St. Helen Roman Catholic Parish
5510 W. Cholla St.
Glendale, Arizona 85304
623-979-4202

MARCH 7, 2021

Mass Times:
Saturday - 4:30pm (Vigil)
Sunday - 7:30am, 9am, 11am
Monday - Saturday - 7:30am

Liturgy of the Hours:
Monday thru Friday - 6:20am

Rosary:
Monday thru Friday - 6:40am

Confessions:
Saturday - 8:30am - 10:30am
and by appointment

Perpetual Adoration:
The Chapel is open
5:30am - 4:00 pm

Office Hours:
Monday - Saturday
9am - 12Noon
Sunday
8:30am - 12:30pm

Gift Shop:
Mon - Sat. 8:30am - 4pm
Sunday 8:30am - 12:30pm

PARISH MISSION STATEMENT

Our Catholic community is committed to building a strong diverse Christian family, based on the teachings of Jesus Christ. Exemplified by the Sacraments, sound teachings, spiritual nourishment, service and embracing biblical values. We welcome all.

Clergy

Rev. John Ssegawa, A.J. Pastor
Rev. Mark Nyeko, A.J. Parochial Vicar

Weekend Associates

Rev. Jim Blantz, C.S.C.
Rev. Scott Harris, M.M., M.D.
Rev. Bob Skagen
Rev. Tom Suss

Deacons

Dcn. Rudy Campas, Retired
Dcn. Bill Jenkins, Retired
Dcn. John Mickel, Retired
Dcn. Joe Shinske, Retired

Office Staff

Lei Vantuyl - Parish Manager
lvantuyl@sthelenglendale.org - 623-500-3200
Becky Favot - Admin. Assistant II
bfavot@sthelenglendale.org - 623-500-3206
Karen Kennedy - Admin Assistant I
kkennedy@sthelenglendale.org - 623-500-3212
Deepa Duran - Youth & YA Coord.
dkingry@sthelenglendale.org - 623-500-3207
Jacob Barnett - Faith Formation Coord.
jbarnett@sthelenglendale.org - 623-500-3216
Roger Schwierjohn - Maintenance Sup.
rschwierjohn@sthelenglendale.org - 623-500-3205
Roberto Stewart-Urias - Janitor/Maintenance
Salina Villanueva - Safe Environment Coord.
svillanueva@sthelenglendale.org - 623-500-3217

SUNDAY COLLECTION - FEBRUARY 28, 2021

Plate Income	$9,833.66
**On-Line Avg.	$6,691.70
Donation Box	$46.00
Total	$16,571.36

RESTRICTED

Parish Improvements	$455.00

Information on Sacraments:

Baptism: Please contact Jacob Barnett at the Parish Office at least three months in advance. (623) 500-3216.

Marriage: Please contact Tess Villanueva at **tessvhomes@aol.com** AT LEAST NINE MONTHS in advance. Couples SHOULD NOT set a wedding date before coming to the parish for marriage preparation.

Marriage Validations: Dcn. John Mickel

Marriage Annulments: Dcn. Rudy Campas

Anointing of the Sick: By request. Please call the office as soon as possible. If the person is in the hospital, ask the hospital to call the Catholic chaplain.

Mass Intentions

Mon 03/08	7:30am	Leo Benavidez Thomas McCarthy
Tues 03/09	7:30am	Alice Schutte Judy Friedl
Wed 03/10	7:30am	Gabrilla Maria Romanoski S/I
Thur 03/11	7:30am	Maria Theresa Perseveranda
Fri 03/12	7:30am	Bruno Falduto
Sat 03/13	7:30am 4:30pm	Angel Banzon Salvador Orozco Jr
Sun 03/14	7:30am 9:00am 11:00am	St. Helen Parishioners Matilda Stevenson Sinh V. Pham

