

SEPTEMBER 2022

## NORTH PLATTE

SENIOR CENTER CURRENTLY OPEN FOR  
CONGREGATE LUNCH, HOME DELIVERY  
AND PICK-UPS



**PLEASE CONSIDER JOINING US FOR LUNCH!! WE SERVE MONDAY THROUGH FRIDAY WE SERVE FROM 11:30 AM TO 1:00 PM . GRAB YOUR FRIENDS AND COME SEE US!! OPEN TO THE PUBLIC!!**

The North Platte Senior Center is funded in part by the West Central Nebraska Area Agency on Aging under the authority of the Older Americans Act and the generous contributions of our clients and those who support our programs including Mid Plains United Way.

The North Platte Senior Center is administered by Community Action Partnership of Mid-Nebraska, a private, non-profit organization. The Senior Center provides information and referral services, health programs as well as many different programs for you to participate in.

We serve individuals sixty years of age or older and also welcome anyone of any age for meals and friendship. Congregate meals and Home Delivered Meals are served Monday through Friday at a suggested rate of **\$5.00** for persons over 60. Persons under the age of 60 are charged a set price of **\$7.00** per meal. Children age 5 to age 10 is \$5.00.

Consider making a Charitable Gift to benefit the North Platte Senior Center. These contributions and memorials allow the Center to use your donations where it is needed most. Unrestricted gifts allow us to continually enhance our programs for the elderly. The North Platte Senior Center is a 501(c)3 nonprofit agency and your gift is tax deductible.

**901 East 10th Street, North Platte NE 69101 | 532-6544**

# Events

# SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 LUNCH 11:30 AM- 1:00 PM	2 LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
5	6 LUNCH 11:30 AM- 1:00 PM	7 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM RAY MULLEN	8 LUNCH 11:30 AM- 1:00 PM	9 LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
12 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM	13 LUNCH 11:30 AM- 1:00 PM	14 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM KIT KAT CARDS 12:15 PM DANCE 7:00 PM- 10:00 PM TOP SHELF COUNTRY	15 LUNCH 11:30 AM- 1:00 PM	16 LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
19 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM 3RD MONDAY BRIDGE 1:00	20 LUNCH 11:30 AM- 1:00 PM PAC BOARD MEETING 1:00 PM BINGO MEETING 1:30 PM	21 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM BUNCO BABES 1:00 PM DANCE 7:00 PM- 10:00 PM RAY MULLEN	22 LUNCH 11:30 AM- 1:00 PM	23 LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM
26 LUNCH 11:30 AM- 1:00 PM PITCH LADIES 12:30 PM	27 LUNCH 11:30 AM- 1:00 PM 4TH TUESDAY BRIDGE 1:00	28 FLYING NEEDLES 9:00 AM- 2:00 PM LUNCH 11:30 AM- 1:00 PM KIT KAT CARDS 12:15 PM DANCE 7:00 PM- 10:00 PM DAN DOBSON & FRIENDS	29 LUNCH 11:30 AM- 1:00 PM	30 LUNCH 11:30 AM- 1:00 PM BRIDGE CLUB 12:30 PM OPEN CARD PARTY 6:00 PM



# AUCTION ITEMS NEEDED!

THE NORTH PLATTE SENIOR CENTER WOULD LOVE TO HAVE ANOTHER SILENT AUCTION FUNDRAISER!!!!

IF YOU, OR ANYONE YOU KNOW, HAS ANYTHING YOU WOULD BE WILLING TO DONATE, WE WOULD VERY MUCH APPRECIATE IT!

HAVING OUR SILENT AUCTIONS ARE ALWAYS TO FUN TO PERUSE AND WATCH THE FUN BIDDING!

THANK YOU SO MUCH FOR SUPPORTING THE NORTH PLATTE SENIOR CENTER!!!

