



Church of the Most Holy Trinity



15TH SUNDAY IN ORDINARY TIME • JULY 11, 2021

CENTER INFORMATION

Ministry Center

405 Ballard St • El Cajon, CA 92019
(619) 444-9425 • Fax (619)444-9426
Mon, Tues, Thurs, Fri 8:30am-5:00pm
Sunday 8:30am-12:00pm

School

509 Ballard St • El Cajon, CA 92019
(619) 444-7529/ www.holytrinityhawks.com

Preschool: 619-444-1052

Daycare: 619-447-4406

STAFF

Pastor..... Fr. Reynaldo Manahan
frmanahan@holytrinityelcajon.org
.....Deacon Tim Treadwell
timothy.treadwell86@gmail.com
Principal..... Julia Marentez
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Music Ministry..... Wendy Andersen
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Outreach ProgramCindy Craig
holytrinityoutreach@gmail.com
Hall RentalsFarrah Saldaña
619-760-3698



15TH SUNDAY IN ORDINARY TIME

Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits. The Twelve drove out many demons, and they anointed with oil many who were sick and cured them. - Mk 6:7, 13

En aquel tiempo, llamó Jesús a los Doce, los envió de dos en dos y les dio poder sobre los espíritus inmundos.
Expulsaban a los demonios, unguían con aceite a los enfermos y los curaban. - Mc 6, 7. 13

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Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano

PARISH ORGANIZATIONS & GROUPS

Pastoral Council **TBA**

..... As Announced

Mesa Pastoral **TBA**

3rd Sunday(bimonthly)... 1:30pm

San Pedro Calungsod **TBA**

1st Sunday8:00am

Legion of Mary **TBA**

Monday 3:30pm

Guadalupe Association **TBA**

1st Sunday 1:30pm

Spanish Prayer **TBA**

Thursday.....9:00am

Youth Group **TBA**

2nd & 4th Sunday..... 7:00pm

English Choir **TBA**

Wednesday 7:00pm

Spanish Choir **TBA**

Sunday 7:00pm

Prayers & Squares

1st & 3rd Saturday..... 10:00am

K of C **TBA**

2nd Thursday 7:00pm

Young Adults **TBA**

.....

French Prayer Group **TBA**

1st Saturday 6:30pm

Baptisms

Please make arrangements at least three months in advance with the Ministry Staff. Pre-baptismal Seminar is required for parents and sponsors

Confessions

Saturdays 3:30 to 4:30 PM or by appointment

Marriages

A nine-month notice is asked of the couple. Please make an appointment with the Ministry Staff. Active parish participation is encouraged.

Quinceañeras

Contact Ministry Center

Hall Rental

Our parish hall is available for rent to private parties and can seat up to 800 people. Call Farrah Saldaña.

MASSES

Monday-Friday8:00am

Saturday 5:00pm

Sunday8:00am

..... 10:00am

Spanish/ Español

Saturday 7:00pm

Sunday12:00pm

Welcome! Bienvenidos! أهلاً وسهلاً



Holy Trinity is a parish community in the Roman Catholic Diocese of San Diego. We gather as God's people to worship Him and to be renewed in faith, hope and love. As individuals, we come from a diversity of cultures, ages, state in life, ethnic heritage and backgrounds; yet all are united in One Body, the Church. In the Eucharist we are strengthened in our communion with Jesus Christ and each other. We are to be Who we receive, and bring the Light of Christ whenever and wherever we are.

Holy Trinity is open to all people of good will. Anyone with a sincere heart can have a saving encounter with Jesus Christ because we believe He is present in the Word we proclaim, in the Sacraments we celebrate, in the priest acting in the Person of Christ, and in each one of us gathered in His Name.

LIVE THE LITURGY

God calls us to bring His Word to all corners of the earth. What does that mean for you and me? We are just simple and humble folks trying to find our way through the Gospel and our world. After all, we are not professional preachers but gentle servants. Jesus summons us to take his message on the road and bring it from the pew to the pavement. We cannot keep the joy of the Gospel to ourselves but must bring it into every aspect of our lives: our families, our schools, our work, our corporations, our politics, our social circles, and our philosophies. We cannot just accept the wisdom of the world as true and conduct our lives as if the Good News is a separate matter. They are one. Jesus never asked his friends to go and construct buildings where people could come to hear the truth. He asked them to go to their homes and meet them one on one, face to face. When the rubber meets the road and the message is challenging, rejection is quite possible. That's the litmus test for whether we're really doing what we have been asked.

