

The Way



SAINT BRIGID
— PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

SECOND SUNDAY OF ADVENT • WEEK OF DECEMBER 5, 2021

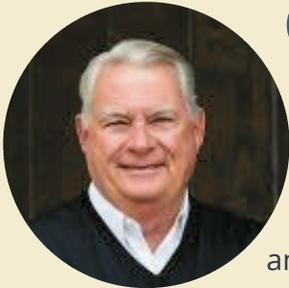
saintbrigidparish.org 4735 Cass Street San Diego, CA 92109 858.483.3030

MASSSES: SATURDAY 5:30 pm, SUNDAY 7:30 am, 9 am (also livestreamed), 11 am, and 5:30 pm
DAILY 7:30 am (Monday–Saturday) EUCHARISTIC ADORATION: Thursdays 8 am–4 pm
RECONCILIATION: SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.



CLERGY CORNER Deacon Mike Daniels

PREPARE THE WAY OF THE LORD

Today we hear a quote from Isaiah about John the Baptist, which was written 700 years before John was born. Isaiah called John "a voice crying out in the desert." Why the desert? The desert implies that nobody was around, and nobody was paying any attention. A desert seems like an unpleasant place—full of emptiness and pain. Or, is it a metaphor?

Poor health, unemployment, losing a loved one can all turn the Christmas Season into a desert season. Perhaps this prophecy from Isaiah is for us, too. Maybe we are being called to be like John the Baptist. In the face of so many people neglecting Christ in Christmas, in this time filled with racial tension, with people suffering the distress of a challenging economy and a culture that celebrates sin as good, in so many ways, our culture feels like we too are living a desert experience—a spiritual desert.

It is in this desert that we too are being called to: "Prepare the way of the Lord." How do we do that? Here are four suggestions:

- Make time to be a good listener. Sometime this holiday season spend time with someone who is living in the wilderness of loneliness. Show them that God loves them through your love.
- Be joyful, rejoice in the Lord, look for the good; help someone see the joy in you from your faith as a follower of Jesus this Christmas season. Who do you know that needs help to lighten up and see the joy our Lord brought to the world? Who needs your help to see God in a new way?
- Pray. It is so easy to get busy and neglect to carve out prayer time each day. When we pray regularly, it shows in our life. It becomes visible and attractive to the others around us. Let the joy of the season fill you in your prayer time.

Here is the most challenging suggestion: testify to the light. Talk to people about your faith in Jesus. We need to speak of the grace in our lives we feel during this holy season. Help people recognize the good by naming it. Be the voice that brings Christ to your world.

John the Baptist was the voice pointing to Jesus Christ in his time. Now it's our turn.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Luke 3:1-6	St. Sabas	MASS INTENTIONS
Monday	Luke 5:17-26	St. Nicholas	Theola Guettermann †
Tuesday	Matthew 18:12-14	St. Ambrose	Debbie Connelly
Wednesday	Luke 1:26-38	The Solemnity of the Immaculate Conception of the Blessed Virgin Mary	Trece Tisdale † ; Sylvia DeMerchant † ; Donald Byrd † ; Dagmar Cardozo † ; Augusta Kaires †
Thursday	Matthew 11:11-15	St. Juan Diego	Rey Vinole †
Friday	Matthew 11:16-19	Pope St. Gregory III	Norman and Alexandra Simpson †
Saturday	Matthew 17:9,10-13	Pope St. Damasus I	Luis Martinez †
			† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

ADVENT SEASON

ADVENT—WHO ARE WE WAITING FOR?

Advent is all about waiting for Jesus Christ. The Gospel readings of Advent make us mindful of three ways we await Jesus—past, present, and future. First, we remember and accompany Mary, Joseph, and the newborn Jesus. Second, we prepare for the celebration of His birth this Christmas, so that the day doesn't pass us by with just sentimental words and short-lived presents. Third, we anticipate the second coming of Jesus Christ, who will come in power and glory and establish His kingdom of peace and justice on earth.

Share a picture of your Advent wreath with us! Tag us on Instagram @saintbrigidsd, or email us a photo to communications@saintbrigidparish.org.

For more Advent resources, visit saintbrigidparish.org/advent.



SPREAD CHRISTMAS CHEER IN OUR COMMUNITY!