## FOOT CLINIC CURRENTLY DOING THEM IN HOME ONLY

COST: \$15.00

CALL FOR AN  
APPOINTMENT

KAY RIES

539-2657

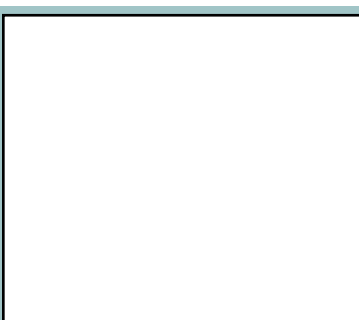


**North Platte Area  
Retired & Senior  
Volunteer Program**

★ serve your neighbor ★ serve your community  
★ serve your country

901 East 10<sup>th</sup> Street, North Platte NE, 69101  
(308) 535-6777

[www.facebook.com/nprsvp](http://www.facebook.com/nprsvp)  
[www.volunteematch.org](http://www.volunteematch.org)  
[www.ci.north-platte.ne.us/volunteer/rsvp](http://www.ci.north-platte.ne.us/volunteer/rsvp)



**BUFFALO BILL APARTMENTS**  
1200 South Oak St. • North Platte  
308-534-2031 • *On-Site Manager: Dianna*  
Buffalo Bill currently has 2 BR, 1 BR, & Studio Apartments w/balconies available

**SOUTH OAK APARTMENTS**  
1100 South Oak • North Platte  
308-534-5642 • *On-Site Manager: Sheri*  
South Oak currently has 1 BR Apartments available

**AMENITIES:**

- Utilities included in rent
- Discounted cable plan
- Secure entry into building
- Elevators
- Onsite laundry room

Income-based housing open to all seniors 55 & older or those with qualifying disability. Income limits apply.

**GROW YOUR  
BUSINESS  
BY PLACING  
AN AD HERE!**

**CONTACT US!**

Contact Anita Aguilar to place an ad today!  
[aaguilar@lpicommunities.com](mailto:aaguilar@lpicommunities.com)  
or (800) 950-9952 x2677

**SUPPORT OUR  
ADVERTISERS!**

**Are you concerned about...**

- High Medicare insurance premiums or copays?
- Paying large nursing care bills not covered by Medicare?
- Low returns on retirement savings?

**Waiting to review your options is costing you money, so call today!**

**William Ristov**  
308-380-8769  
[ristov.william@outlook.com](mailto:ristov.william@outlook.com)  
Licensed Insurance Agent

*Creating Customized Solutions Since 2006*

Medicare Supplements • Life Insurance  
Medicare Advantage and Part D  
Prescription Drug Plans  
Fixed and Indexed Annuities  
Long Term Care Partnership Plans





**Community Connections Mentoring is a community-based program for youth ages kindergarten through 7<sup>th</sup> grade. Mentoring pairs have the flexibility of meeting at any of your favorite public locations around town or during school lunch and time together can include our monthly group activities and community service projects.**

Research confirms that quality mentoring relationships have powerful positive effects on young people in a variety of personal, academic, and professional situations. Unfortunately, one in three young people will grow up without any type of mentor. And with each additional risk factor a young person experiences, the less likely he or she will connect with a mentor. To close this gap, it will take everyone from parents, students and teachers to counselors, coaches and family friends – anyone who has a touch point in a young person's life.

### What does it take to be a mentor?

- Have the willingness to listen and offer encouragement
- Ability to share what you've learned about life
- Be 18 or older and reside in Lincoln County
- Complete the application and matching process
- Spend 4 to 8 hours a month interacting with your mentee – learn a new skill together, walk the dog, run errands, have ice cream, get to know each other and have some fun!
- Be consistent and reliable, expect some ups and downs, and be willing to learn as you go



When youth in our program were asked "What is the best thing about having a mentor?" they responded:



"Being nicer, being happier, being more responsible."

"That adults don't have to be just family. They can be friends and help you out."

"I'm more confident. I used to think I didn't deserve a spot in the world, but now I do."