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READINGS OF THE WEEK

Sunday: Am 7:12-15/Ps 85:9-10, 11-12, 13-14 [8]/Eph 1:3-14 or 1:3-10/Mk 6:7-13

Monday: Ex 1:8-14, 22/Ps 124:1b-3, 4-6, 7-8 [8a]/Mt 10:34—11:1

Tuesday: Ex 2:1-15a/Ps 69:3, 14, 30-31, 33-34 [cf. 33]/Mt 11:20-24

Wednesday: Ex 3:1-6, 9-12/Ps 103:1b-2, 3-4, 6-7 [8a]/Mt 11:25-27

Thursday: Ex 3:13-20/Ps 105:1 and 5, 8-9, 24-25, 26-27 [8a]/Mt 11:28-30

Friday: Ex 11:10—12:14/Ps 116:12-13, 15 and 16bc, 17-18 [13]/Mt 12:1-8

Saturday: Ex 12:37-42/Ps 136:1 and 23-24, 10-12, 13-15/Mt 12:14-21

Next Sunday: Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 [1]/Eph 2:13-18/Mk 6:30-34



Eucharistic Adoration

Remain close to the Lord in adoration and contemplative prayer.

Every Friday at 7:00 am inside the church

Spend some time with Jesus and Grow in your faith and spirituality.

Please pray for our recently deceased parishioners:
 Art Littlefield, Emilia Aramburo, Joan Heventhal, Henry Orr, Esme Mitchell, Rogelio Estrada, Benjamin Gallo, Yolanda Maruffo, Carmen Upton, Rose Nichols, Maria Olivia Gomez, Leoniza Manahan

Please pray for our sick:
 Robert Gortorez, Pat Dillinger, Moises Aguilar, Laura Sanchez, Peter Unpingco, George Gleason

SUNDAY'S READINGS

First Reading:

The LORD took me from following the flock, and said to me, "Go, prophesy to my people Israel." (Am 12:15)

Psalms:

Lord, let us see your kindness, and grant us your salvation. (Ps 85)

Second Reading:

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavens, as he chose us in him, before the foundation of the world, to be holy and without blemish before him. (Eph 1:3-4)

Gospel:

Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits. (Mk 6:7)

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MASS INTENTIONS

July 10, Saturday

5:00pm..... † Jim Sosnowski
 7:00pm..... † David Hernandez

July 11, Sunday

8:00am..... † Mary Helen Cerda
 10:00am... † Merlinda Magahiz
 12:00pm Int Andres & Adrian Raygoza

July 12, Monday

8:00am..... † Dominic La Russa

July 13, Tuesday

8:00am..... † Ebelina Calderon

July 14, Wednesday

July 15, Thursday

8:00am..... † Monique Fung

July 16, Friday

8:00am..... † Maclovio Neri
 † Antonia Segura

COLLECTION REPORT

June 20, 2021

Loose Cash\$2,850.00
 Envelopes & Checks\$5,516.00
 EFT (estimated)..... \$650.00
 Total Collection.....\$8,366.00
 Budgeted amount: \$16,250.00.
 Thank you for your generosity.

Other Collections

Parish Facilities\$1,350.00
 School Support.....\$1,000.00
 Outreach\$145.00
 Music..... \$0.00
 Father's Day\$606.00

ADULT FAITH MINISTRY

Prayers & Squares, Quilts

Meetings are on the 1st and 3rd Saturday of the month. 10am to 1pm in Conference Room. For more information or to request a quilt call Lenore Wade at 619-442-0202.

