

**St. Joachim**  
*Catholic Church*



**Iglesia Católica**  
*de San Joaquín*

21250 Hesperian Blvd, Hayward, CA 94541 | 510-783-2766 | [www.stjoachim.net](http://www.stjoachim.net)

Feb. 9,  
2025

## Fifth Sunday in Ordinary Time



### Mass Schedule ~ Reconciliation ~ Adoration

#### Weekend Masses

Saturday 4:30 PM, 6:00 PM (Español)  
Sunday 7:30, 9:00, 10:30 AM, 12:15 PM,  
2:00 PM (Español) & 6:00 PM (Español)

#### Daily Mass

8:30 AM Monday—Saturday  
7:00 PM Miércoles (Español)

#### Reconciliation

Saturday 3-4 PM, Wednesday 6-7 PM  
Miércoles 6-7 PM (Español)

#### Adoration ~ Benediction

Every Friday—9 AM till 1 PM  
and on First Friday 6 PM-9 PM



United in faith and guided by the Holy Spirit.

## **(PRACTICING) CATHOLIC – THE CATCH**

By Colleen Jurkiewicz Dorman

**Mini Reflection:** What does it mean to lower your net? It means to listen to God, even when you don't understand Him. It means to keep trying the hard thing that you know is the right thing. It means to keep loving the person who is making life hard on you.

### **The Catch**

I love today's Gospel passage, and not just because I love a good fish fry.

I love it because I am Peter. Over and over again, I am Peter, standing here exhausted because I relied on my own abilities, and it got me nowhere. I'm ready to call it quits. I'm ready to say it's too hard. And here comes Jesus, asking me to lower my net. To keep trying.

And I try to talk sense into him. "It's not going to work, God," I insist. "I've been trying."

"You've been trying," Jesus agrees. "But you haven't asked for my help yet."

What does it mean to lower your net? It sounds so simple and so easy, but it takes a great deal of humility and trust. I think I'm the expert on my own life, the captain of my own ship. Peter probably thought so, too — he was the fisherman, after all. Why would a fisherman listen to a carpenter on matters of fishing?

Lowering your net means giving God control and letting yourself be changed by what He chooses to show you.

It means to listen to God's instructions, even when you don't understand them, even when you find them frustrating. It means to keep trying the hard thing that you know is the right thing, even when it hasn't born much fruit. It means to keep loving the person who is making life hard on you, even when all you want to do is give into feelings of bitterness and distrust.

If we would only lower our nets, the catch would astound us.

©LPi

## **(PRACTICANDO) CATÓLICA: RECONOCE A DIOS EN TUS MOMENTOS ORDINARIOS**

Por Colleen Jurkiewicz Dorman

**Mini Reflexión:** ¿Qué significa bajar la red? Significa escuchar a Dios, incluso cuando no lo entiendes. Significa seguir intentando lo difícil que sabes que es lo correcto. Significa seguir amando a la persona que te está haciendo la vida difícil.

### **La Pesca**

Me encanta el pasaje del Evangelio de hoy, y no solo porque me guste un buen pescado frito.

Me encanta porque soy Pedro. Una y otra vez, soy Pedro, parado aquí exhausto porque confié en mis propias habilidades, y eso no me llevó a ninguna parte. Estoy lista para rendirme. Estoy lista para decir que es demasiado difícil. Y aquí viene Jesús, pidiéndome que baje la red. A seguir intentándolo.

Y trato de hacerle entrar en razón. "No va a funcionar, Dios," insisto. "Lo he estado intentando."

"Lo has estado intentando," concuerda Jesús. "Pero aún no me has pedido ayuda."

¿Qué significa bajar la red? Suena tan simple y tan fácil, pero requiere una gran cantidad de humildad y confianza. Yo creo que soy la experta en mi propia vida, el capitán de mi propio barco. Probablemente Pedro también lo pensaba: después de todo, él era el pescador. ¿Por qué un pescador escucharía a un carpintero en asuntos de pesca?

Bajar tu red significa darle a Dios el control y dejarte cambiar por lo que Él elige mostrarte.

Significa escuchar las instrucciones de Dios, incluso cuando no las entiendes, incluso cuando las encuentras frustrantes. Significa seguir intentando lo que sea difícil y que sabes que es lo correcto, incluso cuando no ha dado muchos frutos. Significa seguir amando a la persona que te está haciendo la vida difícil, incluso cuando todo lo que quieres hacer es ceder a sentimientos de amargura y desconfianza.

