

AUGUST 2022

NORTH PLATTE

SENIOR CENTER CURRENTLY OPEN FOR
CONGREGATE LUNCH, HOME DELIVERY
AND PICK-UPS



PLEASE CONSIDER JOINING US FOR LUNCH!! WE SERVE MONDAY THROUGH FRIDAY WE SERVE FROM 11:30 AM TO 1:00 PM . GRAB YOUR FRIENDS AND COME SEE US!! OPEN TO THE PUBLIC!!

The North Platte Senior Center is funded in part by the West Central Nebraska Area Agency on Aging under the authority of the Older Americans Act and the generous contributions of our clients and those who support our programs including Mid Plains United Way.

The North Platte Senior Center is administered by Community Action Partnership of Mid-Nebraska, a private, non-profit organization. The Senior Center provides information and referral services, health programs as well as many different programs for you to participate in.

We serve individuals sixty years of age or older and also welcome anyone of any age for meals and friendship. Congregate meals and Home Delivered Meals are served Monday through Friday at a suggested rate of **\$5.00** for persons over 60. Persons under the age of 60 are charged a set price of **\$7.00** per meal. Children age 5 to age 10 is \$5.00.

Consider making a Charitable Gift to benefit the North Platte Senior Center. These contributions and memorials allow the Center to use your donations where it is needed most. Unrestricted gifts allow us to continually enhance our programs for the elderly. The North Platte Senior Center is a 501(c)3 nonprofit agency and your gift is tax deductible.

901 East 10th Street, North Platte NE 69101 | 532-6544

Events

AUGUST 2022

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| <p>1</p> <p>LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM MERRY WIDOWS 12:30 PM</p> | <p>2</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>3</p> <p>FLYING NEEDLES 9:00 AM—2:00 PM LUNCH 11:30 AM- 1:00 PM DANCE 7:00 PM- 10:00 PM RAY MULLEN BUNCO BABES 1:00 PM</p> | <p>4</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>5</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM</p> |
| <p>8</p> <p>LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM</p> | <p>9</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>10</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM KIT KAT CARDS 12:15 PM DANCE 7:00 PM- 10:00 PM TOP SHELF COUNTRY</p> | <p>11</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>12</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM</p> |
| <p>15</p> <p>LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM 3RD MONDAY BRIDGE 1:00</p> | <p>16</p> <p>LUNCH 11:30 AM- 1:00 PM PAC BOARD MEETING 1:00 PM BINGO MEETING 1:30 PM</p> | <p>17</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM RAY GERVER</p> | <p>18</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>19</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM</p> |
| <p>22</p> <p>LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM</p> | <p>23</p> <p>LUNCH 11:30 AM- 1:00 PM TUESDAY CANASTA 12:00 PM 4TH TUESDAY BRIDGE 1:00</p> | <p>24</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM DAN DOBSON & FRIENDS</p> | <p>25</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>26</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM</p> |
| <p>29</p> <p>LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM</p> | <p>30</p> <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>31</p> <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM TOP SHELF COUNTRY</p> | <p>LUNCH 11:30 AM- 1:00 PM</p> | <p>FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM</p> |



AUCTION ITEMS NEEDED!

THE NORTH PLATTE SENIOR CENTER WOULD LOVE TO HAVE ANOTHER SILENT AUCTION FUNDRAISER!!!!

IF YOU, OR ANYONE YOU KNOW, HAS ANYTHING YOU WOULD BE WILLING TO DONATE, WE WOULD VERY MUCH APPRECIATE IT!

HAVING OUR SILENT AUCTIONS ARE ALWAYS TO FUN TO PERUSE AND WATCH THE FUN BIDDING!

THANK YOU SO MUCH FOR SUPPORTING THE NORTH PLATTE SENIOR CENTER!!!

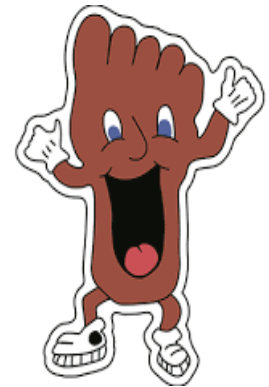
FOOT CLINIC CURRENTLY DOING THEM IN HOME ONLY

COST: \$15.00

CALL FOR AN
APPOINTMENT

KAY RIES

539-2657



**North Platte Area
Retired & Senior
Volunteer Program**

★ serve your neighbor ★ serve your community
★ serve your country

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(308) 535-6777

www.facebook.com/nprsvp
www.volunteematch.org
www.ci.north-platte.ne.us/volunteer/rsvp



BUFFALO BILL APARTMENTS
1200 South Oak St. • North Platte
308-534-2031 • *On-Site Manager: Dianna*
Buffalo Bill currently has 2 BR, 1 BR, &
Studio Apartments w/balconies available

SOUTH OAK APARTMENTS
1100 South Oak • North Platte
308-534-5642 • *On-Site Manager: Sheri*
South Oak currently has 1 BR Apartments available

AMENITIES:

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- Secure entry into building
- Elevators
- Onsite laundry room

Income-based housing open to all seniors 55 & older
or those with qualifying disability. Income limits apply.

