

The Way



SAINT BRIGID — PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

TWENTY-SIXTH SUNDAY IN ORDINARY TIME • WEEK OF SEPTEMBER 26, 2021

saintbrigidparish.org

4735 Cass Street San Diego, CA 92109

858.483.3030

MASSSES: SATURDAY 5:30 pm, SUNDAY 7:30 (also Livestreamed), 9 am, 11 am, and 5:30 pm
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Deacon Patrick McCay



ON A JOURNEY WITH CHRIST IN THE FLESH

This is newly ordained Deacon Patrick with my first Clergy Corner entry. After years of formation, I needed to get away to clear my head a bit and prepare myself for this next phase in my life—to be a Deacon at Saint Brigid! My wife and I walked over 500 miles in 36 days through the North of Spain on the pilgrimage known as the Camino de Santiago to visit the resting place of Saint James the Apostle. We walked through what I would consider God's country. You could really sense the Spirit of Christ, through God's creation and people we met.

During the course of our pilgrimage, I would guestimate that we entered about three churches a day or about 100 churches total. Our visits ranged from quickly stepping into a small hermitage out in the countryside to spending a couple of prayerful hours in a large cathedral. Each visit was an opportunity to spend time in prayer and connect with Christ. Each time I entered a church, I looked for that familiar red-tinted sanctuary lamp letting me know that Christ is present in the tabernacle. That guiding light that tells me that the Real Presence of Jesus dwells in that sacred place.

Very often we would enter a small solitary chapel out in the countryside where Mass had not been celebrated in a long time. Although beautiful and peaceful, a church without the Blessed Sacrament just felt like something was missing. It just was not as awe-inspiring, not as prayerful. I wanted to spend time with Jesus in the Eucharist. I felt like the Blessed Sacrament gave me strength and courage for the journey.

I love this quote from Saint Thérèse of Lisieux: "Do you realize that Jesus is there in the tabernacle expressly for you—for you alone? He burns with the desire to come into your heart...don't listen to the demon, laugh at him, and go without fear to receive the Jesus of peace and love..."

"Pilgrimage" is often used to describe each person's journey through life. As we continue along our own pilgrimages, may we continue to recognize that shining light that leads us to a deeper encounter with Jesus. The Eucharist gives us strength for the journey.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 9:38-43,45,47-48	Sts. Cosmas & Damian	MASS INTENTIONS
Monday	Luke 9:46-50	St. Vincent de Paul	Betty O'Neill †
Tuesday	Luke 9:51-56	St. Lorenzo Ruiz	Sonia Encinias †
Wednesday	John 1:47-51	St. Michael the Archangel	Mary Simon †
Thursday	Luke 10:1-12	St. Jerome	Patricia Findlay
Friday	Luke 10:13-16	St. Thérèse of Lisieux	Frank & Heidi Thorton †
Saturday	Matthew 18:1-5,10	Memorial of the Holy Guardian Angels	

† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

DID YOU KNOW? Fun and informative facts about our Catholic faith

CATHOLICS BELIEVE IN THE “REAL PRESENCE” OF JESUS CHRIST AT EVERY MASS



Catholics believe that the consecrated bread and wine of the Eucharist truly become the Body and Blood of Jesus Christ. We believe that because Jesus Himself said so at the Last Supper: “This is my body...This is my blood...Do this in memory of me.” (Luke 22:19-20; Mark 14:22-25; 1 Corinthians 11:22-25)

But Jesus Christ is truly present in four ways at every Catholic Mass: (1) in the gathered assembly, the Body of Christ; (2) in the Word of God proclaimed from the altar; (3) in the priest who stands in the person of Christ; and (4) in the Eucharist, the Body and Blood of Christ.

Table Talk: How did you see and experience Christ in these four ways at Mass this Sunday?

For more information about the Eucharist, visit saintbrigidparish.org/eucharist.

MEN’S NIGHT OUT

Do you come to Mass and see other men, but you don’t know their names? Do you want to find out how you can grow in your faith and have fun at the same time? Has it been too long since you’ve had a guys’ night out? If you answered yes to any of the questions, you are invited!

