

SACRED HEART  
PLAZA, ND

SAINT BRIDGET  
Box 519  
Parshall, ND  
Fr. Terry Wipf  
701- 226-1609

SAINT ELIZABETH  
MAKOTI, ND

# 4th SUNDAY OF ORDINARY TIME

## MASS SCHEDULE

### WEEKEND MASS SCHEDULE

St. Bridget Sunday 8:30am  
St. Elizabeth Sunday 10:30am  
Sacred Heart Saturday 5:00pm

### WEEKDAY MASS SCHEDULE

Wednesday 5:00 pm	St. Bridget	Parshall
Thursday 9:00 am	St. Bridget	Parshall
Friday 9:00am	St. Bridget	Parshall

### QUOTE OF THE WEEK

“Rivers do not drink their own water; trees do not eat their own fruit; the sun does not shine on itself and flowers do not spread their fragrance for themselves. Living for others is a rule of nature. We are all born to help each other. No matter how difficult it is..... Life is good when you are happy; but much better when others are happy because of you.” ~ Pope Francis

### FACEBOOK PAGE

ParshallPlazaMakotiCatholicChurches  
Fr. Terry will be live streaming Masses to the Facebook page.

### UPCOMING MASS SCHEDULE

Changing mass times beginning the first weekend in February.

The times will be Makoti 5:00pm Saturday  
Plaza 8:30am Sunday  
Parshall 10:30am Sunday.

The first weekend of February is February 6-7.  
Thank you! Fr. Terry

### MEMORARE

**Bishop Kagan asks of us to pray this daily for an end to the Corna Virus.**

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

### EXPERIENCE THE YEAR OF ST. JOSEPH

When you experience the Year of St. Joseph with Relevant Radio you'll receive a free *Living the Year of St. Joseph booklet*, access to our "19 on the 19th" speaker series about St. Joseph, weekly Mass devotions to St. Joseph, and more! Use the link below to experience a year with St. Joseph. <https://relevantradio.com/yearofjoseph/>

**SPIRITUAL WORK OF MERCY:** It is a Spiritual Work of Mercy to pray for the deceased. The death toll in the United States is now 399,000+ and world-wide death toll is now at 2,040,000+ due to Covid-19. Many of these persons have been buried without the customary religious services, and some have no one to pray for the repose of their souls. While we continue to pray for an end to the pandemic and all those who have been affected, in charity, let us not forget to assist the faithful departed with our prayers and Masses. **Faithful Departed Prayer:** Eternal rest grant unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. Amen. May the souls of the faithful departed, through the mercy of God, rest in Peace. Amen.

**COVID VACCINE RESOURCES:** The United States Conference of Catholic Bishops (USCCB) has provided a new COVID-19 vaccine educational resource, entitled "Answers to Key Ethical Questions About COVID-19 Vaccines." The purpose of this document is to provide concise answers to the most frequently asked ethical questions about COVID-19 vaccines and to provide resources for further study. Here is the link to the document: click on this site and then the article - <https://www.usccb.org/resources/moral-considerations-regarding-new-covid-19-vaccines>

## **BULLETIN INFORMATION**

If you have anything for the bulletin please email me by Monday evening to get into the weekly bulletin. Always looking for something new to publish. Thank you! Bobbi.Shegrud@k12.nd.us 701-720-3998

### **COVID-19 GUIDELINES**

We would like to share a few reminders with you per the Diocese of Bismarck Directives.

- \*Stay home if you are feeling ill.
- \*Hand Sanitizer is always available at the entrance. Please sanitize your hands as you enter the building.
- \*Face Masks are not required to enter the building or to attend Mass, but we strongly encourage you to wear one for your safety and the safety of others around you.
- \*Social Distancing guidelines are still in effect, and we ask that you do not congregate in the Pews or Gathering Spaces after Mass.
- \*Communion may be received either in the hand or on the tongue. Hand Sanitizer will be used by the priest after each communicant receives on the tongue.
- \*Confessions will be heard behind the scree.
- \*The dispensation from the Sunday obligation remains in effect.

### **LIVE THE LITURGY - INSPIRATION FOR THE WEEK**

Most of us are not trail blazers. Throughout history though, there have been many folks who tirelessly and persistently pursued the promptings of their hearts without giving any care to what others thought or trends dictated. Jesus is one of them. St. Teresa of Calcutta and St. Francis of Assisi are examples of others. The rest of us are people who take a more measured look at things, want to test the waters, and take our time choosing what path or person to follow. We need credible witnesses of faith. We need the Moses people in our lives to show us by word and deed who God is and what integrity and a purpose-driven life looks like. They are the pointers to truth, who even though they struggle themselves, seem to embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and caught the attention of the greatest of skeptics. They were astonished. Even though we need our human prophets we can also be somewhat prophetic ourselves by putting integrity and conviction behind our embrace of the Gospel. Perhaps much to our surprise, we all have the power to be a credible witness. Are you willing to give it a try?