Bible Study

Wednesday at 3:00 pm

GOSPEL MEDITATION

Maybe the work is best left to the professionals. That's how many people view the preaching of the Gospel. That's the stuff priests, religious, deacons, lay ministers, and other professional Church people do. It has little to do with me. Well, that's not really true. The fact of the matter is that preaching the Gospel has everything to do with you, with all of us who are baptized members of the Body of Christ. Nobody gets off the hook from that job. The question is, however, how do we do it? Well, there's a safe way, which many choose, to preach the Gospel — and the risky way. The safe way pretty much keeps the Gospel in church and around like-minded people. I say my prayers, go to Mass, contribute to the food pantry, tithe, and attend Bible Study. That pretty much covers the bases, right? Wrong.

The risky way is the more challenging way and for many, the “road less traveled.” Imagine those first disciples going out and into people's homes. They must have had some amazing conversations with folks about God's kingdom, changing their hearts, forgiving sins, and looking at the world differently. They must have met people who were hurting, exiled from their communities, neglected, lost, or living self-insulated lives in a society that served the rich and neglected the poor. While there were many who welcomed what they had to say and the conversations they had, there were others who no doubt rejected them and literally tossed them out on their ears! The Gospel, while being a message of joy and hope, is not always received well by those who are very comfortable keeping things as they are.

The risky way involves example and conversation. We have to take the Gospel from church and carry it with us wherever we go. What kinds of conversations do we have with others? We interact with those closest to us, in our work, social circles, institutions, corporations, in politics, and beyond. Our conversations with others reveal a great deal about how we see things and what we consider important. If we are really interested in seeing God's vision for the world succeed, then we will talk about it. It will become a part of our everyday

conversation and find its way into our interactions with others. How will we preserve the dignity of human life and encourage others to have a relationship with God? We must be the example, live value centered, virtuous lives, stand against injustice, combating racism, and learn ways to resolve conflicts without violence.

If we are going to succeed going forward, we have to find a way to bring our prayer centered lives into the marketplace. Our conversations have to change. Not everyone wants to hear what the Gospel has to say. That's a risk God asks us to take.

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Every Tuesday
From 7:00pm to 8:30pm
For more information call the Ministry
Center at 619-444-9425

PREGUNTAS DE LA SEMANA

Primera Lectura

El sacerdote Amasías fue amenazado por las visiones del Señor recibidas por Amós que advirtieron de la destrucción de Israel. La defensa de Amós es que fue elegido por Dios para profetizar. ¿Cuándo ha sido tu fe una amenaza para los demás?

Segunda Lectura

Pablo habla de la abundancia de bendiciones que recibimos de Dios como creyentes en Jesucristo. Pablo afirma que estas bendiciones nos hacen “santos y sin mancha” ante Dios. ¿A quién en tu vida debes compartir este mensaje de esperanza y redención?

Evangelio

Durante su ministerio público, Jesús comisionó a los Doce Apóstoles a evangelizar predicando el arrepentimiento y sanando a los enfermos y endemoniados. ¿Cuáles crees que son herramientas eficaces para la evangelización el día de hoy? ©LPi

Flocknote

If you know others that might want to receive our Parish updates via Flocknote, they can text the word htfamily to 84576 or connect with us online at holytrinitychurch4.flocknote.com

EVERYDAY STEWARDSHIP

What We Carry from Town to Town

In my experience, there are two kinds of people: the folks who kick off their shoes the second they walk through the door, and the ones who don't.

People can feel strongly about this on both sides. The main thrust of the Shoes-Off Brigade seems to be this: we track a lot of weird stuff on the soles of our feet. Little reminders of all the places we've been — whether it's a private home or a public bathroom — cling to our shoes long after we leave.

This same theory applies to our spiritual lives. As human beings and as disciples, we visit a lot of figurative towns and pick up a lot of figurative dust. Sinfulness. Shame. Defeat. Anger. Fear. Doubt. No matter how hard we try to keep free of it, these things have a way of attaching themselves to us, sometimes without us even noticing. We need to take a good look at what unhelpful and unconstructive baggage from our past we're tracking into our present and future encounters.

What is the "town" God is asking you to visit today in His name? Is it a tough conversation with a friend, a brief witness to a stranger in the checkout line, a call to be present to someone in your family? Before you go, remember, shake off the dust. Don't let a past disappointment constrain you. Don't allow yesterday's failures or burdens to keep you from the joy of today's witness, whatever form it might take.