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Long Term Care Partnership Plans



Community Connections Mentoring is a community-based program for youth ages kindergarten through 7th grade. Mentoring pairs have the flexibility of meeting at any of your favorite public locations around town or during school lunch and time together can include our monthly group activities and community service projects.

Research confirms that quality mentoring relationships have powerful positive effects on young people in a variety of personal, academic, and professional situations. Unfortunately, one in three young people will grow up without any type of mentor. And with each additional risk factor a young person experiences, the less likely he or she will connect with a mentor. To close this gap, it will take everyone from parents, students and teachers to counselors, coaches and family friends – anyone who has a touch point in a young person's life.

What does it take to be a mentor?

- Have the willingness to listen and offer encouragement
- Ability to share what you've learned about life
- Be 18 or older and reside in Lincoln County
- Complete the application and matching process
- Spend 4 to 8 hours a month interacting with your mentee – learn a new skill together, walk the dog, run errands, have ice cream, get to know each other and have some fun!
- Be consistent and reliable, expect some ups and downs, and be willing to learn as you go



When youth in our program were asked "What is the best thing about having a mentor?" they responded:



"Being nicer, being happier, being more responsible."

"That adults don't have to be just family. They can be friends and help you out."

"I'm more confident. I used to think I didn't deserve a spot in the world, but now I do."

"I've learned how to golf, kinds of trees, different restaurant. I've learned to compare books I've read to movies that I see with my mentor."

Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with day-to-day challenges, and makes them feel like they matter.

Call 308-696-0975 for information or go to
www.CommunityConnectionsLC.org

Community News

AREA FOOD PANTRIES

Episcopal Church of Our Savior
203 West 4th st
(308)-532-0515

Grace Ministries
114 East C st
(308)-532-1083

Parkview Church
1802 North Jeffers
(308)-532-0613

Salvation Army
1020 North Adams
(308)-532-2038

Spanish Christian Church
510 North Jeffers
(308)-660-3209

St. Patrick's
401 1/2 East 3rd st
(308)-532-8800

Western Frontier County
Rt3 Box 160
Curtis, Ne 69025
(308)-613-0950

Cozad Food Pantry
302 East 8th st
Cozad, Ne 69130
(308)-784-4545

Lexington Food Pantry
931 West 7th st
Lexington, Ne 68850
(308)-324-4219

Church of God Prophecy
1011 North Lincoln
Lexington, Ne 68850
(308)-325-9899

Gosper County Pantry
601 Rush st
Elwood, Ne 68937
(308)-785-8141

PRODUCT OF THE MONTH

ICE CREAM
CONES



BBQ SAUCE



KLEENEX



WHEAT BREAD



LIKE TO DANCE??

LIVE MUSIC EVERY WEDNESDAY NIGHT

\$7.00 COVER AT THE DOOR

7:00 PM TO 10:00 PM

NORTH PLATTE SENIOR CENTER

901 EAST 10TH STREET, NORTH PLATTE

AUGUST 3RD— Ray Mullen

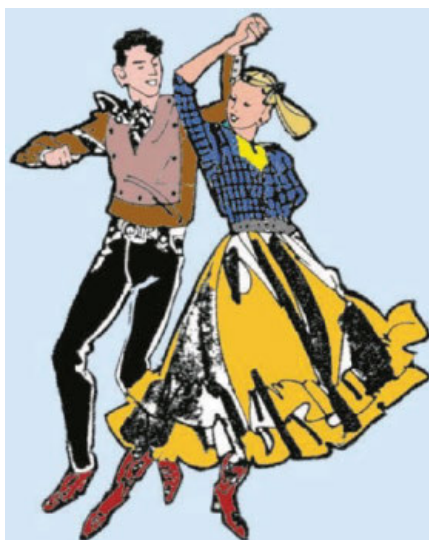
**AUGUST 10TH—Top Shelf
Country \$10.00**

AUGUST 17TH—Ray Gerver

**AUGUST 24TH—Dan Dobson &
Friends**

**AUGUST 31ST— Top Shelf
Country**

**COME HAVE A GOOD
TIME!**



ICE CREAM TOPPINGS



BE SURE TO SIGN AT THE
DESK WHAT

YOU BROUGHT IN!

