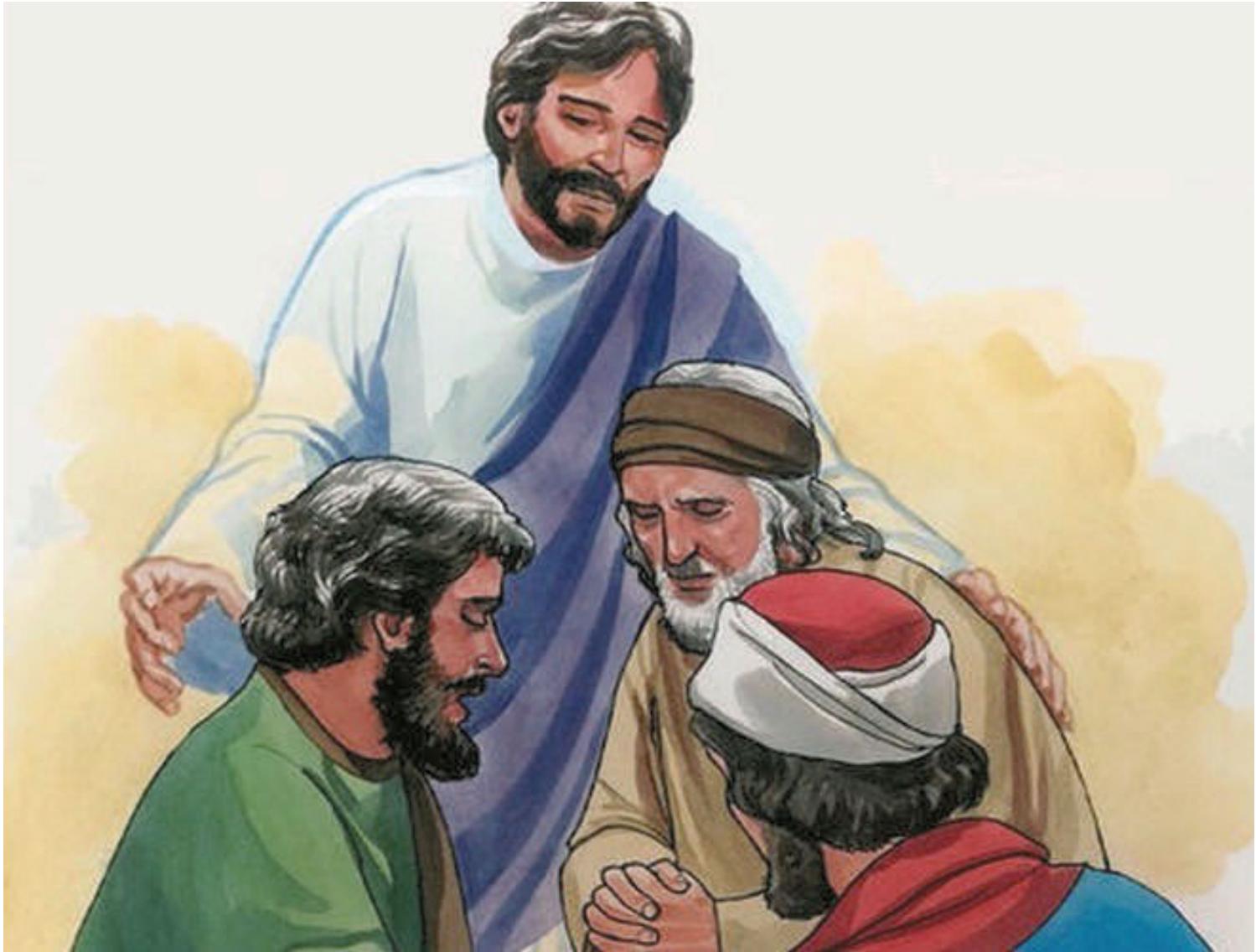




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Sept. 10, 2023 | Twenty-third Sunday in Ordinary Time