WEEKLY PRAYER

READINGS FOR THE WEEK OF MARCH 7, 2021

SUN 3/07	Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/1 Cor 1:22-25/Jn 2:13-25 or Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 [8]/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
MON 3/08	2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4 [cf 42:3]/Lk 4:24-30
TUE 3/09	Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35
WED 3/10	Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20]/Mt 5:17-19
THR 3/11	Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 [8]/Lk 11:14-23
FRI 3/12	Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34
SAT 3/13	Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14
SUN 3/14	2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 [6ab]/Eph 2:4-10/Jn 3:14-21 or 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4m 5, 6 [1]/ Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

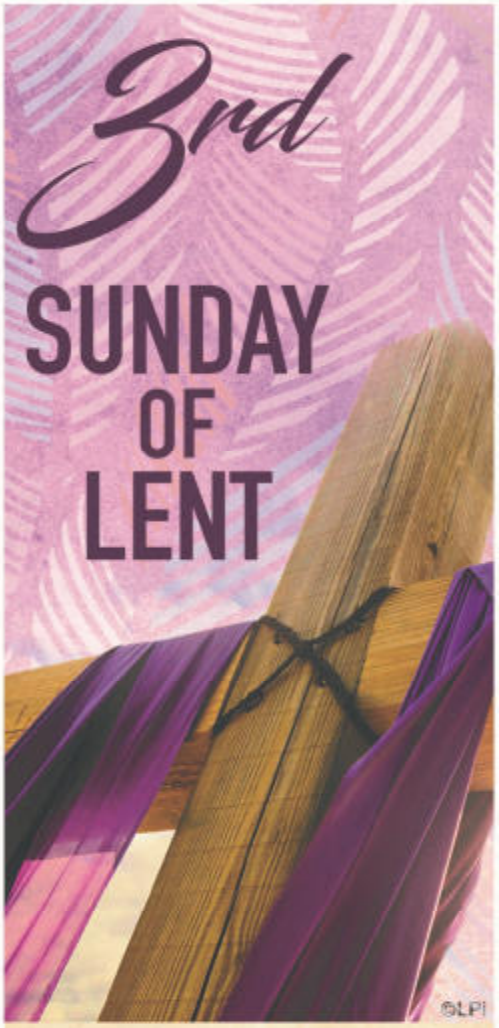
OBSERVANCES FOR THE WEEK OF MARCH 7, 2021

Sunday:	3rd Sunday of Lent
Monday:	St. John of God, Religious
Tuesday:	St. Frances of Rome, Religious
Sunday:	4th Sunday of Lent; Daylight Saving Time begins

LIVE THE LITURGY

Inspiration for the week

With our world in such constant turmoil and conflict, it makes such good sense to return to the simple directives given in the Ten Commandments. God's unassuming guidelines provide the perfect recipe for ordering our relationships with God, others, and even ourselves. But yet, we are so quick to glance beyond them and even remove them from public view because we foolishly believe we can create something better. Arrogance runs far deeper in the members of our society than we can ever imagine. Lent is a perfect time to call ourselves back to our foundations and the basic relationships that comprise our lives. It is also a time to remember that Jesus is the true sign of God's presence. Everything he says and does, including his suffering and death, is a sign of the God who sent him. The anger we witness when Jesus exhorts those in the temple to stop making his Father's house a marketplace can equally be seen in his anger and frustration over humanity's constant mission to turn God's creation into a secular world. We have a lot of work to do for sure.



Your words are everlasting life.