Si tan solo bajáramos nuestras redes, la pesca nos asombraría.

© LPi

## WEEKLY READINGS

Readings for the Week  
of February 9, 2025

### Sun/Dom:

Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8  
(1c)/1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-11

### Mon/Lunes:

Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24  
and 35c/Mk 6:53-56

### Tues/Martes:

Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9/Mk 7:1-13

### Wed/Mier:

Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28,  
29bc-30/Mk 7:14-23

### Thurs/Juev:

Gn 2:18-25/Ps 128:1-2, 3, 4-5/Mk 7:24-30

### Fri/Vier:

Gn 3:1-8/Ps 32:1-2, 5, 6, 7/Mk 7:31-37

### Sat/Sab:

Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13/  
Mk 8:1-10

### Next Sun./Dom:

Jer 17:5-8/Ps 1:1-2, 3, 4, 6, (40:5a)/  
1 Cor 15:12, 16-20/Lk 6:17, 20-26

## THE WEEK AHEAD

Thursday—February 13th 7:00 PM  
Multi-Lingual Rosary in the Church,  
led by the Knights of Columbus.

Friday—Sunday, February 14-16, 2025  
Second Year Confirmation Retreat, keep  
our young people in your prayers

## OFFICE INFORMATION

### Parish Office

510-783-2766

### Parish Fax

510-783-2760

### Parish Email

stjoachimoffice@gmail.com

### Parish Office Hours

Monday & Friday (*lunes y viernes*)  
11:00 AM— 7:00 PM  
Tuesday & Thursday (*martes y jueves*)  
— 11:00 AM—5:00 PM  
Wednesday (*miercoles*)  
—1:00 PM— 7:00 PM  
Bilingual available Mon.,Wed, Fri  
(*lunes, miercoles y viernes*)  
— 3:00 PM— 7:00 PM

### Rev. Henry Noga, SVD

Pastor  
Monday, Tuesday, Wednesday, & Friday  
10 AM to 12 PM  
5 PM to 8 PM (*with appointment*)  
lunes, martes, miércoles, y viernes  
10 AM a 12 PM  
5 PM a 8 PM (*con cita*)

### Rev. Emilio Reyes, SVD

Parochial Vicar  
Monday, Wednesday, Thursday, & Friday  
10:00 AM to 12:00 PM  
5 PM to 8 PM (*with appointment*)  
lunes, miércoles, jueves y viernes  
10:00 AM a 12:00 PM  
5 PM a 8 PM (*con cita*)

### Ariel Mayormita

Music Director/Director de Música  
Phone Ext. #223  
stjoachimmusicl@gmail.com

### Flor Herce

Bookkeeper

### Pat Ludwig

Secretary

### Fabiola Ordaz

Bilingual Receptionist

### St. Vincent de Paul

510-783-0344

### Office hours

1:00-2:30 PM ONLY  
Monday-Friday  
Gary Enos, President

## Faith Formation

### Formación de Fe

Baptism Preparation Classes—Eng/Sp  
First Communion—Eng/Sp  
Youth Confirmation—Eng  
Marriage Preparation Classes—Sp  
RCIA for Adults—Eng/Sp

### Confirmation Coordinator

Gabriela Perez  
Stjyouthconfirmation@gmail.com

## Church Ministries

Amigos de Cristo  
Bible Study—Sp  
Fil-Am Ministry  
Guadalupanos  
Knights of Columbus—Eng/Sp  
Lectors Eng/Sp  
Legion of Mary—Eng/Sp  
Ministry to the Sick—Eng/Sp  
Music Ministry—Eng/Sp

~Contact the parish office for information  
on any of the above ministries

~Comuníquese con la oficina de la rectoría  
para obtener información sobre cualquiera  
de los ministerios mencionados  
anteriormente.

