



The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

EIGHTEENTH SUNDAY IN ORDINARY TIME • WEEK OF AUGUST 1

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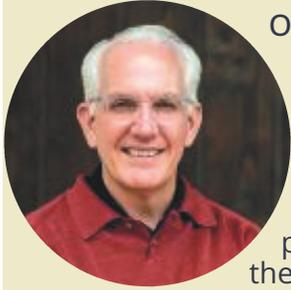
MASSSES: SATURDAY 5:30 pm (also Livestreamed), SUNDAY 7:30, 9, and 11 am, 5:30 pm
DAILY 7:30 am (Monday-Saturday) EUCHARISTIC ADORATION: Thursdays 8 am-8 pm
RECONCILIATION: SATURDAYS 4-5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Deacon Chris Hulburt



ONE BREAD, ONE BODY

San Diego Auxiliary Bishop John Dolan recently shared a short reflection on the Catholic experience of gathering for Mass. He focused on three interwoven aspects of our central liturgy: Eucharist, Communion, and Mission.

Eucharist is a participation in the sacred mystery of Christ's death and resurrection. "I am the bread of life," Jesus proclaims in His Gospel. Catholics believe that through the power of the Holy Spirit the bread we place on the altar becomes that Bread of Life, the Real Presence of Christ—offered to us to sustain us spiritually and transform us to become more and more Christ-like.

Communion recognizes that we gather for Mass as a body, not as isolated individuals. We are a community of faith, and together we also are the Real Presence of Christ. As Saint Paul teaches repeatedly, "We are the Body of Christ and individually members of it." Communion reminds us that Christianity always, and only, exists in relationship—with God and with one another. It is in Communion that we learn to love more freely, forgive more fully, and serve more generously. We need each other to become more and more Christ-like.

Our Mission, then, as members of the Body of Christ in Communion sustained and fed by the Body of Christ in the Eucharist is to take the Body of Christ out of the church and into the world. We are Christians so that we can bring Christ to our families, workplaces, markets, and daily encounters. Christ has no hands but ours. So, each Mass ends with the word, "Go." What Jesus told his disciples is the same thing He tells us: "As the Father sent me, so I send you." We are sent to bring a message of peace, forgiveness, compassion, and justice so that the power of God at work in us may transform the world to become more and more Christ-like.

We are the Body of Christ. Our life is Mission.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	John 6:24-35	St. Alphonsus Marie Liguori	MASS INTENTIONS
Monday	Matthew 14:13-21	St. Eusebius of Vercelli	Vic Guarin †
Tuesday	Matthew 14:22-36	St. Lydia Purpuraria	Heidi Thorton †
Wednesday	Matthew 15:21-28	St. John Vianney	Reuben Hanshew Jr. †
Thursday	Matthew 16:13-23	St. Addal	Jerry Schoettle
Friday	Mark 9:2-10	St. Hormisdas Pope	Aidan Murphy †
Saturday	Matthew 17:14-20	St. Cajetan	Maureen Cahalan †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

MINISTRY HIGHLIGHT Discover ways to serve St. B's, the community, and the world

HIGH SCHOOL YOUTH MINISTRY

YOUTH GROUP

St. B's High School Youth Ministry is a place for teenagers to grow in community and faith. All high schoolers, grades 9-12, Catholic or not, are welcomed to join us for weekly Tuesday teen nights throughout the academic year.

Weekly gatherings are a great opportunity for teens from different schools to gather together and build friendships while exploring Scripture, playing games, learning about Church Traditions, asking questions, and praying together— while enjoying pizza and snacks! In addition to our Tuesday teen nights, we will also have some fun social gatherings during the year such as beach bonfires and mini-golf.



FAMILY KICK-OFF EVENT

Parish Hall
Sunday
August 29
10 am–1:30 pm

CONFIRMATION

Families often seek out Youth Ministry for the Sacrament of Confirmation. While youth group and Confirmation preparation run independently, they are complementary experiences, and teens are encouraged to participate in both.

Confirmation prep is a two-year process, often beginning in grade 9. Teens preparing for Confirmation will attend quarterly retreats and participate in a small group series. The 2021—2022 retreat dates are November 6, February 5, and April 2, and the small group series will begin in Lent 2022. Registration for Confirmation prep will open on August 22.

