

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

SEVENTH SUNDAY OF EASTER • WEEK OF MAY 16

saintbrigidparish.org • 4735 Cass Street San Diego, CA 92109 • 858.483.3030

MASSES: SATURDAY 5:30 pm (indoors and livestreamed), SUNDAY 7:30, 11 am, and 5:30 pm (indoors), 9 am (outdoors)
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: THURSDAYS 5–7 pm, SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Father Sebastian Bukenya



STORIES AND SOCIAL FORMATION

We are coming to the conclusion of the Easter season as it is traditionally known, but we also know that Easter is more than a season—it is a way of life. In the last several weeks, we have been hearing the story of the life, death, and resurrection of Jesus, and how that story shaped the lives of the early Christians. Stories form us, they shape our imagination and influence our posture in life. The paschal story is probably one of the most compelling stories ever told. It is the story that continues to drive the life of the Church even today.

It is worth noting that not all stories are good stories. Some stories told can influence us negatively while others do so positively. Twenty-seven years ago, a bad story told in Rwanda was a key drive of one of the worst genocides in the 20th century. The narrative was that the Tutsi tribe was evil and that all its people should be eliminated and that they were not really Rwandans. This gave the Hutu tribe the drive to act upon this false narrative, ending up with a massacre of over a million people in 100 days. The genocide ironically started during the Easter week, obscuring the grand and true story of Easter.

Stories have a deep impact on social formation and in history bad stories have been told in order to promote and achieve cynical goals. Nazism, the KKK, Communism, tribalism, racism—all these and more have all been driven by false narratives that people have come to believe and embrace and eventually act upon.

Anyone who is objective will agree with me that bad stories are still being told and that they are influencing the way we are relating with each other as Americans. There are those who believe that they are superior when compared to other fellow Americans, there are those who believe that the recent elections were rigged and so the current leadership is illegitimate. Some citizens believe that being Muslim equals being a terrorist and that coming from south of the border equals to being illegal. These and other beliefs have built up over a period of time with individuals or groups telling bad stories. These bad narratives have eventually dictated the posture individuals have taken, because they believed them and allowed them to shape their lives.

Bad stories obscure the great Easter story. This Ascension and the subsequent outpouring of the Holy Spirit at Pentecost should help us revisit the Paschal story and begin to interrogate the irrelevant and misleading stories we have embraced over time. We are the Easter people and Alleluia is our song. The Easter story is our story.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 16:15-20	St. Simon Stock	Mass Intentions
Monday	John 16:29-33	St. Paschal Baylon	Mother's Day Novena
Tuesday	John 17:1-11	St. Pope John I	Eunice Bylin †
Wednesday	John 17:11-19	St. Celestine	Helen Simone †
Thursday	John 17:20-26	St. Bernardine of Siena	Olga Arrues †
Friday	John 21:15-19	St. Christopher Magallanes	Aurora Espinoza †
Saturday	John 21:20-25	St. Rita of Cascia	Mabel Bullock †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

DID YOU KNOW?

Today we celebrate the Solemnity of the Ascension of the Lord, which commemorates Jesus' bodily ascent into heaven 40 days after His resurrection. It was there on the Mount of Olives where Jesus told His disciples, "Go into the whole world and proclaim the gospel to every creature. Whoever believes and is baptized will be saved;..." Jesus also foreshadows the coming of the Holy Spirit on Pentecost, which occurs just ten days after His Ascension.

Since Jesus completed His earthly mission, He returned to heaven and sits at the right hand of God, The Father. What a symbol of hope and peace for us to have Christ seated at the right hand of God, interceding on our behalf. As we are called to proclaim the Gospel and to believe, how can we invite the Risen Christ into our lives today? What are ways we can be Christ's disciples and live out the Gospel so that our words and actions can inspire and proclaim the Word of God?



FATHER STEVE IS RIDING THE ROCKIES!



Sponsor Father Steve Callahan
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June 13-18

Sponsor Father Steve on this grueling 418 mile bike ride through the Colorado Rockies. Visit saintbrigidparish.org/ridetherockies for details.



Donate Online: Scan the QR Code, text LoveOneAnother to 555888, or visit saintbrigidparish.org/ridetherockies.

Donate by Check or Cash: Place donation marked "Ride the Rockies" in the offering basket, or drop by or mail to the parish office.

THE WAY OF A DISCIPLE

WALKING WITH JESUS—DEVELOP A SERVANT'S HEART

Whether you are exploring faith for the first time or are a lifelong Christian—wherever you are on your journey—you will always have a next step you can take to help you grow as a disciple of Christ. To guide you on your discipleship path, we've developed S.T.E.P.S. to follow. While there is no particular order, the important thing is to pick an area where you feel called to grow and take a step!