### **EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS**

#### **Embracing Change in Christ**

It's officially one month since we popped the champagne, toasted 2021 and wrote down a list of resolutions. This is usually the time when we start to take a good, hard look in the mirror to assess what we have done — or have not done — with the first month of this brand-new year.

New years can be scary, can't they? Full of promise, sure, but also full of room for failure. Full of space for our old baggage, old fears and the continuation of old mistakes.

The same can be said of Christ, and the new life he offers us, if we are brave enough to accept it. Opportunities like that can be intimidating. In that moment, we might find ourselves like the man with the unclean spirit crying out: "What have you to do with me, Jesus of Nazareth? Have you come to destroy us?"

Jesus is a comforter of the afflicted; he is a consoling figure, but he is also a challenging one. Sometimes we have grown attached to our afflictions. The idea of correcting bad habits or forming new ones is frankly terrifying to us. We have a voice deep inside who sees Christ and his invitation to repentance, and it cries out in fear: "I know who you are!"

When we live in the present, disavowing the baggage of the past or fear of the future, we submit ourselves to the promise of redemption. Let us be brave everyday stewards and invite Christ's healing power into our lives. We won't regret it — I'm sure the demoniac never did.

— Tracy Earl Welliver, MTS

**WEEKLY READINGS AND OBSERVANCES**  
**ENGAGE PARISHIONERS IN DAILY MASS AND PRAYER**

**Readings for the week of January 31, 2021**

Sunday: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/Mk 1:21-28  
Monday: Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20  
Tuesday: Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/Lk 2:22-40 or 2:22-32  
Wednesday: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6  
Thursday: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13  
Friday: Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29  
Saturday: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34  
Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/Mk 1:29-39

**Observances for the week of January 31, 2021**

Sunday: 4th Sunday in Ordinary Time; Catholic Schools Week  
Monday:  
Tuesday: The Presentation of the Lord; World Day for Consecrated Life  
Wednesday: St. Blaise, Bishop and Martyr; St. Ansgar, Bishop  
Thursday:  
Friday: St. Agatha, Virgin and Martyr  
Saturday: St. Paul Miki and Companions, Martyrs  
Next Sunday: 5th Sunday in Ordinary Time

**GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE**  
**JANUARY 31, 2021 4<sup>TH</sup> SUNDAY IN ORDINARY TIME**

Most of us are quiet people who desire to live a good and holy life, promote the values and mission of the Gospel as best we can and desire to one day inherit the surprise of life eternal God promises to us. We are not trail blazers. We are simple people who want to do the simple things of life well. But there are others who left a more profound impact along the way of the paths they walked. Folks like Dorothy Day, Martin Luther King, Thomas Merton, Gandhi, St. Teresa of Calcutta, and many others left lasting impacts and legacies. Like Moses, they show us by word and deed who God is and what integrity and a purpose driven life look like. They show us how to be holy. We need Moses people like these to give us inspiration, hope and an example of holy living.

We do not need to do what they did or even mirror their relationship with God. Each one of us is God's special creation, with a purpose and soul known only to us. We need to learn how to open up and bring, without compromise, our soul-ness to life. We know when someone is authentic and centered because they always point to truth, even though they struggle and sin themselves, and they embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and it astonished many who listened. We do not need to move mountains, advance a cause, write books or become notable. All we have to do is become credible witnesses of the faith we profess. Moses people can teach us how to do this.

St. Oscar Romero was an amazing man and a Moses figure for sure. He saw God in the burning bush and brought the flame of Gospel faith to the poorest of the poor, challenging the evils of the society in which he lived. He was tireless and persistent. He must have gotten very close to the problem because it cost him his life. He suspected it would. St. Romero said, "When we leave Mass, we ought to go out the way Moses descended Mt Sinai: with his face shining, with his heart brave and strong to face the world's difficulties." We can learn from this wisdom. If we allow the power of the Mass to truly transform us, we will leave that holy encounter changed. Our face will shine, and we will have courage. We can then bring what we have received to life's challenges. That sounds doable, doesn't it? Because of the example of our simple holiness, people will be amazed.



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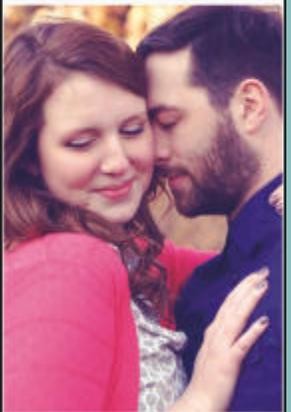
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