We have some fun and festive opportunities to serve our community and parishioners during the Christmas season. All ages are welcome to participate!

HELP SERVE WATER AT THE SAN DIEGO SANTA RUN

Saturday, December 11, 8:30–10:30 am, Front of the Church

You are invited to join us in serving water and cheer to over 4,000 "Santas" as they run up and down Cass Street. Show the PB community our welcoming spirit!

Contact: Noreen, noreen@saintbrigidparish.org, or call 858.483.3030.

CHRISTMAS CAROLING TO SENIORS AND HOMEBOUND

Saturday, December 11, 3 pm, Meet at Parish Hall

Join us for some Christmas caroling to spread some wonderful Christmas cheer! We will have song sheets ready for you and will carpool to several of the senior and homebound parishioners. Wear your favorite Christmas sweater, hat, or accessory. Due to COVID restrictions, we will be caroling

outside the homes. Do you play guitar, or a musical instrument? Let Marc know and he will have music ready for you too. Contact: Trish 619.788.2147 Marc 858.220.8956



FILL CHRISTMAS STOCKINGS FOR SENIORS AND HOMEBOUND PARISHIONERS

Wednesday, December 15, 7 - 8pm, Bay Room

Serve our seniors and homebound parishioners by joining us as we fill 95 Christmas stockings with goodies and gifts. All items will be provided. If you would like to add to the stockings, please bring enough for all 95. Contact: nancy@saintbrigidparish.org

THE WAY OF A DISCIPLE

DIVING DEEPER INTO PRAYER & THE SACRAMENTS

GET MORE OUT OF MASS!

Have you ever caught yourself daydreaming during Mass? Perhaps, in the middle of the readings, homily, or Eucharistic prayer, your mind was on a work situation, an upcoming test, your to-do list, the big game that day—you name it! We have all had moments of distraction during Mass. How do we “get more” out of Mass? One of the best ways is to “put more” in to Mass.

Our partners at The Evangelical Catholic have created a great tool to help us prepare for Mass. “Nextstep” is a multi-media discipleship guide that you can put into practice individually, in a group, or as a family.

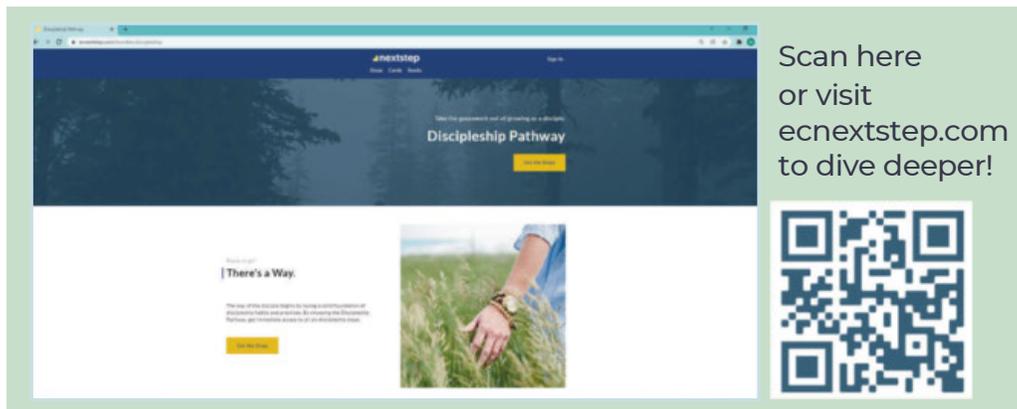
Each Nextstep topic begins with blue cards containing all you need to know about the action or next step to take for that topic. If you want to go deeper into the Nextstep topic, daily encouragement via short videos and discussion guides are also available. You can find the full list of Nextstep topics at ecnextstep.com/collections.

We invite you to begin by focusing on the Mass. Simply pick up one of the blue Nextstep cards located at the church exits. There are two to choose from: the “Get More Out of Mass” card (applicable for everyone) and the “Come to the Altar” card (for families with children at home). These Nextstep cards, and the accompanying online resources, offer practical tips and a great way to get more out Mass and grow in faith. Pick up your card today and take the Nextstep!



for adults
and teens

for families
with children



Scan here
or visit
ecnextstep.com
to dive deeper!