– PSALM 19 –

ST. HELEN MINISTRIES

ADULT SENIORS:
Charlotte Pulham - 623.337.4010
ALTAR SERVERS:
Debbie & Ted Shimon - 602.509.9083
ART & ENVIRONMENT:
Debbie Shimon - 602.509.9083
BINGO:
Cecelia Dusold 623.412.9415
BLUE KNIGHTS:
Ben Medrano - medranos4life@gmail.com
CHILDREN'S LITURGY:
Debbie Martinez - debmar55@yahoo.com
CURSILLO:
George & Cecelia Dusold - 623.412.9415
EUCHARISTIC MINISTERS:
Sam Silvers 623.930.1335
FRIENDS OF ST. HELEN'S:
Nancy Gorny - 623.930.0018
GIFT SHOP:
Leo Ohnemus - 623.500.3235
HEALING THROUGH THE BODY OF CHRIST:
Paul & Leeann Wieser - 623.979.0119
HOLY NAME SOCIETY:
Steve Waite - 602.751.9218
KNIGHTS OF COLUMBUS:
Grand Knight Dennis Taylor
Don Gorny - 623.930.0018
LADIES AUXILIARY:
Norma Taylor - 915.667.0978
LITTLE FLOWERS:
Christina Lisanti - 480.374.0804
MINISTERS OF HOSPITALITY:
Susan Skolnik - 623.256.6470
MINISTERS OF THE WORD:
Paul McClellan - 602.705.4473
NEW MEMBERS:
Alayne & Scott Vogel - 623.344.8406
PEPETUAL ADORATION:
Rita Mann - 623.561.9597
PRAYER SHAWL:
Marianne Klink - 623.979.4202
PRAYER WARRIOR:
Caryn Meron - 602.229.4700
Sharon Nevels - 602.740.5656
PRO-LIFE:
Ann Hughes - 623.915.3457
ST. VINCENT DE PAUL:
623.500.3232

CHARITY AND DEVELOPMENT

Let your light shine before others, that they may see your good deeds and glorify your Father in heaven…Mathew 5:16

CDA: HOT NUTRITIOUS MEALS FOR HOMEBOUND

Many seniors look forward to a hot, nutritious meal daily meal through the **Foundation for Senior Living Meal Delivery** program. Last year FSL saw a 14% increase in need for home-delivered meals.

Your gift to the **Charity and Development Appeal (CDA)** helps homebound people receive proper nutrition safely, and share a friendly conversation with their delivery person.

CHARITY AND DEVELOPMENT APPEAL

PLEASE GIVE TODAY!
GIVE.DPHX.ORG

CDA: WAYS TO MAKE YOUR GIFT

Your gift to the **Charity & Development Appeal** serves 70+ Catholic ministries, charities, and seminarians in our Diocese. Make your gift today!

1. Online at give.dphx.org
2. Complete a CDA card from your parish (or received by mail). Return to your parish or mail in yellow reply envelope.
3. Call 602-354-2235, M-F, 8:00-4:30, for assistance in English or Spanish.

God bless you!

CHARITY AND DEVELOPMENT APPEAL

PLEASE GIVE TODAY!
GIVE.DPHX.ORG

FIRST READING

In six days the LORD made the heavens
and the earth,
the sea and all that is in them;
but on the seventh day he rested. (Ex 20:11)

PSALM

Lord, you have the words of everlasting life.
(Ps 19)

SECOND READING

For the foolishness of God is wiser
than human wisdom,
and the weakness of God is stronger than
human strength. (1 Cor 1:25)

GOSPEL

"Destroy this temple and in three days
I will raise it up." (Jn 2:19)

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WORSHIP & MEDITATION

GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

Many prefer a "create as you go" approach to life where laws and protocols primarily exist to secure and protect liberties rather than dictate and outline proper and right behavior. There are no real benchmarks for acceptable ethical and moral behavior, with a "you can't tell me what to do" attitude prevailing. Parents are even limited in what they can request of their children, and dealing with threatening behaviors, especially from adults, are a challenge as well. Acceptable and expected conduct seems to amount to safeguarding each other's space rather than increasing awareness of necessary relationships that require a more refined and higher response.

We have lost our axis to the world of "anything goes" and no longer see the Ten Commandments as practical and wise guideposts to effective living. We live on "relativism island" where only a possible suggestion to "love and do not harm" may be the only standard able to be preached. While Jesus most certainly emphasized love above anything else, it was never about warm fuzzy feelings or halfhearted humanitarian efforts. The love of which Jesus spoke establishes an intimate connection with God, neighbor, self, and creation. Because this love, who is God Himself, is at the foundational core of our lives, it demands actions and attitudes that serve to build up, increase, and free up those relationships. Love requires proper conduct. Preserving and enhancing these love centered relationships is at the heart of the Ten Commandments (and the Beatitudes) and the reason for Jesus' display of anger in the temple.