MASS SCHEDULES



Sunday Mass in English

Saturday 4:30 PM

Sunday 7:30, 9:00, 10:30 AM & 12:15 PM

Daily Mass in English

8:30 AM Monday—Saturday

Misas Dominicales en Español

Sábado 6 PM, Domingo 2 & 6 PM

Reconciliation

Saturday 3-4 PM, Wednesday 6-7 PM

Reconciliación

Miércoles 6-7 PM

Misas en Español

Miércoles 7 PM

Adoration ~ Benediction/ Adoración ~ Bendición

Every Friday—9 AM till 1 PM
First Friday ALSO 6 PM-9 PM

United in faith and guided by the Holy Spirit

Food for the Journey

You may have heard the expression: “*No Pain, No Gain*”! As cliche as it may sound, something is to be said about this statement. Bodybuilders or athletes understand this the most. As they train their bodies for a particular sport, they must discipline themselves and go through rigorous exercises. Body aches are expected and necessary as the body grows and adapts. Therefore, “*No Pain, No Gain*” means that to achieve something worthwhile, one must seriously engage in the work, which often demands personal commitment and sacrifice. Could this be said also about our spiritual life, a life of spiritual connection with God sustained by the Holy Eucharist?

The Church teaches that the Holy Eucharist is the source and summit of our Christian life. This Holy Bread also nurtures our soul because it is the Lord we consume! We say the Lord makes Himself so small that we can have Him as our Daily Bread. As we eat and drink this Holy Food, we are promised eternal life and forgiveness of sin. However, the everyday experience of our reception of the Holy Eucharist is that of a regular thing; we do not often feel extra strong physically; the problems at home or personally won’t simply go away. Where is its power? Where is the beautiful thing we have been taught?

The answer to these questions is surprisingly simple: “*No Pain, No Gain*”. Let me explain. The power of the Holy Eucharist can only be felt if the recipient engages seriously in the works of faith. For example, we believe that it is the Lord who gives Himself in the Holy Eucharist. When we receive the Holy Eucharist, we receive His Body and Blood, Soul and Divinity. We become one with Him. In other words, it satisfies our heart’s desire and makes us holy and good!

Looking back now, I realize I did not feel a thing about the Mass because I did not understand it. Compared perhaps to soccer to which I was so committed to - as to wake up early to run and play around 5:30AM! I immensely enjoyed soccer because I learned, practiced, and played it daily. Mass? Not really. I did not learn about it. I did not believe it. I did not know the Word of God and what it meant to me. I did not pray or do any fasting or preparation before Mass. In truth, I did not seriously practice my faith. I did not know; therefore, I did not love. I did not love; therefore, I did not care; I did not care, consequently, I needed to prepare. I did not feel anything because I had yet to do any work of faith before or after Mass. “*No Pain, No Gain*” for me!

The saints of God understand the meaning of the phrase: “*No Pain, No Gain*” very well. Saint John Marie Vianney, in particular, endured a lot of hardships and struggles. He engaged in pastoral works and prepared his soul with penance, extreme fasting, austere life, and prayer. He became very close to Christ, and his works were so influential that he surrendered himself to God. The saint teaches us that only in doing these works can we know the power of that love and trust and, therefore, the satisfaction promised by the Holy Eucharist.

After giving Himself entirely to us in the Holy Eucharist, the Lord asks us to go and make disciples of all nations by taking Him with us as food for the journey! He asks us to engage in the works of salvation and not remain idle! Do you want to know and feel the power of the presence of the Lord in the Holy Eucharist? Remember, “*No Pain, No Gain*”! Let’s get to work!



