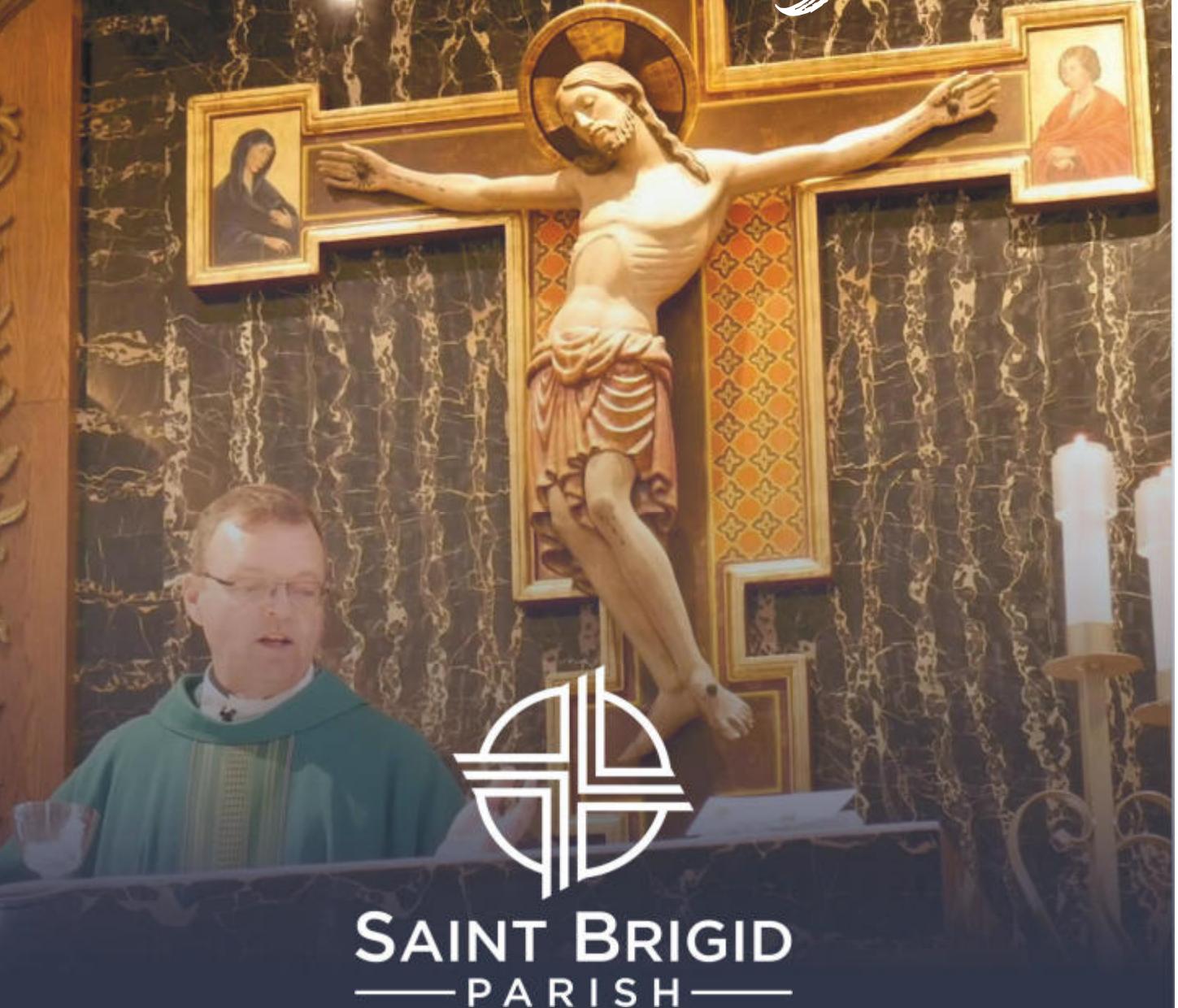


The Way



**SAINT BRIGID
— PARISH —**

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

Twenty-Fourth Sunday in Ordinary Time • WEEK OF SEPTEMBER 12, 2021

saintbrigidparish.org 4735 Cass Street San Diego, CA 92109 858.483.3030

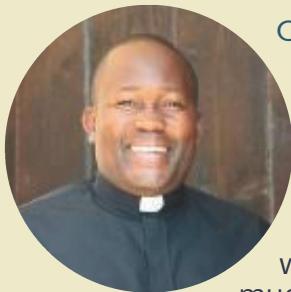
MASSES: SATURDAY 5:30 pm, SUNDAY 7:30 (also Livestreamed), 9 am, 11 am, and 5:30 pm
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Father Sebastian Bukenya



ON LOSING THE SENSE OF THE WORLD AS A DANGEROUS PLACE

In our time, we have lost the sense of the world as a dangerous place. The irony is that we are confronted with a litany of ugly realities of war, injustice, conflict, racism, wildfires, terrorist attacks, homelessness, the effects of environmental degradation, and many others. What we have lost is the ability to see these challenges as specifically Christian challenges (and not simply human challenges). Furthermore, we have little sense of the Christian life as a journey according to which we live in the world as 'resident aliens.' As a result, we have come to be so much 'at home' in the world that we readily accept explanations that purport to offer the ultimate account of reality. The sociological accounts lead us to think that all these catastrophes are inevitable; we easily assume, 'race,' 'tribe,' and 'nationality' to be merely natural identities.