We invite you to join our GIFT (Growing in Faith Together) families and teens for our Family Kick-Off Event on Sunday, August 29, 10 am–1:30 pm. Come meet other families and learn more about GIFT, Youth Group and Confirmation prep, enjoy some refreshments, and meet Kayla, our new Youth Ministry Coordinator. We hope to see you there!

If you have a passion for living your call to discipleship through serving our teens, join our leadership team! Contact Kayla Johnson at kayla@saintbrigidparish.org.



THE WAY OF A DISCIPLE

UNWRAPPING YOUR SPIRITUAL GIFTS

WHAT ARE YOUR SUPERPOWERS?

“But you will receive power when the Holy Spirit comes upon you...” Acts 1:8

Did you know that you have special “superpowers” called Charisms? Charisms are simply the spiritual gifts given to us by the Holy Spirit at baptism and confirmation. They enable us to bring God’s love and provision to others and empower us to accomplish things for God above and beyond our natural human abilities.

Lists of the spiritual gifts can be found in the New Testament (Romans 12, 1 Corinthians 12, Ephesians 4). At St. B’s, we use a method of spiritual gifts discovery, “Called & Gifted,”* that focuses on twenty-three charisms. Most people have two to five charisms.

Knowing about spiritual gifts, and how your unique combination of gifts work together, will help you:

- Better understand your purpose in your life
- Say “no” to things you are not gifted to do
- Move from volunteering out of duty to sharing your gifts with joy
- More fully appreciate yourself and the gifts of others
- Experience a more fulfilled life by being the person God is calling you to be!

Can you imagine being given such fabulous gifts and leaving them wrapped in the box? We want to help you unpack your superpowers! Over the next several weeks, we are going to explore each of the charisms; what they look like and what some expressions for using them are. Hopefully, you will begin to see some clues to what your spiritual gifts might be.

*Stay tuned for more information about our “Called & Gifted” 5-week small group series coming this Fall.



“Be who
God meant
you to be
and you
will set the
world on
fire.”

—St. Catherine of
Siena

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH,
Centering Prayer, Healing
Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement,
Mental Health, 12-Step
Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families,
Adults, Active 60s+, Seniors,
Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical
Ministry, Music Ministry,
Hospitality, Faith Formation,
Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!



30 SOMETHINGS

- **30 Somethings Summer Party, Saturday, August 14, 6 pm.** Join us for a great evening of food and fellowship! Cost is \$10 and please bring a beverage to share. Contact Callie and Adam at adam@sandiegocac.org for more info and location (private home in Escondido).

ADULT 35+ COMMUNITY EVENTS

- **Saint Brigid Parish Event—Celebrating Summer and Saint Brigid with a BBQ, Saturday, August 7**
Starts at 6:30 pm. Cost: \$20 Please RSVP by August 5. Event Details: saintbrigidparish.org/adults-at-StBs. Contact nancy@saintbrigidparish.org for more information.

ACTIVE 60S+ EVENTS

- **Friday Morning Walk, 9:30 am**
Join us every Friday for a walk at the beach. Meet in our parking lot. Contact: Carol 619.227.7500
- **Del Mar Walk and Social, Saturday, August 7, 9 am.** Join us for a social walk along the Coast to Crest Trail. Snacks and beverages after at El Pueblo for those who are interested. Park near Gelson's Market. We will gather for introductions in the parking lot and walk to the trail from there. RSVP to Jerry@sandiegocac.org.
- **Potluck Dinner and Game Night, Sunday, August 8, 6 pm**
Conference Room at Saint James in the Parish Office—625 S. Nardo, Solana Beach, CA
RSVP to Doreen and Patty at doreen@sandiegocac.org.

TAKE ME OUT TO THE BALLGAME!

CATHOLIC NIGHT AT THE PADRES

Friday, September 3

First Pitch: 7:10 pm

\$33 per ticket

Put on your St. B's swag or favorite Padres gear and head on out to the ballpark! Join us, and a whole bunch of "Friar Faithful," as we gather with Catholics throughout San Diego for Catholic Night at Petco Park. We've purchased a block of tickets in Section 233 and it won't be the same without you there! A free limited edition Catholic-themed Padres hat is included with your ticket. To purchase tickets, visit saintbrigidparish.weshareonline.org, or email Debbie Hedley at debbie@saintbrigidparish.org for more information.