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve

 Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

TOGETHER WE CAN MAKE AN IMPACT!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

As the calendar year draws to a close, we invite you to reflect on how God is calling you to live out your discipleship in the coming year. How have you been blessed? What unique gifts, talents, passions, and financial resources has the Lord given you and how they can be used to carry out the mission that Jesus has entrusted to us?



"FOUR P'S" TO FINANCIAL GIVING

- **Prayerful**—All that I have (time, talents, job, income) is a gift from God and not something I earned myself. Do I express my gratitude by generously sharing the first-fruits of those gifts? Do I ask God how I should use my time, talents, and financial resources?
- **Planned**—Do I thoughtfully plan how much time and money I am going to contribute to the mission of my parish?
- **Proportionate**—Do I give according to my means? Is the amount that I give truly sacrificial or am I giving from my surplus?
- **Progressive**—What percent of my time and income am I giving now? Can I take a step to increase it? Is God asking me to grow in trust and generosity in this area of my life?

SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at 858.847.0724 or nancy@sandiegocac.org to get connected today!

YOUNG ADULTS SDCAC

- **Young Adults Christmas Social, Saturday, December 11, 2 pm**
Join us for our Young Adult Christmas Social at Cutwater Spirits. Contact: Jadey, jadey@sandiegocac.org.

ADULT COMMUNITY(40s AND 50s)

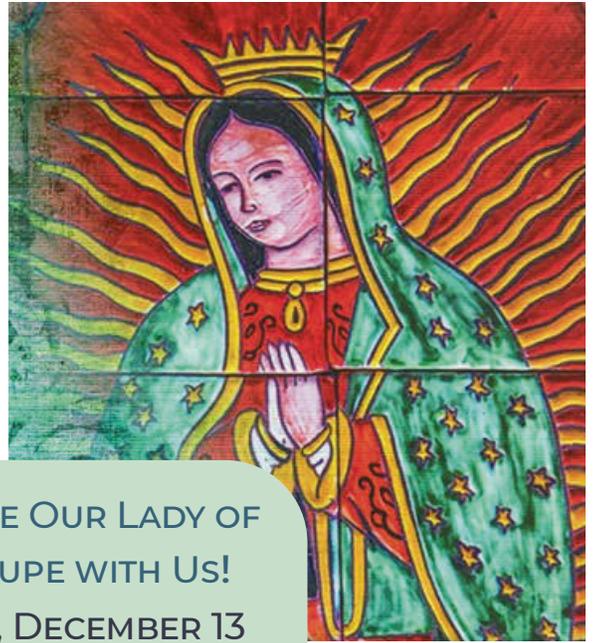
- **50+ Book Club, Sunday, December 5, 2 pm via Zoom**
Join us for our next selection, "Three Hours in Paris" by Cara Black. A historical fiction novel. Contact: Greg and Maggie, maggie@sandiegocac.org
- **Great Works Club, Sunday, December 12, 6 pm via Zoom**
Join us for a lively discussion of GK Chesterton's "The Everlasting Man." New members welcome! Contact Rochelle at GreatWorksClub@sandiegocac.org.



Save the Date for our upcoming Epiphany Party, January 8, 2022

CELEBRATING OUR LADY OF GUADALUPE

Pray for us,
Our Lady of Guadalupe!
 Patroness of the Americas
 Feast Day: December 12



In 1531 Our Lady appeared in a vision to Juan Diego on Tepeyac Hill near Mexico City and charged him with asking the bishop to build a church on that spot. But the bishop demanded a sign. Our Lady had Juan gather flowers in his cloak in December to take to the bishop. When Juan opened his cloak, the colorful image of Guadalupe was emblazoned on the cactus cloth. That icon is preserved in the most famous shrine in the Western Hemisphere, and Our Lady of Guadalupe continues to inspire people worldwide.*

Join us in honoring Our Lady of Guadalupe on Monday, December 13. We will be praying the rosary at 5:30 pm, followed Mass at 6 pm in the Church.

You are invited to join us for our potluck celebration in the Ministry Center after Mass. Our Lady of Guadalupe, pray for us!

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CELEBRATE OUR LADY OF GUADALUPE WITH US!

MONDAY, DECEMBER 13

ROSARY

5:30 pm

MASS

6 pm

POTLUCK

7-8:30 pm, Ministry Center

SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information:

saintbrigidparish.org/baptism.