Join the men of St. Brigid Parish for an evening of food, fun, and fellowship! This evening will give you the opportunity to connect with other men in a casual environment. We will have burgers, beer and soda, and games. All men are welcome!



Join us, Friday, October 8, 5–7 pm
St. B's parking lot in front of the Parish Hall
Suggested donation: \$10

For more information, email Mark Heyman at mark@cdmh.org.

THE WAY OF A DISCIPLE

UNWRAPPING YOUR SPIRITUAL GIFTS

Do you know what your spiritual gifts are? Spiritual gifts, or charisms, are special abilities given to us by the Holy Spirit that enable us to be powerful channels of God's love and presence in the world. Over the next several weeks, we are exploring 23 charisms. Stay tuned for more information about our "Called & Gifted" 5-week small group series coming this October.



SERVICE

- **Function:** empowers one to be a channel of God's purposes by recognizing the logistical gaps or unmet needs that prevent good things from happening, and by personally doing whatever it takes to meet those needs
- **What it looks like:** People with this charism know what it takes to get a job done and are personally willing to do whatever is necessary. They are known as "Jacks-of-all-trades" and typically prefer to accomplish the task themselves rather than delegate or come up with a vision or strategic plan.

TEACHING

- **Function:** empowers one to be a channel of God's truth and wisdom by enabling others to learn information and skills that help them reach their fullest spiritual and personal potential
- **What it looks like:** People with this charism love sharing information about things that they really care about, and being the catalyst for that "ah-ha" experience of those they teach. They're always looking for effective ways to pass on what they learn to others. They love to explain things and answer questions.

VOLUNTARY POVERTY

- **Function:** empowers a Christian to be an effective channel of God's loving presence by living a life of cheerful, voluntary simplicity or poverty in order to identify with Jesus and the poor
- **What it looks like:** Giving out of our abundance to the poor is considered simple justice, not charity. This charism, however, goes beyond giving from abundance. It's a desire to live a simple life uncomplicated by possessions. For some, the focus of such a lifestyle is identification with Christ. For others, it is a doorway to particularly effective service of the poor.

WHICH SPIRITUAL GIFTS ARE YOUR SUPERPOWERS?

Administration	Giving	Leadership	Service
Celibacy	Healing	Mercy	Teaching
Craftsmanship	Helps	Missionary	Voluntary Poverty
Encouragement	Hospitality	Music	Wisdom
Evangelism	Intercessory Prayer	Pastoring	Writing
Extraordinary Faith	Knowledge	Prophecy	

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!



30 SOMETHINGS AND ADULT COMMUNITY EVENTS

- **San Juan Capistrano Day Trip, Saturday, October 9, 10 am–5:30 pm**
Join us on our trek to the "Jewel of California Missions." We will take the train from Solana Beach to San Juan Capistrano, tour the Mission, explore old town SJC and have lunch at Trevor's on the Tracks before our return to Solana Beach. Train fare: \$38 round trip; Mission Tour: \$14; Lunch: \$15 - \$25; RSVP to hiking@sandiegocac.org, or contact Tim at 619.520.9358.

ACTIVE 60S+ EVENTS

- **Friday Morning Walk, Fridays, 9:30 am, Saint Brigid Parish Parking Lot**
Join us for a leisurely walk around Pacific Beach. Meet in the St. B's parking lot near the Bay Room. Contact: Carol, 619.227.7500
- **Del Mar Walk and Social, Saturday, October 2, 9 am**
Meet us at Gelson's Market (2707 Via de la Valle) We will walk along the Coast to Crest Trail. Join us for snacks and refreshments afterwards at El Pueblo. RSVP: jerry@sandiegocac.org or 760.277.3718



Celebrating Our Community

SENIOR LUNCHEON

Our September Senior Luncheon was a success! For dessert we had a special cake honoring Bev and Gerry Greer for their service to Homebound Ministry.

