

MAY 2022

NORTH PLATTE

SENIOR CENTER CURRENTLY OPEN FOR
CONGREGATE LUNCH, HOME DELIVERY
AND PICK-UPS



PLEASE CONSIDER JOINING US FOR LUNCH!! WE SERVE MONDAY THROUGH FRIDAY WE SERVE FROM 11:30 AM TO 1:00 PM . GRAB YOUR FRIENDS AND COME SEE US!! OPEN TO THE PUBLIC!!

The North Platte Senior Center is funded in part by the West Central Nebraska Area Agency on Aging under the authority of the Older Americans Act and the generous contributions of our clients and those who support our programs including Mid Plains United Way.

The North Platte Senior Center is administered by Community Action Partnership of Mid-Nebraska, a private, non-profit organization. The Senior Center provides information and referral services, health programs as well as many different programs for you to participate in.

We serve individuals sixty years of age or older and also welcome anyone of any age for meals and friendship. Congregate meals and Home Delivered Meals are served Monday through Friday at a suggested rate of **\$5.00** for persons over 60. Persons under the age of 60 are charged a set price of **\$7.00** per meal. Children age 5 to age 10 is \$5.00.

Consider making a Charitable Gift to benefit the North Platte Senior Center. These contributions and memorials allow the Center to use your donations where it is needed most. Unrestricted gifts allow us to continually enhance our programs for the elderly. The North Platte Senior Center is a 501(c)3 nonprofit agency and your gift is tax deductible.

901 East 10th Street, North Platte NE 69101 | 532-6544

Events

MAY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM MERRY WIDOWS 12:30	3 LUNCH 11:30 AM- 1:00 PM TUESDAY CANASTA 12:00 PM	4 FLYING NEEDLES 9:00 AM—2:00 PM LUNCH 11:30 AM- 1:00 PM DANCE 7:00 PM- 10:00 PM RAY MULLEN	5 LUNCH 11:30 AM- 1:00 PM	6 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
9 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM	10 LUNCH 11:30 AM- 1:00 PM TUESDAY CANASTA 12:00 PM	11 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM KIT KAT CARDS 12:15 PM DANCE 7:00 PM- 10:00 PM TOP SHELF COUNTRY	12 LUNCH 11:30 AM- 1:00 PM	13 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
16 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM 3RD MONDAY BRIDGE 1:00	17 LUNCH 11:30 AM- 1:00 PM TUESDAY CANASTA 12:00 PM PAC BOARD MEETING 1:00 PM BINGO MEETING 1:30 PM	18 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM RAY GERVER	19 LUNCH 11:30 AM- 1:00 PM	20 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
23 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM	24 LUNCH 11:30 AM- 1:00 PM TUESDAY CANASTA 12:00 PM 4TH TUESDAY BRIDGE 1:00	25 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM DAN DOBSON & FRIENDS	26 LUNCH 11:30 AM- 1:00 PM	27 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
30 <u>CLOSED</u> <u>FOR</u> <u>MEMORIAL</u> <u>DAY</u>	31 LUNCH 11:30 AM- 1:00 PM TUESDAY CANASTA 12:00 PM			<u>WATCH</u> <u>KNOP-TV</u> <u>FOR ALL</u> <u>WEATHER</u> <u>CLOSINGS</u>



AUCTION ITEMS NEEDED!

THE NORTH PLATTE SENIOR CENTER WOULD LOVE TO HAVE ANOTHER SILENT AUCTION FUNDRAISER!!!!

IF YOU, OR ANYONE YOU KNOW, HAS ANYTHING YOU WOULD BE WILLING TO DONATE, WE WOULD VERY MUCH APPRECIATE IT!

HAVING OUR SILENT AUCTIONS ARE ALWAYS TO FUN TO PERUSE AND WATCH THE FUN BIDDING!

THANK YOU SO MUCH FOR SUPPORTING THE NORTH PLATTE SENIOR CENTER!!!