Adults: prepare in RCIA

lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1)

gayle@saintbrigidparish.org

Adults: prepare in RCIA

lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9)

kayla@saintbrigidparish.org

Adults: prepare in RCIA

lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment.

Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org

Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

To Inquire about or request this sacrament, please call the parish office.

858.483.3030

SACRAMENTS OF VOCATION

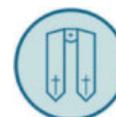


MATRIMONY

9-month accompaniment process.

saintbrigidparish.org/marriage

weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website.

saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
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Father Sebastian Bukenya
Associate Pastor

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Deacon Chris Hulburt

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Deacon Patrick McCay

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Connection to Christ and Evangelization

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Katie Cavallo
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Noreen Domingo
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John Jay Owens
Grounds

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Tim Foley
Saturday Vigil 5:30 pm

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Maryanne Russell
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Julie Misleh
Parish Coordinator of Liturgical Music

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Debbie Hedley
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Lauren Swain
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Gayle Heyman
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Nancy Wesseln
Adult and Senior Ministries

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Patrick Villa
Sunday Evening Mass

858.483.3030



Lee Hulburt
Baptism, Becoming Catholic, Funerals

lee@saintbrigidparish.org



Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, or visit saintbrigidparish.org/membership.



Safe in Our Diocese—The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org/ for more information.

THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * **The Lord has done great things for us; we are filled with joy.**

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(*please bow during this profession*) For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

Cover Photo: On the Second Sunday of Advent, we light a violet candle at Mass, which represents peace.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. Thanks be to God.

*The Responsorial Psalm may vary.

This Sunday's Readings

First Reading Baruch 5:1-9

Psalm Psalm 126:1-6

Second Reading Philippians 1:4-6,8-11

Gospel Luke 3:1-6



For weekly readings, visit saintbrigidparish.org/weekly-readings

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Saint Brigid Parish, San Diego, CA

A 4C 05-1075

OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE



Sunday
December 5



10–11 am

Give Back Sunday—CCSA Christmas Dinner Baskets Church

CCSA is collecting items to for over 200 low-income families. Scan the QR Code for supply list and place your donations in the red bins at the church exits.

Healing Prayer John Paul II

Healing Prayer time is an opportunity to have two of our prayer team members pray with you for whatever healing you need in your life, whether physical, emotional, mental, or spiritual. Mike and Kathy, prayer@saintbrigidparish.org

Tuesday
December 7
8–9 am

Coffee After Mass Ministry Center

All ages are invited to join us for coffee, baked goods, and fellowship after morning Mass.

Wednesday
December 8
7:30 am, 12
pm, 6 pm

Feast of the Immaculate Conception Mass Church

Join us to celebrate the Solemnity of the Immaculate Conception of the Blessed Virgin Mary. Masses will be livestreamed as well.

Saturday
December 11
8:30–10:30
am

Help Serve Water at The San Diego Santa Run Front of the Church

See page 3 for details. Contact: Noreen, noreen@saintbrigidparish.org

10–12 pm

Young Adults Women’s Brunch Ministry Center

Join us for brunch, a reflection, some prayer, and fellowship. All young adult women—single, engaged, married, are invited. Please bring a small breakfast or brunch item to share.

3 pm

Christmas Caroling to Seniors and Homebound Meet at Parish Hall

See page 3 for more details. Contact Nancy, nancy@saintbrigidparish.org.



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10–11 am John Paul II Room

Monday

Catholic in Recovery Men’s Group
7 pm Bride’s Room
Neighbors in Need (2nd and 4th)
6 pm Parish Hall
Shifts begin at 3:30 pm
Centering Prayer JP II Room, 6–7 pm

Tuesday

Catholic Charities Food Distribution
9:30 am–12:30 pm
Centering Prayer
4–5 pm (virtual)

Wednesday

Centering Prayer
4–5 pm (virtual)
Senior Wednesdays
11:30–4 pm Bay Room
Young Adults Bible Study
7–9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am–4 pm
C2C Spanish Group
10–12 pm Bay Room

Friday

Friday Morning Walks
9:30–11 am
nightWATCH
(3rd Fridays) 7–8:30 pm

Saturday

Reconciliation
4–5 pm



Scan for Parish
Calendar



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