### St. Joachim School Escuela de San Joaquín

510-783-3177

### Dana Bayer

Principal

### Sandra Garzon

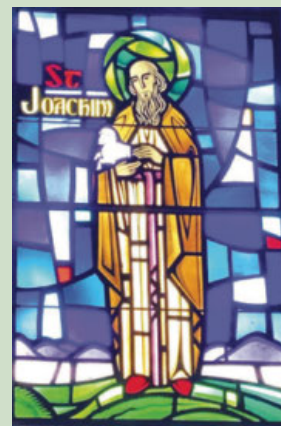
School Secretary

### St. Joachim Pre-School

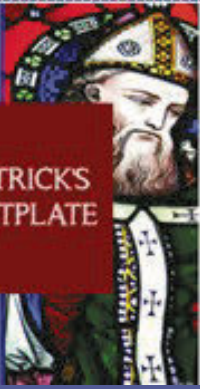
510-783-0604

### Marisa Melgarejo

Director



**ST. PATRICK'S BREASTPLATE**



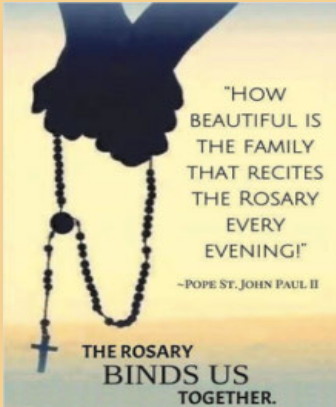
**Devotions, *Explained!***

St. Patrick's Breastplate is an ancient Irish prayer attributed to St. Patrick. Its eleven sections call upon different elements of divine protection, beseeching Christ to surround the physical and spiritual reality of those who say it.

**Prayer When Facing the Unknown**

Dear Jesus,  
When you call me to places where I am unfamiliar, be with me. When you invite me to a mission I feel ill-equipped to handle, give me your strength. Help me to leave everything and follow you.

Amen.



All are invited to come and pray the rosary with your parish community. We pray a multi-lingual rosary on Thursday at 7:00 PM in the church. All are invited to come pray together. The rosary is led by the Knights of Columbus.

**Live The Liturgy**  
Inspiration of the Week

"I am a sinful man," says Simon Peter as he falls to his knees before Jesus. He had doubted the Lord, had hesitated to follow his instructions. How often can the same be said of us? Remember that God knows the outcome. He knows our nets will be filled. Do not be afraid.



**PLEASE PRAY FOR**

- Marissa Dela Cruz
- Shawn Silva
- Celestina Enrique
- Lelia Nocon
- Yesenia Oseguera
- Malosi Meredith
- Sally-Ann Thomas
- Junior Thomas
- Chaz Decoteau
- Porfirio Loza
- Ernie Alvarez
- Andrew Nocon
- Emil Oafsson
- Josephine Alvarez
- Crystal Clark
- River Smith
- Margie San Juan
- Bill Markham
- Irene Di Grazia

**DONATIONS**

**St Vincent de Paul**

offering for next week:

- Jelly or Crackers
- Jalea y Galletas

Donations are very much appreciated—but please no expired food. ~ Thanks

Scan to donate to the Church  
*Escanear para donar ala Iglesia*



**CONTRIBUTIONS**  
**CONTRIBUCIONES**

**COLLECTION FOR**  
**February 2, 2025**

1st Collection  
**\$ 10,115.00**

EFT Collection  
**\$ 240.00**

On Line Giving  
**\$1,286.00**

1st Collection  
**TOTAL**

**\$ 11,641.00**

2nd collection—  
Faith Formation  
**\$2,918 .00**

## VATICAN CORNER

In 2014, Russia annexed Crimea from Ukraine, and in February 2022 it made a full-scale invasion of Ukraine. The war still continues, with soldiers being killed at a pace not seen in Europe since World War II. Russia has been making slow advances, but has suffered huge casualties as had the Ukrainians. It is difficult to calculate the number of casualties, since both sides keep that information secret. However, some estimates have the number of Ukrainian soldiers killed at 70,000 with 35,000 missing. The number of Russian soldiers killed is



thought to be one- and-a-half to two times those of the Ukrainians. The numbers of severely injured soldiers on both sides are probably much greater. Currently there are more than 400,000 Russians facing about 250,000 Ukrainians on the front line. Russia is able to rebuild its weakened invasion force by drawing on a population four times bigger than Ukraine's. It is drafting soldiers for the first time since World War II, and including felons and debtors. Ukraine has increased its

