

JUNE 2022

NORTH PLATTE

SENIOR CENTER CURRENTLY OPEN FOR
CONGREGATE LUNCH, HOME DELIVERY
AND PICK-UPS



The North Platte Senior Center is funded in part by the West Central Nebraska Area Agency on Aging under the authority of the Older Americans Act and the generous contributions of our clients and those who support our programs including Mid Plains United Way.

The North Platte Senior Center is administered by Community Action Partnership of Mid-Nebraska, a private, non-profit organization. The Senior Center provides information and referral services, health programs as well as many different programs for you to participate in.

We serve individuals sixty years of age or older and also welcome anyone of any age for meals and friendship. Congregate meals and Home Delivered Meals are served Monday through Friday at a suggested rate of **\$5.00** for persons over 60. Persons under the age of 60 are charged a set price of **\$7.00** per meal. Children age 5 to age 10 is \$5.00.

Consider making a Charitable Gift to benefit the North Platte Senior Center. These contributions and memorials allow the Center to use your donations where it is needed most. Unrestricted gifts allow us to continually enhance our programs for the elderly. The North Platte Senior Center is a 501(c)3 nonprofit agency and your gift is tax deductible.

901 East 10th Street, North Platte NE 69101 | 532-6544

Events

JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		1 FLYING NEEDLES 9:00 AM—2:00 PM LUNCH 11:30 AM— 1:00 PM DANCE 7:00 PM— 10:00 PM RAY MULLEN	2 LUNCH 11:30 AM— 1:00 PM	3 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
6 LUNCH 11:30 AM— 1:00 PM PITCH LADIES 12:30 PM MERRY WIDOWS 12:30	7 LUNCH 11:30 AM— 1:00 PM TUESDAY CANASTA 12:00 PM	8 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM KIT KAT CARDS 12:15 PM DANCE 7:00 PM— 10:00 PM TOP SHELF COUNTRY	9 LUNCH 11:30 AM— 1:00 PM	10 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
13 LUNCH 11:30 AM— 1:00 PM PITCH LADIES 12:30 PM	14 LUNCH 11:30 AM— 1:00 PM TUESDAY CANASTA 12:00 PM	15 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM— 10:00 PM RAY GERVER	16 <p style="text-align: center;"><u>CLOSED</u> <u>FOR</u> <u>GOLDEN</u> <u>GAMES</u></p>	17 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
20 LUNCH 11:30 AM— 1:00 PM PITCH LADIES 12:30 PM 3RD MONDAY BRIDGE 1:00	21 LUNCH 11:30 AM— 1:00 PM TUESDAY CANASTA 12:00 PM PAC BOARD MEETING 1:00 PM BINGO MEETING 1:30 PM	22 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM— 10:00 PM DAN DOBSON & FRIENDS	23 LUNCH 11:30 AM— 1:00 PM	24 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
27 LUNCH 11:30 AM— 1:00 PM PITCH LADIES 12:30 PM	28 LUNCH 11:30 AM— 1:00 PM TUESDAY CANASTA 12:00 PM 4TH TUESDAY BRIDGE 1:00	29 FLYING NEEDLES 9:00 AM— 2:00 PM LUNCH 11:30 AM— 1:00 PM DANCE 7:00 PM— 10:00 PM TOP SHELF COUNTRY	30 LUNCH 11:30 AM— 1:00 PM	<p style="text-align: center;"><u>WATCH</u> <u>KNOP-TV</u> <u>FOR ALL</u> <u>WEATHER</u> <u>CLOSINGS</u></p>



AUCTION ITEMS NEEDED!

THE NORTH PLATTE SENIOR CENTER WOULD LOVE TO HAVE ANOTHER SILENT AUCTION FUNDRAISER!!!!

IF YOU, OR ANYONE YOU KNOW, HAS ANYTHING YOU WOULD BE WILLING TO DONATE, WE WOULD VERY MUCH APPRECIATE IT!

HAVING OUR SILENT AUCTIONS ARE ALWAYS TO FUN TO PERUSE AND WATCH THE FUN BIDDING!

THANK YOU SO MUCH FOR SUPPORTING THE NORTH PLATTE SENIOR CENTER!!!

