

St. Joachim
Catholic Church



Iglesia Católica
de San Joaquín

21250 Hesperian Blvd, Hayward, CA 94541 | 510-783-2766 | www.stjoachim.net

March
1, 2020

First Sunday of Lent



MASS SCHEDULES

Sunday Mass in English

Saturday 4:30 PM

Sunday 7:30, 9:00, 10:30 AM & 12:15 PM

Misas en Español

Miércoles 7 PM

Reconciliation

Saturday 3-4:00 PM

Reconciliación

Miércoles 6-7 PM, Sábado 3-4:00 PM

Daily Mass

7 & 8:30 AM (Saturday 8:30 AM)

Misas Dominicales en Español

Sábado 6 PM, Domingo 2 & 6 PM

Adoration ~ Benediction/ Adoracion ~ Bendicion

Friday—9 AM till 1 PM

First Friday—9 AM till 6 PM

United in faith and guided by the Holy Spirit



From the Pastor's Desk:

In Greek mythology, the Sirens are creatures with the heads of beautiful women and the bodies of attractive birds. They lived on an island (Sirenum scopuli; three small rocky islands) and, with the irresistible charm of their song,

they lured mariners to their destruction on the rocks surrounding their island (Homer's *Odyssey* XII, 39-54, 158-200; Virgil's *Aeneid* V, 42-44; Ovid's *Metamorphoses* XIV, 88-89). They sang so sweetly that all who sailed near their home in the sea were fascinated and drawn to the shore only to be destroyed. When Odysseus, the hero in the *Odyssey*, passed that enchanted spot he had himself tied to the mast and put wax in the ears of his comrades, so that they might not hear the luring and bewitching strains. But King Tharsius chose a better way. He took the great Greek singer and lyrist Orpheus along with him. Orpheus took out his lyre and sang a song so clear and ringing that it drowned the sound of those lovely, fatal voices of sirens. The best way to break the charm of this world's alluring voices during Lent is not trying to shut out the music by plugging our ears, but to have our hearts and lives filled with the sweeter music of prayer, penance, the word of God, self-control, and acts of charity. Then temptations will have no power over us (RH).

A comical, but illustrative, story shows us how adept we are at rationalizing our actions: A very overweight man decided that it was time to shed a few pounds. He went on a new diet and took it seriously. He even changed his usual driving route to the office in order to avoid his favorite bakery. One morning, however, he arrived at the office carrying a large, sugar-coated coffee cake. His office mates roundly chided him, but he only smiled, shrugged his shoulders and said, "What could I do? This is a very special cake. This morning, from force of habit, I accidentally drove by my favorite bakery. There in the window were trays of the most delicious goodies. I felt that it was no accident that I happened to pass by, so I prayed, 'Lord, if you really want me to have one of these delicious coffee cakes, let me find a parking place in front of the bakery.' Sure enough, on the ninth trip around the block, there it was!" Temptation is strong, but we must be stronger. We should not tempt fate and we should not rationalize our actions.

A man took his young son to a baseball game. While they were sitting there, he asked the boy what he was going to give up for Lent. The boy replied, "I don't know, Dad. What are you going to give up?" His father said, "I've thought about this a lot and decided to give up liquor." Later in the game, the beer man came by, and the man ordered a beer. His son objected, "Hey, I thought you were giving up liquor!" His dad answered, "Hard liquor, son. I'm giving up hard liquor. This is just a beer." To which the boy replied, "Well then, I'm giving up hard candy."

