

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

TWENTY-NINTH SUNDAY IN ORDINARY TIME • WEEK OF OCTOBER 17, 2021

saintbrigidparish.org

4735 Cass Street San Diego, CA 92109

858.483.3030

MASS: SATURDAY 5:30 pm, SUNDAY 7:30 (also Livestreamed), 9 am, 11 am, and 5:30 pm
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–8 pm
RECONCILIATION: SATURDAYS 4–5 pm and by appointment

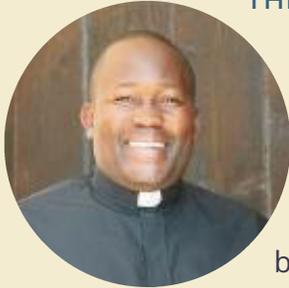


@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Father Sebastian Bukenya

THE EUCHARIST MAKES US



In a world where we concentrate more on our differences than what makes us one, a world in which our narrow identities have become the default lens through which we see reality, we need to turn our gaze to the Eucharist. Our narrow identities, though important, remain false copies of the body of Christ, and the Eucharist antagonizes the false order created by these identities, giving birth to a brand-new ontological reality—The Body of Christ! The Latin word *religare* means “to gather or to bind” and the Eucharist is the authentic *religio*, a practice of binding us to the body of Christ which is our salvation.

The Eucharist overcomes the scattering of humanity through the first sin of Adam, and it is not a social contract, but a free sublime gift. Since it is a divine gift, it does not follow the laws of exchange as we have them in our everyday relationships. The Eucharist is enacted by the pure gift of God, requiring only that we be disposed to receive it anew. We can never give back to God in return, for all that there is, is His. We participate in the divine life such that the poles of giver and recipient are inextricably intertwined in God. In a capitalistic economy, the giver wields power and the recipient is left passive, the giver experiences giving as alienation of property. Whereas in the divine economy, the gift is not alienated from the giver, but the giver is in the gift, and goes with the gift. A return is expected but it is not pre-established, but it comes in an unpredictable form and time, bearing the character of a counter-giver. Therefore, in the Eucharist, the dualism of giver and recipient is collapsed; Christ is the perfect return of God to God. We receive in the Eucharist the gift of Christ, not as passive recipients, but by being incorporated into the gift itself, the body of Christ. It is this transformation brought about by the Eucharist that mandates us to become nourishment for others.

The Eucharist does not follow a centripetal trajectory, meaning that the body of Christ is not bound together just through the center, but that we are united to God not just through the center, but to one another. The body of Christ is not a liberal body which seeks to maintain the independence of individuals from the center or the fascist body which seeks to bind individuals through the center. Even though Christ is the head of His body, we the members do not relate to one another through the head alone, for Christ Himself is not only in the center but at the margins and the periphery of the body – where He identifies with the least of these. Christ is what we receive, the giver and the one who receives the gift – in Him the dichotomy of center and periphery is overcome. Each Eucharist performed in a local community makes present not part of Christ but the whole Christ. Christ is the center of each Eucharistic community, yet the center appears in many different places.

St. John Chrysostom said that, ‘at mass the heavenly banquet irrupts into earthly time.’ Everywhere it is celebrated, the Eucharist makes those who celebrate it members of the body and therefore fellow members of the body of Christ. Christ’s restoration of the image of God (*imago dei*) in humanity is consummated in the individuals in the Eucharist, in which our separateness is overcome precisely by participation in His body. The distinction between mine and yours is effaced. Should this truth not be the bedrock for our relationship with one another even going beyond our national borders and ethnicities?

WHAT DO THE COLORS MEAN?

The Catholic liturgical year is divided into five seasons: Advent, Christmas, Ordinary Time, Lent, Easter, and a return to Ordinary Time. (Ordinary means “ordered” or “numbered,” not “plain.”) Each season has a corresponding color.

During Advent, the priest wears royal violet, anticipating the coming of Jesus, King of Kings. Christmas is marked by white or gold, in celebration of great joy. Lent brings a more muted violet—somber and repentant—while Easter is marked by the white of Baptism—purity and new life. Ordinary Time is the longest season; the readings focus on discipleship, and the color is the green of healthy growth. You might also see red some days, the color of martyrs, apostles, and the fire of the Holy Spirit.



Join us for two very special upcoming celebrations:

ALL SAINTS' DAY—NOVEMBER 1

On All Saints' Day we celebrate all persons who have been received into heaven, those canonized by the Church and those known only to God. Let us look to the exemplary lives of the saints as role models for us in striving toward holiness in our own lives! We invite you to celebrate with us at 7:30 am Mass.

THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS)—NOVEMBER 2

We pray especially for our beloved dead, and might also ask for their intercession for us, forever united in the Communion of Saints! In addition to our 7:30 am Daily Mass, we will offer a 6 pm evening Mass to particularly recall those we loved and lost this past year. Come and be comforted.