"I've learned how to golf, kinds of trees, different restaurant. I've learned to compare books I've read to movies that I see with my mentor."

**Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with day-to-day challenges, and makes them feel like they matter.**

Call 308-696-0975 for information or go to  
[www.CommunityConnectionsLC.org](http://www.CommunityConnectionsLC.org)

## Community News

### AREA FOOD PANTRIES

Episcopal Church of Our Savior  
203 West 4th st  
(308)-532-0515

Grace Ministries  
114 East C st  
(308)-532-1083

Parkview Church  
1802 North Jeffers  
(308)-532-0613

Salvation Army  
1020 North Adams  
(308)-532-2038

Spanish Christian Church  
510 North Jeffers  
(308)-660-3209

St. Patrick's  
401 1/2 East 3rd st  
(308)-532-8800

Western Frontier County  
Rt3 Box 160  
Curtis, Ne 69025  
(308)-613-0950

Cozad Food Pantry  
302 East 8th st  
Cozad, Ne 69130  
(308)-784-4545

Lexington Food Pantry  
931 West 7th st  
Lexington, Ne 68850  
(308)-324-4219

Church of God Prophecy  
1011 North Lincoln  
Lexington, Ne 68850  
(308)-325-9899

Gosper County Pantry  
601 Rush st  
Elwood, Ne 68937  
(308)-785-8141

### PRODUCT OF THE MONTH

ICE CREAM  
CONES



BBQ SAUCE



KLEENEX



WHEAT BREAD



### LIKE TO DANCE??

LIVE MUSIC EVERY WEDNESDAY NIGHT

\$7.00 COVER AT THE DOOR

7:00 PM TO 10:00 PM

NORTH PLATTE SENIOR CENTER

901 EAST 10TH STREET, NORTH PLATTE

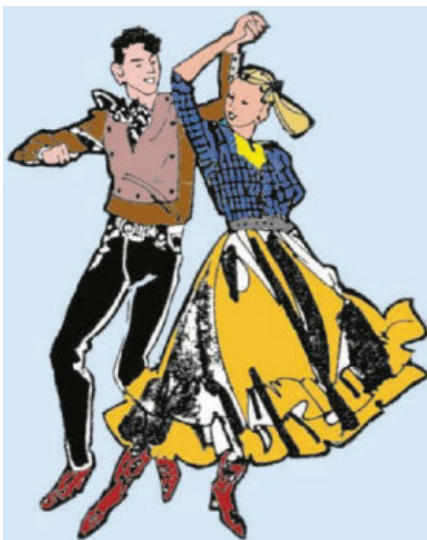
**SEPTEMBER 7TH— Ray Mullen**

**SEPTEMBER 14TH—Top Shelf  
Country \$10.00**

**SEPTEMBER 21ST—Ray Mullen**

**SEPTEMBER 28TH— Dan  
Dobson & Friends**

**COME HAVE A GOOD  
TIME!**



ICE CREAM TOPPINGS



BE SURE TO SIGN AT THE  
DESK WHAT

YOU BROUGHT IN!

ALL DONATIONS

APPRECIATED !!



## Community Events

### Also Available at the North Platte Senior Center.....

**Lending Library** ~ We have lots of books!

**Medical Equipment** ~ North Platte Senior Center has the following item available to borrow: Power chairs, Wheelchairs, Walkers, Canes, Toilet Seat Risers, Bath Tub Handles, Cpap & much more. Hospital Bed, Specialized Wheel Chairs.

We also accept these items as donations.



### JOIN THE SUNDAY DANCERS!!

2:00 to 5:00 PM

\$10.00

September 11th — Gary Phipps  
September 18th — Jim Calhoun & Barb Dvorak

The North Platte Senior Center  
901 East 10th St  
North Platte, NE 69101

  
**Odean Colonial Chapel**  
at C and Sycamore

Rick Odean Funeral Director/Owner

The Only Independently Owned Funeral Home In North Platte  
(308) 532-1450 - [www.odeanchapel.com](http://www.odeanchapel.com)

Serving West Central Nebraska  
for over 35 years!