ALL DONATIONS

APPRECIATED !!

Community Events

Also Available at the North Platte Senior Center.....

Lending Library ~ We have lots of books, audio books, VHS tapes & DVD's available to borrow.

Medical Equipment ~ North Platte Senior Center has the following item available to borrow: Power chairs, Wheelchairs, Walkers, Canes, Toilet Seat Risers, Bath Tub Handles, Cpap & much more. Hospital Bed, Specialized Wheel Chairs.

We also accept these items as donations.



JOIN THE SUNDAY DANCERS!!

2:00 to 5:00 PM

\$10.00

August 14th — Gary Phipps

August 21st — The Gerver's

The North Platte Senior Center
901 East 10th St
North Platte, NE 69101


Odean Colonial Chapel
at C and Sycamore

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 **Legal Aid** | REACH
OF NEBRASKA Initiative

Raising Effective Advocacy
for Crime Victim Health
and Safety

Are you 60 years of age or older?

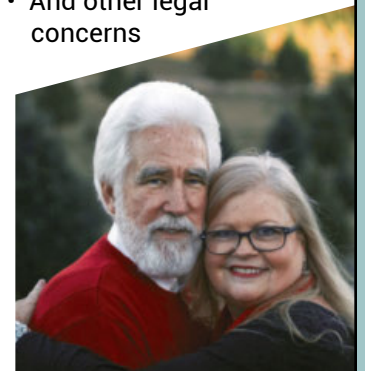
We can help you with...

- Elder Abuse and Financial Exploitation
- Power of Attorney
- Collections
- Medicare/Medicaid
- Consumer Protection
- Simple Wills
- Advanced Directives/ Living Wills
- Homestead Exemption
- Tenant Issues
- And other legal concerns

Serving
Nebraska's seniors
in all 93 counties.

ElderAccessLine®

In Omaha: 402-827-5656



This advertisement was supported by grant number 139-2020-VA1029 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice, through the Nebraska Crime Commission.

FREE AD DESIGN

WITH PURCHASE OF THIS SPACE

 **CALL 800.950.9952**



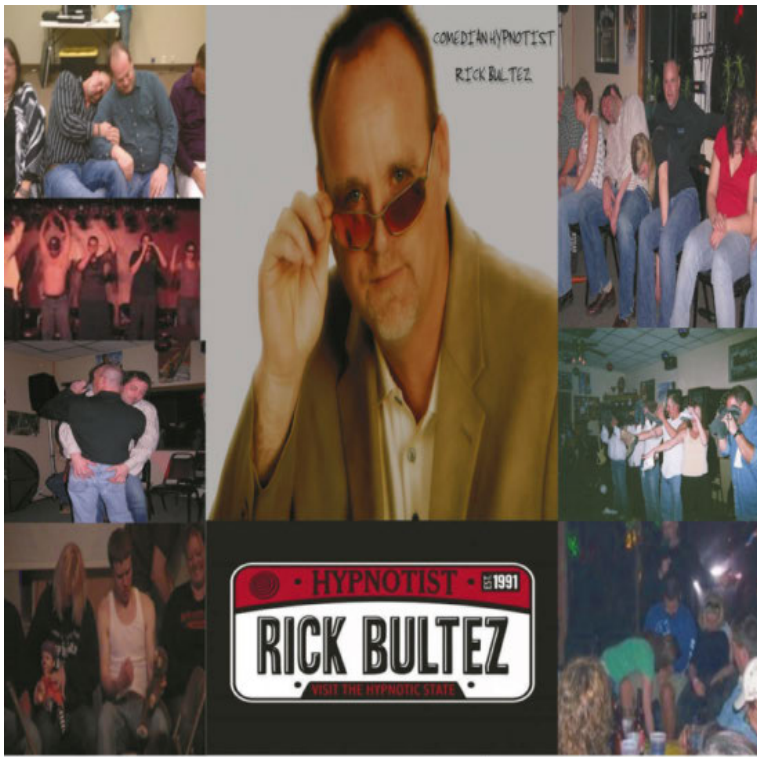
For ad info. call 1-800-950-9952 • www.lpicommunities.com

