

### MASSES, SACRAMENTS & DEVOTIONS MISAS, SACRAMENTOS Y DEVOCIO

#### Daily Mass/Misa Diaria

Monday - Friday 8:00 AM 8:00 AM 1st Saturday

Holy Day/Holidays 8:00 AM and 7PM (UNLESS OTHERWISE NOTED)

#### **Weekend Masses**

Saturday / Sabados 5:00 PM (ENGLISH) Sunday / Domingos 8:00 AM (ENGLISH)

10:30 AM (SPANISH/ ESPAÑOL)

### Reconciliation / Reconciliación Sacred Heart Devotion

Saturdays at 3:330pm and by appointment, call Parish office / Sabados a las 3:30pm y por cita favor de llamar a la oficina parroquial

#### **Anointing of the Sick / Unción** de los enfermos

Please call the Parish Office / Por favor llame a la Oficina Parroquial

#### **Holy Orders / Órdenes** sagradas

Please call Fr. Ignatius / Favor de communicarse con el P. Ignacio

#### **Homebound Communion /** Comunión en casa

Please call the Parish Office/llamar a la Oficina Parroquial

First Fridays after the morning Mass

**Adoration of the Blessed** Sacrament / Adoración del **Santísimo Sacramento** 

1rst Friday after Morning Mass until 8pm

#### **Divine Mercy Chaplet**

#### **ADMINISTRATION**

**Pastor** 

Rev. Ignatius Dibeashi

#### **Deacons**

Mr. Andres Escobedo Mr. William Turner

#### SUPPORT STAFF

**Business Manager** Mrs. Wanda Kehler

Bookkeeper Mrs. Darlene MacDonnell

**Faith Formation Coordinator** Mrs. Veronica Brewster

**Youth Coordinator** 

#### CONTACT INFORMATION

**Parish Office** (760) 789-0583 **Fax Number** 

(760) 789-3875

**Faith Formation** (760) 789-0583 Ext. 1006

#### **OFFICE HOURS**

**Monday-Thursday** 8:00 AM - 12:00 PM 1:00 PM - 3:00 PM

**Friday** 

8:00 AM- 11:30 AM **Closed on Holidays** 

Website

www.ihmramona.org

#### **SACRAMENTOS**

#### **Bautizos**

Los padres se deben comunicar con la oficina parroquial con 3 meses de anticipación.

La pareja debe hablar con el Padre con 1 año de anticipación.

#### Ouinceañeras

Las familias se debe comunicar con la oficina parroquial 2 años antes de la ceremonia para hablar de los requisitos.

#### **SACRAMENTS**

#### **Baptisms**

Parents should contact the parish office at least 3 months prior.

#### **Marriages**

Couples must contact the parish office 1 year in advance.

#### **PRAYERS & INTENTIONS / ORACIONES E INTENCIONES**

LET US PRAY FOR THOSE IN NEED / OREMOS POR LOS NECESITADOS

Michelle Scott, Kim Lasley, Jean Scofield,
Barbara Necker, Connie Barber, Anne Acheson,
Ana Chavez, Mark Clark, Janeth Valdez, E.C. Busby
Dave & Jan Kettle, Maria Gonzalez,
Alfredo de los Cobos, Kevin Cavely, Donna Malloy,
Jordan Verhoeven, Michelle Myers, Elaina Garcia,
Richard Jarrett, Craig Jung, Gerardo Collazo Jr.,
Christina Ron, Luis Garcia, Baltazar Beltran,
Thalia Cervantes, David Madison, Dominic Chavez,
Jennifer Chavez

Sustain them with your power, Lord / Señor sostenlos en tu poder.

#### LET US PRAY FOR THE DECEASED/ OREMOS POR LOS FALLECIDOS

#### Mrs. Patricia Wilson

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace.

Dales el descanso eterno Señor, y permite que la luz perpetua brille sobre ellos. Que descansen en paz.

