

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

THE SOLEMNITY OF THE MOST HOLY TRINITY • WEEK OF MAY 30

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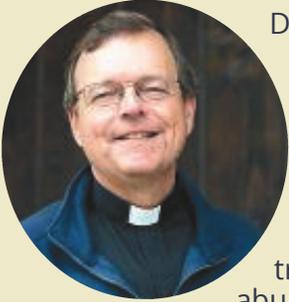
MASS: SATURDAY 5:30 pm (indoors and livestreamed), SUNDAY 7:30, 11 am, and 5:30 pm (indoors), 9 am (outdoors) DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: THURSDAYS 5–7 pm, SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Father Steve Callahan



Dear friends in our risen Lord,

Last Sunday we concluded our celebration of the Easter season with the Feast of Pentecost. The Feast reminded us of the call we received at our baptism to be disciples, followers of Jesus, and it provided us an opportunity to renew our commitment to embrace discipleship as a way of life.

Stewardship is a simple word to describe HOW we live as disciples – as single, or married, or in the ordained or religious life. God has given us gifts: time, talent, and treasure. We do not own these gifts. They have been given by the Lord freely and in abundance for us to use in expressing our love for God and one another, in building relationships of love. This is our mission and purpose in life as beloved children of God.

I would like to focus in particular in this reflection on stewardship of treasure: how do we use our money and material resources? Do we use them in a way to provide for ourselves and build relationships with others? A spirituality of treasure is not just about what we give away to the Church and other charities, but what we do with ALL of our treasure.

The foundation of a spirituality of treasure is gratitude for all the Lord has given us. When we recognize what we have received is pure gift from God, then our motivation to give is not rooted in duty or obligation but in desire: we WANT to give. Giving is hardwired in the DNA of who we are as human beings. Made in the image and likeness of God, we are made for giving. We are most fully ourselves as God's beloved children when we are giving and sharing in love our time, our talent, and our treasure.

Giving of our treasure from the heart has several components: it is planned, proportionate, and prayerful. It is planned: in my own life I take a look at my finances each year and make a yearly goal of what I will give to the parish and other charities. It is proportionate: in my own life I set a goal of a percentage of my total income. Thirty some years ago I started at 2% and then increased it by 1% each year until I got to a tithe of 10%. There is nothing absolute about a 10% tithe. Given their resources, for some people a 10% tithe would be too burdensome while for others it would not be enough. It is prayerful: since everything we have comes from God, it only makes sense to ask the Lord in prayer what He is asking me to share in charitable giving.

In the months to come, I will offer reflections on the stewardship of time and the stewardship of talent. Stewardship is discipleship in action. It is the way we encounter, love, and serve Jesus, one another, and the world using the gifts the Lord has given us.

Sincerely yours in Christ,
Father Steve Callahan

Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving (at saintbrigidparish.org/E-Giving), scan the QR code, or text to give—text: LoveOneAnother to 555888



PRAYING WITH ICONS

Like all icons, our cover image, “The Trinity” by Andrei Rublev (c. 1360–1411), conveys a deeper inner spiritual meaning of its subject matter. The famous icon, also known as “The Hospitality of Abraham,” portrays the story of Abraham receiving three visitors as he camps by the Oak of Mamre (Genesis 18). He serves them a meal, and as the conversation progresses he seems to be talking directly to God—as if these “angels” were in some way a metaphor for the three persons of the Trinity.

On one level, the picture shows three angels sitting under Abraham’s tree, but on another, it is a visual expression of the Trinity (from left to right: Father, Son, and Holy Spirit). In the icon, the three gold-winged figures resemble one another, yet they are distinct. They are seated in a circle (highlighting their unity) around a white table (altar) on which there is a miniature blood-red lamb in a golden chalice-like bowl (symbolizing the sacrifice of the Lamb of God and Jesus in the Eucharist).

Their garments are distinct in color, although they all wear blue, representing their divinity. The Son’s garments (center) combine the blue of divinity with brown, a sign of His humanity. The vertical band, called a clavus, on His right shoulder represents a position of authority. The Holy Spirit’s green mantle (right) is a sign of new life. The Father (left) seems to wear all the colors in His translucent, yet radiant garment.

The Father raises His hand in blessing to the Son and the Son points to the Holy Spirit. The Father sends the Son, the Son sends the Spirit. We are invited into this divine union at the table—God’s place of hospitality and self-giving love—so we can be sent out to complete the movements of God in the world.

In the background, there is a house at the top left, representing the heavenly home of many mansions. A tree in the center behind Christ symbolizes both the Tree of Life and the Cross. The rocky hill, in the upper right corner behind the Holy Spirit, points to both the giving of the Law and the Transfiguration.

We invite you to pray with Rublev’s “The Trinity” (search on Google and enlarge it for detail). What is stirring in your heart? How is God inviting you into the circle? How will you respond?



