

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

THIRD SUNDAY OF EASTER • WEEK OF APRIL 18

saintbrigidparish.org • 4735 Cass Street San Diego, CA 92109 • 858.483.3030

MASS: SATURDAY 5:30 pm (indoors and livestreamed), SUNDAY 7:30, 11 am, and 5:30 pm (indoors), 9 am (outdoors)
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: THURSDAYS 5–7 pm, SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Father Sebastian Bukenya



We are three weeks into our Easter celebration, and we continue to celebrate the redeeming love of God clearly demonstrated and personified in the life, passion, death, and resurrection of Christ. Although we often allude to the life of Christ at Easter, there is a tendency to focus more on His death. We ask the question; why did Jesus die? And quickly we answer; to save us. The question we seldom ask is; why did Jesus live? Yet this is the most important question. Jesus' mission to the world was not to die but to live and reveal to us the love of the Father. Because of living out the mission, the one who became human was subjected to the full human experience of which death is part. Jesus' manner of death, although it came as a direct consequence of living out His mission, falls into the human experience of death (mortality).

If Jesus' mission was just to die, then He would have just died as an infant when Herod massacred the little boys. There were so many occasions where attempts were made on His life, but He slipped out of His enemies' hands. When we center all our attention on the man who died and rose, we miss the important part of a man who lived and eventually died as a result of how He lived. It becomes even more difficult for us to look to His life as a model for our own lives. Jesus teaches us how to live and, in His death, we learn that when we live like He did, we may experience tribulations and even death like Him. The resurrection cheers us on to live as Jesus, knowing that even if we are to die for the way we live, death does not have the last word. Can we all focus our attention more on the question of why He lived, not so much on why He died?

WEEKLY SCRIPTURE AND SAINTS

Grow in union with the whole Catholic Church, the Body of Christ. Be inspired by the Word of God and the lives of the Saints this week.

Sunday	Luke 24:35-48	St. Agia
Monday	John 6:22-29	St. Alphege
Tuesday	John 6:30-35	St. Marian
Wednesday	John 6:35-40	St. Anselm
Thursday	John 6:44-51	St. Abdiesus
Friday	John 6:52-59	St. George
Saturday	John 6:60-69	St. Egbert

Scan the QR code to explore all of the daily readings.



All you holy men and women, pray for us!

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

DID YOU KNOW?

WE ARE CALLED TO SHOW MERCY—COUNSEL THE DOUBTFUL

We are called to show mercy, because mercy has first been shown to us, and the source of that mercy is God. In today's Gospel reading, Jesus appears in the room with His disciples. Just before that moment, they had only heard a rumor that Jesus Christ had truly Risen. Their hearts were filled with doubt and uncertainty—Jesus then says, "Look at my hands and my feet, that it is I myself." In response to this incredible witness, the disciples were filled with joy. Then Jesus opens their minds to understand the Scriptures as they related to His Holy Death and Resurrection, stating "It is written." Sometimes we are like the disciples in this narrative—filled with doubt and uncertainty in our lives. We may let sin keep us in despair, or perhaps struggle to find hope in a tough situation. It is okay to feel those moments of doubt from time to time. Jesus shows us His enduring mercy in these moments and we are called to show this kind of mercy to ourselves and others.



SPIRITUAL WORKS OF MERCY

1. Admonish the sinner
 2. Instruct the ignorant
 3. Council the doubtful
 4. Comfort the sorrowful
 5. Bear wrongs patiently
 6. Forgive offenses willingly
 7. Pray for the living and the dead
- saintbrigidparish.org/works-of-mercy

What are some practical ways we can live out counseling the doubtful in our daily lives?

- Encourage a child learning something new in school, or a co-worker starting a new job, or a family member who is having a first child, or a neighbor who is learning a new hobby.
- Get involved with the mental health ministries in our parish or another organization in your neighborhood. (saintbrigidparish.org/mental-health)
- Be a spiritual companion or friend to someone—meet them where they are, and walk alongside them on their journey of faith.
- Encourage others to read and reflect on the Scriptures to quell their doubt and give them an infusion of hope.

ANTI-RACISM SERIES

School of Prayer Study Series



"OPEN WIDE OUR HEARTS:

THE ENDURING CALL TO LOVE"

A Study of the US Bishops' Pastoral Letter
Against Racism

Tuesdays, May 4-25

7-8 pm via Zoom



Scan here to download the document and study guide and register for the series.



saintbrigidparish.org/anti-racism

THE WAY OF A DISCIPLE

SITTING IN SILENCE WITH GOD—CENTERING PRAYER

Are you feeling stressed from the busyness of every day life? Are you wanting to grow in faith and deepen your prayer life, but you don't know where to begin? Give our Centering Prayer Group a try!

