

# The Way



SAINT BRIGID  
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

FIFTH WEEK OF LENT • WEEK OF MARCH 21

[saintbrigidparish.org](http://saintbrigidparish.org)

4735 Cass Street San Diego, CA 92109

858.483.3030

MASSES: SATURDAY 5:30 pm (indoors and livestreamed), SUNDAY 7:30, 11 am, and 5:30 pm (indoors), 9 am (outdoors)  
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm  
RECONCILIATION: THURSDAYS 5–7 pm, SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

Photo: Wheat Field by Tetyana Kovyryna

**WELCOME** We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be.

## CLERGY CORNER Father Sebastian Bukenya



### LIFTED UP BY THE CRUCIFIED LOVE

On this fifth Sunday of Lent, Jesus offers us a fundamental theology of his passion—the theology of Good Friday. He beacons us to focus our gaze beyond the tree and behold him who dies on it. It is the blood of the man crucified on the tree that waters it, hence becoming the tree of life. Because of his love for the Father, as well as his love for us, Jesus sheds his blood on the cross. But let us remember that it is not blood and suffering that God requires for the salvation of the world, but rather, **a heart that loves obediently**, even unto death. “There is no greater love than to lay down one’s life for one’s friends.”

We who love Jesus, as his disciples, are challenged to give of ourselves—more than likely NOT to be literally crucified—but maybe it is to be patient with those who greatly annoy us, maybe it is to still desire good for those who have mistreated us, maybe it is to live today for God even if we have failed to live for Him for the past week. Jesus, the Son of God made flesh, gave His life for us to glorify His Father and to reveal the greatest love the world has ever known. And the fruit of this love is: “When I am lifted up from the earth, I will draw everyone to myself.” That is, when Jesus reveals the fullness of God on the cross, every human heart will awaken and be drawn to this love. This is the love that is crucified but lifts up everyone to the seventh heaven.

Jesus climbs the wood of the cross in order to call all His scattered flock to Himself and to lead everyone to the Father. Today, we look at the cross and consider Jesus’ love for us. He wants us to join Him on the cross to lift up the lives of others. But for this to happen, we must accept to die to things – to die to ourselves, hence the meaning of the words “unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit.”

May we persevere in the way of love unto death, like Jesus, in order to bear fruit in abundance.

## WEEKLY SCRIPTURE AND SAINTS

Grow in union with the whole Catholic Church, the Body of Christ. Be inspired by the Word of God and the Lives of the Saints this week.

<b>Sunday</b>	John 12:20-33	St. Enda
<b>Monday</b>	John 8:1-11	St. Lea
<b>Tuesday</b>	John 8:21-30	St. Felix
<b>Wednesday</b>	John 8:31-42	St. Aldemar
<b>Thursday</b>	Luke 1:26-38	St. Dismas
<b>Friday</b>	John 10:31-42	St. Ludger
<b>Saturday</b>	John 11:45-56	St. Rupert

Scan the QR code to explore all of the daily readings.



All you holy men and women, pray for us!

**How can we pray for you?**

You are welcome to submit any personal prayer requests at [saintbrigidparish.org/prayer-request](http://saintbrigidparish.org/prayer-request).

# LENTEN PRACTICES

## DAILY MASS— CELEBRATE JESUS EVERYDAY

Every Mass is a celebration, whether it's Sunday morning or Tuesday at 7:30 am! The word "Mass" comes from the final blessing said by the priest in Latin, "*ite, missa est,*" meaning "to send out," as Jesus Christ sent out His disciples to take His teaching to the world. The Catholic Mass is unique in its universality and oneness. We come together as one beating heart—listening to the same readings and Gospel, praying the same prayers and receiving Christ into our hearts. Even though the pandemic has made us feel isolated and alone, when we celebrate Mass, even at home, we are celebrating Jesus with millions of people around the world. We are not alone. We are all one body in Christ!

Daily Mass offers us the unique opportunity to continue in celebration, to enrich our faith life and to receive Christ and His many graces. It is a fruitful way to deepen our relationship with God and invite Him into our everyday life. Saint Brigid Parish offers Daily Mass at 7:30 am Monday through Friday in the church. It is usually 30 minutes, so you can get to work or that Zoom meeting on time!



**"I enjoy attending Daily Mass for this main reason: the opportunity to receive Eucharist, the living body and blood of Jesus. This is the source of my joy, the gift for my spirit, an intimate encounter. I also enjoy seeing fellow parishioners. Also, hearing the scripture read often gives me new insight I didn't receive at home. Pretty good reasons—I wouldn't miss it!"**

**-Cathy Winter**

**"Being able to re-live a snippet of the passion of Christ, combined with receiving Him into my body during the week, gives me extra grace. Grace to be patient or kind when my instinct is to snap. Grace to forgive and forget when I want to hold a grudge. Grace to smile and say hello at someone who is ignoring me. I can only attribute these actions to grace from God Himself because I know the weakness of my own heart."**

**-Alli Steiner**

If you have never attended Daily Mass, we encourage you to check it out. Some people enjoy attending Daily Mass during the Advent or Lenten season. Or, make time for what works for your schedule. Participating in Mass, in any capacity, whether celebrated at home or in the church, is what draws us closer to God and forms us as His disciples. You are invited to celebrate Jesus at His holy banquet whenever and wherever you are. Come and celebrate!