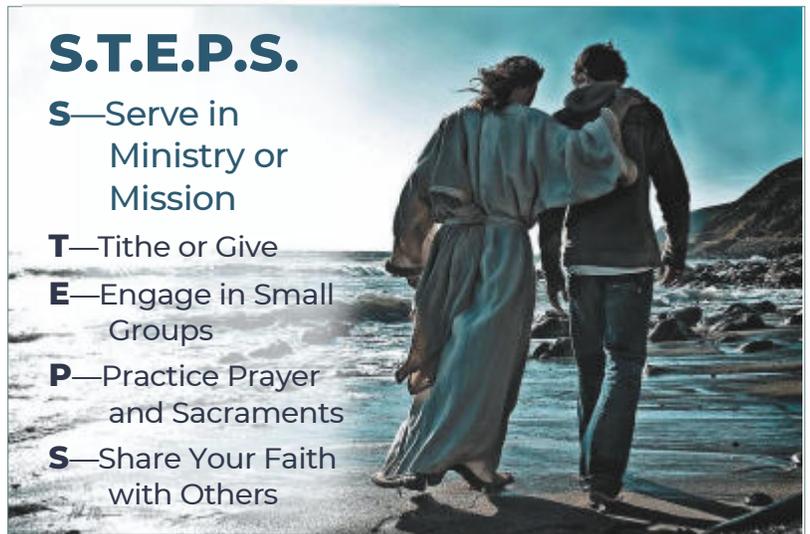
Today, we will dive into the first step, **Serve in Ministry or Mission**. At the Last Supper, as Jesus was washing the feet of the disciples, He said, "I am giving you a model to follow, so that as I have done for you, you should also do." (John 13:15) Over and over again, the disciples witnessed the love and compassion with which Jesus served all He encountered. As His disciples, we model our lives after Jesus by being instruments of God's love and provision, too. There are a plethora of ways we can serve Jesus, one another, and the world. However, we find the greatest satisfaction, joy, and fruitfulness when we discover areas of service that align our gifts and talents with the unmet needs of others.

Ministry—You may be called to serve within our parish by enhancing our Sunday experience through hospitality, music, liturgical ministries, or operational support. You may prefer to serve our care ministries, which include bereavement, divorce, recovery, and mental health support. Or, you may find your passion accompanying others as they grow in faith. You could do this through our Connection to Christ small groups, young adults, youth, GIFT (children and families), or sacramental preparation ministries. Perhaps you like administrative tasks or helping to organize events.

Mission—Serving in mission includes all the ways you can share God's love and provision in and beyond our local community. Examples include helping to provide meals and groceries to neighbors in need, providing tutoring or school supplies, championing social justice issues, or serving beyond our borders in Mexico or Ecuador.

There is no limit to the ways you can serve within and beyond our parish. We are here to help you discover your particular gifts and find (or start) a ministry or mission that is just the right fit for you!

Contact Maryanne Russell: maryanne@saintbrigidparish.org



S.T.E.P.S.

S—Serve in Ministry or Mission

T—Tithe or Give

E—Engage in Small Groups

P—Practice Prayer and Sacraments

S—Share Your Faith with Others

"The place God calls you to is the place where your deep gladness and the world's deep hunger meet."

—Frederick Buechner

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support,
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

MAKE AN IMPACT TODAY!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at nancy@sandiegocac.org or call 858.847.0724 for more information.

30 SOMETHINGS (30s and early 40s)

Contact katie@sandiegocac.org for more information.

ADULT COMMUNITY 35+

Happy Hour Social: Thursday, May 20, 5-8 pm Khan's Cave Grill & Tavern
Join us for happy hour. RSVP: eileen@sandiegocac.org

ACTIVE 60s+

Friday Morning Walk: 9:30 am
Meet at Saint Brigid Parking Lot
Masks and social distancing required
Contacts: Carol 619.227.7500 or Mike and Sandi: sandi@sandiegocac.org

Happy Hour Social: Tuesday, May 25, 4 pm
Join us for happy hour. RSVP: camille@sandiegocac.org



CELEBRATING OUR COMMUNITY



FIRST COMMUNION

First Communion is a joyous and important celebration in a Roman Catholic's life. It is when first communicants come forth to the Lord's Table and partake in the Body, Blood, Soul, and Divinity of Jesus Christ—present in the form of consecrated sacramental bread and wine.

Since it is one of the three Sacraments of Initiation, we celebrate this Sacrament in the Easter season. Most Catholic children receive their First Communion when they are seven or eight years old because this is considered the age of reason. Others, regardless of age, are able to receive when they have completed their preparation process.

