Individuals who are out of compliance or past due.

For questions about due date/refresher, call

1. **Frank Sreshta** @ 281-240-6721 x 111



WHY DO WE DO THAT? Catholic Life Explained:

Question: Is it right to sue someone? Isn't it a way of getting revenge?

Answer: Revenge is inflicting harm for harm's sake, the idea of an eye for an eye, a tooth for a tooth, and then some. There is often a fine line between justice and mercy, between compensation and forgiveness. Unfortunately, things can happen to us that cause harm, suffering, and damage, regardless of people's intentions. When someone is hurt, especially in such a way that special care or treatment is required, the cost of that care needs to be paid.

In a perfect world, those with special needs, handicaps, or disabilities would find the help and care they need, including those who are injured or hurt. But justice is not always forthcoming, and people are not always fair. So, using the legal system to right a wrong is sometimes the only option.

In some cases, it is the only way that people can get the help they need and deserve. However, frivolous lawsuits, or 'fishing for money' is not only unfair, but immoral as well. The law is there to protect people and making use of it when necessary is a good thing.

CATHOLIC TRIVIA – JUST FOR FUN

Question: Who is the patron saint of lost things?

Answer: St. Anthony of Padua

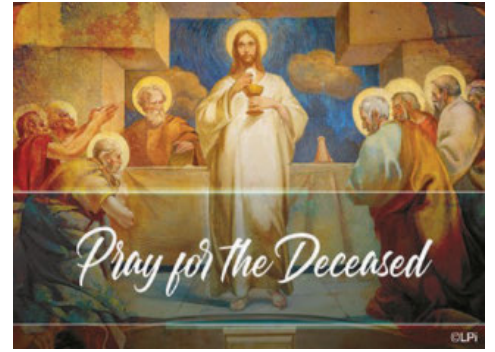


PASTORAL ASSISTANT

LORD, WE LIFT UP PETITIONS OF HEALING FOR OUR SICK, ESPECIALLY:

Jane Arinze, Fr. Angelito Baldonado SDB, Fr. John Bosco, Dan Burch, Donna Buczo, Wilda Cali, Alexandro Castillo, Alan Cordova, Jorge Coria, Steve Cunningham, Michael DeBondt, Fr. Vince Dulock, Bill Esco, Doris Giroir, Elizabeth Jackson, Laura Jackson, Floyd James, Paul James, Sara Jara, Denise Walker Jones, Aniceta Julian, Craig Junek, Mama Luz Kalu, Jasmine Danielle King, Della Klesel, Dorie Lacsamana, Dana Bryan Lee, Kenny & Laurie Legnon, Luna, Raymond Macha, Sharon & Timothy McCulloch, Victoria Navarro, Fr. Bruce Nieli, Fr. Miguel Obregon, Augustina Odoh, Emmanuel Odoh, R Josephine N. Panis, Gloria Peralta, Jake Poroo, Larry Rideau, Bob Ried, Andre Riser, Katherine Rooker, Mark Ryan, Yolanda Salazar, Eric Sanchez, Steven Shetzline, Richard Shield, Joan Sloat, Jon Stemkoski, Tanya

Casipe, Martha Swift, Jacob Tankeh, Fr. Carl Tenhundfeld, Hope Trevino, Merita, Joseph & Zachary Vancelette, Annabelle Van Deursen, Joe Vincelet, Nicholas Vizzini, Betty Jo Vollenweider Susan Vollenweider, Cynthia Williams, Pamela Wike, Fr. Drew Wood, Amy Yanez, Laura Yumul, Fr. Louis Zee and our Catholic Residents at The Hampton Meadows Place Assisted Living Facility, Bedford Place, Home Sweet Home, First Smile and Catholic Patients at Atrium Medical Center.



PRAY FOR THE DECEASED

Members of St. Thomas Aquinas, and those that have died from the Coronavirus.

May They Rest in Peace

NEW JERUSALEM CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

HONESTY IN OUR PRAYERS WITH GOD.