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
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Father Sebastian Bukenya
Associate Pastor

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Deacon Chris Hulburt

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Deacon Patrick McCay

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Connection to Christ and Evangelization

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Katie Cavallo
Sunday
7:30 am

kcavallomusic@gmail.com



Noreen Domingo
Receptionist and Parishioner Engagement

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John Jay Owens
Grounds

johnjay@saintbrigidparish.org



Tim Foley
Saturday Vigil
5:30 pm

858.344.3164



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Patrick Villa
Sunday Evening Mass

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Lee Hulburt
Baptism, Becoming Catholic, Funerals

lee@saintbrigidparish.org



Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * **The Lord gave them bread from heaven.**

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: "For the bread of God is that which comes down from heaven and gives life to the world." John 6:32

Reflection: How will you take the Body of Christ out of the Church and into the world this week?

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading	Exodus 16:2-4,12-15
Psalm	Psalms 78:3-4,23-25,54
Second Reading	Ephesians 4:17,20-24
Gospel	John 6:24-35



For weekly readings, visit saintbrigidparish.org/weekly-readings

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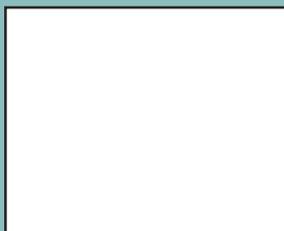
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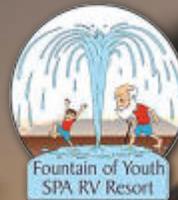
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A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



SUNDAY
AUGUST 1

Give Back Sunday
Church

All Masses—Drop off back-to-school donation items in the big red bins at the entrances of the church. Thank you for supporting CCSA!

10-11 am

Healing Prayer

John Paul II Room

Healing Prayer is an opportunity to have two of our prayer team members pray with you for whatever healing you need in your life, whether physical, emotional, mental, or spiritual. All are welcome!

TUESDAY
AUGUST 2
7-9 pm

“JustFaith”

Ministry Center

Please join us for an 8-session program called Faith and Racial Equity: Exploring Power and Privilege (written by JustFaith Ministries) in which small groups pray together, read books and watch videos, and have conversations around how we can seek racial justice in our community. Contact: Deacon Chris Hulburt deaconchris@saintbrigidparish.org

Wednesday
August 4
12-6 pm

Blood Drive

Parish Parking Lot

Join us for our Saint B’s Blood Drive sponsored by the Knights of Columbus and the San Diego Blood Bank. Blood donations by appointment only; schedule on the Parish website. Contact John Schellinger, john5440lj@gmail.com or 602.909.5732.

Saturday
August 7
10-12 pm

Young Adult Women’s Brunch

Ministry Center

Young Adult women, single, engaged, married in their 20s and 30s are welcome to join us for food and fellowship. Contact haleysieben7@gmail.com.

Saturday
August 7
6:30 pm

CAC and Saint Brigid Adult Community Summer BBQ
Ministry Center

Come connect with fellow parishioners and celebrate summer and Saint Brigid Parish! Please RSVP and pay by Wednesday, August 4. Event cost: \$20. RSVP at saintbrigidparish.org/adults-at-StBs. Contact Nancy at nancy@saintbrigidparish.org for more info.



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10–11 am John Paul II Room

Monday

Catholic in Recovery Men’s Group
7 pm Bride’s Room

Neighbors in Need (2nd and 4th)
4:30–6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am–12:30 pm

Centering Prayer
4–5 pm (virtual)

Wednesday

Senior Wednesdays

11:30–4 pm Bay Room
Centering Prayer

4–5 pm (virtual)

Young Adults Bible Study
7–9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am–8 pm

Friday

Friday Morning Walks
9:30–11 am

Saturday

Reconciliation
4–5 pm

Scan here for
full parish
calendar.



@SaintBrigidSD

Your generosity helps us continue our mission to encounter, love, and serve Jesus, one another, and the world. Consider e-giving (at saintbrigidparish.org/E-Giving), scan the QR code, or text to give—text: LoveOneAnother to 555888