FOOT CLINIC CURRENTLY DOING THEM IN HOME ONLY

COST: \$15.00

CALL FOR AN
APPOINTMENT

KAY RIES

539-2657

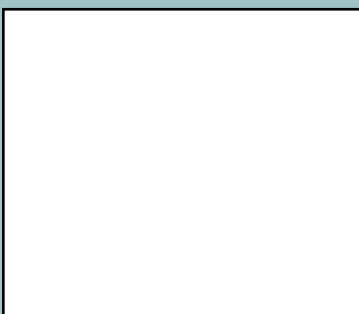


**North Platte Area
Retired & Senior
Volunteer Program**

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★ serve your country

901 East 10th Street, North Platte NE, 69101
(308) 535-6777

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www.volunteematch.org
www.ci.north-platte.ne.us/volunteer/rsvp



BUFFALO BILL APARTMENTS
1200 South Oak St. • North Platte
308-534-2031 • *On-Site Manager: Dianna*
Buffalo Bill currently has 2 BR, 1 BR, & Studio Apartments w/balconies available

SOUTH OAK APARTMENTS
1100 South Oak • North Platte
308-534-5642 • *On-Site Manager: Sheri*
South Oak currently has 1 BR Apartments available

AMENITIES:

- Utilities included in rent
- Discounted cable plan
- Secure entry into building
- Elevators
- Onsite laundry room

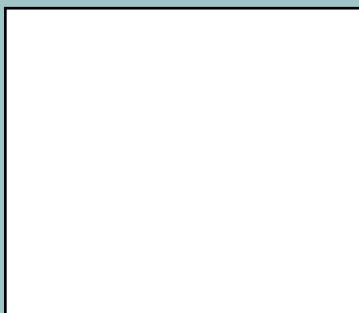
Income-based housing open to all seniors 55 & older or those with qualifying disability. Income limits apply.

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Community Connections Mentoring is a community-based program for youth ages kindergarten through 7th grade. Mentoring pairs have the flexibility of meeting at any of your favorite public locations around town or during school lunch and time together can include our monthly group activities and community service projects.

Research confirms that quality mentoring relationships have powerful positive effects on young people in a variety of personal, academic, and professional situations. Unfortunately, one in three young people will grow up without any type of mentor. And with each additional risk factor a young person experiences, the less likely he or she will connect with a mentor. To close this gap, it will take everyone from parents, students and teachers to counselors, coaches and family friends – anyone who has a touch point in a young person's life.

What does it take to be a mentor?

- Have the willingness to listen and offer encouragement
- Ability to share what you've learned about life
- Be 18 or older and reside in Lincoln County
- Complete the application and matching process
- Spend 4 to 8 hours a month interacting with your mentee – learn a new skill together, walk the dog, run errands, have ice cream, get to know each other and have some fun!
- Be consistent and reliable, expect some ups and downs, and be willing to learn as you go



When youth in our program were asked "What is the best thing about having a mentor?" they responded:



"Being nicer, being happier, being more responsible."

"That adults don't have to be just family. They can be friends and help you out."

"I'm more confident. I used to think I didn't deserve a spot in the world, but now I do."

"I've learned how to golf, kinds of trees, different restaurant. I've learned to compare books I've read to movies that I see with my mentor."

Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with day-to-day challenges, and makes them feel like they matter.

Call 308-696-0975 for information or go to
www.CommunityConnectionsLC.org

Community News

AREA FOOD PANTRIES

Cornerstone Church
1620 West 4th st
(308)-539-8208

Episcopal Church of Our Savior
203 West 4th st
(308)-532-0515

Grace Ministries
114 East C st
(308)-532-1083

Parkview Church
1802 North Jeffers
(308)-532-0613

Salvation Army
1020 North Adams
(308)-532-2038

Spanish Christian Church
510 North Jeffers
(308)-660-3209

St. Patrick's
401 1/2 East 3rd st
(308)-532-8800

Western Frontier County
Rt3 Box 160
Curtis, Ne 69025
(308)-613-0950

Cozad Food Pantry
302 East 8th st
Cozad, Ne 69130
(308)-784-4545

Lexington Food Pantry
931 West 7th st
Lexington, Ne 68850
(308)-324-4219

Church of God Prophecy
1011 North Lincoln
Lexington, Ne 68850
(308)-325-9899

Gosper County Pantry
601 Rush st
Elwood, Ne 68937
(308)-785-8141

PRODUCT OF THE MONTH

STEAK SAUCE



BBQ SAUCE



KLEENEX



WHEAT BREAD



LIKE TO DANCE??

