

# The Way



**SAINT BRIGID**  
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

Twenty-Third Sunday in Ordinary Time • WEEK OF SEPTEMBER 5, 2021

[saintbrigidparish.org](http://saintbrigidparish.org) 4735 Cass Street San Diego, CA 92109 858.483.3030

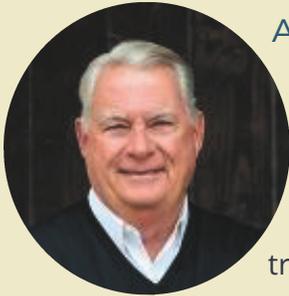
MASS: SATURDAY 5:30 pm, SUNDAY 7:30 (also Livestreamed), 9 am, 11 am, and 5:30 pm  
DAILY 7:30 am (Monday-Saturday) EUCHARISTIC ADORATION: Thursdays 8 am-8 pm  
RECONCILIATION: SATURDAYS 4-5 pm and by appointment



@SaintBrigidSD

**WELCOME!** We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

## CLERGY CORNER Deacon Mike Daniels



### A SIMPLE ACT OF KINDNESS

My favorite Broadway musical is Les Misérables. It is the story of Jean Valjean, who in hard times stole a loaf of bread from a baker. They caught and imprisoned him for 19 years. Trying to recover from his imprisonment, he meets a Bishop, a noble priest who begins Jean Valjean's redemption by welcoming him to his home. In an act of extreme kindness and sacrificial love, the priest gives Jean Valjean a pair of candlesticks Valjean was attempting to steal. This act of kindness by the good priest transformed Jean Valjean into a new man whose soul had been "bought for God."

At the end of the musical, as Jean Valjean lies dying before his beloved daughter Cosette and her husband-to-be Marius, he has a vision of Cosette's deceased mother, Fantine. In this touching scene, Valjean commends Marius and Cosette to marry and reveals his long-held secret that he had spent his life running from the law. As Jean Valjean sings his last confession, Fantine appears to welcome him into heaven. Jean Valjean then experiences an almost beatific vision of the priest, surrounded gloriously in candlelight. At this moment, he utters one of the most beautiful lines ever written in a play:

"To love another person is to see the face of God."

The important message from this excellent musical is that one simple act of kindness has the power to transform a sinner into a forgiven saint. Even in his humble and lowly position, the priest became a vessel for Jean Valjean and, by extension, the audience to see the very face of God through his indefinable love for an embittered thief.

We can be like this good priest. We can show the face of God through our love. Too often, we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

Let's all show the face of God by our loving kindness to one another!

## WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 7:31-37	St. Teresa of Calcutta	MASS INTENTIONS
Monday	Luke 6:6-11	St. Eleutherius	Bill Kid †
Tuesday	Luke 6:12-19	St. Cloud	Marilyn Hendrix †
Wednesday	Matthew 1:1-16	Feast of the Nativity of the Blessed Virgin Mary	Douglas Mawhinney †
Thursday	Luke 6:27-38	St. Peter Claver	Bill Layfield †
Friday	Luke 6:39-42	St. Salvius of Albi	Analisa Alegria
Saturday	Luke 6:43-49	St. Daniel	Robert Lee Rocheleau

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at [saintbrigidparish.org/prayer-request](http://saintbrigidparish.org/prayer-request).

# MINISTRY HIGHLIGHT Discover ways to serve St. B's, the community, and the world

## CAPODANNO SOCIETY

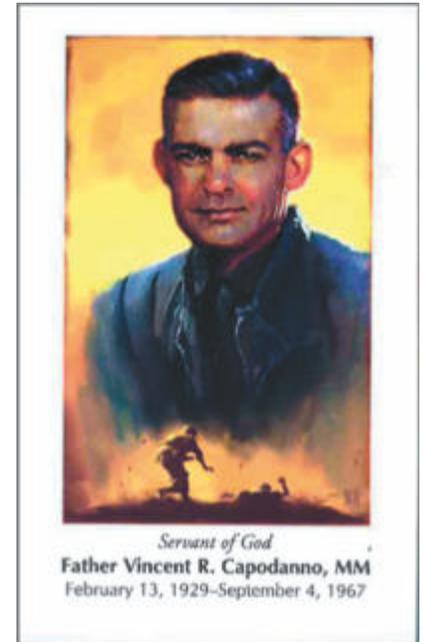
The Military Ministry at St. B's.