bounties for new recruits, and is encouraging people accused of crimes to enlist in exchange for charges dropped. Ukrainian artillery, explosive drones and land mines are killing Russian troops, as they continually attempt to attack across no-man's land. Exposed Ukrainian soldiers are suffering heavy casualties from Russian drones, shells and glide bombs coming from afar. In May of 2023, Pope Francis said that Ukraine should have the courage of the "white flag" and negotiate an end to the war, and that talks should take place with the help of international powers. The Turkish president offered to host a peace summit. Ukrainian president Volodymyr Zelenskyy said he wants peace but he will not give up any territory. Pope Francis sent a peace envoy, Italian Cardinal Matteo Zuppi, to Kyiv, Moscow and Washington to talk with leaders of those countries. Francis said "One may feel shame about negotiating, but how many dead will it (the war) end up with? Francis has made hundreds of appeals for what he calls "martyred Ukraine", and has offered himself to mediate negotiations. On February 1, 2025, Pope Francis made a surprise video conference with 250 young Ukrainians in Kyiv and in other cities in Europe and America. This was probably the first time that Ukrainian youth had the opportunity to talk with the Pope in this way. He told the youth "One of the hardest things is to forgive, and this is difficult for everyone, even me." "What helps him pardon someone is remembering, "I must forgive as I have been forgiven. Each one of us must look in our own life for how we have been forgiven." "Forgiveness is very difficult. We always try to wage war and respond to a punch with another punch." But to build a future of peace, "we have to forgive each other. Always." The gathering had prayers and testimonies from the youth. Pope Francis said "We must remember these heroes of ours who defended the nation." "War always destroys, it is terrible. One of the most horrible things is war." He said "The only way forward is dialogue." "Dialogue always, dialogue among us, even with those who are against us. Please, never tire of dialogue. Peace is built through dialogue. It is true that sometimes it is not possible, because of the stubbornness of some, but always make the effort."

Sources: [cruxnow.com](http://cruxnow.com), [catholicnewsagency.com](http://catholicnewsagency.com), [aleteia.org](http://aleteia.org), [vaticannews.va](http://vaticannews.va), [nytimes.com](http://nytimes.com), [catholicreview.org](http://catholicreview.org).

## MASS INTENTIONS

February 8-15, 2025

### Saturday 4:30 PM

David, Stella & Terence Pereira †  
Maxima Purisima †  
Karen Claudia Castaneda †

### Saturday 6:00 PM

Yocelin Reyna Gaspar (*salud*)  
Margarita Ambriz DeDamian †  
(*1st aniversario*)

Guadalupe Toledo †  
Nallely & Juan Ponce †  
Aurora, Rafael & Juvenal Torres †

### Sunday 7:30 AM

Carl & Adrienne Talaue (*thanksgiving*)  
Gregorio Sampaga † (*anniversary*)  
Ana Marie Ramos †

### Sunday 9:00 AM

Garrett Salomone (*thanksgiving*)  
Christopher John Gutierrez (*thanksgiving*)  
Reynaldo & Manuela Rara (*healing*)  
Adeliza Magallones (*healing*)  
Edgar Delos Angeles †  
David Tayco †  
Guillermo Rara †  
Anna's Ancestors †

### Sunday 10:30 AM

Sandra & David Paglieroni  
(*12th wedding anniversary*)  
Rheyнар Guiao (*healing*)  
David Marinay Brown †  
Rafael Valderrama Jr. †  
Roberto Dandan †  
Carol Ann D'Mello †

### Sunday 12:15 PM

The Community of St. Joachim

### Sunday 2:00 PM

Maria Cruz (*cumpleanos*)

### Sunday 6:00 PM

John Stuart †  
Isabel Ochoa †

### Monday 8:30 AM

Joamil Dela Cruz (*special intention*)  
Johnmel Guiao (*healing*)  
Guillermo Rara †

### Tuesday 8:30 AM

Paolo & Rhodora Rodriguez  
(*13th wedding anniversary*)  
Alex & Angela Dizon family (*thanksgiving*)  
Ismael Parras † (*anniversary*)  
Leonor Clemente † (*anniversary*)

### Wednesday 8:30 AM

Francis Carlo Salta (*healing*)  
Caridad dela Cruz †  
Freddie Matienzo †

### Wednesday 7:00 PM

Leticia, Hector & Carolina Cruz  
(*intencion especial*)  
Rodolfo Gonzalez † (*4th aniversario*)  
Alfredo Gonzalez † (*4th aniversario*)  
Antonio Guevara †

### Thursday 8:30 AM

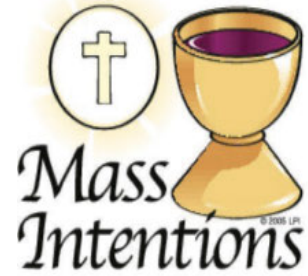
Vincent Parras (*birthday*)

### Friday 8:30 AM

Angelique Solomone (*thanksgiving*)  
Rosemarie Parras ( † *birthday*)

### Saturday 8:30 AM

Cary Paul (*birthday*)  
Paul Dung Kieu †  
Helen Green †  
Aguido Dela Cruz † (*12th anniversary*)



