

The Way



ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

PENTECOST SUNDAY • WEEK OF MAY 23

saintbrigidparish.org • 4735 Cass Street San Diego, CA 92109 • 858.483.3030

MASSES: SATURDAY 5:30 pm (indoors and livestreamed), SUNDAY 7:30, 11 am, and 5:30 pm (indoors), 9 am (outdoors) DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm

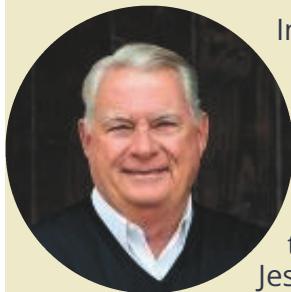
RECONCILIATION: THURSDAYS 5–7 pm, SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Deacon Mike Daniels



In the fifteenth chapter of John's Gospel, Jesus said: "If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you." (John 15:10-12)
That's it—love each other!

When you go out and try to explain our Catholic faith to someone, maybe to get them to understand or to be part of our faith, do you tell them there is only one rule that Jesus said we must live by, and that rule is to love each other? Why do we make our religion so complicated? Our faith simply asks us to love.

The question we must ask ourselves as Christians is: How am I doing with this love command? What little things did I do, or not do, this week that responded to this command? Did I make someone's life better by a simple act of kindness? Did I love someone that challenges me? Did I ignore someone by my insensitivity and, in doing so, make their life a little sadder? How aware am I of my loving or un-loving responses and actions?

The truth is if we Christians lived this one simple command—"love each other"—the sum of all the little loving acts done would be a great flood. And this flood of goodness across the world would be powerful beyond imagining. Just picture a world where every Christian spent each day loving the people around them. That's the revolution the world needs right now! For us to simply love each other.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	John 15:26-27; 16:12-15	St. John Baptist de Rossi	Mass Intentions
Monday	John 19:25-34	St. Jessica	Eunice Bylin †
Tuesday	Mark 10:28-31	St. Urban	Domingo Silvestre †
Wednesday	Mark 10:32-45	St. Philip Neri	William Davidson †
Thursday	Mark 10:46-52	St. Augustine of Canterbury	Dwight Smith †
Friday	Mark 11:11-26	St. Margaret Pole	Dwight Smith †
Saturday	Mark 11:27-33	St. Maximus	Santa Rizzuto †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

THE POWER OF PENTECOST

The only way we are able to live a life of faith, a life full of love, peace, joy, and power is by the Holy Spirit. This idea can be seen most clearly in the lives of the Apostles.

While they spent three years living and learning from Jesus, the Apostles were quite unprepared for His death and Resurrection. Peter, fearing for his own safety, denies even knowing Jesus on the eve of His crucifixion. Thomas, despite the testimony of his closest friends, refuses to believe that Jesus has been resurrected without tangible proof. This lack of faith drives all the disciples to hide in an upper room with locked doors, fearful of suffering the same fate as Jesus.

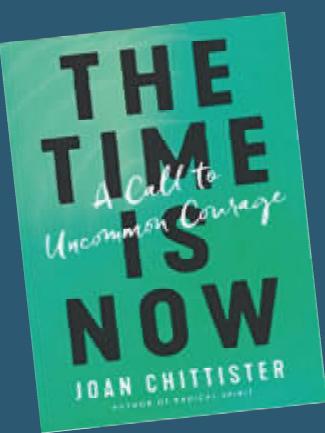
And yet, after their Pentecost experience in the upper room, they did not just come out of hiding, rather, they went out and transformed the world! Just weeks later, Peter is in the streets of Jerusalem publicly proclaiming the resurrected Christ to the very people who had put Him to death. Thomas will eventually travel to India preaching the Gospel. All but one of the Apostles will suffer martyrdom, preferring to die than to deny their faith in Jesus.

What happened? How did these ordinary, cowardly men transform into fearless witnesses to Christ? Certainly their experience of the resurrected Jesus in the weeks after Easter Sunday provided a source of faith, but the gifts needed to carry out their mission only arrived with the Holy Spirit on Pentecost.

