

SACRED HEART
PLAZA, ND

SAINT BRIDGET
Box 519
Parshall, ND
Fr. Terry Wipf
701- 226-1609

SAINT ELIZABETH
MAKOTI, ND

3rd SUNDAY OF LENT

MASS SCHEDULE

WEEKEND MASS SCHEDULE

Sacred Heart Sunday 8:30am
St. Bridget Sunday 10:30am
St. Elizabeth Saturday 5:00pm

WEEKDAY MASS SCHEDULE

Wednesday 5:00 pm St. Bridget Parshall
Thursday 9:00 am St. Bridget Parshall
Friday 9:00am St. Bridget Parshall

FACEBOOK PAGE

ParshallPlazaMakotiCatholicChurches
Fr. Terry will be live streaming Masses to the
Facebook page.

OPERATION RICE BOWL HUNGER IN OUR WORLD

Jesus told us that whatever we did for one of these least brothers of His we did for Him. Reflect on the challenge of global hunger - it is a reality for millions of our sisters and brothers. What will you do to support the hungry in our community and around the world? Visit csr-rice-bowl.org to learn more. 75% of your CRS Rice Bowl donation supports Catholic Relief Services around the world. 25% helps alleviate hunger and poverty in our local diocese. <https://www.csr-rice-bowl.org/>

VIRTUAL MARRIAGE ENCOUNTER WEEKEND

Worldwide Marriage Encounter is offering a Virtual Weekend on March 19-21, 2021. Grow deeper in your marriage from the comfort of your own home! A communication tool is taught to help spouses get to know themselves and each other better. For more information, call Rob and Angie at 701-347-1998 or apply at ndwwme.org.

STATIONS OF THE CROSS

Beginning Friday March 5, we will be praying the Stations of the Cross at St. Bridget's in Parshall on Fridays at 7:00 during Lent. This will continue through March 26. We will also be having Eucharistic Adoration during Stations of the Cross. \

PRAISE AND WORSHIP NIGHT

On Tuesday March 16 beginning at 7:00pm we will be having a Praise and Worship night. We will gather to pray and sing contemporary Christian music. Fr. Terry will be leading the singing and prayer. The music will be similar to what you hear on K-Love or Air 1.

THIS WEEKEND IS THE AFRICAN MISSION APPEAL

This special appeal gives you the opportunity to join our Mission Team in ministering to our brothers and sisters in Africa by making a generous gift in two weeks. Fr. David Morman, our missionary, is currently living and working on our behalf in Kisii, Kenya, East Africa. You are invited to read the Kenya Connection section inside the Dakota Catholic Action newspaper. It contains interesting news and pictures of our mission in action. You are also encouraged to follow our missionary in action at www.facebook.com/BismarckCatholicMission

WHY SHOULD WE PRAY THE STATIONS OF THE CROSS?

The most important reason for reviving the practice of making the Stations of the Cross is that it is a powerful way to contemplate, and enter into, the mystery of Jesus' gift of himself to us. Meditating upon the passion of Jesus Christ, draws a soul closer to God. You give yourself over to the Holy Spirit and become an instrument in the salvation of souls. This one meditation allows you to contemplate Christ's suffering and His victory over sin and Satan

BULLETIN INFORMATION

If you have anything for the bulletin please email me by Monday evening to get into the weekly bulletin. Always looking for something new to publish. Thank you! Bobbi.Shegrud@k12.nd.us 701-720-3998

FEED YOUR SOUL WITH PRAYER THIS LENT!: Nothing will transform your life so completely, absolutely, and forever like really learning how to pray. That's why this year's BEST LENT EVER journeys through Matthew Kelly's latest book, *I Heard God Laugh: A Practical Guide to Life's Essential Daily Habit*. Beginning on Ash Wednesday and continuing through all forty days of Lent, you will receive a daily email with a short video to help you reconnect with yourself and your God. If you choose to throw yourself into this experience, we promise you that you will be surprised by what God can do in your life with just an email, a short video and an open heart. So this year, don't just sign up for BEST LENT EVER, have your best lent ever! Sign up today at www.dynamiccatholic.com.

CHECK OUT FORMED.ORG: How does it work? Go to Formed.org. Enter our parish code: TC8VX2. Then, Watch, listen and read. Anywhere, anytime. FORMED provides the very best Catholic content from more than 60 organizations to help parishes, families and individuals explore their faith anywhere. Supporting thousands of movies, children's programs, ebooks, audio, parish programs and studies direct to your browser, mobile or connected device. See bulletin attachment for the pick of the week.

40 DAYS FOR UNTIL MARCH 28: You are invited to join other Christians for 40 Days for Life—40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil on the ND capitol grounds (6th and Boulevard) from 8:00 AM to 8:00 PM each day. To sign up, go to www.40daysforlife.com/bismarck

RACHEL'S VINEYARD RETREAT: Abortion hurts men and women alike. If you are feeling the emotional pain of an abortion, come to a *Rachel's Vineyard Retreat*[™] and experience God's healing touch. The next retreat is April 23-25, 2021. To register, please visit bismarckdiocese.com/rachels-vineyard-retreat. For more information, contact Carol Kling at 605-374-5639 or ckling@sdplains.com or the national office at 877-467-3463 or go to w.rachelsvineyard.org.