When the children of Israel were in exile, many of them forgot that they were strangers in the foreign land. They became so comfortable in exile that they even began to pick up strange habits from their captors. This led them to adulterate their faith in YHWH their God and consequently losing their identity as God's people. As Christians, we are strangers in a strange land who must constantly bounce back to a life of vigil, a life of alertness and resistance where we assume a unique posture in the face of these evils. How can business continue normally in our churches amidst these evils? The apostle Paul argues us in Romans 12:2 saying; 'do not conform yourselves to this age...'. For such times as these, the Church is on trial. We can choose to be at home with whatever is going on around us or to be a people that exemplify the true notion of the Church as the Body of Christ, whose one part suffers, and the others suffer as well.

The 19th-century Ethiopian ruler, Haile Selassie once said; "Throughout history, it has been the inaction of those who could have acted; the indifference of those who should have known better; the silence of the voice of justice when it mattered most; that has made it possible for evil to triumph." Pope Francis would call this the "economics of indifference." Our biggest challenge is to learn to be a Church in the world as a dangerous place.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 8:27-35	St. Ailbhe	MASS INTENTIONS
Monday	Luke 7:1-10	St. John Chrysostom	Marlene Cesarz †
Tuesday	John 3:13-17	Feast of the Exaltation of the Holy Cross	Eileen & Kevin Hooker
Wednesday	John 19:25-27	Memorial of Our Lady of Sorrows	Sir Gabriel †
Thursday	Luke 7:36-50	St. Cornelius	Mike & Olga Miller
Friday	Luke 8:1-3	St. Robert Bellarmine	Tom Calkins †
Saturday	Luke 8:4-15	St. Joseph of Cupertino	Santa Rizzuto †