**Twin Rivers  
Body Shop**

Jim Miller, Owner  
1920 West 9<sup>th</sup> North Platte, NE  
(308) 532-4411

Providing Quality Collision Repair  
with Written Warranty  
(All Insurance Companies)

**FREE AD DESIGN**

WITH PURCHASE OF THIS SPACE

 **CALL 800.950.9952**

 **REACH Initiative**

Raising Effective Advocacy  
for Crime Victim Health  
and Safety

### **Are you 60 years of age or older?**

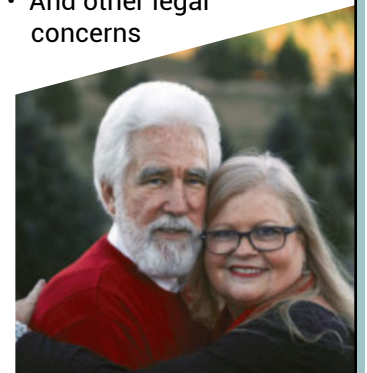
**We can help you with...**

- Elder Abuse and Financial Exploitation
- Power of Attorney
- Collections
- Medicare/Medicaid
- Consumer Protection
- Simple Wills
- Advanced Directives/ Living Wills
- Homestead Exemption
- Tenant Issues
- And other legal concerns

Serving  
Nebraska's seniors  
in all 93 counties.

**ElderAccessLine®**

In Omaha: 402-827-5656



This advertisement was supported by grant number 139-2020-VA1029 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice, through the Nebraska Crime Commission.



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

North Platte Senior Center, North Platte, NE B 4C 05-1048

# SEPTEMBER

# Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>MENU</u></b> <b><u>SUBJECT</u></b> <b><u>TO</u></b> <b><u>CHANGE</u></b>			1 SHRIMP HASHBROWN CASSEROLE SUGAR SNAP PEAS PEARS	2 BBQ BEEF SANDWICH CHUNKY POTATOES BAKED BEANS APRICOTS
5 <b><u>CLOSED</u></b> <b><u>FOR</u></b> <b><u>LABOR</u></b> <b><u>DAY</u></b>	6 BEEF AND NOODLES MASHED POTATOES BRUSSEL SPROUTS COTTAGE CHEESE PEACHES	7 BAKED CHICKEN AU GRATIN POTATOES PEAS AND ONIONS PINEAPPLE	8 HOT PORK SANDWICH MASHED POTATOES WITH GRAVY WAX BEANS MANDARIN ORANGES	9 MEATLOAF BAKED POTATO CAULIFLOWER WITH CHEESE PEARS
12 CREAMED CHICKEN OVER A BISCUIT MASHED POTATOES MIXED VEGETABLE CHEESE CUBES PEACHES	13 BBQ PORK RIB SANDWICH TATOR TOTS CORN ON THE COB FRUIT COCKTAIL	14 HAM SWEET POTATOES GREEN BEAN CASSEROLE PINEAPPLE	15 SUPREME CHICKEN BREAST RICE WITH GRAVY ASPARAGUS PICKLED BEETS PEARS	16 TAVERN FISH MACARONI AND CHEESE PEAS AND CARROTS STEWED TOMATOES MANDARIN ORANGES
19 CHEESE OMELET SAUSAGE PATTY CHUNKY POTATOES TOMATOES WITH ZUCCHINI APRICOTS DANISH	20 MUSHROOM STEAK MASHED POTATOES WITH GRAVY GREEN BEANS FRUIT COCKTAIL	21 GRILLED CHICKEN BREAST AU GRATIN POTATOES CORN PEACHES	22 CHILI DOG STEAK FRIES 3 BEAN SALAD PEARS	<b><u>23 BIRTHDAY</u></b> PORK CHOP MASHED POTATOES WITH GRAVY WINTER BLEND DINNER ROLL TROPICAL FRUIT CAKE AND ICE CREAM
26 CABBAGE ROLL PARSEY BUTTERED POTATOES BABY CARROTS PEARS	27 POLISH DOG MASHED POTATOES SAUERKRAUT FRUIT COCKTAIL	28 CHICKEN STRIPS SCALLOPED POTATOES BEETS PINEAPPLE	29 PORK CUTLET MASHED POTATOES WITH COUNTRY GRAVY PEAS PEACHES	30 BEEF BURRITO SPANISH RICE BLACK BEANS LETTUCE SALAD MANDARIN ORANGES



