

September



2025

ENUMCLAW SENIOR CENTER NEWSLETTER

Where Strangers Become Friends



LOCATION

1350 Cole St.
Enumclaw, WA 98022
360.825.4741
www.cityofenumclaw.net

HOURS OF OPERATION

Monday-Thursday 8am-4pm
Friday 7:30am-12pm

Senior Advisory Board

Chairman

Darlene DeGroot

Vice Chairman/Treasurer

Cynthia Sable

Secretary

Brenda Sexton

Members

Donna Raymond

Yolanda Nelson

Alternate

Ngara Tackenberg

Next Board Meeting: 10/23/25

STAFF

Manager

Melissa Holt

mholt@ci.enumclaw.wa.us

Recreation Coordinator

Rochelle Rogers

rrogers@ci.enumclaw.wa.us

Office Assistant

Shaun Wilmot

swilmot@ci.enumclaw.wa.us

Bus Driver

Sonja Fryberger

sfryberger@ci.enumclaw.wa.us

Ed Bickford-Bus Driver

Emme Calderon-Latinx Coordinator

Janine Carpenter-Resource Navigator

Tami Ward-Senior Center Cook

Trina Huebler-Evergreen Club Manager

Zoie Raum-Rural Van Driver

King County VSHS Levy Consultant

Brenda Sexton-Aging Mastery Program Coordinator

SPECIAL EVENTS

Are you a FAMILY CAREGIVER?



King County
Veterans, Seniors & Human Services Levy

DATE:

Tuesday, Sept. 9th, 2025

TIME:

12:30 PM–4:30 PM

PLACE:

Enumclaw Senior Center
1350 Cole Street.
Enumclaw, WA 98022

Call to register,
spaces are limited.
360-825-4741

Sign up today for your **FREE**
Dealing with Dementia Workshop

DO YOU NEED HELP IN THESE AREAS?

- Understanding Dementia
- Managing Problem Behaviors
- Handling Stress
- Finding Time for You



Attend 4-hour class to receive Guidebook.

"I wish this guide and training had been available when I was caring for my mother with vascular dementia. Following the suggestions in this guide book will make a BIG difference for the caregiver and the person receiving care." ~Family Caregiver

PRE-REGISTRATION IS REQUIRED

**Seating is limited to 20 individuals;
24-48 hour notice to cancel is appreciated.*

GIDDY UP & JOIN US FOR OUR
BIRTHDAY PARTY

THURSDAY, SEPTEMBER 18TH
10:30AM

EVERYONE IS WELCOME!
Music by Patty & The Travelin' 4

WEAR SOMETHING WESTERN

SENIOR CENTER
MOVIE DAY

September 25th

MOVIE STARTS @12:30PM

SIGN UP! 360-825-4741

SNACKS AND DRINKS PROVIDED

OKTOBERFEST
PARTY

Wednesday, October 1st @10:30am

MUSIC, FOOD, & DRINKS

MUSIC BY RANDY LITCH

RSVP by 9/30/25 360.825.4741

EVENTS



**take
a hike**

ENUMCLAW TRAILBLAZERS

JOIN THE ENUMCLAW SENIOR ACTIVITY
CENTER FOR INTERMEDIATE HIKING
CALL TO REGISTER 360-825-4741

SEPTEMBER HIKES

September 11th: Federation Forest
September 25th: LAST HIKE-Little Lake &
Deep Lake, bring a lunch
MEET AT ESC @9AM
Cost: \$3.00

**BRING WATER, A SNACK, &
DRESS FOR NORTHWEST WEATHER
9 SPOTS AVAILABLE**

Tell Me Your Story

Everyone has a story...
If you would like to share a little
(or a lot) of yours and have it
featured in the newsletter please
sign up by calling 360-825-4741.



