

SACRED HEART
PLAZA, ND

SAINT BRIDGET
Box 519
Parshall, ND
Fr. Terry Wipf
701- 226-1609

SAINT ELIZABETH
MAKOTI, ND

1st SUNDAY OF LENT

MASS SCHEDULE

WEEKEND MASS SCHEDULE

Sacred Heart Sunday 8:30am
St. Bridget Sunday 10:30am
St. Elizabeth Saturday 5:00pm

WEEKDAY MASS SCHEDULE

Wednesday 5:00 pm St. Bridget Parshall
Thursday 9:00 am St. Bridget Parshall
Friday 9:00am St. Bridget Parshall

FACEBOOK PAGE

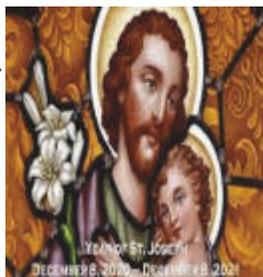
ParshallPlazaMakotiCatholicChurches
Fr. Terry will be live streaming Masses to the
Facebook page.

40 DAYS FOR LIFE

From February 17 to March 28, you're invited to join other Christians for 40 Days for Life ~ 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil on the ND capitol grounds (600 E Boulevard) from 8:00 AM to 8:00 PM each day. To sign up, go to www.40daysforlife.com/bismarck or contact Diane Huck at 701-527-3265.

EXPERIENCE THE YEAR OF ST. JOSEPH

When you experience the Year of St. Joseph with Relevant Radio you'll receive a free *Living the Year of St. Joseph* booklet, access to our "19 on the 19th" speaker series about St. Joseph, weekly Mass devotions to St. Joseph, and more! Use the link below to experience a year with St. Joseph. <https://relevantradio.com/yearofjoseph/>



1st SUNDAY OF LENT



NEWS RELEASE

Bishop David D. Kagan is reestablishing the Sunday/Holy Day obligation to attend Mass as of the First Sunday of Lent, the weekend of February 20-21, 2021.

GIFT OF LIFE HAPPY BIRTHDAY

James Odermann	Parshall	Feb. 12th
Teri Pwtz	Makoti	Feb. 21st
Ben Waldock	Parshall	Feb. 28th-
Josh Johnson	Plaza	March. 15th
Tom Waldock	Parshall	March 17th
Joan Stafslie	Makoti	March 20th

SACRAMENT OF MARRIAGE--HAPPY ANNIVERSARY

Allen & Barb Dyke	Plaza	Feb. 6th
Josh Johnson	Plaza	March. 15t
Tom Waldock	Parshall	March 17th

BULLETIN INFORMATION

If you have anything for the bulletin please email me by Monday evening to get into the weekly bulletin. Always looking for something new to publish. Thank you! Bobbi.Shegrud@k12.nd.us 701-720-3998

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

February 21, 2021 1st Sunday of Lent

St. Oscar Romero said, “Aspire not to have more, but to be more.” These powerful words provide the perfect framework for a conversion oriented Lenten experience. God is giving us this Lenten sign to stop being concerned about what you have and focus on who you are. This requires that we create a desert space and listen more attentively for God to reveal His presence. It is all so wonderfully simple on the one hand and so incredibly challenging on the other. The message is simple: love God, neighbor, and self. Those simple words make great sense, but we struggle translating them into reality. Our attachments, compulsions, obsessions, addictions, routines, and busyness all anchor us to the “idol of the self,” keeping us mired in our compulsive need for self-aggrandizement. It’s not about us!

God vowed, long ago, to nurture, sustain and protect the relationship He has with His people. He called us into being, nurtures us in being, and sustains us in being. Without the Loving Divine Presence, all life would cease. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God’s love and how we can better imitate God’s loving fidelity in our relationship with Him. In short, we will see our myopic short sightedness and figure out how we can better share the Divine Fire within with others. Lent isn’t just about giving stuff up for forty days and indulging again at Easter. We need to push things much farther and wrestle with the question of how we can be more. “Being more” means becoming more fully alive and in touch with the holiness of life and the divinity that lives in and empowers all beings and things. It is realizing that the “quality” of our presence is crucial to being an effective witness and herald of God’s unconditional love.

