

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

TWENTY-FIFTH SUNDAY IN ORDINARY TIME • WEEK OF SEPTEMBER 19, 2021

saintbrigidparish.org 4735 Cass Street San Diego, CA 92109 858.483.3030

MASSES: SATURDAY 5:30 pm, SUNDAY 7:30 (also Livestreamed), 9 am, 11 am, and 5:30 pm
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME!

We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Father Steve Callahan



Dear Friends of Saint Brigid Parish:

In recent weeks I have been re-reading a couple books on the Eucharist that were published years ago: one by Robert Barron called *Eucharist* (2008) and one by Ronald Rolheiser called *Our One Great Act of Fidelity: Waiting for Christ in the Eucharist* (2011). I would like to bring together a thought from each book for my reflection.

Rolheiser writes about the division in our world. This is readily visible and apparent to all of us. All we have to do to confirm this is watch the news on television or look at what is posted on social media or notice the tenor of conversation on political and social issues. We are also painfully aware of the conflict and division within our own hearts, brought on by our selfishness, sin, and personal wounds. We have a longing and deep desire for unity and peace in our relationships and in our world, but we don't know how to get there. We may eventually reach the point of despair, realizing we as humans are incapable of overcoming our divisions.

Rolheiser writes that this place of despair, this recognition of our human helplessness, is precisely when our prayers for unity and intimacy can become effective: "The Eucharist is such a prayer of helplessness, a prayer for God to give us a unity we cannot give to ourselves. It is not incidental that Jesus instituted it in the hour of his most intense loneliness, when he realized that all the words he had spoken hadn't been enough and that he had no more words to give.... So we must turn our helplessness into a Eucharistic prayer that asks God to come and do for us what we cannot do for ourselves: create community. We go to Eucharist for this reason."

Barron writes about the failure of the Israelites to keep God's commandments and remain faithful to the Lord's covenant of love. From this experience of failure arose a deep longing and hope in human hearts, articulated by the prophet Jeremiah: "The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant I made with their ancestors... a covenant that they broke.... But this is the covenant that I will make with the house of Israel after those days... I will put my law within them, and I will write it on their hearts; and I will be their God and they will be my people" (Jeremiah 31:31-33). This longing is fulfilled in the coming of Jesus and celebrated in every Eucharist.

The longing and fulfillment in our hearts as disciples are very concisely and beautifully expressed in one of the acclamations of the Eucharistic Prayer: "Save us, Savior of the world; for by your cross and resurrection you have set us free."

Sincerely Yours In Christ,
Father Steve Callahan

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 9:30-37	St. Januarius	MASS INTENTIONS
Monday	Luke 8:16-18	St. Andrew Kim Taegon and companions	Thomas Schoettle Sr †
Tuesday	Matthew 9:9-13	St. Matthew	Priests Convocation*
Wednesday	Luke 9:1-6	St. Thomas of Villanueva	Priests Convocation*
Thursday	Luke 9:7-9	St. Padre Pio	Priests Convocation*
Friday	Luke 9:18-22	St. Andochius	Pat Hulbert †
Saturday	Luke 9:43-45	St. Finbar	Priests Convocation*

† Indicates Deceased

*There will be a Communion Service in lieu of Mass on these days due to our priests attending Convocation (annual retreat and meeting of priests in our diocese).

CONNECTION TO CHRIST

Where our large church gets small!

Connection to Christ (C2C) small groups have been part of the fabric of our parish since 2013. C2C groups meet to reflect on Scripture, discuss faith, pray together, and support one another. During the Fall and Lenten seasons, we typically have almost 400 people—of which about 130 are young adults—gathering weekly, both in-person and virtually, in groups of 6-12. A few groups meet year-round. Many groups meet in homes and some meet at the parish.

“Having a community that gathers weekly to share faith is not normal in our culture—C2C is much appreciated!”