ALL SOULS' NOVENA

Would you like a deceased loved one prayed for during our All Souls' Novena (nine days) of Masses? You may pick up a card at the exits of the church beginning next weekend. Please return it to the parish office by October 31.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 10: 35-45	St. Ignatius of Antioch	MASS INTENTIONS Kari Ursillo Van Wyk † Pedro Diaz Helen & Patrick "Eddie" Simone † Liz Gerken † Richard DeArdo † Anthony Schoettle † Indicates Deceased
Monday	Luke 10:1-9	St. Luke	
Tuesday	Luke 12:35-38	Sts. John de Brébeuf and Isaac Jogues	
Wednesday	Luke 12:39-48	St. Paul of the Cross	
Thursday	Luke 12:49-53	St. Agatho	
Friday	Luke 12:54-59	St. Pope John Paul II	
Saturday	Luke 13:1-9	St. John of Capistrano	

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

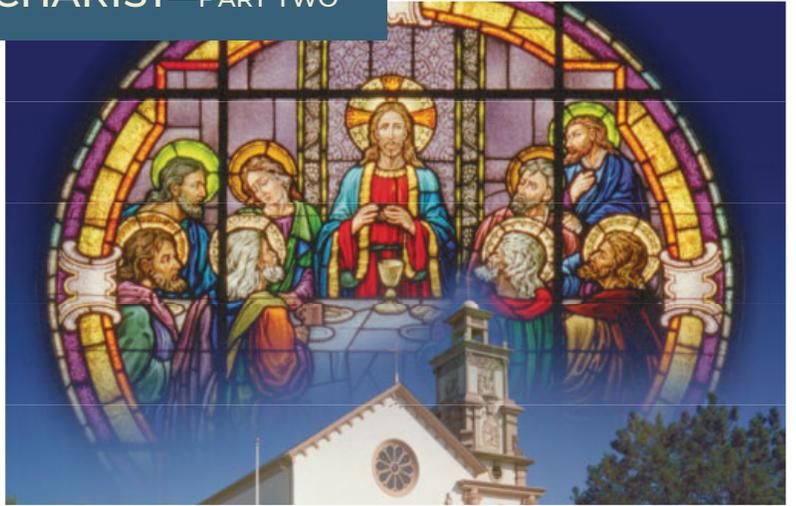
THE WAY OF A DISCIPLE

GETTING MORE OUT OF THE EUCHARIST—PART TWO

CHRIST'S LIFE IN YOU

"...I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die...and the bread that I will give is my flesh for the life of the world."

John 6:48-51



What does it mean to have Christ's life in you—literally? In the sixth chapter of John's Gospel, Jesus reveals that He is the Bread of Life. He miraculously feeds over five thousand people with five loaves and two fish, and there is food to spare! The miracles continue as He walks on water. The people seek out Jesus, looking for signs and wonders. They remind Him that their forefathers ate manna from heaven as Moses led the Israelites through the wilderness, and they ask Him what signs He will perform that they might believe. Jesus responds that it was The Father who sent the manna from Heaven and the Father who sent Him, "the true bread from heaven...which comes down from heaven, and gives life to the world."

For Reflection:

- How would a greater awareness of God's desire to give you His life change your attitude about attending Mass?
- How often do you envision God's life flowing through you when you receive Communion? How does the grace you receive in the Eucharist affect your day-to-day life?

It is not signs and wonders we need, it is Jesus Himself. Although the manna was God's providential gift to sustain the Israelites in the wilderness, it did not give eternal life. Jesus gives His flesh for the life of the world in His perfect act of love and obedience on the cross. Once crucified and transformed by the resurrection, Jesus' human flesh becomes the source of eternal life for the whole world.

We think of the food we eat as sustaining our lives, but do we ever think of the Eucharist in the same way? In the Eucharist, Jesus pours His life into us! Through this sacrament, Christ's life not only flows in and sustain us, it flows through us and enables us to share Christ's life and love with others. Now that's good news!

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve



Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!

ADULT ALL AGES COMMUNITY EVENTS

- **East County Social, Thursday, October 21, 5:30–8 pm,**
All ages are welcome to join us at the Downtown Café in El Cajon for our East County social. Join us for an hour, or stay the whole evening. RSVP/Contact: Eileen@sdcac.org

YOUNG ADULTS

- **Improv Show, Thursday, October 28, 7:30–8:45 pm**
Join us at the National Comedy Theater for laughs and a family-friendly improv comedy show. RSVP: Jadey@sandiegocac.org

ACTIVE 50s+ EVENTS

- **Friday Morning Walk, Fridays, 9:30 am, Saint Brigid Parish Parking Lot**
Join us for a leisurely walk around Pacific Beach. Meet in the St. B's parking lot near the Bay Room. Contact: Carol, 619.227.7500
- **Mission Trails Social Walk, Saturday, October 23, 9:30–12 pm**
Come enjoy a lovely nature walk at Mission Trails. Meet us at the MTRP Visitor and Interpretive Center. Join us for a bite at The Trails Eatery afterwards. RSVP: Eileen@sandiegocac.org and/or Jerry@sandiegocac.org



IS GOD CALLING YOU TO THE PRIESTHOOD?



