

The Way

*"Until we are all free,
we are none of us free."*
Emma Lazarus



**SAINT BRIGID
— PARISH —**

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

FOURTEENTH SUNDAY IN ORDINARY TIME • WEEK OF JULY 4

saintbrigidparish.org 4735 Cass Street San Diego, CA 92109 858.483.3030

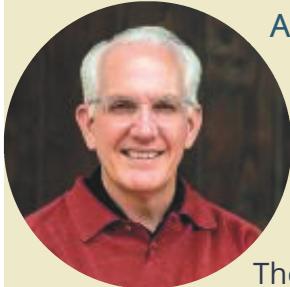
MASSES: SATURDAY 5:30 pm, SUNDAY 7:30, 9, and 11 am, 5:30 pm
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Deacon Chris Hulbert



A PROMISE OF FREEDOM

Two weeks ago, on June 19, my wife and I attended the Juneteenth Freedom Mass at St. Rita's Church in Southeastern San Diego. Bishop Robert McElroy was the celebrant, accompanied by Auxiliary Bishop John Dolan, a handful of African American priests and two Black deacons. It was a joyous celebration, marked by warm hospitality and fellowship, spirit-filled music, and a hope-filled liturgy of shared prayer and Communion.

The occasion marked the new national holiday, long known as Freedom Day or Emancipation Day, celebrating the announcement of the end of slavery in Galveston, Texas, fully two years after Abraham Lincoln signed the Emancipation Proclamation. As Bishop McElroy expressed in his homily, it was a celebration of a promise—the promise of true freedom for all people—that lies at the heart of the American project, even as it remains aspirational and unfulfilled. It is a promise handed on to us, particularly as people of faith, members of the Body of Christ, to continue the work necessary to bring the promise closer to reality. To quote Emma Lazarus, the Jewish poet whose work is etched on the Statue of Liberty, "Until we are all free, we are none of us free."

St. Rita's stands as a beacon of life near the intersection of Imperial and Euclid Avenues. The surrounding neighborhood, Lincoln Park, bears the distinct disadvantages of racial and ethnic minority, even in "America's Finest City"—poverty, joblessness, low education, and high crime. More than half of households there earn less than \$30,000 per year; more than 90 percent earn less than \$99,000. More than 60 percent of residents are Hispanic; nearly 30 percent are Black, 8 percent are Asian, and 3 percent are White.

Today, on the Fourth of July, we celebrate our Declaration of Independence from the oppressive colonialism of the British monarchy. "We hold these truths to be self-evident," the Founding Fathers declared in 1776, "that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty, and the pursuit of Happiness." The words remain rich with promise beyond their authors' intent. The United States Constitution, drafted in 1789, would soon reveal that "all men" in their minds did not include women, nor Africans, nor Native Americans, nor those who do not own land.

We are an imperfect people, founded on a promise full of hope and aspiration. That promise is handed on to us today that we might continue the work to bring it to fulfillment in hopeful expectation that one day all people will live in true freedom and equality as brothers as sisters in the Kingdom of God. Let us not simply celebrate what has been accomplished, but also commit ourselves to the continued work of creating what should be.

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SAINT BRIGID HOLY LAND PILGRIMAGE

COME AND SEE!

Have you ever dreamed of walking in the footsteps of Jesus, Mary, and the first disciples? Imagine visiting sites like the Sea of Galilee, Mount of Beatitudes, Capernaum, Nazareth, Bethlehem, Cana, the Jordan River, the Dead Sea, Mount of Olives, Via Dolorosa, Church of the Holy Sepulchre, the Western Wall, and more! We are thrilled to announce that we are planning a pilgrimage to the Holy Land next June! To learn more about the itinerary, costs, and what to expect, join us for one of the upcoming info sessions, July 13 at 7 pm on Zoom or July 17, 10 am in the Ministry Center. For more information and the Zoom link, email Katie at harmonypilgrimages@gmail.com or visit harmonypilgrimages.com.



SAVE THE DATE!