Nota de nuestro pastor: En la mitología griega, las sirenas son criaturas con cabezas de mujeres hermosas y cuerpos de pájaros atractivos. Vivían en una isla (Sirenum scopuli; tres pequeñas islas rocosas) y, con el encanto irresistible de su canción, atraían a los marineros a su destrucción en las rocas que rodeaban su isla (Homer *Odyssey* XII, 39-54, 158-200; Virgil's *Eneida* V, 42-44; *Metamorfosis* de Ovidio XIV, 88-89). Cantaban tan dulcemente que todos los que navegaban cerca de su casa en el mar quedaron fascinados y atraídos a la orilla solo para ser destruidos. Cuando Odiseo, el héroe de la *Odisea*, pasó por ese lugar encantado que él mismo había atado al mástil y puso cera en los oídos de sus camaradas, para que no pudieran escuchar las tensiones seductoras y hechizantes. Pero el rey Tharsius eligió una mejor manera. Tomó al gran cantante y letrista griego Orfeo junto con él. Orpheus sacó su lira y cantó una canción tan clara y resonante que ahogó el sonido de esas voces encantadoras y fatales de sirenas. La mejor manera de romper el encanto de las voces seductoras de este mundo durante la Cuaresma no es tratar de cerrar la música tapando nuestros oídos, sino tener nuestros corazones y nuestras vidas llenas de la música más dulce de la oración, la penitencia, la palabra de Dios. - control, y actos de caridad. Entonces las tentaciones no tendrán poder sobre nosotros (RH).

Una historia cómica, pero ilustrativa, nos muestra cuán hábiles somos para racionalizar nuestras acciones: un hombre con sobrepeso decidió que era hora de perder algunas libras. Comenzó una nueva dieta y la tomó en serio. Incluso cambió su ruta habitual de conducción a la oficina para evitar su panadería favorita. Sin embargo, una mañana llegó a la oficina con un gran pastel de café recubierto de azúcar. Sus compañeros de oficina lo reprendieron rotundamente, pero él solo sonrió, se encogió de hombros y dijo: "¿Qué podría hacer? Este es un pastel muy especial. Esta mañana, por la costumbre, accidentalmente conduje hasta mi panadería favorita. En la ventana había bandejas de las golosinas más deliciosas. Sentí que no era casual que pasara por allí, así que recé, 'Señor, si realmente quieres que tome una de estas deliciosas tortas de café, déjame encontrar un lugar para estacionar delante de la panadería. Efectivamente, en el noveno viaje alrededor de la manzana, ¡allí estaba! La tentación es fuerte, pero debemos ser más fuertes. No debemos tentar al destino y no debemos racionalizar nuestras acciones.

Un hombre llevó a su hijo a un juego de béisbol. Mientras estaban sentados allí, le preguntó al niño qué iba a renunciar por la Cuaresma. El niño respondió: "No sé, papá. ¿A qué vas a renunciar?" Su padre dijo: "He pensado mucho en esto y decidí dejar el licor". Más tarde en el juego, vino el hombre de la cerveza, y el hombre pidió una cerveza. Su hijo objetó: "¡Oye, pensé que estabas renunciando al licor!" Su padre respondió: "Licor fuerte, hijo. Estoy renunciando al licor fuerte. Esto es solo una cerveza". A lo que el niño respondió: "Bueno, entonces, estoy renunciando a los dulces".

WEEKLY READINGS

Readings for the Week
of March 1, 2020

Sun/Dom:

Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17
[cf. 3a]/Rom 5:12-19 or 5:12, 17-19/
Mt 4:1-11

Mon/Lunes:

Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15
[Jn 6:63b]/Mt 25:31-46

Tues/Martes:

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19
[18b]/Mt 6:7-15

Wed/Mier:

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/
Lk 11:29-32

Thurs/Juev:

Est C:12, 14-16, 23-25/Ps 138:1-2ab,
2cde-3, 7c-8 [3a]/Mt 7:7-12

Fri/Vier:

Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8
[3]/Mt 5:20-26

Sat/Sab:

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/
Mt 5:43-48

Next Sun./Dom:

Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 [22]/
2 Tm 1:8b-10/Mt 17:1-9

THE WEEK AHEAD

Sat/Sun - Feb 29th—March 1st

Girl Scout Cookie Sales ~ At the Placita
Saturday 4-6 PM ~ Sunday 8 AM -1:30 PM

Monday - March 2nd

Liturgy Committee ~ The Liturgy Committee
will meet at 7 PM in the Fireside Room. All
members are encouraged to attend.