The Ten Commandments can save the world from turmoil and conflict by instilling basic moral and relational principles within us. They also hold a healthy sense of sin in balance and always remind us of our relationship with God and the freedom God offers. Our faith preserves these jewels of truth that we often look beyond, dismiss altogether, or seek to remove from public view. Human beings can be so arrogant at times. Our Lenten journey, especially when embarked upon with sincerity and resolve, can restore all of our essential relationships. When we get absorbed in life's preoccupations and demands, things can quickly get distorted and we can find ourselves way off track. In short, we find ourselves in sin. Humanity is losing a sense of both grace and sin. We need both to understand what is real and true. Until we do, the oppressive systems and ideologies that hurt so many will never change. We will never change. We are grateful for those courageous souls who willingly embrace the conversion and hard work Lent demands and stand against antiquated systems and ideologies. They give us hope that all is not lost.

Lent 2021 | Reflect. Repent. Restore.

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self0control through fasting.

How do I pray?

Various forms of prayer are presented in the Catechism of the Catholic Church (CCC 2623-2649). These various forms include prayer of blessing or adoration, prayer of petition, prayer of intercession, prayer of thanksgiving, and prayer of praise.

What is meditation?

Meditation is a Christian practice of prayer dating back to the early Church. As the Catechism states: "Meditation is above all a quest. The mind seeks to understand the why and how of the Christian life, in order to adhere and respond to what the Lord is asking." By meditating on the Gospels, holy icons, liturgical texts, spiritual writings, or "the great book of creation," we come to make our own that which is God's. "To the extent that we are humble and faithful, we discover in meditation the movements that stir the heart and we are able to discern them. It is a question of acting truthfully in order to come into the light: "Lord, what do you want me to do?" (CCC 2705-2706).

Meditation is above all a quest.

Meditation is an essential form of Christian prayer, especially for those who are seeking to answer the vocational question, "Lord, what do you want me to do?"

How's your Lent going?

From USCCB

WHY DO WE DO THAT?
Catholic Life Explained:

Question:
What's the difference between priests and brothers, friars, etc.?

Answer:
The distinctions titles and categories used for priests and the male members of religious communities can be confusing, especially since the categories can sometimes be intertwined as a man can be both a priest and a monk, or a brother and a friar. So, to help to piece the puzzle together, it's important to begin by noting some basic distinctions:

The distinction between priests (who are ordained for sacramental ministry) and brothers (who are non-ordained members of religious communities and who are committed to lives of prayer and service).

Priests: A priest is a man who has been ordained for sacramental ministry and these fall into two categories: A) Diocesan (or Secular) Priests can either be attached to a diocese and who serve under a bishop. Their ministry is usually oriented toward pastoral service.

B) Religious Priests are members of religious communities (like the Franciscans, Jesuits, Salvatorians, or Carmelites) and their lives are guided by the special mission and charism of their community. While both kinds of priest practice sacramental ministry, their spirituality and how they live out their priesthood can be very different.

Brothers: Brothers are non-ordained members of religious communities (such as those mentioned above) who live lives committed to prayer and service. Religious priests and brothers serve together in their communities and their ministries include much more than the care of parishes.

Monks, Friars, and Canons: These are broad categories that include religious priests and brothers, and each of these is connected to specific ways of life and spiritualities.

WE NEED YOU! VENDORS/SELLERS

Do you have items to sell? [rummage, quilts, artwork, jewelry, etc].