EXPLORER DAY

Saturday, November 6
8:30 am–3:30 pm
St. Francis Center for Priestly Formation

Called to the priesthood? You are invited to attend the next Explorer Day on Saturday November 6, 8:30–3:30 pm at the St. Francis Center for Priestly Formation. Explorer Day provides men an opportunity to learn more about the priesthood and how to discern God's call.

To learn more, visit sdcatholic.org/clergy/vocations or contact our pastor, Father Steve Callahan, at frsteve@saintbrigidparish.org.

Please join us in prayer for all men discerning the priesthood, our seminarians, and our priests!

SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information:

saintbrigidparish.org/baptism.

Adults: prepare in RCIA
lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1)

gayle@saintbrigidparish.org

Adults: prepare in RCIA
lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9)

kayla@saintbrigidparish.org

Adults: prepare in RCIA
lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4–5 pm or by appointment.

Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org

Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.

858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process.

saintbrigidparish.org/marriage

weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.

saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
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Deacon Chris Hulburt

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Deacon Patrick McCay

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Sunday 7:30 am

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John Jay Owens
Grounds

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Tim Foley
Saturday Vigil 5:30 pm

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Lauren Swain
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Nancy Wesseln
Adult and Senior Ministries

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Patrick Villa
Sunday Evening Mass

858.483.3030



Lee Hulburt
Baptism, Becoming Catholic, Funerals

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Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * Lord, let your mercy be on us, as we place our trust in You.

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: "Rather, whoever wishes to be great among you will be your servant; whoever wishes to be first among you will be the slave of all. For the Son of Man did not come to be served but to serve and to give his life as a ransom for many." Mark 10:43-35

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

This Sunday's Readings

First Reading Isaiah 53:10-11

Psalm Psalm 33:4-5,18-20,22

Second Reading Hebrews 4:14-16

Gospel Mark 10:35-45



For weekly readings, visit saintbrigidparish.org/weekly-readings

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Saint Brigid Parish, San Diego, CA

A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE

- SUNDAY**
OCTOBER 17
 7:30 am–12 pm
Electronic Waste Collection
 Parking Lot—East side of Parish Hall
 Electronic waste includes anything with a cord, such as computers, monitors, and TVs. Universal waste includes lightbulbs, batteries, and ink cartridges. This event excludes bulky items, hazardous waste, microwaves, and clothing. Contact: Debbie Hedley,
- 10:30–11:30 am
Young Adults Sunday Brunch (20s & 30s)
 7460 Batista Street
 Join us for our Sunday brunch and fellowship. Contact James 619.451.0626 for questions and details.
- Wednesday**
October 20
 6–7 pm
Young Adults New Person Meet & Greet
 Cass Street Bar & Grill
 Are you in your 20s or 30s and new to our Young Adult group? Come to our Meet & Greet and then we will walk over to 7 pm Bible Study together.
- Thursday**
October 21
 1–3 pm
Seniors—Learn to play Canasta
 Bay Room
 Seniors, come meet new people and enjoy a fun game of Canasta! Contact: Marianne 619.295.1346
- Saturday**
October 23
 10–12 pm
Young Adults Mom & Prayer Fellowship Group
 Ministry Center
 Please join us for some time together every month as we go through a short reflection, prayer, and group sharing time. We will be using the book: *The Catholic Mom's Prayer Companion* by Lisa Hendey to help us along our journey of motherhood. Contact: Jacqueline 858.775.9722



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
 10–11 am John Paul II Room

Monday

Catholic in Recovery Men's Group
 7 pm Bride's Room
 Neighbors in Need (2nd and 4th)
 6 pm Parish Hall
 Shifts begin at 3:30 pm
 Centering Prayer JP II Room, 6-7 pm

Tuesday

Catholic Charities Food Distribution
 9:30 am–12:30 pm
 Centering Prayer
 4–5 pm (virtual)

Wednesday

Centering Prayer
 4–5 pm (virtual)
 Senior Wednesdays
 11:30–4 pm Bay Room
 Young Adults Bible Study
 7-9 pm Ministry Center

Thursday

Eucharistic Adoration
 8 am–8 pm

Friday

Friday Morning Walks
 9:30–11 am
 nightWATCH
 (3rd Fridays) 7-8:30 pm

Saturday

Reconciliation
 4–5 pm

Scan for full parish calendar



@SaintBrigidSD

Blood Drive and Pancake Breakfast

sponsored by the Knights of Columbus and San Diego Blood Bank. Donations by Appointment

SUNDAY, OCTOBER 31

Pancake Breakfast:
 8 am–2pm Parish Hall

Blood Donations:
 7:30 am–1:30 pm
 Bloodmobile

Scan QR code for appointment.

Contact: john5440lj@gmail.com

GIVE THE GIFT OF LIFE!