Friday - March 6th

Stations of the Cross ~ 7 PM in the Church
Soup Supper ~ After the Stations of the
Cross in the Hall. St. Joachim School is the lead
group, other groups bringing soups are: CYO,
Cub Scouts & Girl Scouts, Altar Servers(English
& Spanish) 10:30 AM Sunday Mass

Saturday - March 7th

English Lenten Retreat ~ With Fr. Jim
Sullivan 10AM—2 PM in the hall

OFFICE INFORMATION

Parish Office

783-2766

Parish Fax

783-2760

Parish Email

office@saintjoachim.net

Parish Office Hours

Monday-Friday 10 AM-7:30 PM
Bilingual available T,W,F 4-7:30 PM
Saturday 10 AM-4 PM
Bilingual available 10 AM-4 PM
Sunday 12 PM -4 PM
Bilingual available 12 PM-4 PM

Rev. Joseph Antony Sebastian, SVD

Pastor

Monday, Tuesday, Wednesday, & Friday
10 AM to 12 PM

5 PM to 8 PM (with appointment)

lunes, martes, miércoles, y viernes

10 AM a 12 PM

5 PM a 8 PM (con cita)

Rev. Danh Pham, SVD

Parochial Vicar

Monday, Wednesday, Thursday, & Friday
10:00 AM to 12:00 PM

5 PM a 8 PM (with appointment)

lunes, miércoles, jueves y viernes

10:00 AM a 12:00 PM

5 PM a 8 PM (con cita)

Ariel Mayormita

Music Director/Director de Música

Phone Ext. #223

amayormita@aol.com

Flor Herce

Bookkeeper

Pat Ludwig

Administrative Assistant

St. Vincent de Paul

783-0344

Office hours

1:00-2:30 PM ONLY

Monday-Friday

San Vicente de Paul

Gary Enos, President

Faith Formation Office

Oficina de Formación de Fe

785-1818

Glenda Aragón

Director of Faith Formation

glendaaragon@comcast.net

Braulio Gomez

Faith Formation Coordinator/
Youth Minister

550-6878 / stjochimym@gmail.com

Bertha Cruz

Administrative Assistant

St. Joachim School

Escuela de San Joaquín

783-3177

Armond Seishas

Principal

Sandra Garzon

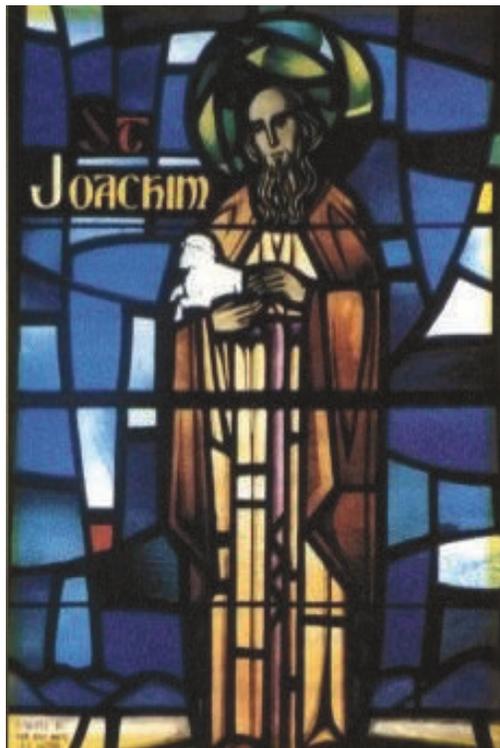
School Secretary

St. Joachim Pre-School

783-0604

Marisa Melgarejo

Director



Stations of the Cross and Soup Supper every Friday during Lent

We start at 7:00 PM with the STATIONS OF THE CROSS followed by a simple Soup Supper in the hall afterwards. The following groups will be in charge of the Soup Supper, They will bring soup, set up and clean up the hall. The first group listed is the lead group and the group responsible to make sure everything is set up & cleaned up afterwards:

March 6th ~~ St. Joachim School,

St. Joachim CYO, Cub Scouts and Girl Scouts, Altar Servers (English and Spanish), 10:30 AM Sunday Mass,