BOOTH RENTALS:

$40 DOUBLE [18'X18'] OR $50 TRIPLE [18'X27']

REGISTER & REMIT PAYMENT BY MAIL, IN-PERSON

St. Helen will have its own booth. To donate items, please contact Norma Taylor, 915-667-0978

One mans trash is another mans Treasure

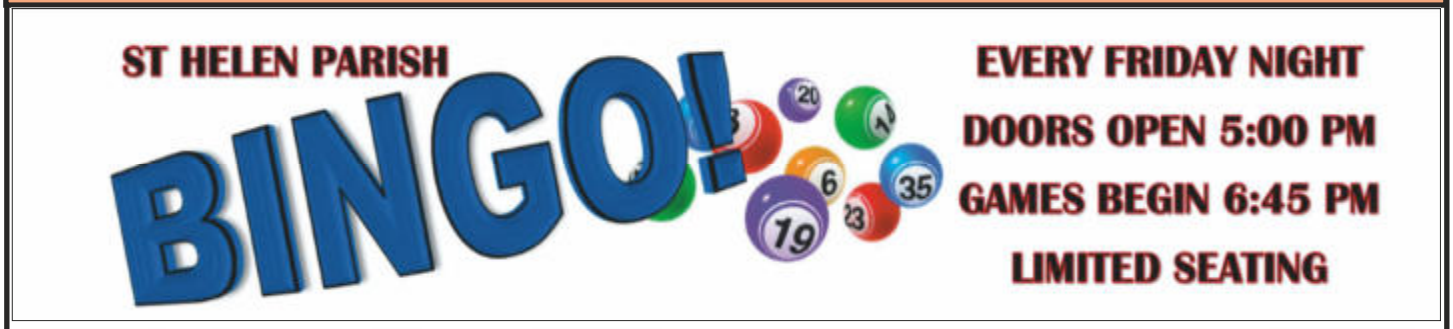
MORE INFORMATION OR TO REGISTER FOR A BOOTH RENTAL, CONTACT DEEPA DURAN, 623-500-3207

If you would like to volunteer your time or talent, please contact Rochelle Maciha, 918-261-7204

We need **Trucks** for a few hours when the event ends. If you would like to volunteer your time & truck, please contact Alayne Vogel, 623-203-8736

The **St. Helen Spring Market/Rummage Sale** will also have food for sale. Donuts & Coffee from 6:00am-9:00am & lunch items from 10:30am-1:00pm.

Holy Name Society



Do you want your child baptized? We do too!

The next Baptism Preparation Class is on Saturday, March 13th from 9:30am-12pm in Teen Center Rooms 3 & 4. The preparation class fee is $75 per child being baptized and MUST be paid at the time of class.

Pre-registration is **REQUIRED** due to the COVID-19 social distancing requirements. Space is limited. Please pre-register ASAP to Salina Villanueva
svillanueva@sthelenglendale.org
or
623-500-3217

See you then!

St. Joseph Consecration

Has started there is
still time to join
February 15th - March 19th
Books **NOW AVAILABLE**

St. Joseph Consecration Mass

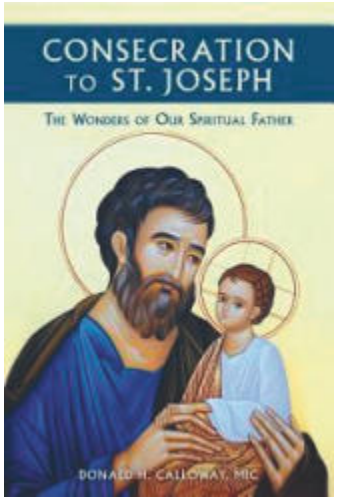
March 19th at 6pm
(Stations of the Cross will follow at 7pm)