— Tracy Earl Welliver, MTS
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WHY DO WE DO THAT?

Question:

What kind of religious practices should we begin, once we marry, to help us practice our faith each day?

Answer:

Your spiritual life as a couple is important. The sacrament of Marriage is a gift and a grace, but living it well isn't always easy! It requires intentionality and perseverance. Growing your spiritual life as a couple also requires a plan. Life can be incredibly busy. There's never "enough time" for everything we want to do. But we can live by our priorities. If we don't prioritize prayer, we'll find it slowly disappear from our lives.

If you're not already praying individually, that's a good place to start. If your schedules are similar, take some quiet time at the same time to help hold each other accountable. Praying together is also important! You could start by looking at the religious practices of your family and of families around you that you respect. Talk with your spouse about the ones who make the deepest impression on you or were most meaningful when you were young. Think about what you want your future children to experience. Making faith a commitment now will mean it is engrained habit when you grow your family. Ultimately, these faith practices should help us grow in our love for God and for one another.

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Faith Formation Programs

English Sessions, 2nd—6th grades

Wednesdays, 5:30pm-7:00pm

Spanish Sessions, 1st—6th grades

Sundays, 10:00am-11:30am

Middle School Faith Formation

Mondays, 6:00pm-7:00pm

High School Faith Formation

1st Year—Tuesdays, 6:00pm– 7:00pm

2nd Year—Thursdays, 6:00pm– 7:00pm

Evangelio según San Marcos 6,7-13.

Entonces llamó a los Doce y los envió de dos en dos, dándoles poder sobre los espíritus impuros.

Y les ordenó que no llevaran para el camino más que un bastón; ni pan, ni alforja, ni dinero;

que fueran calzados con sandalias, y que no tuvieran dos túnicas.

Les dijo: "Permanezcan en la casa donde les den alojamiento hasta el momento de partir. Si no los reciben en un lugar y la gente no los escucha, al salir de allí, sacudan hasta el polvo de sus pies, en testimonio contra ellos".

Entonces fueron a predicar, exhortando a la conversión;

expulsaron a muchos demonios y curaron a numerosos enfermos, ungiéndolos con óleo.

Extraído de la Biblia: Libro del Pueblo de Dios

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LAS LECTURAS DE LA SEMANA

Domingo: Am 7, 12-15/Sal 84, 9-10. 11-12. 13-14 [8]/Ef 1, 3-14 o 1, 3-10/Mc 6, 7-13

Lunes: Ex 1, 8-14. 22/Sal 123, 1-3. 4-6. 7-8 [8]/Mt 10, 34—11, 1

Martes: Ex 2, 1-15/Sal 68, 3. 14. 30-31. 33-34 [cfr. 33]/Mt 11, 20-24

Miércoles: Ex 3, 1-6. 9-12/Sal 102, 1-2. 3-4. 6-7 [8]/Mt 11, 25-27

Jueves: Ex 3, 13-20/Sal 104, 1 y 5. 8-9. 24-25. 26-27 [8]/Mt 11, 28-30

Viernes: Ex 11, 10—12, 14/Sal 115, 12-13. 15 y 16. 17-18 [13]/Mt 12, 1-8

Sábado: Ex 12, 37-42/Sal 135, 1 y 23-24. 10-12. 13-15/Mt 12, 14-21

Domingo siguiente: Jr 23, 1-6/Sal 22, 1-3. 3-4. 5. 6 [1]/Ef 2, 13-18/Mc 6, 30-34

Rito de Iniciación Cristiana para Adultos

SI TIENES 18 AÑOS O MAS Y NO HAS RECIBIDO LOS SACRAMENTOS DE INICIACIÓN QUE SON 3: BAUTISMO, PRIMERA COMUNIÓN Y CONFIRMACIÓN. TE INVITAMOS A QUE PARTICIPES EN ESTE PROGRAMA.

LAS CLASES DEL **R.I.C.A.** EMPIEZAN EN **SEPTIEMBRE**. PARA MAS INFORMACION LLAMA A LA OFICINA DE MINISTERIOS AL 619-444-9425.