Most groups are mixed by age and gender, but we also have young adult groups, young adult engaged and married couples groups, parents groups, and women’s groups.

In addition to helping members form friendships and grow in faith, the main focus of C2C is to “reach more.” You don’t have to be a parishioner, or even a Catholic, to be part of a group. Participants are encouraged to invite family members, friends, coworkers, and neighbors to join their group or another group that better suites their needs.

Why Small Groups? That’s what Jesus did! Yes, He spoke to the masses and fed thousands but mostly He spent time with people in small groups (i.e. apostles) and in one-on-one encounters. That’s how He formed disciples. Following “The Way” of Jesus, we know that C2C small groups are a key element in carrying out our parish mission to Encounter, Love, and Serve Jesus, One Another, and the World.

Are you in a group yet? At St. B's, we encourage everyone to join a C2C group! If you are not in a group yet, this is a great time to take the plunge. C2C groups are forming now and will start the week of October 3. Learn more at saintbrigidparish.org/small-groups or by scanning the QR code below.

Contact: Julie Colman, c2c@saintbrigidparish.org or 858.483.3030x111

Connection to Christ Small Groups

In community, we grow closer to Jesus and others so we can reach more.



C2C SMALL GROUPS—FALL 2021



SCAN THE QR CODE
To JOIN A SMALL
GROUP AND LEARN
MORE.

THE WAY OF A DISCIPLE

UNWRAPPING YOUR SPIRITUAL GIFTS

Do you know what your spiritual gifts are? Spiritual gifts, or charisms, are special abilities given to us by the Holy Spirit that enable us to be powerful channels of God's love and presence in the world. Over the next several weeks, we are exploring 23 charisms. Stay tuned for more information about our "Called & Gifted" 5-week small group series coming this October.



MUSIC

- **Function:** empowers one to be a channel of God's creative goodness to others through writing or performing music for the delight of others and the praise of God
- **What it looks like:** Singing, writing, or performing music is one of the most fruitful forms of prayer for those with this gift. The music that flows from this charism, even if it is not religious in content, tends to call forth prayer and a spiritual hunger in those who hear it.

PASTORING

- **Function:** empowers a Christian to be an effective channel of God's love, building Christian community by nurturing the relationships and long-term spiritual growth of a group
- **What it looks like:** Someone with this charism is supernaturally effective at nurturing the inter-relationships and spiritual growth of a group of Christians. This is the one ministry that is seen almost exclusively used within the Christian community.

PROPHECY

- **Function:** empowers one to be a channel of divine truth and wisdom by communicating a word or call of God to individuals or a group through inspired words or actions
- **What it looks like:** Through this charism, God awakens His people to hear His word. It can take many forms: a prophetic exhortation that calls people to action; a "word of knowledge" or "word of wisdom" through which God reveals what He is doing in the life of an individual or community; a prophetic song or prayer that is received from the Holy Spirit rather than composed; an interior vision; and more.

WHICH SPIRITUAL GIFTS ARE YOUR SUPERPOWERS?

Administration	Giving	Leadership	Service
Celibacy	Healing	Mercy	Teaching
Craftsmanship	Helps	Missionary	Voluntary Poverty
Encouragement	Hospitality	Music	Wisdom
Evangelism	Intercessory Prayer	Pastoring	Writing
Extraordinary Faith	Knowledge	Prophecy	

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH,
Centering Prayer, Healing
Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement,
Mental Health, 12-Step
Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families,
Adults, Active 60s+, Seniors,
Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical
Ministry, Music Ministry,
Hospitality, Faith Formation,
Food Distribution
saintbrigidparish.org/serve



Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!

YOUNG ADULTS, ADULTS, AND ACTIVE 60s+ COMMUNITY EVENTS

•Theology "Uncorked", Monday, September 20, 7 pm

Join us for a casual gathering where we can have a glass of wine, socialize and hear a brief presentation on the Shroud of Turin presented by Dr. R Scott French.