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

CENTERING PRAYER

Sitting in Silence with God

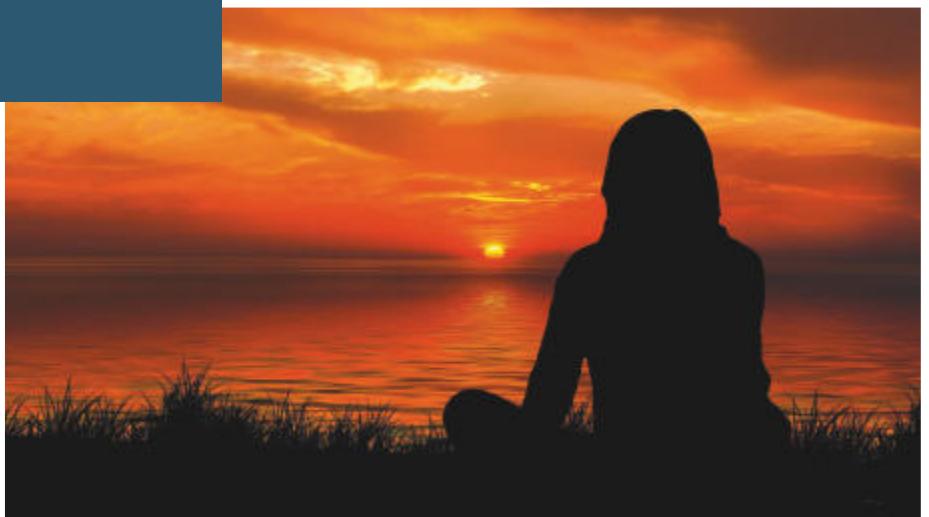
Are you feeling stressed from the busyness of every day life? Are you wanting to grow in faith and deepen your prayer life, but you don't know where to begin? Give our Centering Prayer Group a try!

Centering Prayer is an ancient Christian form of prayer, similar to meditation. It has been known and practiced since the earliest days of the Church. For many centuries, lay people as well as priests and nuns prayed this way, but for cultural and historical reasons it stopped being taught widely, while staying an integral part of monastic life.

**“The intimacy
that grows from
sitting in silence
with God...will
transform us.”**

The Centering Prayer Group has been meeting online via Zoom for the past year, and will now be meeting back in person again. There are three meetings to choose from—or you can come to all of them! For more information about Centering Prayer and the Zoom link, contact Karen or Brian.

Contact: Karen Downs, kdowns2@san.rr.com, or Brian Curry, brian.curry77@gmail.com



That is, until the 1970's—when three Trappist Monks decided it was time to reintroduce the practice to everyday Christians. And so they did. They created an easy way to learn it, and an organization (Contemplative Outreach) to teach it and support the people who have made this prayer part of their daily life.

The intimacy that grows from sitting in silence with God, asking nothing and expecting nothing, will transform us spiritually and strengthen all our efforts to encounter, love, and serve Jesus.

CENTERING PRAYER

MONDAYS

JOHN PAUL II ROOM

6 - 7 PM

TUESDAYS OR

WEDNESDAYS

VIA ZOOM

4 PM

THE WAY OF A DISCIPLE

UNWRAPPING YOUR SPIRITUAL GIFTS

Do you know what your spiritual gifts are? Spiritual gifts, or charisms, are special abilities given to us by the Holy Spirit that enable us to be powerful channels of God's love and presence in the world. Over the next several weeks, we are exploring 23 charisms. Stay tuned for more information about our "Called & Gifted" 5-week small group series coming this October.



LEADERSHIP

- **Function:** empowers a Christian to be an agent of God's purposes by sharing a compelling vision of a better future with others and by directing the overall efforts of a group as they work together to make the vision a reality
- **What it looks like:** These are God's catalysts. They see unrecognized needs and visualize new ways to meet those needs. Others catch the vision and are motivated to work with them to make it a reality.

MERCY

- **Function:** empowers one to be a channel of God's love through hands-on, practical deeds of compassion that relieve the distress of those who suffer and help them experience God's love
- **What it looks like:** People with this charism are deeply sensitive to the needs of the marginalized and oppressed in our midst. They have a remarkable ability to identify with the suffering of others and bring genuine comfort and a sense of God's love. They want to help by doing practical deeds.

MISSIONARY

- **Function:** empowers a Christian to be an agent of God's goodness to others by effectively and joyfully using their charisms in a second culture
- **What it looks like:** This enables a person to use their other charisms and talents in a culture other than the one in which they were raised. They are able to enter the hearts and minds of people from another culture with remarkable grace and ease. People may exercise this charism in another country, or use it to relate to people of another language or ethnic background right in their own community.

WHICH SPIRITUAL GIFTS ARE YOUR SUPERPOWERS?