The Capodanno (Cap) Society serves Catholic military members—active and retired—and their families here at St. B's. The ministry started after several Navy Officers met on a Saint Brigid Parish Pilgrimage mid-2018 and talked about the unique professional and spiritual challenges that they faced in their jobs. After the pilgrimage, they slowly realized just how many military folks there are at St. B's, and wanted to share the benefits they experienced by having a network of military Catholics within a larger group; in that, Cap was born. Civilians and military members alike are welcome to all Capodanno Society events.

The Cap Society is named after Fr. Vincent Capodanno, a US Navy Chaplain who served with infantry Marines in Vietnam. Beloved by his men for volunteering to join them on the front lines, Fr. Capodanno was killed in combat while administering last rites to his men in 1967. He was posthumously awarded the Medal of Honor and in 2002, his official cause for canonization was opened by the Vatican. Thus, the St. B's Cap Society looks to their namesake as they seek to serve the men and women of the Armed Forces here in our community through social events, prayer, and intentional Catholic Military community.

When asked how the Cap Society puts St. B's mission—Encounter, Love, Serve, Jesus, One Another, The World—into action, co-founder Noreen Domingo said, "Inspired by Fr. Capodanno's devotion to God and his profession, we want to provide events and build community to support every vocation of life: being a kid, spouse, transitioning careers, employee, employer, retiree, parents, friend, and everything in between. Each stage of life holds a unique challenge, joy, and purpose."

To support their mission, Cap Society meets monthly for spiritual and vocational formation for all ages, conducts Sunday education for the Marine recruits at Marine Corps Recruiting Depot (Marine Corps boot camp), coordinates small group discipleship "quads" catered to military life, career, and life mentorship, and more. If you would like to get involved, please contact Noreen Domingo at [Noreen@saintbrigidparish.org](mailto:Noreen@saintbrigidparish.org).



## 9/11 Run to Remember 5K

Hosted by the Capodanno Society

Sign up here to  
run/walk or volunteer



**Saturday**  
**September 11, 2021**  
**Law Street Beach**  
4960 Ocean Blvd, 92109

**8:30 am**  
**Prayer and Speakers**  
**9 am**  
**1 mile Kids Run/Walk**  
**9:05 am**  
**5K Run/Walk**

Food sponsored by  
the Knights of  
Columbus  
after the run

# THE WAY OF A DISCIPLE

## UNWRAPPING YOUR SPIRITUAL GIFTS

Do you know what your spiritual gifts are? Spiritual gifts, or charisms, are special abilities given to us by the Holy Spirit that enable us to be powerful channels of God's love and presence in the world. Over the next several weeks, we are exploring 23 charisms. Stay tuned for more information about our "Called & Gifted" 5-week small group series coming this October.



### HOSPITALITY

- Function:** empowers a Christian to be a generous channel of God's love by warmly welcoming and caring for those in need of food, shelter, and friendship
- What it looks like:** Those with this charism are unusually sensitive to the presence and needs of the newcomer among us. They are energized, rather than put out, by the appearance of unexpected company and are delighted to welcome the stranger.

### INTERCESSORY PRAYER

- Function:** empowers the focused, sustained prayer of a Christian for others as the means by which God's love and deliverance reaches those in need
- What it looks like:** People with this charism pray in a way that is particularly intense and effective. It is not uncommon for them to wake in the middle of the night and sense an urgent need to pray for a particular person, even for someone they do not know. They love to pray for others and can do it for hours without tiring.

### KNOWLEDGE

- Function:** empowers one to be a channel of God's truth through diligent, prayerful study and intellectual inquiry that enables others to better understand God, ourselves, and the universe
- What it looks like:** A person with this charism's faith is nurtured by, and expressed through, the inspired pursuit of understanding. It is beyond a natural love of learning, and the act of pursuing knowledge feels like prayer and draws one closer to God.