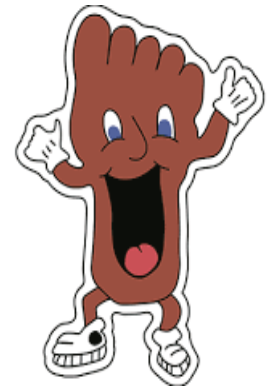
FOOT CLINIC CURRENTLY DOING THEM IN HOME ONLY

COST: \$15.00

CALL FOR AN
APPOINTMENT

KAY RIES

539-2657



**North Platte Area
Retired & Senior
Volunteer Program**

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★ serve your country

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carpentermemorial@gmail.com

BUFFALO BILL APARTMENTS
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308-534-2031 • *On-Site Manager: Dianna*
Buffalo Bill currently has 2 BR, 1 BR, & Studio Apartments w/balconies available

SOUTH OAK APARTMENTS
1100 South Oak • North Platte
308-534-5642 • *On-Site Manager: Sheri*
South Oak currently has 1 BR Apartments available

AMENITIES:

- Utilities included in rent
- Discounted cable plan
- Secure entry into building
- Elevators
- Onsite laundry room

Income-based housing open to all seniors 55 & older or those with qualifying disability. Income limits apply.

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BUSINESS
BY PLACING
AN AD HERE!**

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aaguilar@lpicommunities.com
or (800) 950-9952 x2677



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Community Connections Mentoring is a community-based program for youth ages kindergarten through 7th grade. Mentoring pairs have the flexibility of meeting at any of your favorite public locations around town or during school lunch and time together can include our monthly group activities and community service projects.

Research confirms that quality mentoring relationships have powerful positive effects on young people in a variety of personal, academic, and professional situations. Unfortunately, one in three young people will grow up without any type of mentor. And with each additional risk factor a young person experiences, the less likely he or she will connect with a mentor. To close this gap, it will take everyone from parents, students and teachers to counselors, coaches and family friends – anyone who has a touch point in a young person's life.

What does it take to be a mentor?

- Have the willingness to listen and offer encouragement
- Ability to share what you've learned about life
- Be 18 or older and reside in Lincoln County
- Complete the application and matching process
- Spend 4 to 8 hours a month interacting with your mentee – learn a new skill together, walk the dog, run errands, have ice cream, get to know each other and have some fun!
- Be consistent and reliable, expect some ups and downs, and be willing to learn as you go



When youth in our program were asked "What is the best thing about having a mentor?" they responded:



"Being nicer, being happier, being more responsible."

"That adults don't have to be just family. They can be friends and help you out."

"I'm more confident. I used to think I didn't deserve a spot in the world, but now I do."

"I've learned how to golf, kinds of trees, different restaurant. I've learned to compare books I've read to movies that I see with my mentor."

Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with day-to-day challenges, and makes them feel like they matter.

Call 308-696-0975 for information or go to
www.CommunityConnectionsLC.org

Community News

AREA FOOD PANTRIES

Cornerstone Church
1620 West 4th st
(308)-539-8208

Episcopal Church of Our Savior
203 West 4th st
(308)-532-0515

Grace Ministries
114 East C st
(308)-532-1083

Parkview Church
1802 North Jeffers
(308)-532-0613

Salvation Army
1020 North Adams
(308)-532-2038

Spanish Christian Church
510 North Jeffers
(308)-660-3209

St. Patrick's
401 1/2 East 3rd st
(308)-532-8800

Western Frontier County
Rt3 Box 160
Curtis, Ne 69025
(308)-613-0950

Cozad Food Pantry
302 East 8th st
Cozad, Ne 69130
(308)-784-4545

Lexington Food Pantry
931 West 7th st
Lexington, Ne 68850
(308)-324-4219

Church of God Prophecy
1011 North Lincoln
Lexington, Ne 68850
(308)-325-9899

Gosper County Pantry
601 Rush st
Elwood, Ne 68937
(308)-785-8141

PRODUCT OF THE MONTH

STEAK SAUCE



BBQ SAUCE



KLEENEX



WHEAT BREAD



LIKE TO DANCE??