North Platte Senior Center, North Platte, NE B 4C 05-1048

AUGUST

Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>1</p> <p>LASAGNA CORN LETTUCE SALAD FRUIT COCKTAIL GARLIC BREAD</p> | <p>2</p> <p>PORK SPARE RIB CHUNKY POTATOES SAUERKRAUT PINEAPPLE</p> | <p>3</p> <p>CHICKEN STRIPS SCALLOPED POTATOES PEAS & CARROTS PEACHES</p> | <p>4</p> <p>CHICKEN FRIED STEAK MASHED POTATOES WITH COUNTRY GRAVY WAX BEANS PEARS</p> | <p>5</p> <p>POLISH DOG PARSLEY BUTTERED POTATOES BAKED BEANS STRAWBERRY APPLESAUCE</p> |
| <p>8</p> <p>BEEF TIPS OVER RICE GREEN BEANS STEWED TOMATOES PINEAPPLE</p> | <p>9</p> <p>HOT TURKEY SANDWICH MASHED POTATOES WITH GRAVY PEAS PEARS</p> | <p>10</p> <p>GOULASH BABY CARROTS LETTUCE SALAD FRUIT COCKTAIL GARLIC BREAD</p> | <p>11</p> <p>SAUSAGE GRAVY OVER A BISCUIT MASHED POTATOES BEETS MANDARIN ORANGES CHEESE CUBES</p> | <p>12</p> <p>OVEN FRIED CHICKEN AU GRATIN POTATOES BRUSSEL SPROUTS PEACHES</p> |
| <p>15</p> <p>SCROD COD MACARONI AND CHEESE PEAS AND ONIONS PICKLED BEETS PEARS</p> | <p>16</p> <p>TACO SALAD WITH CHEESE AND TOMATO CORN SALAD PEACHES TORTILLA CHIPS</p> | <p>17</p> <p>HAM SWEET POTATOES GREEN BEAN CASSEROLE PINEAPPLE</p> | <p>18</p> <p>MEATLOAF BAKED POTATO CAULIFLOWER WITH CHEESE APRICOTS</p> | <p>19</p> <p>BREADED CHICKEN BREAST MASHED POTATOES WITH COUNTRY GRAVY SUGAR SNAP PEAS FRUIT COCKTAIL</p> |
| <p>22</p> <p>CHICKEN AND NOODLES MASHED POTATOES SPINACH COTTAGE CHEESE PINEAPPLE</p> | <p>23</p> <p>BBQ PORK RIB SANDWICH CORN ON THE COB TATOR TOTS MANDARIN ORANGES</p> | <p>24</p> <p>CHILI DOG STEAK FRIES CARROT RAISIN SALAD PEARS</p> | <p>25</p> <p>LEMON CHICKEN AU GRATIN POTATOES LIMA BEANS PEACHES</p> | <p>26</p> <p><u>BIRTHDAY</u> PORK ROAST MASHED POTATOES WITH GRAVY NORMANDY BLEND TROPICAL FRUIT DINNER ROLL CAKE AND ICE CREAM</p> |
| <p>29</p> <p>SWEET & SOUR CHICKEN BREAST RICE BROCCOLI 3 BEAN SALAD PEACHES EGG ROLL</p> | <p>30</p> <p>PORK CHOP SCALLOPED POTATOES HARVARD BEETS APPLESAUCE</p> | <p>31</p> <p>SALISBURY STEAK MASHED POTATOES WITH GRAVY SCALLOPED CORN FRUIT COCKTAIL</p> | <p><u>MENU</u> <u>SUBJECT</u> <u>TO</u> <u>CHANGE</u></p> | |



SAVE THE DATE

BIG! NORTH PLATTE
RAIL DAYS
 GOLDEN SPIKE TOWER AND VISITORS CENTER

AUGUST 5TH-7TH

INCLUDES A TOUR OF BAILEY YARD
 MODEL TRAIN SHOW
 GOLDEN SPIKE TOWER
 & MORE, WITH A WEEKEND OF TRAIN FUN

LIVE AT BRADY DAYS 2022
 SATURDAY, AUGUST 6TH
 3 SHOWS:
 1 PM, 4 PM, & 6 PM
 @
 BRADY COMMUNITY CENTER

Sponsored by:

SHAW LAW, LLC
 CHEYAN SHAW
 ATTORNEY AT LAW
 308-537-7119

**2022 FORT CODY
 SUMMER
 MUSIC SERIES**



FORT CODY 221 HALLIGAN DR.
 TRADING POST NORTH PLATTE, NE

AUGUST 11 • 4PM

STOCKADE FEST

THE AMERICAN REBEL TOUR
 MCKENZIE JALYNN
 HARLOW

MORE ACTS
 TBA

RECIPE

Oma's Rhubarb Cake

Ingredients

Cake:

- 2 cups all-purpose flour
- 1 ¼ cups white sugar
- 1 teaspoon baking soda
- ½ teaspoon salt
- 2 eggs, beaten
- 1 cup sour cream
- 3 cups diced rhubarb

Streusel:

- 1 cup white sugar
- ¼ cup butter, softened
- ¼ cup all-purpose flour
- ¼ teaspoon ground cinnamon, or to taste



Directions

1. Preheat the oven to 350 degrees F (175 degrees C). Grease and flour a 9x13-inch baking dish.
2. Make cake: Stir together flour, sugar, baking soda, and salt in a large bowl. Stir in eggs and sour cream until smooth, then fold in rhubarb. Pour into the prepared dish and spread evenly.
3. Make streusel: Stir together sugar and butter in a medium bowl until smooth. Stir in flour until mixture is crumbly. Sprinkle mixture on top of cake, then dust lightly with cinnamon.
4. Bake in the preheated oven until a toothpick inserted in the center comes out clean, about 45 minutes.



AZRIA HEALTH

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CentennialParkInfo@azriahealth.com

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- ★ Skilled Nursing Care

- ★ Respite Care & Short Term Stays
- ★ Rehabilitation Services

www.azriahealth.com

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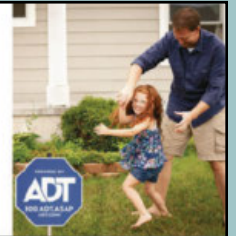


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For ad info. call 1-800-950-9952 • www.lpicommunities.com

North Platte Senior Center, North Platte, NE C 4C 05-1048



SENIOR FARMERS' MARKET VOUCHER DISTRIBUTION

STARTING MONDAY, JULY 11TH

9:00 TO 10:00 AM

YOU MAY COME MONDAY THROUGH FRIDAY AT THE DESIGNATED TIMES
STARTING ON THE 11TH.

COUPONS WILL ONLY BE GIVEN OUT DURING THE DESIGNATED HOUR.

ONLY ONE COUPON PACKET PER HOUSEHOLD.

IF 2 IN THE HOUSEHOLD BRING REQUIREMENTS FOR BOTH INDIVIDUALS

MAKE SURE TO BRING THE REQUIREMENTS

- PHOTO ID
- PROOF OF INCOME

NORTH PLATTE SENIOR CENTER

901 EAST 10TH ST



ARE YOU INTERESTED IN A CHESS CLUB OR GROUP?

We would love to bring new groups to the Senior Center and we think Chess would be a great way to get to know each other while playing your favorite past time throughout the week.

If you have any interest in getting together with like-minded chess players please give a call!!

We would love to get this fun activity going for you!

If you have any other ideas for new activities and hobbies please call!

Rebecca Blume 308-532-6544

**THANK YOU TO ALL OF
OUR WONDERFUL
SPONSORS!!!**

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BUFFALO BILL
APARTMENTS

SOUTH OAK
APARTMENTS

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NEBRASKA

AZRIA HEALTH
CENTENNIAL PARK

ADT

GREAT PLAINS HEALTH

SHRAKE BODY SHOP

FOSTER GRANDPARENTS

HAPPY BIRTHDAY SENIOR CENTER FRIENDS

- 8/1 SHIRLEY NELSON
- 8/5 GWEN DICKENSON
- 8/5 TERRI MILLER
- 8/5 MILDRED HALL
- 8/6 BILL LACEY
- 8/8 PRESTON KEYS
- 8/9 RUTH WOHLER
- 8/9 RAY SPENCER
- 8/9 KAREN NANCE
- 8/11 LINDA MORRIS
- 8/12 BONNIE SELLERS
- 8/12 MANLEY KRAMER
- 8/13 JAN ELLER
- 8/14 SHARON MARTENS
- 8/14 LORNA BABCOCK
- 8/15 HERVY SAATHOFF
- 8/16 VIRGINIA COPPERSMITH
- 8/17 CHUCK SCRIPTER
- 8/17 HELEN PHELPS
- 8/18 ROBERT BROWN
- 8/19 ANDY SKUFCA
- 8/19 PENNY FORAN
- 8/19 CARROLL MICHAELS
- 8/19 ESTHER HAROLD
- 8/20 ANITA BROWN
- 8/22 BRICE PETERSON
- 8/24 KATHLEEN HOATSON
- 8/24 ELIZABETH SPELLMAN
- 8/24 DONALD LEE
- 8/25 VICKI DELGADO
- 8/30 CHERYL MATTHEWS



THANK YOU to our
SPONSORS!