LIVE MUSIC EVERY WEDNESDAY NIGHT

\$7.00 COVER AT THE DOOR

7:00 PM TO 10:00 PM

NORTH PLATTE SENIOR CENTER

901 EAST 10TH STREET, NORTH PLATTE

JUNE 1ST— Ray Mullen

JUNE 8TH—Top Shelf Country

\$10.00

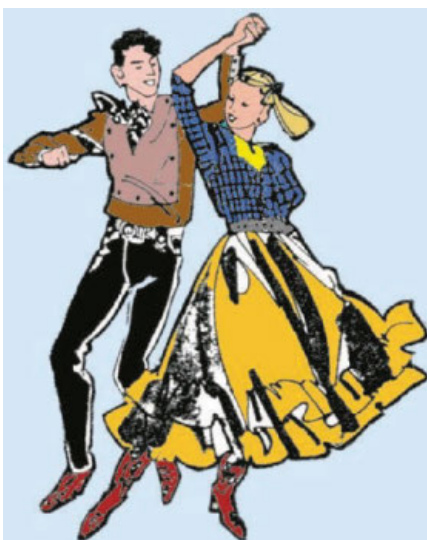
JUNE 15TH—Ray Gerver

**JUNE 22ND—Dan Dobson &
Friends**

JUNE 29TH— Top Shelf Country

\$10.00

**COME HAVE A GOOD
TIME!**



ICE CREAM TOPPINGS



BE SURE TO SIGN AT THE
DESK WHAT

YOU BROUGHT IN!

ALL DONATIONS

APPRECIATED !!

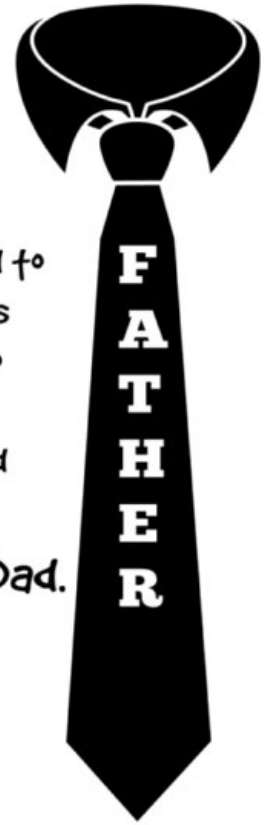
Community Events

Also Available at the North Platte Senior Center.....

Lending Library ~ We have lots of books, audio books, VHS tapes & DVD's available to borrow.

Medical Equipment ~ North Platte Senior Center has the following item available to borrow: Power chairs, Wheelchairs, Walkers, Canes, Toilet Seat Risers, Bath Tub Handles, Cpap & much more. Hospital Bed, Specialized Wheel Chairs.

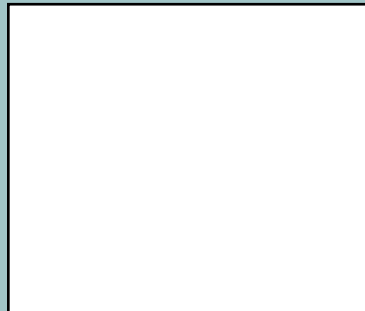
We also accept these items as donations.



A sturdy, steady hand to hold to
In times of strife and stress
A true friend we can turn to
When times are good or bad
one of our greatest gifts and
blessings,
The man that we call Dad.



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REACH Initiative
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and Safety

Are you 60 years of age or older?

We can help you with...

- Elder Abuse and Financial Exploitation
- Power of Attorney
- Collections
- Medicare/Medicaid
- Consumer Protection
- Simple Wills
- Advanced Directives/ Living Wills
- Homestead Exemption
- Tenant Issues
- And other legal concerns

Serving
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in all 93 counties.