Rainier Respite

TUESDAYS & FRIDAYS
10 AM -1 PM

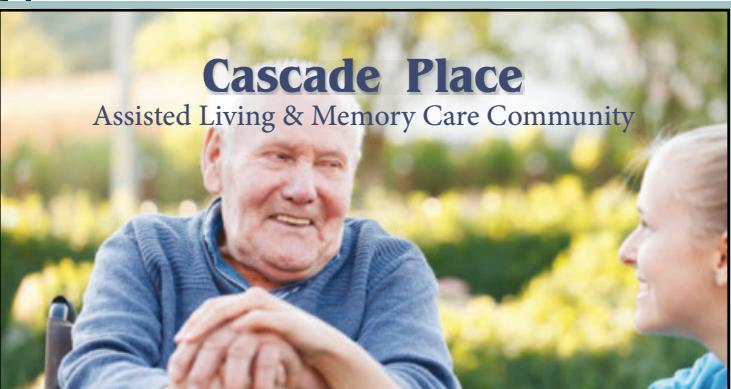
A respite program providing purpose and
belonging for those living with dementia,
their caregivers, and volunteers

1725 Porter St.
Enumclaw WA
rainierrespite.org
(360) 825 3820



Cascade Place

Assisted Living & Memory Care Community



Drop in for a tour and see if
This Caring Place feels like home

Located in Enumclaw, WA
Call 360-802-0177 | Visit CaringPlaces.com

 A Caring Places Management Community

SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.lpicommunities.com

City of Enumclaw Senior Center, Enumclaw, WA

A 4C 05-1056

ACTIVITIES

Bingo: Mondays @1pm Bring your quarters and have some fun! Bring your own dauber or buy one for \$1. **THANK YOU** to More Pennies from Heaven for our blackout prize!

Billiards: Fridays @10am (or stop in anytime, the table's open)

Calling all Pool Sharks! Come and play on our table, it's over 100 years old.

Book Barn: Bring a book, take a book, keep a book. Come in anytime.

Bridge: Wednesdays @12:30pm

Coffee with the Enumclaw School District: Friday, September 5th @9am

Come have coffee with the ESD officials and stay on top of what's going on!

Cribbage: Tuesdays @10am

Hand, Foot, & Toe Card Game: Fridays @9:30am

Knitting Group: Thursdays @1pm Please join us, all are welcome! Bring a project to work on.

Mah Jongg: Mondays @10am

Mexican Train Dominoes: Tuesdays @12:30pm

Movie Day: Somewhere in Time Thursday, September 25th @12:30pm SIGN UP!

Join us for a fun afternoon, snacks and drinks provided.

In 1972, playwright Richard Collier (Christopher Reeve) becomes fascinated by a photo of Elise McKenna (Jane Seymour), a turn-of-the-century stage actress, while staying at the Grand Hotel in Mackinac Island, Michigan. As Richard's obsession grows, he travels in time to meet Elise and the two appear destined to be together...

Pinochle: Thursdays @12:30pm

Puzzle Table: Available every day! Work a puzzle and exercise your brain.

NEW! Quiddler: Thursdays @10am Come try a new game, it's like playing Scrabble with cards.



- FRAMING & CUSTOM BUILDING
- GARAGE & ADU
- DECK & PATIO COVERS
- SIDING & ROOFING



DANIEL ZUKERAN
OWNER

808-295-5150

RONINFRAMINGANDCONSTRUCTION@GMAIL.COM



For ad info. call 1-800-950-9952 • www.lpicommunities.com

City of Enumclaw Senior Center, Enumclaw, WA

B 4C 05-1056

WE'RE HIRING!

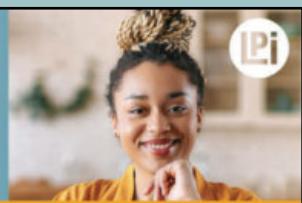
AD SALES EXECUTIVES

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- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4ipi.com or
www.4ipi.com/careers



Enumclaw

HEALTH AND REHABILITATION CENTER

BECAUSE EVERY SECOND COUNTS

Your Journey to Recovery
Begins With Us

- ✓ Individualized Rehabilitation Plans
- ✓ Family-Focused Approach
- ✓ Caring and Experienced Professionals
- ✓ Your Health and Well-Being Are Our Top Priority



YOUR COMEBACK STORY BEGINS NOW

To Schedule a Tour or Visit Us, Give Us a Call or Stop By!
2323 Jensen Street, Enumclaw, WA 98002 | https://www.enumclawhealthandrehab.com
360-869-2337

MUSIC & DANCING

Senior Larks Glee Club

Every Monday @10:00am

Join us for a fun filled hour of singing, no experience needed. After practice we visit local assisted living and nursing facilities to share the joy of music.

Randy Litch

“One Man Variety Dance Show Band from Glenn Miller to Carlos Santana”

Wednesday, September 3rd @10:30am

Joel Higgins

Enjoy some tunes from the 60s, 70s, 80s, and a little country music.