LIVE MUSIC EVERY WEDNESDAY NIGHT

\$7.00 COVER AT THE DOOR

7:00 PM TO 10:00 PM

NORTH PLATTE SENIOR CENTER

901 EAST 10TH STREET, NORTH PLATTE

MAY 4TH— Ray Mullen

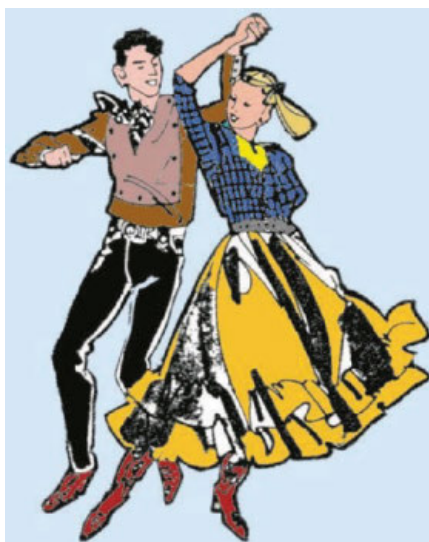
MAY 11TH—Top Shelf Country

\$10.00

MAY 18TH—Ray Gerver

**MAY 25TH—Dan Dobson &
Friends**

**COME HAVE A GOOD
TIME!**



ICE CREAM TOPPINGS



BE SURE TO SIGN AT THE
DESK WHAT

YOU BROUGHT IN!

ALL DONATIONS

APPRECIATED !!

Community Events

Also Available at the North Platte Senior Center.....

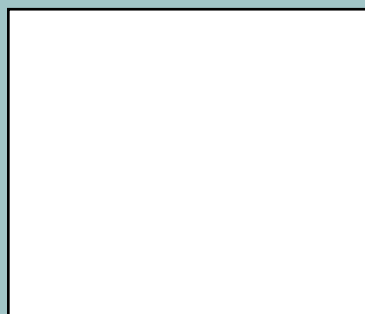
Lending Library ~ We have lots of books, audio books, VHS tapes & DVD's available to borrow.

Medical Equipment ~ North Platte Senior Center has the following item available to borrow: Power chairs, Wheelchairs, Walkers, Canes, Toilet Seat Risers, Bath Tub Handles, Cpap & much more. Hospital Bed, Specialized Wheel Chairs.

We also accept these items as donations.




Odean Colonial Chapel
 at C and Sycamore
 Rick Odean Funeral Director/Owner
 The Only Independently Owned Funeral Home In North Platte
 (308) 532-1450 - www.odeanchapel.com



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 **Great Western Bank**
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 North Platte, NE

 **REACH Initiative**
 Raising Effective Advocacy
 for Crime Victim Health
 and Safety

Are you 60 years of age or older?
We can help you with...

- Elder Abuse and Financial Exploitation
- Power of Attorney
- Collections
- Medicare/Medicaid
- Consumer Protection
- Simple Wills
- Advanced Directives/ Living Wills
- Homestead Exemption
- Tenant Issues
- And other legal concerns

Serving
 Nebraska's seniors
 in all 93 counties.

ElderAccessLine®
 In Omaha: 402-827-5656



This advertisement was supported by grant number 139-2020-VA1029 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice, through the Nebraska Crime Commission.

MAY

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 MUSHROOM STEAK MASHED POTATOES WITH GRAVY CARROTS PEACHES	3 BBQ CHICKEN HASHBROWN CASSEROLE LIMA BEANS PEARS	4 HAM SWEET POTATOES GREEN BEANS PINEAPPLE	5 SPAGHETTI WITH MEAT SAUCE CORN LETTUCE SALAD FRUIT COCKTAIL GARLICE BREAD	6 MOTHERS DAY CHICKEN CORDON BLEU RICE PILAF WITH CHEESE SAUCE ASPARAGUS CARROT RAISIN SALAD DINNER ROLL BANANA SPLIT
9 HOT PORK SANDWICH MASHED POTATOES WITH GRAVY BRUSSEL SPROUTS APRICOTS	10 MEATLOAF BAKED POTATO CAULIFLOWER WITH CHEESE MANDARIN ORANGES	11 CHICKEN SALAD ON A CROISSANT 3 BEAN SALAD TOMATO SLICES PEACHES	12 SMOTHERED PORK CHOP MASHED POTATOES WITH GRAVY WAX BEANS PINEAPPLE	13 TAVERN FISH MAC & CHEESE PEAS & CARROTS PICKLED BEETS PEARS
16 STUFFED PEPPER PARSLEY POTATOES BABT CARROTS FRUIT COCKTAIL CHEESE CUBES	17 CHICKEN STRIPS MASHED POTATOES WITH GRAVY BROCCOLI PEARS	18 POLISH DOG SCALLOP POTATO SAUERKRAUT STEWED TOMATO PEACHES	19 PORK CUTLET MASHED POTATOES WITH COUNTRY GRAVY PEAS PINEAPPLE	20 CHEESE BURGER STEAK FRIES CORN ON COB APPLESAUCE
23 BEEF & NOODLES MASHED POTATOES SUGAR SNAP PEAS COTTAGE CHEESE PEACHES	24 BAKED CHICKEN AUGRATIN POTATO TOMATO WITH ZUCHINI FRUIT COCKTAIL	25 SWEET & SOUR PORK CHOP RICE NORMANDY BLEND KIDNEY BEAN SALAD PINEAPPLE EGG ROLL	26 GRILLED CHICKEN BREAST SALAD W/ CHEESE & TOMATO CUCUMBER SLICES MANDARIN ORANGES CLUB CRACKERS	27 BIRTHDAY ROAST BEEF MASHED POTATO WITH GRAVY CALI BLEND TROPICAL FRUIT DINNER ROLL CAKE AND ICE CREAM
<u>CLOSED</u> <u>FOR</u> <u>MEMORIAL</u> <u>DAY</u>	31 CHEESE OMELET SAUSAGE PATTY HASHBROWN CASSEROLE PEAS & ONIONS PEACHES DANISH			<u>MENU</u> <u>SUBJECT</u> <u>TO</u> <u>CHANGE</u>