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In Omaha: 402-827-5656



This advertisement was supported by grant number 139-2020-VA1029 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice, through the Nebraska Crime Commission.

JUNE

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>MENU IS SUBJECT TO CHANGE</u></p>		<p>1 SUPREME CHICKEN BREAST RICE WITH CHEESE SAUCE ASPARAGUS LETTUCE SALAD APRICOTS</p>	<p>2 HOT PORK SANDWICH MASHED POTATOES WITH GRAVY GREEN BEANS FRUIT COCKTAIL</p>	<p>3 CABBAGE ROLL SCALLOP POTATO BABY CARROTS PEARS CHEESE CUBES</p>
<p>6 CHICKEN AND NOODLES MASHED POTATOES BEETS PEACHES COTTAGE CHEESE</p>	<p>7 HAM AUGRATIN POTATO GREEN BEAN CASSEROLE PINEAPPLE</p>	<p>8 TACO SALAD CANTELOUPE CORN SALAD TORTILLA CHIPS</p>	<p>9 POLISH SAUSAGE PARSLEY POTATO SAUERKRAUT RASPBERRY APPLESAUCE</p>	<p>10 FRENCH DIP STEAK FRIES BROCCOLI WITH CHEESE PEARS</p>
<p>13 SCROD COD MAC & CHEESE PEAS STEWED TOMATOES APRICOTS</p>	<p>14 PORK SPARE RIB HASHBROWN CASSEROLE BAVARIAN SAUERKRAUT PEACHES</p>	<p>15 CHICKEN FRIED STEAK MASHED POTATOES WITH COUNTRY GRAVY CORN MANDARIN ORANGES</p>	<p><u>16 GOLDEN GAMES</u> HAM, TURKEY & CHEESE SANDWICH POTATO SALAD 3 BEAN SALAD FRUIT CHIPS</p>	<p><u>17 FATHERS DAY</u> BBQ CHICKEN SCALLOP POTATO BAKED BEANS QUARTERED FRUIT DINNER ROLL ROOT BEER FLOAT</p>
<p>20 BEEF TIPS ON RICE SUGAR SNAP PEAS PICKLED BEETS FRUIT COCKTAIL</p>	<p>21 BBQ PORK RIB SANDWICH FRENCH FRIES CORN ON THE COB PINEAPPLE</p>	<p>22 MEATLOAF MASHED POTATOES WITH GRAVY BRUSSEL SPROUTS PEACHES</p>	<p>23 TUNA SALAD ON A CROISSANT PEA SALAD TOMATO WEDGES PEARS</p>	<p><u>24 BIRTHDAY</u> TURKEY ROAST MASHED POTATO WITH GRAVY GERMAN BLEND TROPICAL FRUIT DINNER ROLL CAKE AND ICE CREAM</p>
<p>27 SALISBURY STEAK MASHED POTATOES WITH GRAVY CARROTS PEARS</p>	<p>28 PORK CHOP CHUNKY POTATOES CREAMED PEAS PEACHES</p>	<p>29 LEMON CHICKEN SCALLOP POTATO WINTER BLEND PINEAPPLE</p>	<p>30 SLOPPY JO BAKED POTATO MIXED VEGGIES MANDARIN ORANGES</p>	

FISHER GROUP PRESENTS

Branson Show Extravaganza



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 5 nights lodging including 3 consecutive nights in the Branson area
- ◆ 8 meals: 5 breakfasts and 3 dinners
- ◆ Admission to 6 Fabulous Shows! Including:
 - ◆ Three Morning Shows: ALL HANDS ON DECK, DOUG GABRIEL MORNING SHOW & A NEIL DIAMOND TRIBUTE SHOW
 - ◆ Three Evening Shows: THE HAYGOODS SHOW, PRESLEYS' COUNTRY JUBILEE SHOW & JESUS Show at the Sight & Sound® Theatre

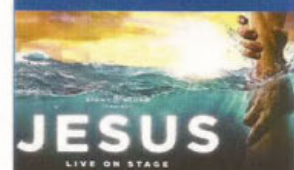
For more pictures, video, and information visit:
www.GroupTrips.com/fishergroup