Wellfleet Fall Festival  
presents



# Craft <sup>and</sup> Vendor Show

# Farmers Market

Saturday Sept 10th



10am-3pm

Booth Space  
Available

For More Info: Contact Jodi @ 308-289-1301

**Crafts, Home-based, Food**



**ARTS IN THE PARK**  
**SEPTEMBER 11TH**  
**10am-4pm**



## RECIPE

### Brasato al Barolo - Braised Chuck Roast in Red Wine

#### Ingredients

- 1 (2 pound) beef chuck roast
- 1 onion, cut into 8 pieces, layers separated
- 2 large carrots, cut into 1-inch pieces
- 2 ribs celery, cut into 1-inch pieces
- 10 whole black peppercorns
- 5 whole cloves
- 1 clove garlic, crushed
- 1 cinnamon stick
- 1 sprig rosemary
- 2 bay leaves
- 1 (750 milliliter) bottle Barolo (dry Italian) red wine
- 3 tablespoons olive oil, or more to taste
- 1 teaspoon salt



#### Directions

1. Place chuck roast, onion, carrots, celery, peppercorns, cloves, garlic, cinnamon stick, rosemary, and bay leaves together in a stockpot. Pour wine over meat and vegetable mixture to cover entirely. Cover stockpot and marinate for 6 hours in the refrigerator. Turn meat in marinade to make sure it is completely covered; return to refrigerator to finish marinating, about 6 hours more.
2. Transfer chuck roast from marinade to a plate to rest; pat dry thoroughly with paper towels. Pour marinade through a strainer and into a bowl to separate vegetable mixture from wine, reserving both vegetable mixture and wine.
3. Heat olive oil in the stockpot over medium-high heat. Brown chuck roast on all sides, 4 to 6 minutes per side. Reduce heat to medium. Add strained vegetable mixture to stockpot; cook with the chuck roast until fragrant, adding more oil as necessary to prevent burning, about 8 minutes.
4. Pour reserved wine back into stockpot; add salt. Reduce heat to medium-low, cover, and simmer without removing cover for 2 hours. Remove cover, stir, and cook until meat easily shreds with a fork, 10 minutes to 1 hour longer. Transfer meat from cooking liquid to serving platter; tent with foil to keep warm.
5. Return cooking liquid to a boil over medium-high heat; simmer until reduced to sauce consistency, 20 to 30 minutes. Discard



AZRIA HEALTH

## Azria Health Centennial Park

510 Centennial Circle • North Platte, NE 69101 • (308) 534-7000

CentennialParkInfo@azriahealth.com

- ★ Independent & Assisted Living
- ★ Skilled Nursing Care

- ★ Respite Care & Short Term Stays
- ★ Rehabilitation Services

[www.azriahealth.com](http://www.azriahealth.com)

## Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

**AD CREATOR STUDIO**

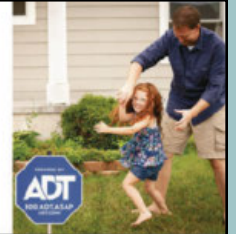


[lpicommunities.com/adcreator](http://lpicommunities.com/adcreator)

## ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



SafeStreets

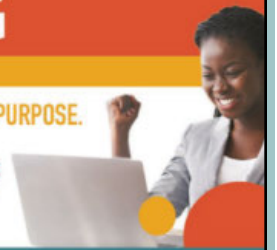
1-855-225-4251

## WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community
- Paid Training
- Some Travel



Contact us at: [careers@4lpi.com](mailto:careers@4lpi.com) | [www.4lpi.com/careers](http://www.4lpi.com/careers)



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

North Platte Senior Center, North Platte, NE C 4C 05-1048



# SENIOR FARMERS' MARKET VOUCHER DISTRIBUTION

**STARTING MONDAY, JULY 11TH**

9:00 TO 10:00 AM

YOU MAY COME MONDAY THROUGH FRIDAY AT THE DESIGNATED TIMES  
STARTING ON THE 11TH.

COUPONS WILL ONLY BE GIVEN OUT DURING THE DESIGNATED HOUR.

ONLY ONE COUPON PACKET PER HOUSEHOLD.

IF 2 IN THE HOUSEHOLD BRING REQUIREMENTS FOR BOTH INDIVIDUALS

**MAKE SURE TO BRING THE REQUIREMENTS**

- PHOTO ID
- PROOF OF INCOME

NORTH PLATTE SENIOR CENTER

901 EAST 10TH ST





**ARE YOU INTERESTED IN A CHESS CLUB OR GROUP?**

We would love to bring new groups to the Senior Center and we think Chess would be a great way to get to know each other while playing your favorite past time throughout the week.

If you have any interest in getting together with like-minded chess players please give a call!!

We would love to get this fun activity going for you!

If you have any other ideas for new activities and hobbies please call!

Rebecca Blume 308-532-6544

**THANK YOU TO ALL OF  
OUR WONDERFUL  
SPONSORS!!!**

NORTH PLATTE R.S.V.P

BUFFALO BILL  
APARTMENTS

SOUTH OAK  
APARTMENTS

WILLIAM RISTOV  
INSURANCE

ODEAN COLONIAL  
CHAPEL

TWIN RIVERS BODY  
SHOP

LEGAL AID OF  
NEBRASKA

AZRIA HEALTH  
CENTENNIAL PARK

ADT

GREAT PLAINS HEALTH

SHRAKE BODY SHOP

FOSTER GRANDPARENTS

THANK YOU to our  
**SPONSORS!**



**HAPPY BIRTHDAY SENIOR CENTER FRIENDS**

- 9/1 DOROTHY SAVORY
- 9/1 GORDON PETERSON
- 9/2 SANDRA LINDSEY
- 9/3 ALICE SETTLES
- 9/4 LOREEN JACOBSON
- 9/5 MARILYN COOK
- 9/5 HERBERT MEISSNER
- 9/6 JANET KNAPP
- 9/7 HARRY BRANTING
- 9/8 CINDY BURTON
- 9/13 THERESA KELLEY
- 9/14 JANET SWEDEBURG
- 9/15 PAULA CAMPBELL
- 9/16 SANDRA STOLL
- 9/17 JIM FOX
- 9/19 CHERYL MEAD
- 9/20 BEVERLY ARMBRUST
- 9/21 COSMO CONTRERAS
- 9/21 ANITA BROOKS
- 9/22 ANNE FHUERE
- 9/25 CHARLES MEAD
- 9/26 LINDA PHAGAN
- 9/27 DOROTHY HARMS
- 9/28 PAMELA CASSELL
- 9/29 JOHN OWEN
- 9/30 FRED HEWITT
- 9/30 BETTY KENTON
- 9/30 ARLENE MILLER



# THANK YOU TO OUR JULY VOLUNTEERS

PAM AMES  
 KAREN BECVAR  
 GLORIA BLAKELY  
 SUSIE BRANTING  
 CINDY BURTON  
 DENNIS BURTON  
 LEVA COCHRAN  
 JO COOPER  
 RUBY EDWARDS  
 HAYLEY HEBBLEWAITHE  
 RONALD HITCHCOCK  
 MARI LEE HYDE  
 RUSSELL ISAAC  
 KATHY KRAMER