CLASES DE BIBLIA (ESPAÑOL)	
HALL (Salón Social) de San Joaquín	
DÍA	HORA
LUNES*	7:00PM - 9:00PM
VIERNES	5:30PM - 7:00PM
VIERNES	7:15PM - 8:30PM
* Clase de iniciación	



## Sacraments

**Baptism** — We encourage you to baptize infants shortly after they are born. We ask that the parents be registered at the church at least for three months before they baptize. We do group baptisms once a month in Spanish and once a month in English. Each child can have two godparents, one male and one female, or may be baptized with only one godparent. If your family wishes to have more than two godparents they are welcome to be there but would not be on the certificate. The godparents have to be at least 16 yrs. old and have received all applicable sacraments, meaning they have to be baptized, made their first communion and confirmation. If they are married, either to each other or to other people they would need to be married in the Catholic Church. They would need to give us a copy of their confirmation certificate and marriage certificate (if married). Godparents would need to have their parish priest sign the godparent form. Both parents and godparents will attend a baptism class prior to the baptism.

**First Communion** — You can sign your child up to begin First Communion classes to start in September of the year that they turn Seven or older. The children will attend classes for two years. Classes take place during the regular school year. Classes are available in English or Spanish. If the child is taking the classes in Spanish they would need to be able to read and write in Spanish. Registrations for the classes will be in June. When you come to register for class you will need to bring a copy of the child's birth certificate and baptism certificate.

**Confirmation** — Confirmation class like First Communion is a two year process. They can start their first year when they begin high school. Confirmation classes are in English. Registration is in June at the same time as First Communion. Please bring copies of their birth certificate, baptism certificate and first communion certificate. Classes start in September.

**Adult Confirmation** — If you have reached the age of 18 and not yet been confirmed you can sign up for Adult Confirmation classes. These classes meet once a week in the evenings. Classes are available in both English and Spanish. Just like regular First Communion and Confirmation Classes, registration will begin in June. Certificate requirements would be the same— please bring copies of birth, baptism, and first communion certificates. The length of time of the class depends on the adult and where you are in your faith journey. Many adults complete this sacramental preparation in about nine months.

**Adult Baptism and First Communion**— The process for receiving these two sacraments are similar to adult confirmation. Classes are held in the evening and are available in both English and Spanish.

**Marriage** — We ask for couples to plan at least six months in advance. Before you call to make an appointment with the priest you will need to contact the church that you were baptized in and request a newly printed copy of your baptism certificate and tell them that it is for the purpose of marriage. You will also need a copy of your first communion and confirmation certificates. These two can be copies of the original or newly printed. Once you have these certificates you can call to make an appointment with the Priest. Once you have met with the priest, he can then allow you to set your wedding date on the church calendar. You will also attend a marriage preparation class before your wedding.

Should you have any questions on any of the above Sacraments, please contact the Rectory office.

## Sacramentos

**Bautismo:** Los alentamos a bautizar a los bebés poco después de que nazcan. Pedimos que los padres se registren en la iglesia al menos durante tres meses antes de bautizar. Hacemos bautismos grupales una vez al mes en español y una vez al mes en inglés. Cada niño puede tener dos padrinos, un hombre y una mujer, o puede ser bautizado con un solo padrino. Si su familia desea tener más de dos padrinos, pueden estar presentes, pero no aparecerían en el certificado. Los padrinos deben tener al menos 16 años de edad y hayan recibido todos los sacramentos aplicables, lo que significa que deben ser bautizados, hacer su primera comunión y confirmación. Si están casados, ya sea entre ellos o con otras personas, deberían estar casados por la Iglesia Católica. Tendrían que darnos una copia de su certificado de confirmación y certificado de matrimonio (si están casados). Los padrinos necesitarían que su párroco firmara el formulario de padrino. Tanto los padres como los padrinos asistirán a una clase de bautismo antes del bautismo.

**Primera Comunión:** puede inscribir a su hijo para que comience las clases de Primera Comunión en septiembre del año en que cumpla siete años o más. Los niños asistirán a clases durante dos años. Las clases tienen lugar durante el año escolar regular. Las clases están disponibles en inglés o español. Si el niño está tomando las clases en español, necesitará saber leer y escribir en español. Las inscripciones a las clases serán en junio. Cuando venga a registrarse para la clase, deberá traer una copia del certificado de nacimiento y el certificado de bautismo del niño.