\$685*

6 Days 5 Nights

*PER PERSON, DOUBLE OCCUPANCY

(Mon - Sat)
Oct 3 - 8
2022



JESUS Show at the Sight & Sound® Theatre



A NEIL DIAMOND TRIBUTE SHOW



ALL HANDS ON DECK



THE HAYGOODS SHOW

Departure: North Platte, NE @ 8 am

Day 1: Board your spacious, video and restroom equipped Motorcoach and set off for the "Live Music Show Capital of the World" - Branson, Missouri. This evening, you'll check into an en route hotel for a good night's rest.

Day 2: Start your day with Continental Breakfast before departing for Branson. Later you will check into your Branson area hotel for a three night stay. After enjoying Dinner at a local restaurant, get ready for the fun to begin because tonight you'll experience THE HAYGOODS SHOW. This energetic family boasts a soaring array of musical talents, with roots in Americana country rock and musical passions from Motown to the Beatles and more.

Day 3: Today, after a Continental Breakfast, you'll start your day with the ALL HANDS ON DECK Show. An All-Singing, All-Dancing, All-American 1942 Roadshow & Radio Broadcast reproduction filled with songs, dances and laughs that America has loved for 70 years! Next, you'll visit HISTORIC DOWNTOWN BRANSON, with old-fashioned charm, novelty shops, and restaurants. After Dinner, you'll take in the PRESLEYS' COUNTRY JUBILEE SHOW. This is one of Branson's original performing families. Nearly 50 years after they started, the Presleys' remain one of the most requested shows in Branson.

Day 4: Enjoy a Continental Breakfast and then start your day with A NEIL DIAMOND TRIBUTE SHOW. This Broadway style production is designed and produced to appeal to everyone of all ages. Be prepared to take a journey that will leave you amazed. Then, you will go to BRANSON LANDING and discover waterfront shopping, dining, and attractions on Lake Taneycomo's beautiful waterfront. After Dinner, you'll marvel at the JESUS Show at the Sight & Sound® Theatre. The greatest rescue story of all time! Jesus is the action-packed musical stage adventure that takes you on a miraculous journey alongside the most famous person to ever walk the earth, and the everyday people whose lives he changed forever.

Day 5: After enjoying a Continental Breakfast, you'll start your day with the DOUG GABRIEL MORNING SHOW. This good, clean, family show has lots of variety. It has a talented cast, rib-tickling comedy and a terrific ensemble of musicians. Plus, Doug plays his World Famous Mufftar (a guitar made out of a 1969 Thunderbird muffler)!!! Later, you will depart and check into your en route hotel for a good night's rest.

Day 6: Today, after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan.
See separate advertisement...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$179 for single occupancy.
Final Payment Due: 7/27/2022

FOR INFORMATION & RESERVATIONS CONTACT:

Larry Fisher @ (308) 530-4902

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Form ID: 1000-7D1105

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RECIPE

Easy Batter Fruit Cobbler

Ingredients

- 4 tablespoons butter
- ¾ cup all-purpose flour
- ¾ cup sugar
- 1 teaspoon baking powder
- ¼ teaspoon salt
- ¾ cup milk
- 1 tablespoon sugar
- 2 cups of sliced fresh any combination of fruits (or a 12-ounce package of frozen berries)



Directions

1. Adjust oven rack to upper-middle position, and heat oven to 350 degrees.
2. Put butter in an 8-inch square or 9-inch round pan; set in oven to melt. When butter has melted, remove pan from oven.
3. Whisk flour, 3/4 cup of sugar, baking powder and salt in small bowl. Add milk; whisk to form a smooth batter. Pour batter into pan, then scatter fruit over batter. Sprinkle with remaining 1 Tb. of sugar.
4. Bake until batter browns and fruit bubbles, 50 to 60 minutes. Serve warm or at room temperature with a dollop of whipped cream or a small scoop of vanilla ice cream, if desired.