QUOTE OF THE WEEK: "Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty. Let us not forget that real poverty hurts: no self-denial is real without this dimension of penance. I distrust a charity that costs nothing and does not hurt." Pope Francis

GIFT OF LIFE HAPPY BIRTHDAY

James Odermann	Parshall	Feb. 12th
Teri Pwtz	Makoti	Feb. 21st
Ben Waldock	Parshall	Feb. 28th
Josh Johnson	Plaza	March. 15th
Tom Waldock	Parshall	March 17th
Joan Stafslie	Makoti	March 20th

SACRAMENT OF MARRIAGE--HAPPY ANNIVERSARY

Allen & Barb Dyke	Plaza	Feb. 6th
Josh Johnson	Plaza	March. 15t
Tom Waldock	Parshall	March 17th

"GOD WHAT DO YOU WANT ME TO DO FOR LENT?"

1. Go to Stations of the Cross as a family.
2. Commit to watching faith based movies.
3. Sharpening up on morning prayers.
4. Listen to Catholic radio & attend a Lenten retreat.
5. Make a list of people you can help.

Remember all of your efforts to respond to the call of God will be blessed. What is God calling you to do this Lent?

<http://dynamicwomenfaith.com/blog/last-minute-lent/>

PRAY THE MEMORARE

Bishop Kagan has asked us to pray the Memorare during this time of pandemic asking for our Blessed Mother to intercede for us.

MEMORARE

Remember O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

March 7, 2021-3rd Sunday of Lent

Many prefer a “create as you go” approach to life where laws and protocols primarily exist to secure and protect liberties rather than dictate and outline proper and right behavior. There are no real benchmarks for acceptable ethical and moral behavior, with a “you can’t tell me what to do” attitude prevailing. Parents are even limited in what they can request of their children, and dealing with threatening behaviors, especially from adults, are a challenge as well. Acceptable and expected conduct seems to amount to safeguarding each other’s space rather than increasing awareness of necessary relationships that require a more refined and higher response.

We have lost our axis to the world of “anything goes” and no longer see the Ten Commandments as practical and wise guideposts to effective living. We live on “relativism island” where only a possible suggestion to “love and do not harm” may be the only standard able to be preached. While Jesus most certainly emphasized love above anything else, it was never about warm fuzzy feelings or halfhearted humanitarian efforts. The love of which Jesus spoke establishes an intimate connection with God, neighbor, self, and creation. Because this love, who is God Himself, is at the foundational core of our lives, it demands actions and attitudes that serve to build up, increase, and free up those relationships. Love requires proper conduct. Preserving and enhancing these love centered relationships is at the heart of the Ten Commandments (and the Beatitudes) and the reason for Jesus’ display of anger in the temple.

The Ten Commandments can save the world from turmoil and conflict by instilling basic moral and relational principles within us. They also hold a healthy sense of sin in balance and always remind us of our relationship with God and the freedom God offers. Our faith preserves these jewels of truth that we often look beyond, dismiss altogether, or seek to remove from public view. Human beings can be so arrogant at times. Our Lenten journey, especially when embarked upon with sincerity and resolve, can restore all of our essential relationships. When we get absorbed in life’s preoccupations and demands, things can quickly get distorted and we can find ourselves way off track. In short, we find ourselves in sin. Humanity is losing a sense of both grace and sin. We need both to understand what is real and true. Until we do, the oppressive systems and ideologies that hurt so many will never change. We will never change. We are grateful for those courageous souls who willingly embrace the conversion and hard work Lent demands and stand against antiquated systems and ideologies. They give us hope that all is not lost.

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

With our world in such constant turmoil and conflict, it makes such good sense to return to the simple directives given in the Ten Commandments. God’s unassuming guidelines provide the perfect recipe for ordering our relationships with God, others, and even ourselves. But yet, we are so quick to glance beyond them and even remove them from public view because we foolishly believe we can create something better. Arrogance runs far deeper in the members of our society than we can ever imagine. Lent is a perfect time to call ourselves back to our foundations and the basic relationships that comprise our lives. It is also a time to remember that Jesus is the true sign of God’s presence. Everything he says and does, including his suffering and death, is a sign of the God who sent him. The anger we witness when Jesus exhorts those in the temple to stop making his Father’s house a marketplace can equally be seen in his anger and frustration over humanity’s constant mission to turn God’s creation into a secular world. We have a lot of work to do for sure.

2021 LENTEN REGULATIONS

How do we fast? When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. Abstinence Ash Wednesday Good Friday Ages 18-59 Copyright © 2021, United States Conference of Catholic Bishops, Washington, DC. See Bulletin attachment for full details.



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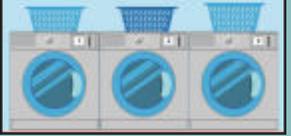
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(near Rockview Plaza)



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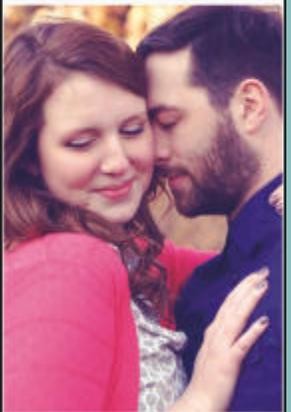
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