Wednesday, September 10th @10:30am

Patty and the Travelin' 4

Get out your dancing shoes and listen to hand clapping, toe tapping music!

Western Birthday Party: Thursday, September 18th @10:30am

Front Porch Band

Enjoy a mix of country, rock, and folk music.

Wednesday, September 24th @10:30am

MEAL PROGRAMS

CONGREGATE LUNCH PROGRAM

Lunch is a hot meal served Monday-Thursday @11:45am. Friday we serve a light breakfast @10:30am. The suggested donation is \$5.00 for seniors. **(360)825-4741**

NEIGHBORS FEEDING NEIGHBORS

Senior Hot Meal Delivery Program

Provided by the Rainier Foothills Wellness Foundation. Receive a hot meal plus a cold boxed lunch delivered to your home Monday, Wednesday and Friday for seniors 60 and older. The suggested donation is \$5.00 per meal. Call for information and apply for the program. **(360)802-3206**

MEALS ON WHEELS

Sound Generations offers a variety of low fat, low sodium, vegetarian and meat dishes. If you are an older adult 60+ and homebound, you are eligible for these meals. The suggested donation is \$6.00 per meal.

Call **(360)825-4741** or go to www.soundgenerations.org to apply.

COMMUNITY DINNER FREE

Come to the Enumclaw Nazarene Church on Fridays @5:30pm. All are welcome!

2501 Warner Ave. **(360)825-5578**

FULL BELLIES FREE

Gather at The Foundation-by Rainier Foothills Wellness. Parking is available in the rear.

1st, 2nd, 3rd, & 4th Thursday @5:30pm. Everyone is welcome!

1304 Griffin Ave. **(360)802-3206**

CLASSES/PRESENTATIONS/CLUBS

Book Club: Tuesday, September 23rd @2pm Meet at the Evergreen Club.

“Finding Me” by Viola Davis

For more info contact Cynthia Sable @925-305-8784 or cynthia.sable@yahoo.com

Candle Making Class with Sebra: Tuesday, September 23rd @1pm

SPACES ARE LIMITED, SIGN UP! COST: \$50 Fee paid directly to instructor

Come and make beautiful beeswax candles . They have a subtle honey scent and make a perfect addition to your holiday table. All supplies are included.

Card Making Class with Roxann: Wednesday, September 10th @1pm Meet at the Evergreen Club

SPACES ARE LIMITED, SIGN UP! COST: \$15 Fee paid directly to instructor

Have some fun and make three exquisite greeting cards. All supplies are included.

Caregiver Support Group: Monday, September 22nd @2pm

Meet at the Evergreen Club

Connect with others and get help from our Resource Navigator.

Dealing with Dementia Workshop: Tuesday, September 9th @12:30-4:30pm

SIGN UP! LIMIT 20

Presented by the Rosalynn Carter Institute for Caregiving. Do you need help in these areas? Understanding dementia, managing problem behaviors, handling stress, finding time for you.

Family History Help: Tuesdays with Anna by appointment SIGN UP!

Trace your family tree and find out more about your ancestry.

Memory Class: Wednesdays @1pm

Come stimulate your brain and boost your memory!

Spanish Conversation Group: Thursday, September 4th & 18th @1pm

This group will meets for conversation and planned activities. Come and join us!

TOPS Club: Wednesdays @5pm Meet at the Evergreen Club

Join us for affordable, effective weight-loss support! First visit is free!

For more information contact Cheri Jackson @360-825-2386

Wreath Making Class with Barb: Tuesday, September 30th @1pm

SPACES ARE LIMITED, SIGN UP! COST: \$10 Fee paid directly to instructor

Join us for an afternoon of creativity and make an artificial seasonal wreath. You choose the season, all supplies are included.



Where dignity & compassion meet

Everyone deserves to receive high quality, compassionate home care, call us to see how we can meet your needs!