St. Brigid Parish Holy Land Pilgrimage June 2-14, 2022

With Fr. Devdas Masillamony, Dcn. Chris Hulbert, and Katie Cavallo

Informational Meetings

July 13, 7pm Zoom

July 17, 10am Church
Ministry Center

For more information or to
get a link for the zoom
meeting, please visit

HarmonyPilgrimages.com
or email
HarmonyPilgrimages@gmail.com

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 6:1-6	St. Elizabeth of Portugal	Mass Intentions
Monday	Matthew 9:18-26	St. Anthony Mary Zaccaria	Brian James Schaaf †
Tuesday	Matthew 9:32-38	St. Maria Goretti	Mary Jane Schaaf †
Wednesday	Matthew 10:1-7	St. Bonitus	Rueben Hanshew, Jr. †
Thursday	Matthew 10:7-15	St. Grimbald	Dwight Smith †
Friday	Matthew 10:16-23	St. Veronica Giuliani	Tara †
Saturday	Matthew 10:24-33	St. Etto	Santa Rizzutto †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

MINISTRY HIGHLIGHT

Discover ways to serve St. B's, the community, and the world

SEASONS OF HOPE

A Support Group for the Bereaved

"Blessed are those who mourn, for they will be comforted." Matthew 5:4

Our Ministry of Consolation offers a quarterly bereavement group, *Seasons of Hope*. This 6-week Christ-centered support group is for those who have lost a loved one. Support group members gather with facilitators—experienced with grief ministry—who are also Saint Brigid parishioners.

At these sessions, the group reflects on their experience of loss through the lens of Scripture and prayer, inviting Jesus into their grief for healing and comfort. Each session ends with time for fellowship, deepening the bonds of the group.

Seasons of Hope series are offered four times per year, each having a different theme to focus on for that season. Most participants stay with the group for more than one season, finding it beneficial to be among others who have experienced a loss. Each of the four seasons offers new content.

Our next *Seasons of Hope* series begins on Thursday, July 8, meeting from 3:30–5 pm in the Ministry Center. The 6-week series is a small group journey, with new registrations accepted through the second session. If you have experienced the loss of a loved one, we

invite you to join our next *Seasons of Hope* group.

Registration information can be found at saintbrigidparish.org/bereavement, or register by email or phone. Come and be comforted.

Contact Lee Hulbert: lee@saintbrigidparish.org
858.483.3030 x117

"Beautiful friendships have grown out of this group."



ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH,
Centering Prayer, Healing
Prayer

saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement,
Mental Health, 12-Step
Recovery, Divorce Support

saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families,
Adults, Active 60s+, Seniors,
Knights of Columbus

saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical
Ministry, Music Ministry,
Hospitality, Faith Formation,
Food Distribution

saintbrigidparish.org/serve



Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!



30 SOMETHINGS

- Be a Special Needs Buddy at the Special Needs Family Camp at Whispering Winds in Julian, July 30–August 1. Contact: Katie Gange at 619.464.1479 or katieg@whisperingwinds.org

ADULT 35+ COMMUNITY EVENTS

- Torrey Pines Hike, Saturday, July 10, 8 am
Join us as we hike along the La Jolla coast in the Torrey Pines State Natural Reserve. For hike details and RSVP contact Doug at CAChiking@sandiegocac.org.

ACTIVE 60s+ EVENTS

- Friday Morning Walk, 9:30 am
Join us every Friday for a walk at the beach. Meet in our parking lot. Contact: Carol 619.227.7500
- Lake Murray Walk and Social, Saturday, July 17, 9 am
All are invited to join us for a 40 minute social walk and out to a local restaurant for breakfast after. Meet by the boat rental and concession area. Note: This is a very popular venue. Come early to make sure to find parking. Contact: Tricia 619.300.3065

CELEBRATING OUR COMMUNITY

MISSION APPEAL—ENCOUNTER, LOVE, AND SERVE THE WORLD

One of the marks of a healthy faith community is their willingness to give generously to brothers and sisters in need across the globe. Next weekend we will welcome Father Maciej Ziebiec. Father Ziebiec will be here to raise awareness and financial support for the missionary work of Polish Redemptorists in Russia. The Polish Redemptorists have been doing missionary work in the former Soviet Union for thirty years. At present, they have five pastoral centers in Russia, one in Kazakhstan, five in Belarus, and two in Ukraine.

Although the COVID-19 pandemic held the work of the mission back, as a people of faith they look forward to the future, believing that the best is still ahead of them! Currently, they are facing difficulties with building much needed churches in Togliatti and Minsk. Both parish communities are very dynamic, and the number of parishioners is still increasing. With our generosity, they will be able to raise enough money to cover all their construction expenses and help spread the gospel in that region and beyond. You may contribute at Mass next weekend or online anytime at saintbrigidparish.weshareonline.org.