Not only is “honesty the best policy,” it is the only policy acceptable to the Lord. In **Hosea 6:1-3**, the Israelites prayed a poetic, prophetic prayer, of conversion and healing. According to some Christian writers, there is “hardly a more beautiful prayer in the Bible or in other religious traditions” than this prayer. Unfortunately, they prayed with insincerity. What was the Lord’s reaction to this prayer? **“What can I do with you?” {Hos 6:4}**. The Lord observed that the Israelites’ piety was: **“like a morning cloud, like the dew that goes early away” (Hos 6:4)**. This tells us that if we are not honest in our prayers, we displease the Lord.

If we are not honest in our communication with the Lord, we are probably not honest about our relationship with Him. In the Parable of The Pharisee and The Tax Collector **{Lk 18:9-14}**, the Pharisee thought that he was right with God because he seemed better than other people and was faithful in his religious observances. However, the Pharisee was not being honest with God and with himself both in prayer about his relationship with the Lord. In **Lk 18:14**, Christ says, **“Believe Me this man (the Tax Collector) went home from the Temple justified but the other (the Pharisee) did not. For everyone who exalts himself shall be humbled while he who humbles himself shall be exalted.”**

The questions therefore for us all are:

How honest am I in prayer?
Does my prayer life indicate that I really want God’s name to be hallowed, His Kingdom to come, and His will to be done [see **Mt 6:9-10**]?

When I receive Jesus in Holy Communion, have I totally abandoned my life to Him so as to be in communion with Him?

Do I live my prayers or merely “say my prayers”?

Father, I give my heart to You so I can pray to You!

Honesty is God’s police for prayer, life, and love.

PRAYER MEETING EVERY SATURDAY, FROM 6:00 P.M.—9:00 P.M. IN AQUINAS CENTER ROOMS B & C

All are invited!!

For any questions, please call Emmanuel OFILI at: 832-247-5226.

FIND PRACTICAL SOLUTIONS FOR
SANCTIFYING EVERYDAY CIRCUMSTANCES IN

James

AN 11-PART BIBLE STUDY FEATURING
JEFF CAVINS



Dates - Times - Location

Begins February 17, 2022

**Thursday Morning 9-11 am
Thursday Evening 7:15-9:15 pm**

In Aldridge Hall

Cost - Registration

\$30.00 Donation for Workbook

For More Information

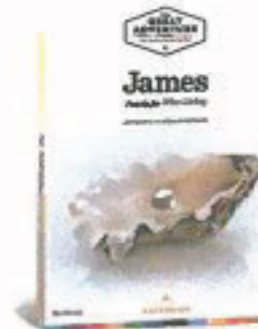
**Pre-registration is requested
St. Thomas Aquinas
281-240-6721
Dasb@sbcglobal.net**

Looking for an anchor to hold you steady through the storms of life? Want the secret to finding joy in the midst of trials? Interested in learning to recognize the source of discord and the way to peace? James, one of the most practical books of the Bible, is a collection of teachings on issues faced by ordinary Christians in everyday life.

In *James: Pearls for Wise Living*, presenter Jeff Cavins shows how the teachings of James speak to those of us who feel torn between the competing demands of this world and our faith.

“Once you start learning, he makes you hunger for more. Jeff pulls everything you need to know out of the Bible, and it all starts to make sense like it never did before.”

—Margaret T.



Visit ascensionpress.com to learn more!

SUNDAY, JANUARY 23, 2022

Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

- 7:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 9:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 10:30 a.m. RCIA - Adult, TH 202-204
- 11:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 6:30 p.m. Confirmation Class, ALD Hall
- 7:00 p.m. Life Teen, TH Youth

MONDAY, JANUARY 24, 2022

PARISH OFFICE, ADORATION & AECC WILL BE CLOSED

2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/Mk 3:22-30

- 7:40 a.m. Stations of the Cross, Sanctuary
- 8:00 a.m. Weekday Mass, Sanctuary

TUESDAY, JANUARY 25, 2022

Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/Mk 16:15-18

- 7:40 a.m. Stations of the Cross, Sanctuary
- 8:00 a.m. Weekday Mass, Sanctuary
- 9a.m.-8p.m. Adoration, Divine Mercy Chapel