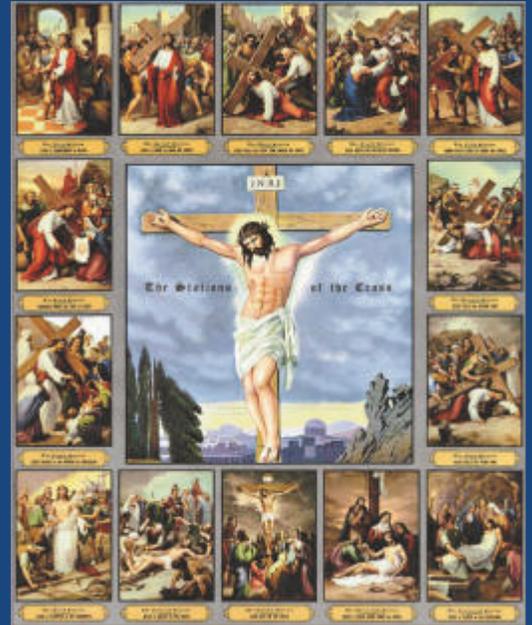
March 13th ~~ Legion of Mary (English and Spanish),

Spanish Curia, Lectors (English and Spanish), Eucharistic Ministers (English and Spanish), St. Vincent de Paul Society, 12:15 PM Sunday Mass .

March 20th~~ Faith Formation Department

Catechists, Youth Ministry, Confirmation Candidates, 2nd year RCIA Group, 2:00PM Sunday Spanish Mass and 6:00PM Sunday Spanish Mass , V. Encuentro - Justice in Faith , Parent Bible Study

Following weeks will be published in future bulletins.



PRAY FOR

Myrtlene Houck
 Georgie Dwonch
 Teresita C. Evangelista
 Elsa Hernandez & Family
 Juan Sanchez
 Eleanor Hilario
 Luisito S. Enrique
 Priscila S. Enrique
 Bobby Bacallo
 Melena Torres Family
 Anita Quarry
 Pulido Family
 Hernandez Family
 Consuelo Diaz
 Miriam Alarcon
 Cebrero Family
 Ellie Samelson

DONATIONS

St Vincent de Paul

offering for next week:

Canned Spaghetti O's
 or Beef a Roni

*spaghetti O's enlatados o
 Carne de res a Roni*

Donations are very much appreciated—but please no expired food. ~ Thank You

CONTRIBUTIONS CONTRIBUCIONES

COLLECTION FOR WEEK

February 23rd

The Plate Collection

\$ 8,896.50

EFT Collection

\$ 495.00

On Line Giving

\$ 85.00

TOTAL for the WEEK

\$ 9,476.50

VATICAN CORNER

At his Wednesday General Audience on February 12,

2020, Pope Francis discussed the second of the eight beatitudes, those eight blessings and teachings made by Jesus in the Sermon on the Mount, found in the Gospel of Matthew (5:3-11). The second beatitude is - Blessed are those who mourn for they shall be comforted. Pope Francis said mourning can have two aspects, "for death or for the suffering of someone" and also for the "tears shed over sin – for our own sin, when the heart bleeds for the pain of having offended God and one's neighbor." Francis said mourning "is an inner pain that opens (us) up to a relationship with the Lord and with one's neighbor, and it renews those relationships. Regarding the death and suffering aspect, he said it is "a question of loving the other in such a way that we are bound to him or her until we share his



or her pain... it is important that others make a breach in our hearts. Some have a heart of stone and have forgotten how to weep. It is necessary to reawaken people who do not know how to be moved by the pain of others." While mourning is bitter, it can "open one's eyes to life and to the sacred and irreplaceable value of each person, and at that moment one realizes how short time is." Regarding the other aspect of mourning, that of being over sin, the evil done, and the betrayal of the relationship with God. "It is difficult but vital" to face one's own errors, and come to the grief of repentance. St. Peter wept after denying Jesus the three times before the rooster crowed, "leading him to a new and far truer love. They were tears which purify and renew." On the other hand Judas Iscariot "did not accept that he had made a mistake and, poor man, took his own life."