This is also St. Joseph's
feast Day

Please join us

St. Helen Gift Shop
Book of the Month

Available



Now

$12.95

Lent & Easter
2021

March 23rd
Confessions
4pm - 6pm

March 28th
Palm Sunday
Mass Times:
7:30am, 9am & 11am

March 30th & 31st
Virtual Lenten Retreat
See **Page 8** for more information

April 1st
Holy Thursday
7pm

April 2nd
Good Friday
Stations of the Cross
3pm & 7pm

April 3rd
Blessing of the food
12pm

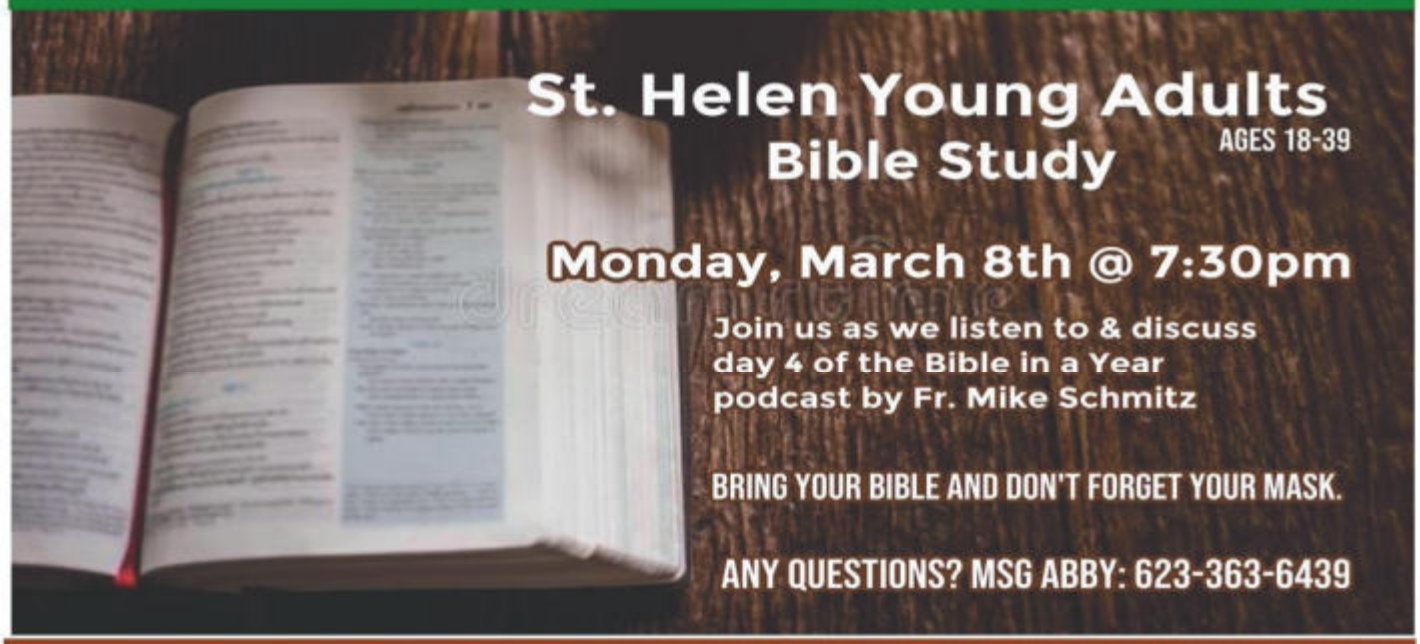
Vigil Mass
7:30pm

April 4th
Easter
6am, 7:30am, 9am,
11am & 12:15pm

Reminder
Stations of the Cross
every Friday during Lent 7pm

LIFE TEEN	EDGE
Life Teen [grades 9-12] in the Teen Center	**EDGE [grades 6-8] in the** Teen Center
Sundays, 5:30-7:30pm	**Wednesdays, 6:30-8:00pm**
March 7 ~ Pull Up A Chair	March 10: Everlasting
March 14 ~ Live Your Best Life: Charisms	March 17: no EDGE
March 21 ~ no Life Teen	March 24: Life In the Fire
March 28 ~ no Life Teen [Palm Sunday]	March 31: no EDGE

Need more info? Contact Deepa Duran, Youth & Young Adult Coordinator
Call 623.500.3207 or Email: dduran@sthelenglendale.org



March is the Month of St. Joseph

Pope Francis proclaimed a Year of St. Joseph—Dec. 2020-Dec. 2021

Saint Paul VI pointed out that Joseph concretely expressed his fatherhood 'by making his life a sacrificial service to the mystery of the incarnation and its redemptive purpose. He employed his legal authority over the Holy Family to devote himself completely to them in his life and work. He turned his human vocation to domestic love into a superhuman oblation of himself, his heart and all his abilities, a love placed at the service of the Messiah who was growing to maturity in his home.'