## WHICH SPIRITUAL GIFTS ARE YOUR SUPERPOWERS?

Administration	Giving	Leadership	Service
Celibacy	Healing	Mercy	Teaching
Craftsmanship	Helps	Missionary	Voluntary Poverty
Encouragement	Hospitality	Music	Wisdom
Evangelism	Intercessory Prayer	Pastoring	Writing
Extraordinary Faith	Knowledge	Prophecy	

## ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

### PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer

[saintbrigidparish.org/pray](http://saintbrigidparish.org/pray)

### CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support

[saintbrigidparish.org/care-and-support](http://saintbrigidparish.org/care-and-support)

### COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus

[saintbrigidparish.org/communities](http://saintbrigidparish.org/communities)

### SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution

[saintbrigidparish.org/serve](http://saintbrigidparish.org/serve)

 Looking for more? Find details about parish groups for all interests and seasons of life at [saintbrigidparish.org](http://saintbrigidparish.org).

# TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit [saintbrigidparish.org](http://saintbrigidparish.org) and click on e-giving. For more information, contact Debbie Hedley at [debbie@saintbrigidparish.org](mailto:debbie@saintbrigidparish.org).



**SAN DIEGO CATHOLIC ADULT COMMUNITY** The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or [nancy@sandiegocac.org](mailto:nancy@sandiegocac.org) to get connected today!

## 30 SOMETHINGS AND ADULT 35+ COMMUNITY EVENTS

### •7 Bridges Hike, Saturday, September 11, 9 am

Join us on our urban walk through Hillcrest, North Park, and Banker's Hill. We will walk about 5.5 miles. Please meet us at the bridge in Balboa Park, east of the Natural History Museum (near rose garden). Bring water, sunscreen, and lunch for a picnic afterwards. RSVP to [hiking@sandiegocac.org](mailto:hiking@sandiegocac.org) or call Tim, 619.520.9358.

## ACTIVE 60s+ EVENTS

### •Friday Morning Walk, 9:30 am

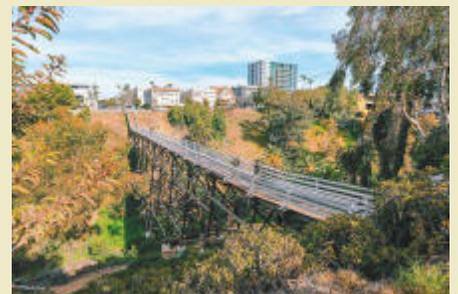
Join us every Friday for a walk at the beach from St. B's.  
Contact: Carol 619.227.7500

### •La Jolla Village and Coast Walk, Saturday, September 11, 9 am

Meet outside the Living Room Coffeehouse on Prospect Street. We will walk a loop through La Jolla Village and along the coastline and then finish with refreshments at The Living Room Coffeehouse.  
RSVP to [jerry@sandiegocac.org](mailto:jerry@sandiegocac.org).

### •Book Club, Sunday, September 12, 2-3:30 pm

Join us as we read and discuss "The Little Paris Bookshop" by Nina George.  
RSVP/Zoom link: [Maggie@sandiegocac.org](mailto:Maggie@sandiegocac.org)



# Mental Health Ministry



## Living Grace Fall Series

Our mental health is just as important as our physical health, and sometimes it may be difficult to find the time and/or resources to tend and care for our mental wellbeing. The St. B's Mental Health Ministry team would like to invite adults seeking mental health help to our 8-Week Small Group Series called Living Grace starting this fall.

Living Grace is a multi-week discipleship small group for adults experiencing anxiety, panic attacks, depression, or other mental health diagnoses. The group offers a structured curriculum within a community, coupling science with faith to improve overall mental and emotional wellness. Some topics this fall include: mental health recovery, your true identity, God is bigger than our weaknesses and whole-health strength and renewal.