WEDNESDAY, JANUARY 26, 2022

2 Tm 1:1-8 or Ti 1:1-5/Ps 89:4-5, 27-28, 29-30/Mk 4:1-20

- 7:40 a.m. Stations of the Cross, Sanctuary
- 8:00 a.m. Weekday Mass, Sanctuary
- 10a.m.-6:30p.m. Adoration, Divine Mercy Chapel
- 6:30 p.m. EDGE, TH Youth
- 6:30 p.m. CCE Class TH Second Floor
- 7:00 p.m. OLPH Mass & Novena, Sanctuary

THURSDAY, JANUARY 27, 2022

2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25

- 7:40 a.m. Stations of the Cross, Sanctuary
- 8:00 a.m. Weekday Mass, Sanctuary
- 9a.m.-8p.m. Adoration, Divine Mercy Chapel
- 6:00 p.m. NJCCRPG Core Group, AQ - B
- 7:00 p.m. Choir Practice, Siena Rm

FRIDAY, JANUARY 28, 2022

2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-11/Mk 4:26-34

- 7:40 a.m. Stations of the Cross, Sanctuary
- 8:00 a.m. Weekday Mass, Sanctuary
- 9a.m.-6p.m. Adoration, Divine Mercy Chapel

SATURDAY, JANUARY 29, 2022

2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/Mk 4:35-41

- 7:40 a.m. Stations of the Cross, Sanctuary
- 8:00 a.m. Weekday Mass, Sanctuary
- 11:00 a.m. EDGE Retreat, TH Youth
- 4:00 p.m. Reconciliation
- 5:00 p.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 6:00 p.m. St Thomas Aquinas & St. Francis de Sales Reception, AQ-K, AQ-Main
- 6:00 p.m. New Jerusalem Charismatic Prayer Group, AQ B-C

SUNDAY, JANUARY 30, 2022

Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30

- 7:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 9:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 9:30 a.m. Knight of Columbus Corporate Communion, Narthex
- 10:00 a.m. 1st Sacrament Class, TH Second Floor
- 10:30 a.m. RCIA - Adult, TH 202-204
- 11:30 a.m. 3rd Sunday of the Ordinary Time Mass, Sanctuary
- 7:00 p.m. Life Teen, TH Youth



St. Thomas Aquinas



St. Francis de Sales

THE PARISH OFFICE AND ADORATION WILL BE CLOSED ON MONDAY JANUARY 24, 2022 IN CELEBRATION OF OUR SAINTS PATRONS ST. THOMAS AQUINAS AND ST. FRANCIS DE SALES

THERE WILL BE MASS AT 8:00 A.M.

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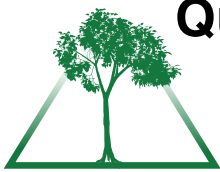
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- Varicose veins
- Swelling
- Itching
- Heaviness or tiredness
- Aching
- Cramping
- Restlessness
- Open skin sores

CVI Risk Factors¹:

- Family history
- Lack of exercise
- Leg injury or trauma
- Prolonged sitting or standing
- Obesity or excess weight
- Current or previous pregnancies
- Smoking

If venous reflux is left untreated,
it may worsen over time and
develop into a more serious form
of vein disease called chronic
venous insufficiency, or CVI.²

Learn more about symptoms,
risk factors, and treatments at
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References

¹ Criqui MH, Denenberg JO, Langer RD, Kaplan RM, Fronck A. Epidemiology of Chronic Peripheral Venous Disease. In Bergan JJ, Bunke-Paquette N, eds. *The Vein Book*. New York, NY: Oxford University Press; 2013:27-36.

² Eberhardt RT, Raffetto JD. Chronic venous insufficiency. *Circulation*. July 22, 2014;130(4):333-346.

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