Administration	Giving	Leadership	Service
Celibacy	Healing	Mercy	Teaching
Craftsmanship	Helps	Missionary	Voluntary Poverty
Encouragement	Hospitality	Music	Wisdom
Evangelism	Intercessory Prayer	Pastoring	Writing
Extraordinary Faith	Knowledge	Prophecy	

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH,
Centering Prayer, Healing
Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement,
Mental Health, 12-Step
Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families,
Adults, Active 60s+, Seniors,
Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical
Ministry, Music Ministry,
Hospitality, Faith Formation,
Food Distribution
saintbrigidparish.org/serve



Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!

YOUNG ADULTS, ADULTS, AND ACTIVE 60s+ COMMUNITY EVENTS

- **CAC 10 Year Anniversary Party, Saturday, September 18, 7 pm**
Hilton Garden Inn San Diego/Del Mar 3939 Ocean Bluff Ave
Join us for food, drinks, and dancing as we celebrate the End of Summer! Tickets are \$35 per person until September 15.
Purchase your tickets at saintbrigidparish.org/SDCAC.

- **Theology "Uncorked", Monday, September 20, 7 pm**

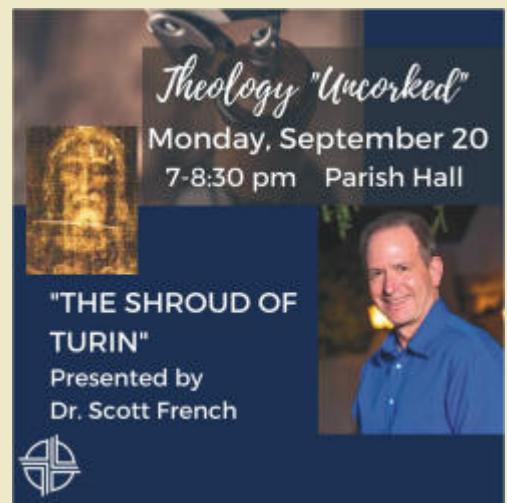
Join us for a casual gathering where we can have a glass of wine, socialize and hear a brief presentation on the Shroud of Turin presented by Dr. R Scott French.

30 SOMETHINGS AND ADULT 35+ COMMUNITY EVENTS

- **CAC Great Works Club, Sunday, September 19, 6 pm via Zoom**
For September the Great Works Club will be focusing on Solomon's "Song of Songs" and various commentaries about this book. Contact Rochelle, greatworksclub@sandiegocac.org.

ACTIVE 60s+ EVENTS

- **Book Club, Sunday, September 12, 2-3:30 pm**
Join us as we read and discuss "The Little Paris Bookshop" by Nina George. RSVP/Zoom link: Maggie@sandiegocac.org



Growing in Faith Together!

FAITH FORMATION SUPPLIES

Please help support our children and families enrolled in our Growing in Faith Together (GIFT) Faith Formation program this year! Due to the COVID situation, we are not sharing class materials and hope to have an individual set of supplies for each child. Donations of the following items can be dropped off at the main parish office and would be greatly appreciated! Please keep all our families, children, and catechists in your prayers for a good year!

For more information, or to register, please visit:
saintbrigidparish.org/gift



Needed Supplies:

- Pencil Boxes
- 16 or 24 count crayon boxes
- 24 count colored pencils
- 10 count markers, broad and/or fine tip
- Child sized scissors
- Glue sticks
- Paint brushes (various sizes)
- Personal Kleenex
- Personal Size Hand Sanitizer



SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism.
Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) kayla@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment.
Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

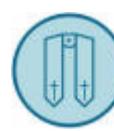
To Inquire about or request this sacrament, please call the parish office.
858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process.
saintbrigidparish.org/marriage
weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.
saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

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Bukenya**
Associate Pastor

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**Deacon Chris
Hulbert**

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**Deacon Patrick
McCay**

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MUSIC MINISTERS



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Cavallo**
Sunday
7:30 am

kcavallomusic@gmail.com



**Tim
Foley**
Saturday Vigil
5:30 pm

858.344.3164



**Julie
Misleh**
Parish Coordinator of
Liturgical Music

858.366.2060



**Lauren
Swain**
Sunday
Evening Mass

858.483.3030



**Patrick
Villa**
Sunday
Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS

We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
The grace of our Lord...be with you all.
And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.
OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.
Thanks be to God.