Centering Prayer is an ancient Christian form of prayer, similar to meditation. It has been known and practiced since the earliest days of the Church. For many centuries, lay people as well as priests and nuns prayed this way, but for cultural and historical reasons it stopped being taught widely, while staying an integral part of monastic life.



“The intimacy that grows from sitting in silence with God...will transform us.”

That is, until the 1970's—when three Trappist Monks decided it was time to reintroduce the practice to everyday Christians. And so they did. They created an easy way to learn it, and an organization (Contemplative Outreach) to teach it and support the people who have made this prayer part of their daily life.

The intimacy that grows from sitting in silence with God, asking nothing and expecting nothing, will transform us spiritually and strengthen all our efforts to encounter, love, and serve Jesus.

Due to COVID-19 related restrictions, the Centering Prayer Group has been meeting online via Zoom. There are

two meetings to choose from—or you can come to both! For more information about Centering Prayer and the Zoom link, contact Karen.

Contact: Karen Downs, kdowns2@san.rr.com

**TUESDAYS OR
WEDNESDAYS
COME TO ONE OR BOTH!
4 PM
VIA ZOOM**

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support,
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

MAKE AN IMPACT FOR GOD'S KINGDOM

At Saint Brigid Parish, our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increases our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

E-giving has its rewards! Although you may contribute via check or cash, we encourage you to consider online giving.

- **Convenient**—sign up once for recurring payments
- **Safe**—your contributions are contact free
- **Environmentally Friendly**—saves on paper and envelopes
- **Record Keeping**—easily track your giving history

By enrolling in e-giving, you help us budget for ministry and mission, and reduce the time, costs, and environmental impact of processing checks and cash. It's a win-win!

Contact: Debbie Hedley at debbie@saintbrigidparish.org



ENROLL IN E-GIVING

IT'S AS EASY AS 1-2-3!

1. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888.
2. Select Sunday Offering.
3. Click Recurring Donation and enter your donation amount and frequency.

SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC)—a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact: Nancy Wesseln —nancy@sandiegocac.org or call (858) 847-0724



30 SOMETHINGS (30s and early 40s)

Taco Night: Tuesday, April 27 at 6:30 pm

Puesto— 5010 Mission Center Rd, Mission Valley

Great outdoor space available to gather and socialize. Because of COVID restrictions, we are limited to 15 people. RSVP: Alaa alaa@sandiegocac.org or 619.792.7325



ADULT COMMUNITY (35+)

Great Works Club: Tonight! Sunday, April 18, 6 pm on Zoom

The Great Works Club will be reading and discussing Homer's "Odyssey".

Contact: Rochelle greatworksclub@sandiegocac.org

ACTIVE 60s+

Friday Morning Walk: 9:30 am Meet at Saint Brigid Parking Lot

Masks and social distancing required

Contacts: Carol 619.227.7500 or Mike and Sandi sandi@sandiegocac.org



Oak Canyon/ Mission Trails Hike: Saturday, April 24 at 9am

This easy to moderate hike is 3.4 miles round trip and will last approximately 2 to 2 1/2 hours. We will visit the Old Mission Dam, California's first water project, and hopefully view blooming wildflowers in the area. The Plan: Meet at 9:00 a.m.

at the Mission Trails parking lot off the 52 Fwy/Mast Blvd.

(Turn right off the Fwy and continue. You will come to a Mission Trails parking lot.)

RSVP: Greg 619.341.9295 and Jerry 760.277.3718



ANOINTING OF THE SICK



The Sacrament of Anointing of the Sick is administered to bring spiritual and physical strength. While we might think that this sacrament is administered predominately near the time of death, it can be celebrated for the benefit of anyone suffering from a serious physical condition, mental illness, or before and after surgery. The sacrament can be received more than once.

The *Catechism* explains, "This sacred anointing of the sick was instituted by Christ our Lord as a true and proper sacrament of the New Testament. It is alluded to by Mark,

but is recommended to the faithful and promulgated by James the apostle and brother of the Lord" (CCC 1511; Mark 6:13; James 5:14-15).

In James' epistle, he says, "Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven" (James 5:14-15).

Even during COVID times, our clergy are available to administer the sacrament of anointing of the sick. To inquire about or request this sacrament, please call the parish office at 858.483.3030.



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend an orientation dinner.

Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org

Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org

Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org

Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

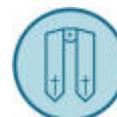
To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving (at saintbrigidparish.org/E-Giving), scan the QR code, or text to give—text: LoveOneAnother to 555888



SAINT BRIGID PARISH CONTACTS

CLERGY



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Associate Pastor

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Deacon Chris Hulburt

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Vita Reivydas
Youth Ministry and Media Evangelization

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Katie Cavallo
Sunday 7:30 am

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Debbie Hedley
Business Manager

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Maryanne Russell
Evangelization and Stewardship

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Tim Foley
Saturday Vigil 5:30 pm

858.344.3164



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Lauren Swain
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Nancy Wesseln
Adult and Senior Ministries

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Patrick Villa
Sunday Evening Mass

858.483.3030



Kayla Johnson
Parish Receptionist

kayla@saintbrigidparish.org



Mary Lucena
Weddings

weddings@saintbrigidparish.org

MUSIC MINISTERS

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 4)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * Lord, let Your face shine on us.

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response.

Open our eyes to see you.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading Acts 3:13-15,17-19

Psalm Psalm 4:2, 4,7-8, 9

Second Reading 1 John 2:1-5

Gospel Luke 24:35-48



For weekly readings, visit saintbrigidparish.org/weekly-readings

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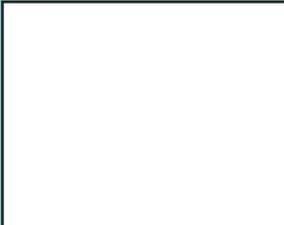
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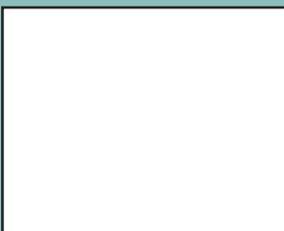
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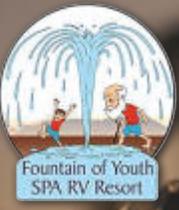
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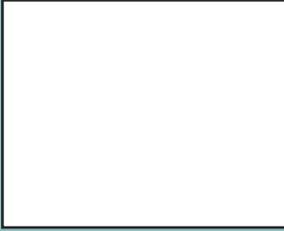
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OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE

APRIL 19
7-8 pm

Catholic in Recovery

Virtual

Catholic in Recovery seeks to serve those suffering from addictions and unhealthy attachments. Come join us as we gather for support on the road to healing and recovery. Contact scott@catholicinrecovery.com or visit catholicinrecovery.com/ for more information.

APRIL 21
12-1:30 pm

Living Grace Group

Virtual

Living Grace is a multi-week group for adults experiencing anxiety, panic attacks, depression, or other mental health diagnoses. Whether you come once or join the series, Living Grace small group offers a structured process within community, pairing science with faith to improve overall mental wellness. Scan to find out more and sign up.



APRIL 21
7:30-9 pm

Young Adult Bible Study

Virtual

Young Adults (single, engaged, or married in their 20s and 30s) are still meeting virtually! Join us as we gather via Zoom to read, discuss, and pray with the upcoming Sunday readings. Contact Scott and Jacqueline: youngadults@saintbrigidparish.org

APRIL 22
8 am-8 pm

Eucharistic Adoration

Church

Come before the Blessed Sacrament in adoration with the Divine Mercy Chaplet being said at 3pm.

APRIL 24
5:30 pm

Teen Confirmation

Outdoors

Join us for our Confirmation Mass with Bishop McElroy, as we celebrate the Confirmation of 30 young men and women. Please bring your own chairs.



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am (by phone/zoom)

Monday

Catholic in Recovery Men's Group
7 pm (virtual)

Neighbors in Need (2nd and 4th)
4:30-6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm

Centering Prayer
4-5 pm (virtual)

High School Youth Group
6:15-7:30 pm (virtual)

Wednesday

Young Adults Bible Study
7:30-9 pm (virtual)

Thursday

Eucharistic Adoration
8 am-8 pm

Divine Mercy Chaplet (sung)
3-4 pm

Friday

Morning walk (social distancing with
face coverings) 9:30-11 am

Saturday

Reconciliation
4-5 pm

Scan here for
full parish
calendar



Gathering the Fragments—Weekly Reflections from RCIA



Our Rite of Christian Initiation for Adults community has remained vibrant throughout the pandemic, meeting virtually every Sunday morning to accompany a growing number of seekers in their faith journey. To celebrate the fruit of renewal this Easter season with all of our parish family, we will feature different candidates and catechumens, including the newly initiated, to share their reflections on the RCIA process. We meet year-round, so now is always the time to step into this journey of deeper faith and preparation for the sacraments of initiation. Contact Lee Hultbert: lee@saintbrigidparish.org to enter this journey anytime. Come and see!

Scan the QR Code to watch the Weekly Reflections from the RCIA!