### MASS INTENTIONS FOR THIS WEEK INTENCIONES DE LAS MISAS DE ESTA SEMANA

Sun	Jan 16	8:00 AM	Greg Fernandez †
		10:30 AM	Gonzalo Flores Carillo Birthday Celebration
Mon	Jan 17	8:00 AM	Juan Carlos Vazquez & Omar Moreno †
Tue	Jan 18	8:00 AM	James Schmitzerle †
Wed	Jan 19	8:00 AM	Greg Fernandez †
hurs	Jan 20	8:00 AM	Gonzalo Flores Calderon Birthday Celebration
Fri	Jan 21	8:00 AM	Abby Calvillo †

Sat Jan 22 5:00 PM Rosalio Ruiz †

### Weekly Collection Report January 9th, 2022

Sacrificial Giving	Amount	Contributing Families
Basket	\$1,050.00	
Envelope	\$4,692.00	85
Online	\$3,270.00	44
Total	\$8967.00	129

#### **ONLINE GIVING**



Thank you to all parishioners who give online, we are encouraging all our parishioners to consider, when possible, giving online or mailing in offertory gifts to help continue meeting the financial obligations of the parish, or check out the parish's website below for details on

setting up online giving if you have not already done so.

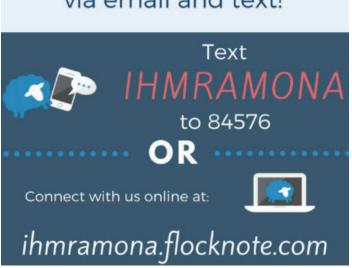
ww.ihmramona.org

### OUR PARISH IS NOW USING FLOCKNOTE

TO COMMUNICATE!

Help us ensure everyone is up to date with all events and ministries in our Parish. Follow instructions below and start being part of our Flock!

# Keep in touch with us via email and text!



### WEEKLY PRAYER

#### **READINGS FOR THE WEEK OF JANUARY 16, 2022**

Sunday: Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 [3]/1 Cor 12:4-11/Jn 2:1-11

Monday: 1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23/Mk 2:18-22

Tuesday: 1 Sm 16:1-13/Ps 89:20, 21-22, 27-28/Mk 2:23-28

Wednesday: 1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10/Mk 3:1-6

**Thursday:** 1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13/Mk 3:7-12

Friday: 1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11/Mk 3:13-19

Saturday: 2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21

Next Sunday: Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-

14, 27/Lk 1:1-4; 4:14-21

#### **OBSERVANCES FOR THE WEEK OF JANUARY 16, 2022**

Sunday: 2nd Sunday in Ordinary Time

Monday: Martin Luther King Day; St. Anthony, Abbot

Tuesday: Week of Prayer for Christian Unity

Thursday: St. Fabian, Pope and Martyr; St. Sebastian, Martyr

Friday: St. Agnes, Virgin and Martyr

Saturday: Day of Prayer for the Legal Protection of Unborn Children

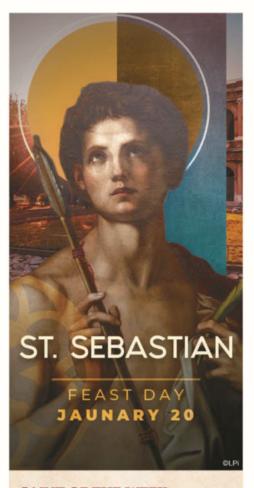
Next Sunday: 3rd Sunday in Ordinary Time; St. Vincent, Deacon and Martyr;

St. Marianne Cope, Virgin

#### LIVE THE LITURGY

#### Inspiration for the week

Relationships are hard to clarify. Determining whether people in our lives are simply acquaintances and associates or a deeper level of friend is a journey that takes time. Identifying and celebrating those people who really care about us is a lifelong adventure that involves both moments of intense elation and heartache. Some relationships are more easily definable than others. Two people who are in love must decide whether the love they share has the freedom and depth necessary for lifelong commitments. Other relationships may look like friendship but may harbor grave dysfunction and toxicity. Discernment is needed on all fronts. Our relationship with God also needs definition and discernment. God has taken creation as His spouse and human beings as His children. God delights in us and all that He has made. The wedding feast at Cana demonstrates God's investment in all of this, especially our happiness. Life is a time for celebration and great rejoicing!



#### SAINT OF THE WEEK

Not much is known about the life of St. Sebastian (256 – 287), except that he was a Roman martyr whose name has been mentioned throughout history since early 350.