That same Holy Spirit that empowered the Apostles is in you! How has the Holy Spirit transformed you? How will you use your gifts to go transform the world?



SCHOOL OF PRAYER—SUMMER STUDY SERIES



A 3-Week Book Series

THE TIME IS NOW
*A Call to
Uncommon Courage*

TUESDAYS

JUNE 15, 22, 29

7–8 PM VIA ZOOM

You are invited to join us for this 3-week book series facilitated by Deacon Chris Hulbert. Join us as we read, study, discuss, and pray through *The Time is Now: A Call to Uncommon Courage* by Sr. Joan Chittister.

Drawing on the wisdom of the prophets, both ancient and modern, Sr. Joan Chittister exhorts humanity to confront the societal forces that oppress and

silence the sacred voices among us. She offers a compelling vision to combat complacency and to propel us toward creating a world of justice, peace, and empowerment.

For more information and registration, visit saintbrigidparish.org/anti-racism or contact Lee Hulbert at lee@saintbrigidparish.org or 858.483.3030x117.

THE WAY OF A DISCIPLE

WALKING WITH JESUS—DEVELOP A GENEROUS HEART

TITHE, OR TAKE A STEP IN GIVING

Whether you are exploring faith for the first time or are a lifelong Christian—wherever you are in life—you will always have a next step you can take to help you grow as a disciple of Christ. To guide you on your discipleship path, we've developed S.T.E.P.S. to follow. Today we are exploring "Tithe or Give."

What is a Tithe?—While some use the word "tithe" synonymously with any church-related giving, it has biblical roots and literally means "tenth." The tithe was an obligatory offering from the law of Moses requiring ten percent of an Israelite's first-fruits. Because God provided the harvest, this first part was returned in thanksgiving for God's provision and as a reminder that all things we have are God's. We are simply stewards of God's gifts, including our possessions.

What about Today?—In the Gospels, Jesus talks about money and possessions in an amazing one out of ten verses! Although there is no obligatory offering in our Church today, those of us who choose to follow Jesus desire to listen carefully to His teachings. He taught about money and possessions because they can easily hold a greater priority in our minds and hearts than God. We are made in God's image, and thus we should desire to develop hearts that reflect the generosity of God—the greatest giver of all.

How Much Should I Give?—Some Catholics do contribute ten percent or more of their income to the Church and charitable organizations. Many contribute significantly less. Whatever your giving habits have been, here are Four P's to help you decide how much to give now and in the future: be prayerful, make a plan (be intentional), give proportionately to your income (a percentage rather than a dollar amount), and start with a certain percent and then make progressive steps toward growth in generosity.

Contact Maryanne Russell: maryanne@saintbrigidparish.org

S.T.E.P.S.

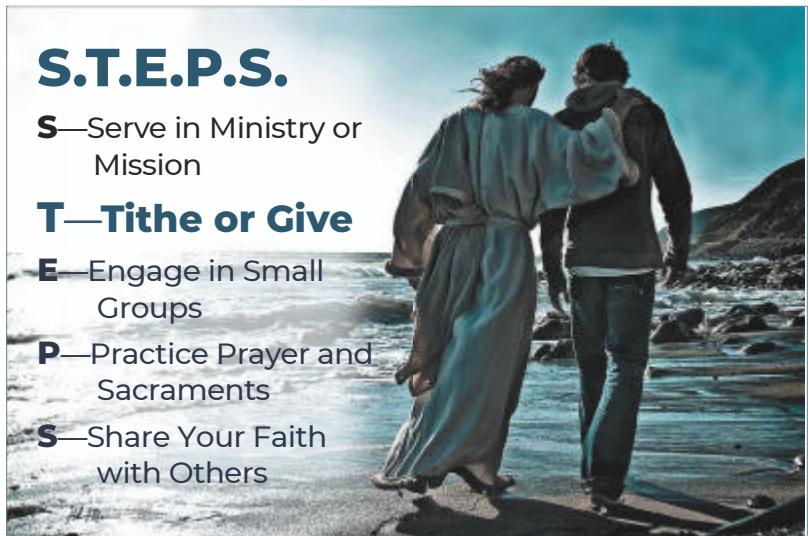
S—Serve in Ministry or Mission

T—Tithe or Give

E—Engage in Small Groups

P—Practice Prayer and Sacraments

S—Share Your Faith with Others



"All tithes of the land, whether of the grain from the fields or fruit from the trees, belong to the Lord; they are sacred to the Lord."