MEDITACIÓN EVANGÉLICO

Este domingo, la Palabra de Dios nos invita a tener en cuenta dos características: “Hoy narra el momento en el que Jesús envía a los doce en misión: Se detiene en el estilo del enviado, que podemos resumir en dos puntos: la misión tiene un centro; la misión tiene un rostro. El discípulo misionero tiene antes que nada su centro de referencia, que es la persona de Jesús. Y la segunda característica del estilo misionero es, por así decir, un rostro que consiste en la pobreza de los medios. Su equipamiento responde a un criterio de sobriedad” (Papa Francisco (7/15/2018).

¿Quién es el responsable de responder al mensaje de Jesús y del Papa Francisco actualmente?

Sencillamente, todos los bautizados somos enviados a llevar a cabo el mensaje de Jesús. Teniendo en cuenta que es su mensaje, no mi mensaje. Todos los bautizados somos llamados a dar testimonio del amor liberador del Reino anunciado por Jesús. Y en este tiempo de pandemia, de descontrol, de sufrimiento y de muerte, ¿qué anunciamos, qué misión y mensaje tenemos a cargo? Siempre, es la misma misión y mensaje, un anuncio de conversión, de volver nuestra mirada y corazón al Señor. Existe, tanto por hacer, mucho que sanar, mucho que curar en la

familia, y en la sociedad. En resumen, reflexionemos en las últimas palabras del Evangelio de hoy:

“Fueron, pues, a predicar, invitando a la conversión. Expulsaban a muchos espíritus malos y sanaban a numerosos enfermos, ungiéndoles con aceite” (Marcos 6:12). Seamos, pues, discípulos misioneros fieles y comprometidos a su Palabra. En cualquiera que sea nuestra vocación, siempre de dos en dos. ¡Misión y mensaje!

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Flocknote

Si le gusta recibir estas actualizaciones y puede pensar en alguien más que podría no estar en nuestra lista, no dude en enviárselo.

Pueden suscribirse fácilmente para recibir futuras notas enviando un mensaje de texto a htfamily al 202-765-3441 o ir a la página web de holytrinitychurch4.flocknote.com

LA CORRESPONSABILIDAD DIARIA

Lo que llevamos de pueblo en pueblo

En mi experiencia, hay dos tipos de personas: las personas que se quitan los zapatos en el momento en que entran por la puerta y las que no lo hacen.

La gente puede sentirse muy convencida de esto en ambos lados. El principal impulso de la Brigada sin zapatos parece ser el siguiente: rastreamos muchas cosas raras en las plantas de nuestros pies. Pequeños recordatorios de todos los lugares en los que hemos estado, ya sea una casa privada o un baño público, se aferran a nuestros zapatos mucho después de que nos vamos.

Esta misma teoría se aplica a nuestra vida espiritual. Como seres humanos y como discípulos, visitamos muchos pueblos figurativos y recogemos mucho polvo figurativo. Pecaminosidad. Vergüenza. Fracaso. Enojo. Miedo. Duda. No importa cuánto tratemos de mantenernos libres de ellas, estas cosas tienen una forma de adherirse a nosotros, a veces sin que nos demos cuenta. Necesitamos echar un buen vistazo al equipaje inútil y poco constructivo de nuestro pasado que estamos rastreando en nuestros encuentros presentes y futuros.

¿Cuál es la “ciudad” que Dios te pide que visites hoy en Su nombre? ¿Es una conversación difícil con un amigo, un breve testimonio a un extraño en la fila de la caja, una llamada para estar presente con alguien de tu familia? Antes de irte, recuerda, sacúdete el polvo. No dejes que una decepción pasada te limite. No permitas que los fracasos o las cargas de ayer te alejen del gozo del testimonio de hoy, cualquiera que sea la forma que adoptes.

— Tracy Earl Welliver, MTS ©LPi



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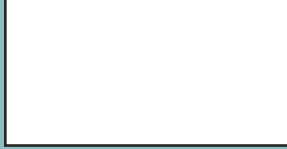
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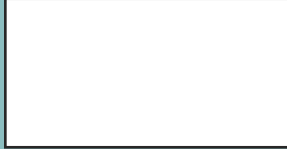
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