Father Anthony Huong Le
Pastor, Mission San Jose - Fremont

WEEKLY READINGS

Readings for the Week
of September 10, 2023

Sun/Dom:

Ez 33:7-9/Ps 95:1-2, 6-7, 8-9 (8)/
Rom 13:8-10/Mt 18:15-20

Mon/Lunes:

Col 1:24—2:3/Ps 62:6-7, 9/Lk 6:6-11

Tues/Martes:

Col 2:6-15/Ps 145:1b-2, 8-9, 10-11/
Lk 6:12-19

Wed/Mier:

Col 3:1-11/Ps 145:2-3, 10-11, 12-13ab/
Lk 6:20-26

Thurs/Juev:

Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38/
Phil 2:6-11/Jn 3:13-17

Fri/Vier:

1 Tm 1:1-2, 12-14/Ps 16:1b-2a and 5, 7-8,
11/Jn 19:25-27 or Lk 2:33-35

Sat/Sab:

1 Tm 1:15-17/Ps 113:1b-2, 3-4, 5a and 6-7/
Lk 6:43-49

Next Sun./Dom:

Sir 27:30—28:7/Ps 103:1-2, 3-4, 9-10, 11-12
(8)/Rom 14:7-9/Mt 18:21-35

THE WEEK AHEAD

Thursday September 14th

Rectory Office closed

Thursday September 14th

7:00 PM Multi-lingual Rosary in the church

OFFICE INFORMATION

Parish Office

510-783-2766

Parish Fax

510-783-2760

Parish Email

office@saintjoachim.net

Parish Office Hours

Monday & Friday (*lunes y viernes*)

11:00 AM— 7:00 PM

Tuesday & Thursday (*martes y jueves*)

— 11:00 AM—5:00 PM

Wednesday (*miercoles*)

—1:00 PM— 7:00 PM

Bilingual available Mon., Wed, Fri

(*lunes, miercoles y viernes*)

— 3:00 PM— 7:00 PM

Rev. Henry Noga, SVD

Pastor

Monday, Tuesday, Wednesday, & Friday

10 AM to 12 PM

5 PM to 8 PM (*with appointment*)

lunes, martes, miércoles, y viernes

10 AM a 12 PM

5 PM a 8 PM (*con cita*)

Rev. Emilio Reyes, SVD

Parochial Vicar

Monday, Wednesday, Thursday, & Friday

10:00 AM to 12:00 PM

5 PM a 8 PM (*with appointment*)

lunes, miércoles, jueves y viernes

10:00 AM a 12:00 PM

5 PM a 8 PM (*con cita*)

Ariel Mayormita

Music Director/Director de Música

Phone Ext. #223

stjoachimmusic1@gmail.com

Flor Herce

Bookkeeper

Pat Ludwig

Secretary

Fabiola Ordaz

Bilingual Receptionist

St. Vincent de Paul

510-783-0344

Office hours

1:00-2:30 PM ONLY

Monday-Friday

Gary Enos, President

Faith Formation Office

Oficina de Formación de Fe

Faith Formation Office Hours

Currently no regular office hours

Confirmation Coordinator

Gabriela Perez

Stjyouthconfirmation@gmail.com

St. Joachim School

Escuela de San Joaquín

510-783-3177

Dana Bayer

Principal

Sandra Garzon

School Secretary

St. Joachim Pre-School

510-783-0604Rosary—

Marisa Melgarejo

Director



Today-Sunday

ST. JOACHIM CHURCH SHOPPING BAZAAR!!

Today-Sunday

You're invited to
ST. JOACHIM CHURCH BAZAAR!!

September 10, 2023
Starting after the 7:30am Mass until after the 2:00pm Mass

Come shop and enjoy some great food:

BREAKFAST: After the 7:30am and 9:00am Masses
Breakfast plate (pancakes, eggs, sausage), coffee, Juice,
Pastries

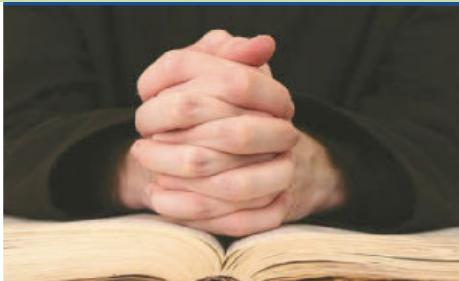
LUNCH: After the 10:30am; 12:15pm; and 2:00pm masses
Mexican Tacos, Nachos/Cheese, Chips, desserts, and more

Please come and support our Altar Servers Ministry, they are
preparing and serving all the food



Shop Park Lane Jewelry,
Tupperware, Princess
House, Hand crafted Yarn
Items, Handmade throws,
Home Crafted Jewelry,
Cookie Dream Baked Items,
Heaven in a Cup and much
More

Take your chance at a Raffle at Vendor Tables.