GINA LEE  
 GLORIA LIVINGSTON  
 CAROL LOOS  
 KATHY MCBRIDE  
 VICKI MCDERMOTT  
 CARROLL MILLER  
 PAM MITCHELL  
 JO NESIBA  
 ALICE OLSON  
 OPPURTUNITY CENTER  
 JOHNADEEN PETERSON  
 LEA REESE  
 MARCIA RODGERS

DEL ROE  
 HERVY SAATHOFF  
 JOHNNY SCHLEDWITZ  
 CHUCK SCRIPTER  
 GARY SIERKS  
 KATHY SIERKS  
 BILL SONGSTER  
 MARLENE SONGSTER  
 GARY THOMSEN  
 CASS TURNER  
 MORRIS TURNER  
 MARY VAN ERT  
 GWEN VIAN



 **Great Plains Health**

Putting the patient first – **always**



**308.568.8000**

601 W. Leota St. | North Platte, NE 69101 | [gphealth.org](http://gphealth.org)

## Join Foster Grandparents Today.

A child needs **YOU** to become a Classroom Grandparent

As a Foster Grandparent, you will help children in our community develop the academic and life skills that are critical to their development and future success. We need volunteers to serve in their communities with children in schools and pre-schools. You will serve with kids who need extra support from a loving, caring grandparent figure. Volunteers are age 55 and up. Must be willing to serve 5 hours per week.



Please contact Krista Powell at **308-530-4115**

**Shrake**  
 Body Shop, Inc.



**DAVID REFIOR - Owner**  
**(308) 532-1053**  
 102 West Front • North Platte

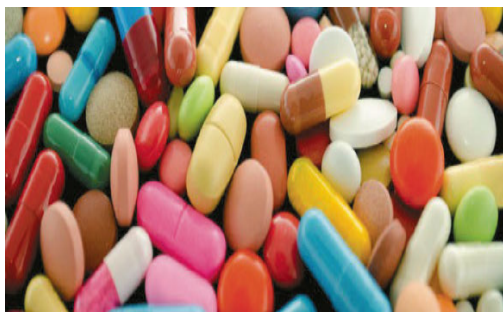
**GROW YOUR BUSINESS**  
 BY PLACING  
 AN AD HERE!

**CONTACT US!**

Contact Anita Aguilar to place an ad today!  
[aaguilar@lpicommunities.com](mailto:aaguilar@lpicommunities.com)  
 or (800) 950-9952 x2677

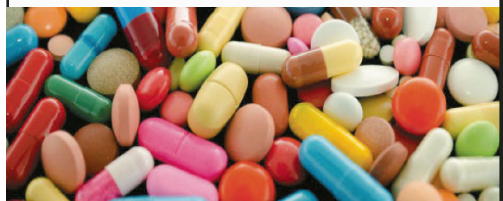






**Community Connections Drug Collection**

Community Connections is offering a drug disposal program at the Platte River Mall, 1000 South Dewey Street, on the 3rd Saturday from 11:00 a.m.-1:00 p.m. This program is an excellent way to dispose of prescriptions & over the counter medications that are expired or no longer needed. The medications are turned over to the Nebraska State Patrol who destroys them in an environmentally friendly manner.



**BINGO— OPEN TO THE PUBLIC**

**MUST BE 18 & OVER TO PLAY  
3 TV SCREENS!!  
EVERY SATURDAY NIGHT!!  
EARLY BIRD GAME AT 6:30 PM  
BINGO BEGINS AT 7:00 PM  
CASH COW!!  
SPECIAL GAMES!!  
FLASH BINGO CARDS!!  
NORTH PLATTE SENIOR CENTER  
901 EAST 10TH ST  
ALL PROCEEDS BENEFIT THE SENIOR CENTER**