30 SOMETHINGS AND ADULT 35+ COMMUNITY EVENTS

•CAC Great Works Club, Sunday, September 19, 6 pm via Zoom

For September the Great Works Club will be focusing on Solomon's "Song of Songs" and various commentaries about this book. Contact Rochelle, greatworksclub@sandiegocac.org.

CATHOLIC NIGHT 2021—Go PADRES!!



Celebrating Our Community

CATECHETICAL SUNDAY—SEPTEMBER 19

THANK YOU TO OUR CATECHISTS AT SAINT BRIGID PARISH

Every third Sunday of September, the Church in the United States celebrates Catechetical Sunday. This day is a special recognition of all those who serve as catechists in the Church. A catechist is anyone who teaches in the name of the Church, hands on the faith, or is a witness to the Gospel, to both children and adults. On Catechetical Sunday we commission and bless those who serve as catechists in our parish. We are grateful for their commitment to our community and invite you to pray for them as we embark on a new season of sharing our faith.



Catechetical Sunday is a wonderful opportunity to reflect on the role that each person plays, by virtue of Baptism, in handing on the faith and being a witness to the Gospel. This year, the Church celebrates Catechetical Sunday on September 19, 2021, and the theme is: "Say the Word and My Soul Shall be Healed."

SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism.
Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9)
kayla@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4–5 pm or by appointment.
Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.
858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process.
saintbrigidparish.org/marriage
weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.
saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



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**Deacon Chris
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MUSIC MINISTERS



**Katie
Cavallo**
Sunday
7:30 am

kcavallomusic@gmail.com



**Tim
Foley**
Saturday Vigil
5:30 pm

858.344.3164



**Julie
Misleh**
Parish Coordinator of
Liturgical Music

858.366.2060



**Lauren
Swain**
Sunday
Evening Mass

858.483.3030



**Patrick
Villa**
Sunday
Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS

We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
The grace of our Lord...be with you all.
And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.
OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * The Lord upholds my life.

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.
Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(please bow during this profession) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: Early Christian art from the 12th Century. Byzantine churches were often decorated with shimmering mosaics, portraying events from the life of Christ on their upper walls.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCARISTIC PRAYER

The Lord be with you. And with your spirit.

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.
And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world,
have mercy on us. 2x

Lamb of God, You take away the sins of the world,
grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.
Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

Go in peace. Thanks be to God.

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading Wisdom 2:12, 17-20

Psalm Psalm 54:3-6,8

Second Reading James 3:16-4:3

Gospel Mark 9:30-37



For weekly readings, visit
saintbrigidparish.org/weekly-readings

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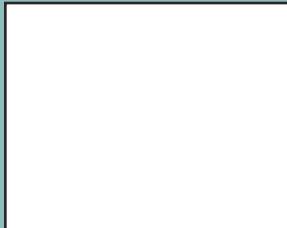
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A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE

"The Eucharist is the sacrificial memorial of Christ's Passion, Death and Resurrection by which we have been redeemed."

September 19, 2021



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
7 pm Bride's Room
Neighbors in Need (2nd and 4th)
4:30-6:15 pm (to-go meals)
Centering Prayer JPII Room, 6-7 pm

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm
Centering Prayer
4-5 pm (virtual)

Wednesday

Centering Prayer
4-5 pm (virtual)
Senior Wednesdays
11:30 -4 pm Bay Room
Young Adults Bible Study
7-9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am-8 pm

Friday

Friday Morning Walks
9:30-11 am
nightWATCH
(3rd Fridays) 7-8:30 pm

Saturday

Reconciliation
4-5 pm

Scan here for
full parish
calendar.



REDISCOVERING THE GREATEST GIFT

This focus on the Eucharist is now taking place in parishes throughout the diocese. For the next two weeks the diocese will post pre-recorded homilies on the Eucharist given by a priest of our diocese. These recorded homilies, along with various Eucharistic resources, can be found at: saintbrigidparish.org/eucharist



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