WEEKLY REFLECTION CARRY GOD’S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Matthew 28:16-20	St. Joan of Arc	Mass Intentions
Monday	Luke 1:39-56	St. Mechtildis	Francis Yurochko †
Tuesday	Mark 12:13-17	St. Justin Martyr	Rosemary Kellerman †
Wednesday	Mark 12:18-27	St. Peter Marcellinus	Reuben Hanshew Jr. †
Thursday	Mark 12:28-34	St. Charles Lwanga	Alice Jones †
Friday	Mark 12:35-37	St. Alexander	Josephine Schoettle
Saturday	Mark 12:38-44	St. Boniface	Elizabeth Way O’Brien †
			† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

THE WAY OF A DISCIPLE

WALKING WITH JESUS—DEVELOP FRIENDS IN FAITH

ENGAGE IN A SMALL GROUP

Whether you are exploring faith for the first time or you are a lifelong Christian—wherever you are in life—you will always have a next step you can take to help you grow as a disciple of Christ. To guide you on your discipleship path, we've developed S.T.E.P.S. to follow. Today we are exploring "Engage in a Small Group."

This week's celebration of the Holy Trinity is a great reminder that God is community: Father, Son, and Holy Spirit. Since we are made in the image of God, we are made for community too! No matter how rich our personal prayer life is, we cannot live our faith in isolation.

At Saint Brigid Parish, we know engaging in a small group is one of the best ways to experience a sense of belonging, grow in faith, and build lasting friendships. Because of that, small groups are woven into the fabric of parish life. Our Connection to Christ (C2C) small groups have an average of 400 people participating each Lent and Fall. Several groups continue to meet year round. In addition to C2C, you will find many other ways to be part of a small group. Our School of Prayer, young adult, youth, family (GIFT), and sacramental preparation gatherings all offer opportunities to break into small groups for sharing and fellowship. Other small group gatherings include our Seasons of Hope bereavement group, Divorce Support group, Living Graces mental health discipleship group, and recovery groups.

Small groups are where our large church gets small. We would love to help you make a small group connection today!

Contact Maryanne Russell: maryanne@saintbrigidparish.org

S.T.E.P.S.

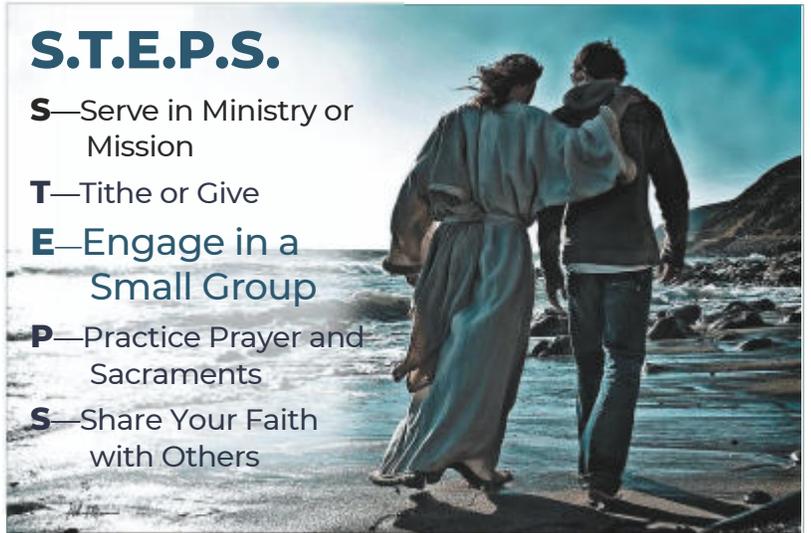
S—Serve in Ministry or Mission

T—Tithe or Give

E—Engage in a Small Group

P—Practice Prayer and Sacraments

S—Share Your Faith with Others



"The biggest way C2C has affected my life is through community ...I have such an awesome community—that I've never had anywhere else."
—Jack

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

MAKE AN IMPACT TODAY!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at nancy@sandiegocac.org or call 858.847.0724 for more information.

30 Somethings Events (30s +40s)

Contact katie@sandiegocac.org for more information.

Adult Community Events (35+)

Cuyamaca Peak Hike: Saturday, June 12, 8:30 am -2:30 pm

Caravan from Park N Ride, 13516 Camino Canada, El Cajon, 92021. \$10 fee per car.

Join us as we hike the second highest peak in San Diego County at an elevation of 6512'. The trailhead is in the Paso Picacho Campground within the Cuyamaca State Park. Plan for lunch afterward at the Café on Cuyamaca Lake. Bring plenty of water and sunscreen.

RSVP: at hiking@sandiegocac.org or call Tim at 619.520.9358.

Active 60s+ Events

Friday Morning Walk: 9:30 am

Meet at Saint Brigid parking lot.

Masks and social distancing required.

Contacts: Carol 619.227.7500 or Mike and Sandi: sandi@sandiegocac.org

Del Mar Walk and Social: Saturday, June 5, 9 am

Meet at Gelson's Market, 2707 Via de la Valle.