FISHER GROUP PRESENTS

Branson Show Extravaganza



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 5 nights lodging including 3 consecutive nights in the Branson area
- ◆ 8 meals: 5 breakfasts and 3 dinners
- ◆ Admission to 6 Fabulous Shows! Including:
 - ◆ Three Morning Shows: ALL HANDS ON DECK, DOUG GABRIEL MORNING SHOW & A NEIL DIAMOND TRIBUTE SHOW
 - ◆ Three Evening Shows: THE HAYGOODS SHOW, PRESLEYS' COUNTRY JUBILEE SHOW & JESUS Show at the Sight & Sound® Theatre

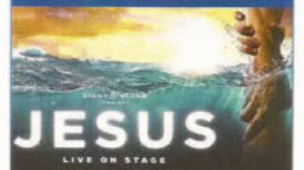
For more pictures, video, and information visit:
www.GroupTrips.com/fishergroup

\$685*

6 Days 5 Nights

*PER PERSON, DOUBLE OCCUPANCY

(Mon - Sat)
Oct 3 - 8
2022



JESUS Show at the Sight & Sound® Theatre



A NEIL DIAMOND TRIBUTE SHOW



ALL HANDS ON DECK



THE HAYGOODS SHOW

Departure: North Platte, NE @ 8 am

Day 1: Board your spacious, video and restroom equipped Motorcoach and set off for the "Live Music Show Capital of the World" - Branson, Missouri. This evening, you'll check into an en route hotel for a good night's rest.

Day 2: Start your day with Continental Breakfast before departing for Branson. Later you will check into your Branson area hotel for a three night stay. After enjoying Dinner at a local restaurant, get ready for the fun to begin because tonight you'll experience THE HAYGOODS SHOW. This energetic family boasts a soaring array of musical talents, with roots in Americana country rock and musical passions from Motown to the Beatles and more.

Day 3: Today, after a Continental Breakfast, you'll start your day with the ALL HANDS ON DECK Show. An All-Singing, All-Dancing, All-American 1942 Roadshow & Radio Broadcast reproduction filled with songs, dances and laughs that America has loved for 70 years! Next, you'll visit HISTORIC DOWNTOWN BRANSON, with old-fashioned charm, novelty shops, and restaurants. After Dinner, you'll take in the PRESLEYS' COUNTRY JUBILEE SHOW. This is one of Branson's original performing families. Nearly 50 years after they started, the Presleys' remain one of the most requested shows in Branson.

Day 4: Enjoy a Continental Breakfast and then start your day with A NEIL DIAMOND TRIBUTE SHOW. This Broadway style production is designed and produced to appeal to everyone of all ages. Be prepared to take a journey that will leave you amazed. Then, you will go to BRANSON LANDING and discover waterfront shopping, dining, and attractions on Lake Taneycomo's beautiful waterfront. After Dinner, you'll marvel at the JESUS Show at the Sight & Sound® Theatre. The greatest rescue story of all time! Jesus is the action-packed musical stage adventure that takes you on a miraculous journey alongside the most famous person to ever walk the earth, and the everyday people whose lives he changed forever.