Thank you to all those who helped setup and serve at the event. Save the date for our next Senior Luncheon.

Hope to see you there! Contact: Nancy Wesseln, nancy@saintbrigidparish.org



**NEXT SENIOR LUNCHEON
WEDNESDAY, OCTOBER 13**

12 PM

Join our Halloween celebration. Costumes are optional but highly encouraged!

SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) kayla@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment. Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

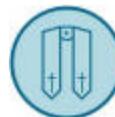
To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process. saintbrigidparish.org/marriage weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
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Father Sebastian Bukenya
Associate Pastor

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Deacon Chris Hulburt

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Deacon Patrick McCay

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Connection to Christ and Evangelization

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Katie Cavallo
Sunday
7:30 am

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Noreen Domingo
Receptionist and Parishioner Engagement

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John Jay Owens
Grounds

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Tim Foley
Saturday Vigil
5:30 pm

858.344.3164



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Parish Coordinator of Liturgical Music

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Patrick Villa
Sunday Evening Mass

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Lee Hulburt
Baptism, Becoming Catholic, Funerals

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Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * **The precepts of the Lord give joy to the heart.**

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: "Taking some of the spirit that was on Moses, the Lord bestowed it on the seventy elders..." Deacon Patrick serves at Mass at Santiago de Compostela Cathedral—and proclaims the gospel in Spanish!

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading Numbers 11:25-29

Psalm Psalm 19:8,10,12-13,14

Second Reading James 5:1-6

Gospel Mark 9:38-43,45,47-48



For weekly readings, visit saintbrigidparish.org/weekly-readings

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OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE

"The Eucharist is the sacred meal that nurtures us, bonds us together and sends us forth to transform the world."

September 26, 2021



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10-11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
7 pm Bride's Room
Neighbors in Need (2nd and 4th)
4:30-6:15 pm (to-go meals)
Centering Prayer JP II Room, 6-7 pm

Tuesday

Catholic Charities Food Distribution
9:30 am-12:30 pm
Centering Prayer
4-5 pm (virtual)

Wednesday

Centering Prayer
4-5 pm (virtual)
Senior Wednesdays
11:30 -4 pm Bay Room
Young Adults Bible Study
7-9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am-8 pm

Friday

Friday Morning Walks
9:30-11 am
nightWATCH
(3rd Fridays) 7-8:30 pm

Saturday

Reconciliation
4-5 pm

SUNDAY

SEPTEMBER 26
10- 11:30 am

GIFT Family Session

Parish Hall
Each month the family sessions will be replicated on Sundays and Tuesdays; your family can choose either session month to month. Please RSVP if you will attend a different day from your original registration.
Contact: Gayle Heyman, gayle@saintbrigidparish.org, 858.483.3032

Register at: saintbrigidparish.org/gift

TUESDAY

SEPTEMBER 28
6-7:30 pm

GIFT Family Session

Parish Hall
Please RSVP if you will attend the day different from your original registration. Contact: Gayle Heyman, gayle@saintbrigidparish.org, 858.483.3032
Register at: saintbrigidparish.org/gift

WEDNESDAY

SEPTEMBER 29
7:45- 9 pm

Young Adults Married and Engaged Bible Study

Zoom
Join us from your home via Zoom. Our married and engaged group will enjoy a bible study together reflecting on one of the upcoming Sunday readings as well as a reflection upon marriage and relationships.
Email: youngadults@saintbrigidparish.org

THURSDAY

SEPTEMBER 30
6-7:45 pm

High School Youth Group

Lounge (left of the Parish Hall below the classrooms)
Teens, grades 9-12, are welcome to join us for Youth Group! Join us for fellowship, food, fun activities, Scripture study, and more. We start at 6:30 pm.
Contact: Kayla Johnson, kayla@saintbrigidparish.org

Week of

October 4

Connection to Christ (C2C) Small Groups

Click on the QR Code to join a small group for the Fall 2021 series. Contact Julie Colman, julie@saintbrigidparish.org



Scan here for full parish calendar.



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