At Saint Brigid Parish, preparation for First Communion and First Reconciliation (confession) follows a two year process, traditionally starting in first grade, and is completed through our Faith Formation program for children and families. We find this season of formation enriching for the whole family. If you have children who are ready to begin preparing for these sacraments, we would love to journey with you!

Contact Gayle Heyman at 858.483.3032 or gayle@saintbrigidparish.org for registration and information.



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving (at saintbrigidparish.org/E-Giving), scan the QR code, or text to give—text: LoveOneAnother to 555888



SAINT BRIGID PARISH CONTACTS

CLERGY



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Deacon Chris Hulburt

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Nancy Wesseln
Adult and Senior Ministries

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Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

MUSIC MINISTERS



Katie Cavallo
Sunday 7:30 am

kcavallomusic@gmail.com



Tim Foley
Saturday Vigil 5:30 pm

858.344.3164



Julie Misleh
Parish Coordinator of Liturgical Music

858.366.2060



Lauren Swain
Sunday Evening Mass

858.483.3030



Patrick Villa
Sunday Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 4)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * God mounts His Throne to shouts of joy: a blare of trumpets for the Lord.

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading	Acts 1:1-11
Psalm	Psalm 47:2-3,6-7,8-9
Second Reading	Eph 1:17-23
Gospel	Mark 16:15-20



For weekly readings, visit saintbrigidparish.org/weekly-readings

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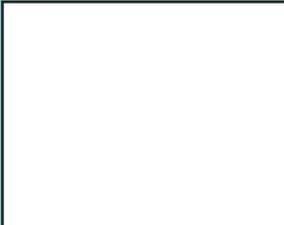
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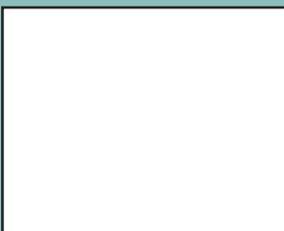
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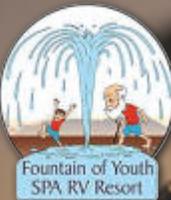
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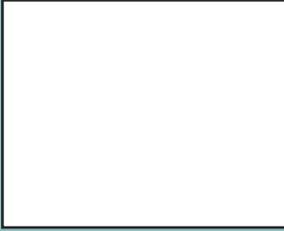
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MAY 16
10-11 am

Outdoor Living Rosary

Parking Lot

Join us for our first Outdoor Living Rosary. Each bead is represented by one of the participants who leads the prayer for that bead.

Scan the QR Code for more details.



MAY 18
7-8 pm

Anti-Racism Series: "Open Wide Our Hearts"

Zoom

Join Deacon Chris and our Anti-Racism Ministry leaders for a 4-week study of "Open Wide Our Hearts: The Enduring Call to Love—a Pastoral Letter Against Racism." Registration and study guide are available at saintbrigidparish.org/anti-racism.

MAY 19
4-5 pm

Centering Prayer

Zoom

Are you seeking peace and healing in your life? Join us for Centering Prayer, also called prayer of quiet, or resting in God. Contact Karen Downs at kdowns@san.rr.com for information and link.

MAY 21
7-8:30 pm

nightWATCH

Church

Come experience 90 minutes of prayer in candlelight with music and Eucharistic Adoration. Contact Deacon Mike Daniels for more information 858.483.3030.

May 22
9-11 am

Pilgrimage for Mary

Tecolote Canyon Trail to the Immaculata Church

Join us on a local pilgrimage to a Marian site. Sign up on our Parish Website or scan the QR Code. For questions, contact Paulina Gonzales at paulinakgonzales@protonmail.com.



Theology "Uncorked"
Monday, May 24, 7 pm
Parish Hall

Bring your own beverage and snack

"MARY IN THE OLD TESTAMENT"
Presented by
David Bates



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am (Parish Hall)

Monday

Catholic in Recovery Men's Group
7 pm (virtual)

Neighbors in Need (2nd and 4th)
4:30-6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm

Centering Prayer
4-5 pm (virtual)

High School Youth Group
6:15-7:30 pm (virtual)

Wednesday

Centering Prayer
4-5 pm (virtual)

Young Adults Bible Study
7:30-9 pm (virtual)

Thursday

Eucharistic Adoration
8 am-8 pm

Divine Mercy Chaplet (sung)
3-4 pm

Friday

Morning walk (social distancing with face coverings) 9:30-11 am

Saturday

Reconciliation
4-5 pm

Scan here for
full parish
calendar.



Cover Photo: Parishioner Katie Brown, co-founder of Ecuador Mission "Friends and Helpers of Madre Berenice" (FHMB), answers Jesus' call to be His witness to the ends of the earth! Learn more at saintbrigidparish.org/serve-the-world.