—Leviticus 27:30

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer

saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support,

saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus

saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution

saintbrigidparish.org/serve



Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

MAKE AN IMPACT TODAY!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at nancy@sandiegocac.org or call 858.847.0724 for more information.

30 Somethings Events (30s +40s)

Contact katie@sandiegocac.org for more information.

Adult Community Events (35+)

Cuyamaca Peak Hike: Saturday, June 12, 8:30 am –2:30 pm

Caravan from Park N Ride, 13516 Camino Canada, El Cajon, 92021. \$10 fee per car. Join us as we hike the second highest peak in San Diego County at an elevation of 6512'. The trailhead is in the Paso Picacho Campground within the Cuyamaca State Park. Plan for lunch afterward at the Café on Cuyamaca Lake. Bring plenty of water and sunscreen. RSVP: at hiking@sandiegocac.org or call Tim at 619.520.9358.

Active 60s+ Events

Friday Morning Walk: 9:30 am

Meet at Saint Brigid parking lot.

Masks and social distancing required.

Contacts: Carol 619.227.7500 or Mike and Sandi: sandi@sandiegocac.org

Happy Hour Social: Pacific Social, Tuesday, May 25, 4 pm

602 Village Way, San Diego, CA 92130 RSVP: camille@sandiegocac.org

Del Mar Walk and Social: Saturday, June 5, 9 am

Meet at Gelson's Market, 2707 Via de la Valle.

Walk along the Coast to Crest Trail. Snacks and beverages following the walk at El Pueblo, which is located in the shopping center, for those interested. RSVP: jerry@sandiegocac.org 760.277.3718.



CELEBRATING OUR COMMUNITY

**Sponsor Father Steve Callahan
and Support the Saint Brigid Parish
Tuition Endowment Fund**



June 13-18

Sponsor Father Steve on this grueling 418 mile bike ride through the Colorado Rockies. Visit saintbrigidparish.org/ridetherockies for details.

 **Donate Online:** Scan the QR Code, text LoveOneAnother to 555888, or visit saintbrigidparish.org/ridetherockies.

Donate by Check or Cash: Place donation marked "Ride the Rockies" in the offering basket, or drop by or mail to the parish office.

SACRAMENTS AND FORMATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



RECONCILIATION

Saturdays 4-5 pm or by appointment.
Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.
858.483.3030



MATRIMONY

9-month accompaniment process.
saintbrigidparish.org/marriage
weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.
saintbrigidparish.org/holy-orders

SACRAMENTS OF INITIATION

SACRAMENTS OF HEALING

SACRAMENTS OF VOCATION

SAINT BRIGID PARISH CONTACTS

CLERGY



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Bakenya
Associate Pastor

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Deacon Chris
Hulbert

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MUSIC MINISTERS



Katie
Cavallo

Sunday
7:30 am

kcavallomusic@gmail.com



Tim
Foley

Saturday Vigil
5:30 pm

858.344.3164



Julie
Misleh

Parish Coordinator of
Liturgical Music

858.366.2060



Lauren
Swain

Sunday
Evening Mass

858.483.3030



Patrick
Villa

Sunday
Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS

We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
The grace of our Lord...be with you all.
And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.
OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 4)

Please sit to receive the Word of God.

First Reading...The word of the Lord.
Thanks be to God.

Responsorial Psalm: * Lord, send out Your Spirit, and renew the face of the earth.

Second Reading...The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.
Alleluia!

GOSPEL

A reading from the holy Gospel according to ...
Glory to You, O Lord.
...The word of the Lord.
Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(please bow during this profession) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.
After each intention, repeat the response said by the reader.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCARISTIC PRAYER

The Lord be with you. And with your spirit.