AZRIA HEALTH

Azria Health Centennial Park

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North Platte Senior Center, North Platte, NE C 4C 05-1048

Golden Games

Thursday, June 16th, 2022

North Platte Rec. Center
1300 South McDonald Road

9:00-9:30 a.m. Coffee & Donuts

9:30-10:00 a.m. Opening Ceremony
Shawna Tatman Memorial

Golden Senior Award presentation

10:00 a.m.-12:00 p.m. Games

12:00 p.m. Lunch & Entertainment

1:00-2:00 p.m. Games

2:00-2:30 p.m. Cake, Ice Cream &
Prize Drawing

Activities & Games

Bingo
Plinko
Bowling
Mini Golf

Sarsaparilla Saloon
Sweet Treat Walk
Wheel of Fortune
Steer Roping

Corn Hole
Black Jack
Ladder Ball
Photo Booth



@NPGoldenGames

This event is for those
55 years & older only!

If you are interested in volunteering,
please call 535-6777.



ARE YOU INTERESTED IN A CHESS CLUB OR GROUP?

We would love to bring new groups to the Senior Center and we think Chess would be a great way to get to know each other while playing your favorite past time throughout the week.

If you have any interest in getting together with like-minded chess players please give a call!!

We would love to get this fun activity going for you!

If you have any other ideas for new activities and hobbies please call!

Rebecca Blume 308-532-6544

**THANK YOU TO ALL OF
OUR WONDERFUL
SPONSORS!!!**

NORTH PLATTE R.S.V.P
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CHAPEL

WESTFIELD HOMECARE
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LA HACIENDA MEXICAN
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TWIN RIVERS BODY
SHOP

GREAT WESTERN BANK

AZRIA HEALTH
CENTENNIAL PARK

ADT-MONITORED HOME
SECURITY

NORTH PLATTE CARE
CENTER

SHRAKE BODY SHOP

HAPPY BIRTHDAY SENIOR CENTER FRIENDS

- 6/1 CAROLYN HENRY
- 6/6 DIANE HENRY
- 6/9 KATHY TAYLOR
- 6/10 GAYLE HOMIN
- 6/10 YVONNE HEDGECOCK
- 6/11 SANDRA CARLSON
- 6/15 ROBERT POPPERT
- 6/16 DUANE DETERDING
- 6/16 MARCIA SEIP
- 6/17 VIVIAN WHEELER
- 6/19 SALLY HODGEN
- 6/21 BOBBIE GAUDREALT
- 6/23 MICHAEL ELLERS
- 6/24 TAMMY MONTANG
- 6/25 GARY SIERKS
- 6/27 MARY VAN ERT
- 6/28 KRISTY KEYS
- 6/29 PAUL BAXTER



THANK YOU to our
SPONSORS!



THANK YOU TO OUR APRIL VOLUNTEERS

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KAREN BECVAR
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SUSIE BRANTING
CINDY BURTON
DENNIS BURTON
JO COOPER
RUBY EDWARDS
RONALD HITCHCOCK
MARI LEE HYDE
RUSSELL ISAAC
GINA LEE

CAROL LOOS
KATHY MCBRIDE
VICKI MCDERMOTT
FRANCINE MCKENZIE
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Shrake
Body Shop, Inc.

DAVID REFIOR - Owner
(308) 532-1053
102 West Front • North Platte

Join Foster Grandparents Today.
A child needs **YOU** to become a Classroom Grandparent

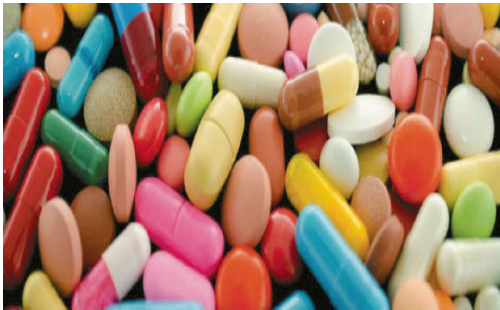
As a Foster Grandparent, you will help children in our community develop the academic and life skills that are critical to their development and future success. We need volunteers to serve in their communities with children in schools and pre-schools. You will serve with kids who need extra support from a loving, caring grandparent figure. Volunteers are age 55 and up. Must be willing to serve 5 hours per week.