Walk along the Coast to Crest Trail. Snacks and beverages following the walk at El Pueblo, which is located in the shopping center, for those interested. RSVP: jerry@sandiegocac.org 760.277.3718.



SAN DIEGO CATHOLIC ADULT COMMUNITY

CELEBRATING OUR COMMUNITY



Sponsor Father Steve Callahan
and Support the Saint Brigid Parish
Tuition Endowment Fund



June 13-18

Sponsor Father Steve on this grueling 418 mile bike ride through the Colorado Rockies. Visit saintbrigidparish.org/ridetherockies for details.



Donate Online: Scan the QR Code, text LoveOneAnother to 555888, or visit saintbrigidparish.org/ridetherockies.

Donate by Check or Cash: Place donation marked "Ride the Rockies" in the offering basket, or drop by or mail to the parish office.

SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



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Deacon Chris Hulburt

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Nancy Wesseln
Adult and Senior Ministries

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Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

MUSIC MINISTERS



Katie Cavallo
Sunday 7:30 am

kcavallomusic@gmail.com



Tim Foley
Saturday Vigil 5:30 pm

858.344.3164



Julie Misleh
Parish Coordinator of Liturgical Music

858.366.2060



Lauren Swain
Sunday Evening Mass

858.483.3030



Patrick Villa
Sunday Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 4)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * **Blessed the people the Lord has chosen to be His own.**

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading	Deuteronomy 4:32-34,39-40
Psalm	Psalm 33:4-5,6,9,18-19,20,22
Second Reading	Romans 8:14-17
Gospel	Matthew 28:16-20



For weekly readings, visit saintbrigidparish.org/weekly-readings

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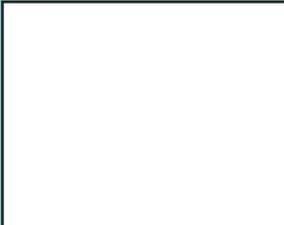
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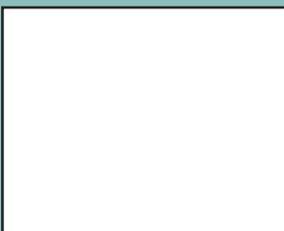
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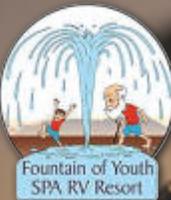
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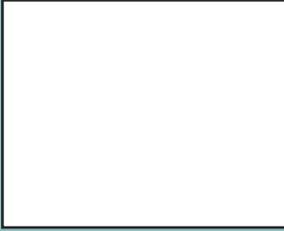
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OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



Happy Memorial Day! We pray for, honor, and remember the brave men and women who have sacrificed their lives for freedom.

MAY 31 COVID Vaccination Clinic Day—No appointment needed
9:30 am–3:30 pm
Saint Brigid Parking Lot



First and second doses will be available at no cost for ages 12 and up. No appointments or health insurance required. Scan the QR code for details. Looking to volunteer at this event? Email Lee Hulburt at lee@saintbrigidparish.org.

JUNE 1 Centering Prayer—Tuesdays and Wednesdays
4–5 pm
Zoom

Are you seeking peace and healing in your life? Join us for Centering prayer, also called the prayer of quiet, or resting in God. Contact Karen Downs at kdowns@san.rr.com for more information and link.

JUNE 2 Young Adult Bible Study
7-9 pm
Ministry Center

Our Young Adults (single, engaged, or married in their 20s and 30s) are now meeting in person! Masks are required. We will begin announcements and prayer at 7:30 pm and then discuss the upcoming Sunday readings. Contact Scott and Jacqueline Weeman at youngadults@saintbrigidparish.org for details.

JUNE 4 Friday Morning Walk
9:30-11am
Saint Brigid Parish parking lot

Kick off the weekend with a nice walk around town. Contacts: Carol 619.227.7500 or Mike and Sandi: sandi@sandiegocac.org.



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10–11 am (Parish Hall)

Monday

Catholic in Recovery Men's Group
7 pm (virtual)

Neighbors in Need (2nd and 4th)
4:30–6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am–12:30 pm

Centering Prayer
4–5 pm (virtual)

Wednesday

Centering Prayer
4–5 pm (virtual)

Young Adults Bible Study
7–9 pm Ministry Courtyard

Thursday

Eucharistic Adoration
8 am–8 pm

Divine Mercy Chaplet (sung)
3–4 pm

Friday

Morning walk (social distancing with face coverings) 9:30–11 am

Saturday

Reconciliation
4–5 pm

Scan here for full parish calendar.



A 3-Week Book Series
THE TIME IS NOW
A Call to Uncommon Courage

Tuesdays
June 15, 22, 29
7 - 8 pm
via Zoom

Info and registration:
saintbrigidparish.org/study

Healing Prayer

June 6
10-11 AM
Parish Hall

saintbrigidparish.org/pray-at-StBs