We see St. Sebastian many times in art, especially from iconic paintings from Guido Reni, Andrea Mantegna and Hendrick ter Brugghen. Historical scholars now agree that a spiritual story has the beloved saint entering the Roman army because only there could he assist Christian martyrs without arousing suspicion on himself. Eventually he was found out, brought before Emperor Diocletian and delivered to Mauritanian archers to be shot to death. Pierced with arrows, he was left for dead, but managed to survive. He recovered from his wounds but still refused to leave.

One day, St. Sebastian took up a position near where the emperor was to pass. He confronted the emperor, condemning him for his cruelty to Christians. This time the sentence of death was carried out, and St. Sebastian was beaten to death with clubs. Today he is the patron saint of athletes.

SUNDAY, JANUARY 16, 2022 | 2ND SUNDAY IN ORDINARY TIME

#### **GOSPEL MEDITATION**

#### ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

God delights in you. How do you feel when you hear that? Delight usually comes with an exuberant flow of joy that seemingly arises from one's toes with the expression of great glee. Reflecting upon the deep measure of joy God has in us can be a source of joy for ourselves. Delight is infectious. A very young brother and sister were playing on the beach when the all too familiar ice cream truck made its daily rounds. The boy shook with excitement and delight as he took his sister's hand and exclaimed, "The ice cream man is here, isn't it great!" As they ran off toward the truck, one could hear the girl reply, "Yeah, I can't wait!" The experience of a child's delight in something so simple as ice cream, lifts our spirits from our burdens and transports us to the lighter, more innocent side of life.

Life is not meant to be a burden. Believe it or not, God actually wants us to be happy! In fact, the wedding feast at Cana shows us that God even puts His blessing on our happiness. It is okay to celebrate the wonder



of ourselves and others. Life is good. It is always interesting to note that Jesus saves the good wine until last. You would think it would be the other way around. The superb quality of Jesus' wine points to the superior quality of life we find in Christ. It is not a life of burdens but a life of wonder and delight! In Christ, we are lifted from the superficial and mundane to a life of purpose, hope, and love.

God is with us through the long haul, through the challenges and sorrows as

well as the successes and accomplishments. In spite of the fact that we often wander from the path, God's celebratory delight in us remains. As spouses are asked to remain faithful to each other through whatever life brings, God remains faithful too. This promise remains through this life and into the next. All we have to do is take the advice of Jesus' mother to heart when she says. "Listen to him." This wisdom saves us from foolishly giving in to the illusion that we can make better wine than Jesus.

There was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding.

When the wine ran short, the mother of Jesus said to him, "They have no wine."

- Jn 2:1-3

Excerpts from the Lectionary for Mass @2001, 1998, 1970 C

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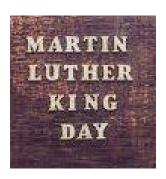
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**JANUARY 16, 2022** 

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#### FAMILY LIFE AND SPIRITUALITY / VIDA FAMILIAR Y ESPIRITUALIDAD

The Parish office will be closed on Monday, January 17<sup>th</sup> in observance of Martin Luther King, Jr. Day.



La oficina parroquial estará cerrada el lunes 17 de enero en observación del Día de Martin Luther King, Jr.

> Father Joe's Villages Ladies Guild Roaring 20s Fundraiser

> > February 21, 2022 Hilton Mission Valley







### FATHER JOE'S LADIES GUILD PRESENTS: "THE ROARING 20'S"

Monday February 21,2022
San Diego Mission Valley Hilton Parking \$3/Car 10:30 AM--Silent Auction, Preview & Social Hour 12:00--Entertainment, Luncheon, Drawing/Silent Auction \$60.00 per person, Table of 10-\$600.00. All Proceeds benefit the children at Father Joe's Villages

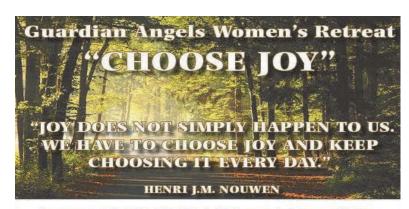
Reservations, donations and information: Kathy McKinley kmcocoa@gmail.com or 619-207-9546 Nona del Bene 760-399-2640



When Samuel went to sleep in his place, the Lord came and revealed his presence, calling out, "Samuel, Samuel!" Samuel answered, "Speak for your servant is listening." 1 Samuel 3:9-10

Today, we hear Samuel respond eagerly "Here I am!" each time our Lord calls him. A good steward must always be listening for the call of God in his/her life and be ready to respond like Samuel. "Speak, Lord, for your servant is listening."