Please contact Krista Powell at **308-530-4115**

GROW YOUR BUSINESS BY PLACING AN AD HERE!

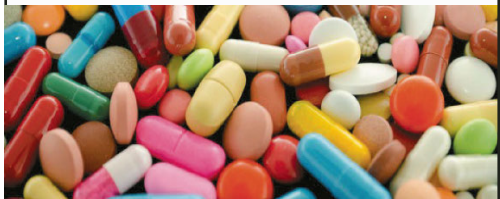
CONTACT US!

Contact Anita Aguilar to place an ad today!
aaguilar@lpicommunities.com
or (800) 950-9952 x2677



Community Connections Drug Collection

Community Connections is offering a drug disposal program at the Platte River Mall, 1000 South Dewey Street, on the 3rd Saturday from 11:00 a.m.-1:00 p.m. This program is an excellent way to dispose of prescriptions & over the counter medications that are expired or no longer needed. The medications are turned over to the Nebraska State Patrol who destroys them in an environmentally friendly manner.



BINGO— OPEN TO THE PUBLIC

**MUST BE 18 & OVER TO PLAY
3 TV SCREENS!!**

EVERY SATURDAY NIGHT!!

EARLY BIRD GAME AT 6:30 PM

BINGO BEGINS AT 7:00 PM

CASH COW!!

SPECIAL GAMES!!

FLASH BINGO CARDS!!

NORTH PLATTE SENIOR CENTER

901 EAST 10TH ST

ALL PROCEEDS BENEFIT THE SENIOR CENTER

**WE WOULD LIKE TO
THANK YOU FOR ALL
OF YOUR DONATIONS
THAT HELP SUPPORT
YOUR SENIOR CENTER**

Donations towards our Home Delivered Meals

Program & Fuel:

Ivan Sandberg: \$20.00

Befort's: \$40.00

Donna Collins: \$20.00

Del Roe: \$49.73

Chris Zook: \$35.00

E.W. Smith: \$10.00

Myrna Hallstead: \$15.00

Memorials:

Donations to the Center by Individuals or Group:

Product of the Month

Donations:

Pam Mitchell: Tea Bags,
Hot Cocoa, Apple Cider,
Wheat Bread

Cindy Burton: BBQ
Sauce, Chocolate Syrup

Karl Kirkland: Wheat
Bread



1. The name June is the modern day adaptation of the Latin word Junius.
2. One theory is that it was named after the Roman goddess of marriage, Juno.
3. June was called Sera Monath by the Anglo-Saxons, which translated into "dry month".
 4. June used to be the 4th month in the year.
 5. No other month begins on the same day of the week as June.
6. June has the longest and the shortest day of the year. If you are in the Northern Hemisphere, then the 21st is the longest day and the 1st day of summer. If you are in the Southern Hemisphere then it is the shortest day.
7. June has 2 star signs. Born on or before the 20th then you are a Gemini. On or before the 21st you are a Cancer.
8. June was only referenced in 2 Shakespeare plays Cleopatra and Henry IV.
 9. June has a beetle named after it, the June Bug.
10. June is considered one of the best months to get married.
 11. June's birth flowers are Honeysuckle and Rose.
12. A number of Countries celebrate their Flag Day in June. Sweden the 6th, United States the 14th, Denmark the 15th.
13. The Wimbledon tennis tournament runs through June.
14. June has 3 birthstones. Pearl, Moonstone and Alexandrite.
15. June 1st is International Children's Day and World Milk Day.
 16. June 2nd is National Rocky Road Day.
 17. June 3rd is National Chocolate Macaroon Day.
 18. June 5th is World Environment Day.
 19. June 7th is Chocolate Ice Cream Day.
20. June 19th is Fathers Day and Juneteenth (Freedom Day).
 21. June 21st is the Summer Solstice.
22. June 24th is Mid Summers Day. "Cut your thistles before St. John, You will have two instead of one".
23. June has varied month-long observances all over the world. In the United States June is LGBT+ Pride month, Great Outdoors Month and National Oceans Month. On the other side of the world in the United Kingdom, June is National Smile Month.