Day 5: After enjoying a Continental Breakfast, you'll start your day with the DOUG GABRIEL MORNING SHOW. This good, clean, family show has lots of variety. It has a talented cast, rib-tickling comedy and a terrific ensemble of musicians. Plus, Doug plays his World Famous Mufftar (a guitar made out of a 1969 Thunderbird muffler)!!! Later, you will depart and check into your en route hotel for a good night's rest.

Day 6: Today, after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan.
See separate advertisement...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$179 for single occupancy.
Final Payment Due: 7/27/2022

FOR INFORMATION & RESERVATIONS CONTACT:

Larry Fisher @ (308) 530-4902

Diamond Tours inc.
Bringing Group Travel to a Higher Standard®

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WM

Tour#: 1891307

RECIPE

Poached Eggs Caprese

Ingredients

- 1 tablespoon distilled white vinegar
- 2 teaspoons salt
- 4 eggs
- 2 English muffin, split
- 4 (1 ounce) slices mozzarella cheese
- 1 tomato, thickly sliced
- 4 teaspoons pesto
- salt to taste



Directions

1. Fill a large saucepan with 2 to 3 inches of water and bring to a boil over high heat. Reduce the heat to medium-low, pour in the vinegar and 2 teaspoons of salt, and keep the water at a gentle simmer.
2. While waiting for the water to simmer, place a slice of mozzarella cheese and a thick slice of tomato onto each English muffin half, and toast in a toaster oven until the cheese softens and the English muffin has toasted, about 5 minutes.
3. Crack an egg into a small bowl. Holding the bowl just above the surface of the water, gently slip the egg into the simmering water. Repeat with the remaining eggs. Poach the eggs until the whites are firm and the yolks have thickened but are not hard, 2 1/2 to 3 minutes. Remove the eggs from the water with a slotted spoon, and dab on a kitchen towel to remove excess water.
4. To assemble, place a poached egg on top of each English muffin. Spoon a teaspoon of pesto sauce onto each egg and sprinkle with salt to taste.



AZRIA HEALTH

Azria Health Centennial Park

510 Centennial Circle • North Platte, NE 69101 • (308) 534-7000

CentennialParkInfo@azriahealth.com

- ★ Independent & Assisted Living
- ★ Skilled Nursing Care

- ★ Respite Care & Short Term Stays
- ★ Rehabilitation Services

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North Platte Senior Center, North Platte, NE C 4C 05-1048

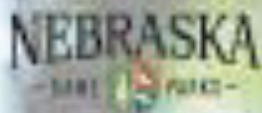
Nebraska Nature Nerd Trivia Night



MAY 18

7:00-9:00PM

PALS BREWING COMPANY
NORTH PLATTE



Spring Fling
Sunday, May 22nd, 2022
10am-4pm
Cody Park- North Platte, NE





ARE YOU INTERESTED IN A CHESS CLUB OR GROUP?

We would love to bring new groups to the Senior Center and we think Chess would be a great way to get to know each other while playing your favorite past time throughout the week.

If you have any interest in getting together with like-minded chess players please give a call!!

We would love to get this fun activity going for you!

If you have any other ideas for new activities and hobbies please call!

Rebecca Blume 308-532-6544

**THANK YOU TO ALL OF
OUR WONDERFUL
SPONSORS!!!**

NORTH PLATTE R.S.V.P
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CHAPEL

WESTFIELD HOMECARE
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ADT-MONITORED HOME
SECURITY

NORTH PLATTE CARE
CENTER

SHRAKE BODY SHOP

HAPPY BIRTHDAY SENIOR CENTER FRIENDS

- 5/1 ANNA STEARNS
- 5/2 IBBIE MAJORS
- 5/5 LEON BUTTERMORE
- 5/6 JOANNE HIATT
- 5/8 LEON SULLIVAN
- 5/11 MARY HURD
- 5/13 BETTY MROCZEK
- 5/14 CLAUDIA CABLE
- 5/17 EUNICE SHEPHERD
- 5/18 HELEN VIEYRA
- 5/18 DEL ALTIG
- 5/20 AARDLE WALTERS
- 5/22 PHYLLIS HASTINGS
- 5/25 BONNIE HOLL
- 5/25 ALICE SPENCER
- 5/26 MARGARET FISHER
- 5/29 LORRI REUTZEL



THANK YOU to our
SPONSORS!