Do we not hear our Lord when he calls us? Or do we hear him and not respond? God is depending on us to respond to his call to serve his church here on earth.



January 28-30, 2022 | Prince of Peace Abbey 650 Benet Hill Road | Oceanside, CA 92054 ~ Music ~ Presentations ~ Small Group Discussion ~ ~ Personal Reflection ~ Fellowship ~

Join us in the quiet of the Prince of Peace Abbey for a weekend of prayer, reflection, relaxation and renewal of faith. This year's presenter is Mary Szymanski. Our theme will explore the ways in which we experience joy, what takes away our joy and how to live the joyous life Christ promised.

#### Retreat Cost: \$250

Fee includes facilities, your room and all meals, including Friday Dinner if you arrive by 6:00 PM; through Sunday Lunch.

Double rooms & Single Rooms\* (\* limited number first come, first served basis.)



Register early!

For registration information contact: Carol Anne DeMars (619) 562-0658



JANUARY 19-27, 2022

9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.



Join today at www.9daysforlife.com!

3 WAYS TO JOIN 9DaysforLife.com

Únase a miles de católicos de todo el país en la novena anual de Respeto a la Vida, *9 días por la vida*, del **Miércoles 19 al Jueves 27 de Enero**. Obtenga las intenciones diarias, breves reflexiones y mucho más. Inscríbete en **9daysforlife.com.** 

Join thousands of Catholics nationwide in the annual Respect Life novena, 9

Days for Life, Wednesday, January 19 – Thursday, January 27. Get daily intentions, brief reflections, and more. Sign up at 9daysforlife.com!



#### 19 al 27 de enero de 2022

9 Días por la Vida es una novena por la protección de la vida humana. La intención de cada día va acompañada de una breve reflexión y una sugerencia para la acción que ayuden a construir la cultura de la vida.



Únete hoy en www.9daysforlife.com\*!



#### FAMILY LIFE AND SPIRITUALITY / VIDA FAMILIAR Y ESPIRITUALIDAD









Presenter: ValLimar Jansen

> **Holy Trinity Parish** 9:30 am - 3:00 pm 405 Ballard St, El Cajon, CA 92019



For more information or to register please visit our website:

www.sdcatholicdisciples.net

or contact Clara Arias: carias@sdcatholic.org Office for Evangelization and **Catechetical Ministry** 



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ValLimar Jansen Is a highly regarded

inspirational catechetical speaker singer, composer and recording artist. She is also a leader of worship & prayer and a workshop presenter at conferences across the US.

**Holy Trinity Parish** 405 Ballard St, El Cajon, CA 92019

4.5 Renewal credit hours will be granted to those with current Catechetical Certification!

Eucharist. As one community, one Body of Christ, we gather to

share in the mission and to reflect on the significance of the

Source and Summit.

->>>> <<<<

#### FAITH FORMATION / FORMACIÓN DE FÉ



January 1st is a great time in our lives to reflect on the past year and set goals to grow and become better in the next — even if some of our resolutions are a little far-reaching.

This Christmas season provides us with an opportunity to seek and commit to new ways of loving Jesus better in the coming year. It could mean committing to offering your day to Jesus with a prayer every morning, making it to at least one weekday Mass per week, or asking Mary to help you in loving her son by praying a daily or weekly Rosary. You could also commit to getting to know the lives of the saints better, so you can emulate them, as they emulated Christ. Or you can commit to studying your faith more, by reading Scripture, the Catechism, and magisterial documents, or to sharing your faith more by evangelizing and doing good works for others. The possibilities are endless!

But how do we make sure that our Liturgical New Year's resolutions don't just slip away from us since Advent is over and we get stuck in a Christmas-cookie-coma?