PRAY FOR

Mary Hennessey
Carlos de las casas Noriega
Mari Losno
Porfirio Loza
Russell Archibald
Martin Pina
Melosi Meredith
Carlos Jose Alegre
Amanda Dazo
Ernie Alvarez
Albert & Tina Kayo
Alicia Adia Yoo
Shawn Silva
Paul Hennessey
Carmelita Jante
Manuela Nabong
Pamela Enrique
Emmanuel Enrique

DONATIONS

St Vincent de Paul

offering for next week:

Peanut Butter

mantequilla de maní

Donations are very much
appreciated—but please no expired
food. ~ Thank You

CONTRIBUTIONS

CONTRIBUCIONES

COLLECTION FOR
September 3, 2023

1st Collection

\$.00

EFT Collection

\$.00

On Line Giving

\$.00

1st Collection TOTAL

\$.00

2nd Collection—Religious Education
Program \$.00

Donation amounts not available at
press Time but will be reported in
future bulletin

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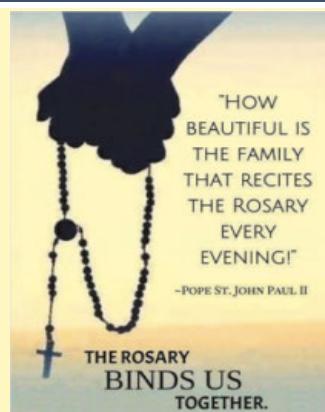
continued ...

One of the Pope's harshest American critics is the Rome-based Cardinal Raymond Burke. He served as bishop of the Diocese of La Crosse, Wisconsin, from 1995 to 2004, as archbishop of St. Louis from 2004 to 2008, and as the highest judge (apart from the Pope) on ecclesiastical judgements at the Vatican from 2008 to 2014. Then Pope Francis removed him from that position and gave him a largely ceremonial post without a reason. But Burke was one of the most vocal critics of a Vatican report that used conciliatory language toward people



with ways of life contrary to Catholic teaching, including those in same-sex unions and other non-marital relationships. In June 2013 Burke retired at age 75. His name was not announced as one of the 450 cardinals, bishops, priests, religious and laypeople who will be participating at the Synod assembled in October, 2023 to help chart the future of the Church. Burke wrote in the foreword of a new booklet from a conservative group criticizing the upcoming Synod, calling it deeply harmful and risked sowing confusion, error and division. The 100 page booklet is entitled "The Synodal Process Is a Pandora's Box: 100 Questions & Answers" and it is published in various languages by the conservative group American Society for the Defense of Tradition, Family and Property (TFP) with authors José Antonio Ureta and Julio Loredo de Izcue. Burke wrote in the booklet's foreword that "Synodality and its adjective, synodal, have become slogans behind which a revolution is at work to change radically the Church's self-understanding, in accord with a contemporary ideology which denies much of what the Church has always taught and practiced." Burke wrote of concerns that the Synod on Synodality is following the same path as the Germans. That German path started as a response to the clerical abuse crisis in Germany with the aim of giving laypeople more prominent roles in church leadership. However the process quickly diverted to calls by both laypeople and bishops in the discussion, for women to be ordained priests and for priests to administer blessings to same sex couples. Started in October 2021, Pope Francis' Synod on Synodality began with initial consultation with laypeople at the diocesan level. Reports summarizing conclusions went to national bishop's conferences. Then seven continental assemblies drafted an official working document to be discussed in October 2023, and there will be another discussion in October 2024. Pope Francis has previously remarked on how the Orthodox and Eastern Catholic churches have maintained a synod structure, and has said the universal Catholic Church must rediscover synodality and recover it in a way that promotes real participation, effective communication and responsibility for mission by all the baptized. At the Vatican, the general secretariat of the Synod has not commented on the booklet or Cardinal Burke's composing the foreword. Burke in the booklet thanked those who worked to create it and said "it is my hope that the fruit of their labors will become available to Catholics throughout the world for the building up of the Church," and he asked that the Virgin Mary would intercede so that "the grave harm which presently threatens the Church will be averted.