As a reward for mourning, the Lord promises that mourners will be comforted. They will receive forgiveness of sins, and through this will receive internal peace, joy and blessedness. Pope Francis said he has often spoke about the gift of tears and how precious it is. He referred to St. Ephrem the Syrian's saying that "a face washed with tears is unspeakably beautiful." Francis exclaimed the beauty of penitence, the beauty of tears, the beauty of contrition."

Scientists have studied tears and found they are mostly made of water, but also contain salt, fatty oils, and over 1,500 different proteins. There are three different types of tears. Basal tears are always in the eyes to protect them from debris and keep them lubricated and nourished. Reflex tears form when the eyes are exposed to irritants, such as onion fumes, smoke, and bright light. Emotional tears are produced when feeling sad, happy, or other intense emotions. Tears spread across the surface of your eye when you blink and drain into small holes in the corners of your lids and through small channels to your nose. When you cry producing many tears they mix with mucus in your nose, making your nose run. A person produces 15 to 30 gallons of tears every year. Scientists think that crying is a social signal to get help from others when one is in pain, sad, or feeling distress or extreme emotion. Often crying will prompt others to offer support, which makes one feel better. Emotional tears contain additional proteins and hormones that aren't found in the other two types of tears. These may have relaxing or pain-relieving effects that help regulate the body and help return it to its normal state. The benefits of crying are well documented.

Sources: catholicnewsagency.com, fatheralexander.org, healthline.com

Don't miss the Parish Lenten Retreat ~ in English

led by Retreat Master ~ **Fr. Jim Sullivan**

When: Saturday, March 7 10am ~ 2pm

Where: St. Joachim's Parish Hall

Bring: Bible, Journal and Lunch

Cost: Free will donation



Register at the
Faith Formation
Or Rectory
Office

MASS INTENTIONS
February 29-March 7, 2020

Saturday 4:30 PM

Bienvenido Ablaza Icasiano †
(3 month anniversary)

Saturday 6:00 PM

Victor Tomelden (*salud*)
Salvador Gomez † (6th aniversario)
Josefina Ramos Aquilera † (3rd aniversario)

Sunday 7:30 AM

Roger & Vicky Gabriel (*thanksgiving*)
Luis & Trinidad Paranada †
Rey Baclayo †

Sunday 9:00 AM

Rafael & Marelyn Digal
(14th wedding anniversary)
Tom Booth (*healing*)
Anthony's Ancestors †
Rodolfo N. Pison († *birthday*)
Florencia Delos Reyes † (40th day)
Evelyn Geronimo †
David Tayco †

Sunday 10:30 AM

Christian DeLa Cerda (*birthday*)
Jocelyn A. Alcantara †

Sunday 12:15 PM

Frank Gonzales †
Pete Anthony Ventura †
Souls in Purgatory †

Sunday 2:00 PM

Rolita Villegas († *cumpleanos*)

Sunday 6:00 PM

Familia Martinez-Guzman
(*intencion especial*)
Maximino Gonzales †

Monday 7:00 AM

The Community of St. Joachim

Monday 8:30 AM

Lucia Perez († *birthday*)
Souls in Purgatory †

Tuesday 7:00 AM

Angelica & Steve Laguitan †

Tuesday 8:30 AM

Connie Camacho † (*anniversary*)
Souls in Purgatory †

Wednesday 7:00 AM

The Community of St. Joachim

Wednesday 8 :30 AM

Nate Dudley & Family (*healing*)
Hermino & Catalina Garcia †
Maria Ngai Do †

Wednesday 7:00 PM

Emanuel Hernandez (*cumpleanos*)
Maria del Rosario Alvarez †
Espiridion Calderon †
Almas del Purgatorio †

Thursday 7:00 AM

Jueling & Rodolfo Gallardo †

Thursday 8:30 AM

Igmidio George Alonzo † (*anniversary*)
Souls in Purgatory †

Friday 7:00 AM

The Community of St. Joachim

Friday 8:30 AM

Sacred Heart of Jesus (*thanksgiving*)
Jose Vergara Sr. & Jr. †
Pete Anthony Ventura †
Emy Torres †
Igmidio George Alonzo † (*anniversary*)
Souls in Purgatory †