THANK YOU TO OUR MAY VOLUNTEERS

PAM AMES
 BLAKE BARNUM
 KAREN BECVAR
 GLORIA BLAKELY
 SUSIE BRANTING
 SUE BROTT
 CINDY BURTON
 DENNIS BURTON
 JO COOPER
 PENNY DIKE
 RUBY EDWARDS
 HAYLEY HEBBLEWAITHE
 RONALD HITCHCOCK
 MARI LEE HYDE
 RUSSELL ISAAC
 KINDA LOU JOHNSTON

GINA LEE
 GLORIA LIVINGSTON
 CAROL LOOS
 KATHY MCBRIDE
 VICKI MCDERMOTT
 FRANCINE MCKENZIE
 CARROLL MILLER
 PAM MITCHELL
 JO NESIBA
 ALICE OLSON
 DAVE OLSON
 OPPURTUNITY CENTER
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 MARCIA RODGERS

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 HERVY SAATHOFF
 JOHNNY SCHLEDWITZ
 CHUCK SCRIPTER
 MARY SEANOR
 MEL SEANOR
 GARY SIERKS
 KATHY SIERKS
 BILL SONGSTER
 MARLENE SONGSTER
 GARY THOMSEN
 CASS TUNER
 MORRIS TURNER
 MARY VAN ERT
 GWEN VIAN
 VIVIAN WHEELER



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308.568.8000

601 W. Leota St. | North Platte, NE 69101 | gphealth.org

Join Foster Grandparents Today.

A child needs **YOU** to become a Classroom Grandparent

As a Foster Grandparent, you will help children in our community develop the academic and life skills that are critical to their development and future success. We need volunteers to serve in their communities with children in schools and pre-schools. You will serve with kids who need extra support from a loving, caring grandparent figure. Volunteers are age 55 and up. Must be willing to serve 5 hours per week.



Please contact Krista Powell at **308-530-4115**

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 BUSINESS
 BY PLACING
 AN AD HERE!**

CONTACT US!

Contact Anita Aguilar to
 place an ad today!
aaguilar@lpicommunities.com
 or (800) 950-9952 x2677



Gift Card

EAT AT THE NORTH PLATTE SENIOR CENTER MORE THAN 15 TIMES IN ONE MONTH AND YOUR NAME WILL BE ENTERED IN OUR DRAWING FOR A \$25.00 GIFT CARD!!
TELL YOUR FRIENDS!!!

CONGRATULATIONS

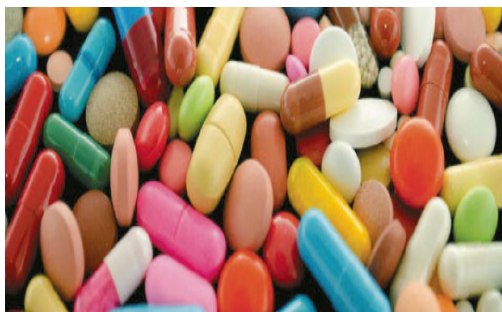
OUR GIFT CARD WINNER FOR MAY IS:

JARROLD BROWN

OUR JUNE WINNER IS:

BILL LACEY

CONGRATULATIONS WINNERS!!!!



Community Connections Drug Collection

Community Connections is offering a drug disposal program at the Platte River Mall, 1000 South Dewey Street, on the 3rd Saturday from 11:00 a.m.-1:00 p.m. This program is an excellent way to dispose of prescriptions & over the counter medications that are expired or no longer needed. The medications are turned over to the Nebraska State Patrol who destroys them in an environmentally friendly manner.



BINGO— OPEN TO THE PUBLIC

**MUST BE 18 & OVER TO PLAY
3 TV SCREENS!!**

EVERY SATURDAY NIGHT!!

EARLY BIRD GAME AT 6:30 PM

BINGO BEGINS AT 7:00 PM

CASH COW!!

SPECIAL GAMES!!

FLASH BINGO CARDS!!

NORTH PLATTE SENIOR CENTER

901 EAST 10TH ST

ALL PROCEEDS BENEFIT THE SENIOR CENTER

**WE WOULD LIKE TO
THANK YOU FOR ALL
OF YOUR DONATIONS
THAT HELP SUPPORT
YOUR SENIOR CENTER**

**Donations towards our
Home Delivered Meals**

Program & Fuel:

Donna Collins: \$20.00

Chris Zook: \$10.00

Del Roe: \$49.73

Ivan Sandberg: \$20.00

Memorials:

Kathy Lewis: \$200.00

**Donations to the Center
by Individuals or Group:**

Bernice Ziegler: \$25.00

Product of the Month

Donations:

Victoria Loving: paper
towels, napkins, Kleenex,
ice cream toppings

Twila Miller: ice cream
cones

Ruby Edwards: ice cream
toppings

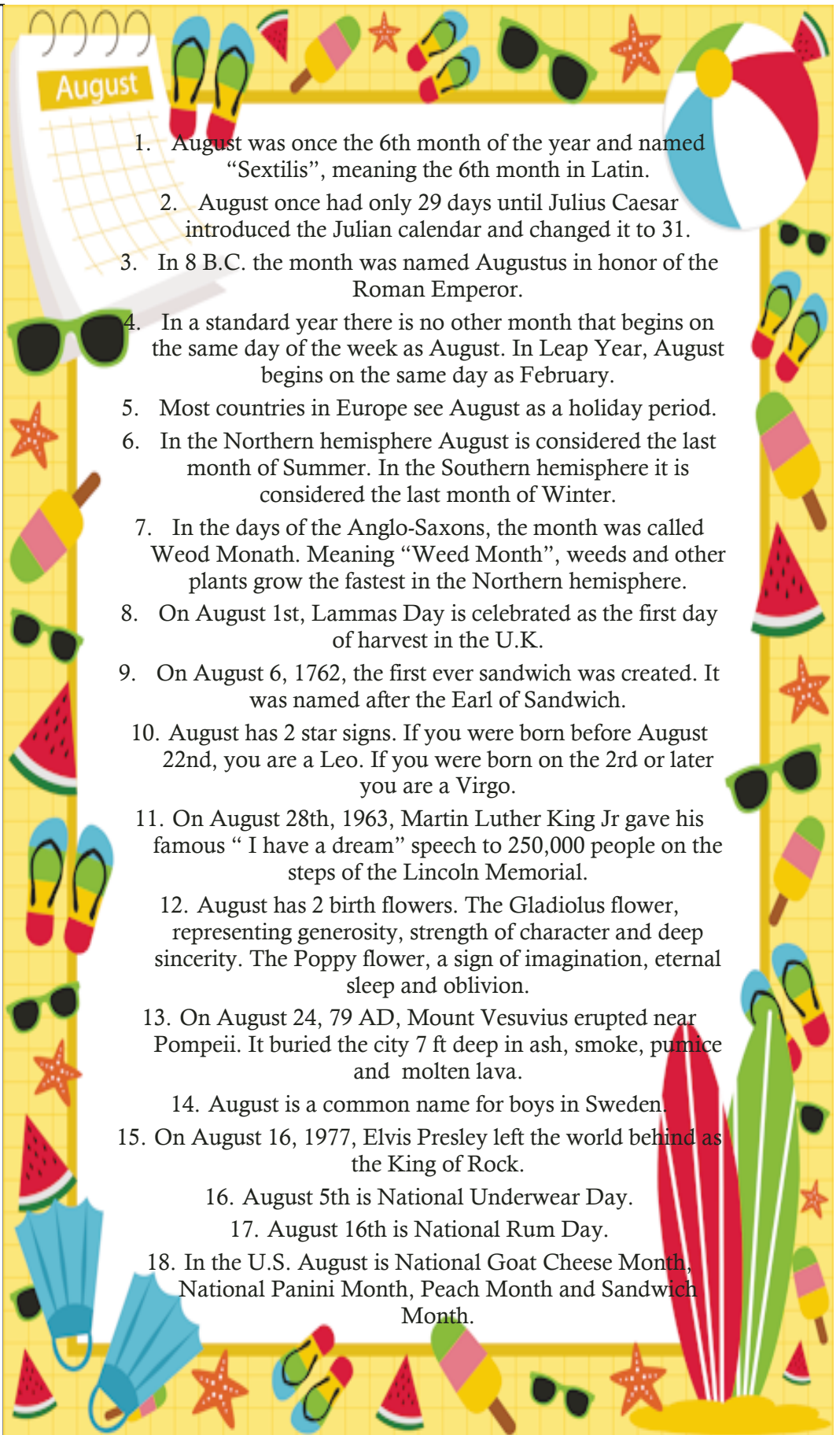
Miller's: bread, ice cream
cones & toppings,
Kleenex