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Transportation • Meal Prep • Housecleaning • Etc
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23719 96th St. East • Buckley, WA



Dale J. Holland – Attorney at Law



- WILLS
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(360) 825-3757

www.dalejholland.com



CREATIV LAB

Este programa también se realiza en español

University of Washington Do More, Feel Better program

For individuals age 60 and older facing depression

Earn up to \$130 for participating

For more information contact the study team at
206-616-2129 or dmfb@uw.edu

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City of Enumclaw Senior Center, Enumclaw, WA

C 4C 05-1056



WALKING CLUB



MONDAYS

10AM

RUNS THROUGH SEPTEMBER

MEET AT GROCERY OUTLET PARKING LOT

COME WALK WITH NEW FRIENDS ON THE
ENUMCLAW TRAIL

► BRING A WATER BOTTLE



960 Roosevelt Ave,
Enumclaw, WA 98022

SENIOR PICKLEBALL CLUB



Enumclaw Senior Activity Center
Pickleball Club

Wednesdays 10:00am-Noon
Meet at MacFarland Park

One court format/Co-Ed. Open play!
Players will rotate each game.

Bring your own paddle!

RUNS THROUGH SEPTEMBER

FITNESS CLASSES

Drop in
Class Fee
\$4



RENEW • REFRESH • REVITALIZE
POSITIVE AGING & FITNESS FOR THOSE 55 AND BETTER

ENUMCLAW SENIOR ACTIVITY CENTER FITNESS CLASS SCHEDULE



King County
Veterans, Seniors & Human Services Levy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM YOGA	8:00 AM STRETCH & STRENGTH	8:30 AM YOGA	8:00 AM STRETCH & STRENGTH	8:30 AM YOGA
10:00 AM S.A.I.L.	9:00 AM PILATES	10:00 AM S.A.I.L.	9:00 AM PILATES	
	10:00 AM SILVERSNEAKERS CLASSIC	5:00 PM TOPS MEETING	10:00 AM SILVERSNEAKERS CLASSIC	
	11:30 AM LINE DANCING			

Evergreen Club: 1214 Stevenson Ave. 360-825-4741 *MEET THERE*

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED <i>Happy LABOR DAY</i>	1 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 9:00 Computer Tutoring 10:00 SilverSneakers Classic 10:00 Cribbage 11:45 Lunch 11:30 Line Dancing 12:30 Mexican Dominoes	2 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 10:00 Pickleball 10:00 SAIL 10:00 Resource Navigator 10:30 Randy Litch 11:45 Lunch 12:30 Bridge 1:00 Memory Class 9-2 Rural Van Rides	3 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 10:00 SilverSneakers Classic 10:00 Program Assistance 10:00 Quiddler 11:45 Lunch 12:30 Pinochle 1:00 Knitting Group 1:00 Spanish Group 9-2 Rural Van Rides	4 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 9:00 Coffee with the School District 9:30 Hand & Foot 10:00 Billiards 10:30 Breakfast
8:00 Morning Coffee 8:30 Yoga 9:00 Haircuts w/Char 9:30 Snoqualmie Casino 10:00 SAIL 10:00 Mah Jongg 10:00 Resource Navigator 10:00 Senior Larks 10:00 Walking Club 11:00 BP Checks 11:45 Lunch 1:00 Bingo 9-2 Rural Van Rides	8 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 9:00 Computer Tutoring 10:00 SilverSneakers Classic 10:00 Cribbage 11:45 Lunch 11:30 Line Dancing 12:30 Mexican Dominoes	9 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 10:00 Pickleball 10:00 SAIL 10:00 Foot Care 10:00 Resource Navigator 10:30 Joel Higgins 11:45 Lunch 12:30 Bridge 1:00 Card Class 1:00 Memory Class 9-2 Rural Van Rides	10 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 9:00 Hike-Federation Forest 10:00 Program Assistance 10:00 SilverSneakers Classic 10:00 Quiddler 11:45 Lunch 12:30 Pinochle 1:00 Knitting Group 1:00 SHIBA-Medicare Counseling 9-2 Rural Van Rides	11 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 9:30 Hand & Foot 10:00 Billiards 10:30 Hot Breakfast
8:00 Morning Coffee 8:30 Yoga 9:30 Bonney Lake Shop 10:00 SAIL 10:00 Mah Jongg 10:00 Resource Navigator 10:00 Senior Larks 10:00 Walking Club 11:45 Lunch 1:00 Bingo 9-2 Rural Van Rides	15 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 9:00 Computer Tutoring 10:00 SilverSneakers Classic 10:00 Cribbage 11:45 Lunch 11:30 Line Dancing 12:30 Mexican Dominoes	16 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 10:00 Pickleball 10:00 SAIL 10:00 Resource Navigator 11:45 Lunch 12:30 Bridge 1:00 Memory Class 9-2 Rural Van Rides	17 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 10:00 Quiddler 10:00 SilverSneakers Classic 10:30 Birthday Party w/Patty & The Travelin' 4 11:45 Lunch 12:30 Pinochle 1:00 Knitting Group 1:00 Spanish Group 9-2 Rural Van Rides	18 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 9:30 Hand & Foot 10:00 Billiards 10:30 Breakfast
8:00 Morning Coffee 8:30 Yoga 9:30 Mystery Lunch 10:00 SAIL 10:00 Mah Jongg 10:00 Resource Navigator 10:00 Senior Larks 10:00 Walking Club 11:45 Lunch 1:00 Bingo 2:00 Caregiver Support 9-2 Rural Van Rides	22 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 9:00 Computer Tutoring 10:00 SilverSneakers Classic 10:00 Cribbage 11:45 Lunch 11:30 Line Dancing 12:30 Mexican Dominoes 1:00 Candle Class 2:00 Book Club	23 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 10:00 Pickleball 10:00 SAIL 10:00 Foot Care 10:00 Resource Navigator 10:30 Front Porch Band 11:45 Lunch 12:30 Bridge 1:00 Memory Class 9-2 Rural Van Rides	24 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 10:00 Pilates 9:00 Hike-Little Lake & Deep Lake 10:00 Quiddler 10:00 SilverSneakers Classic 11:45 Lunch 12:30 Pinochle 1:00 Knitting Group 1:00 Movie Day 9-2 Rural Van Rides	25 VAN SERVICE 8:00 Morning Coffee 8:30 Yoga 9:30 Hand & Foot 10:00 Billiards 10:15 Ciera's Chair Massage 10:30 Breakfast
8:00 Morning Coffee 8:30 Foot Care 8:30 Yoga 9:30 NW Trek 10:00 SAIL 10:00 Mah Jongg 10:00 Resource Navigator 10:00 Senior Larks 10:00 Walking Club 11:45 Lunch 1:00 Bingo 9-2 Rural Van Rides	29 VAN SERVICE 8:00 Morning Coffee 8:00 Stretch & Strength 9:00 Pilates 9:00 Computer Tutoring 10:00 SilverSneakers Classic 10:00 Cribbage 11:45 Lunch 11:30 Line Dancing 12:30 Mexican Dominoes 1:00 Wreath Class	30 	September 2025 Activities Calendar	