Responsorial Psalm:^{*} I will walk before the Lord, in the land of the living.

Second Reading...The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.
Alleluia!

GOSPEL

A reading from the holy Gospel according to ...
Glory to You, O Lord.
...The word of the Lord.
Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(please bow during this profession) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.
After each intention, repeat the response said by the reader.

Cover Photo:

Father Steve during the consecration of The Body and Blood of Christ at Mass.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCARISTIC PRAYER

The Lord be with you. And with your spirit.

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.
And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world,
have mercy on us. 2x

Lamb of God, You take away the sins of the world,
grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.
Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

Go in peace. Thanks be to God.

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading Isaiah 50:5-9

Psalm Psalm 116:1-9

Second Reading James 2:14-18

Gospel Mark 8:27-35



For weekly readings, visit
saintbrigidparish.org/weekly-readings

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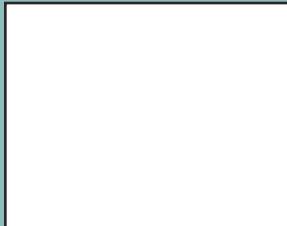
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OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



MONDAY SEPTEMBER 13 6 -7 pm	Centering Prayer John Paul II Room Do you long for a closer relationship with God? Centering Prayer might be for you. See page 3 for more details on Centering Prayer.
WEDNESDAY SEPTEMBER 15 12 -1 pm	Living Grace Mental Health Group Zoom Our Living Grace mental health small group is back as an 8 week fall series, meeting weekly during the lunch hour, from Sept. 15 -Nov. 3rd. "Living Grace" offers a structured curriculum within a community, coupling science with faith, to improve overall mental and emotional wellness. Learn more and register online now at saintbrigidparish.org/mental-health . Contact: Lee Hulbert, lee@saintbrigidparish.org
6:15 -7 pm	Young Adults New Person Meet & Greet Cass St Bar & Grill Join us (single, engaged, or married in their 20s and 30s) at Cass Street Bar and Grill for 45 minutes before we all head over to Bible Study together. Contact Kristie at 619-972-9131 with any questions.
7-9 pm	Young Adults Bible Study Ministry Center Join us for bible study! Announcements and prayer begin at 7:30 pm. We will read and discuss the upcoming Sunday readings. Contact Scott & Jacqueline Weeman at youngadults@saintbrigidparish.org for info.
FRIDAY SEPTEMBER 17 7- 8:30 pm	nightWATCH Church Join us for nightWATCH—90 minutes of prayer in candlelight with music and Eucharistic Adoration. Your spirit will be lifted by the beautiful music and time with the Lord's presence. Contact, Deacon Mike Daniels, 858.483.3030.
SATURDAY SEPTEMBER 18 10- 12 pm	Young Adults Mom Prayer & Fellowship Group Ministry Center Are a young adult in your 20s and 30s and also a mom? Please join us for some time together every month as we go through a short reflection, prayer, and group sharing time. We will be using the book: "The Catholic Mom's Prayer Companion" by Lisa Hendey to help us along our journey of motherhood. You may contact Jacqueline, 858.775.9722 for more details, or simply just show up.



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
7 pm Bride's Room
Neighbors in Need (2nd and 4th)
4:30-6:15 pm (to-go meals)
Centering Prayer JPII Room, 6-7 pm

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm
Centering Prayer
4-5 pm (virtual)

Wednesday

Centering Prayer
4-5 pm (virtual)
Senior Wednesdays
11:30 -4 pm Bay Room
Young Adults Bible Study
7-9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am-8 pm

Friday

Friday Morning Walks
9:30-11 am
nightWATCH
(3rd Fridays) 7-8:30 pm

Saturday

Reconciliation
4-5 pm

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full parish
calendar.



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