Eller's: ice cream cones &
toppings, bbq sauce,
ketchup, mustard, relish

Karl Kirkland: bread

Pam Mitchell: ice cream
cones, bread

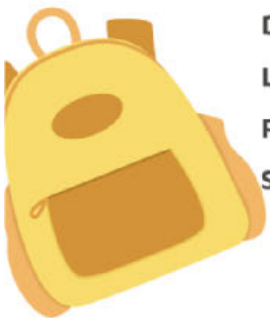
Theresa Kelly: ice cream
cones



1. August was once the 6th month of the year and named "Sextilis", meaning the 6th month in Latin.
2. August once had only 29 days until Julius Caesar introduced the Julian calendar and changed it to 31.
3. In 8 B.C. the month was named Augustus in honor of the Roman Emperor.
4. In a standard year there is no other month that begins on the same day of the week as August. In Leap Year, August begins on the same day as February.
5. Most countries in Europe see August as a holiday period.
6. In the Northern hemisphere August is considered the last month of Summer. In the Southern hemisphere it is considered the last month of Winter.
7. In the days of the Anglo-Saxons, the month was called Weod Monath. Meaning "Weed Month", weeds and other plants grow the fastest in the Northern hemisphere.
8. On August 1st, Lammas Day is celebrated as the first day of harvest in the U.K.
9. On August 6, 1762, the first ever sandwich was created. It was named after the Earl of Sandwich.
10. August has 2 star signs. If you were born before August 22nd, you are a Leo. If you were born on the 2nd or later you are a Virgo.
11. On August 28th, 1963, Martin Luther King Jr gave his famous "I have a dream" speech to 250,000 people on the steps of the Lincoln Memorial.
12. August has 2 birth flowers. The Gladiolus flower, representing generosity, strength of character and deep sincerity. The Poppy flower, a sign of imagination, eternal sleep and oblivion.
13. On August 24, 79 AD, Mount Vesuvius erupted near Pompeii. It buried the city 7 ft deep in ash, smoke, pumice and molten lava.
14. August is a common name for boys in Sweden.
15. On August 16, 1977, Elvis Presley left the world behind as the King of Rock.
16. August 5th is National Underwear Day.
17. August 16th is National Rum Day.
18. In the U.S. August is National Goat Cheese Month, National Panini Month, Peach Month and Sandwich Month.



Back To School Word Search



A X O B H C N U L B S J C B P Q D R D C
 L P U V D R C B A S N O G Y E I E E N R
 G I P H U D Z C E E A O L V N H N G U A
 X C B L E K K C Q F H O L F C Z O T O Y
 X I S R E P E F T M H N Z A I I T L R O
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APPLE

DESK

LUNCHBOX

PENCIL

SCHEDULE

SCISSORS

TEACHER

BACKPACK

LIBRARY

MATH

PLAYGROUND

SCHOOL

STUDENT

WRITING

CRAYONS

LOCKER

NOTEBOOK

RECESS

SCIENCE

STUDY



| | | | | | | |
|---|--|--|--|--|--|---|
| | 1 Mustard Day  | 2 Ice Cream Sandwich Day  | 3 Watermelon Day  | 4 U.S. Coast Guard Day  | 5 International Traffic Light Day  | 6 National Fresh Breath Day  |
| 7 Lighthouse Day  | 8 Smile Week  | 9 Book Lovers Day  | 10 S'mores Day  | 11 National Bowling Day  | 12 Catfish Month  | 13 Left Handers Day  |
| 14 EYE EXAM MONTH  | 15 I ❤️ Cowboys and Cowgirls Day  | 16 National Roller Coaster Day  | 17 National No. 2 Pencil Day  | 18 Bad Poetry Day  | 19 Aviation Day  | 20 Radio Day  |
| 21 Poet's Day  | 22 Be an Angel Day  | 23 Ride the Wind Day  | 24 Vesuvius Day  | 25 Golf Month  | 26 Dog Day  | 27 Picnic Month  |
| 28 Race your Mouse Day  | 29 Peach Month  | 30 Frankenstein Day  | 31 Trail Mix Day  | August 2022  | | |

NORTH PLATTE
SENIOR CENTER
(308) 532-6544
901 EAST 10th STREET
NORTH PLATTE, NE. 69101

HOURS
MONDAY-FRIDAY
8:00 A.M. TO 4:30 P.M.
YOU CAN FIND US ON
FACEBOOK!
COME JOIN US!!



SENIOR CENTER STAFF
REBECCA BLUME,
DIRECTOR

STEPHANIE GILMORE,
HOME DELIVERY
COORDINATOR

CHRIS EDWARDS,
KITCHEN MANAGER

,KITCHEN ASSISTANT,
PAM MITCHELL

JULIAN SMALL,
KITCHEN AIDE

Meal programs
Sponsored by:
West Central Nebraska Area
Agency on Aging
United Way
& contributions from
clients

Our mission
To support the Independence
and well being of adults age
60 and older, enhance their
dignity and self respect, and
promote participation in all
aspects of community life
through creative program-
ming and providing
opportunities and resources
in the area of physical and
mental well being, nutrition,
recreation, and education.