We will be using the Living Grace Workbook (available in both written and digital versions) which should be purchased in advance of the first session. The Zoom link for the series will be emailed to you upon registration. Contact Lee at [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org) with any questions.

Sign up for the Living Grace Group at: [saintbrigidparish.org/mental-health](http://saintbrigidparish.org/mental-health).

**Living Grace Small Groups**  
**Wednesdays**  
**12 – 1 pm**  
**Zoom**  
**September 15 - November 3**



SACRAMENTS AND FORMATION

## SACRAMENTS OF INITIATION



### BAPTISM

Infants: Parents & Godparents attend orientation. Information:

[saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism).

Adults: prepare in RCIA

[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



### FIRST COMMUNION

Children: 2-year process (starting grade 1)

[gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults: prepare in RCIA

[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



### CONFIRMATION

Teens: 2-year process (starting grade 9)

[kayla@saintbrigidparish.org](mailto:kayla@saintbrigidparish.org)

Adults: prepare in RCIA

[lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)

## SACRAMENTS OF HEALING



### RECONCILIATION

Saturdays 4-5 pm or by appointment.

Preparation: Children, 2-year process (starting grade 1) [gayle@saintbrigidparish.org](mailto:gayle@saintbrigidparish.org)

Adults, prepare in RCIA [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org)



### ANOIDNTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.

858.483.3030

## SACRAMENTS OF VOCATION



### MATRIMONY

9-month accompaniment process.

[saintbrigidparish.org/marriage](http://saintbrigidparish.org/marriage)

[weddings@saintbrigidparish.org](mailto:weddings@saintbrigidparish.org)



### HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.

[saintbrigidparish.org/holy-orders](http://saintbrigidparish.org/holy-orders)

# SAINT BRIGID PARISH CONTACTS

## CLERGY



**Father Steve Callahan**  
Pastor

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**Father Sebastian Bukenya**  
Associate Pastor

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**Deacon Mike Daniels**

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**Deacon Chris Hulburt**

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**Deacon Patrick McCay**

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## PARISH STAFF



**Julie Colman**  
Connection to Christ and Evangelization

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**Mary Lucena**  
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**Katie Cavallo**  
Sunday  
7:30 am

kcavallomusic@gmail.com



**Noreen Domingo**  
Receptionist and Parishioner Engagement

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**John Jay Owens**  
Grounds

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**Tim Foley**  
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5:30 pm

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**Debbie Hedley**  
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**Lauren Swain**  
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**Nancy Wesseln**  
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**Patrick Villa**  
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**Lee Hulburt**  
Baptism, Becoming Catholic, Funerals

lee@saintbrigidparish.org



**Kayla Johnson**  
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

## WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit [saintbrigidparish.org/membership](http://saintbrigidparish.org/membership), or contact Maryanne Russell at [maryanne@saintbrigidparish.org](mailto:maryanne@saintbrigidparish.org).



**THE MASS** We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

## THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

### INTRODUCTORY RITE

*Please stand for the entrance and opening hymn.*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

### PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

*Repeat after the priest:*

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

### GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### READINGS FROM SCRIPTURE (see page 9)

*Please sit to receive the Word of God.*

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: \* **Praise the Lord, my soul!**

Second Reading...The word of the Lord.

Thanks be to God.

### GOSPEL ACCLAMATION

*Please stand to receive the Gospel.*

Alleluia!

### GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

### HOMILY

*Please sit as we listen to a reflection from the clergy.*

### PROFESSION OF FAITH

*Please stand as we proclaim the creed together.*

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, \*and by the Holy Spirit was incarnate of the Virgin Mary, and became man. \*(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### UNIVERSAL PRAYER

*Please stand as we pray for our community, united with the entire Body of Christ.*

After each intention, repeat the response said by the reader.

Cover Photo:

Father Sebastian talking with Saint Brigid Parishioners.

## THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

### THE OFFERTORY

*As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.*

### PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

*Please stand and reply:*

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

### EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

### HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

*Please kneel in reverence for Christ coming in His Eucharist.*

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

### THE GREAT AMEN

Amen.