**Reflection Question:**

**How does attending Mass enrich your life?**

**"I attend Daily Mass to receive the Eucharist. I believe in the real presence of Christ and want to receive the spiritual nourishment of His Body every day. Beginning each day with Mass helps me to stay grounded and maintain my perspective. It is easy to get caught up in the worldly cares of each day, but coming to Mass helps me to reset and maintain my focus on what is truly important. The readings and the homilies also provide opportunities to grow in knowledge about our faith; it is a continuous catechism class. As a bonus, the Daily Mass creates a wonderful sense of community, we are all like family."**

**-Tom Schoettle**

# THE WAY OF A DISCIPLE

## EASTER HOSPITALITY—WELCOME THE STRANGER AMONG US

“Do not neglect hospitality, for through it some have unknowingly entertained angels.”  
Hebrews 13:2

Can you believe it has been a year since COVID-19 forced us to shut our church doors, halt our activities, and cancel our communal celebration of Easter? We are grateful that we can gather for Mass again—albeit pandemic style—and are eagerly preparing for a joyous Easter celebration!

In order to accommodate the anticipated crowds, and the comfort level of our parishioners and guests, we are offering three options for Easter Mass—indoors, outdoors, and livestream. Many may be returning to church after a long absence or attending for the first time. We invite you to join us as we extend an extraordinary welcome and maintain a safe environment. Please do the following:

- **Parking**—Parking will be more sparse than usual due to the crowds and outdoor Masses. If you can, consider parking offsite to leave more room in our parking lots for those who are less mobile and visitors unfamiliar with our property.
- **Greeting**—If you see someone you don't know, say hello and introduce yourself. A smile (even a mask-covered one) goes a long way to making someone feel welcome!
- **Safety**—Wear your mask at all times, adhere to the 6-foot social distancing protocols, and follow the guidance of our hospitality ministers.

It will take many hands to make Easter the joyous celebration we are anticipating. If you can help by being a minister of hospitality at one or more of our Masses, please let us know. Training will be provided.

Contact: Debbie Hedley at [Debbie@saintbrigidparish.org](mailto:Debbie@saintbrigidparish.org).



### EASTER SCHEDULE

Saturday Easter Vigil, April 3  
8 pm

Indoors (space limited) or  
Livestream

Easter Sunday, April 4  
7:30 am

Indoors or Livestream

9 and 11 am

Outdoors (please bring your  
own chair)

## ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

### PRAYER

Adoration, nightWATCH,  
Centering Prayer, Healing  
Prayer  
[saintbrigidparish.org/pray](http://saintbrigidparish.org/pray)

### CARE AND SUPPORT

Homebound, Bereavement,  
Mental Health, 12-Step  
Recovery, Divorce Support,  
[saintbrigidparish.org/care-and-support](http://saintbrigidparish.org/care-and-support)

### COMMUNITIES

Youth, Young Adults, Families,  
Adults, Active 60s+, Seniors,  
Knights of Columbus  
[saintbrigidparish.org/communities](http://saintbrigidparish.org/communities)

### SERVE

Neighbors in Need, Liturgical  
Ministry, Music Ministry,  
Hospitality, Faith Formation,  
Food Distribution  
[saintbrigidparish.org/serve](http://saintbrigidparish.org/serve)

 Looking for more? Find details about parish groups for all interests and seasons of life at [saintbrigidparish.org](http://saintbrigidparish.org).

# CELEBRATING OUR COMMUNITY

## WHAT ARE THE SCRUTINIES AND WHY ARE THEY CELEBRATED DURING LENT?

**Rite of Christian Initiation of Adults (RCIA)** The Scrutinies Rites celebrated the third, fourth and fifth Sundays of Lent for The Elect persons preparing for Sacraments of Baptism, Confirmation and Eucharist at the Easter Vigil.

Scrutinies are ritual prayers for self-searching and repentance, with spiritual progress as the goal. Scrutinies are meant to uncover, then heal, all that is weak, defective, or sinful in the hearts of the elect. The focus is on God's love, not our sin. The elect are accompanied by their godparents and the assembly is invited to pray for them. The prayers and the priest's laying on of hands is to bring forth the power and presence of the Trinity, to free and protect the elect from evil and bring them to full freedom and salvation.

Please pray for the Wylie Family as they move closer to their initiation on Holy Saturday, April 3, at the Easter Vigil.