Sources: reuter.com, cruxnow.com, ncronline.org,



Come pray the rosary with your parish community.

We pray a multi-lingual rosary

on Thursday at 7:00 PM in the church
All are invited to come pray together.

The rosary is led by the Knights of Columbus.

MASS INTENTIONS

September 9-16, 2023

Saturday 4:30 PM

Domingo & Donatela Alonso †
Ann Swift †
Antonio de Guzman† (anniversary)

Saturday 6:00 PM

Moises & Maria Dolores Huerta †
Rosa Miranda †
Angelica Gomez †

Sunday 7:30 AM

Homer & Anita Ludwig †
Sam & Juanita Anderson †

Sunday 9:00 AM

Emma & Hazel Rodriguez (birthdays)
Katrina Salta Chong (birthday)
Katrina Dacir (thanksgiving)
Francis Carlo Salta (healing)
Ernesto Salta (healing)
Paula Santiago (healing)
Anna's Ancestors †
Edgar Delos Angeles †
Maria Brenda Tran †

Sunday 10:30 AM

Joamil Dela Cruz (special intention)
Johnmel Guiao (healing)
Victoria Villarina († birthday)
Christian & Dolores Reese †

Sunday 12:15 PM

Orlando Ebalo Jr (healing)
Maria Perez (healing)

Sunday 2:00 PM

Maria Cruz (salud)

Sunday 6:00 PM

The Community of St. Joachim

Monday 8:30 AM

Anthony Tai †
Mary Tran †
Evarista & Faustino Juan †

Tuesday 8:30 AM

Miriam & Paul Curameng (thanksgiving)
Mary Tran †

Wednesday 8:30 AM

Petter Phuong †
Ramon G. Garcia †
Mary Tran †

Wednesday 7:00 PM

Felipe Rosas †

Thursday 8:30 AM

Mary Tran †

Friday 8:30 AM

Ramil & Joanne Dela Cruz
(37th wedding anniversary)
Mary Tran †

Saturday 8:30 AM

Damian Chiam (birthday)
Mary Tran †
Aquino Salvador †(anniversary)



Cena Baile

Iglesia San Joaquin

Grupo Guadalupano los invita a su
tradicional baile, Nuestra Herencia Hispana

Sabado 23 de Septiembre

Gimnasio de San Joaquin
21250 Hesperian Blvd. Hayward

Puertas abren 5:30 pm

Cena 6:30 a 7:30 pm

Musica en vivo 7:00 a 11:00 pm

Venga con sus trajes tipicos, habrá
premio para el mejor traje

Ticket \$60.00

\$25.00 menores de 13 años
menores de 6 años gratis

Cena Baile

St. Joachim Church

The Guadalupano group invites you to their
annual dance Nuestra Herencia Hispana

Saturday September 23, 2023

St. Joachim Gymnasium
21250 Hesperian Blvd. Hayward

Doors Open 5:30 pm

Dinner 6:30 to 7:30 pm

Live Music 7:00 to 11:00 pm

Come with your traditional,
cultural wear, there will be a prize
for the best dressed.

Ticket \$60.00

\$25.00 for children under 13
Children under 6 enter free

Alimento para el viaje

Es posible que hayas escuchado la expresión: "*¡Sin Esfuerzo, No Hay Ganancia!*"! Por cliché que parezca, hay que decir algo sobre esta afirmación. Los deportistas son los que más entienden esta expresión. A medida que entran sus cuerpos para un deporte en particular, los deportistas deben disciplinarse y pasar por ejercicios rigurosos. Los dolores corporales son esperados y necesarios a medida que el cuerpo crece y se adapta. Por lo tanto, "*¡Sin Esfuerzo, No Hay Ganancia!*" significa que para lograr algo que valga la pena, uno debe comprometerse seriamente en el trabajo, que a menudo exige compromiso personal y sacrificio. ¿Podría decirse esto también de nuestra vida espiritual, una vida de conexión espiritual con Dios sostenida por la Sagrada Eucaristía?