THANK YOU TO OUR MARCH VOLUNTEERS

PAM AMES
BLAKE BARNUM
KAREN BECVAR
GLORIA BLAKELY
SUSIE BRANTING
CINDY BURTON
DENNIS BURTON
JO COOPER
RUBY EDWARDS
RONALD HITCHCOCK
MARI LEE HYDE
RUSSELL ISAAC
GINA LEE

GLORIA LIVINGSTON
KATHY MCBRIDE
FRANCINE MCKENZIE
CARROLL MILLER
PAM MITCHELL
JO NESIBA
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JOHNADEEN PETERSON
LEA REESE
DEL ROE

SAATHOFF HERVY
JOHNNY SCHLEDWITZ
CHUCK SCRIPTER
MARY SEANOR
MEL SEANOR
BILL SONGSTER
MARLENE SONGSTER
GARY THOMSEN
CASS TUNER
MORRIS TURNER
MARY VAN ERT
GWEN VIAN
VIVIAN WHEELER



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Sign up to have our newsletter emailed to you at www.mycommunityonline.com



Shrake
Body Shop, Inc.

DAVID REFIOR - Owner
(308) 532-1053
102 West Front • North Platte

Join Foster Grandparents Today.
A child needs **YOU** to become a Classroom Grandparent

As a Foster Grandparent, you will help children in our community develop the academic and life skills that are critical to their development and future success. We need volunteers to serve in their communities with children in schools and pre-schools. You will serve with kids who need extra support from a loving, caring grandparent figure. Volunteers are age 55 and up. Must be willing to serve 5 hours per week.

Please contact Krista Powell at **308-530-4115**

GROW YOUR BUSINESS BY PLACING AN AD HERE!

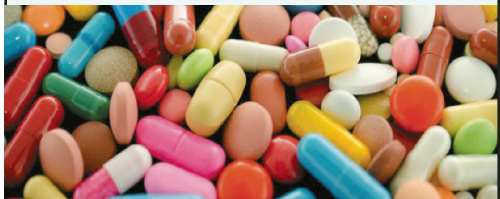
CONTACT US!

Contact Anita Aguilar to place an ad today!
aaguilar@lpicommunities.com
or (800) 950-9952 x2677



Community Connections Drug Collection

Community Connections is offering a drug disposal program at the Platte River Mall, 1000 South Dewey Street, on the 3rd Saturday from 11:00 a.m.-1:00 p.m. This program is an excellent way to dispose of prescriptions & over the counter medications that are expired or no longer needed. The medications are turned over to the Nebraska State Patrol who destroys them in an environmentally friendly manner.



BINGO— OPEN TO THE PUBLIC

**MUST BE 18 & OVER TO PLAY
3 TV SCREENS!!**

EVERY SATURDAY NIGHT!!

EARLY BIRD GAME AT 6:30 PM

BINGO BEGINS AT 7:00 PM

CASH COW!!

SPECIAL GAMES!!

FLASH BINGO CARDS!!

NORTH PLATTE SENIOR CENTER

901 EAST 10TH ST

ALL PROCEEDS BENEFIT THE SENIOR CENTER

**WE WOULD LIKE TO
THANK YOU FOR ALL
OF YOUR DONATIONS
THAT HELP SUPPORT
YOUR SENIOR CENTER**

**Donations towards our
Home Delivered Meals**

Program & Fuel:

Ivan Sandberg: \$30.00

Befort's: \$30.00

Keith Matthews: \$120.00

Donna Collins: \$15.00

Bernice Zeigler- \$45.00

Del Roe: \$67.28

Memorials:

Verjean Beckman:

\$779.00

Ida McKormick: \$55.00

**Donations to the Center
by Individuals or Group:**

Product of the Month

Donations:

Gwen Vian: ice cream
toppings

1. Blue jeans were officially invented in May of 1873 after Levi Strauss and Jacob Davis got a patent on May 20th.
2. The birthstone for May is Emerald which represent love and Success.
3. The zodiac signs for May are Taurus and Gemini.
4. The birth flower for May is Lily of the Valley.
5. May was named for Maia, the Greek Goddess of fertility.
6. In any given year, no month ever begins or ends on the same day of the week as May does.
7. May was once considered a bad luck month to get married in. "Marry in May and you'll rue the day."
8. May is the month of Autumn in the Southern hemisphere and spring in the Northern hemisphere.
9. The Empire State Building opened on May 1st, 1931.
10. Minnesota was admitted to the Union on May 11th, 1858.
11. On May 14, 1804, Lewis and Clark began their trip up the Missouri River.
12. The 1st regular airmail service began May 15, 1918.
13. Abraham Lincoln signed the Homestead Act on May 20, 1962.
14. On May 20, 1932 Amelia Earhart flew across the Atlantic Ocean, marking the 1st solo flight by a woman.
15. South Carolina became the 8th state on May 23, 1788.
16. The first permanent English settlement in America was established on May 24, 1607 in Jamestown, VA.
17. San Francisco's Golden Gate Bridge opened May 27, 1937.
18. Rhode Island became the 13th state on May 29, 1790.
19. Wisconsin became the 30th state on May 29, 1848.
20. May is ALS Awareness Month.
21. The Kentucky Derby is the first Saturday in May.
22. Armed Forces Day is the third Saturday in May.
23. May is Better Hearing & Speech Month.
24. May is National Stroke Awareness Month.
25. May is host to Nurse Appreciation Week.



Mother's Day Word Search



O H L V E Y J L D I D L K A V B J G
 E U K V J I Z Y H V L B C M D J L T
 I W T J J B U B E S P E C I A L S X
 A G Q D Y N H O D M Q A C U D I P G
 Q C O O K I N G W O P U Q S S F F R
 R L O V E E L A J W J T F O E W G A
 B L U A F E S C D S G I O J S I D N
 J Y D I M W Z E C E Q F W W S S F D
 Y F M D T I F H O C S U F S I D P M
 L E V O U R V I M F Z L G G K O M A
 I K F T D E R M U B Y I M O M M Y E
 M M F I W H C T N K A E U Q S K O T
 A S T A E T C C L S V T V J R H U C
 F G H O U O U E S I L H T A I B G F
 K U F R C M V P A H X D Q U O A T H
 C H M H H R Z S R V V B L N J Z M I
 N C X N P A R E N T N E P T X C H A
 F S N U R T U R E K R C H N G U S Q



MOTHER
 AUNT
 FAMILY
 RESPECT
 COOKING



MOMMY
 LOVE
 PARENT
 WISDOM
 NURTURE

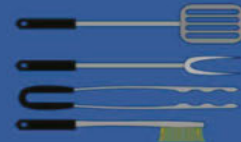


GRANDMA
 SPECIAL
 HUGS
 KISSES
 BEAUTIFUL



May 2022

National Day Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 May Day	2 Truffle Day	3 Garden Meditation Day	4 Orange Juice Day	5 Cinco De Mayo	6 Nurse's Day	7 Cosmopolitan Day	
8 Mother's Day	9 Button Day	10 Shrimp Day	11 Twilight Zone Day	12 Nutty Fudge Day	13 Apple Pie Day	14 Dance Like a Chicken Day	
15 Straw Hat Day	16 Love a Tree Day	17 Walnut Day	18 No Dirty Dishes Day	19 BOYS CLUB Day	20 Be a Millionaire Day	21 Wait Staff Day	
22 Buy a Musical Instrument Day	23 Lucky Penny Day	24 Escargot Day	25 Wine Day	26 Paper Airplane Day	27 Cellophane Tape Day	28 Hamburger Day	
29 Paper Clip Day	30 Memorial Day	31 Macaroon Day					

NORTH PLATTE

SENIOR CENTER

(308) 532-6544

901 EAST 10th STREET

NORTH PLATTE, NE. 69101

HOURS

MONDAY-FRIDAY

8:00 A.M. TO 4:30 P.M.

YOU CAN FIND US ON

FACEBOOK!

COME JOIN US!!

SENIOR CENTER

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REBECCA BLUME,
DIRECTOR

STEPHANIE GILMORE,
HOME DELIVERY
COORDINATOR

CHRIS EDWARDS,
KITCHEN MANAGER

KITCHEN ASSISTANT

JULIAN SMALL,
KITCHEN AIDE

Meal programs

Sponsored by:

West Central Nebraska Area
Agency on Aging

United Way

& contributions from
clients

Our mission

To support the Independence and well being of adults age 60 and older, enhance their dignity and self respect, and promote participation in all aspects of community life through creative programming and providing opportunities and resources in the area of physical and mental well being, nutrition, recreation, and education.