Contact Lee Hulburt for more information about Becoming Catholic at [Lee@saintbrigidparish.org](mailto:Lee@saintbrigidparish.org)



Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving (at [saintbrigidparish.org/E-Giving](http://saintbrigidparish.org/E-Giving)), scan the QR code, or text to give—text: LoveOneAnother to 555888



## SACRAMENTS AND FORMATION

### SACRAMENTS OF INITIATION



#### BAPTISM

Infants: Parents & Godparents attend an orientation dinner.

Information: [saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism). Adults: prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### FIRST COMMUNION

Children: 2-year process (starting grade 1)

[gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults: prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### CONFIRMATION

Teens: 2-year process (starting grade 9)

[vita@saintbrigidparish.org](mailto:vita@saintbrigidparish.org)

Adults: prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)

### SACRAMENTS OF HEALING



#### RECONCILIATION

Saturdays 4-5 pm or by appointment.

Preparation: Children, 2-year process (starting grade 1) [gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults, prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



#### ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.

858.483.3030

### SACRAMENTS OF VOCATION



#### MATRIMONY

9-month accompaniment process. [saintbrigidparish.org/marriage](http://saintbrigidparish.org/marriage) [weddings@saintbrigidparish.org](mailto:weddings@saintbrigidparish.org)



#### HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. [saintbrigidparish.org/holy-orders](http://saintbrigidparish.org/holy-orders)

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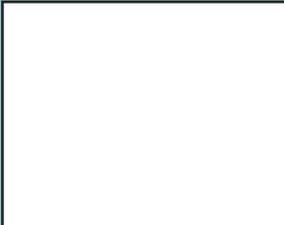
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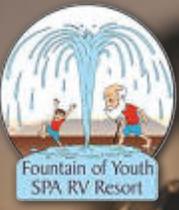
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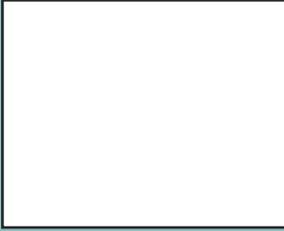
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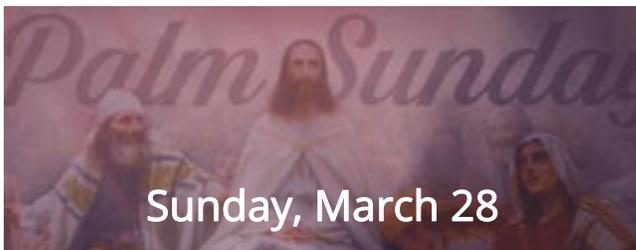
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# OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



- MARCH 23**  
6– 7pm  
**Infant Baptism Sacrament Orientation for Parents and Godparents**  
Orientation via Zoom. Register at [saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism)
- MARCH 24**  
**Young Adult Bible Study**  
Our Young Adults are still meeting virtually! At 7:30 pm join us on Instagram @saintbrigidyoungadults or on our Facebook Group, for announcements and prayer. Then at 7:45 pm we will break into our Connection to Christ (C2C) Lent small groups.
- MARCH 25**  
8 am–8 pm  
**Eucharistic Adoration and Lenten Reconciliation Church**  
Come pray and be in the presence of Jesus. Confession is available 5–7 pm.
- MARCH 26**  
5 pm  
**Stations of the Cross**  
Church and Online  
Pray the Stations of the Cross with us in the church or via livestream, starting at 5 pm.
- 4-7 pm  
**Takeout Fish Dinner**  
Parish Hall  
Pick up Friday-friendly fish dinner outside the Parish Hall. Order online by Wednesday at 7 pm. Payment and pickup will be contact free. Scan code to order.



## RECURRING EVENTS

### Sunday

Healing Prayer Time (1st)  
10–11 am (by phone/zoom)

### Monday

Catholic in Recovery Men's Group  
7 pm (virtual)

Neighbors in Need (2nd and 4th)  
4:30–6:15 pm (to-go meals)

### Tuesday

Catholic Charities Food Distribution  
9:30 am–12:30 pm

Centering Prayer  
4–5 pm (virtual)

High School Youth Group  
6:15–7:30 pm (virtual)

### Wednesday

Young Adults Bible Study  
7:30–9 pm (virtual)

### Thursday

Eucharistic Adoration  
8 am–8 pm

Divine Mercy Chaplet (sung)  
3–4 pm

### Friday

Morning walk (social distancing with face coverings) 9:30–11 am

### Saturday

Reconciliation  
4–5 pm

Scan here for full parish calendar



Calendar of Events:  
[sandiegocac.org/events](http://sandiegocac.org/events)  
Contact:  
Nancy Wesseln  
[nancy@sandiegocac.org](mailto:nancy@sandiegocac.org)  
858.847.0724

The San Diego Catholic Adult Community (CAC)—a partnership between Saint Brigid Parish and several local parishes—provides activities and a social network for single, married, divorced, and widowed adults.