**WE WOULD LIKE TO  
THANK YOU FOR ALL  
OF YOUR DONATIONS  
THAT HELP SUPPORT  
YOUR SENIOR CENTER**

**Donations towards our  
Home Delivered Meals**

**Program & Fuel:**

Donna Collins: \$25.00

Del Roe: \$43.88

Ivan Sandberg: \$20.00

Meissner's: \$25.00

McNulty's: \$15.00

**Memorials:**

Bob Cullinan: \$100.00

**Donations to the Center  
by Individuals or Group:**

**Product of the Month  
Donations:**

1. September was originally the 7th month named "Septem".  
In 451 BC it became the 9th month.
2. September used to only have 29 days.
3. The month of September was associated with the God  
"Vulcan", Roman God of Fire
4. In 1752, the British Empire skipped 11 days in September.  
Between the 2nd and the 14th.
5. Anglo-Saxons used to call September "Gerst Monath",  
which translates into "barley month" and "Haefest  
Monath", which translates to "harvest month".
6. Fall begins on the September Equinox in the Northern  
Hemisphere while Spring begins in the Southern
7. September 1, 1939, was the day that Hitler invaded Poland,  
consequentially beginning World War II.
8. September 11, 2001, was the worst terrorist attack on U.S.  
soil.
9. September begins on the same day of the week of just 1  
other month, December.
10. September 17, 1787, the U.S. Constitution was adopted.
11. September has 2 birth flowers, the Aster, said to represent  
love and the Morning Glory, said to represent affection.
12. September's birthstone is the Sapphire, said to represent the  
Wisdom of the Gods, purity and trust.
13. September 2, 1666, a raging fire broke out in London and  
completely destroyed all it touched with 6 deaths.
14. September has 2 star signs. You're a Virgo if you were born  
before the 23rd. A Libra if 23rd or later.
15. The 1st newspaper ever to be put into print was in the U.S.  
was published on September 25, 1690 in Boston.
16. September 30, 1955, James Dean cut his life short in a car  
crash at 24.
17. September is National Happy Cat Month!
18. September 13th in National Kids Take Over the Kitchen  
Day.
19. The 19th is National Talk Like a Pirate Day.
20. The 24th is National Punctuation Day.





# September Word Search



Find all 25 HIDDEN WORDS in the word search puzzle below. Good luck!

S	J	A	N	N	T	E	D	I	S	K	Q	T	E
V	C	C	U	H	O	R	L	K	R	A	K	E	T
B	T	A	O	T	A	G	L	A	X	D	Q	K	A
A	G	S	R	H	U	A	A	C	B	G	Z	C	R
K	R	N	C	E	T	M	A	W	C	Y	H	A	G
I	Y	R	I	S	C	N	N	B	O	S	A	J	I
N	O	J	N	K	N	R	Q	T	L	D	O	H	M
G	M	R	S	I	I	L	O	Q	O	O	X	V	F
M	O	G	N	F	X	H	Y	W	R	O	K	F	S
C	J	G	A	P	P	L	E	S	F	W	I	E	T
A	D	T	S	E	V	R	A	H	U	E	V	M	R
D	E	C	I	D	U	O	U	S	L	A	A	I	A
S	D	R	U	O	G	K	D	D	E	P	A	R	I
S	C	E	N	I	C	I	S	L	L	F	P	O	L
V	G	B	J	S	P	S	E	E	R	T	G	L	S

APPLES  
AUTUMN  
BAKING  
CANNING  
COLORFUL  
CORNSTALKS  
DECIDUOUS

FAIR  
FIELDS  
GOURDS  
HARVEST  
HAY BALE  
HIKING

JACKET  
LEAVES  
MAPLE  
MIGRATE  
ORCHARD  
RAKE

SCARECROW  
SCENIC  
TRAILS  
TREES  
WAGON  
WOODS



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To support the Independence and well being of adults age 60 and older, enhance their dignity and self respect, and promote participation in all aspects of community life through creative programming and providing opportunities and resources in the area of physical and mental well being, nutrition, recreation, and education.