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.
And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world,
have mercy on us. 2x

Lamb of God, You take away the sins of the world,
grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.
Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

Go in peace. Thanks be to God.

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading Acts 2:1-11

Psalm Psalm 104:1,24,29-30,31,34

Second Reading 1 Cor 12:3-7,12-13

Gospel John 15:26-27; 16:12-15



For weekly readings, visit
saintbrigidparish.org/weekly-readings

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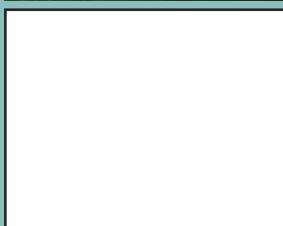
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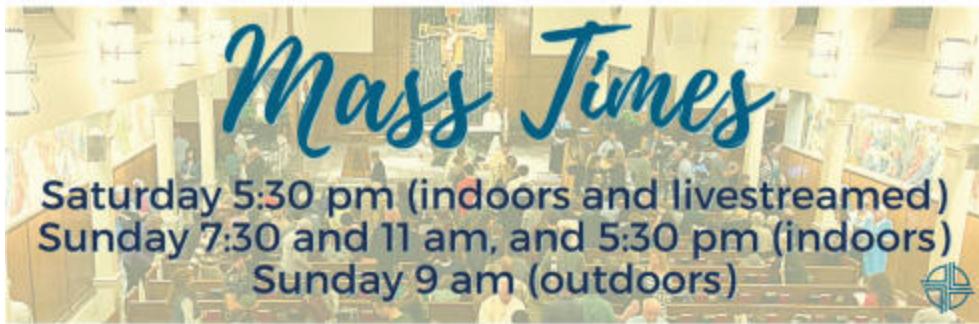
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Saint Brigid Parish, San Diego, CA

A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10–11 am (Parish Hall)

Monday

Catholic in Recovery Men's Group
7 pm (virtual)
Neighbors in Need (2nd and 4th)
4:30–6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am–12:30 pm
Centering Prayer
4–5 pm (virtual)
High School Youth Group
6:15–7:30 pm (virtual)

Wednesday

Centering Prayer
4–5 pm (virtual)
Young Adults Bible Study
7:30–9 pm (virtual)

Thursday

Eucharistic Adoration
8 am–8 pm
Divine Mercy Chaplet (sung)
3–4 pm

Friday

Morning walk (social distancing with
face coverings) 9:30–11 am

Saturday

Reconciliation
4–5 pm

Scan here for
full parish
calendar.



MAY 24	Theology "Uncorked" 7-8:30 pm Parish Hall Please bring your beverages and snacks as we listen to our speaker David Bates discuss Mary in the Old Testament. This event will be livestreamed as well. Contact Nancy Wesseln at nancy@sandiegocac.org or call 858.847.0724 for more information.
MAY 25	Anti-Racism Series: "Open Wide Our Hearts" 7-8 pm Zoom Join Deacon Chris and our Anti-Racism Ministry leaders for a study of "Open Wide Our Hearts: The Enduring Call to Love—a Pastoral Letter Against Racism." Registration and study guide are available at saintbrigidparish.org/anti-racism .
MAY 26	Young Adult Bible Study 7-9 pm Ministry Center Our Young Adults (single, engaged, or married in their 20s and 30s) are now meeting in person! At 7 pm join us in the Ministry Center Courtyard. Masks are required. We will begin announcements and prayer at 7:30 pm. Join us as we read and discuss the upcoming Sunday Scriptures. Contact Scott and Jacqueline Weeman at youngadults@saintbrigidparish.org for details.
MAY 27	Adoration 8-8 pm Church Come experience the peace of Jesus in the Blessed Sacrament. The Divine Mercy Chaplet is prayed 3-4 pm.
May 28	Friday Morning Walk 9:30 – 11 am Saint Brigid Parish parking lot Kick off the weekend with a nice walk around town. Contacts: Carol 619.227.7500 or Mike and Sandi: sandi@sandiegocac.org .

Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving (at saintbrigidparish.org/E-Giving), scan the QR code, or text to give—text: LoveOneAnother to 555888