Monday	Tuesday	Wednesday	Thursday	Friday
<u>CLOSED</u> <i>Happy LABOR DAY</i>	1 Pasta Tuna Salad w/Tomato Crackers Dessert	2 Randy Litch Spaghetti Caesar Salad Garlic Bread	3 Salisbury Steak Garlic Mashed Potatoes Roasted Carrots Fruit	4 Continental Breakfast Sponsored by Cascade Place
8 Egg Salad Sandwich Arugula & Beet Salad	9 Chef Salad Roll Dessert	10 ½ Sandwich Creamy Potato Soup Tossed Green Salad	11 Chicken Caesar Salad Vegetable Soup French Bread Fruit	12 Hot Breakfast Breakfast Casserole Muffin Fruit Kabob
15 Pork Chop w/Apple Chutney Roasted Potatoes Vegetables Dessert	16 Mac & Cheese w/Lil Smokies Vegetables Dessert	17 BBQ Pork Sandwich Baked Beans Potato Salad	18 Birthday Party BBQ Chicken Hot Dog Garden Salad Fruit	19 Continental Breakfast Sponsored by LJ Hutson Insurance Specializing in Medicare Plans
22 Summer Cucumber Sandwich Mediterranean Bean & Quinoa Salad	23 Asian Chicken Salad Toasted Sesame Pita Dessert	24 Lemon & Herb Chicken Mashed Potatoes & Gravy Tossed Green Salad	25 Salmon Loaf Garden Salad Sourdough Bread Fruit	26 Continental Breakfast Sponsored by AccentCare
29 Beef Stroganoff w/Egg Noodles Vegetables Dessert	30 Navy Bean Soup Cornbread Muffin	 Menu is Subject to Change September 2025 Monday-Thursday Lunch @11:45am Friday Breakfast @10:30am		

Suggested Donation \$5.00

Monthly Birthday Party sponsored by Humana and ESC.