La Iglesia enseña que la Sagrada Eucaristía es la fuente y la cumbre de nuestra vida cristiana. ¡Este Pan Sagrado también nutre nuestra alma porque es el Señor al que consumimos! Decimos que el Señor se hace tan pequeño que podemos tenerlo como nuestro Pan de Cada Día. Al comer y beber este Alimento Sagrado, se nos promete la vida eterna y el perdón de los pecados. Sin embargo, la experiencia cotidiana al recibir la Sagrada Eucaristía puede parecer algo muy cotidiano, cuando por ejemplo no nos sentimos más fuertes físicamente, o los problemas en casa o personales no desaparecen. ¿Dónde está entonces Su poder? ¿Dónde está lo hermoso que nos han enseñado?

La respuesta a estas preguntas es sorprendentemente simple: "*¡Sin Esfuerzo, No Hay Ganancia!*"! Déjame explicarte. El poder de la Sagrada Eucaristía sólo se puede sentir si el que recibe la comunión se dedica seriamente a las obras de fe. Por ejemplo, creemos que es el Señor quien se entrega en la Sagrada Eucaristía. Cuando recibimos la Sagrada Eucaristía, recibimos Su Cuerpo, Su Sangre, Su Alma y Su Divinidad. Nos convertimos en uno con Él. En otras palabras, ¡satisface el deseo de nuestro corazón y nos hace santos y buenos!

Mirando hacia mi pasado, me doy cuenta de que no sentía nada por la Misa porque no la entendía. No lo entendía tanto quizás como el fútbol con el que estaba tan comprometido. ¡Tanto como para levantarme temprano para correr y jugar a las 5:30 AM! Disfrutaba inmensamente del fútbol porque lo aprendí, practiqué y jugaba a diario. ¿Pero la Misa? La verdad es que no era igual. No aprendí sobre la Misa, por lo tanto, no creía. No conocía la Palabra de Dios y lo que significaba para mí. No oraba, ni ayunaba, ni me preparaba antes de la Misa. En verdad, no practicaba seriamente mi fe. No conocía mi fe; por lo tanto, no la amaba. No la amaba; por lo tanto, no me importaba; No me importaba, en consecuencia, necesitaba prepararme. No sentía nada por la Misa porque todavía no había hecho ninguna obra de fe antes o después de la Misa. "*¡Sin dolor, no había ganancia!*" para mí!

Los santos de Dios entienden muy bien el significado de la frase: "*¡Sin Esfuerzo, No Hay Ganancia!*"! San Juan María Vianney, en particular, soportó muchas dificultades y luchas. Se dedicó a trabajos pastorales y preparó su alma con penitencia, ayuno extremo, una vida austera y oración. Se acercó mucho a Cristo, y sus obras fueron tan influyentes que se entregó a Dios. El santo nos enseña que sólo haciendo estas obras podemos conocer el poder de ese amor y confianza, y aún más, conocer la satisfacción prometida por la Sagrada Eucaristía.

Después de entregarse totalmente a nosotros en la Sagrada Eucaristía, el Señor nos pide que vayamos y hagamos discípulos de todas las naciones llevándolo a Él con nosotros como alimento para el viaje. ¡Él nos pide que nos involucremos en las obras de salvación y no permanezcamos ociosos! ¿Quieres conocer y sentir el poder de la presencia del Señor en la Sagrada Eucaristía? ¡Recuerda: "*¡Sin Esfuerzo, No Hay Ganancia!*"! o como se dice en Ingles: "*No Pain, No Gain!*" ¡Manos a la obra!

Padre Anthony Huong Le
Párroco, Misión San José – Fremont



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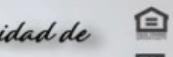


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