— from a 1966 homily by Pope Paul VI

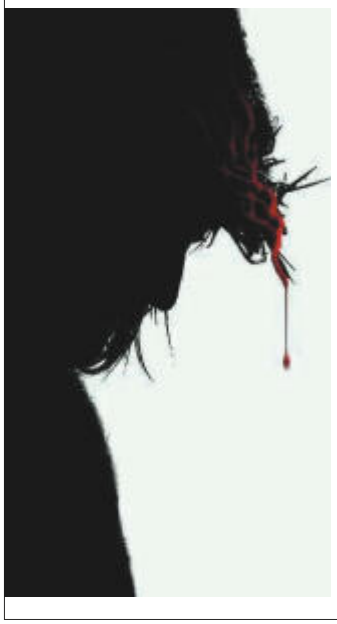
St. Helen Parish INFORMATION

Lord, I come before you today knowing that all power is in Your hand. I know that you are the Lord and that you care for your people. Right now, my friend is struggling with a difficult trial/sickness. I can see his/her strength is faltering, Lord, and know that you have all of the strength that he/she needs. I pray that you will reach down and touch him/her right now wherever he/she is at this moment. Let your presence fill the room where he/she is and let her feel an extra portion of your strength that can help him/her to get through this day. He/She needs you now, Lord, and I thank you in advance for meeting him/her where he/she is and shoring up his/her strength during this difficult time. In Jesus name. Amen.

REMEMBER IN YOUR PRAYERS

**Amy *Carolina Ayala Taylor B. *David Croughan *Jack Daly *Michelle Dominguez *Teresa Donovan *Marilyn Downie *Bernie & Nancy Downs *Michelle Egan *Elam Families *Erika *Charlene Erlinger *Tina Shinske-Fischer *Barbara Heenan Garbe *Julie Garrett *Jesse Gonzales *Laraine Grandt *Fr. Scott Harris *Bill Healy & Family *Robert Horn *Sher Hurni *Dick & Geri Johnson *Kelsey johnson *Julia & Reagan *Aarionna Kelly *Melinda L. *Kylie Lark *Bob Longfield *Dulce Lopez *Lori *Steve Lowe *Talia Lucia *Helen Lykowski *Cynthia M. *John MacFarlane *Lynn MacFarlane *Marie *Marybeth *Donna McClellan *Paul McClellan *Phyllis McDonald *Alistair & Janet McKintosh *Dcn. John Mickel *Mike *Renee Morey *Casey Murphy *Colter Narancic *Parks Family *Jeff & Terri Parks *Melissa Ramirez *Michael Rodriguez *Martha Sarzoza *Cricket Sayers *Theresa Slaughter *Joy Sparks *Michelle Starling *James Swogger *Lorraine Swogger *Refugio Trejo *Amy Vantuyl *Lacey Vantuyl *Russ & Margo Varca *Holly Vaught *Maisie Volbeda *Ernie Wayne *Helen Wolosz *Ray Wolosz *Wright Family*

ADORATION



Could you not spend one hour with me?

HOURS NEEDING AN ADORER

Sunday - 6pm-7pm, 7pm-8pm, 11pm-12midnight

Monday - 11am-12noon, 1pm-2pm, 5pm-6pm, 6pm-7pm

Tuesday - 2pm-3pm, 3pm-4pm

Wednesday - 9am-10am, 10am-11am, 11am-12noon, 2pm-3pm, & 3pm-4pm

Thursday - 9am-10am, 11am-12noon, 12noon-1pm, 1p-2pm

Friday - 10am-11am, 11am-12noon, 6pm-7pm

Saturday - 11am-12noon, & 6pm-7pm

Contact Rita Mann 623-561-9597

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