Fathers Day

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

- BEST
- BREAKFAST
- CARD
- COURAGEOUS
- DAD
- DAUGHTER
- FAMILY
- FATHER
- FISHING
- FRIEND
- GIFT
- GOLF
- JUNE
- LOVE
- PAPA
- PATRIARCH

H	Q	Y	E	T	R	O	T	U	R	L	T	A	X	L	X	F	P	N
F	K	J	U	G	E	W	S	T	R	O	N	G	L	A	N	Y	F	Q
C	Z	B	E	S	T	A	Q	C	S	V	L	I	Q	Y	C	O	I	Y
B	I	C	A	L	H	O	C	B	R	E	A	K	F	A	S	T	S	L
U	R	E	V	Y	G	P	B	H	B	T	H	I	R	D	M	V	H	F
E	J	P	D	E	U	R	W	S	E	Z	F	A	T	H	E	R	I	H
K	F	Y	P	I	A	O	P	J	V	R	L	E	J	N	H	U	N	C
M	R	L	D	H	D	O	G	D	M	D	H	F	D	H	L	W	G	R
M	Q	Q	T	D	P	A	D	Z	L	Z	L	G	A	T	V	C	N	A
R	M	V	V	F	R	L	A	Y	G	O	Q	Z	D	A	L	Q	P	I
M	W	Q	H	R	I	A	H	R	G	Z	U	P	L	K	A	Q	O	R
G	Z	N	Y	I	P	G	C	Y	X	E	P	U	X	E	N	U	N	T
T	Z	B	H	E	M	Z	A	G	R	U	E	P	J	J	U	N	E	A
W	S	K	P	N	W	D	I	K	L	S	R	A	B	D	S	L	M	P
N	N	E	R	D	N	W	R	S	U	O	E	G	A	R	U	O	C	S
B	H	V	P	U	J	G	Q	N	S	P	P	R	O	U	D	H	B	D
I	I	Z	S	P	T	Z	O	Z	Q	G	A	O	S	R	L	C	U	M
X	O	B	P	C	Z	M	X	B	U	M	U	P	G	O	S	C	T	T
K	I	J	M	Y	L	I	M	A	F	N	F	Y	A	T	U	S	A	K

- POPS
- PROUD
- SON
- STRONG
- SUNDAY
- TEACHER
- THIRD
- VALUES



National Camping
Month

June 2022
National Day Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Father's Day - June 19		1 Nail Polish Day	2 Batisserie Chicken Day	3 Egg Day	4 Cheese Day
5 Gingerbread Day	6 Yo-Yo Day	7 Chocolate Ice-Cream Day	8 Best Friends Day	9 Donald Duck Day	10 Iced Tea Day	11 Corn on The Cob Day
12 Red Rose Day	13 Weed Your Garden Day	14 Flag Day	15 Electricity Day	16 Fudge Day	17 Global Garbage Man Day	18 Go Fishing Day
19 Picnic Day	20 American Eagle Day	21 Selfie Day	22 Onion Rings Day	23 Pink Day	24 International Fairy Day	25 Catfish Day
26 Coconut Day	27 Sunglasses Day	28 Pride Day	29 Camera Day	30 Meteor Watch Day		

NORTH PLATTE
SENIOR CENTER
(308) 532-6544
901 EAST 10th STREET
NORTH PLATTE, NE. 69101

HOURS
MONDAY-FRIDAY
8:00 A.M. TO 4:30 P.M.
YOU CAN FIND US ON
FACEBOOK!
COME JOIN US!!



SENIOR CENTER
STAFF
REBECCA BLUME,
DIRECTOR

STEPHANIE GILMORE,
HOME DELIVERY
COORDINATOR

CHRIS EDWARDS,
KITCHEN MANAGER

,
KITCHEN ASSISTANT

JULIAN SMALL,
KITCHEN AIDE

Meal programs

Sponsored by:
West Central Nebraska Area
Agency on Aging
United Way
& contributions from
clients

Our mission

To support the Independence
and well being of adults age
60 and older, enhance their
dignity and self respect, and
promote participation in all
aspects of community life
through creative program-
ming and providing
opportunities and resources
in the area of physical and
mental well being, nutrition,
recreation, and education.