- 1. **PRAY!** Ask God to guide you in making your resolutions and trust that He will give you the necessary grace to follow through with those that will truly draw you closer to Him.
- **2. Set resolutions that will challenge you!** Don't be afraid of setting a goal or committing to something that seems difficult. Nobody ever grew without enduring some kind of challenge!
- **3. Keep going when it gets tiring/boring/monotonous/fill-in-the-blank.** Do your best to persevere in your commitments, even when they don't feel like they're drawing you closer to God. It's in these moments that Our Lord gives you the opportunity to love him purely for who He is as God, not just for what He can give you as Savior. Never pass up an opportunity to show God that you love Him even when He doesn't give you good feelings and happy thoughts He didn't pass up that opportunity for you on the Cross.
- **4. Write down your resolutions!** Write them in ink and stick them somewhere you'll always be reminded of your goals. This way, when you pass that little resolution note everyday, you'll be reminded of your commitment.

**Merry Christmas and Happy New Year!** 

#### **DIRECTORY OF MINISTRIES**

Adoration

Lidia Dinero 760-703-0179 (First

Friday of each month)

**Altar Servers** 

Dcn. Bill Turner 760-315-2319 Anna Macagba (scheduling)

**Art & Environment** 

Joe Tipane 760-533-0877 Suzanne Stanton 760-803-1995

Baptism (Infant)

Trudy McMenamin 406-249-0211

Preparation class by reservation

**Bereavement** 

Darlene MacDonnell 760-315-1119

**Bible Study** 

**Book Club** 

Connie Poland 760-500-2843

4th Monday of each month

**BSA Cub Scout Religious Emblems** 

Leticia Martinez 760-500-1967 Desiree Washington 775-434-3443

**Centering Prayer** 

Joan Gansert 760-518-2081

Children's Liturgy

**EADM (Divine Mercy)** 

Jan Donovan 908-578-9442

**Extraordinary Eucharistic Ministers**Nancy Schaefer 619-988-6679

Family Life & Spirituality

Dcn. Bill Turner 760-315-2319

Feed the Hungry

Lauren Underwood 732-300-0667

FIL-AM Group

Ellen Watkins 858-837-2582

**Finance Council** 

Lori Garrow 760-576-4005

For Life

Connie Poland 760-500-2843

Giving Tree Parish office

**Hearing Impaired** 

Karen Boyle 760-789-8412

Homebound

Andy & Mary Canales 619-929-7427

Hospitality

Luisa Janabajal 619-863-6479

**Knights of Columbus 9133** 

Richard Vaca 760-789-7633

2nd Wednesday each month

Lectors

Dcn. Bill Turner 760-315-2319

Ellie Carrano (scheduling)

**Marriage Preparation** 

Call the parish office

Music Coordinador

Wayne Wagner 760-310-6276

Parish Nurses

Mary Alice Staggs 760-443-0067

**Pastoral Council** 

Nola Burger 619-981-8045

**Prayers & Squares** 

Mary Alice Staggs 760-443-0067

**Recycling Program** 

760-789-0583

Retrouvaille of SoCal

Charlie & Charlene Victory

951-259-9475

**Rosary for Peace** 

Tony Vaca 858-254-5435

Social Justice (Catholic)

**Vacation Bible School** 

**Vocations** 

Mary Alice Staggs 760-443-0067

#### **DIRECTORIO DE MINISTERIOS**

#### Grupo de Oración

Conchita Olivas 760-685-8803

Ministros Extraordinarios de la

Eucaristía

Tomas Abazan 760-643-7940

Proclamadores de la Palabra

Jackie Rodríguez 760-453-4403

Hospitalidad

Liliana Velasco 760-705-0290

Sacristanes

Rodolfo Pahua 760-712-2077

**Visita de enfermos (Homebound)** Eliomar Pineda 760-703-1407

Servidores del Altar

Antonio Delgado 760-575-0711

Rito de Iniciación Cristiana (RICA)

Verónica Brewster

Movimiento Unidos en la Fe

Reynaldo Tinoco 760-877-7300

Adoración Eucarística

Lidia Dinero 760-703-0179

Grupo Guadalupano

Jackie Rodríguez 760-453-4403

Divina Misericordia

Lidia Dinero 760-703-0179 / Conchita Olivas 760-685-8803

Retrouvaille—Redescubrir para matrimonios 619-423-0182

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