TRIPS & TRANSPORTATION

Snoqualmie Casino

Monday, September 8th @9:30am

Cost: \$5 PHOTO ID REQUIRED

Bonney Lake Shopping \$3 bus fee

Fred Meyer, Target, Walmart, or WinCo
Monday, September 15th @9:30am

Mystery Lunch

Wednesday, September 22nd @11am

Cost: \$5, bring cash for lunch \$\$

NW Trek & Lunch

Monday, September 29th @9:30am

Cost: \$32 (includes ticket),

bring cash for lunch

Provided by the Enumclaw Senior Center

Enumclaw Senior Center Van Service Schedule

MONDAY TRIPS	TUESDAY	WEDNESDAY	THURSDAY
	Senior Center	Senior Center	Senior Center
	Safeway	QFC	Safeway
	Grocery Outlet	Dollar Tree	Grocery Outlet
	Food Bank	Walgreens	Library
	Pennies from Heaven		Use it Again Store

CHECK THE CALENDAR FOR AVAILABLE DATES

10AM-2PM

\$1

Do you need a ride to the Senior Center, the store, the bank, or the post office? Our van runs Monday-Thursday.

\$1 VAN FEE PAID TO DRIVER ON DAY OF SERVICE

**Call the Senior Center to schedule
360-825-4741**

Rural Rides

Do you live out of town and need a ride to the center?
Call to schedule Monday, Wednesday, and Thursday.



King County
Veterans, Seniors & Human Services Levy

Embrace Purposeful Living



We believe that every moment counts and every experience matters. Live with meaning and thrive with joy at our community.

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John L. Scott
REAL ESTATE



**YOUR NEXT CHAPTER
STARTS HERE**

THINKING ABOUT DOWNSIZING,
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DEBBIEWOODALL@JOHNLSCOTT.COM

Debbie Woodall

SERVICES:

Resource Navigator

Mondays and Wednesdays-HERE AT THE CENTER

Janine is here to help! Do you have questions about resources, need help with advanced planning and placement options or help with applications, etc.?

Call the center to make an appointment. 360-825-4741

Athena's Notary

By appointment only Cost: \$5

Call the center to make an appointment. 360-825-4741

Blood Pressure Checks with Diane

Monday, September 8th @11:00am Cost: Free

Drop in and make sure your heart is in the right place.

Ciera's Chair Massage

By appointment only Friday, September 26th Call the Senior Center to schedule. 360-825-4741

\$15/15 minute massage Wear comfortable clothing!

\$30/30 minute massage

Payment is cash, card, or Venmo made directly to Ciera.

Computer Tutoring with Ed

By appointment Tuesdays Cost: FREE CANCELED FOR SEPTEMBER

Do you have computer questions or need help with your cell phone?

Call the Senior Center to make an appointment. 360-825-4741

Counseling with Susan CANCELED FOR SEPTEMBER

Tuesdays 1-4pm by appointment only Cost: Free

Do you feel stressed, anxious, depressed, or overwhelmed and need to talk?

Make an appointment with Susan Thode, an experienced licensed mental health counselor.

Call the Senior Center to schedule. 360-825-4741

Haircuts by Char

Monday, September 8th Cost: \$5

Call the Senior Center to schedule your appointment. 360-825-4741

Pacific Professional Foot Care with a Registered Nurse

By appointment only Monday, September 29th Cost: \$40

Payment is cash or check made out to Pacific Professional Foot Care.

Call the Senior Center to schedule your appointment. 360-825-4741

PediCares Foot Care with a Licensed Nail Technician

By appointment only Wednesday, September 10th & 24th Cost: \$40 (cash or check) \$42 (card)

Payment is cash, card, or check made out to Calah Webb-Young

*Bring a towel. Call the Senior Center to schedule your appointment. 360-825-4741

Program Assistance

By appointment Thursday, September 4th & 11th Cost: Free

Do you have questions about property tax exemption forms, assistance programs, bills, etc.?

Call the Senior Center to schedule. 360-825-4741

Resource Lending Library

We have a wide variety of resource and educational books available for checkout.

SHIBA-Statewide Health Insurance Benefits Advisor

Medicare Questions? By appointment only Thursday, September 11th Cost: Free

Limited in person monthly appointments are available at the Senior Center. 360-825-4741