### COMMUNION RITE

*Please stand as we pray together.*

### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

### THE SIGN OF PEACE

The peace of the Lord be with you always.

**And with your spirit.**

Let us offer each other the sign of peace.

*At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.*

### LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

*Please kneel as we prepare to receive the Body of Christ.*

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

### COMMUNION

*Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.*

### CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

\*The Responsorial Psalm may vary.

### THIS SUNDAY'S READINGS

First Reading Isaiah 35:4-7

Psalm Psalm 146:6-10

Second Reading James 2:1-5

Gospel Mark 7:31-37



For weekly readings, visit [saintbrigidparish.org/weekly-readings](http://saintbrigidparish.org/weekly-readings)

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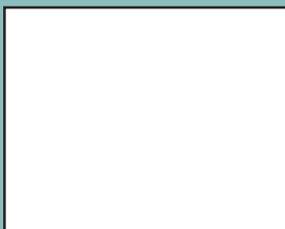
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# OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE

- SUNDAY** **Healing Prayer**  
**SEPTEMBER 5** John Paul II Room  
 10 -11 am Healing Prayer time is an opportunity to have two of our prayer team members pray with you for whatever healing you need in your life, whether physical, emotional, mental, or spiritual. All are welcome! Contact Mike and Kathy at [prayer@saintbrigidparish.org](mailto:prayer@saintbrigidparish.org) for more info.
- WEDNESDAY** **Infant Baptism Orientation**  
**SEPTEMBER 8** Zoom  
 6 -7 pm Future parents, current parents, or Godparents are welcome to join us for our Infant Baptism Orientation. Register at [saintbrigidparish.org/baptism](http://saintbrigidparish.org/baptism) to sign up and learn more. Contact: Lee Hulburt at [lee@saintbrigidparish.org](mailto:lee@saintbrigidparish.org), or call 858.483.3030 Ext 117 for questions.
- 7 -9 pm **Young Adult Bible Study**  
 Ministry Center  
 Join us (single, engaged, or married in their 20s and 30s) for young adult bible study! Announcements and prayer begin at 7:30 pm. Join us as we read the upcoming Sunday readings. Contact Scott & Jacqueline Weeman at [youngadults@saintbrigidparish.org](mailto:youngadults@saintbrigidparish.org) for info.
- SATURDAY** **Run to Remember 5k**  
**SEPTEMBER 11** Law Street Beach  
 8:30 am See page 3 for details.



## RECURRING EVENTS

### Sunday

Healing Prayer Time (1st)  
 10-11 am John Paul II Room

### Monday

Catholic in Recovery Men's Group  
 7 pm Bride's Room  
 Neighbors in Need (2nd and 4th)  
 4:30-6:15 pm (to-go meals)  
 Centering Prayer (coming Sept 13)  
 JPII Room, 6-7 pm

### Tuesday

Catholic Charities Food Distribution  
 9:30 am-12:30 pm  
 Centering Prayer  
 4-5 pm (virtual)

### Wednesday

Centering Prayer  
 4-5 pm (virtual)  
 Senior Wednesdays  
 11:30 -4 pm Bay Room  
 Young Adults Bible Study  
 7-9 pm Ministry Center

### Thursday

Eucharistic Adoration  
 8 am-8 pm

### Friday

Friday Morning Walks  
 9:30-11 am

### Saturday

Reconciliation  
 4-5 pm

*Theology "Uncorked"*  
 Monday, September 20  
 7-8:30 pm Parish Hall

"THE SHROUD OF TURIN"  
 Presented by  
 Dr. Scott French

*Worldwide Marriage Encounter Weekend*  
 September 17-19  
 St. Charles Retreat Center  
 San Diego, California

SATURDAY, SEPTEMBER 18  
 7 PM

*10 Year Anniversary Party!*  
 Theme: End of Summer

[Sandiegocac.org/10-year-anniversary-party/](http://Sandiegocac.org/10-year-anniversary-party/)

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Scan here for full parish calendar.



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