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism.
Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4–5 pm or by appointment.
Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.
858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process.
saintbrigidparish.org/marriage
weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.
saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



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Deacon Patrick
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PARISH STAFF

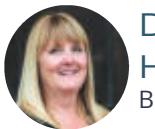


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Sunday
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kcavallomusic@gmail.com



Tim
Foley

Saturday Vigil
5:30 pm

858.344.3164



Julie
Misleh

Parish Coordinator of
Liturgical Music

858.366.2060



Lauren
Swain

Sunday
Evening Mass

858.483.3030



Patrick
Villa

Sunday
Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS

We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
The grace of our Lord...be with you all.
And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.
OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.
Thanks be to God.

Responsorial Psalm:* Our eyes are fixed on the Lord, pleading for His mercy.

Second Reading...The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.
Alleluia!

GOSPEL

A reading from the holy Gospel according to ...
Glory to You, O Lord.
...The word of the Lord.
Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(please bow during this profession) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.
After each intention, repeat the response said by the reader.

Cover Photo: Etched on the Statue of Liberty are the words of Emma Lazarus, the Jewish poet, "Until we are all free, we are none of us free."

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCARISTIC PRAYER

The Lord be with you. And with your spirit.

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.
And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world,
have mercy on us. 2x

Lamb of God, You take away the sins of the world,
grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.
Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

Go in peace. Thanks be to God.

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading Ezekiel 2:2-5

Psalm Psalm 123:1-2, 2, 3-4

Second Reading 2 Corinthians 12:7-10

Gospel Mark 6:1-6



For weekly readings, visit
saintbrigidparish.org/weekly-readings

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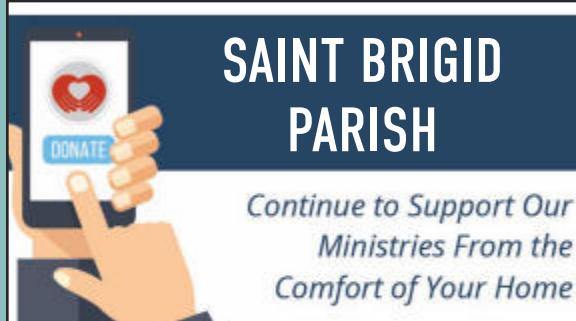


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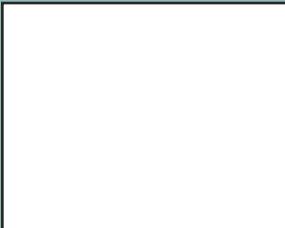
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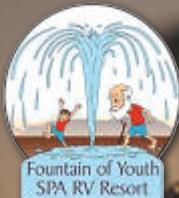
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Welcome Back to Mass



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Saint Brigid Parish, San Diego, CA

A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



SUNDAY

JULY 4

10–11 am

TUESDAY

JULY 6

7–8:30 pm



WEDNESDAY

JULY 7

7–9 pm

THURSDAY

JULY 8

8 am–8 pm

3:30–5 pm

Happy Fourth of July!

We pray for our nation and the people who continue to serve and protect the US. There will be no 5:30 pm Mass on July 4, but we hope you will join us in the morning or at the Saturday Vigil. Have a safe and blessed Independence Day!

Healing Prayer

John Paul II Room

Healing prayer time is an opportunity to have two of our prayer team members pray with you for whatever healing you need in your life, whether physical, emotional, mental, or spiritual.

Raw Conversations: Stop the Silence Listening Session

Zoom

If you are curious to learn more about racial equity and justice, or have felt the Holy Spirit's call to take action, please join fellow parishioners for a virtual gathering to continue the conversation about the need for racial equity and justice in our families, parish, Church, and society. Scan the QR code to register.

Young Adult Bible Study

Ministry Center

Join us (single, engaged, or married in their 20s and 30s) for young adult bible study! Announcements and prayer begin at 7:30 pm. Join us as we read the upcoming Sunday readings. Contact Scott & Jacqueline

Eucharistic Adoration

Church

Come pray and be renewed! The Divine Mercy Chaplet is prayed at 3 pm.

Seasons of Hope Bereavement Group

Ministry Center

Are you grieving the loss of a loved one? Come and be comforted. See page 4 for details.



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10–11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
7 pm (virtual)

Neighbors in Need (2nd and 4th)
4:30–6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am–12:30 pm
Centering Prayer
4–5 pm (virtual)

Wednesday

Centering Prayer
4–5 pm (virtual)

Senior Wednesdays
11:30 am–4 pm Bay Room

Young Adults Bible Study
7–9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am–8 pm

Divine Mercy Chaplet (sung)
3–4 pm

Friday

Friday Morning Walk
9:30–11 am

Saturday

Reconciliation
4–5 pm

Scan here for
full parish
calendar.



Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving. Visit saintbrigidparish.org/ E-Giving, scan the QR code, or text LoveOneAnother to 555888.