The illusion we have bought into causes us to believe that the wrong things and systems matter. We tirelessly fight to keep things the way they are, to return to the former ways of doing things or restore some nostalgic fantasy memory of “life in the good old days.” Lent isn’t about maintaining what we have or returning to something that is gone. It’s about becoming something new. It’s about being more focused, centered, convicted, and grounded so that we can be a person who truly loves and treasures being made in the image of God. The secret to Gospel living is not found in accumulating anything for ourselves, even merit points for heaven. Gospel living means learning how to live with less so that others can live with more. The thought of permanently giving something up makes us feel uncomfortable. Truth often does.

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Throughout history God has given His people signs. Our season of Lent offers us God’s sign that it is time to stop the ordinary routines of our lives, create some desert space, and listen more attentively for God to reveal His presence. We are asked to unplug from our attachments, compulsions, obsessions, addictions, routines, and busyness to clear the slate and take stock in who we have become. We are asked to remember the ancient sign of God’s covenant with humanity in which He vowed to nurture, sustain, and protect the relationship He has with His people. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God’s love and how we can better imitate God’s loving fidelity in our relationship with Him. Even though some good solid self-denial is the order of the day, greater happiness and wholeness will be the fruit of our labors. Pleasant journey through the desert!

RICE BOWLS

As the world continues to grapple with the effects of COVID-19, including an increased number of those going hungry, Catholic Relief Services (CRS) is asking Catholics to remember Matthew 25:40. “Whatever you did for one of the least of these brothers and sisters of mine, you did for me.” This verse calls on Catholics to reach out and help those most in need. By giving something up as a sacrifice during lent, like that daily cup of coffee, and putting that money into the Rice Bowl donation box, Catholics can go a step above and beyond and look out for the least of our sisters and brothers.” Pick up a Rice Bowl today!

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

The Unlikely Suspects

Have you ever taken a nature walk? Have you leisurely strolled through a forest or field, with no real destination in mind and your only objective being receptivity to and observation of all God's creation? Sometimes, Scripture readings can feel like a nature walk. All of salvation history plays out against the backdrop of the natural world, with all elements of God's creation — plants and animals and the dust of the earth itself — turning in a supporting performance. How about Jesus in the hot and dusty desert, tempted, living "among the wild beasts?" Noah departed from his ark with the animals he rescued, observing God's sign in the very clouds of the sky. Even God Himself, offering us salvation from original sin through the waters of baptism. How often do we remember that God speaks to us through all of His creation, even in the unlikeliest suspects? Let's go back to the nature walk. It sounds like a lovely way to pass an afternoon, amongst wildflowers and butterflies, but don't forget the beating hot sun, mosquitos, and threat of rain on the horizon. Remember, we're not in heaven yet. Here on earth, God may be present in His creation, but that doesn't mean it's always easy to endure. Lent is, essentially, a time to listen for the voice of God in places we may not expect: the mild irritations you experience when you're craving the chocolate you gave up, or the dull pangs of hunger during the Ash Wednesday fast. It's a golden opportunity to see the divine hand in all of creation, even those unlikely suspects.

WEEKLY READINGS AND OBSERVANCES **ENGAGE PARISHIONERS IN DAILY MASS AND PRAYER**

Readings for the week of February 21, 2021

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15
Monday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19
Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15
Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12
Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26
Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48
Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/
Mk 9:2-10

Observances for the week of February 21, 2021

Sunday: 1st Sunday of Lent
Monday: The Chair of St. Peter the Apostle
Tuesday: St. Polycarp, Bishop and Martyr
Next Sunday: 2nd Sunday of Lent

2021 LENTEN REGULATIONS

How do we fast? When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. Abstinence Ash Wednesday Good Friday Ages 18-59 Copyright © 2021, United States Conference of Catholic Bishops, Washington, DC. See Bulletin attachment for full details.

BLACK & INDIAN MISSION

Thank You for your generosity with the Annual Black and Indian Mission Collection last weekend. This will help diocesan communities build up the Church and preach the Gospel of Jesus among the African American, Native American, and Alaska Native people of God.



PARSHALL FOOD PRIDE

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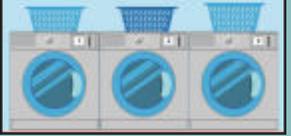
PARSHALL FARMERS MARKET

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(near Rockview Plaza)



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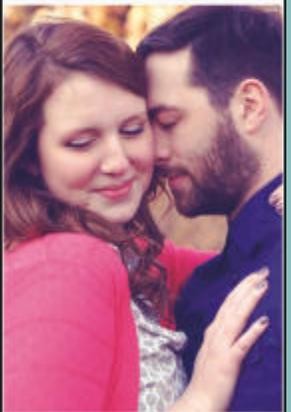
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