**Confirmación:** la clase de confirmación, como la primera comunión, es un proceso de dos años. Pueden comenzar su primer año cuando comienzan la escuela preparatoria. Las clases de confirmación son en inglés. La inscripción es en junio, al mismo tiempo que la Primera Comunión. Favor de traer copias de su acta de nacimiento, acta de bautismo y acta de primera comunión. Las clases comienzan en septiembre.

**Confirmación para adultos:** si ha cumplido 18 años y aún no ha sido confirmado, puede inscribirse en las clases de Confirmación para adultos. Estas clases se reúnen una vez a la semana por las tardes. Las clases están disponibles en inglés y español. Al igual que las clases regulares de Primera Comunión y Confirmación, el registro comenzará en junio. Los requisitos para el certificado serían los mismos: traiga copias de los certificados de nacimiento, bautismo y primera comunión. La duración de la clase depende del adulto y de dónde te encuentres en tu camino de fe. Que los adultos completen esta preparación sacramental en unos nueve meses.

**Bautismo y primera comunión de adultos:** el proceso para recibir estos dos sacramentos es similar a la confirmación de un adulto. Las clases se imparten por la noche y están disponibles tanto en inglés como en español.

**Matrimonio:** pedimos a las parejas que planifiquen con al menos seis meses de anticipación. Antes de llamar para hacer una cita con el sacerdote, deberá comunicarse con la iglesia en la que se bautizó y solicitar una copia recién impresa de su certificado de bautismo y decirles que es con el propósito de casarse. También necesitará una copia de su primera comunión y certificados de confirmación. Estos dos pueden ser copias del original o recién impresos. Una vez que tenga estos certificados, puede llamar para concertar una cita con el sacerdote. Una vez que se haya reunido con el sacerdote, él podrá permitirle fijar la fecha de su boda en el calendario de la iglesia. También asistirá a una clase de preparación matrimonial antes de su boda.

Si tiene alguna pregunta sobre cualquiera de los sacramentos anteriores, comuníquese con la oficina de la rectoría.



We are looking forward to meeting you.

### Jovie Nannies + Sitters

Email us at:  
norcalrecruiting@jovie.com  
**(415) 432-8346**

### WE ARE HIRING

Loving, dependable, experienced, nannies and sitters to care for the babies, infants and toddlers of our Jovie families located throughout the San Francisco Bay Area. We have full-time and part-time positions available. Please scan the attached QR code to apply and set up your job interview with our team, or go to our employment application website at this link:

<https://qrco.de/mmksc>



### Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

**AD CREATOR STUDIO**



[4lpi.com/adcreator](http://4lpi.com/adcreator)

CIRQUE MEETS "THE PASSION"  
ON SALE NOW

# THE THORN

MARCH 4  
MARCH 5

SAN JOSE CENTER FOR THE PERFORMING ARTS

TICKETS & MORE INFO: [THETHORN.COM](http://thethorn.com)

## Center For Implant Dentistry

**\$14,990**  
per jaw

EXTREME *Smile* MAKE OVER



Free Consultation with CT Scan  
Fixed Permanent Teeth in 2-4 Days

Serving California  
Phone (510) 574-0496  
[www.bayareaimplantdentistry.com](http://www.bayareaimplantdentistry.com)

### DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging, ad-supported print and digital newsletters to reach your community.

Visit [lpicommunities.com](http://lpicommunities.com)

OUR COMMUNITY NEWSLETTER  
NOVEMBER EDITION

Scan to contact us!



## LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

**CONTACT ME Donna Touros**

[dtouros@4LPi.com](mailto:dtouros@4LPi.com) • (800) 950-9952 x2610

SUPPORT OUR ADVERTISERS!

## Savior PLUMBING

All Service and Repair

**925-461-8549**

[www.SaviorPlumbing.com](http://www.SaviorPlumbing.com)  
"Servicing the East Bay"

### TN DENTAL

20924 Mission Blvd • Hayward, CA  
510-317-0999

- Abierto Sabados
- Cuidado Suave
- Planes de pago
- Mayoria de Aseguranzas aceptadas

### ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

Authorized Provider SafeStreets

**833-287-3502**

### IF YOU LIVE ALONE You Need

**MDMedAlert!** ✓ Ambulance/Police  
✓ Family/Friends  
✓ GPS & Fall Alert

As Low As **\$19<sup>95</sup>** /mo.

**CALL NOW! 800.808.9294**  
[md-medalert.com](http://md-medalert.com)

SUPPORT OUR ADVERTISERS!