Saturday 8:30 AM

Salta-Manio Siblings (*thanksgiving*)

Do you want to Fast this Lent?
In the words of Pope Francis

- ◆ Fast from hurting words and say kind words.
- ◆ Fast from sadness and be filled with gratitude.
- ◆ Fast from anger and be filled with patience.
- ◆ Fast from pessimism and be filled with hope.
- ◆ Fast from worries and have trust in God.
- ◆ Fast from complaints and contemplate simplicity.
- ◆ Fast from pressures and be prayerful .
- ◆ Fast from bitterness and fill your hearts with joy.
- ◆ Fast from selfishness and be compassionate to others.
- ◆ Fast from grudges and be reconciled.
- ◆ Fast from words and be silent so you can listen .

**Saint Joachim Church
Financial Report
Calendar Year 2019**

Total Revenues	\$878,220
Total Cash expenses	<u>847,406</u>
Cash Flow before Capital Spending	30,814
Capital Spending	<u>25,235</u>
Positive Cash Flow for 2019	<u>\$ 5,579</u>

Revenues for the year consist of the following items:

	Amount	% to total		Amount	% to total
Plate Collections	\$585,123	67%	Programs and Ministries	\$92,065	10%
Donations	\$12,732	2%	Interest, Rebate, Other	\$89,014	10%
Sacramental Services	\$16,950	2%	Total	\$878,220	100%
Fundraising Gross Receipts	\$82,336	9%			

The details of the total cash expenses (excludes depreciation) of \$847,406 are as follows:

	Amount	% to total		Amount	% to total
Salaries and Benefits – Lay (10 employees; 4FT, 6PT)	\$313,007	37%	Votive candles	\$10,919	1%
Salaries and Benefits – Priests (2 SVD priests)	\$98,962	12%	Rectory living	\$13,383	2%
Diocesan Assessment	\$73,845	9%	Office Supplies and expenses	\$15,214	2%
Insurance charges (Diocese)	\$31,834	4%	Professional fees	\$4,000	
Facilities maintenance	\$73,582	9%	Events and fundraising	\$1,873	
Faith Formation Expenses	\$53,059	6%	Catholic Voice assessment	\$10,704	1%
PG&E	\$57,049	7%	Telephone/Communication	\$13,381	2%
Garbage and Water	\$28,656	3%	Music ministry	\$6,732	1%
Church and liturgy supplies	\$26,237	3%	Financial fees/charges	\$9,353	1%
			Other ministries/gifts	\$5,616	
			Total	\$847,406	100%

Capital Spending in thousands: Blessed Mother Marble Statue, \$5K; 2 Optomax projectors for Church, \$4K; Sterling silver chalices and cruets, \$3K; St. Anthony with a Child statue, \$3K; Storage Shed, \$3K; Portable air conditioners, \$2K; Office Laptop, \$2K; Bed Mattress for Rectory, \$2K ; Ice Maker share of cost with School, \$1K

Fundraising or Events Net proceeds (Excludes Mass Collections for Simbang Gabi and Our Lady of Guadalupe recorded as Plate Collections):

	<u>Gross</u>	<u>Expenses</u>	<u>Net</u>		<u>Gross</u>	<u>Expenses</u>	<u>Net</u>
Fall Festival	\$29,134	\$791	\$28,343	Music Ministry Concert	\$1,869		\$1,869
Guadalupanos	\$27,444	\$200	\$27,244	Amigos de Cristo	\$1,100		\$1,100
Simbang Gabi	\$17,769	\$500	\$17,269	Total	\$82,336	\$1,873	\$ 80,463
Bazaar	\$3,143	\$294	\$2,849				
Marian Festival	\$1,877	\$88	\$1,789				

Note: Expenses represent only expenses paid directly by the parish office. Some receipts and expenses for 2018 Simbang Gabi were submitted in February 2019 so they are included above.prepared by Flor Herce

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